

# Resultatliste

Vinterlangdistance 3 2019

Offisiell liste

Stenbjerg Plantage 20-01-2019

Placering	Navn	Klub	Tid	Efter	Km tid	Points
<b>3,5km</b>			<b>4,25 KM</b>			
1	Helle Truelsen	Holstebro Ok	59:48		14:04	100
2	Claus Clausen	Holstebro Ok	59:50	00:02	14:04	100
3	Anna Bo Kølbæk	Aarhus 1900 Ok	1:13:07	13:19	17:12	86
4	Jens Lautrup	Nordvest Ok	1:23:30	23:42	19:38	76
5	Lene Thorup	Nordvest Ok	1:24:08	24:20	19:47	75
6	Else Rosgaard	Nordvest Ok	1:24:41	24:53	19:55	75
7	Jytte Larsen	Silkeborg Ok	1:27:44	27:56	20:38	72
8	Bitten Nielsen	Herning Ok	1:38:31	38:43	23:10	61
9	Erik H Jakobsen	Nordvest Ok	1:52:31	52:43	26:28	47
DNS	Ann Dorrit Hansen	Ok Djurs				0
DNS	Charlotte Vibeke Olesen	Karup Ok				0
Sum	11	Tilmeldte 11	Startende: 9	Ant poster 10		
<b>6km</b>			<b>6,1 KM</b>			
1	Lucia Aagaard	Herning Ok	1:10:01		11:28	100
2	Kaj Kaspersen	Herning Ok	1:10:02	00:01	11:28	100
3	Severin Kilden	Ok Pan	1:12:36	02:35	11:54	98
4	Tommy Jakobsen	Horsens Ok	1:13:35	03:34	12:03	97
5	Brian Grøngård	Vestjysk Ok	1:13:43	03:42	12:05	97
6	Lene Bejer	Viborg Ok	1:13:48	03:47	12:05	97
7	Gert Kristensen	Randers Ok	1:14:49	04:48	12:15	96
8	Ole Christiansen	Akif	1:18:37	08:36	12:53	92
9	Torben Isen	Herning Ok	1:18:45	08:44	12:54	92
10	Frants Nielsen	Herning Ok	1:19:12	09:11	12:59	91
11	Max Hansen	Ok Djurs	1:19:46	09:45	13:04	91
12	Gitte Isen	Herning Ok	1:20:29	10:28	13:11	90
13	Lene Stick Nielsen	Viborg Ok	1:20:55	10:54	13:15	90
14	Søren Søgaard Nielsen	Herning Ok	1:21:42	11:41	13:23	89
15	Lene Jacobsen	Holstebro Ok	1:24:14	14:13	13:48	86
16	Jørgen Jørgensen	Silkeborg Ok	1:24:52	14:51	13:54	86
17	Finn Søndergaard	Randers Ok	1:25:34	15:33	14:01	85
18	Helle Nikkel	Viborg Ok	1:26:11	16:10	14:07	84
19	Åge Lillethorup	Randers Ok	1:26:21	16:20	14:09	84
20	Ole Bernth Jensen	Nordvest Ok	1:26:31	16:30	14:10	84
21	Pia Gade	Viborg Ok	1:26:50	16:49	14:14	84
22	Torben Sørensen	Horsens Ok	1:29:09	19:08	14:36	81
23	Frede Truelsen	Holstebro Ok	1:30:23	20:22	14:49	80
24	Lars Ozol	Silkeborg Ok	1:32:21	22:20	15:08	78
25	Lone Marianne Jensen	Nordvest Ok	1:32:25	22:24	15:09	78
26	Jane Thode Jensen	Nordvest Ok	1:32:28	22:27	15:09	78
27	Dagmar Tange	Nordvest Ok	1:43:34	33:33	16:58	67
28	Birthe Møller	Nordvest Ok	1:43:44	33:43	17:00	67
29	Asger Kristensen	Herning Ok	1:43:57	33:56	17:02	67
30	Hans Møller	Nordvest Ok	1:47:08	37:07	17:33	63
31	Anette Ozol	Silkeborg Ok	1:56:56	46:55	19:10	54
DNS	Flemming Bindner	Aalborg Ok				0
Sum	32	Tilmeldte 32	Startende: 31	Ant poster 14		
<b>10km</b>			<b>9,875 KM</b>			
1	Jess Rasmussen	Viborg Ok	1:28:11		08:55	100
2	Jakob Gade	Viborg Ok	1:37:10	08:59	09:50	91
3	Stefan Abel	NOTEAM	1:37:16	09:05	09:50	91
4	Varny Vestergaard	Vestjysk Ok	1:39:59	11:48	10:07	89
5	Thorkild Jensen	Randers Ok	1:40:14	12:03	10:09	88
6	Peter Kilden Jensen	Ok Pan	1:40:51	12:40	10:12	88

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<b>10km</b>			<b>9,875 KM</b>			
7	Mikkel Hansen	Viborg Ok	1:41:51	13:40	10:18	87
8	Keld Gade	Viborg Ok	1:43:19	15:08	10:27	85
9	Marianne Lynge Krogh	Kolding Ok	1:45:52	17:41	10:43	83
10	Kent René Simonsen	Viborg Ok	1:46:59	18:48	10:50	82
11	Henrik Overgaard	Nordvest Ok	1:48:40	20:29	11:00	80
12	Jens Ozol	Silkeborg Ok	1:50:55	22:44	11:13	78
13	Stig Barrett	Viborg Ok	1:50:57	22:46	11:14	78
14	Jan Kølbbæk	Aarhus 1900 Ok	1:51:12	23:01	11:15	77
15	Dorte Filskov	Aalborg Ok	1:51:49	23:38	11:19	77
16	Christian L Rasmussen	Karup Ok	1:53:44	25:33	11:31	75
17	Leif Rønn Olsen	Herning Ok	1:54:33	26:22	11:36	74
18	Susanne Kristensen	Herning Ok	1:54:37	26:26	11:36	74
19	Knud Fjordvald	Silkeborg Ok	1:55:36	27:25	11:42	73
20	Finn Rosenqvist	Aalborg Ok	1:55:52	27:41	11:44	73
21	Inga Jager	Silkeborg Ok	1:57:25	29:14	11:53	71
22	Anette Pind	Silkeborg Ok	1:59:01	30:50	12:03	69
23	Erik Krogh	Kolding Ok	2:00:41	32:30	12:13	68
24	Mette Edsen	Nordvest Ok	2:21:05	52:54	14:17	47
25	Susanne Karlshøj	Nordvest Ok	2:21:51	53:40	14:21	47
26	Carl Malling	Randers Ok	2:23:09	54:58	14:29	45
27	Erik Anders Jensen	Silkeborg Ok	2:23:16	55:05	14:30	45
28	Henning Hansen	Horsens Ok	2:23:36	55:25	14:32	45
29	Henning Mindstruplund	Horsens Ok	2:23:39	55:28	14:32	45
DSQ	Anelli Sandbæk	Silkeborg Ok	1:11:19			DSQ
DSQ	Tove Jakobsen	Silkeborg Ok	1:41:39			DSQ Missed 051
DSQ	Per Sørensen	Vestjysk Ok	2:19:34			DSQ Missed 045
DNS	Britt Hermanrud	Silkeborg Ok				0
DNS	Erling Trankjær	Holstebro Ok				0
DNS	Bjarne Christensen	Silkeborg Ok				0
Sum	35	Tilmeldte 35	Startende: 32	Ant poster 17		
<b>16km</b>			<b>16 KM</b>			
1	Sara Lysemose Poulsen	Silkeborg Ok	2:37:57		09:52	100
2	Michael Filyo	Silkeborg Ok	2:45:00	07:03	10:18	92
3	Niels Jensen	Ok Esbjerg	3:28:43	50:46	13:02	49
4	Jeppe Hust	Silkeborg Ok	3:39:44	1:01:47	13:44	38
5	Jens Isaksen	Silkeborg Ok	3:45:01	1:07:04	14:03	32
6	Svend-Erik Munck	Herlufsholm Ok	4:21:26	1:43:29	16:20	0
7	Tine Meyhoff Petersen	Herlufsholm Ok	4:21:28	1:43:31	16:20	0
8	Anne-Mette Jansen	Ok Roskilde	4:21:29	1:43:32	16:20	0
9	Ebbe Kajberg	Ok Sorø	4:59:17	2:21:20	18:42	0
DSQ	Peter Mørup Jansen	Ok Roskilde	3:58:43			DSQ250 for 043
Sum	10	Tilmeldte 10	Startende: 10	Ant poster 25		
<b>20km</b>			<b>19,875 KM</b>			
1	Rico Hejlskov Mogensen	St. Binderup Ok	2:18:12		06:57	100
2	Simon Grimstrup	Silkeborg Ok	2:47:02	28:50	08:24	71
3	Anders Bank	Ok Pan	2:47:12	29:00	08:24	71
4	Andreas Lyngaa	Ok Pan	3:00:48	42:36	09:05	58
5	Jens Christoffersen	Ok Pan	3:00:50	42:38	09:05	58
6	Lars Mikkelsen	Herning Ok	3:43:49	1:25:37	11:15	15
7	Kenn Heldgaard Kristensen	Herning Ok	3:43:50	1:25:38	11:15	15
8	Søren Andersen	Herning Ok	3:57:39	1:39:27	11:57	1
DSQ	Anders Knudsen	Herlufsholm Ok	3:06:14			DSQ Missed 175
Sum	9	Tilmeldte 9	Startende: 9	Ant poster 30		

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Placering	Navn	Klub	Tid	Efter	Km tid	Points
<b>mtbo10km</b>		<b>11,2 KM</b>				
1	Jørn Svensen	Viborg Ok	<b>1:41:36</b>		09:04	100
2	Lars Forsberg	Viborg Ok	<b>1:42:58</b>	01:22	09:11	99
DSQ	Erik Kristensen	Viborg Ok	<b>2:00:53</b>		DSQ Missed	034
DNS	John Rasmussen	Silkeborg Ok				0
Sum	4	Tilmeldte 4		Startende: 3		Ant poster 12

eTiming - [www.emit.no](http://www.emit.no)

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