

Vinterlangdistance stafet**Resultatliste
STAFETHOLD****Stenholt skov 22-01-2017**

Placering	Navn	Klub	Tid	Efter	Km tid
3km					
1	Charlotte Vibeke Olesen	Karup Ok	46:20		14:02
	Helle Truelssen	Holstebro Ok	54:03	07:43	16:22
6km					
6,1 KM					
1	Pernille Buch	Ok Gorm	52:06	01:49	08:32
	Poul Erik Buch	Ok Gorm	52:12	01:55	08:33
2	Lennart Bo Kristiansen	Viborg Ok	59:12	08:55	09:42
	Lene Bejer Damgaard	Viborg Ok	59:21	09:04	09:43
3	Stig Barrett	Viborg Ok	52:50	02:33	08:39
	Morten Nikkel Andersen	Viborg Ok	1:01:34	11:17	10:05
4	Lene Stick Nielsen	Viborg Ok	1:09:36	19:19	11:24
	Pia Gade	Viborg Ok	1:09:40	19:23	11:25
5	Gitte Isen	Herning Ok	1:10:04	19:47	11:29
	Torben Isen	Herning Ok	1:10:06	19:49	11:29
6	Kate Nielsen	Ok Snab	1:03:00	12:43	10:19
	Peter Skov Nielsen	Ok Snab	1:15:29	25:12	12:22
7	Kirsten Elisabet Andersen	Karup Ok	1:16:13	25:56	12:29
	Gert Bertel	Karup Ok	1:16:15	25:58	12:30
8	Rasmus K. B. Skovsgaard	Viborg Ok	57:38	07:21	09:26
	Svend Erik Skovsgaard	Viborg Ok	1:18:32	28:15	12:52
9	Helle Nikkel	Viborg Ok	1:14:03	23:46	12:08
	Birgitte Bach	Viborg Ok	1:31:50	41:33	15:03
10	Erik Anders Jensen	Silkeborg Ok	1:09:59	19:42	11:28
	Asmus Wonsyld	Silkeborg Ok	1:11:05		DSQ
10km					
9,9 KM					
1	Andreas Bagger Hagner	Silkeborg Ok	1:10:46	02:43	07:08
	Mogens Hagner	Silkeborg Ok	1:11:50	03:47	07:15
2	Rikke Lysemose Poulsen	Silkeborg Ok	1:12:34	04:31	07:19
	Sara Lysemose Poulsen	Silkeborg Ok	1:21:08	13:05	08:11
3	Jakob Gade	Viborg Ok	1:14:43	06:40	07:32

Keld Gade	Viborg Ok	1:26:37	18:34	08:44
4 Jess Rasmussen	Viborg Ok	1:16:17	08:14	07:42
Anders Byrdal	Viborg Ok	1:28:48	20:45	08:58
5 Varny Vestergaard	Herning Ok	1:12:06	04:03	07:16
Kim Gottlieb	Herning Ok	1:35:29	27:26	09:38
6 Bjarne Christensen	Silkeborg Ok	1:30:51	22:48	09:10
Britt Hermanrud	Silkeborg Ok	1:37:36	29:33	09:51
7 Jens Ozol	Silkeborg Ok	1:32:01	23:58	09:17
Mette Høiberg Ozol	Silkeborg Ok	1:37:52	29:49	09:53

20km

17,5 KM

1 Michael Filyo	Silkeborg Ok	2:11:05		07:29
Lars Mikkelsen	Herning Ok	2:23:19	12:14	08:11
2 Jens Peter	Herning Ok	2:37:47	26:42	09:00
Henrik Juhl	Herning Ok	2:46:40	35:35	09:31

MTBO

10 KM

1 Niels Nygaard Jensen	Ok Snab	1:07:07	16:31	06:42
Lone Rasmussen	Ok Snab	1:13:14	22:38	07:19
2 Jørgen Krog	Silkeborg Ok	1:28:42	38:06	08:52
Anna Marie Krog	Silkeborg Ok	1:28:49	38:13	08:52
3 Poul Nøhr	Silkeborg Ok	1:28:24	37:48	08:50
Susanne Gasbjerg	Silkeborg Ok	1:29:37	39:01	08:57