















Class	Navn	Klasse	Tid
<b>3</b>	<b>Stig Barrett</b>	<b>19</b>	<b>51:08</b>
03:15+	06:12+	09:49+	12:12+
03:15+	02:57+	03:37+	02:23+
00:02+	00:31#	00:44&	00:09+
48:44+	51:08+		
00:51+	02:24+		
00:06#	01:24@		
03:15+	06:38+	10:12+	12:36+
03:28+	03:10+	03:34+	02:24+
00:15+	00:44&	00:41#	00:10+
49:10+	51:40+		
41:07+	02:30+		
00:22&	01:30@		
<b>4</b>	<b>Britta Ank Pedersen</b>	<b>4</b>	<b>51:40</b>
03:28+	06:38+	10:12+	12:36+
03:28+	03:10+	03:34+	02:24+
00:15+	00:44&	00:41#	00:10+
49:10+	51:40+		
41:07+	02:30+		
00:22&	01:30@		
<b>5</b>	<b>Stefan Abel</b>	<b>NOTEAM</b>	<b>52:42</b>
03:15+	06:06+	10:12+	12:43+
03:15+	02:51+	04:06+	02:31+
00:02+	00:25#	01:13&	00:17#
49:39+	52:42+		
02:24+	03:03+		
01:39@	02:03@		
02:51+	06:36+	10:12+	12:43+
02:51-	03:45+	04:02+	02:11-
00:22-	01:19&	01:09&	00:03-
50:22+	51:01+	53:07+	
01:09+	00:39-	02:06+	
00:24&	00:21-	01:25@	
<b>6</b>	<b>Asbjørn Finger-Grøn</b>	<b>15</b>	<b>53:07</b>
02:51-	06:36+	10:38+	12:49+
02:51-	03:45+	04:02+	02:11-
00:22-	01:19&	01:09&	00:03-
50:22+	51:01+	53:07+	
01:09+	00:39-	02:06+	
00:24&	00:21-	01:25@	
<b>7</b>	<b>Lene Bejer Damgaard</b>	<b>19</b>	<b>54:39</b>
03:44+	06:52+	10:26+	12:39+
03:44+	03:08+	03:34+	02:13+
00:31#	00:42&	00:41#	00:01-
49:10+	51:16+	51:59+	54:39+
00:58+	02:06+	00:43+	02:40+
00:13&	01:06@	00:02+	00:06+
<b>8</b>	<b>Kaj Kaspersen</b>	<b>2</b>	<b>54:47</b>
03:36+	06:48+	10:46+	13:07+
03:36+	03:12+	03:58+	02:21+
00:23#	00:46&	01:05&	00:07+
51:41+	54:47+		
01:04+	03:06+		
00:19&	02:06@		
<b>9</b>	<b>Lucia Aagaard</b>	<b>2</b>	<b>54:57</b>
03:44+	06:56+	10:51+	13:14+
03:44+	03:12+	03:55+	02:23+
00:31#	00:46&	01:02&	00:09+
51:48+	54:57+		
01:04+	03:09+		
00:19&	02:09@		
<b>10</b>	<b>Carl Malling</b>	<b>13</b>	<b>55:14</b>
03:45+	06:54+	10:49+	13:14+
03:45+	03:09+	03:55+	02:25+
00:32#	00:43&	01:02&	00:11+
51:08+	52:23+	55:14+	
01:30+	01:15+	02:51+	
00:45&	00:15#	02:10@	
<b>11</b>	<b>Hans Jørgen Vad</b>	<b>4</b>	<b>55:54</b>
03:50+	07:20+	11:11+	13:40+
03:50+	03:30+	03:51+	02:29+
00:37#	01:04&	00:58&	00:15#
53:01+	55:54+		
00:51+	02:53+		
00:06#	01:53@		





Class	Navn	Klasse	Tid
<b>21</b>	<b>Frants Nielsen</b>	<b>2</b>	<b>1:02:13</b>
03:32+ 03:32+ 00:19+ 59:23+ 01:00+ 00:15&	07:12+ 03:40+ 01:14& 62:13+ 02:50+ 01:50@	11:44+ 04:32+ 01:39& 00:33# 01:44& 00:10# 00:40& 01:41@ 00:28# 00:30& 00:59& 00:16# 00:34& 00:14# 00:33& 00:32& 00:23& 00:12# 00:05- 00:05+ 00:03+ 00:48@ 01:53@ 00:54& 00:21-	14:31+ 03:37+ 02:47+ 01:44& 00:10# 00:40& 01:41@ 00:28# 00:30& 00:59& 00:16# 00:34& 00:14# 00:33& 00:32& 00:23& 00:12# 00:05- 00:05+ 00:03+ 00:48@ 01:53@ 00:54& 00:21-
<b>22</b>	<b>Torben Isen</b>	<b>2</b>	<b>1:02:24</b>
03:38+ 03:38+ 00:25# 59:34+ 01:21+ 00:36&	07:32+ 03:54+ 01:28& 62:24+ 02:50+ 01:50@	11:38+ 04:06+ 01:13& 00:22# 00:55& 00:14& 00:59& 01:16& 00:22# 00:51& 00:58& 00:58& 00:33& 00:22& 00:48& 00:25& 00:15# 00:09- 00:03- 00:14# 00:03- 00:55@ 01:31@ 01:10@ 00:25-	14:14+ 02:36+ 02:48+ 00:57+ 02:54+ 02:37+ 03:16+ 02:18+ 02:46+ 03:33+ 02:17+ 01:42+ 02:08+ 01:26+ 01:34+ 01:33- 01:18- 01:18+ 00:43- 01:40+ 02:04+ 02:06+ 01:03- 01:58+ 00:46&
<b>23</b>	<b>Gitte Isen</b>	<b>2</b>	<b>1:02:28</b>
03:39+ 03:39+ 00:26# 59:20+ 01:08+ 00:23&	08:00+ 04:21+ 01:55& 62:28+ 03:08+ 02:08@	12:25+ 04:25+ 01:32& 00:34& 01:14& 00:27& 00:46& 00:35& 00:21# 00:38& 01:06& 00:37# 00:33& 00:18# 00:31& 00:26& 00:24& 00:04+ 00:05- 00:10# 00:00= 00:48@ 01:42@ 01:05@ 00:26-	15:13+ 02:48+ 03:07+ 01:10+ 02:41+ 01:56+ 03:15+ 02:05+ 02:54+ 03:12+ 02:17+ 01:38+ 01:51+ 01:27+ 01:43+ 01:46+ 01:16- 01:14+ 00:46= 01:33+ 02:15+ 02:01+ 01:02- 01:50+ 00:38&
<b>24</b>	<b>Anette Pind</b>	<b>15</b>	<b>1:03:42</b>
04:06+ 04:06+ 00:53& 60:44+ 01:04+ 00:19&	07:37+ 03:31+ 01:05& 63:42+ 02:58+ 01:58@	12:20+ 04:43+ 01:50& 04:14@ 00:45& 00:11& 00:55& 00:46& 00:17+ 00:25& 00:31& 00:06- 00:41& 00:36& 00:19# 00:19& 00:11# 00:00= 00:10- 00:04+ 00:06- 00:40& 01:27@ 00:41& 00:25-	18:48+ 21:26+ 02:38+ 00:54+ 00:55& 00:46& 00:17+ 00:25& 00:31& 00:06- 00:41& 00:36& 00:19# 00:19& 00:11# 00:00= 00:10- 00:04+ 00:06- 00:40& 01:27@ 00:41& 00:25-
<b>25</b>	<b>Jane Bech Thøgersen</b>	<b>15</b>	<b>1:03:56</b>
04:20+ 04:20+ 01:07& 60:56+ 01:04+ 00:19&	07:46+ 03:26+ 01:00& 63:56+ 03:00+ 02:00@	12:32+ 04:46+ 01:53& 04:14@ 00:45& 00:12& 00:54& 00:46& 00:13+ 00:29& 00:26# 00:01+ 00:33& 00:42& 00:19# 00:11# 00:15# 00:09- 00:01- 00:02+ 00:00= 00:37& 01:27@ 00:44& 00:29-	19:00+ 21:38+ 02:38+ 00:55+ 02:49+ 02:07+ 03:07+ 01:56+ 02:14+ 02:36+ 02:17+ 02:02+ 01:39+ 01:12+ 01:34+ 01:33- 01:20- 01:06+ 00:46= 01:22+ 02:00+ 01:40+ 00:59- 03:00+ 01:48@
<b>26</b>	<b>Nancy Veng Holm</b>	<b>15</b>	<b>1:04:52</b>
05:04+ 05:04+ 01:51& 61:06+ 03:11+ 02:26@	09:15+ 04:11+ 01:45& 62:26+ 01:20+ 02:26@	13:23+ 04:08+ 01:15& 01:08& 01:35& 00:17& 00:32& 01:34@ 00:01- 00:22& 00:44& 00:02- 00:40& 00:37& 00:33& 00:10# 00:08- 00:13# 00:12# 00:10# 00:18& 00:02+ 00:41@ 01:10@ 00:16# 00:08#	20:13+ 03:28+ 01:00+ 02:27+ 02:55+ 02:53- 01:49+ 02:32+ 02:33- 02:24+ 01:57+ 01:53+ 01:11+ 01:11- 01:55+ 01:33+ 01:14+ 01:04+ 00:47+ 01:14+ 02:06+ 01:44+ 01:20+ 00:08#
<b>27</b>	<b>Tage Baun</b>	<b>4</b>	<b>1:04:56</b>
04:28+ 04:28+ 01:15& 60:24+ 02:44+ 01:59@	08:24+ 03:26+ 01:30& 61:44+ 01:20+ 00:20& 03:12+ 00:20& 02:31@	13:01+ 04:37+ 01:44& 64:52+ 02:26+ 01:20+ 03:12+ 00:20& 02:31@	16:09+ 03:08+ 01:27& 00:20& 00:56& 01:09& 00:11+ 00:30& 00:45& 00:02- 00:34& 00:35& 00:02- 00:31& 00:04+ 00:00= 00:24& 00:11# 00:26& 00:05# 00:50@ 01:16@ 00:22# 00:08-
<b>28</b>	<b>Susanne Baun</b>	<b>4</b>	<b>1:05:02</b>
05:13+ 05:13+ 02:00& 61:07+ 03:02+ 02:17@	09:21+ 04:08+ 01:42& 62:27+ 01:20+ 00:20& 13:30+ 04:09+ 03:24+ 03:28+ 00:58+ 02:29+ 02:56+ 02:53- 01:48+ 02:33+ 02:32- 01:56+ 01:52+ 01:18+ 01:11- 01:54+ 01:29+ 01:15+ 01:00+ 00:51+ 01:14+ 02:07+ 01:43+ 01:21+	13:30+ 04:09+ 03:24+ 03:28+ 00:58+ 02:29+ 02:56+ 02:53- 01:48+ 02:33+ 02:32- 01:56+ 01:52+ 01:18+ 01:11- 01:54+ 01:29+ 01:15+ 01:00+ 00:51+ 01:14+ 02:07+ 01:43+ 01:21+	20:22+ 21:20+ 23:49+ 26:45+ 29:38+ 31:26+ 33:59+ 36:31+ 38:54+ 40:50+ 42:42+ 44:00+ 45:11+ 47:05+ 48:34+ 49:49+ 50:49+ 51:40+ 52:54+ 55:01+ 56:44+ 58:05+ 00:09#
<b>29</b>	<b>Helle Nikkel</b>	<b>19</b>	<b>1:05:57</b>
04:20+ 04:20+ 01:07& 62:34+ 01:13+ 00:28&	08:14+ 03:54+ 01:28& 65:57+ 03:23+ 02:23@	12:38+ 04:24+ 01:31& 65:57+ 03:23+ 02:23@	15:18+ 02:40+ 01:05& 00:14& 01:00& 00:47& 01:13& 00:46& 01:09& 00:07+ 00:38& 00:34& 00:34& 01:08@ 00:25& 00:08+ 00:01+ 00:54& 00:05# 00:51@ 01:55@ 01:13@ 00:28- 00:37&





**Plass** **Navn**

**Klasse**

**Tid**

**Beste stræktid for klassen**

66:21

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.