

Plads Navn

Klasse

Tid

## Cool Kids Short

**1 Asmus brun Stallknecht 11 49:45**

07:00= 10:49= 15:53= 22:03= 27:00= 33:12= 36:00= 39:06= 42:48= 46:14= 47:27= 48:45= 49:45=  
 07:00= 03:49= 05:04= 06:10= 04:57= 06:12= 02:48= 03:06= 03:42= 03:26= 01:13= 01:18= 01:00=  
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

**2 Odin brun Stallknecht 11 58:14**

02:51- 06:54- 12:19- 21:09- 27:45+ 35:43+ 41:04+ 45:32+ 49:41+ 54:05+ 56:08+ 57:16+ 58:14+  
 02:51- 04:03+ 05:25+ 08:50+ 06:36+ 07:58+ 05:21+ 04:28+ 04:09+ 04:24+ 02:03+ 01:08- 00:58-  
 04:09- 00:14+ 00:21+ 02:40& 01:39& 01:46& 02:33& 01:22& 00:27# 00:58& 00:50& 00:10- 00:02-

**3 Emil klostergaard Rokkjær Ok Pan 1:04:11**

03:36- 08:05- 13:37- 23:29+ 30:59+ 40:19+ 44:39+ 49:47+ 54:37+ 59:33+ 61:06+ 62:44+ 64:11+  
 03:36- 04:29+ 05:32+ 09:52+ 07:30+ 09:20+ 04:20+ 05:08+ 04:50+ 04:56+ 01:33+ 01:38+ 01:27+  
 03:24- 00:40# 00:28+ 03:42& 02:33& 03:08& 01:32& 02:02& 01:08& 01:30& 00:20& 00:20& 00:27&

**4 Mattias klostergaard Rokkjær Ok Pan 1:04:53**

03:45- 07:27- 13:36- 22:24+ 30:00+ 38:37+ 43:20+ 48:35+ 53:02+ 60:32+ 62:05+ 63:30+ 64:53+  
 03:45- 03:42- 06:09+ 08:48+ 07:36+ 08:37+ 04:43+ 05:15+ 04:27+ 07:30+ 01:33+ 01:25+ 01:23+  
 03:15- 00:07- 01:05# 02:38& 02:39& 02:25& 01:55& 02:09& 00:45# 04:04@ 00:20& 00:07+ 00:23&

**5 Stian Hoffmann 60 1:10:27**

04:06- 07:23- 13:00- 26:00+ 33:29+ 43:29+ 47:58+ 53:07+ 59:23+ 64:48+ 67:20+ 69:14+ 70:27+  
 04:06- 03:17- 05:37+ 13:00+ 07:29+ 10:00+ 04:29+ 05:09+ 06:16+ 05:25+ 02:32+ 01:54+ 01:13+  
 02:54- 00:32- 00:33# 06:50@ 02:32& 03:48& 01:41& 02:03& 02:34& 01:59& 01:19@ 00:36& 00:13#

**6 Silas Hoffmann 60 1:20:53**

04:24- 09:47- 17:47+ 26:13+ 30:32+ 42:07+ 49:40+ 55:05+ 62:41+ 69:25+ 73:21+ 75:42+ 80:53+  
 04:24- 05:23+ 08:00+ 08:26+ 04:19- 11:35+ 07:33+ 05:25+ 07:36+ 06:44+ 03:56+ 02:21+ 05:11+  
 02:36- 01:34& 02:56& 02:16& 00:38- 05:23& 04:45@ 02:19& 03:54@ 03:18& 02:43@ 01:03& 04:11@

**Beste stræktid for klassen**

02:51 03:17 05:04 06:10 04:19 06:12 02:48 03:06 03:42 03:26 01:13 01:08 00:58

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

**M35****1 Ulf Uhlemann 10 1:28:43**

10:49= 13:58= 16:49= 22:48= 31:25= 35:42= 37:09= 42:09= 44:29= 46:58= 48:33= 53:31= 60:24= 61:38= 63:49= 67:10= 70:46= 73:40= 75:32= 79:29= 85:17= 87:52= 88:43=  
 10:49= 03:09= 02:51= 05:59= 08:37= 04:17= 01:27= 05:00= 02:20= 02:29= 01:35= 04:58= 06:53= 01:14= 02:11= 03:21= 03:36= 02:54= 01:52= 03:57= 05:48= 02:35= 00:51=  
 00:00=

**Beste stræktid for klassen**

10:49 03:09 02:51 05:59 08:37 04:17 01:27 05:00 02:20 02:29 01:35 04:58 06:53 01:14 02:11 03:21 03:36 02:54 01:52 03:57 05:48 02:35 00:51

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

**M40****1 Andreas Mathisen 95 1:05:09**

02:33= 04:56= 07:31= 09:25= 15:37= 18:35= 19:40= 23:38= 26:09= 29:45= 30:52= 33:43= 39:01= 39:46= 41:40= 44:44= 48:06= 50:32= 51:48= 52:49= 56:23= 62:09= 64:22= 65:09=  
 02:33= 02:23= 02:35= 01:54= 06:12= 02:58= 01:05= 03:58= 02:31= 03:36= 01:07= 02:51= 05:18= 00:45= 01:54= 03:04= 03:22= 02:26= 01:16= 01:01= 03:34= 05:46= 02:13= 00:47=  
 00:00=

**2 Arto Voutilainen 31 1:13:46**

06:53+ 09:32+ 12:34+ 14:49+ 22:00+ 25:25+ 26:32+ 31:30+ 33:33+ 35:49+ 37:12+ 39:51+ 47:05+ 47:50+ 50:02+ 53:45+ 57:25+ 60:17+ 61:10+ 65:09+ 70:39+ 73:00+ 73:46+  
 06:53+ 02:39+ 03:02+ 02:15+ 07:11+ 03:25+ 01:07+ 04:58+ 02:03- 02:16- 01:23+ 02:39- 07:14+ 00:45= 02:12+ 03:43+ 03:40+ 02:52+ 00:53- 03:59+ 05:30+ 02:21- 00:46-  
 04:20@ 00:16# 00:27# 00:21# 00:59# 00:27# 00:02+ 01:00& 00:28- 01:20- 00:16# 00:12- 01:56& 00:00= 00:18# 00:39# 00:18+ 00:26# 00:23- 02:58@ 01:56& 03:25- 01:27-

**3 Mark Huster 81 1:13:55**

06:39+ 09:02+ 11:19+ 14:41+ 21:50+ 25:41+ 27:08+ 31:09+ 34:03+ 36:26+ 37:42+ 40:29+ 47:52+ 48:44+ 50:26+ 53:33+ 56:39+ 59:07+ 62:12+ 65:46+ 71:00+ 73:11+ 73:55+  
 06:39+ 02:23= 02:17- 03:22+ 07:09+ 03:51+ 01:27+ 04:01+ 02:54+ 02:23- 01:16+ 02:47- 07:23+ 00:52+ 01:42- 03:07+ 03:06- 02:28+ 03:05+ 03:34+ 05:14+ 02:11- 00:44-  
 04:06@ 00:00= 00:18- 01:28& 00:57# 00:53& 00:22& 00:03+ 00:23# 01:13- 00:09# 00:04- 02:05& 00:07# 00:12- 00:03+ 00:16- 00:02+ 01:49@ 02:33@ 01:40& 03:35- 01:29-

Class	Navn	Klasse	Tid																					
<b>4</b>	<b>Philippe Gignac</b>	<b>Cro2</b>	<b>1:15:58</b>																					
02:45+	05:44+	08:13+	10:53+	18:08+	21:28+	23:05+	27:16+	28:55+	31:21+	34:59+	36:22+	39:52+	49:16+	50:12+	52:26+	56:08+	59:48+	62:41+	63:29+	67:40+	73:04+	75:58+		
02:45+	02:59+	02:29-	02:40+	07:15+	03:20+	01:37+	04:11+	01:39-	02:26-	03:38+	01:23-	03:30-	09:24+	00:56-	02:14-	03:42+	03:40+	02:53+	00:48-	04:11+	05:24-	02:54+		
00:12+	00:36&	00:06-	00:46&	01:03#	00:22#	00:32&	00:13+	00:52-	01:10-	02:31@	01:28-	01:48-	08:39@	00:58-	00:50-	00:20+	01:14&	01:37@	00:13-	00:37#	00:22-	00:41&		
<b>5</b>	<b>Daniel Östvall</b>	<b>41</b>	<b>1:16:34</b>																					
02:10-	04:46-	07:25-	09:32+	19:32+	23:02+	24:58+	29:41+	31:47+	34:15+	35:37+	39:55+	46:47+	47:41+	49:32+	53:06+	56:43+	61:12+	62:54+	67:19+	73:29+	75:51+	76:34+		
02:10-	02:36+	02:39+	02:07+	10:00+	03:30+	01:56+	04:43+	02:06-	02:28-	01:22+	04:18+	06:52+	00:54+	01:51-	03:34+	03:37+	04:29+	01:42+	04:25+	06:10+	02:22-	00:43-		
00:23-	00:13+	00:04+	00:13#	03:48&	00:32#	00:51&	00:45#	00:25-	01:08-	00:15#	01:27&	01:34&	00:09#	00:03-	00:30#	00:15+	02:03&	00:26&	03:24@	02:36&	03:24-	01:30-		
<b>6</b>	<b>Bjør Axelsen</b>	<b>88</b>	<b>1:19:51</b>																					
06:32+	09:30+	12:58+	15:15+	23:00+	26:49+	28:45+	33:40+	36:07+	39:14+	40:39+	44:31+	51:06+	52:08+	54:37+	58:12+	62:03+	64:55+	66:24+	70:30+	76:22+	79:02+	79:51+		
06:32+	02:58+	03:28+	02:17+	07:45+	03:49+	01:56+	04:55+	02:27-	03:07-	01:25+	03:52+	06:35+	01:02+	02:29+	03:35+	03:51+	02:52+	01:29+	04:06+	05:52+	02:40-	00:49-		
03:59@	00:35#	00:53&	00:23#	01:33#	00:51&	00:51&	00:57#	00:04-	00:29-	00:18&	01:01&	01:17#	00:17&	00:35&	00:31#	00:29#	00:26#	00:13#	03:05@	02:18&	03:06-	01:24-		
<b>7</b>	<b>Dan Nielsen</b>	<b>92</b>	<b>1:28:18</b>																					
02:35+	05:32+	09:00+	12:37+	25:13+	30:14+	32:10+	37:44+	40:08+	42:46+	44:17+	48:15+	56:22+	57:30+	59:56+	64:11+	68:19+	71:32+	72:55+	78:20+	84:22+	87:29+	88:18+		
02:35+	02:57+	03:28+	03:37+	12:36+	05:01+	01:56+	05:34+	02:24-	02:38-	01:31+	03:58+	08:07+	01:08+	02:26+	04:15+	04:08+	03:13+	01:23+	05:25+	06:02+	03:07-	00:49-		
00:02+	00:34#	00:53&	01:43&	06:24@	02:03&	00:51&	01:36&	00:07-	00:58-	00:24&	01:07&	02:49&	00:23&	00:32&	01:11&	00:46#	00:47&	00:07+	04:24@	02:28&	02:39-	01:24-		
<b>Beste stræktid for klassen</b>																								
02:10	02:23	02:17	01:54	06:12	02:58	01:05	03:58	01:39	02:16	01:07	01:23	03:30	00:45	00:56	02:14	03:06	02:26	00:53	00:48	03:34	02:11	00:43	00:47	
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.																								
<b>M45</b>																								
<b>1</b>	<b>Tony I Larsson</b>	<b>58</b>	<b>59:24</b>																					
01:58=	04:13=	06:44=	08:35=	15:13=	18:04=	19:28=	23:04=	24:32=	25:06=	27:57=	29:10=	31:17=	36:54=	37:33=	39:27=	42:22=	45:38=	47:51=	48:13=	51:43=	56:36=	58:43=	59:24=	
01:58=	02:15=	02:31=	01:51=	06:38=	02:51=	01:24=	03:36=	02:34=	00:34=	02:51=	01:13=	02:07=	05:37=	00:39=	01:54=	02:55=	03:16=	00:22=	03:30=	04:53=	02:07=	00:41=		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
<b>2</b>	<b>Anders Ahl</b>	<b>52</b>	<b>59:38</b>																					
03:07+	05:20+	07:37+	09:36+	15:42+	18:31+	19:52+	23:46+	25:49+	28:15+	29:24+	31:50+	36:57+	37:41+	39:26+	42:18+	45:32+	47:41+	49:03+	52:22+	56:59+	58:59+	59:38+		
03:07+	02:13-	02:33+	01:52+	06:06-	02:49-	01:21-	03:54+	02:03+	02:26+	01:09-	02:26+	05:07+	00:44-	01:45+	02:52+	03:14+	02:09-	01:22-	03:19+	04:37+	02:00-	00:39-		
01:09&	00:02-	00:14-	00:08+	00:32-	00:02-	00:03-	00:18+	00:35&	01:52@	01:42-	01:13&	03:00@	04:53-	01:06@	00:58&	00:19#	01:07-	00:51-	02:57@	01:07&	02:53-	01:28-		
<b>3</b>	<b>Bjarne Hoffmann</b>	<b>54</b>	<b>59:59</b>																					
01:47-	04:01-	06:34-	08:26-	14:44-	18:03-	19:26-	22:58-	25:18+	27:25+	28:30+	30:47+	36:33+	37:17+	39:06+	42:57+	46:04+	48:23+	48:59+	52:36+	57:07+	59:17+	59:59+		
01:47-	02:14-	02:33+	01:52+	06:18-	03:19+	01:23-	03:32-	02:20+	02:07+	01:05-	02:17+	05:46+	00:44-	01:49+	03:51+	03:07+	02:19-	00:36-	03:37+	04:31+	02:10-	00:42-		
00:11-	00:01-	00:02+	00:01+	00:20-	00:28#	00:01-	00:04-	00:52&	01:33@	01:46-	01:04&	03:39@	04:53-	01:10@	01:57@	00:12+	00:57-	01:37-	03:15@	01:01&	02:43-	01:25-		
<b>4</b>	<b>Claus brun Stalknecht</b>	<b>11</b>	<b>1:03:34</b>																					
02:08+	05:00+	07:36+	09:42+	16:47+	20:15+	21:44+	25:29+	27:50+	30:04+	31:16+	33:37+	39:18+	40:08+	42:13+	45:17+	48:35+	51:17+	52:02+	55:50+	60:44+	62:52+	63:34+		
02:08+	02:52+	02:36+	02:06+	07:05+	03:28+	01:29+	03:45+	02:21+	02:14+	01:12-	02:21+	05:41+	00:50-	02:05+	03:04+	03:18+	02:42-	00:45-	03:48+	04:54+	02:08-	00:42-		
00:10+	00:37&	00:05+	00:15#	00:27+	00:37#	00:05+	00:09+	00:53&	01:40@	01:39-	01:08&	03:34@	04:47-	01:26@	01:10&	00:23#	00:34-	01:28-	03:26@	01:24&	02:45-	01:25-		
<b>5</b>	<b>Ola Svärd</b>	<b>18</b>	<b>1:06:48</b>																					
02:13+	04:30+	06:50+	08:52+	16:27+	19:00+	22:24+	23:36+	27:54+	29:42+	32:03+	33:15+	36:19+	42:06+	42:49+	44:50+	48:06+	51:34+	53:58+	54:33+	58:24+	63:32+	66:04+	66:48+	
02:13+	02:17+	02:20-	02:02+	07:35+	02:33-	03:24+	01:12-	04:18+	01:48+	02:21-	01:12-	03:04+	05:47+	00:43+	02:01+	03:16+	03:28+	02:24+	00:35+	03:51+	05:08+	02:32+	00:44+	
00:15#	00:02+	00:11-	00:11+	00:57#	00:18-	02:00@	02:24-	02:50@	01:14@	00:30-	00:01-	00:57&	00:10+	00:04#	00:07+	00:21#	00:12+	00:11+	00:13&	00:21#	00:15+	00:25#	00:03+	
<b>6</b>	<b>Mikael Johansson</b>	<b>94</b>	<b>1:06:48</b>																					
01:51-	04:10-	06:40-	12:24+	19:10+	22:12+	23:25+	27:59+	29:48+	32:20+	33:33+	35:50+	41:50+	43:00+	44:56+	48:07+	51:42+	54:13+	54:46+	58:36+	63:37+	66:01+	66:48+		
01:51-	02:19+	02:30-	05:44+	06:46+	03:02+	01:13-	04:34+	01:49+	02:32+	01:13-	02:17+	06:00+	01:10-	01:56+	03:11+	03:35+	02:31-	00:33-	03:50+	05:01+	02:24-	00:47-		
00:07-	00:04+	00:01-	03:53@	00:08+	00:11+	00:11-	00:58&	00:21#	01:58@	01:38-	01:04&	03:53@	04:27-	01:17@	01:17&	00:40#	00:45-	01:40-	03:28@	01:31&	02:29-	01:20-		
<b>7</b>	<b>Ronnie Pettersson</b>	<b>18</b>	<b>1:11:17</b>																					
05:42+	08:56+	11:35+	13:32+	20:42+	23:47+	25:17+	29:08+	32:50+	35:14+	36:22+	39:08+	39:59+	46:27+	47:11+	49:01+	52:11+	55:28+	57:39+	58:09+	58:38+	62:34+	67:14+	70:32+	71:17+
05:42+	03:14+	02:39+	01:57+	07:10+	03:05+	01:30+	03:51+	03:42+	02:24+	01:08-	02:46+	00:51-	06:28+	00:44+	01:50-	03:10+	03:17+	02:11-	00:29+	03:56-	04:40+	03:18+	00:45+	
03:44@	00:59&	00:08+	00:06+	00:32+	00:14+	00:06+	00:15+	02:14@	01:50@	01:43-	01:33@	01:16-	00:51#	00:05#	00:04-	00:15+	00:01+	00:02-	00:08&	03:01-	00:57-	02:33@	02:37@	00:45+
<b>8</b>	<b>Peter Simmonds</b>	<b>14</b>	<b>1:11:53</b>																					
01:58=	04:27+	07:16+	10:35+	17:59+	21:04+	22:36+	27:04+	28:50+	31:12+	32:27+	36:29+	43:52+	44:48+	46:33+	49:34+	53:22+	55:56+	57:24+	61:37+	68:01+	71:05+	71:53+		
01:58=	02:29+	02:49+	03:19+	07:24+	03:05+	01:32+	04:28+	01:46+	02:22+	01:15-	04:02+	07:23+	00:56-	01:45+	03:01+	03:48+	02:34-	01:28-	04:13+	06:24+	03:04-	00:48-		
00:00=	00:14#	00:18#	01:28&	00:46#	00:14+	00:08+	00:52#	00:18#	01:48@	01:36-	02:49@	05:16@	04:41-	01:06@	01:07&	00:53&	00:42-	00:45-	03:51@	02:54&	01:49-	01:19-		
<b>9</b>	<b>Thomas Hartung</b>	<b>81</b>	<b>1:14:28</b>																					
03:32+	05:58+	08:30+	11:30+	18:24+	22:05+	23:14+	27:27+	29:44+	30:20+	34:09+	36:26+	40:19+	47:02+	47:53+	50:01+	53:25+	57:15+	59:51+	61:18+	65:44+	71:19+	73:43+	74:28+	
03:32+	02:26+	02:32+	03:00+	06:54+	03:41+	01:09-	04:13+	02:17+	00:36+	03:49+	02:17+	03:53+	06:43+	00:51+	02:08+	03:24+	03:50+	02:36+	01:27+	04:26+	05:35+	02:24+	00:45+	
01:34&	00:11+	00:01+	01:09&	00:16+	00:50&	00:15-	00:37#	00:49&	00:02+	00:58&	01:04&	01:46&	01:06#	00:12&	00:14#	00:29#	00:34#	00:23#	01:05@	00:56&	00:42#	00:17#	00:04+	

Class	Navn	Klasse	Tid
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<b>10</b>	<b>Peter Albinsson</b>	<b>25</b>	<b>1:15:02</b>																					
03:03+	05:30+	08:35+	11:00+	19:01+	23:04+	24:19+	25:32+	31:25+	35:10+	37:43+	39:00+	41:52+	48:12+	48:55+	51:08+	54:32+	58:08+	60:44+	61:25+	61:58+	66:10+	71:39+	74:13+	75:02+
03:03+	02:27+	03:05+	02:25+	08:01+	04:03+	01:15-	01:13-	05:53+	03:45+	02:33-	01:17+	02:52+	06:20+	00:43+	02:13+	03:24+	03:36+	02:36+	00:41+	00:33-	04:12-	05:29+	02:34+	00:49+
01:05&	00:12+	00:34#	00:34&	01:23#	01:12&	00:09-	02:23-	04:25@	03:11@	00:18-	00:04+	00:45&	00:43#	00:04#	00:19#	00:29#	00:20#	00:23#	00:19&	02:57-	00:41-	03:22@	01:53@	00:49+

<b>11</b>	<b>Michael Sturm</b>	<b>16</b>	<b>1:15:17</b>																			
02:11+	04:38+	09:00+	11:55+	19:44+	25:34+	26:49+	31:32+	33:51+	36:29+	37:53+	40:17+	47:11+	48:09+	50:23+	53:55+	57:58+	61:00+	61:35+	66:01+	71:49+	74:31+	75:17+
02:11+	02:27+	04:22+	02:55+	07:49+	05:50+	01:15-	04:43+	02:19+	02:38+	01:24-	02:24+	06:54+	00:58-	02:14+	03:32+	04:03+	03:02-	00:35-	04:26+	05:48+	02:42-	00:46-
00:13#	00:12+	01:51&	01:04&	01:11#	02:59@	00:09-	01:07&	00:51&	02:04@	01:27-	01:11&	04:47@	04:39-	01:35@	01:38&	01:08&	00:14-	01:38-	04:04@	02:18&	02:11-	01:21-

<b>12</b>	<b>Nils Pistora</b>	<b>41</b>	<b>1:15:51</b>																				
02:12+	04:54+	07:24+	13:05+	20:12+	23:27+	24:39+	30:13+	33:02+	34:49+	39:30+	40:54+	44:07+	50:52+	51:46+	53:50+	56:54+	60:25+	62:54+	63:30+	67:27+	72:36+	75:05+	75:51+
02:12+	02:42+	02:30-	05:41+	07:07+	03:15+	01:12-	05:34+	02:49+	01:47+	04:41+	01:24+	03:13+	06:45+	00:54+	02:04+	03:04+	03:31+	02:29+	00:36+	03:57+	05:09+	02:29+	00:46+
00:14#	00:27#	00:01-	03:50@	00:29+	00:24#	00:12-	01:58&	01:21&	01:13@	01:50&	00:11#	01:06&	01:08#	00:15&	00:10+	00:09+	00:15+	00:16#	00:14&	00:27#	00:16+	00:22#	00:05#

<b>13</b>	<b>Mark Stodgell</b>	<b>96</b>	<b>1:17:57</b>																			
02:42+	05:28+	08:07+	11:16+	18:43+	22:04+	23:18+	27:44+	30:04+	32:16+	33:35+	38:40+	45:54+	46:47+	49:00+	52:43+	56:17+	59:04+	60:07+	68:08+	74:29+	77:13+	77:57+
02:42+	02:46+	02:39+	03:09+	07:27+	03:21+	01:14-	04:26+	02:20+	02:12+	01:19-	05:05+	07:14+	00:53-	02:13+	03:43+	03:34+	02:47-	01:03-	08:01+	06:21+	02:44-	00:44-
00:44&	00:31#	00:08+	01:18&	00:49#	00:30#	00:10-	00:50#	00:52&	01:38@	01:32-	03:52@	05:07@	04:44-	01:34@	01:49&	00:39#	00:29-	01:10-	07:39@	02:51&	02:09-	01:23-

<b>14</b>	<b>Morten bang Nørgaard</b>	<b>65</b>	<b>1:20:23</b>																				
01:54-	04:20+	07:09+	12:35+	19:52+	23:12+	24:49+	29:25+	33:05+	34:25+	36:48+	38:19+	41:24+	48:42+	49:43+	51:46+	54:56+	58:17+	60:58+	61:52+	66:43+	77:21+	79:40+	80:23+
01:54-	02:26+	02:49+	05:26+	07:17+	03:20+	01:37+	04:36+	03:40+	01:20+	02:23-	01:31+	03:05+	07:18+	01:01+	02:03+	03:10+	03:21+	02:41+	00:54+	04:51+	10:38+	02:19+	00:43+
00:04-	00:11+	00:18#	03:35@	00:39+	00:29#	00:13#	01:00&	02:12@	00:46@	00:28-	00:18#	00:58&	01:41&	00:22&	00:09+	00:15+	00:05+	00:28#	00:32@	01:21&	05:45@	00:12+	00:02+

<b>15</b>	<b>Peter Villadsen</b>	<b>100</b>	<b>1:24:51</b>																		
12:28+	17:12+	20:05+	22:27+	29:40+	33:09+	34:48+	39:36+	42:27+	44:59+	46:11+	50:52+	57:37+	58:32+	60:39+	64:06+	67:43+	71:59+	76:15+	81:42+	84:06+	84:51+
12:28+	04:44+	02:53+	02:22+	07:13+	03:29+	01:39+	04:48+	02:51+	02:32+	01:12-	04:41+	06:45+	00:55-	02:07+	03:27+	03:37+	04:16+	04:16+	05:27+	02:24-	00:45-
10:30@	02:29@	00:22#	00:31&	00:35+	00:38#	00:15#	01:12&	01:23&	01:58@	01:39-	03:28@	04:38@	04:42-	01:28@	01:33&	00:42#	01:00&	02:03&	05:05@	01:06-	04:08-

<b>16</b>	<b>Peter Reibert Hansen</b>	<b>1</b>	<b>1:36:05</b>																			
36:10+	38:18+	40:37+	44:57+	51:01+	53:54+	54:59+	58:32+	60:14+	62:34+	63:36+	66:30+	71:58+	72:40+	74:28+	77:12+	80:21+	83:26+	84:40+	88:44+	93:19+	95:20+	96:05+
36:10+	02:08-	02:19-	04:20+	06:04-	02:53+	01:05-	03:33-	01:42+	02:20+	01:02-	02:54+	05:28+	00:42-	01:48+	02:44+	03:09+	03:05-	01:14-	04:04+	04:35+	02:01-	00:45-
34:12@	00:07-	00:12-	02:29@	00:34-	00:02+	00:19-	00:03-	00:14#	01:46@	01:49-	01:41@	03:21@	04:55-	01:09@	00:50&	00:14+	00:11-	00:59-	03:42@	01:05&	02:52-	01:22-

**Beste stræktid for klassen**  
 01:47 02:08 02:17 01:51 06:04 02:33 01:05 01:12 01:28 00:34 01:02 01:12 00:51 00:42 00:39 01:50 02:55 02:09 00:33 00:22 00:29 00:45 00:39 00:41  
 = Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

**M50**

<b>1</b>	<b>Tommy Damsgaard</b>	<b>92</b>	<b>58:35</b>																			
01:06=	03:58=	07:04=	08:14=	12:32=	14:58=	18:07=	20:11=	21:26=	23:19=	24:19=	27:16=	32:19=	34:06=	36:00=	39:00=	42:28=	44:57=	46:05=	49:45=	55:28=	57:56=	58:35=
01:06=	02:52=	03:06=	01:10=	04:18=	02:26=	03:09=	02:04=	01:15=	01:53=	01:00=	02:57=	05:03=	01:47=	01:54=	03:00=	03:28=	02:29=	01:08=	03:40=	05:43=	02:28=	00:39=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

<b>2</b>	<b>Thomas Jansson</b>	<b>13</b>	<b>58:49</b>																				
01:15+	04:04+	06:55-	08:11-	12:07-	14:56-	17:41-	20:59+	21:30+	22:28-	24:12-	25:33-	29:46-	34:31+	35:49-	37:51-	40:36-	43:44-	46:24+	47:09-	50:32-	56:06-	58:07-	58:49+
01:15+	02:49-	02:51-	01:16+	03:56-	02:49+	02:45-	03:18+	00:31-	00:58-	01:44+	01:21-	04:13-	04:45+	01:18-	02:02-	02:45-	03:08+	02:40+	00:45-	03:23-	05:34+	02:01+	00:42+
00:09#	00:03-	00:15-	00:06+	00:22-	00:23#	00:24-	01:14&	00:44-	00:55-	00:44&	01:36-	00:50-	02:58@	00:36-	00:58-	00:43-	00:39&	01:32@	02:55-	02:20-	03:06@	01:22@	00:42+

<b>3</b>	<b>Olli Savikko</b>	<b>87</b>	<b>1:02:19</b>																				
01:01-	03:53-	07:16+	08:42+	14:30+	17:01+	20:56+	22:37+	23:57+	24:53+	26:52+	28:35+	30:59-	36:32+	37:45+	39:49+	42:46+	46:02+	48:42+	49:16-	53:01-	58:54+	61:30+	62:19+
01:01-	02:52=	03:23+	01:26+	05:48+	02:31+	03:55+	01:41-	01:20+	00:56-	01:59+	01:43-	02:24-	05:33+	01:13-	02:04-	02:57-	03:16+	02:40+	00:34-	03:45-	05:53+	02:36+	00:49+
00:05-	00:00=	00:17+	00:16#	01:30&	00:05+	00:46#	00:23-	00:05+	00:57-	00:59&	01:14-	02:39-	03:46@	00:41-	00:56-	00:31-	00:47&	01:32@	03:06-	01:58-	03:25@	01:57@	00:49+

<b>4</b>	<b>John Houlihan</b>	<b>14</b>	<b>1:05:33</b>																				
00:59-	03:53-	07:17+	08:39+	13:27+	15:59+	19:19+	21:43+	22:51+	24:27+	26:37+	28:07+	31:37-	36:52+	38:29+	42:02+	45:04+	48:27+	50:39+	52:55+	56:25+	62:37+	64:52+	65:33+
00:59-	02:54+	03:24+	01:22+	04:48+	02:32+	03:20+	02:24+	01:08-	01:36-	02:10+	01:30-	03:30-	05:15+	01:37-	03:33+	03:23+	03:23+	02:12+	02:16-	03:30-	06:12+	02:15+	00:41+
00:07-	00:02+	00:18+	00:12#	00:30#	00:06+	00:11+	00:20#	00:07-	00:17-	01:10@	01:27-	01:33-	03:28@	00:17-	00:33#	00:26-	00:54&	01:04&	01:24-	02:13-	03:44@	01:36@	00:41+

<b>5</b>	<b>Jørn Riis</b>	<b>54</b>	<b>1:07:18</b>																			
01:47+	05:27+	08:41+	10:26+	15:12+	17:47+	20:59+	23:41+	25:41+	28:05+	29:17+	32:36+	38:41+	41:04+	43:17+	46:39+	50:16+	53:09+	53:43+	57:41+	64:12+	66:30+	67:18+
01:47+	03:40+	03:14+	01:45+	04:46+	02:35+	03:12+	02:42+	02:00+	02:24+	01:12+	03:19+	06:05+	02:23+	02:13+	03:22+	03:37+	02:53+	00:34-	03:58+	06:31+	02:18-	00:48+
00:41&	00:48&	00:08+	00:35&	00:28#	00:09+	00:03+	00:38&	00:45&	00:31&	00:12#	00:22#	01:02#	00:36&	00:19#	00:22#	00:09+	00:24#	00:34-	00:18+	00:48#	00:10-	00:09#

<b>6</b>	<b>Karsten Niss</b>	<b>44</b>	<b>1:08:59</b>								
00:31-	11:52+	15:10+	21:05+	27:12+	34:38+	40:45+	42:03+	50:19+	61:31+	67:42+	68:59+
00:31-	11:21+	03:18+	05:55+	06:07+	07:26+	06:07+	01:18-	08:16+	11:12+	06:11+	01:17-
00:35-	08:29@	00:12+	04:45@	01:49&	05:00@	02:58&	00:46-	07:01@	09:19@	05:11@	01:40-

Class	Navn	Klasse	Tid
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<b>7</b>	<b>François Lorang</b>	<b>4</b>	<b>1:10:10</b>																				
01:26+	04:41+	08:33+	09:58+	15:04+	17:55+	22:01+	24:09+	25:07+	26:48+	28:58+	30:53+	34:05+	40:55+	42:57+	45:14+	48:46+	52:18+	54:52+	55:31+	59:39+	66:54+	69:26+	70:10+
01:26+	03:15+	03:52+	01:25+	05:06+	02:51+	04:06+	02:08+	00:58-	01:41-	02:10+	01:55-	03:12-	06:50+	02:02+	02:17-	03:32+	03:32+	02:34+	00:39-	04:08-	07:15+	02:32+	00:44+
00:20&	00:23#	00:46#	00:15#	00:48#	00:25#	00:57&	00:04+	00:17-	00:12-	01:10@	01:02-	01:51-	05:03@	00:08+	00:43-	00:04+	01:03&	01:26@	03:01-	01:35-	04:47@	01:53@	00:44+

<b>8</b>	<b>Magnus Hellberg</b>	<b>9</b>	<b>1:12:33</b>																				
01:11+	04:20+	08:05+	09:32+	14:39+	17:34+	21:09+	23:48+	24:40+	25:53+	27:58+	29:07+	36:39+	42:24+	44:08+	46:36+	50:23+	53:59+	57:02+	58:35+	62:47+	69:16+	71:48+	72:33+
01:11+	03:09+	03:45+	01:27+	05:07+	02:55+	03:35+	02:39+	00:52-	01:13-	02:05+	01:09-	07:32+	05:45+	01:44-	02:28-	03:47+	03:36+	03:03+	01:33-	04:12-	06:29+	02:32+	00:45+
00:05+	00:17+	00:39#	00:17#	00:49#	00:29#	00:26#	00:35&	00:23-	00:40-	01:05@	01:48-	02:29&	03:58@	00:10-	00:32-	00:19+	01:07&	01:55@	02:07-	01:31-	04:01@	01:53@	00:45+

<b>9</b>	<b>Timothy Evans</b>	<b>14</b>	<b>1:12:36</b>																				
32:13+	36:00+	39:56+	41:15+	46:04+	48:58+	52:51+	55:13+	57:32+	59:32+	60:41+	65:51+	72:36+											
32:13+	03:47+	03:56+	01:19+	04:49+	02:54+	03:53+	02:22+	02:19+	02:00+	01:09+	05:10+	06:45+											
31:07@	00:55&	00:50&	00:09#	00:31#	00:28#	00:44#	00:18#	01:04&	00:07+	00:09#	02:13&	01:42&											

<b>10</b>	<b>Pekka Mäki</b>	<b>87</b>	<b>1:13:31</b>																			
05:20+	08:12+	11:20+	12:48+	18:01+	20:45+	24:09+	26:45+	27:22+	28:33+	30:34+	32:11+	37:02+	43:31+	45:38+	47:45+	51:02+	54:40+	57:32+	58:11+	65:01+	71:09+	73:31+
05:20+	02:52+	03:08+	01:28+	05:13+	02:44+	03:24+	02:36+	00:37-	01:11-	02:01+	01:37-	04:51-	06:29+	02:07+	02:07-	03:17-	03:38+	02:52+	00:39-	06:50+	06:08+	02:22+
04:14@	00:00=	00:02+	00:18&	00:55#	00:18#	00:15+	00:32&	00:38-	00:42-	01:01@	01:20-	00:12-	04:42@	00:13#	00:53-	00:11-	01:09&	01:44@	03:01-	01:07#	03:40@	01:43@

<b>11</b>	<b>Klaus Kramer</b>	<b>43</b>	<b>1:14:27</b>																			
01:14+	04:44+	08:54+	10:28+	18:35+	22:15+	23:45+	24:27+	25:47+	28:03+	29:52+	33:50+	39:43+	42:03+	44:31+	48:34+	52:45+	56:08+	56:54+	61:20+	69:03+	73:04+	74:27+
01:14+	03:30+	04:10+	01:34+	08:07+	03:40+	01:30-	00:42-	01:20+	02:16+	01:49+	03:58+	05:53+	02:20+	02:28+	04:03+	04:11+	03:23+	00:46-	04:26+	07:43+	04:01+	01:23+
00:08#	00:38#	01:04&	00:24&	03:49&	01:14&	01:39-	01:22-	00:05+	00:23#	00:49&	01:01&	00:50#	00:36#	00:35&	01:03&	00:43#	00:54&	00:22-	00:46#	02:00&	01:33&	00:44@

<b>12</b>	<b>Claus Sihm</b>	<b>56</b>	<b>1:15:04</b>																			
05:37+	09:50+	13:57+	15:33+	20:19+	23:28+	27:00+	29:39+	31:01+	33:23+	34:40+	37:44+	43:23+	45:37+	48:06+	51:44+	55:36+	58:46+	60:22+	64:50+	71:45+	74:13+	75:04+
05:37+	04:13+	04:07+	01:36+	04:46+	03:09+	03:32+	02:39+	01:22+	02:22+	01:17+	03:04+	05:39+	02:14+	02:29+	03:38+	03:52+	03:10+	01:36+	04:28+	06:55+	02:28+	00:51+
04:31@	01:21&	01:01&	00:28#	00:28#	00:43&	00:23#	00:35&	00:07+	00:29&	00:17&	00:07+	00:36#	00:27&	00:35&	00:38#	00:41&	00:28&	00:48#	01:12#	00:00=	00:12&	

<b>13</b>	<b>Rickard Asplund</b>	<b>98</b>	<b>1:16:06</b>																						
01:00-	04:04+	07:26+	09:07+	15:58+	18:47+	22:39+	25:33+	28:25+	29:10+	32:58+	34:07+	36:25+	38:00+	40:49+	46:51+	48:35+	50:50+	55:12+	58:55+	61:44+	62:20+	66:05+	72:54+	75:19+	76:06+
01:00-	03:04+	03:22+	01:41+	06:51+	02:49+	03:52+	02:54+	02:52+	00:45-	03:48+	01:09-	02:18-	01:35-	02:49+	06:02+	01:44-	02:15-	04:22+	03:43+	02:49-	00:36-	03:45+	06:49+	02:25+	00:47+
00:06-	00:12+	00:16+	00:31&	02:33&	00:23#	00:43#	00:50&	01:37@	01:08-	02:48@	01:48-	02:45-	00:12-	00:55&	03:02@	01:44-	00:14-	03:14@	00:03+	02:54-	01:52-	03:06@	06:49+	02:25+	00:47+

<b>14</b>	<b>Benny Lindgren</b>	<b>12</b>	<b>1:16:48</b>																					
01:11+	04:45+	08:41+	10:40+	15:41+	18:38+	22:31+	25:37+	27:01+	29:46+	31:08+	33:52+	40:45+	42:48+	45:16+	48:53+	52:36+	55:47+	56:19+	57:06+	64:08+	65:37+	73:23+	76:00+	76:48+
01:11+	03:34+	03:56+	01:59+	05:01+	02:57+	03:53+	03:06+	01:24+	02:45+	01:22+	02:44-	06:53+	02:03+	02:28+	03:37+	03:43+	03:11+	00:32-	00:47-	07:02+	01:29-	07:46+	02:37+	00:48+
00:05+	00:42#	00:50&	00:49&	00:43#	00:31#	00:44#	01:02&	00:09#	00:52&	00:22&	00:13-	01:50&	00:16#	00:34&	00:37#	00:15+	00:42&	00:36-	02:53-	01:19#	00:59-	07:07@	02:37+	00:48+

<b>Beste stræktid for klassen</b>																							
00:31	02:49	02:51	01:10	03:56	02:26	01:30	00:42	00:31	00:45	01:00	01:09	02:18	01:35	01:13	02:02	01:44	02:15	00:32	00:34	02:49	00:36	00:39	

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## M55

<b>1</b>	<b>Stefan Kollberg</b>	<b>8</b>	<b>57:16</b>																				
00:55=	03:49=	07:07=	08:28=	12:41=	15:21=	18:30=	20:33=	21:12=	21:48=	23:33=	24:59=	27:24=	31:56=	33:31=	35:33=	38:40=	42:16=	44:35=	45:04=	48:37=	54:17=	56:34=	57:16=
00:55=	02:54=	03:18=	01:21=	04:13=	02:40=	03:09=	02:03=	00:39=	00:36=	01:45=	01:26=	02:25=	04:32=	01:35=	02:02=	03:07=	03:36=	02:19=	00:29=	03:33=	05:40=	02:17=	00:42=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

<b>2</b>	<b>Jean-Charles Lalevée</b>	<b>97</b>	<b>58:35</b>																				
00:59+	03:42-	07:41+	09:01+	13:11+	15:38+	18:55+	20:42+	22:05+	23:12+	25:01+	26:29+	28:53+	33:44+	35:18+	37:13+	40:17+	43:31+	45:46+	46:10+	49:45+	55:36+	57:51+	58:35+
00:59+	02:43-	03:59+	01:20-	04:10-	02:27-	03:17+	01:47-	01:23+	01:07+	01:49+	01:28+	02:24-	04:51+	01:34-	01:55-	03:04-	03:14-	02:15-	00:24-	03:35+	05:51+	02:15-	00:44+
00:04+	00:11-	00:41#	00:01-	00:03-	00:13-	00:08+	00:16-	00:44@	00:31&	00:04+	00:02+	00:01-	00:19+	00:01-	00:07-	00:03-	00:22-	00:04-	00:05-	00:02+	00:11+	00:02-	00:02+

<b>3</b>	<b>Pär Gustavsson</b>	<b>17</b>	<b>1:00:01</b>																				
35:35+	38:13+	41:05+	42:06+	46:10+	48:36+	51:28+	54:17+	54:52+	57:15+	59:04+	60:01+												
35:35+	02:38-	02:52-	01:01-	04:04-	02:26-	02:52-	02:49+	00:35-	02:23+	01:49+	00:57-												
34:40@	00:16-	00:26-	00:20-	00:09-	00:14-	00:17-	00:46&	00:04-	01:47@	00:04+	00:29-												

<b>4</b>	<b>Anders Stjerdahl</b>	<b>26</b>	<b>1:04:01</b>																			
01:02+	04:15+	08:01+	09:20+	13:53+	16:36+	20:19+	22:37+	24:04+	26:53+	28:02+	30:20+	36:01+	37:52+	40:02+	43:19+	47:02+	49:48+	50:25+	54:20+	60:46+	63:13+	64:01+
01:02+	03:13+	03:46+	01:19+	04:33+	02:43+	03:43+	02:18+	01:27+	02:49+	01:09-	02:18+	05:41+	01:51-	02:10+	03:17+	03:43+	02:46-	00:37-	03:55+	06:26+	02:27-	00:48-
00:07#	00:19#	00:28#	00:02-	00:20+	00:03+	00:34#	00:15#	00:48@	02:13@	00:36-	00:52&	03:16@	02:41-	00:35&	01:15&	00:36#	00:50-	01:42-	03:26@	02:53&	03:13-	01:29-

<b>5</b>	<b>Laus seir Hansen</b>	<b>19</b>	<b>1:04:06</b>																				
01:09+	04:33+	08:14+	09:42+	14:25+	17:03+	20:23+	22:33+	23:53+	25:16+	27:14+	28:46+	31:47+	37:09+	39:27+	41:43+	44:56+	48:22+	50:50+	51:18+	55:09+	60:57+	63:22+	64:06+
01:09+	03:24+	03:41+	01:28+	04:43+	02:38-	03:20+	02:10+	01:20+	01:23+	01:58+	01:32+	03:01+	05:22+	02:18+	02:16+	03:13+	03:26-	02:28+	00:28-	03:51+	05:48+	02:25+	00:44+
00:14&	00:30#	00:23#	00:07+	00:30#	00:02-	00:11+	00:07+	00:41@	00:47@	00:13#	00:06+	00:36#	00:50#	00:43&	00:14#	00:06+	00:10-	00:09+	00:01-	00:18+	00:08+	00:08+	00:02+

Class	Navn	Klasse										Tid											
<b>6</b>	<b>Kenneth Svensson</b>	<b>12</b>										<b>1:04:22</b>											
01:02+	04:05+	07:57+	09:25+	13:54+	16:45+	20:08+	23:23+	24:55+	27:03+	28:12+	30:43+	35:53+	37:28+	39:39+	43:16+	47:19+	50:09+	50:46+	54:45+	60:52+	63:26+	64:22+	
01:02+	03:03+	03:52+	01:28+	04:29+	02:51+	03:23+	03:15+	01:32+	02:08+	01:09-	02:31+	05:10+	01:35-	02:11+	03:37+	04:03+	02:50-	00:37-	03:59+	06:07+	02:34-	00:56-	
00:07#	00:09+	00:34#	00:07+	00:16+	00:11+	00:14+	01:12&	00:53@	01:32@	00:36-	01:05&	02:45@	02:57-	00:36&	01:35&	00:56&	00:46-	01:42-	03:30@	02:34&	03:06-	01:21-	
<b>7</b>	<b>Allan Topp</b>	<b>65</b>										<b>1:06:15</b>											
01:01+	04:44+	08:48+	10:09+	14:59+	17:41+	21:10+	23:30+	24:09+	25:20+	27:30+	28:45+	31:00+	36:46+	39:17+	41:39+	45:12+	48:54+	51:43+	52:17+	56:29+	62:56+	65:31+	66:15+
01:01+	03:43+	04:04+	01:21+	04:50+	02:42+	03:29+	02:20+	00:39=	01:11+	02:10+	01:15-	02:15-	05:46+	02:31+	02:22+	03:33+	03:42+	02:49+	00:34+	04:12+	06:27+	02:35+	00:44+
00:06#	00:49&	00:46#	00:00=	00:37#	00:02+	00:20#	00:17#	00:00=	00:35&	00:25#	00:11-	00:10-	01:14&	00:56&	00:20#	00:26#	00:06+	00:30#	00:05#	00:39#	00:47#	00:18#	00:02+
<b>8</b>	<b>Pesho Hedberg</b>	<b>41</b>										<b>1:13:56</b>											
01:04+	04:24+	08:14+	09:48+	14:51+	17:42+	21:12+	23:50+	25:22+	27:33+	29:41+	30:46+	34:51+	42:16+	44:07+	46:26+	50:09+	53:55+	56:38+	57:52+	63:51+	70:42+	73:11+	73:56+
01:04+	03:20+	03:50+	01:34+	05:03+	02:51+	03:30+	02:38+	01:32+	02:11+	02:08+	01:05-	04:05+	07:25+	01:51+	02:19+	03:43+	03:46+	02:43+	01:14+	05:59+	06:51+	02:29+	00:45+
00:09#	00:26#	00:32#	00:13#	00:50#	00:11+	00:21#	00:35&	00:53@	01:35@	00:23#	00:21-	01:40&	02:53&	00:16#	00:17#	00:36#	00:10+	00:24#	00:45@	02:26&	01:11#	00:12+	00:03+
<b>9</b>	<b>Stefan Killberg</b>	<b>36</b>										<b>1:14:44</b>											
05:24+	08:35+	12:13+	13:34+	18:12+	22:30+	26:43+	28:54+	29:43+	30:54+	32:54+	34:23+	39:35+	45:32+	47:30+	49:36+	53:15+	56:47+	59:27+	60:13+	64:53+	71:28+	73:57+	74:44+
05:24+	03:11+	03:38+	01:21+	04:38+	04:18+	04:13+	02:11+	00:49+	01:11+	02:00+	01:29+	05:12+	05:57+	01:58+	02:06+	03:39+	03:32-	02:40+	00:46+	04:40+	06:35+	02:29+	00:47+
04:29@	00:17+	00:20#	00:00=	00:25+	01:38&	01:04&	00:08+	00:10&	00:35&	00:15#	00:03+	02:47@	01:25&	00:23#	00:04+	00:32#	00:04-	00:21#	00:17&	01:07&	00:55#	00:12+	00:05#
<b>10</b>	<b>Ole Jensen</b>	<b>88</b>										<b>1:17:20</b>											
01:16+	04:29+	08:50+	11:21+	16:28+	19:24+	23:09+	27:40+	30:02+	32:22+	34:04+	37:09+	43:17+	44:57+	49:30+	53:38+	58:09+	61:10+	62:42+	66:56+	73:43+	76:33+	77:20+	
01:16+	03:13+	04:21+	02:31+	05:07+	02:56+	03:45+	04:31+	02:22+	02:20+	01:42-	03:05+	06:08+	01:40-	04:33+	04:08+	04:31+	03:01-	01:32-	04:14+	06:47+	02:50-	00:47-	
00:21&	00:19#	01:03&	01:10&	00:54#	00:16#	00:36#	02:28@	01:43@	01:44@	00:03-	01:39@	03:43@	02:52-	02:58@	02:06@	01:24&	00:35-	00:47-	03:45@	03:14&	02:50-	01:30-	
<b>11</b>	<b>Keith Dawson</b>	<b>14</b>										<b>1:19:05</b>											
03:19+	07:17+	11:31+	13:26+	19:28+	22:34+	27:14+	29:43+	31:29+	34:06+	36:02+	39:34+	45:34+	47:45+	50:36+	54:40+	58:49+	62:36+	63:16+	67:49+	68:33+	75:50+	79:05+	
03:19+	03:58+	04:14+	01:55+	06:02+	03:06+	04:40+	02:29+	01:46+	02:37+	01:56+	03:32+	06:00+	02:11-	02:51+	04:04+	04:09+	03:47+	00:40-	04:33+	00:44-	07:17+	03:15+	
02:24@	01:04&	00:56&	00:34&	01:49&	00:26#	01:31&	00:26#	01:07@	02:01@	00:11#	02:06@	03:35@	02:21-	01:16&	02:02&	01:02&	00:11+	01:39-	04:04@	02:49-	01:37&	00:58&	
<b>12</b>	<b>Andreas Skov</b>	<b>20</b>										<b>1:21:04</b>											
01:13+	04:32+	09:13+	10:58+	16:00+	19:11+	22:42+	25:45+	28:32+	30:43+	31:54+	34:50+	43:05+	45:56+	48:52+	52:46+	57:14+	61:26+	62:22+	68:38+	77:22+	80:18+	81:04+	
01:13+	03:19+	04:41+	01:45+	05:02+	03:11+	03:31+	03:03+	02:47+	02:11+	01:11-	02:56+	08:15+	02:51-	02:56+	03:54+	04:28+	04:12+	00:56-	06:16+	08:44+	02:56-	00:46-	
00:18&	00:25#	01:23&	00:24&	00:49#	00:31#	00:22#	01:00&	02:08@	01:35@	00:34-	01:30@	05:50@	01:41-	01:21&	01:52&	01:21&	00:36#	01:23-	05:47@	05:11@	02:44-	01:31-	
<b>13</b>	<b>Torbjörn Jansson</b>	<b>13</b>										<b>1:21:55</b>											
01:20+	04:33+	08:08+	09:49+	17:02+	20:13+	23:42+	25:36+	26:17+	36:53+	39:00+	40:19+	42:55+	50:19+	51:53+	54:55+	58:37+	62:18+	65:40+	66:52+	71:03+	78:18+	81:01+	81:55+
01:20+	03:13+	03:35+	01:17+	07:13+	03:11+	03:29+	01:54-	00:41+	10:36+	02:07+	01:19-	02:36+	07:24+	01:34-	03:02+	03:42+	03:41+	03:22+	01:12+	04:11+	07:15+	02:43+	00:54+
00:25&	00:19#	00:17+	00:20#	03:00&	00:31#	00:20#	00:09-	00:02+	10:00@	00:22#	00:07-	00:11+	02:52&	00:01-	01:00&	00:35#	00:05+	01:03&	00:43@	00:38#	01:35&	00:26#	00:12&
<b>14</b>	<b>Kent Lodberg</b>	<b>54</b>										<b>1:23:51</b>											
01:22+	05:33+	10:15+	12:00+	17:40+	21:20+	25:23+	28:30+	29:09+	30:33+	33:15+	35:50+	39:36+	46:01+	48:25+	51:14+	55:43+	60:22+	64:07+	64:52+	71:09+	79:41+	82:49+	83:51+
01:22+	04:11+	04:42+	01:45+	05:40+	03:40+	04:03+	03:07+	00:39=	01:24+	02:42+	02:35+	03:46+	06:25+	02:24+	02:49+	04:29+	04:39+	03:45+	00:45+	06:17+	08:32+	03:08+	01:02+
00:27&	01:17&	01:24&	00:24&	01:27&	01:00&	00:54&	01:04&	00:00=	00:48@	00:57&	01:09&	01:21&	01:53&	00:49&	00:47&	01:22&	01:03&	01:26&	00:16&	02:44&	02:52&	00:51&	00:20&
<b>15</b>	<b>Svend Erik Hedevang</b>	<b>20</b>										<b>1:24:58</b>											
01:26+	05:07+	10:56+	12:29+	18:16+	21:34+	28:40+	30:37+	34:31+	36:07+	40:17+	47:12+	49:43+	52:22+	57:01+	61:37+	65:12+	67:05+	72:01+	80:45+	84:05+	84:58+		
01:26+	03:41+	05:49+	01:33+	05:47+	03:18+	07:06+	01:57-	03:54+	01:36+	04:10+	06:55+	02:31+	02:39-	04:39+	04:36+	03:35+	01:53-	04:56+	08:44+	03:20-	00:53-		
00:31&	00:47&	02:31&	00:12#	01:34&	00:38#	03:57@	00:06-	03:15@	01:00@	02:25@	05:29@	00:06+	01:53-	03:04@	02:34@	00:28#	01:43-	02:37@	08:15@	00:13-	04:47-		
<b>16</b>	<b>Jens Poulsen</b>	<b>Rngok</b>										<b>1:26:23</b>											
01:42+	05:27+	10:10+	11:54+	19:19+	22:08+	26:22+	29:34+	32:23+	34:38+	36:09+	45:33+	53:56+	55:51+	58:30+	61:53+	66:01+	69:42+	70:59+	75:58+	82:49+	85:35+	86:23+	
01:42+	03:45+	04:43+	01:44+	07:25+	02:49+	04:14+	03:12+	02:49+	02:15+	01:31-	09:24+	08:23+	01:55-	02:39+	03:23+	04:08+	03:41+	01:17-	04:59+	06:51+	02:46-	00:48-	
00:47&	00:51&	01:25&	00:23&	03:12&	00:09+	01:05&	01:09&	02:10@	01:39@	00:14-	07:58@	05:58@	02:37-	01:04&	01:21&	01:01&	00:05+	01:02-	04:30@	03:18&	02:54-	01:29-	
<b>17</b>	<b>Søren Tarp</b>	<b>Ok Pan</b>										<b>1:26:55</b>											
01:32+	05:31+	10:08+	12:10+	18:10+	21:37+	25:48+	29:16+	31:49+	34:25+	36:40+	40:30+	48:53+	51:10+	54:16+	59:14+	63:53+	68:04+	68:54+	74:14+	81:54+	85:55+	86:55+	
01:32+	03:59+	04:37+	02:02+	06:00+	03:27+	04:11+	03:28+	02:33+	02:36+	02:15+	03:50+	08:23+	02:17-	03:06+	04:58+	04:39+	04:11+	00:50-	05:20+	07:40+	04:01-	01:00-	
00:37&	01:05&	01:19&	00:41&	01:47&	00:47&	01:02&	01:25&	01:54@	02:00@	00:30&	02:24@	05:58@	02:15-	01:31&	02:56@	01:32&	00:35#	01:29-	04:51@	04:07@	01:39-	01:17-	
<b>18</b>	<b>Jan Johansen</b>	<b>71</b>										<b>1:28:05</b>											
01:28+	05:10+	09:34+	11:11+	16:49+	19:54+	24:31+	32:28+	33:27+	35:38+	38:13+	40:10+	46:38+	52:45+	54:20+	58:04+	62:25+	66:50+	70:53+	71:46+	76:40+	83:59+	87:12+	88:05+
01:28+	03:42+	04:24+	01:37+	05:38+	03:05+	04:37+	07:57+	00:59+	02:11+	02:35+	01:57+	06:28+	06:07+	01:35+	03:44+	04:21+	04:03+	00:53+	04:54+	07:19+	03:13+	00:53+	
00:33&	00:48&	01:06&	00:16#	01:25&	00:25#	01:28&	05:54@	00:20&	01:35@	00:50&	00:31&	04:03@	01:35&	00:00=	01:42&	01:14&	00:49#	01:44&	00:24&	01:21&	01:39&	00:56&	00:11&
<b>19</b>	<b>Poul Erik Bertelsen</b>	<b>20</b>										<b>1:28:11</b>											
01:55+	05:24+	09:07+	10:36+	16:27+	19:22+	23:05+	35:25+	37:49+	39:33+	42:33+	43:42+	46:30+	55:25+	57:07+	59:41+	63:27+	67:03+	71:08+	72:10+	76:48+	84:09+	87:26+	88:11+
01:55+	03:29+	03:43+	01:29+	05:51+	02:55+	03:43+	12:20+	02:24+	01:44+	03:00+	01:09-	02:48+	08:55+	01:42+	02:34+	03:46+	03:36=	04:05+	01:02+	04:38+	07:21+	03:17+	00:45+
01:00@	00:35#	00:25#	00:08+	01:38&	00:15+	00:34#	10:17@	01:45@	01:08@	01:15&	00:17-	00:23#	04:23&	00:07+	00:32&	00:39#	00:00=	01:46&	00:33@				

Class	Navn	Klasse	Tid																				
<b>21</b>	<b>Tony Brand-Barker</b>	<b>14</b>	<b>1:29:48</b>																				
01:27+	05:04+	10:05+	11:36+	16:56+	20:24+	24:35+	32:03+	32:50+	36:13+	38:29+	40:21+	43:39+	49:56+	51:38+	54:26+	58:28+	62:40+	66:16+	70:52+	77:29+	85:33+	88:55+	89:48+
01:27+	03:37+	05:01+	01:31+	05:20+	03:28+	04:11+	07:28+	00:47+	03:23+	02:16+	01:52+	03:18+	06:17+	01:42+	02:48+	04:02+	04:12+	03:36+	04:36+	06:37+	08:04+	03:22+	00:53+
00:32&	00:43#	01:43&	00:10#	01:07&	00:48&	01:02&	05:25#	00:08#	02:47@	00:31&	00:26&	00:53&	01:45&	00:07+	00:46&	00:55&	00:36#	01:17&	04:07@	03:04&	02:24&	01:05&	00:11&
<b>22</b>	<b>Flemming Vejsnaes</b>	<b>60</b>	<b>1:37:54</b>																				
01:20+	04:48+	08:36+	10:16+	21:15+	24:18+	28:07+	39:20+	40:56+	46:57+	50:53+	52:24+	55:27+	62:44+	65:07+	68:10+	72:14+	76:19+	80:01+	81:08+	85:49+	93:22+	96:57+	97:54+
01:20+	03:28+	03:48+	01:40+	10:59+	03:03+	03:49+	11:13+	01:36+	06:01+	03:56+	01:31+	03:03+	07:17+	02:23+	03:03+	04:04+	04:05+	03:42+	01:07+	04:41+	07:33+	03:35+	00:57+
00:25&	00:34#	00:30#	00:19#	06:46@	00:23#	00:40#	09:10@	00:57@	05:25@	02:11@	00:05+	00:38&	02:45&	00:48&	01:01&	00:57&	00:29#	01:23&	00:38@	01:08&	01:53&	01:18&	00:15&
<b>Beste stræktid for klassen</b>																							
00:55	02:38	02:52	01:01	04:04	02:26	02:52	01:47	00:35	00:36	01:09	00:57	02:15	01:35	01:34	01:55	03:04	01:53	00:37	00:24	00:44	00:53	00:46	00:42

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## M60

<b>1</b>	<b>Göran Andersson</b>	<b>33</b>	<b>1:00:06</b>																		
02:04=	04:28=	07:07=	12:32=	15:51=	19:04=	21:12=	22:36=	24:36=	26:12=	28:36=	35:06=	36:52=	43:45=	46:21=	46:59=	50:42=	54:20=	57:17=	59:27=	60:06=	
02:04=	02:24=	02:39=	05:25=	03:19=	03:13=	02:08=	01:24=	02:00=	01:36=	02:24=	06:30=	01:46=	06:53=	02:36=	00:38=	03:43=	03:38=	02:57=	02:10=	00:39=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
<b>2</b>	<b>Finn Johannsen</b>	<b>3</b>	<b>1:04:25</b>																		
02:24+	05:11+	07:44+	13:39+	17:05+	20:41+	22:52+	23:38+	25:07+	27:04+	28:23-	30:52-	37:44+	39:45-	46:17-	48:42+	49:14-	54:18-	58:04+	61:19+	63:41+	64:25+
02:24+	02:47+	02:33-	05:55+	03:26+	03:36+	02:11+	00:46-	01:29-	01:57+	01:19-	02:29-	06:52+	02:01-	06:32+	02:25+	00:32-	05:04+	03:46+	03:15+	02:22+	00:44+
00:20#	00:23#	00:06-	00:30+	00:07+	00:23#	00:03+	00:38-	00:31-	00:21#	01:05-	04:01-	05:06@	04:52-	03:56@	01:47@	03:11-	01:26&	00:49&	01:05&	01:43@	00:44+
<b>3</b>	<b>Sergej Sonnenberg</b>	<b>68</b>	<b>1:06:22</b>																		
02:12+	05:02+	07:45+	13:30+	17:33+	21:11+	22:58+	23:32+	24:42+	26:50+	28:00-	30:28-	37:10+	39:35-	47:26+	50:13+	50:48+	55:39+	59:41+	63:02+	65:37+	66:22+
02:12+	02:50+	02:43+	05:45+	04:03+	03:38+	01:47-	00:34-	01:10-	02:08+	01:10-	02:28-	06:42+	02:25-	07:51+	02:47+	00:35-	04:51+	04:02+	03:21+	02:35+	00:45+
00:08+	00:26#	00:04+	00:20+	00:44#	00:25#	00:21-	00:50-	00:50-	00:32&	01:14-	04:02-	04:56@	04:28-	05:15@	02:09@	03:08-	01:13&	01:05&	01:11&	01:56@	00:45+
<b>4</b>	<b>John Skovbjerg</b>	<b>Ok Pan</b>	<b>1:12:24</b>																		
06:35+	09:13+	11:56+	18:06+	23:14+	26:54+	28:53+	32:12+	34:47+	36:04+	39:54+	46:35+	48:53+	56:58+	57:38+	61:52+	65:41+	69:07+	71:34+	72:24+		
06:35+	02:38+	02:43+	06:10+	05:08+	03:40+	01:59+	03:19+	02:35+	01:17-	03:50+	06:41+	02:18+	08:05+	00:40-	04:14+	03:49+	03:26-	02:27-	00:50-		
04:31@	00:14+	00:04+	00:45#	01:49&	00:27#	00:09-	01:55@	00:35&	00:19-	01:26&	00:11+	00:32&	01:12#	01:56-	03:36@	00:06+	00:12-	00:30-	01:20-		
<b>5</b>	<b>Peter Müller</b>	<b>69</b>	<b>1:15:27</b>																		
02:20+	05:01+	08:00+	14:46+	16:37+	20:23+	24:38+	26:57+	27:23+	29:21+	31:40+	33:28-	37:31+	48:37+	55:59+	58:45+	59:48+	64:08+	68:06+	71:52+	74:39+	75:27+
02:20+	02:41+	02:59+	06:46+	01:51-	03:46+	04:15+	02:19+	00:26-	01:58+	02:19-	01:48-	04:03+	11:06+	07:22+	02:46+	01:03-	04:20+	03:58+	03:46+	02:47+	00:48+
00:16#	00:17#	00:20#	01:21#	01:28-	00:33#	02:07&	00:55&	01:34-	00:22#	00:05-	04:42-	02:17@	04:13&	04:46@	02:08@	02:40-	00:42#	01:01&	01:36&	02:08@	00:48+
<b>6</b>	<b>Harald Männel</b>	<b>67</b>	<b>1:15:32</b>																		
02:22+	05:05+	08:44+	14:52+	18:46+	22:26+	23:57+	27:20+	29:48+	30:59+	34:01+	44:16+	46:44+	54:24+	57:12+	57:46+	63:53+	67:59+	71:31+	74:16+	75:32+	
02:22+	02:43+	03:39+	06:08+	03:54+	03:40+	01:31-	03:23+	02:28+	01:11-	03:02+	10:15+	02:28+	07:40+	02:48+	00:34-	06:07+	04:06+	03:32+	02:45+	01:16+	
00:18#	00:19#	01:00&	00:43#	00:35#	00:27#	00:37-	01:59@	00:28#	00:25-	00:38&	03:45&	00:42&	00:47#	00:12+	00:04-	02:24&	00:28#	00:35#	00:35&	00:37&	
<b>7</b>	<b>Lars Pontén</b>	<b>24</b>	<b>1:16:15</b>																		
03:22+	06:18+	09:24+	16:05+	19:58+	24:12+	26:34+	28:36+	30:54+	32:49+	35:45+	43:39+	46:00+	54:14+	57:11+	57:51+	59:15+	64:28+	68:43+	72:27+	75:22+	76:15+
03:22+	02:56+	03:06+	06:41+	03:53+	04:14+	02:22+	02:02+	02:18+	01:55+	02:56+	07:54+	02:21+	08:14+	02:57+	00:40+	01:24-	05:13+	04:15+	03:44+	02:55+	00:53+
01:18&	00:32#	00:27#	01:16#	00:34#	01:01&	00:14#	00:38&	00:18#	00:19#	00:32#	01:24#	00:35&	01:21#	00:21#	00:02+	02:19-	01:35&	01:18&	01:34&	02:16@	00:53+
<b>8</b>	<b>John Rawden</b>	<b>14</b>	<b>1:17:34</b>																		
51:44+	54:39+	57:28+	64:31+	68:12+	72:11+	75:31+	77:34+														
51:44+	02:55+	02:49+	07:03+	03:41+	03:59+	03:20+	02:03+														
49:40@	00:31#	00:10+	01:38&	00:22#	00:46#	01:12&	00:39&														
<b>9</b>	<b>Michael Øhrstrøm</b>	<b>93</b>	<b>1:19:50</b>																		
03:38+	06:38+	09:39+	16:21+	20:21+	24:38+	27:12+	27:52+	29:23+	35:44+	37:29+	42:00+	49:08+	51:15+	58:42+	61:40+	62:20+	67:09+	71:23+	75:04+	78:56+	79:50+
03:38+	03:00+	03:01+	06:42+	04:00+	04:17+	02:34+	00:40-	01:31-	06:21+	01:45-	04:31-	07:08+	02:07-	07:27+	02:58+	00:40-	04:49+	04:14+	03:41+	03:52+	00:54+
01:34&	00:36#	00:22#	01:17#	00:41#	01:04&	00:26#	00:44-	00:29-	04:45@	00:39-	01:59-	05:22@	04:46-	04:51@	02:20@	03:03-	01:11&	01:17&	01:31&	03:13@	00:54+
<b>10</b>	<b>Jens Kristian Kjærgård</b>	<b>Ok Pan</b>	<b>1:22:17</b>																		
02:46+	05:59+	09:11+	19:09+	24:06+	28:37+	32:46+	33:38+	34:40+	37:28+	38:56+	42:19+	50:00+	52:37+	60:08+	63:56+	64:38+	69:48+	74:21+	78:16+	81:22+	82:17+
02:46+	03:13+	03:12+	09:58+	04:57+	04:31+	04:09+	00:52-	01:02-	02:48+	01:28-	03:23-	07:41+	02:37-	07:31+	03:48+	00:42-	05:10+	04:33+	03:55+	03:06+	00:55+
00:42&	00:49&	00:33#	04:33&	01:38&	01:18&	02:01&	00:32-	00:58-	01:12&	00:56-	03:07-	05:55@	04:16-	04:55@	03:10@	03:01-	01:32&	01:36&	01:45&	02:27@	00:55+
<b>11</b>	<b>Esa Juura</b>	<b>Kansu</b>	<b>1:22:28</b>																		
06:41+	09:27+	12:27+	22:09+	26:46+	30:34+	32:34+	34:36+	37:20+	38:48+	42:47+	49:46+	54:38+	62:24+	65:12+	65:52+	70:29+	74:40+	78:07+	81:37+	82:28+	
06:41+	02:46+	03:00+	09:42+	04:37+	03:48+	02:00-	02:02+	02:44+	01:28-	03:59+	06:59+	04:52+	07:46+	02:48+	00:40+	04:37+	04:11+	03:27+	03:30+	00:51+	
04:37@	00:22#	00:21#	04:17&	01:18&	00:35#	00:08-	00:38&	00:44&	00:08-	01:35&	00:29+	03:06@	00:53#	00:12+	00:02+	00:54#	00:33#	00:30#	01:20&	00:12&	

Class	Navn	Klasse	Tid
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<b>12</b>	<b>Henrik Møller</b>	<b>59</b>	<b>1:23:49</b>																		
03:25+	07:55+	10:58+	20:55+	24:48+	29:54+	31:37+	34:38+	36:26+	38:46+	40:26+	44:30+	53:57+	56:08+	63:54+	66:52+	67:51+	73:05+	76:45+	80:09+	82:58+	83:49+
03:25+	04:30+	03:03+	09:57+	03:53+	05:06+	01:43-	03:01+	01:48-	02:20+	01:40-	04:04-	09:27+	02:11-	07:46+	02:58+	00:59-	05:14+	03:40+	03:24+	02:49+	00:51+
01:21&	02:06&	00:24#	04:32&	00:34#	01:53&	00:25-	01:37@	00:12-	00:44&	00:44-	02:26-	07:41@	04:42-	05:10@	02:20@	02:44-	01:36&	00:43#	01:14&	02:10@	00:51+

<b>13</b>	<b>Per Seidelin</b>	<b>42</b>	<b>1:31:18</b>																		
03:04+	06:20+	10:04+	18:43+	23:25+	27:46+	31:53+	34:54+	38:25+	41:29+	42:58+	48:08+	56:58+	59:37+	68:23+	71:37+	72:27+	78:08+	83:03+	87:08+	90:22+	91:18+
03:04+	03:16+	03:44+	08:39+	04:42+	04:21+	04:07+	03:01+	03:31+	03:04+	01:29-	05:10-	08:50+	02:39-	08:46+	03:14+	00:50-	05:41+	04:55+	04:05+	03:14+	00:56+
01:00&	00:52&	01:05&	03:14&	01:23&	01:08&	01:59&	01:37@	01:31&	01:28&	00:55-	01:20-	07:04@	04:14-	06:10@	02:36@	02:53-	02:03&	01:58&	01:55&	02:35@	00:56+

<b>14</b>	<b>Ole Andersen</b>	<b>20</b>	<b>1:31:32</b>																	
03:58+	07:31+	11:27+	18:07+	22:16+	27:03+	30:12+	33:30+	37:15+	39:35+	45:49+	53:31+	56:43+	65:48+	70:53+	72:26+	78:25+	83:08+	87:13+	90:32+	91:32+
03:58+	03:33+	03:56+	06:40+	04:09+	04:47+	03:09+	03:18+	03:45+	02:20+	06:14+	07:42+	03:12+	09:05+	05:05+	01:33+	05:59+	04:43+	04:05+	03:19+	01:00+
01:54&	01:09&	01:17&	01:15#	00:50&	01:34&	01:01&	01:54@	01:45&	00:44&	03:50@	01:12#	01:26&	02:12&	02:29&	00:55@	02:16&	01:05&	01:08&	01:09&	00:21&

<b>15</b>	<b>Eero Niemi</b>	<b>79</b>	<b>1:31:41</b>																		
03:01+	06:32+	10:08+	17:40+	22:25+	27:10+	29:44+	30:26+	32:17+	35:03+	37:30+	43:20+	52:53+	56:22+	64:48+	69:15+	70:05+	76:34+	81:59+	86:43+	90:28+	91:41+
03:01+	03:31+	03:36+	07:32+	04:45+	04:45+	02:34+	00:42-	01:51-	02:46+	02:27+	05:50-	09:33+	03:29-	08:26+	04:27+	00:50-	06:29+	05:25+	04:44+	03:45+	01:13+
00:57&	00:55&	00:57&	02:07&	01:26&	01:32&	00:26#	00:42-	00:09-	01:10&	00:03+	00:40-	07:47@	03:24-	05:50@	03:49@	02:53-	02:51&	02:28&	02:34@	03:06@	01:13+

<b>16</b>	<b>Kim Folmann</b>	<b>82</b>	<b>1:32:36</b>																	
02:57+	06:16+	09:42+	18:46+	22:37+	27:14+	33:33+	35:36+	40:35+	42:24+	46:14+	55:17+	57:38+	67:29+	71:26+	72:15+	79:00+	83:55+	88:07+	91:38+	92:36+
02:57+	03:19+	03:26+	09:04+	03:51+	04:37+	06:19+	02:03+	04:59+	01:49+	03:50+	09:03+	02:21+	09:51+	03:57+	00:49+	06:45+	04:55+	04:12+	03:31+	00:58+
00:53&	00:55&	00:47&	03:39&	00:32#	01:24&	04:11@	00:39&	02:59@	00:13#	01:26&	02:33&	00:35&	02:58&	01:21&	00:11&	03:02&	01:17&	01:15&	01:21&	00:19&

<b>17</b>	<b>Kurt Lyndgård</b>	<b>Ok Pan</b>	<b>1:34:02</b>																	
03:02+	06:05+	09:34+	16:49+	22:58+	27:19+	31:10+	35:46+	38:28+	40:33+	44:48+	55:51+	58:31+	68:25+	73:17+	74:52+	80:52+	85:43+	89:42+	93:09+	94:02+
03:02+	03:03+	03:29+	07:15+	06:09+	04:21+	03:51+	04:36+	02:42+	02:05+	04:15+	11:03+	02:40+	09:54+	04:52+	01:35+	06:00+	04:51+	03:59+	03:27+	00:53+
00:58&	00:39&	00:50&	01:50&	02:50&	01:08&	01:43&	03:12@	00:42&	00:29&	01:51&	04:33&	00:54&	03:01&	02:16&	00:57@	02:17&	01:13&	01:02&	01:17&	00:14&

<b>18</b>	<b>Flemming Johannsen</b>	<b>78</b>	<b>1:39:56</b>																			
03:37+	07:03+	10:50+	21:39+	25:44+	31:38+	36:51+	41:23+	42:13+	44:31+	47:19+	48:42+	52:19+	61:51+	64:55+	75:41+	79:49+	80:46+	86:08+	91:02+	95:15+	98:58+	99:56+
03:37+	03:26+	03:47+	10:49+	04:05+	05:54+	05:13+	04:32+	00:50-	02:18+	02:48+	01:23-	03:37+	09:32+	03:04+	10:46+	04:08+	00:57-	05:22+	04:54+	04:13+	03:43+	00:58+
01:33&	01:02&	01:08&	05:24&	00:46#	02:41&	03:05@	03:08@	01:10-	00:42&	00:24#	05:07-	01:51@	02:39&	00:28#	10:08@	00:25#	02:41-	02:25&	02:44@	03:34@	03:43+	00:58+

<b>19</b>	<b>Hans Vendelbjerg</b>	<b>Ok Pan</b>	<b>1:52:45</b>																	
02:52+	06:54+	10:29+	23:25+	29:16+	33:44+	37:36+	44:32+	48:59+	50:47+	57:08+	69:04+	71:38+	86:24+	90:11+	91:00+	97:18+	102:40+	107:17+	111:47+	112:45+
02:52+	04:02+	03:35+	12:56+	05:51+	04:28+	03:52+	06:56+	04:27+	01:48+	06:21+	11:56+	02:34+	14:46+	03:47+	00:49+	06:18+	05:22+	04:37+	04:30+	00:58+
00:48&	01:38&	00:56&	07:31@	02:32&	01:15&	01:44&	05:32@	02:27@	00:12#	03:57@	05:26&	00:48&	07:53@	01:11&	00:11&	02:35&	01:44&	01:40&	02:20@	00:19&

**Beste stræktid for klassen**  
 02:04 02:24 02:33 05:25 01:51 03:13 01:31 00:34 00:26 01:11 01:10 01:23 01:46 02:01 00:40 00:34 00:32 00:57 02:27 00:50 00:39  
 = Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

**M65**

<b>1</b>	<b>Jørgen Nielsen</b>	<b>1</b>	<b>1:02:32</b>																			
02:34=	04:52=	10:50=	11:47=	12:37=	15:34=	18:03=	19:21=	21:50=	27:58=	31:27=	35:32=	38:22=	41:27=	44:02=	47:15=	49:06=	54:35=	57:29=	60:05=	61:01=	61:42=	62:32=
02:34=	02:18=	05:58=	00:57=	00:50=	02:57=	02:29=	01:18=	02:29=	06:08=	03:29=	04:05=	02:50=	03:05=	02:35=	03:13=	01:51=	05:29=	02:54=	02:36=	00:56=	00:41=	00:50=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

<b>2</b>	<b>Niels Duedahl</b>	<b>65</b>	<b>1:08:17</b>																		
02:13-	05:54+	11:58+	13:07+	15:55+	19:00+	20:08+	22:51+	29:23+	32:45+	36:32+	38:47+	42:35+	45:20+	48:57+	50:39+	56:09+	64:20+	65:50+	66:38+	67:32+	68:17+
02:13-	03:41+	06:04+	01:09+	02:48+	03:05+	01:08-	02:43+	06:32+	03:22-	03:47+	02:15-	03:48+	02:45-	03:37+	01:42-	05:30+	08:11+	01:30-	00:48-	00:54-	00:45+
00:21-	01:23&	00:06+	00:12#	01:58@	00:08+	01:21-	01:25@	04:03@	02:46-	00:18+	01:50-	00:58&	00:20-	01:02&	01:31-	03:39@	02:42&	01:24-	01:48-	00:02-	00:04+

<b>3</b>	<b>Walter Rahm</b>	<b>66</b>	<b>1:19:00</b>																	
02:52+	05:27+	13:11+	14:12+	17:03+	19:54+	21:36+	27:16+	35:54+	40:22+	44:12+	46:51+	50:28+	55:44+	59:52+	64:09+	70:35+	74:30+	76:23+	78:05+	79:00+
02:52+	02:35+	07:44+	01:01+	02:51+	02:51-	01:42-	05:40+	08:38+	04:28-	03:50+	02:39-	03:37+	05:16+	04:08+	04:17+	06:26+	03:55-	01:53-	00:55-	00:55-
00:18#	00:17#	01:46&	00:04+	02:01@	00:06-	00:47-	04:22@	06:09@	01:40-	00:21#	01:26-	00:47&	02:11&	01:33&	01:04&	04:35@	01:34-	01:01-	00:54-	00:01-

<b>4</b>	<b>Anders Thomasson</b>	<b>91</b>	<b>1:19:29</b>																					
01:34-	04:51-	07:21-	15:24+	16:38+	19:44+	23:57+	25:17+	30:45+	34:30+	35:37+	37:38+	44:22+	48:37+	52:59+	55:25+	58:11+	60:48+	64:27+	66:44+	72:49+	75:28+	76:52+	78:46+	79:29+
01:34-	03:17+	02:30-	08:03+	01:14+	03:06+	04:13+	01:20+	05:28+	03:45-	01:07-	02:01-	06:44+	04:15+	04:22+	02:26-	02:46+	02:37-	03:39+	02:17-	06:05+	02:39+	01:24+	01:54+	00:43+
01:00-	00:59&	03:28-	07:06@	00:24&	00:09+	01:44&	00:02+	02:59@	02:23-	02:22-	02:04-	03:54@	01:10&	01:47&	00:47-	00:55&	02:52-	00:45&	00:19-	05:09@	01:58@	00:34&	01:54+	00:43+

<b>5</b>	<b>Claes Lindberg</b>	<b>41</b>	<b>1:24:15</b>																	
03:06+	06:18+	13:34+	14:44+	17:52+	20:38+	23:05+	28:31+	37:08+	42:07+	46:30+	49:23+	53:51+	61:37+	67:04+	69:03+	75:40+	79:25+	81:31+	83:24+	84:15+
03:06+	03:12+	07:16+	01:10+	03:08+	02:46-	02:27-	05:26+	08:37+	04:59-	04:23+	02:53-	04:28+	07:46+	05:27+	01:59-	06:37+	03:45-	02:06-	01:53-	00:51-
00:32#	00:54&	01:18#	00:13#	02:18@	00:11-	00:02-	04:08@	06:08@	01:09-	00:54&	01:12-	01:38&	04:41@	02:52@	01:14-	04:46@	01:44-	00:48-	00:43-	00:05-

Class	Navn	Klasse	Tid
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<b>6</b>	<b>Esbjörn Andren</b>	<b>36</b>	<b>1:26:06</b>																			
01:32=	06:00+	08:39=	16:47+	17:59+	23:04+	25:55+	28:21+	37:03+	44:37+	49:19+	53:34+	55:48+	59:27+	62:44+	67:40+	71:56+	77:58+	81:40+	83:44+	84:34+	85:22+	86:06+
01:32=	04:28+	07:35=	08:08+	01:12+	05:05+	02:51+	02:26+	08:42+	07:34+	04:42+	04:15+	02:14=	03:39+	03:17+	04:56+	04:16+	06:02+	03:42+	02:04=	00:50=	00:48+	00:44=
01:02=	02:10&	03:19=	07:11@	00:22&	02:08&	00:22#	01:08&	06:13@	01:26#	01:13&	00:10+	00:36=	00:34#	00:42&	01:43&	02:25@	00:33#	00:48&	00:32=	00:06=	00:07#	00:06=

<b>7</b>	<b>Michael Dickenson</b>	<b>92</b>	<b>1:30:43</b>																		
02:41+	05:10+	12:45+	16:42+	19:52+	26:00+	28:16+	32:27+	40:14+	43:57+	49:16+	53:23+	58:36+	62:09+	70:17+	72:43+	80:39+	85:03+	87:15+	88:29+	89:29+	90:43+
02:41+	02:29+	07:35+	03:57+	03:10+	06:08+	02:16=	04:11+	07:47+	03:43=	05:19+	04:07+	05:13+	03:33+	08:08+	02:26=	07:56+	04:24=	02:12=	01:14=	01:00+	01:14+
00:07+	00:11+	01:37&	03:00@	02:20@	03:11@	00:13=	02:53@	05:18@	02:25=	01:50&	00:02+	02:23&	00:28#	05:33@	00:47=	06:05@	01:05=	00:42=	01:22=	00:04+	00:33&

<b>8</b>	<b>Kaj Kaspersen</b>	<b>20</b>	<b>1:31:00</b>																
03:04+	05:46+	15:22+	16:45+	22:17+	28:29+	31:52+	35:37+	45:01+	49:44+	54:12+	57:24+	62:43+	66:09+	72:15+	75:22+	82:44+	87:11+	89:11+	91:00+
03:04+	02:42+	09:36+	01:23+	05:32+	06:12+	03:23+	03:45+	09:24+	04:43=	04:28+	03:12=	05:19+	03:26+	06:06+	03:07=	07:22+	04:27=	02:00=	01:49=
00:30#	00:24#	03:38&	00:26&	04:42@	03:15@	00:54&	02:27@	06:55@	01:25=	00:59&	00:53=	02:29&	00:21#	03:31@	00:06=	05:31@	01:02=	00:54=	00:47=

<b>9</b>	<b>Wilbert Lyngsø</b>	<b>92</b>	<b>1:41:15</b>																		
04:27+	09:21+	18:04+	19:57+	24:07+	27:33+	29:44+	35:54+	47:00+	52:06+	57:21+	60:02+	64:49+	69:00+	79:16+	82:16+	90:45+	95:49+	97:59+	99:00+	100:07+	101:15+
04:27+	04:54+	08:43+	01:53+	04:10+	03:26+	02:11=	06:10+	11:06+	05:06=	05:15+	02:41=	04:47+	04:11+	10:16+	03:00=	08:29+	05:04=	02:10=	01:01=	01:07+	01:08+
01:53&	02:36@	02:45&	00:56&	03:20@	00:29#	00:18=	04:52@	08:37@	01:02=	01:46&	01:24=	01:57&	01:06&	07:41@	00:13=	06:38@	00:25=	00:44=	01:35=	00:11#	00:27&

<b>Beste stræktid for klassen</b>	01:32	02:18	02:30	00:57	00:50	02:46	01:08	01:18	02:29	03:22	01:07	02:01	02:14	02:45	02:35	01:42	01:51	02:37	01:30	00:48	00:50	00:41	00:44
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## M70

<b>1</b>	<b>Jes Steen</b>	<b>Ok Øst</b>	<b>1:11:17</b>															
01:52=	06:49=	11:18=	13:36=	18:54=	23:03=	30:14=	32:45=	36:03=	37:46=	42:07=	49:25=	55:07=	58:57=	61:34=	64:33=	65:50=	70:30=	71:17=
01:52=	04:57=	04:29=	02:18=	05:18=	04:09=	07:11=	02:31=	03:18=	01:43=	04:09=	07:18=	05:42=	03:50=	02:37=	02:59=	01:17=	04:40=	00:47=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

<b>2</b>	<b>Ole Hoffmann</b>	<b>48</b>	<b>1:18:04</b>															
01:50=	06:01=	10:27=	13:58+	19:02+	23:13+	28:21=	30:47=	35:14=	37:26=	42:04=	60:02+	64:09+	67:12+	68:47+	71:37+	73:06+	77:07+	78:04+
01:50=	04:11=	04:26=	03:31+	05:04=	04:11+	05:08=	02:26=	04:27+	02:12+	04:38+	17:58+	04:07=	03:03=	01:35=	02:50=	01:29+	04:01=	00:57+
00:02=	00:46=	00:03=	01:13&	00:14=	00:02+	02:03=	00:05=	01:09&	00:29&	00:17+	10:40@	01:35=	00:47=	01:02=	00:09=	00:12#	00:39=	00:10#

<b>3</b>	<b>Flemming Nørgaard</b>	<b>Ok Pan</b>	<b>1:18:26</b>															
01:59+	07:30+	12:50+	15:53+	21:53+	27:13+	33:49+	36:44+	42:08+	44:15+	48:15+	57:49+	62:57+	66:37+	68:39+	71:54+	73:31+	77:30+	78:26+
01:59+	05:31+	05:20+	03:03+	06:00+	05:20+	06:36=	02:55+	05:24+	02:07+	04:00=	09:34+	05:08=	03:40=	02:02=	03:15+	01:37+	03:59=	00:56+
00:07+	00:34#	00:53#	00:45&	00:42#	01:11&	00:35=	00:24#	02:06&	00:24#	00:21=	02:16&	00:34=	00:10=	00:35=	00:16+	00:20&	00:41=	00:09#

<b>4</b>	<b>Jan Hausner</b>	<b>Ok Sg</b>	<b>1:18:49</b>															
02:14+	06:13=	12:16+	15:29+	20:54+	25:53+	32:36+	34:37+	38:27+	40:34+	44:54+	55:21+	63:05+	66:59+	69:07+	72:19+	73:47+	77:45+	78:49+
02:14+	03:59=	06:03+	03:13+	05:25+	04:59+	06:43=	02:01=	03:50+	02:07+	04:20=	10:27+	07:44+	03:54+	02:08=	03:12+	01:28+	03:58=	01:04+
00:22#	00:58=	01:34&	00:55&	00:07+	00:50#	00:28=	00:30=	00:32#	00:24#	00:01=	03:09&	02:02&	00:04+	00:29=	00:13+	00:11#	00:42=	00:17&

<b>5</b>	<b>Ronny Hedlund</b>	<b>61</b>	<b>1:22:19</b>															
02:08+	07:12+	13:36+	16:52+	24:13+	28:58+	35:59+	38:18+	41:40+	43:41+	48:46+	58:27+	65:58+	69:40+	72:25+	75:55+	77:36+	81:22+	82:19+
02:08+	05:04+	06:24+	03:16+	07:21+	04:45+	07:01=	02:19=	03:22+	02:01+	05:05+	09:41+	07:31+	03:42=	02:45+	03:30+	01:41+	03:46=	00:57+
00:16#	00:07+	01:55&	00:58&	02:03&	00:36#	00:10=	00:12=	00:04+	00:18#	00:44#	02:23&	01:49&	00:08=	00:08+	00:31#	00:24&	00:54=	00:10#

<b>6</b>	<b>Claes-Göran Lundberg</b>	<b>91</b>	<b>1:23:19</b>															
01:57+	07:04+	12:22+	14:57+	25:35+	29:59+	35:23+	38:29+	42:58+	44:40+	49:18+	58:11+	65:39+	72:09+	74:05+	76:52+	78:44+	82:29+	83:19+
01:57+	05:07+	05:18+	02:35+	10:38+	04:24+	05:24=	03:06+	04:29+	01:42=	04:38+	08:53+	07:28+	06:30+	01:56=	02:47=	01:52+	03:45=	00:50+
00:05+	00:10+	00:49#	00:17#	05:20@	00:15+	01:47=	00:35#	01:11&	00:01=	00:17+	01:35#	01:46&	02:40&	00:41=	00:12=	00:35&	00:55=	00:03+

<b>7</b>	<b>Søren Bjørnøen</b>	<b>65</b>	<b>1:25:28</b>						
02:22+	30:10+	46:28+	55:20+	61:18+	64:53+	70:42+	73:53+	84:01+	85:28+
02:22+	27:48+	16:18+	08:52+	05:58+	03:35=	05:49=	03:11+	10:08+	01:27=
00:30&	22:51@	11:49@	06:34@	00:40#	00:34=	01:22=	00:40&	06:50@	00:16=

<b>8</b>	<b>Wolf Eberle</b>	<b>23</b>	<b>1:27:27</b>															
01:56+	07:38+	12:53+	16:44+	28:19+	32:28+	38:38+	40:45+	46:23+	48:19+	52:24+	62:57+	68:41+	76:52+	78:43+	81:36+	83:01+	86:33+	87:27+
01:56+	05:42+	05:15+	03:51+	11:35+	04:09=	06:10=	02:07=	05:38+	01:56+	04:05=	10:33+	05:44+	08:11+	01:51=	02:53=	01:25+	03:32=	00:54+
00:04+	00:45#	00:46#	01:33&	06:17@	00:00=	01:01=	00:24=	02:20&	00:13#	00:16=	03:15&	00:02+	04:21@	00:46=	00:06=	00:08#	01:08=	00:07#

<b>9</b>	<b>John Rasmussen</b>	<b>77</b>	<b>1:31:21</b>															
02:10+	08:48+	15:32+	20:19+	26:29+	31:44+	39:53+	41:52+	46:39+	48:44+	53:55+	66:35+	74:26+	78:32+	80:38+	83:47+	85:40+	90:24+	91:21+
02:10+	06:38+	06:44+	04:47+	06:10+	05:15+	08:09+	01:59=	04:47+	02:05+	05:11+	12:40+	07:51+	04:06+	02:06=	03:09+	01:53+	04:44+	00:57+
00:18#	01:41&	02:15&	02:29@	00:52#	01:06&	00:58#	00:32=	01:29&	00:22#	00:50#	05:22&	02:09&	00:16+	00:31=	00:10+	00:36&	00:04+	00:10#







Class	Navn	Klasse										Tid													
<b>17</b>	<b>Vaclav Simon</b>	<b>40</b>										<b>1:37:32</b>													
01:13+	04:40+	07:36+	10:23+	15:09+	15:54+	19:12+	26:37+	30:31+	31:52+	39:34+	41:54+	43:12+	44:36+	47:10+	48:29+	54:46+	56:45+	58:56+	65:18+	71:09+	74:51+	75:57+	80:24+	84:49+	91:36+
01:13+	03:27+	02:56+	02:47+	04:46+	00:45-	03:18-	07:25+	03:54+	01:21-	07:42+	02:20+	01:18+	01:24-	02:34+	01:19-	06:17+	01:59+	02:11-	06:22+	05:51+	03:42+	01:06-	04:27+	04:25-	06:47+
00:23&	01:14&	01:01&	01:02&	02:21&	01:40-	01:13-	04:29@	02:37@	01:43-	06:12@	01:31@	00:15#	03:28-	01:36@	02:45-	05:10@	00:19#	00:21-	03:22@	03:10@	03:02@	01:46-	01:14&	00:31-	05:15@
94:03+	96:45+	97:32+																							
02:27+	02:42+	00:47+																							
00:38&	02:08@	00:47+																							

### Beste stræktid for klassen

00:50	02:06	01:55	01:19	02:00	00:29	02:25	00:51	00:58	00:58	01:11	00:32	00:51	00:50	00:47	01:06	00:50	01:29	01:11	01:43	02:34	00:33	00:38	00:37	03:01	01:32	01:38
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## Men Long

<b>1</b>	<b>Christian Peter Maclassen</b>	<b>29</b>										<b>1:02:26</b>														
02:12=	03:53=	05:48=	10:03=	14:35=	17:59=	21:54=	23:50=	25:52=	26:55=	29:25=	34:59=	36:49=	39:54=	43:18=	45:42=	49:01=	52:27=	57:58=	59:42=	61:47=	62:26=					
02:12=	01:41=	01:55=	04:15=	04:32=	03:24=	03:55=	01:56=	02:02=	01:03=	02:30=	05:34=	01:50=	03:05=	03:24=	02:24=	03:19=	03:26=	05:31=	01:44=	02:05=	00:39=					
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Mikkel brunsted Nørgaard</b>	<b>65</b>										<b>1:05:56</b>														
00:53-	02:50-	04:51-	09:11-	14:26-	17:46-	21:37-	23:35-	26:07+	27:27+	30:37+	36:31+	38:35+	41:55+	46:01+	48:37+	51:57+	55:15+	61:06+	63:01+	65:16+	65:56+					
00:53-	01:57+	02:01+	04:20+	05:15+	03:20-	03:51-	01:58+	02:32+	01:20+	03:10+	05:54+	02:04+	03:20+	04:06+	02:36+	03:20+	03:18-	05:51+	01:55+	02:15+	00:40+					
01:19-	00:16#	00:06+	00:05+	00:43#	00:04-	00:04-	00:02+	00:30#	00:17&	00:40&	00:20+	00:14#	00:15+	00:42#	00:12+	00:01+	00:08-	00:20+	00:11#	00:10+	00:01+					
<b>3</b>	<b>Noah T. Hoffmann</b>	<b>54</b>										<b>1:06:30</b>														
00:57-	02:55-	04:52-	09:05-	14:19-	17:30-	22:30+	25:47+	28:12+	29:29+	32:24+	38:12+	40:04+	43:03+	46:33+	49:07+	52:19+	55:38+	61:41+	63:38+	65:45+	66:30+					
00:57-	01:58+	01:57+	04:13-	05:14+	03:11-	05:00+	03:17+	04:03+	01:38-	02:25+	01:17+	02:55+	05:48+	01:52+	02:59-	03:30+	02:34+	03:12-	06:03+	01:57+	02:07+	00:45+				
01:15-	00:17#	00:02+	00:02-	00:42#	00:13-	01:05&	01:21&	00:23#	00:14#	00:25#	00:14+	00:02+	00:06-	00:06+	00:10+	00:07-	00:07-	00:32+	00:13#	00:02+	00:06#					
<b>4</b>	<b>Daniel Steen</b>	<b>18</b>										<b>1:06:38</b>														
00:56-	02:45-	04:41-	08:56-	13:54-	17:25-	21:28-	23:06-	25:32-	26:47-	29:28+	35:51+	38:00+	41:28+	44:54+	47:35+	52:18+	55:46+	61:51+	63:46+	66:01+	66:38+					
00:56-	01:49+	01:56+	04:15=	04:58+	03:31+	04:03+	01:38-	02:26+	01:15+	02:41+	06:23+	02:09+	03:28+	03:26+	02:41+	04:43+	03:28+	06:05+	01:55+	02:15+	00:37-					
01:16-	00:08+	00:01+	00:00=	00:26+	00:07+	00:08+	00:18-	00:24#	00:12#	00:11+	00:49#	00:19#	00:23#	00:02+	00:17#	01:24&	00:02+	00:34#	00:11#	00:10+	00:02-					
<b>5</b>	<b>Tobias Steen</b>	<b>18</b>										<b>1:07:53</b>														
00:59-	02:42-	04:33-	09:15-	14:09-	17:25-	21:47-	24:12+	26:26+	27:35+	30:16+	36:28+	38:30+	41:45+	45:41+	48:10+	51:35+	55:01+	63:16+	64:59+	67:14+	67:53+					
00:59-	01:43+	01:51-	04:42+	04:54+	03:16-	04:22+	02:25+	02:14+	01:09+	02:41+	06:12+	02:02+	03:15+	03:56+	02:29+	03:25+	03:26=	08:15+	01:43-	02:15+	00:39=					
01:13-	00:02+	00:04-	00:27#	00:22+	00:08-	00:27#	00:29#	00:12+	00:06+	00:11+	00:38#	00:12#	00:10+	00:32#	00:05+	00:06+	00:00=	02:44&	00:01-	00:10+	00:00=					
<b>6</b>	<b>Martin Sundin</b>	<b>55</b>										<b>1:15:18</b>														
05:58+	07:54+	10:31+	14:55+	20:44+	24:07+	29:00+	30:49+	33:16+	34:35+	37:46+	44:52+	47:08+	50:19+	53:46+	56:25+	60:12+	64:07+	70:28+	72:35+	74:40+	75:18+					
05:58+	01:56+	02:37+	04:24+	05:49+	03:23-	04:53+	01:49-	02:27+	01:19+	03:11+	07:06+	02:16+	03:11+	03:27+	02:39+	03:47+	03:55+	06:21+	02:07+	02:05=	00:38-					
03:46@	00:15#	00:42&	00:09+	01:17&	00:01-	00:58#	00:07-	00:25#	00:16&	00:41&	01:32&	00:26#	00:06+	00:03+	00:15#	00:28#	00:29#	00:50#	00:23#	00:00=	00:01-					
<b>7</b>	<b>Lasse Jansson</b>	<b>7</b>										<b>1:15:34</b>														
01:10-	03:28-	05:24-	09:50-	14:51+	18:10+	23:46+	25:55+	27:36+	31:42+	33:04+	35:53+	43:35+	45:50+	49:37+	53:12+	55:52+	59:49+	64:37+	70:40+	72:36+	74:54+	75:34+				
01:10-	02:18+	01:56+	04:26+	05:01+	03:19-	05:36+	02:09+	01:41-	04:06+	01:22-	02:49-	07:42+	02:15-	03:47+	03:35+	02:40-	03:57+	04:48-	06:03+	01:56-	02:18+	00:40+				
01:02-	00:37&	00:01+	00:11+	00:29#	00:05-	01:41&	00:13#	00:21-	03:03@	01:08-	02:45-	05:52@	00:50-	00:23#	01:11&	00:39-	00:31#	00:43-	04:19@	00:09-	01:39@	00:40+				
<b>8</b>	<b>Ulf Andersson</b>	<b>18</b>										<b>1:23:04</b>														
01:18-	03:16-	05:40-	11:01+	16:22+	20:12+	25:36+	28:41+	31:21+	32:55+	36:25+	44:41+	47:39+	51:54+	56:37+	60:30+	65:36+	69:57+	77:02+	79:20+	82:15+	83:04+					
01:18-	01:58+	02:24+	05:21+	05:21+	03:50+	05:24+	03:05+	02:40+	01:34+	03:30+	08:16+	02:58+	04:15+	04:43+	03:53+	05:06+	04:21+	07:05+	02:18+	02:55+	00:49+					
00:54-	00:17#	00:29&	00:16&	00:49#	00:26#	01:29#	01:09&	00:38&	00:31&	01:00&	02:42&	01:08&	01:10&	01:19&	01:29&	01:47&	00:55&	01:34&	00:34&	00:50&	00:10&					
<b>9</b>	<b>Steen Leisner Larsen</b>	<b>1</b>										<b>1:32:31</b>														
01:33-	03:58+	06:34+	12:25+	18:44+	22:46+	28:40+	31:35+	35:20+	36:55+	39:55+	48:53+	51:56+	56:38+	61:30+	65:07+	70:01+	77:18+	86:04+	88:41+	91:42+	92:31+					
01:33-	02:25+	02:36+	05:51+	06:19+	04:02+	05:54+	02:55+	03:45+	01:35+	03:00+	08:58+	03:03+	04:42+	04:52+	03:37+	04:54+	07:17+	08:46+	02:37+	03:01+	00:49+					
00:39-	00:44&	00:41&	01:36&	01:47&	00:38#	01:59&	00:59&	01:43&	00:32&	00:30#	03:24&	01:13&	01:37&	01:28&	01:13&	01:35&	03:51@	03:15&	00:53&	00:56&	00:10&					
<b>10</b>	<b>Ingvar Braaten</b>	<b>45</b>										<b>1:39:56</b>														
01:41-	04:07+	07:01+	14:36+	21:33+	26:26+	32:20+	36:12+	39:46+	41:45+	45:27+	54:49+	58:09+	63:19+	67:54+	72:15+	78:15+	83:36+	93:11+	95:48+	98:59+	99:56+					
01:41-	02:26+	02:54+	07:35+	06:57+	04:53+	05:54+	03:52+	03:34+	01:59+	03:42+	09:22+	03:20+	05:10+	04:35+	04:21+	06:00+	05:21+	09:35+	02:37+	03:11+	00:57+					
00:31-	00:45&	00:59&	03:20&	02:25&	01:29&	01:59&	01:56&	01:32&	00:56&	01:12&	03:48&	01:30&	02:05&	01:11&	01:57&	02:41&	01:55&	04:04&	00:53&	01:06&	00:18&					
<b>11</b>	<b>Michael Kullin</b>	<b>Ok Tyr</b>										<b>1:41:23</b>														
01:34-	05:09+	08:05+	14:38+	22:04+	26:51+	33:58+	36:54+	38:25+	42:17+	44:15+	48:06+	57:52+	61:20+	66:18+	70:50+	74:49+	79:58+	85:16+	94:23+	97:14+	100:29+	101:23+				
01:34-	03:35+	02:56+	06:33+	07:26+	04:47+	07:07+	02:56+	01:31-	03:52+	01:58-	03:51-	09:46+	03:28+	04:58+	04:32+	03:59+	05:09+	05:18-	09:07+	02:51+	03:15+	00:54+				
00:38-	01:54@	01:01&	02:18&	02:54&	01:23&	03:12&	01:00&	00:31-	02:49@	00:32-	01:43-	07:56@	00:23#	01:34&	02:08&	00:40#	01:43&	00:13-	07:23@	00:46&	02:36@	00:54+				

Class	Navn	Klasse																Tid			
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**Beste stræktid for klassen**

00:53 01:41 01:51 04:13 04:32 03:11 03:51 01:38 01:31 01:03 01:22 02:49 01:50 02:15 03:24 02:24 02:40 03:18 04:48 01:43 01:56 00:37

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

**Men Short**

**1 Mark Ponsford**

**14**

**59:15**

01:27= 05:24= 10:13= 12:34= 17:18= 21:08= 25:50= 27:20= 30:34= 32:01= 36:42= 44:03= 48:15= 50:36= 52:22= 54:42= 55:49= 58:25= 59:15=  
 01:27= 03:57= 04:49= 02:21= 04:44= 03:50= 04:42= 01:30= 03:14= 01:27= 04:41= 07:21= 04:12= 02:21= 01:46= 02:20= 01:07= 02:36= 00:50=  
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

**2 Klaus Csucs**

**27**

**1:00:38**

01:25- 05:46+ 11:47+ 14:03+ 18:42+ 23:24+ 28:42+ 30:28+ 33:22+ 34:54+ 38:16+ 46:08+ 50:05+ 52:39+ 54:16+ 56:22+ 57:26+ 59:50+ 60:38+  
 01:25- 04:21+ 06:01+ 02:16- 04:39- 04:42+ 05:18+ 01:46+ 02:54- 01:32+ 03:22- 07:52+ 03:57- 02:34+ 01:37- 02:06- 01:04- 02:24- 00:48-  
 00:02- 00:24# 01:12# 00:05- 00:05- 00:52# 00:36# 00:16# 00:20- 00:05+ 01:19- 00:31+ 00:15- 00:13+ 00:09- 00:14- 00:03- 00:12- 00:02-

**3 Preben Betzer**

**92**

**1:16:11**

01:44+ 06:16+ 14:20+ 17:09+ 23:21+ 28:58+ 36:03+ 38:03+ 42:13+ 44:29+ 48:39+ 57:44+ 63:03+ 67:08+ 68:55+ 71:20+ 72:34+ 75:25+ 76:11+  
 01:44+ 04:32+ 08:04+ 02:49+ 06:12+ 05:37+ 07:05+ 02:00+ 04:10+ 02:16+ 04:10- 09:05+ 05:19+ 04:05+ 01:47+ 02:25+ 01:14+ 02:51+ 00:46-  
 00:17# 00:35# 03:15& 00:28# 01:47& 02:23& 00:30& 00:56& 00:49& 00:31- 01:44# 01:07& 01:44& 00:01+ 00:05+ 00:07# 00:15+ 00:04-

**4 Patrick Reibert Hansen**

**1**

**1:23:41**

03:21+ 08:27+ 16:47+ 19:40+ 24:38+ 29:30+ 36:11+ 38:21+ 43:28+ 45:15+ 49:22+ 60:27+ 68:47+ 73:18+ 75:17+ 77:58+ 79:20+ 82:46+ 83:41+  
 03:21+ 05:06+ 08:20+ 02:53+ 04:58+ 04:52+ 06:41+ 02:10+ 05:07+ 01:47+ 04:07- 11:05+ 08:20+ 04:31+ 01:59+ 02:41+ 01:22+ 03:26+ 00:55+  
 01:54@ 01:09& 03:31& 00:32# 00:14+ 01:02& 01:59& 00:40& 01:53& 00:20# 00:34- 03:44& 04:08& 02:10& 00:13# 00:21# 00:15# 00:50& 00:05#

**5 Carl Malling**

**72**

**1:25:29**

01:47+ 06:17+ 12:05+ 15:36+ 20:51+ 25:25+ 32:46+ 34:46+ 38:47+ 40:46+ 46:12+ 55:35+ 65:49+ 71:28+ 73:29+ 76:23+ 78:25+ 84:21+ 85:29+  
 01:47+ 04:30+ 05:48+ 03:31+ 05:15+ 04:34+ 07:21+ 02:00+ 04:01+ 01:59+ 05:26+ 09:23+ 10:14+ 05:39+ 02:01+ 02:54+ 02:02+ 05:56+ 01:08+  
 00:20# 00:33# 00:59# 01:10& 00:31# 00:44# 02:39& 00:30& 00:47# 00:32& 00:45# 02:02& 06:02@ 03:18@ 00:15# 00:34# 00:55& 03:20@ 00:18&

**Beste stræktid for klassen**

01:25 03:57 04:49 02:16 04:39 03:50 04:42 01:30 02:54 01:27 03:22 07:21 03:57 02:21 01:37 02:06 01:04 02:24 00:46

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

**W40**

**1 Nina Hoffmann**

**60**

**57:34**

02:08= 04:11= 10:16= 11:07= 13:22= 15:33= 16:42= 19:37= 25:25= 28:30= 31:49= 33:52= 37:05= 39:33= 43:30= 45:35= 50:47= 53:43= 55:28= 56:09= 56:51= 57:34=  
 02:08= 02:03= 06:05= 00:51= 02:15= 02:11= 01:09= 02:55= 05:48= 03:05= 03:19= 02:03= 03:13= 02:28= 03:57= 02:05= 05:12= 02:56= 01:45= 00:41= 00:42= 00:43=  
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

**2 Henriette klostergaard Rokkjær**

**Ok Pan**

**1:02:30**

02:24+ 04:27+ 10:43+ 11:46+ 14:35+ 17:21+ 18:36+ 21:11+ 27:28+ 31:00+ 35:08+ 37:28+ 40:57+ 43:47+ 47:44+ 49:55+ 55:55+ 58:47+ 60:16+ 61:45+ 62:30+  
 02:24+ 02:03= 06:16+ 01:03+ 02:49+ 02:46+ 01:15+ 02:35- 06:17+ 03:32+ 04:08+ 02:20+ 03:29+ 02:50+ 03:57= 02:11+ 06:00+ 02:52- 01:29- 01:29+ 00:45+  
 00:16# 00:00= 00:11+ 00:12# 00:34& 00:35& 00:06+ 00:20- 00:29+ 00:27# 00:49# 00:17# 00:16+ 00:22# 00:00= 00:06+ 00:48# 00:04- 00:16- 00:48@ 00:03+

**3 Line brun Stallknecht**

**11**

**1:05:31**

02:39+ 04:48+ 11:52+ 12:44+ 15:16+ 17:46+ 18:56+ 23:37+ 30:33+ 34:59+ 39:22+ 41:34+ 44:41+ 47:28+ 51:10+ 52:50+ 58:44+ 61:45+ 63:14+ 64:45+ 65:31+  
 02:39+ 02:09+ 07:04+ 00:52+ 02:32+ 02:30+ 01:10+ 04:41+ 06:56+ 04:26+ 04:23+ 02:12+ 03:07- 02:47+ 03:42- 01:40- 05:54+ 03:01+ 01:29- 01:31+ 00:46+  
 00:31# 00:06+ 00:59# 00:01+ 00:17# 00:19# 00:01+ 01:46& 01:08# 01:21& 01:04& 00:09+ 00:06- 00:19# 00:15- 00:25- 00:42# 00:05+ 00:16- 00:50@ 00:04+

**4 Annika Wigren**

**41**

**1:06:39**

02:34+ 04:45+ 11:05+ 12:04+ 14:34+ 17:58+ 19:55+ 22:19+ 30:42+ 34:20+ 38:27+ 41:00+ 44:02+ 47:02+ 51:01+ 52:55+ 59:31+ 62:37+ 64:23+ 65:09+ 65:54+ 66:39+  
 02:34+ 02:11+ 06:20+ 00:59+ 02:30+ 03:24+ 01:57+ 02:24- 08:23+ 03:38+ 04:07+ 02:33+ 03:02- 03:00+ 03:59+ 01:54- 06:36+ 03:06+ 01:46+ 00:46+ 00:45+ 00:45+  
 00:26# 00:08+ 00:15+ 00:08# 00:15# 01:13& 00:48& 00:31- 02:35& 00:33# 00:48# 00:30# 00:11- 00:32# 00:02+ 00:11- 01:24& 00:10+ 00:01+ 00:05# 00:03+ 00:02+

**5 Pernille Brunstedt Jacobsen**

**65**

**1:12:52**

02:46+ 05:22+ 12:10+ 13:19+ 16:33+ 20:27+ 23:02+ 26:17+ 33:42+ 38:01+ 42:11+ 44:35+ 48:10+ 51:37+ 56:25+ 58:33+ 65:04+ 68:28+ 70:09+ 71:03+ 71:58+ 72:52+  
 02:46+ 02:36+ 06:48+ 01:09+ 03:14+ 03:54+ 02:35+ 03:15+ 07:25+ 04:19+ 04:10+ 02:24+ 03:35+ 03:27+ 04:48+ 02:08+ 06:31+ 03:24+ 01:41- 00:54+ 00:55+ 00:54+  
 00:38& 00:33& 00:43# 00:18& 00:59& 01:43& 01:26@ 00:20# 01:37& 01:14& 00:51& 00:21# 00:22# 00:59& 00:51# 00:03+ 01:19& 00:28# 00:04- 00:13& 00:13& 00:11&

**6 Katja Brunstedt**

**65**

**1:15:20**

02:46+ 05:34+ 12:51+ 14:00+ 17:50+ 21:17+ 22:51+ 26:08+ 33:45+ 37:52+ 42:35+ 44:53+ 48:45+ 52:12+ 56:52+ 59:20+ 66:22+ 70:31+ 72:20+ 73:20+ 74:17+ 75:20+  
 02:46+ 02:48+ 07:17+ 01:09+ 03:50+ 03:27+ 01:34+ 03:17+ 07:37+ 04:07+ 04:43+ 02:18+ 03:52+ 03:27+ 04:40+ 02:28+ 07:02+ 04:09+ 01:49+ 01:00+ 00:57+ 01:03+  
 00:38& 00:45& 01:12# 00:18& 01:35& 01:16& 00:25& 00:22# 01:49& 01:02& 01:24& 00:15# 00:39# 00:59& 00:43# 00:23# 01:50& 01:13& 00:04+ 00:19& 00:15& 00:20&

Class	Navn	Klasse																		Tid			
<b>7</b>	<b>Katja reiber Hansen</b>	<b>1</b>																		<b>1:27:23</b>			
	03:29+	06:19+	14:48+	16:00+	18:59+	23:41+	25:54+	28:53+	36:36+	40:51+	45:19+	50:59+	55:40+	59:13+	64:52+	69:12+	76:51+	82:41+	84:33+	85:37+	86:30+	87:23+	
	03:29+	02:50+	08:29+	01:12+	02:59+	04:42+	02:13+	02:59+	07:43+	04:15+	04:28+	05:40+	04:41+	03:33+	05:39+	04:20+	07:39+	05:50+	01:52+	01:04+	00:53+	00:53+	
	01:21&	00:47&	02:24&	00:21&	00:44&	02:31@	01:04&	00:04+	01:55&	01:10&	01:09&	03:37@	01:28&	01:05&	01:42&	02:15@	02:27&	02:54&	00:07+	00:23&	00:11&	00:10#	
<b>8</b>	<b>Veronica Axelsson</b>	<b>73</b>																		<b>1:34:59</b>			
	03:23+	08:32+	17:43+	19:27+	23:41+	28:36+	32:33+	36:28+	46:47+	52:38+	58:14+	61:01+	65:28+	69:16+	74:21+	76:52+	84:18+	89:12+	91:30+	93:44+	94:59+		
	03:23+	05:09+	09:11+	01:44+	04:14+	04:55+	03:57+	03:55+	10:19+	05:51+	05:36+	02:47+	04:27+	03:48+	05:05+	02:31+	07:26+	04:54+	02:18+	02:14+	01:15+		
	01:15&	03:06@	03:06&	00:53@	01:59&	02:44@	02:48@	01:00&	04:31&	02:46&	02:17&	00:44&	01:14&	01:20&	01:08&	00:26#	02:14&	01:58&	00:33&	01:33@	00:33&		
<b>9</b>	<b>Miia Jämsén</b>	<b>31</b>																		<b>1:39:29</b>			
	05:01+	08:21+	18:55+	22:39+	24:29+	28:17+	32:38+	34:04+	40:22+	50:41+	55:07+	60:24+	63:32+	67:41+	71:23+	77:05+	80:36+	89:31+	93:44+	95:52+	98:15+	99:29+	
	05:01+	03:20+	10:34+	03:44+	01:50-	03:48+	04:21+	01:26-	06:18+	10:19+	04:26+	05:17+	03:08-	04:09+	03:42-	05:42+	03:31-	08:55+	04:13+	02:08+	02:23+	01:14+	
	02:53@	01:17&	04:29&	02:53@	00:25-	01:37&	03:12@	01:29-	00:30+	07:14@	01:07&	03:14@	00:05-	01:41&	00:15-	03:37@	01:41-	05:59@	02:28@	01:27@	01:41@	00:31&	
<b>Beste stræktid for klassen</b>		02:08	02:03	06:05	00:51	01:50	02:11	01:09	01:26	05:48	03:05	03:19	02:03	03:02	02:28	03:42	01:40	03:31	02:52	01:29	00:41	00:42	00:43

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## W45

<b>1</b>	<b>Mia Eronn</b>	<b>39</b>																		<b>1:13:34</b>			
	02:47=	05:17=	12:22=	13:39=	16:28=	19:08=	20:34=	27:21=	34:18=	38:31=	43:12=	45:52=	49:55=	52:55=	56:57=	58:58=	65:30=	69:20=	71:02=	71:54=	72:40=	73:34=	
	02:47=	02:30=	07:05=	01:17=	02:49=	02:40=	01:26=	06:47=	06:57=	04:13=	04:41=	02:40=	04:03=	03:00=	04:02=	02:01=	06:32=	03:50=	01:42=	00:52=	00:46=	00:54=	
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
<b>2</b>	<b>Malin Ågren</b>	<b>41</b>																		<b>1:20:03</b>			
	02:47=	05:50+	14:51+	16:13+	19:40+	24:21+	26:06+	29:54+	37:13+	41:34+	46:28+	49:31+	53:48+	57:07+	62:16+	64:46+	71:58+	75:35+	77:20+	78:17+	79:11+	80:03+	
	02:47=	03:03+	09:01+	01:22+	03:27+	04:41+	01:45+	03:48+	07:19+	04:21+	04:13+	03:03+	04:17+	03:19+	05:09+	02:30+	07:12+	03:37+	01:45+	00:57+	00:54+	00:52-	
	00:00=	00:33#	01:56&	00:05+	00:38#	02:01&	00:19#	02:59-	00:22+	00:08+	00:13+	00:23#	00:14+	00:19#	01:07&	00:29#	00:40#	00:13-	00:03+	00:05+	00:08#	00:02-	
<b>3</b>	<b>Florence Berg</b>	<b>6</b>																		<b>1:21:54</b>			
	02:48+	07:00+	14:35+	16:26+	19:43+	21:34+	23:42+	25:44-	31:37-	39:19+	43:59+	48:37+	51:37+	55:30+	58:53+	63:55+	66:36+	73:48+	77:27+	79:10+	81:00+	81:54+	
	02:48+	04:12+	07:35+	01:51+	03:17+	01:51-	02:08+	02:02-	05:53-	07:42+	04:40-	04:38+	03:00-	03:53+	03:23-	05:02+	02:41-	07:12+	03:39+	01:43+	01:50+	00:54=	
	00:01+	01:42&	00:30+	00:34&	00:28#	00:49-	00:42&	04:45-	01:04-	03:29&	00:01-	01:58&	01:03-	00:53&	00:39-	03:01@	03:51-	03:22&	01:57@	00:51&	01:04@	00:00=	
<b>4</b>	<b>Sarah Bayliss</b>	<b>14</b>																		<b>1:34:12</b>			
	04:04+	07:23+	15:42+	17:04+	22:05+	25:39+	28:30+	34:02+	42:52+	49:08+	55:08+	58:30+	63:48+	68:03+	73:11+	75:50+	84:14+	88:38+	90:58+	92:07+	93:09+	94:12+	
	04:04+	03:19+	08:19+	01:22+	05:01+	03:34+	02:51+	05:32-	08:50+	06:16+	06:00+	03:22+	05:18+	04:15+	05:08+	02:39+	08:24+	04:24+	02:20+	01:09+	01:02+	01:03+	
	01:17&	00:49&	01:14#	00:05+	02:12&	00:54&	01:25&	01:15-	01:53&	02:03&	01:19&	00:42&	01:15&	01:15&	01:06&	00:38&	01:52&	00:34#	00:38&	00:17&	00:16&	00:09#	
<b>5</b>	<b>Maibritt Gude</b>	<b>75</b>																		<b>1:50:22</b>			
	07:17+	14:05+	17:21+	23:59+	26:17+	33:58+	41:12+	43:56+	49:20+	54:32+	58:37+	62:29+	85:21+	91:03+	94:05+	100:49+	105:04+	107:34+	108:41+	109:32+	110:22+		
	07:17+	06:48+	03:16-	06:38+	02:18-	07:41+	07:14+	02:44-	05:24-	05:12+	04:05-	03:52+	22:52+	05:42+	03:02-	06:44+	04:15-	02:30-	01:07-	00:51-	00:50+		
	04:30@	04:18@	03:49-	05:21@	00:31-	05:01@	05:48@	04:03-	01:33-	00:59#	00:36-	01:12&	18:49@	02:42&	01:00-	04:43@	02:17-	01:20-	00:35-	00:01-	00:04+		
<b>Beste stræktid for klassen</b>		02:47	02:30	03:16	01:17	02:18	01:51	01:26	02:02	05:24	04:13	04:05	02:40	03:00	03:00	03:02	02:01	02:41	02:30	01:07	00:51	00:46	00:52

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## W50

<b>1</b>	<b>Johanna Almlund</b>	<b>18</b>																		<b>1:11:27</b>		
	01:46=	06:24=	12:40=	16:49=	21:32=	25:41=	31:01=	33:42=	37:07=	38:43=	43:57=	51:43=	59:03=	62:01=	64:16=	66:27=	68:17=	70:42=	71:27=			
	01:46=	04:38=	06:16=	04:09=	04:43=	04:09=	05:20=	02:41=	03:25=	01:36=	05:14=	07:46=	07:20=	02:58=	02:15=	02:11=	01:50=	02:25=	00:45=			
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Charlotte Bergmann</b>	<b>1</b>																		<b>1:18:56</b>		
	01:41-	06:14-	11:27-	14:11-	20:10-	24:49-	31:34+	33:55+	38:15+	40:21+	45:10+	54:59+	63:33+	66:56+	69:01+	72:10+	73:43+	77:55+	78:56+			
	01:41-	04:33-	05:13-	02:44-	05:59+	04:39+	06:45+	02:21-	04:20+	02:06+	04:49-	09:49+	08:34+	03:23+	02:05-	03:09+	01:33-	04:12+	01:01+			
	00:05-	00:05-	01:03-	01:25-	01:16&	00:30#	01:25&	00:20-	00:55&	00:30&	00:25-	02:03&	01:14#	00:25#	00:10-	00:58&	00:17-	01:47&	00:16&			
<b>3</b>	<b>Karena Hanley</b>	<b>14</b>																		<b>1:39:02</b>		
	01:47+	08:21+	15:25+	33:03+	38:01+	42:55+	51:25+	53:53+	57:23+	59:02+	66:47+	77:11+	84:47+	88:20+	90:14+	92:51+	94:34+	98:10+	99:02+			
	01:47+	06:34+	07:04+	17:38+	04:58+	04:54+	08:30+	02:28-	03:30+	01:39+	07:45+	10:24+	07:36+	03:33+	01:54-	02:37+	01:43-	03:36+	00:52+			
	00:01+	01:56&	00:48#	13:29@	00:15+	00:45#	03:10&	00:13-	00:05+	00:03+	02:31&	02:38&	00:16+	00:35#	00:21-	00:26#	00:07-	01:11&	00:07#			

Class	Navn	Klasse										Tid							
<b>4</b>	<b>Tove Jessen</b>	<b>20</b>										<b>1:41:58</b>							
	02:18+	07:44+	15:26+	19:24+	26:35+	32:04+	41:59+	45:41+	49:41+	52:11+	58:29+	72:40+	80:52+	87:29+	89:53+	93:58+	96:01+	100:45+	101:58+
	02:18+	05:26+	07:42+	03:58-	07:11+	05:29+	09:55+	03:42+	04:00+	02:30+	06:18+	14:11+	08:12+	06:37+	02:24+	04:05+	02:03+	04:44+	01:13+
	00:32&	00:48#	01:26#	00:11-	02:28&	01:20&	04:35&	01:01&	00:35#	00:54&	01:04#	06:25&	00:52#	03:39@	00:09+	01:54&	00:13#	02:19&	00:28&

### Beste stræktid for klassen

01:41 04:33 05:13 02:44 04:43 04:09 05:20 02:21 03:25 01:36 04:49 07:46 07:20 02:58 01:54 02:11 01:33 02:25 00:45

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## W55

<b>1</b>	<b>Monica Kollberg</b>	<b>8</b>										<b>1:03:51</b>							
	01:43=	06:32=	11:24=	13:55=	18:45=	23:17=	28:26=	30:30=	33:36=	35:15=	39:24=	47:32=	51:39=	54:39=	56:21=	58:55=	60:11=	63:00=	63:51=
	01:43=	04:49=	04:52=	02:31=	04:50=	04:32=	05:09=	02:04=	03:06=	01:39=	04:09=	08:08=	04:07=	03:00=	01:42=	02:34=	01:16=	02:49=	00:51=
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

<b>2</b>	<b>Annika Engström</b>	<b>51</b>										<b>1:05:13</b>							
	02:11+	06:51+	11:11-	13:42-	18:25-	23:04-	28:02-	29:53-	33:16-	34:45-	39:08-	47:47+	52:31+	55:32+	57:20+	59:50+	61:14+	64:22+	65:13+
	02:11+	04:40-	04:20-	02:31=	04:43-	04:39+	04:58-	01:51-	03:23+	01:29-	04:23+	08:39+	04:44+	03:01+	01:48+	02:30-	01:24+	03:08+	00:51=
	00:28&	00:09-	00:32-	00:00=	00:07+	00:11-	00:13-	00:17+	00:10-	00:14+	00:31+	00:37#	00:01+	00:06+	00:04-	00:08#	00:19#	00:00=	00:00=

<b>3</b>	<b>Charlie somers Cocks</b>	<b>14</b>										<b>1:05:46</b>							
	01:35-	05:40-	10:13-	12:30-	17:23-	21:12-	26:15-	30:35+	34:30+	36:09+	40:37+	48:44+	54:14+	56:46+	58:39+	60:54+	62:09+	64:57+	65:46+
	01:35-	04:05-	04:33-	02:17-	04:53+	03:49-	05:03-	04:20+	03:55+	01:39=	04:28+	08:07-	05:30+	02:32-	01:53+	02:15-	01:15-	02:48-	00:49-
	00:08-	00:44-	00:19-	00:14-	00:03+	00:43-	00:06-	02:16@	00:49&	00:00=	00:19+	00:01-	01:23&	00:28-	00:11#	00:19-	00:01-	00:01-	00:02-

<b>4</b>	<b>Angela Brand-Barker</b>	<b>14</b>										<b>1:08:26</b>							
	01:38-	05:44-	10:44-	13:19-	18:29-	24:13+	29:31+	31:44+	35:04+	36:43+	42:01+	49:59+	55:26+	58:30+	60:32+	63:22+	64:35+	67:34+	68:26+
	01:38-	04:06-	05:00+	02:35+	05:10+	05:44+	05:18+	02:13+	03:20+	01:39=	05:18+	07:58-	05:27+	03:04+	02:02+	02:50+	01:13-	02:59+	00:52+
	00:05-	00:43-	00:08+	00:04+	00:20+	01:12&	00:09+	00:09+	00:14+	00:00=	01:09&	00:10-	01:20&	00:04+	00:20#	00:16#	00:03-	00:10+	00:01+

<b>5</b>	<b>Lucia Aagaard</b>	<b>20</b>										<b>1:10:27</b>						
	01:57+	06:51+	12:07+	15:16+	20:44+	25:06+	30:48+	33:09+	36:27+	38:18+	42:19+	51:21+	55:43+	59:11+	64:42+	66:16+	69:28+	70:27+
	01:57+	04:54+	05:16+	03:09+	05:28+	04:22-	05:42+	02:21+	03:18+	01:51+	04:01-	09:02+	04:22+	03:28+	05:31+	01:34-	03:12+	00:59-
	00:14#	00:05+	00:24+	00:38&	00:38#	00:10-	00:33#	00:17#	00:12+	00:12#	00:08-	00:54#	00:15+	00:28#	03:49@	01:00-	01:56@	01:50-

<b>6</b>	<b>Søs Munch Hansen</b>	<b>60</b>										<b>1:14:24</b>								
	01:44+	05:43-	10:23-	13:01-	17:52-	21:52-	30:10+	35:22+	37:21+	41:00+	42:58+	46:45-	54:42+	61:28+	64:32+	66:36+	69:12+	70:29+	73:29+	74:24+
	01:44+	03:59-	04:40-	02:38+	04:51+	04:00-	08:18+	05:12+	01:59-	03:39+	01:58-	03:47-	07:57+	06:46+	03:04+	02:04-	02:36+	01:17-	03:00+	00:55+
	00:01+	00:50-	00:12-	00:07+	00:01+	00:32-	03:09&	03:08@	01:07-	02:00@	02:11-	04:21-	03:50&	03:46@	01:22&	00:30-	01:20@	01:32-	02:09@	00:55+

<b>7</b>	<b>Eva Lindgren</b>	<b>12</b>										<b>1:41:55</b>						
	03:10+	09:03+	15:25+	18:01+	23:39+	38:15+	46:15+	49:03+	57:10+	58:52+	65:32+	75:02+	83:50+	87:49+	90:21+	93:18+	95:36+	101:55+
	03:10+	05:53+	06:22+	02:36+	05:38+	14:36+	08:00+	02:48+	08:07+	01:42+	06:40+	09:30+	08:48+	03:59+	02:32+	02:57+	02:18+	06:19+
	01:27&	01:04#	01:30&	00:05+	00:48#	10:04@	02:51&	00:44&	05:01@	00:03+	02:31&	01:22#	04:41@	00:59&	00:50&	00:23#	01:02&	03:30@

<b>8</b>	<b>Sanne Fisker</b>	<b>42</b>										<b>2:21:39</b>							
	03:30+	12:37+	20:43+	25:06+	33:26+	39:47+	52:25+	65:32+	71:59+	76:04+	83:38+	99:39+	112:35+	121:57+	127:00+	132:35+	135:04+	140:00+	141:39+
	03:30+	09:07+	08:06+	04:23+	08:20+	06:21+	12:38+	13:07+	06:27+	04:05+	07:34+	16:01+	12:56+	09:22+	05:03+	05:35+	02:29+	04:56+	01:39+
	01:47@	04:18&	03:14&	01:52&	03:30&	01:49&	07:29@	11:03@	03:21@	02:26@	03:25&	07:53&	08:49@	06:22@	03:21@	03:01@	01:13&	02:07&	00:48&

### Beste stræktid for klassen

01:35 03:59 04:20 02:17 04:43 03:49 04:58 01:51 01:59 01:29 01:58 03:47 04:07 02:32 01:42 01:34 01:13 00:59 00:49

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## W60

<b>1</b>	<b>Tove Andersen</b>	<b>Ok Øst</b>										<b>56:24</b>					
	01:46=	06:11=	10:58=	15:21=	23:03=	26:19=	30:31=	32:43=	35:44=	37:19=	41:22=	45:56=	48:34=	51:01=	53:39=	55:35=	56:24=
	01:46=	04:25=	04:47=	04:23=	07:42=	03:16=	04:12=	02:12=	03:01=	01:35=	04:03=	04:34=	02:38=	02:27=	02:38=	01:56=	00:49=
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

<b>2</b>	<b>Birgitta Jansson</b>	<b>13</b>										<b>1:23:31</b>					
	02:00+	06:51+	13:04+	20:09+	30:04+	35:28+	40:59+	44:11+	49:00+	52:08+	58:06+	66:58+	71:13+	75:55+	79:22+	82:01+	83:31+
	02:00+	04:51+	06:13+	07:05+	09:55+	05:24+	05:31+	03:12+	04:49+	03:08+	05:58+	08:52+	04:15+	04:42+	03:27+	02:39+	01:30+
	00:14#	00:26+	01:26&	02:42&	02:13&	02:08&	01:19&	01:00&	01:48&	01:33&	01:55&	04:18&	01:37&	02:15&	00:49&	00:43&	00:41&

Class	Navn	Klasse	Tid														
<b>3</b>	<b>Margareta Meiton</b>	<b>26</b>	<b>1:42:36</b>														
02:41+	08:09+	14:41+	21:37+	27:03+	29:49+	40:38+	46:25+	53:09+	56:47+	62:15+	70:29+	87:19+	90:58+	94:35+	99:50+	102:36+	
02:41+	05:28+	06:32+	06:56+	05:26-	02:46-	10:49+	05:47+	06:44+	03:38+	05:28+	08:14+	16:50+	03:39+	03:37+	05:15+	02:46+	
00:55&	01:03#	01:45&	02:33&	02:16-	00:30-	06:37@	03:35@	03:43@	02:03@	01:25&	03:40&	14:12@	01:12&	00:59&	03:19@	01:57@	
<b>4</b>	<b>Berit M. Vendelbjerg</b>	<b>Ok Pan</b>	<b>1:52:31</b>														
06:38+	13:17+	21:17+	29:53+	46:07+	50:55+	58:08+	61:04+	67:46+	70:34+	78:19+	85:42+	89:52+	94:32+	107:58+	111:03+	112:31+	
06:38+	06:39+	08:00+	08:36+	16:14+	04:48+	07:13+	02:56+	06:42+	02:48+	07:45+	07:23+	04:10+	04:40+	13:26+	03:05+	01:28+	
04:52@	02:14&	03:13&	04:13&	08:32@	01:32&	03:01&	00:44&	03:41@	01:13&	03:42&	02:49&	01:32&	02:13&	10:48@	01:09&	00:39&	
<b>5</b>	<b>Nermin Fermin</b>	<b>90</b>	<b>1:56:19</b>														
03:27+	08:29+	15:22+	32:55+	35:13+	69:10+	73:20+	80:10+	82:50+	86:34+	88:42+	94:28+	100:42+	105:26+	108:57+	112:34+	114:59+	116:19+
03:27+	05:02+	06:53+	17:33+	02:18-	33:57+	04:10-	06:50+	02:40-	03:44+	02:08-	05:46+	06:14+	04:44+	03:31+	03:37+	02:25+	01:20+
01:41&	00:37#	02:06&	13:10@	05:24-	30:41@	00:02-	04:38@	00:21-	02:09@	01:55-	01:12&	03:36@	02:17&	00:53&	01:41&	01:36@	01:20+

### Beste stræktid for klassen

01:46 04:25 04:47 04:23 02:18 02:46 04:10 02:12 02:40 01:35 02:08 04:34 02:38 02:27 02:38 01:56 00:49

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## W65

<b>1</b>	<b>Birgit Hausner</b>	<b>Ok Sg</b>	<b>1:16:22</b>													
02:07=	08:57=	14:31=	20:31=	30:24=	34:27=	39:53=	43:48=	48:41=	50:45=	56:16=	62:05=	65:22=	68:26=	73:12=	75:24=	76:22=
02:07=	06:50=	05:34=	06:00=	09:53=	04:03=	05:26=	03:55=	04:53=	02:04=	05:31=	05:49=	03:17=	03:04=	04:46=	02:12=	00:58=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Annelise Maclassen</b>	<b>75</b>	<b>1:17:44</b>													
01:59-	07:54-	13:19-	19:50-	35:11+	41:49+	45:40+	50:28+	52:41+	57:27+	63:13+	66:44+	69:50+	74:05+	76:30+	77:44+	
01:59-	05:55-	05:25-	06:31+	15:21+	06:38+	03:51-	04:48+	02:13-	04:46+	05:46+	03:31-	03:06-	04:15+	02:25-	01:14-	
00:08-	00:55-	00:09-	00:31+	05:28&	02:35&	01:35-	00:53#	02:40-	02:42@	00:15+	02:18-	00:11-	01:11&	02:21-	00:58-	
<b>3</b>	<b>Maarit Juura</b>	<b>Kansu</b>	<b>1:25:04</b>													
02:12+	08:20-	19:28+	25:21+	37:15+	44:05+	49:01+	50:53+	55:23+	58:23+	64:39+	70:32+	75:15+	78:02+	81:04+	83:45+	85:04+
02:12+	06:08-	11:08+	05:53-	11:54+	06:50+	04:56-	01:52-	04:30-	03:00+	06:16+	05:53+	04:43+	02:47-	03:02-	02:41+	01:19+
00:05+	00:42-	05:34&	00:07-	02:01#	02:47&	00:30-	02:03-	00:23-	00:56&	00:45#	00:04+	01:26&	00:17-	01:44-	00:29#	00:21&
<b>4</b>	<b>Kirsten Brunstedt</b>	<b>65</b>	<b>1:42:20</b>													
04:02+	10:50+	17:17+	24:39+	26:48-	38:00+	42:54+	49:45+	52:09+	57:22+	75:19+	83:17+	89:14+	93:59+	97:40+	100:46+	102:20+
04:02+	06:48-	06:27+	07:22+	02:09-	11:12+	04:54-	06:51+	02:24-	05:13+	17:57+	07:58+	05:57+	04:45+	03:41-	03:06+	01:34+
01:55&	00:02-	00:53#	01:22#	07:44-	07:09@	00:32-	02:56&	02:29-	03:09@	12:26@	02:09&	02:40&	01:41&	01:05-	00:54&	00:36&
<b>5</b>	<b>Anne-Mette Kirkegaard</b>	<b>78</b>	<b>1:59:46</b>													
02:34+	08:31-	16:57+	25:29+	36:12+	40:37+	46:23+	78:47+	84:21+	86:48+	93:19+	100:33+	107:22+	111:43+	115:48+	118:30+	119:46+
02:34+	05:57-	08:26+	08:32+	10:43+	04:25+	05:46+	32:24+	05:34+	02:27+	06:31+	07:14+	06:49+	04:21+	04:05-	02:42+	01:16+
00:27#	00:53-	02:52&	02:32&	00:50+	00:22+	00:20+	28:29@	00:41#	00:23#	01:00#	01:25#	03:32@	01:17&	00:41-	00:30#	00:18&

### Beste stræktid for klassen

01:59 05:55 05:25 05:53 02:09 04:03 03:51 01:52 02:13 02:04 05:31 03:31 03:06 02:47 02:25 01:14 00:58

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## W70

<b>1</b>	<b>Ellis Byrgiel Sommer</b>	<b>65</b>	<b>1:25:05</b>													
05:12=	10:50=	17:13=	24:31=	34:45=	39:09=	45:06=	47:55=	52:13=	54:24=	61:23=	69:26=	73:47=	77:09=	81:09=	83:39=	85:05=
05:12=	05:38=	06:23=	07:18=	10:14=	04:24=	05:57=	02:49=	04:18=	02:11=	06:59=	08:03=	04:21=	03:22=	04:00=	02:30=	01:26=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

### Beste stræktid for klassen

05:12 05:38 06:23 07:18 10:14 04:24 05:57 02:49 04:18 02:11 06:59 08:03 04:21 03:22 04:00 02:30 01:26

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## Women Elite

Class	Navn	Klasse	Tid																						
<b>1</b>	<b>Cæcilie Christoffersen</b>	<b>65</b>	<b>1:06:03</b>																						
02:06=	04:44=	07:35=	09:57=	17:13=	20:32=	22:10=	26:08=	28:17=	30:31=	31:39=	34:30=	40:24=	41:14=	43:03=	46:20=	49:43=	52:25=	53:43=	57:41=	63:01=	65:18=	66:03=			
02:06=	02:38=	02:51=	02:52=	07:16=	03:19=	01:38=	03:58=	02:09=	02:14=	01:08=	02:51=	05:54=	00:50=	01:49=	03:17=	03:23=	02:42=	01:18=	03:58=	05:20=	02:17=	00:45=			
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=			
<b>3</b>	<b>Elvira Larsson</b>	<b>76</b>	<b>1:09:13</b>																						
02:54+	05:43+	08:42+	11:08+	17:54+	21:03+	22:14+	26:38+	30:28+	32:45+	33:49+	37:16+	42:43+	43:31+	45:15+	48:33+	51:54+	54:22+	56:01+	60:29+	65:39+	68:29+	69:13+			
02:54+	02:49+	02:59+	02:26+	06:46+	03:09+	01:11+	04:24+	03:50+	02:17+	01:04+	03:27+	05:27+	00:48+	01:44+	03:18+	03:21+	02:28+	01:39+	04:28+	05:10+	02:50+	00:44+			
00:48&	00:11+	00:08+	00:04+	00:30+	00:10+	00:27+	00:26#	01:41&	00:03+	00:04+	00:36#	00:27+	00:02+	00:05+	00:01+	00:02+	00:14+	00:21&	00:30#	00:10+	00:33#	00:01+			
<b>4</b>	<b>Clare Dallimore</b>	<b>14</b>	<b>1:12:14</b>																						
02:16+	05:09+	08:00+	11:03+	18:41+	22:00+	23:19+	25:06+	28:37+	31:25+	33:53+	35:07+	39:01+	45:03+	45:54+	48:13+	51:27+	55:05+	57:59+	59:20+	63:20+	68:40+	71:27+	72:14+		
02:16+	02:53+	02:51+	03:27+	07:14+	03:19+	01:19+	01:47+	03:31+	02:48+	02:28+	01:14+	03:54+	06:02+	00:51+	02:19+	03:14+	03:38+	02:54+	01:21+	04:00+	05:20+	02:47+	00:47+		
00:10+	00:15+	00:00+	01:05&	00:02+	00:00+	00:19+	02:11+	01:22&	00:34&	01:20@	01:37+	02:00+	05:12@	00:58+	00:58+	00:09+	00:56&	01:36@	02:37+	01:20+	03:03@	02:02@	00:47+		
<b>5</b>	<b>Malene Bredahl</b>	<b>47</b>	<b>1:12:24</b>																						
02:45+	05:16+	08:57+	11:03+	18:54+	22:09+	23:59+	29:32+	31:26+	33:47+	34:59+	38:27+	44:19+	45:16+	47:07+	50:36+	54:09+	56:43+	58:18+	63:29+	68:45+	71:36+	72:24+			
02:45+	02:31+	03:41+	02:06+	07:51+	03:15+	01:50+	05:33+	01:54+	02:21+	01:12+	03:28+	05:52+	00:57+	01:51+	03:29+	03:33+	02:34+	01:35+	05:11+	05:16+	02:51+	00:48+			
00:39&	00:07+	00:50&	00:16+	00:35+	00:04+	00:12#	01:35&	00:15+	00:07+	00:04+	00:37#	00:02+	00:07#	00:02+	00:12+	00:10+	00:08+	00:17#	01:13&	00:04+	00:34#	00:03+			
<b>6</b>	<b>Anke Dannowski</b>	<b>65</b>	<b>1:16:07</b>																						
02:23+	04:53+	07:46+	10:01+	16:53+	20:11+	21:24+	22:35+	27:06+	28:53+	34:29+	35:42+	39:04+	46:42+	47:27+	50:07+	53:51+	57:27+	60:39+	61:57+	67:14+	72:40+	75:20+	76:07+		
02:23+	02:30+	02:53+	02:15+	06:52+	03:18+	01:13+	01:11+	04:31+	01:47+	05:36+	01:13+	03:22+	07:38+	00:45+	02:40+	03:44+	03:36+	03:12+	01:18+	05:17+	05:26+	02:40+	00:47+		
00:17#	00:08+	00:02+	00:07+	00:24+	00:01+	00:25+	02:47+	02:22@	00:27+	04:28@	01:38+	02:32+	06:48@	01:04+	00:37+	00:21#	00:54&	01:54@	02:40+	00:03+	03:09@	01:55@	00:47+		
<b>7</b>	<b>Caroline ryge Carlsen</b>	<b>65</b>	<b>1:21:29</b>																						
02:39+	09:23+	12:51+	20:28+	24:48+	26:36+	30:56+	37:10+	39:59+	41:46+	46:14+	52:31+	53:26+	55:55+	59:46+	66:29+	68:04+	72:25+	77:54+	81:29+						
02:39+	06:44+	03:28+	07:37+	04:20+	01:48+	04:20+	06:14+	02:49+	01:47+	04:28+	06:17+	00:55+	02:29+	03:51+	06:43+	01:35+	04:21+	05:29+	03:35+						
00:33&	04:06@	00:37#	05:15@	02:56+	01:31+	02:42@	02:16&	00:40&	00:27+	03:20@	03:26@	04:59+	01:39@	02:02@	03:26@	01:48+	01:39&	04:11@	00:23+						
<b>8</b>	<b>Isabel Boyd</b>	<b>Gbmto</b>	<b>1:22:44</b>																						
04:40+	08:16+	11:09+	15:40+	24:30+	28:08+	30:08+	35:35+	38:08+	42:02+	43:25+	46:50+	53:55+	54:50+	56:57+	60:40+	64:21+	67:10+	67:51+	68:31+	73:23+	78:44+	81:45+	82:44+		
04:40+	03:36+	02:53+	04:31+	08:50+	03:38+	02:00+	05:27+	02:33+	03:54+	01:23+	03:25+	07:05+	00:55+	02:07+	03:43+	03:41+	02:49+	00:41+	00:40+	04:52+	05:21+	03:01+	00:59+		
02:34@	00:58&	00:02+	02:09&	01:34#	00:19+	00:22#	01:29&	00:24#	01:40&	00:15#	00:34#	01:11#	00:05#	00:18#	00:26#	00:18+	00:07+	00:37+	03:18+	00:28+	03:04@	02:16@	00:59+		
<b>9</b>	<b>Erica Olsson</b>	<b>27</b>	<b>1:27:01</b>																						
02:35+	05:11+	09:15+	11:53+	27:25+	31:15+	32:33+	37:26+	39:58+	43:15+	44:53+	48:29+	55:17+	56:22+	58:57+	64:33+	68:48+	71:32+	73:28+	77:37+	83:19+	86:13+	87:01+			
02:35+	02:36+	04:04+	02:38+	15:32+	03:50+	01:18+	04:53+	02:32+	03:17+	01:38+	03:36+	06:48+	01:05+	02:35+	05:36+	04:15+	02:44+	01:56+	04:09+	05:42+	02:54+	00:48+			
00:29#	00:02+	01:13&	00:16#	08:16@	00:31#	00:20+	00:55#	00:23#	01:03&	00:30&	00:45&	00:54#	00:15&	00:46&	02:19&	00:52&	00:02+	00:38&	00:11+	00:22+	00:37&	00:03+			
<b>10</b>	<b>Laura csucs Fenyvesi</b>	<b>27</b>	<b>1:27:03</b>																						
02:38+	06:09+	09:25+	11:48+	21:36+	26:35+	27:52+	33:38+	36:05+	39:21+	41:19+	44:32+	51:47+	52:52+	56:17+	61:06+	65:30+	69:08+	72:33+	77:15+	83:05+	86:14+	87:03+			
02:38+	03:31+	03:16+	02:23+	09:48+	04:59+	01:17+	05:46+	02:27+	03:16+	01:58+	03:13+	07:15+	01:05+	03:25+	04:49+	04:24+	03:38+	03:25+	04:42+	05:50+	03:09+	00:49+			
00:32&	00:53&	00:25#	00:01+	02:32&	01:40&	00:21+	01:48&	00:18#	01:02&	00:50&	00:22#	01:21#	00:15&	01:36&	01:32&	01:01&	00:56&	02:07@	00:44#	00:30+	00:52&	00:04+			
<b>11</b>	<b>Karin Gustafsson</b>	<b>13</b>	<b>1:34:05</b>																						
03:37+	06:27+	10:02+	16:52+	25:28+	30:41+	32:03+	38:57+	41:47+	44:37+	46:17+	49:25+	56:16+	57:14+	60:25+	68:02+	72:08+	75:42+	77:29+	82:32+	89:23+	93:09+	94:05+			
03:37+	02:50+	03:35+	06:50+	08:36+	05:13+	01:22+	06:54+	02:50+	02:50+	01:40+	03:08+	06:51+	00:58+	03:11+	07:37+	04:06+	03:34+	01:47+	05:03+	06:51+	03:46+	00:56+			
01:31&	00:12+	00:44&	04:28@	01:20#	01:54&	00:16+	02:56&	00:41&	00:36&	00:32&	00:17+	00:57#	00:08#	01:22&	04:20@	00:43#	00:52&	00:29&	01:05&	01:31&	01:29&	00:11#			
<b>12</b>	<b>Zdenka Krivancova</b>	<b>40</b>	<b>1:37:12</b>																						
03:09+	06:47+	10:33+	13:58+	23:40+	28:18+	30:03+	36:13+	39:39+	43:11+	45:24+	49:23+	58:19+	59:31+	62:54+	67:57+	72:27+	76:01+	77:01+	83:24+	90:51+	96:16+	97:12+			
03:09+	03:38+	03:46+	03:25+	09:42+	04:38+	01:45+	06:10+	03:26+	03:32+	02:13+	03:59+	08:56+	01:12+	03:23+	05:03+	04:30+	03:34+	01:00+	06:23+	07:27+	05:25+	00:56+			
01:03&	01:00&	00:55&	01:03&	02:26&	01:19&	00:07+	02:12&	01:17&	01:18&	01:05&	01:08&	03:02&	00:22&	01:34&	01:46&	01:07&	00:52&	00:18+	02:25&	02:07&	03:08@	00:11#			
<b>13</b>	<b>Emmy Albinsson</b>	<b>27</b>	<b>1:43:55</b>																						
02:45+	05:57+	09:49+	12:21+	21:53+	26:04+	27:32+	29:01+	34:53+	37:57+	39:10+	43:30+	45:05+	49:39+	57:06+	61:46+	64:54+	65:52+	69:24+	72:24+	77:12+	81:52+	85:14+	86:45+	92:16+	99:36+
02:45+	03:12+	03:52+	02:32+	09:32+	04:11+	01:28+	01:29+	05:52+	03:04+	01:13+	04:20+	01:35+	04:34+	07:27+	04:40+	03:08+	00:58+	03:32+	03:00+	04:48+	04:40+	03:22+	01:31+	05:31+	07:20+
00:39&	00:34#	01:01&	00:10+	02:16&	00:52&	00:10+	02:29+	03:43@	00:50&	00:05+	01:29&	04:19+	03:44@	05:38@	01:23&	00:15+	01:44+	02:14@	00:58+	00:32+	02:23@	02:37@	01:31+	05:31+	07:20+
103:04+	103:55+																								
03:28+	00:51+																								
03:28+	00:51+																								
<b>Beste stræktid for klassen</b>																									
02:06	02:30	02:51	02:06	04:20	01:48	01:11	01:11	01:54	01:47	01:04	01:13	00:55	00:48	00:45	02:19	01:35	00:58	00:41	00:40	04:00	02:17	00:44			
= Som klassevinner , - raskere , + senere , # 10% tab , & 25% tab , @ 100% tab.																									
<b>1</b>	<b>Annika Henriksen</b>	<b>82</b>	<b>55:56</b>																						
01:53=	06:07=	10:10=	12:11=	16:27=	20:09=	25:13=	27:00=	29:23=	30:33=	33:55=	40:44=	44:25=	46:56=	48:40=	50:48=	52:11=	55:04=	55:56=							
01:53=	04:14=	04:03=	02:01=	04:16=	03:42=	05:04=	01:47=	02:23=	01:10=	03:22=	06:49=	03:41=	02:31=	01:44=	02:08=	01:23=	02:53=	00:52=							
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=							



Class	Navn	Klasse	Tid																
<b>2</b>	<b>Christine Reibert Hansen</b>	<b>1</b>	<b>1:00:55</b>																
01:26-	05:43-	09:37-	11:39-	15:51-	19:45-	25:27+	27:27+	30:04+	31:24+	35:12+	43:01+	48:42+	51:38+	53:17+	55:45+	56:56+	60:09+	60:55+	
01:26-	04:17+	03:54-	02:02+	04:12-	03:54+	05:42+	02:00+	02:37+	01:20+	03:48+	07:49+	05:41+	02:56+	01:39-	02:28+	01:11-	03:13+	00:46-	
00:27-	00:03+	00:09-	00:01+	00:04-	00:12+	00:38#	00:13#	00:14+	00:10#	00:26#	01:00#	02:00#	00:25#	00:05-	00:20#	00:12-	00:20#	00:06-	
<b>3</b>	<b>Viivi Voutilainen</b>	<b>31</b>	<b>1:05:13</b>																
01:41-	06:00-	10:29+	13:40+	19:46+	23:55+	29:14+	31:07+	34:50+	37:12+	41:25+	47:46+	52:35+	55:44+	57:31+	59:46+	61:50+	64:24+	65:13+	
01:41-	04:19+	04:29+	03:11+	06:06+	04:09+	05:19+	01:53+	03:43+	02:22+	04:13+	06:21-	04:49+	03:09+	01:47+	02:15+	02:04+	02:34-	00:49-	
00:12-	00:05+	00:26#	01:10&	01:50&	00:27#	00:15+	00:06+	01:20&	01:12@	00:51&	00:28-	01:08&	00:38&	00:03+	00:07+	00:41&	00:19-	00:03-	
<b>4</b>	<b>Sara Lykke Brinch</b>	<b>11</b>	<b>1:25:12</b>																
01:20-	07:00+	09:35-	16:44+	19:35+	24:57+	29:32+	36:49+	42:15+	45:49+	47:28+	52:31+	61:32+	69:22+	73:19+	75:44+	79:16+	80:42+	84:08+	85:12+
01:20-	05:40+	02:35-	07:09+	02:51-	05:22+	04:35-	07:17+	05:26+	03:34+	01:39-	05:03-	09:01+	07:50+	03:57+	02:25+	03:32+	01:26-	03:26+	01:04+
00:33-	01:26&	01:28-	05:08@	01:25-	01:40&	00:29-	05:30@	03:03@	02:24@	01:43-	01:46-	05:20@	05:19@	02:13@	00:17#	02:09@	01:27-	02:34@	01:04+
<b>5</b>	<b>Ulrika Andersson</b>	<b>18</b>	<b>1:33:21</b>																
03:11+	08:35+	14:55+	18:49+	25:10+	30:48+	38:17+	42:27+	47:59+	50:22+	55:53+	67:48+	74:52+	79:04+	82:19+	85:54+	87:36+	92:15+	93:21+	
03:11+	05:24+	06:20+	03:54+	06:21+	05:38+	07:29+	04:10+	05:32+	02:23+	05:31+	11:55+	07:04+	04:12+	03:15+	03:35+	01:42+	04:39+	01:06+	
01:18&	01:10&	02:17&	01:53&	02:05&	01:56&	02:25&	02:23@	03:09@	01:13@	02:09&	05:06&	03:23&	01:41&	01:31&	01:27&	00:19#	01:46&	00:14&	

### Beste stræktid for klassen

01:20 04:14 02:35 02:01 02:51 03:42 04:35 01:47 02:23 01:10 01:39 05:03 03:41 02:31 01:39 02:08 01:11 01:26 00:46

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## Women Short

<b>1</b>	<b>Lotta Voutilainen</b>	<b>31</b>	<b>1:07:37</b>													
01:38=	06:26=	11:28=	17:16=	26:49=	30:31=	34:48=	36:47=	40:30=	45:26=	49:53=	55:37=	59:05=	62:13=	64:54=	66:48=	67:37=
01:38=	04:48=	05:02=	05:48=	09:33=	03:42=	04:17=	01:59=	03:43=	04:56=	04:27=	05:44=	03:28=	03:08=	02:41=	01:54=	00:49=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Søren ejning Duun</b>	<b>92</b>	<b>1:21:23</b>													
02:46+	07:13+	15:48+	21:50+	30:05+	33:16+	45:08+	47:29+	50:26+	58:28+	62:50+	65:28+	68:01+	78:07+	80:32+	81:23+	
02:46+	04:27-	08:35+	06:02+	08:15-	03:11-	11:52+	02:21+	02:57-	08:02+	04:22-	02:38-	02:33-	10:06+	02:25-	00:51-	
01:08&	00:21-	03:33&	00:14+	01:18-	00:31-	07:35@	00:22#	00:46-	03:06&	00:05-	03:06-	00:55-	06:58@	00:16-	01:03-	
<b>3</b>	<b>Mette Flyvbjerg</b>	<b>75</b>	<b>1:23:57</b>													
02:54+	08:42+	15:02+	22:19+	32:40+	38:08+	44:27+	48:57+	54:14+	56:26+	63:17+	69:53+	73:33+	77:04+	80:12+	82:42+	83:57+
02:54+	05:48+	06:20+	07:17+	10:21+	05:28+	06:19+	04:30+	05:17+	02:12-	06:51+	06:36+	03:40+	03:31+	03:08+	02:30+	01:15+
01:16&	01:00#	01:18&	01:29&	00:48+	01:46&	02:02&	02:31@	01:34&	02:44-	02:24&	00:52#	00:12+	00:23#	00:27#	00:36&	00:26&
<b>4</b>	<b>Ulla Place Petersen</b>	<b>1</b>	<b>1:41:32</b>													
04:17+	10:30+	16:57+	23:59+	43:41+	48:20+	54:37+	58:53+	64:02+	66:41+	76:12+	84:31+	88:27+	92:37+	96:51+	100:10+	101:32+
04:17+	06:13+	06:27+	07:02+	19:42+	04:39+	06:17+	04:16+	05:09+	02:39-	09:31+	08:19+	03:56+	04:10+	04:14+	03:19+	01:22+
02:39@	01:25&	01:25&	01:14#	10:09@	00:57&	02:00&	02:17@	01:26&	02:17-	05:04@	02:35&	00:28#	01:02&	01:33&	01:25&	00:33&
<b>6</b>	<b>Pernilla Sundén</b>	<b>41</b>	<b>2:02:25</b>													
04:28+	14:27+	24:56+	40:50+	46:17+	54:56+	60:31+	68:15+	71:25+	82:04+	93:50+	99:46+	106:14+	118:29+	122:25+		
04:28+	09:59+	10:29+	15:54+	05:27-	08:39+	05:35+	07:44+	03:10-	10:39+	11:46+	05:56+	06:28+	12:15+	03:56+		
02:50@	05:11@	05:27@	10:06@	04:06-	01:18&	05:45@	00:33-	05:43@	07:19@	00:12+	03:00&	09:07@	01:15&			

### Beste stræktid for klassen

01:38 04:27 05:02 05:48 05:27 03:11 04:17 01:59 02:57 02:12 04:22 02:38 02:33 03:08 02:25 00:51 00:49

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.