

Plads Navn Klasse

Tid

D14

1 **Miri Brunstedt Nørgaard** 13 41:21

02:34= 05:39= 06:43= 08:18= 12:45= 18:59= 21:30= 26:09= 30:57= 36:46= 38:54= 41:21=
 02:34= 03:05= 01:04= 01:35= 04:27= 06:14= 02:31= 04:39= 04:48= 05:49= 02:08= 02:27=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

Beste stræktid for klassen

02:34 03:05 01:04 01:35 04:27 06:14 02:31 04:39 04:48 05:49 02:08 02:27

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D16

1 **Gertrud Riis Madsen** 17 1:00:18

04:02= 06:29= 08:40= 16:19= 20:42= 24:02= 27:39= 33:29= 35:59= 37:50= 42:19= 48:09= 51:17= 56:01= 58:19= 60:18=
 04:02= 02:27= 02:11= 07:39= 04:23= 03:20= 03:37= 05:50= 02:30= 01:51= 04:29= 05:50= 03:08= 04:44= 02:18= 01:59=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

Beste stræktid for klassen

04:02 02:27 02:11 07:39 04:23 03:20 03:37 05:50 02:30 01:51 04:29 05:50 03:08 04:44 02:18 01:59

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D21

1 **Camilla Søgaard** 8 1:04:36

02:53= 05:53= 07:25= 10:14= 13:29= 16:27= 23:08= 26:57= 29:14= 30:36= 32:26= 33:54= 35:38= 39:01= 43:32= 50:39= 52:27= 55:26= 58:17= 59:58= 62:45= 64:36=
 02:53= 03:00= 01:32= 02:49= 03:15= 02:58= 06:41= 03:49= 02:17= 01:22= 01:50= 01:28= 01:44= 03:23= 04:31= 07:07= 01:48= 02:59= 02:51= 01:41= 02:47= 01:51=
 00:00=

2 **Emily Benham Kvåle** 6 1:11:04

03:28+ 07:04+ 08:52+ 12:03+ 15:30+ 18:43+ 25:59+ 30:31+ 32:55+ 34:13+ 36:05+ 37:40+ 39:40+ 43:54+ 48:36+ 56:10+ 58:04+ 61:16+ 64:14+ 66:01+ 68:59+ 71:04+
 03:28+ 03:36+ 01:48+ 03:11+ 03:27+ 03:13+ 07:16+ 04:32+ 02:24+ 01:18- 01:52+ 01:35+ 02:00+ 04:14+ 04:42+ 07:34+ 01:54+ 03:12+ 02:58+ 01:47+ 02:58+ 02:05+
 00:35# 00:36# 00:16# 00:22# 00:12+ 00:15+ 00:35+ 00:43# 00:07+ 00:04- 00:02+ 00:07+ 00:16# 00:51& 00:11+ 00:27+ 00:06+ 00:13+ 00:07+ 00:06+ 00:11+ 00:14#

3 **Anke Dannowski** 13 1:13:29

02:54+ 06:10+ 07:55+ 11:22+ 14:43+ 18:15+ 25:37+ 30:09+ 32:53+ 34:11+ 36:45+ 39:03+ 40:53+ 46:05+ 50:51+ 58:24+ 60:16+ 63:34+ 66:49+ 68:47+ 71:20+ 73:29+
 02:54+ 03:16+ 01:45+ 03:27+ 03:21+ 03:32+ 07:22+ 04:32+ 02:44+ 01:18- 02:34+ 02:18+ 01:50+ 05:12+ 04:46+ 07:33+ 01:52+ 03:18+ 03:15+ 01:58+ 02:33- 02:09+
 00:01+ 00:16+ 00:13# 00:38# 00:06+ 00:34# 00:41# 00:43# 00:27# 00:04- 00:44& 00:50& 00:06+ 01:49& 00:15+ 00:26+ 00:04+ 00:19# 00:24# 00:17# 00:14- 00:18#

4 **Christine Reibert Hansen** 1 1:16:22

03:04+ 06:21+ 08:10+ 11:22+ 15:18+ 19:08+ 27:13+ 31:52+ 34:28+ 36:02+ 38:54+ 40:59+ 42:48+ 47:03+ 52:45+ 60:31+ 62:24+ 66:02+ 69:26+ 71:23+ 74:23+ 76:22+
 03:04+ 03:17+ 01:49+ 03:12+ 03:56+ 03:50+ 08:05+ 04:39+ 02:36+ 01:34+ 02:52+ 02:05+ 01:49+ 04:15+ 05:42+ 07:46+ 01:53+ 03:38+ 03:24+ 01:57+ 03:00+ 01:59+
 00:11+ 00:17+ 00:17# 00:23# 00:41# 00:52& 01:24# 00:50# 00:19# 00:12# 01:02& 00:37& 00:05+ 00:52& 00:23+ 02:52& 00:20# 00:35# 00:41# 00:20# 00:12- 00:11+

5 **Birka Øhlschlæger Nielsen** 18 1:20:12

03:19+ 07:09+ 09:02+ 12:23+ 15:58+ 19:27+ 28:05+ 32:52+ 35:59+ 37:23+ 40:06+ 42:26+ 44:29+ 49:27+ 54:21+ 64:20+ 66:28+ 70:02+ 73:34+ 75:35+ 78:10+ 80:12+
 03:19+ 03:50+ 01:53+ 03:21+ 03:35+ 03:29+ 08:38+ 04:47+ 03:07+ 01:24+ 02:43+ 02:20+ 02:03+ 04:58+ 04:54+ 09:59+ 02:08+ 03:34+ 03:32+ 02:01+ 02:35- 02:02+
 00:26# 00:50& 00:21# 00:32# 00:20# 00:31# 01:57& 00:58& 00:50& 00:02+ 00:53& 00:52& 00:19# 01:35& 00:23+ 02:52& 00:20# 00:35# 00:41# 00:20# 00:12- 00:11+

6 **Annika Henriksen** 19 1:23:59

03:31+ 07:08+ 08:57+ 12:52+ 17:01+ 20:22+ 29:34+ 34:54+ 37:51+ 39:42+ 43:49+ 45:41+ 47:45+ 53:28+ 58:44+ 67:37+ 69:44+ 73:21+ 76:59+ 79:07+ 81:52+ 83:59+
 03:31+ 03:37+ 01:49+ 03:55+ 04:09+ 03:21+ 09:12+ 05:20+ 02:57+ 01:51+ 04:07+ 01:52+ 02:04+ 05:43+ 05:16+ 08:53+ 02:07+ 03:37+ 03:38+ 02:08+ 02:45- 02:07+
 00:38# 00:37# 00:17# 01:06& 00:54& 00:23# 02:31& 01:31& 00:40& 00:29& 02:17@ 00:24& 00:20# 02:20& 00:45# 01:46# 00:19# 00:38# 00:47& 00:27& 00:02- 00:16#

7 **Ea Lykke Otte** 24 1:33:51

03:47+ 07:25+ 09:20+ 13:02+ 16:37+ 20:58+ 30:49+ 36:17+ 39:00+ 40:46+ 48:17+ 51:15+ 53:22+ 57:49+ 62:50+ 77:31+ 79:41+ 83:32+ 87:04+ 89:07+ 91:52+ 93:51+
 03:47+ 03:38+ 01:55+ 03:42+ 03:35+ 04:21+ 09:51+ 05:28+ 02:43+ 01:46+ 07:31+ 02:58+ 02:07+ 04:27+ 05:01+ 14:41+ 02:10+ 03:51+ 03:32+ 02:03+ 02:45- 01:59+
 00:54& 00:38# 00:23# 00:53& 00:20# 01:23& 03:10& 01:39& 00:26# 00:24& 05:41@ 01:30@ 00:23# 01:04& 00:30# 07:34@ 00:22# 00:52& 00:41# 00:22# 00:02- 00:08+

9 **Gerit Pful** 21 1:39:54

10:08+ 14:19+ 16:21+ 20:19+ 24:36+ 28:41+ 36:34+ 43:04+ 47:13+ 49:19+ 51:53+ 54:15+ 56:46+ 61:41+ 67:10+ 77:43+ 81:25+ 83:41+ 87:37+ 91:51+ 94:05+ 97:41+ 99:54+
 10:08+ 04:11+ 02:02+ 03:58+ 04:17+ 04:05+ 07:53+ 06:30+ 04:09+ 02:06+ 02:34+ 02:22+ 02:31+ 04:55+ 05:29+ 10:33+ 03:42+ 02:16- 03:56+ 04:14+ 02:14- 03:36+ 02:13+
 07:15@ 01:11& 00:30& 01:09& 01:02& 01:07& 01:12# 02:41& 01:52& 00:44& 00:44& 00:54& 00:47& 01:32& 00:58# 03:26& 01:54@ 00:43- 01:05& 02:33@ 00:33- 01:45& 02:13+

Class	Navn	Klasse	Tid																					
10	Joanne Pickering	23	1:43:44																					
03:27+	07:08+	08:57+	13:09+	17:19+	20:52+	27:10+	32:41+	37:29+	39:51+	45:00+	47:41+	50:12+	54:23+	62:26+	64:51+	69:43+	75:42+	86:21+	88:44+	92:47+	96:41+	98:54+	101:39+	103:44+
03:27+	03:41+	01:49+	04:12+	04:10+	03:33+	06:18-	05:31+	04:48+	02:22+	05:09+	02:41+	02:31+	04:11+	08:03+	02:25-	04:52+	05:59+	10:39+	02:23+	04:03+	03:54+	02:13+	02:45+	02:05+
00:34#	00:41#	00:17#	01:23&	00:55&	00:35#	00:23-	01:42&	02:31@	01:00&	03:19@	01:13&	00:47&	00:48#	03:32&	04:42-	03:04@	03:00@	07:48@	00:42&	01:16&	02:03@	02:13+	02:45+	02:05+
11	Sara Lykke Brinch	4	1:47:00																					
03:45+	07:51+	10:15+	13:56+	18:00+	22:33+	37:13+	43:43+	47:21+	49:26+	53:18+	56:06+	61:06+	66:41+	75:58+	86:47+	89:27+	93:50+	98:46+	101:00+	104:18+	107:00+			
03:45+	04:06+	02:24+	03:41+	04:04+	04:33+	14:40+	06:30+	03:38+	02:05+	03:52+	02:48+	05:00+	05:35+	09:17+	10:49+	02:40+	04:23+	04:56+	02:14+	03:18+	02:42+			
00:52&	01:06&	00:52&	00:52&	00:49&	01:35&	07:59@	02:41&	01:21&	00:43&	02:02@	01:20&	03:16@	02:12&	04:46@	03:42&	00:52&	01:24&	02:05&	00:33&	00:31#	00:51&			
Beste stræktid for klassen																								
02:53	03:00	01:32	02:49	03:15	02:58	06:18	03:49	02:17	01:18	01:50	01:28	01:44	03:23	04:31	02:25	01:48	02:16	02:51	01:41	02:14	01:51			

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D40

1	Katja Brunstedt	13	1:16:02																					
04:09=	08:00=	09:51=	13:51=	17:46=	23:20=	25:56=	28:08=	30:35=	34:19=	37:35=	39:54=	45:38=	52:14=	58:31=	60:55=	64:52=	71:08=	73:56=	76:02=					
04:09=	03:51=	01:51=	04:00=	03:55=	05:34=	02:36=	02:12=	02:27=	03:44=	03:16=	02:19=	05:44=	06:36=	06:17=	02:24=	03:57=	06:16=	02:48=	02:06=					
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=					
2	Anne Loftager	22	1:30:16																					
04:44+	08:53+	10:44+	15:07+	20:27+	27:58+	31:38+	33:29+	36:41+	40:24+	44:10+	46:31+	54:42+	64:51+	71:37+	74:04+	78:32+	84:47+	88:03+	90:16+					
04:44+	04:09+	01:51=	04:23+	05:20+	07:31+	03:40+	01:51-	03:12+	03:43-	03:46+	02:21+	08:11+	10:09+	06:46+	02:27+	04:28+	06:15-	03:16+	02:13+					
00:35#	00:18+	00:00=	00:23+	01:25&	01:57&	01:04&	00:21-	00:45&	00:01-	00:30#	00:02+	02:27&	03:33&	00:29+	00:03+	00:31#	00:01-	00:28#	00:07+					
Beste stræktid for klassen																								
04:09	03:51	01:51	04:00	03:55	05:34	02:36	01:51	02:27	03:43	03:16	02:19	05:44	06:36	06:17	02:24	03:57	06:15	02:48	02:06					

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D50

1	Berit Harfot	8	1:29:27																					
04:55=	09:36=	11:31=	16:00=	20:30=	27:17=	31:37=	34:17=	38:38=	43:41=	47:29=	50:15=	57:38=	65:01=	70:58=	73:21=	77:48=	83:45=	86:50=	89:27=					
04:55=	04:41=	01:55=	04:29=	04:30=	06:47=	04:20=	02:40=	04:21=	05:03=	03:48=	02:46=	07:23=	07:23=	05:57=	02:23=	04:27=	05:57=	03:05=	02:37=					
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=					
2	Lene Bejer	22	1:33:53																					
06:36+	11:25+	13:31+	18:21+	24:32+	33:05+	36:59+	39:21+	42:03+	46:43+	50:32+	52:59+	60:41+	67:53+	74:51+	77:16+	82:01+	88:19+	91:30+	93:53+					
06:36+	04:49+	02:06+	04:50+	06:11+	08:33+	03:54-	02:22-	02:42-	04:40-	03:49+	02:27-	07:42+	07:12-	06:58+	02:25+	04:45+	06:18+	03:11+	02:23-					
01:41&	00:08+	00:11+	00:21+	01:41&	01:46&	00:26-	00:18-	01:39-	00:23-	00:01+	00:19-	00:19+	00:11-	01:01#	00:02+	00:18+	00:21+	00:06+	00:14-					
3	Marianne Kjeldsen	24	1:41:03																					
05:33+	10:03+	11:45+	16:18+	21:15+	26:22-	31:06-	34:13-	36:48-	42:08-	45:59-	48:11-	54:38-	70:53+	79:31+	82:17+	86:33+	94:52+	98:02+	101:03+					
05:33+	04:30-	01:42-	04:33+	04:57+	05:07-	04:44+	03:07+	02:35-	05:20+	03:51+	02:12-	06:27-	16:15+	08:38+	02:46+	04:16-	08:19+	03:10+	03:01+					
00:38#	00:11-	00:13-	00:04+	00:27#	01:40-	00:24+	00:27#	01:46-	00:17+	00:03+	00:34-	00:56-	08:52@	02:41&	00:23#	00:11-	02:22&	00:05+	00:24#					
Beste stræktid for klassen																								
04:55	04:30	01:42	04:29	04:30	05:07	03:54	02:22	02:35	04:40	03:48	02:12	06:27	07:12	05:57	02:23	04:16	05:57	03:05	02:23					

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D60

1	Tove Sonne Andersen	13	1:28:01																					
09:28=	11:29=	17:35=	23:14=	28:18=	34:25=	39:37=	42:01=	47:27=	51:11=	53:56=	59:36=	83:07=	86:02=	88:01=										
09:28=	02:01=	06:06=	05:39=	05:04=	06:07=	05:12=	02:24=	05:26=	03:44=	02:45=	05:40=	23:31=	02:55=	01:59=										
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=										
Beste stræktid for klassen																								
09:28	02:01	06:06	05:39	05:04	06:07	05:12	02:24	05:26	03:44	02:45	05:40	23:31	02:55	01:59										

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D70

1	Kirsten Brunstedt	13	1:21:43												
04:52=	07:43=	11:11=	13:58=	18:59=	25:06=	30:46=	42:42=	51:26=	54:14=	59:59=	62:48=	66:00=	72:12=	78:32=	81:43=
04:52=	02:51=	03:28=	02:47=	05:01=	06:07=	05:40=	11:56=	08:44=	02:48=	05:45=	02:49=	03:12=	06:12=	06:20=	03:11=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Ansa Maclassen	17	1:24:16												
06:31+	09:51+	13:56+	17:29+	22:12+	28:06+	33:45+	42:41-	50:50-	53:48-	60:04+	63:13+	66:32+	74:39+	81:02+	84:16+
06:31+	03:20+	04:05+	03:33+	04:43-	05:54-	05:39-	08:56-	08:09-	02:58+	06:16+	03:09+	03:19+	08:07+	06:23+	03:14+
01:39&	00:29#	00:37#	00:46&	00:18-	00:13-	00:01-	03:00-	00:35-	00:10+	00:31+	00:20#	00:07+	01:55&	00:03+	00:03+

Beste stræktid for klassen
 04:52 02:51 03:28 02:47 04:43 05:54 05:39 08:56 08:09 02:48 05:45 02:49 03:12 06:12 06:20 03:11

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H20

1	Marko Birk Nielsen	24	1:26:23																		
03:47=	07:42=	09:35=	13:41=	17:22=	21:27=	30:16=	35:06=	37:58=	39:33=	43:45=	46:03=	48:14=	53:14=	60:10=	70:31=	72:28=	76:06=	79:43=	81:45=	84:18=	86:23=
03:47=	03:55=	01:53=	04:06=	03:41=	04:05=	08:49=	04:50=	02:52=	01:35=	04:12=	02:18=	02:11=	05:00=	06:56=	10:21=	01:57=	03:38=	03:37=	02:02=	02:33=	02:05=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Beste stræktid for klassen
 03:47 03:55 01:53 04:06 03:41 04:05 08:49 04:50 02:52 01:35 04:12 02:18 02:11 05:00 06:56 10:21 01:57 03:38 03:37 02:02 02:33 02:05

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H21

1	Oliver Friis	8	1:05:22																					
02:34=	05:22=	06:46=	09:35=	12:39=	15:15=	20:16=	23:09=	25:46=	26:56=	28:48=	31:05=	32:38=	35:07=	37:35=	41:18=	43:25=	45:05=	50:46=	54:15=	55:46=	60:05=	61:35=	63:40=	65:22=
02:34=	02:48=	01:24=	02:49=	03:04=	02:36=	05:01=	02:53=	02:37=	01:10=	01:52=	02:17=	01:33=	02:29=	02:28=	03:43=	02:07=	01:40=	05:41=	03:29=	01:31=	04:19=	01:30=	02:05=	01:42=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Hans Jørgen Kvåle	6	1:06:10																					
02:45+	05:41+	07:15+	09:54+	12:59+	15:40+	20:44+	23:49+	26:23+	27:28+	29:07+	31:21+	32:48+	35:13+	37:31-	41:36+	43:40+	45:14+	51:08+	54:23+	55:56+	60:27+	61:52+	64:26+	66:10+
02:45+	02:56+	01:34+	02:39-	03:05+	02:41+	05:04+	03:05+	02:34-	01:05-	01:39-	02:14-	01:27-	02:25-	02:18-	04:05+	02:04-	01:34-	05:54+	03:15-	01:33+	04:31+	01:25-	02:34+	01:44+
00:11+	00:08+	00:10#	00:10-	00:01+	00:05+	00:03+	00:12+	00:03-	00:05-	00:13-	00:03-	00:06-	00:04-	00:10-	00:22+	00:03-	00:06-	00:13+	00:14-	00:02+	00:12+	00:05-	00:29#	00:02+

3	Rasmus Søgaard	8	1:07:46																					
03:02+	05:45+	07:10+	09:59+	12:57+	15:37+	21:57+	24:44+	27:27+	28:57+	31:15+	34:19+	35:37+	37:46+	39:55+	43:33+	45:43+	47:09+	52:54+	56:06+	57:35+	61:51+	63:27+	66:07+	67:46+
03:02+	02:43-	01:25+	02:49=	02:58-	02:40+	06:20+	02:47-	02:43+	01:30+	02:18+	03:04+	01:18-	02:09-	02:09-	03:38-	02:10+	01:26-	05:45+	03:12-	01:29-	04:16-	01:36+	02:40+	01:39-
00:28#	00:05-	00:01+	00:00=	00:06-	00:04+	01:19&	00:06-	00:06+	00:20&	00:26#	00:47&	00:15-	00:20-	00:19-	00:05-	00:03+	00:14-	00:04+	00:17-	00:02-	00:03-	00:06+	00:35&	00:03-

4	Allan Jensen	18	1:08:29																					
02:43+	05:33+	07:10+	09:54+	12:54+	15:41+	20:44+	23:38+	26:33+	27:52+	30:07+	32:23+	33:54+	36:29+	39:27+	43:32+	45:31+	47:04+	52:49+	56:23+	58:01+	62:23+	64:02+	66:38+	68:29+
02:43+	02:50+	01:37+	02:44-	03:00-	02:47+	05:03+	02:54+	02:55+	01:19+	02:15+	02:16-	01:31-	02:35+	02:58+	04:05+	01:59-	01:33-	05:45+	03:34+	01:38+	04:22+	01:39+	02:36+	01:51+
00:09+	00:02+	00:13#	00:05-	00:04-	00:11+	00:02+	00:01+	00:18#	00:09#	00:23#	00:01-	00:02-	00:06+	00:30#	00:22+	00:08-	00:07-	00:04+	00:05+	00:07+	00:03+	00:09#	00:31#	00:09+

5	Peter Reibert Hansen	1	1:10:57																					
02:43+	05:38+	07:05+	10:34+	13:39+	16:24+	23:37+	26:44+	29:26+	30:44+	32:27+	35:00+	36:29+	38:58+	41:17+	45:18+	47:52+	49:29+	55:27+	59:04+	60:40+	65:20+	66:58+	69:07+	70:57+
02:43+	02:55+	01:27+	03:29+	03:05+	02:45+	07:13+	03:07+	02:42+	01:18+	01:43-	02:33+	01:29-	02:29=	02:19-	04:01+	02:34+	01:37-	05:58+	03:37+	01:36+	04:40+	01:38+	02:09+	01:50+
00:09+	00:07+	00:03+	00:40#	00:01+	00:09+	02:12&	00:14+	00:05+	00:08#	00:09-	00:16#	00:04-	00:00=	00:09-	00:18+	00:27#	00:03-	00:17+	00:08+	00:05+	00:21+	00:08+	00:04+	00:08+

6	Mikkel Brunstedt Nørgaard	13	1:11:27																					
02:42+	05:31+	07:02+	09:55+	12:58+	15:49+	21:19+	24:19+	26:47+	28:05+	30:22+	32:42+	34:13+	36:48+	39:07+	43:18+	45:37+	50:14+	56:30+	60:01+	61:33+	65:59+	67:36+	69:45+	71:27+
02:42+	02:49+	01:31+	02:53+	03:03-	02:51+	05:30+	03:00+	02:28-	01:18+	02:17+	02:20+	01:31-	02:35+	02:19-	04:11+	02:19+	04:37+	06:16+	03:31+	01:32+	04:26+	01:37+	02:09+	01:42=
00:08+	00:01+	00:07+	00:04+	00:01-	00:15+	00:29+	00:07+	00:09-	00:08#	00:25#	00:03+	00:02-	00:06+	00:09-	00:28#	00:12+	02:57@	00:35#	00:02+	00:01+	00:07+	00:07+	00:04+	00:00=

7	Johan Maclassen	17	1:16:05																					
02:54+	06:26+	07:59+	11:12+	14:31+	17:17+	23:18+	26:30+	29:41+	31:07+	34:25+	36:46+	38:16+	41:09+	43:49+	47:55+	50:29+	52:06+	58:21+	62:19+	64:01+	69:19+	71:00+	74:00+	76:05+
02:54+	03:32+	01:33+	03:13+	03:19+	02:46+	06:01+	03:12+	03:11+	01:26+	03:18+	02:21+	01:30-	02:53+	02:40+	04:06+	02:34+	01:37-	06:15+	03:58+	01:42+	05:18+	01:41+	03:00+	02:05+
00:20#	00:44&	00:09#	00:24#	00:15+	00:10+	01:00#	00:19#	00:34#	00:16#	01:26&	00:04+	00:03-	00:24#	00:12+	00:23#	00:27#	00:03-	00:34+	00:29#	00:11#	00:59#	00:11#	00:55&	00:23#

Beste stræktid for klassen

02:34 02:43 01:24 02:39 02:58 02:36 05:01 02:47 02:28 01:05 01:39 02:14 01:18 02:09 02:09 03:38 01:59 01:26 05:41 03:12 01:29 04:16 01:25 02:05 01:39

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H40

1 Morten Bang Nørgaard

13

1:13:10

02:44= 06:02= 07:39= 11:16= 14:42= 18:02= 25:52= 30:06= 33:09= 34:28= 37:22= 39:44= 41:39= 46:26= 51:09= 58:39= 60:28= 63:45= 67:11= 69:02= 71:20= 73:10=
 02:44= 03:18= 01:37= 03:37= 03:26= 03:20= 07:50= 04:14= 03:03= 01:19= 02:54= 02:22= 01:55= 04:47= 04:43= 07:30= 01:49= 03:17= 03:26= 01:51= 02:18= 01:50=
 00:00=

2 Preben Brinch

4

1:21:15

03:46+ 07:30+ 09:24+ 12:39+ 16:29+ 20:14+ 28:46+ 33:48+ 36:42+ 38:30+ 41:53+ 43:51+ 46:24+ 51:11+ 56:34+ 64:53+ 66:55+ 70:30+ 74:11+ 76:19+ 79:06+ 81:15+
 03:46+ 03:44+ 01:54+ 03:15- 03:50+ 03:45+ 08:32+ 05:02+ 02:54- 01:48+ 03:23+ 01:58- 02:33+ 04:47= 05:23+ 08:19+ 02:02+ 03:35+ 03:41+ 02:08+ 02:47+ 02:09+
 01:02& 00:26# 00:17# 00:22- 00:24# 00:25# 00:42+ 00:48# 00:09- 00:29& 00:29# 00:24- 00:38& 00:00= 00:40# 00:49# 00:13# 00:18+ 00:15+ 00:17# 00:29# 00:19#

3 Dan Nielsen

22

1:26:53

03:38+ 09:39+ 14:07+ 18:02+ 22:04+ 31:46+ 37:11+ 39:58+ 41:29+ 44:39+ 46:25+ 48:43+ 53:30+ 60:49+ 69:34+ 71:51+ 75:57+ 79:58+ 82:01+ 84:46+ 86:53+
 03:38+ 06:01+ 04:28+ 03:55+ 04:02+ 09:42+ 05:25- 02:47- 01:31- 03:10+ 01:46- 02:18- 04:47+ 07:19+ 08:45+ 02:17- 04:06+ 04:01+ 02:03- 02:45+ 02:07-
 00:54& 02:43& 02:51@ 00:18+ 00:36# 06:22@ 02:25- 01:27- 01:32- 01:51@ 01:08- 00:04- 02:52@ 02:32& 04:02& 05:13- 02:17@ 00:44# 01:23- 00:54& 00:11-

4 Martin Thorwart

15

1:38:12

03:55+ 08:07+ 10:20+ 14:05+ 18:15+ 22:20+ 31:55+ 38:09+ 41:25+ 43:10+ 46:25+ 50:20+ 54:15+ 61:16+ 69:23+ 79:20+ 81:50+ 85:57+ 90:02+ 92:16+ 95:57+ 98:12+
 03:55+ 04:12+ 02:13+ 03:45+ 04:10+ 04:05+ 09:35+ 06:14+ 03:16+ 01:45+ 03:15+ 03:55+ 03:55+ 07:01+ 08:07+ 09:57+ 02:30+ 04:07+ 04:05+ 02:14+ 03:41+ 02:15+
 01:11& 00:54& 00:36& 00:08+ 00:44# 00:45# 01:45# 02:00& 00:13+ 00:26& 00:21# 01:33& 02:00@ 02:14& 03:24& 02:27& 00:41& 00:50& 00:39# 00:23# 01:23& 00:25#

5 Lars Forsberg

22

1:42:33

04:08+ 14:46+ 16:47+ 20:45+ 25:11+ 29:05+ 38:13+ 46:50+ 53:15+ 56:42+ 58:15+ 61:53+ 63:56+ 66:16+ 70:45+ 76:25+ 84:41+ 86:54+ 90:52+ 94:39+ 96:52+ 100:06+ 102:33+
 04:08+ 10:38+ 02:01+ 03:58+ 04:26+ 03:54+ 09:08+ 08:37+ 06:25+ 03:27+ 01:33- 03:38+ 02:03+ 02:20- 04:29- 05:40- 08:16+ 02:13- 03:58+ 03:47+ 02:13- 03:14+ 02:27+
 01:24& 07:20@ 00:24# 00:21+ 01:00& 00:34# 01:18# 04:23@ 03:22@ 02:08@ 01:21- 01:16& 00:08+ 02:27- 00:14- 01:50- 06:27@ 01:04- 00:32# 01:56@ 00:05- 01:24& 02:27+

6 Lukas Wilms UFK

Cau-OI

2:00:57

03:57+ 08:31+ 10:55+ 17:27+ 23:20+ 28:03+ 38:46+ 44:06+ 48:00+ 52:07+ 57:55+ 60:46+ 64:43+ 77:49+ 85:03+ 101:54+ 104:01+ 108:08+ 112:47+ 115:22+ 118:39+ 120:57+
 03:57+ 04:34+ 02:24+ 06:32+ 05:53+ 04:43+ 10:43+ 05:20+ 03:54+ 04:07+ 05:48+ 02:51+ 03:57+ 13:06+ 07:14+ 16:51+ 02:07+ 04:07+ 04:39+ 02:35+ 03:17+ 02:18+
 01:13& 01:16& 00:47& 02:55& 02:27& 01:23& 02:53& 01:06& 00:51& 02:48@ 02:54& 00:29# 02:02@ 08:19@ 02:31& 09:21@ 00:18# 00:50& 01:13& 00:44& 00:59& 00:28&

Beste stræktid for klassen

02:44 03:18 01:37 03:15 03:26 03:20 05:25 02:47 01:31 01:19 01:33 01:58 01:55 02:20 04:29 02:17 01:49 02:13 02:03 01:51 02:07 01:50

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H50

1 Jan Møller

24

1:08:51

03:10= 06:16= 08:11= 11:19= 14:32= 17:45= 24:57= 29:12= 31:45= 33:38= 35:36= 37:13= 38:58= 42:42= 47:17= 54:19= 56:04= 59:37= 62:54= 64:36= 66:52= 68:51=
 03:10= 03:06= 01:55= 03:08= 03:13= 03:13= 07:12= 04:15= 02:33= 01:53= 01:58= 01:37= 01:45= 03:44= 04:35= 07:02= 01:45= 03:33= 03:17= 01:42= 02:16= 01:59=
 00:00=

2 Tommy Damsgaard

22

1:11:43

03:06- 06:27+ 08:09- 11:35+ 14:48+ 17:50+ 25:42+ 30:06+ 32:31+ 33:44+ 36:08+ 37:40+ 39:32+ 43:13+ 48:25+ 57:02+ 58:58+ 62:12+ 65:19+ 67:13+ 69:42+ 71:43+
 03:06- 03:21+ 01:42- 03:26+ 03:13= 03:02- 07:52+ 04:24+ 02:25- 01:13- 02:24+ 01:32- 01:52+ 03:41- 05:12+ 08:37+ 01:56+ 03:14- 03:07- 01:54+ 02:29+ 02:01+
 00:04- 00:15+ 00:13- 00:18+ 00:00= 00:11- 00:40+ 00:09+ 00:08- 00:40- 00:26# 00:05- 00:07+ 00:03- 00:37# 01:35# 00:11# 00:19- 00:10- 00:12# 00:13+ 00:02+

3 Bjarne Topp

13

1:13:59

03:19+ 06:48+ 08:40+ 12:07+ 15:46+ 19:21+ 26:23+ 31:04+ 33:34+ 34:59+ 37:09+ 38:59+ 40:52+ 45:13+ 50:19+ 57:43+ 59:42+ 63:21+ 66:31+ 68:37+ 71:47+ 73:59+
 03:19+ 03:29+ 01:52- 03:27+ 03:39+ 03:35+ 07:02- 04:41+ 02:30- 01:25- 02:10+ 01:50+ 01:53+ 04:21+ 05:06+ 07:24+ 01:59+ 03:39+ 03:10- 02:06+ 03:10+ 02:12+
 00:09+ 00:23# 00:03- 00:19# 00:26# 00:10- 00:26# 00:03- 00:28- 00:12# 00:13# 00:08+ 00:08+ 00:31# 00:22+ 00:14# 00:06+ 00:07- 00:24# 00:54& 00:13#

4 Allan Topp

13

1:15:04

04:17+ 07:36+ 09:18+ 12:51+ 16:27+ 20:04+ 27:23+ 31:51+ 34:23+ 36:16+ 38:55+ 41:05+ 43:00+ 47:29+ 53:00+ 60:23+ 62:10+ 65:32+ 69:02+ 70:49+ 73:10+ 75:04+
 04:17+ 03:19+ 01:42- 03:33+ 03:36+ 03:37+ 07:19+ 04:28+ 02:32- 01:53= 02:39+ 02:10+ 01:55+ 04:29+ 05:31+ 07:23+ 01:47+ 03:22- 03:30+ 01:47+ 02:21+ 01:54-
 01:07& 00:13+ 00:13- 00:25# 00:23# 00:24# 00:07+ 00:13+ 00:01- 00:00= 00:41& 00:33& 00:10+ 00:45# 00:56# 00:21+ 00:02+ 00:11- 00:13+ 00:05+ 00:05+ 00:05-

5 Helge Tillingsøe

3

1:18:03

03:44+ 07:12+ 09:08+ 12:27+ 16:20+ 21:09+ 28:13+ 32:43+ 35:31+ 36:53+ 40:31+ 42:26+ 45:01+ 49:21+ 55:36+ 63:17+ 65:11+ 68:31+ 71:48+ 73:33+ 75:59+ 78:03+
 03:44+ 03:28+ 01:56+ 03:19+ 03:53+ 04:49+ 07:04- 04:30+ 02:48+ 01:22- 03:38+ 01:55+ 02:35+ 04:20+ 06:15+ 07:41+ 01:54+ 03:20- 03:17= 01:45+ 02:26+ 02:04+
 00:34# 00:22# 00:01+ 00:11+ 00:40# 01:36& 00:08- 00:15+ 00:15+ 00:31- 01:40& 00:18# 00:50& 00:36# 01:40& 00:39+ 00:09+ 00:13- 00:00= 00:03+ 00:10+ 00:05+

Class	Navn	Klasse	Tid
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6	Bjørn Sommer	25	1:19:08
03:09-	06:46+	08:30+	11:45+
03:09-	03:37+	01:44-	03:15+
00:01-	00:31#	00:11-	00:07+

15:05+	18:19+	26:24+	31:36+	34:59+	36:16+	40:04+	41:58+	44:20+	50:08+	54:52+	63:54+	65:43+	69:05+	72:05+	74:01+	77:15+	79:08+
03:20+	03:14+	08:05+	05:12+	03:23+	01:17-	03:48+	01:54+	02:22+	05:48+	04:44+	09:02+	01:49+	03:22-	03:00-	01:56+	03:14+	01:53-
00:07+	00:01+	00:53#	00:57#	00:50&	00:36-	01:50&	00:17#	00:37&	02:04&	00:09+	02:00&	00:04+	00:11-	00:17-	00:14#	00:58&	00:06-

7	Jan Johansen	14	1:27:10
03:23+	07:13+	09:11+	13:09+
03:23+	03:50+	01:58+	03:58+
00:13+	00:44#	00:03+	00:50&

17:19+	20:56+	29:33+	34:39+	37:42+	39:22+	42:55+	44:53+	47:47+	52:43+	59:28+	69:55+	72:16+	76:03+	79:51+	82:05+	84:50+	87:10+
04:10+	03:37+	08:37+	05:06+	03:03+	01:40-	03:33+	01:58+	02:54+	04:56+	06:45+	10:27+	02:21+	03:47+	03:48+	02:14+	02:45+	02:20+
00:24#	01:25#	00:51#	00:30#	00:13-	01:35&	00:21#	01:09&	01:12&	02:10&	03:25&	00:36&	00:14+	00:31#	00:32&	00:29#	00:21#	

8	Anders Harfot	8	1:37:35
03:38+	07:21+	09:17+	13:29+
03:38+	03:43+	01:56+	04:12+
00:28#	00:37#	00:01+	01:04&

17:51+	22:16+	32:38+	38:12+	41:24+	43:32+	48:03+	50:48+	54:00+	59:24+	66:16+	76:11+	78:37+	82:42+	86:45+	89:04+	95:15+	97:35+
04:22+	04:25+	10:22+	05:34+	03:12+	02:08+	04:31+	02:45+	03:12+	05:24+	06:52+	09:55+	02:26+	04:05+	04:03+	02:19+	06:11+	02:20+
01:09&	01:12&	03:10&	01:19&	00:39&	00:15#	02:33@	01:08&	01:27&	01:40&	02:17&	02:53&	00:41&	00:32#	00:46#	00:37&	03:55@	00:21#

9	Jens Bentsen	13	1:40:11
04:06+	08:05+	10:16+	14:48+
04:06+	03:59+	02:11+	04:32+
00:56&	00:53&	00:16#	01:24&

18:50+	25:12+	37:41+	43:10+	46:19+	47:56+	52:05+	54:42+	57:47+	62:58+	70:20+	79:46+	81:52+	85:45+	89:25+	91:37+	94:44+	100:11+
06:22+	12:29+	05:29+	03:09+	01:37-	04:09+	02:37+	03:05+	05:11+	07:22+	09:26+	02:06+	03:53+	03:40+	02:12+	03:07+	05:27+	
03:09&	05:17&	01:14&	00:36#	00:16-	02:11@	01:00&	01:20&	01:27&	02:42&	02:24&	00:21#	00:20+	00:23#	00:30&	00:51&	03:28@	

10	Carl Peter Noe	18	1:40:27
03:45+	08:01+	10:10+	14:11+
03:45+	04:16+	02:09+	04:01+
00:35#	01:10&	00:14#	00:53&

18:27+	22:51+	32:25+	38:07+	41:30+	44:12+	47:05+	49:51+	54:32+	59:47+	70:14+	80:24+	82:49+	86:44+	91:39+	93:57+	97:50+	100:27+
04:16+	04:24+	09:34+	05:42+	03:23+	02:42+	02:53+	02:46+	04:41+	05:15+	10:27+	10:10+	02:25+	03:55+	04:55+	02:18+	03:53+	02:37+
01:09&	01:11&	02:22&	01:27&	00:50&	00:49&	00:55&	01:09&	02:56@	01:31&	05:52@	03:08&	00:40&	00:22#	01:38&	00:36&	01:37&	00:38&

11	Anker Møller	18	1:40:37
04:25+	09:18+	11:28+	15:45+
04:25+	04:53+	02:10+	04:17+
01:15&	01:47&	00:15#	01:09&

19:39+	23:27+	33:10+	38:33+	41:39+	43:10+	48:09+	52:23+	54:53+	59:54+	67:21+	78:32+	82:12+	86:22+	91:16+	94:03+	98:20+	100:37+
03:54+	03:48+	09:43+	05:23+	03:06+	01:31-	04:59+	04:14+	02:30+	05:01+	07:27+	11:11+	03:40+	04:10+	04:54+	02:47+	04:17+	02:17+
00:41#	00:35#	02:31&	01:08&	00:33#	00:22-	03:01@	02:37@	00:45&	01:17&	02:52&	04:09&	01:55@	00:37#	01:37&	01:05&	02:01&	00:18#

12	Søren Bak	24	1:44:53
03:48+	08:55+	11:45+	15:54+
03:48+	05:07+	02:50+	04:09+
00:38#	02:01&	00:55&	01:01&

20:14+	25:00+	34:49+	40:59+	44:45+	48:04+	51:12+	54:28+	57:13+	62:25+	70:02+	83:11+	85:52+	90:11+	95:26+	98:14+	102:10+	104:53+
04:46+	09:49+	06:10+	03:46+	03:19+	03:08+	03:16+	02:45+	05:12+	07:37+	13:09+	02:41+	04:19+	05:15+	02:48+	03:56+	02:43+	
01:07&	01:33&	02:37&	01:55&	01:13&	01:26&	01:10&	01:39@	01:00&	01:28&	03:02&	06:07&	00:56&	00:46#	01:58&	01:06&	01:40&	00:44&

13	Henrik Jørgensen	1	1:45:32
04:15+	08:49+	11:13+	15:25+
04:15+	04:34+	02:24+	04:37+
01:05&	01:28&	00:29&	01:04&

20:02+	23:57+	32:45+	39:13+	43:06+	45:02+	47:39+	50:02+	55:59+	61:52+	68:26+	82:40+	85:17+	89:41+	94:33+	97:24+	102:34+	105:32+
03:55+	08:48+	06:28+	03:53+	01:56+	02:37+	02:23+	05:57+	05:53+	06:34+	14:14+	02:37+	04:24+	04:52+	02:51+	05:10+	02:58+	
00:42#	01:36#	02:13&	01:20&	00:03+	00:39&	00:46&	04:12@	02:09&	01:59&	07:12@	00:52&	00:51#	01:35&	01:09&	02:54@	00:59&	

Beste stræktid for klassen
 03:06 03:06 01:42 03:08 03:13 03:02 07:02 04:15 02:25 01:13 01:58 01:32 01:45 03:41 04:35 07:02 01:45 03:14 03:00 01:42 02:16 01:53

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Plas	Navn	Klasse	Tid
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Beste stræktid for klassen

04:12 03:29 01:34 01:39 03:38 04:35 02:27 02:09 01:59 02:33 03:22 02:09 02:10 06:02 04:54 02:05 02:15 03:51 02:41 01:49

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H70

1 Christian Strandgaard 1 52:52

05:49= 07:15= 09:57= 11:59= 14:46= 17:42= 23:59= 26:32= 29:11= 32:43= 38:40= 44:23= 50:24= 52:52=

05:49= 01:26= 02:42= 02:02= 02:47= 02:56= 06:17= 02:33= 02:39= 03:32= 05:57= 05:43= 06:01= 02:28=

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2 Poul Erik Buch 11 54:49

05:38- 07:12- 10:02+ 12:33+ 15:31+ 19:12+ 27:23+ 30:10+ 33:34+ 36:50+ 40:50+ 44:45+ 52:23+ 54:49+

05:38- 01:34+ 02:50+ 02:31+ 02:58+ 03:41+ 08:11+ 02:47+ 03:24+ 03:16- 04:00- 03:55- 07:38+ 02:26-

00:11- 00:08+ 00:08+ 00:29# 00:11+ 00:45& 01:54& 00:14+ 00:45& 00:16- 01:57- 01:48- 01:37& 00:02-

3 Carl Malling 16 59:33

05:11- 06:52- 10:11+ 12:38+ 15:39+ 18:49+ 25:18+ 28:47+ 33:10+ 37:57+ 44:44+ 48:28+ 56:40+ 59:33+

05:11- 01:41+ 03:19+ 02:27+ 03:01+ 03:10+ 06:29+ 03:29+ 04:23+ 04:47+ 06:47+ 03:44- 08:12+ 02:53+

00:38- 00:15# 00:37# 00:25# 00:14+ 00:14+ 00:12+ 00:56& 01:44& 01:15& 00:50# 01:59- 02:11& 00:25#

4 John Rasmussen 18 1:00:56

05:06- 06:40- 10:38+ 13:06+ 16:04+ 19:18+ 26:01+ 32:59+ 36:25+ 41:19+ 45:54+ 51:08+ 58:13+ 60:56+

05:06- 01:34+ 03:58+ 02:28+ 02:58+ 03:14+ 06:43+ 06:58+ 03:26+ 04:54+ 04:35- 05:14- 07:05+ 02:43+

00:43- 00:08+ 01:16& 00:26# 00:11+ 00:18# 00:26+ 04:25@ 00:47& 01:22& 01:22- 00:29- 01:04# 00:15#

5 Leif B. Nielsen 7 1:05:57

05:18- 07:01- 10:18+ 12:44+ 15:53+ 19:19+ 26:52+ 33:03+ 36:49+ 40:41+ 44:25+ 48:44+ 53:04+ 63:11+ 65:57+

05:18- 01:43+ 03:17+ 02:26+ 03:09+ 03:26+ 07:33+ 06:11+ 03:46+ 03:52+ 03:44- 04:19- 04:20- 10:07+ 02:46+

00:31- 00:17# 00:35# 00:24# 00:22# 00:30# 01:16# 03:38@ 01:07& 00:20+ 02:13- 01:24- 01:41- 07:39@ 02:46+

6 Jack Skrydstrup 9 1:08:46

09:13+ 10:59+ 14:12+ 17:30+ 20:55+ 24:17+ 31:21+ 35:29+ 42:43+ 47:52+ 52:26+ 57:04+ 65:01+ 68:46+

09:13+ 01:46+ 03:13+ 03:18+ 03:25+ 03:22+ 07:04+ 04:08+ 07:14+ 05:09+ 04:34- 04:38- 07:57+ 03:45+

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Beste stræktid for klassen

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