

# Vinterlangdistance 4 2019

# Stræktider

# Løvenholm Skov-03-02-2019

Plads	Navn	Klub Klasse										Stræktider										Løvenholm Skov-03-02-2019									
1												Tid																			
<b>1</b>	<b>Eskil Schøning</b>	<b>Ok Pan 20km</b>										<b>1:48:02</b>																			
01:23	07:54	09:08	11:33	15:36	16:22	20:25	23:42	26:37	28:31	31:08	35:53	38:21	42:12	47:07	49:49	53:50	56:37	59:23	60:54	63:29	64:51	66:56	71:43	72:43	75:30	79:54	82				
01:23	06:31	01:14	02:25	04:03	00:46	04:03	03:17	02:55	01:54	02:37	04:45	02:28	03:51	04:55	02:42	04:01	02:47	02:46	01:31	02:35	01:22	02:05	04:47	01:00	02:47	04:24	02				
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&			
<b>2</b>	<b>Nicolai Zaar Nielsen</b>	<b>7 20km</b>										<b>1:49:53</b>																			
01:20	08:14	09:24	11:32	15:23	16:10	20:18	23:38	26:41	28:42	31:11	35:56	38:32	42:31	47:21	50:05	54:01	56:50	59:35	61:09	63:43	65:02	67:01	71:45	72:50	75:27	80:10	82				
01:20	06:54	01:10	02:08	03:51	00:47	04:08	03:20	03:03	02:01	02:29	04:45	02:36	03:59	04:50	02:44	03:56	02:49	02:45	01:34	02:34	01:19	01:59	04:44	01:05	02:37	04:43	02				
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&			
<b>3</b>	<b>Jonas Munthe</b>	<b>Ok Pan 20km</b>										<b>1:53:21</b>																			
01:24	07:51	09:06	11:22	15:20	16:12	20:20	23:58	26:55	28:50	31:16	36:13	38:45	42:47	47:37	50:40	55:16	58:15	61:24	62:59	66:11	67:33	69:18	74:07	75:17	78:51	83:35	85				
01:24	06:27	01:15	02:16	03:58	00:52	04:08	03:38	02:57	01:55	02:26	04:57	02:32	04:02	04:50	03:03	04:36	02:59	03:09	01:35	03:12	01:22	01:45	04:49	01:10	03:34	04:44	02				
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&			
<b>4</b>	<b>Henrik Rindom Knudsen</b>	<b>13 20km</b>										<b>1:56:19</b>																			
01:25	08:11	09:20	11:37	15:31	16:15	20:22	23:46	26:50	28:48	31:14	36:18	38:57	43:03	48:19	51:27	55:49	58:52	61:52	63:36	66:36	68:14	70:27	75:34	76:46	79:45	84:19	86				
01:25	06:46	01:09	02:17	03:54	00:44	04:07	03:24	03:04	01:58	02:26	05:04	02:39	04:06	05:16	03:08	04:22	03:03	03:00	01:44	03:00	01:38	02:13	05:07	01:12	02:59	04:34	02				
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&			
<b>5</b>	<b>Stefan Petersen</b>	<b>23 20km</b>										<b>2:00:46</b>																			
01:24	07:58	09:14	11:28	15:38	16:24	20:45	24:16	27:20	29:20	32:02	37:26	40:14	45:06	50:32	53:49	58:29	61:41	64:39	66:23	70:12	71:40	73:49	79:11	80:27	83:34	88:18	90				
01:24	06:34	01:16	02:14	04:10	00:46	04:21	03:31	03:04	02:00	02:42	05:24	02:48	04:52	05:26	03:17	04:40	03:12	02:58	01:44	03:49	01:28	02:09	05:22	01:16	03:07	04:44	02				
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&			
<b>6</b>	<b>Jens Christoffersen</b>	<b>Ok Pan 20km</b>										<b>2:07:52</b>																			
05:58	07:16	09:45	14:03	14:48	20:16	23:58	27:58	30:28	33:33	38:56	42:51	48:01	54:38	57:57	63:53	67:20	70:33	72:28	75:46	77:22	79:22	85:10	86:23	89:45	94:52	97:05	99				
05:58	01:18	02:29	04:18	00:45	05:28	03:42	04:00	02:30	03:05	05:23	03:55	05:10	06:37	03:19	05:56	03:27	03:13	01:55	03:18	01:36	02:00	05:48	01:13	03:22	05:07	02:13	02				
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&			
<b>7</b>	<b>Bjarke Refslund</b>	<b>Ok Pan 20km</b>										<b>2:11:24</b>																			
01:30	08:02	09:19	11:35	15:46	16:32	21:12	25:03	28:37	31:01	34:13	40:00	43:28	48:49	54:46	58:29	63:18	66:41	70:07	72:06	75:29	77:12	79:18	85:13	86:33	89:48	95:06	97				
01:30	06:32	01:17	02:16	04:11	00:46	04:40	03:51	03:34	02:24	03:12	05:47	03:28	05:21	05:57	03:43	04:49	03:23	03:26	01:59	03:23	01:43	02:06	05:55	01:20	03:15	05:18	02				
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&			
<b>8</b>	<b>Christian Valbak</b>	<b>18 20km</b>										<b>2:23:48</b>																			
01:37	08:19	09:35	11:51	16:34	17:43	23:03	27:14	31:41	33:54	36:53	43:07	46:40	52:06	59:43	64:27	72:07	75:28	78:46	80:48	84:02	85:44	87:47	94:20	95:39	99:23	104:57	108				
01:37	06:42	01:16	02:16	04:43	01:09	05:20	04:11	04:27	02:13	02:59	06:14	03:33	05:26	07:37	04:44	07:40	03:21	03:18	02:02	03:14	01:42	02:03	06:33	01:19	03:44	05:34	03				
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&			
<b>9</b>	<b>Peter Villadsen</b>	<b>21 20km</b>										<b>2:31:52</b>																			
01:34	08:21	09:49	12:35	18:04	19:03	26:33	30:58	34:52	37:23	40:43	46:47	50:45	56:30	62:32	68:36	73:54	77:59	81:47	83:51	87:43	89:31	92:36	99:05	100:35	104:13	110:43	113				
01:34	06:47	01:28	02:46	05:29	00:59	07:30	04:25	03:54	02:31	03:20	06:04	03:58	05:45	06:02	06:04	05:18	04:05	03:48	02:04	03:52	01:48	03:05	06:29	01:30	03:38	06:30	02				
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&			
<b>10</b>	<b>Anton Hansen</b>	<b>18 20km</b>										<b>2:41:22</b>																			
01:28	08:17	09:46	12:39	19:05	20:03	25:44	30:55	35:09	38:01	41:28	48:07	51:48	57:11	65:05	71:09	77:14	82:05	86:10	88:25	92:05	94:16	97:32	107:19	108:57	112:33	118:50	121				
01:28	06:49	01:29	02:53	06:26	00:58	05:41	05:11	04:14	02:52	03:27	06:39	03:41	05:23	07:54	06:04	06:05	04:51	04:05	02:15	03:40	02:11	03:16	09:47	01:38	03:36	06:17	02				
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&			
<b>11</b>	<b>Mikkel Overgaard</b>	<b>21 20km</b>										<b>2:42:32</b>																			
01:44	09:34	11:33	14:14	21:44	22:34	27:50	32:27	36:41	39:12	42:17	48:55	53:32	60:34	67:57	72:08	78:39	82:41	86:23	88:30	91:54	93:57	96:14	108:12	109:41	113:36	119:37	123				
01:44	07:50	01:59	02:41	07:30	00:50	05:16	04:37	04:14	02:31	03:05	06:38	04:37	07:02	07:23	04:11	06:31	04:02	03:42	02:07	03:24	02:03	02:17	11:58	01:29	03:55	06:01	03				
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&			
<b>12</b>	<b>Kenn Heldgaard Kristensen</b>	<b>2 20km</b>										<b>2:54:05</b>																			
01:42	11:33	13:15	16:15	22:04	23:06	30:08	34:54	39:33	42:51	46:27	53:54	59:06	65:59	73:43	77:57	84:39	89:19	93:31	95:												

Class	Navn	Klub Klasse										Tid															
<b>15</b>	<b>Anders Knudsen</b>	<b>14 20km</b>										<b>3:46:16</b>															
01:46	12:47	14:35	18:04	24:18	25:22	32:59	38:51	46:49	50:32	55:22	65:01	69:52	82:59	98:58	104:00	112:01	117:11	122:45	125:28	132:18	135:23	138:34	148:05	150:17	155:48	164:09	168
01:46	11:01	01:48	03:29	06:14	01:04	07:37	05:52	07:58	03:43	04:50	09:39	04:51	13:07	15:59	05:02	08:01	05:10	05:34	02:43	06:50	03:05	03:11	09:31	02:12	05:31	08:21	04
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&
<b>2</b>																											
<b>1</b>	<b>Elias Hinge Krogsgaard</b>	<b>18 16km</b>										<b>1:45:42</b>															
01:23	08:11	09:28	11:42	16:49	17:35	21:58	26:12	29:28	31:44	35:03	40:39	43:30	46:20	50:00	56:41	58:15	61:18	63:22	67:23	70:06	75:02	77:42	80:43	86:54	89:31	92:24	97
01:23	06:48	01:17	02:14	05:07	00:46	04:23	04:14	03:16	02:16	03:19	05:36	02:51	02:50	03:40	06:41	01:34	03:03	02:04	04:01	02:43	04:56	02:40	03:01	06:11	02:37	02:53	04
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&
<b>2</b>	<b>Torben Kristensen</b>	<b>15 16km</b>										<b>2:01:01</b>															
01:29	09:12	10:46	13:32	18:31	19:22	24:41	28:51	33:26	35:59	38:58	45:07	49:03	51:55	56:25	63:06	64:55	68:29	70:21	74:56	77:41	83:10	86:44	89:46	95:43	98:34	103:15	108
01:29	07:43	01:34	02:46	04:59	00:51	05:19	04:10	04:35	02:33	02:59	06:09	03:56	02:52	04:30	06:41	01:49	03:34	01:52	04:35	02:45	05:29	03:34	03:02	05:57	02:51	04:41	05
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&
<b>3</b>	<b>Henrik Andersen</b>	<b>NOTEAM 16km</b>										<b>2:08:00</b>															
01:43	09:32	11:06	13:38	18:56	19:49	25:27	29:55	34:10	36:54	41:00	48:13	52:46	58:04	62:22	69:56	71:57	75:44	77:55	82:28	85:26	91:06	93:49	97:02	104:58	108:37	112:33	118
01:43	07:49	01:34	02:32	05:18	00:53	05:38	04:28	04:15	02:44	04:06	07:13	04:33	05:18	04:18	07:34	02:01	03:47	02:11	04:33	02:58	05:40	02:43	03:13	07:56	03:39	03:56	05
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&
<b>4</b>	<b>Morten Kjær</b>	<b>18 16km</b>										<b>2:08:24</b>															
01:38	09:35	11:17	14:08	19:47	20:43	26:08	30:29	34:38	37:20	40:31	48:07	52:37	57:17	62:32	70:06	71:59	75:41	77:52	82:29	85:19	91:10	94:08	97:22	104:17	107:12	111:23	118
01:38	07:57	01:42	02:51	05:39	00:56	05:25	04:21	04:09	02:42	03:11	07:36	04:30	04:40	05:15	07:34	01:53	03:42	02:11	04:37	02:50	05:51	02:58	03:14	06:55	02:55	04:11	06
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&
<b>5</b>	<b>Josephine Dewett Kristensen</b>	<b>NOTEAM 16km</b>										<b>2:14:29</b>															
01:35	09:25	10:57	13:56	19:27	20:17	28:17	33:19	37:43	40:31	43:58	51:27	54:58	58:30	63:01	71:39	73:39	77:33	79:45	85:02	88:11	94:45	97:15	100:54	108:42	111:52	116:33	122
01:35	07:50	01:32	02:59	05:31	01:00	07:50	05:02	04:24	02:48	03:27	07:29	03:31	03:32	04:31	08:38	02:00	03:54	02:12	05:17	03:09	06:34	02:30	03:39	07:48	03:10	04:41	06
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&
<b>6</b>	<b>Jan Thomsen</b>	<b>Ok Pan 16km</b>										<b>2:15:51</b>															
01:40	09:37	11:10	14:17	19:53	20:48	26:42	31:36	36:09	38:55	42:29	49:34	54:23	57:52	62:28	70:59	73:19	77:54	80:13	85:14	88:19	94:52	97:30	101:08	109:31	112:49	118:22	124
01:40	07:57	01:33	03:07	05:36	00:55	05:54	04:54	04:33	02:46	03:34	07:05	04:49	03:29	04:36	08:31	02:20	04:35	02:19	05:01	03:05	06:33	02:38	03:38	08:23	03:18	05:33	06
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&
<b>7</b>	<b>Thomas Ullner</b>	<b>9 16km</b>										<b>2:16:19</b>															
01:54	09:51	11:25	14:25	20:01	21:02	26:29	31:32	36:06	39:02	42:36	49:38	54:27	57:58	62:30	71:03	73:26	77:40	80:06	85:17	88:25	94:57	97:35	101:05	109:35	112:54	118:28	124
01:54	07:57	01:34	03:00	05:36	01:01	05:27	05:03	04:34	02:56	03:34	07:02	04:49	03:31	04:32	08:33	02:23	04:14	02:26	05:11	03:08	06:32	02:38	03:30	08:30	03:19	05:34	06
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&
<b>8</b>	<b>Niels Jensen</b>	<b>10 16km</b>										<b>2:34:59</b>															
02:01	10:43	12:31	15:51	22:57	23:56	30:43	35:44	41:03	44:09	48:03	56:03	61:46	67:17	74:11	82:20	84:54	93:02	95:18	100:52	104:14	111:29	115:02	119:32	127:47	131:22	136:15	142
02:01	08:42	01:48	03:20	07:06	00:59	06:47	05:01	05:19	03:06	03:54	08:00	05:43	05:31	06:54	08:09	02:34	08:08	02:16	05:34	03:22	07:15	03:33	04:30	08:15	03:35	04:53	06
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&
<b>9</b>	<b>Henrik B. Thomsen</b>	<b>10 16km</b>										<b>2:35:26</b>															
02:07	11:45	13:42	17:55	24:18	25:36	32:46	38:15	43:12	46:23	50:59	61:18	65:28	69:41	75:49	84:49	87:14	91:55	94:29	100:46	104:34	112:00	115:13	119:37	127:37	131:18	136:10	142
02:07	09:38	01:57	04:13	06:23	01:18	07:10	05:29	04:57	03:11	04:36	10:19	04:10	04:13	06:08	09:00	02:25	04:41	02:34	06:17	03:48	07:26	03:13	04:24	08:00	03:41	04:52	06
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&
<b>10</b>	<b>Leif E. Larsen</b>	<b>19 16km</b>										<b>2:35:37</b>															
01:46	09:42	11:20	14:20	19:58	20:55	26:25	31:16	35:58	38:53	42:25	50:05	54:19	57:50	62:26	71:09	73:31	77:52	80:20	85:50	89:26	97:25	101:04	106:02	116:20	121:03	127:23	138
01:46	07:56	01:38	03:00	05:38	00:57	05:30	04:51	04:42	02:55	03:32	07:40	04:14	03:31	04:36	08:43	02:22	04:21	02:28	05:30	03:36	07:59	03:39	04:58	10:18	04:43	06:20	11
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&
<b>11</b>	<b>Michael Filyo</b>	<b>18 16km</b>										<b>2:42:13</b>															
01:33	09:27	11:02	14:01	19:55	20:58	28:04	32:49	37:55	41:08	45:49	54:16	57:54	61:48	68:53	78:16	80:29	85:06	90:05	96:44	100:35	108:14	111:31	115:46	132:42	137:11	142:54	149
01:33	07:54	01:35	02:59	05:54	01:03	07:06	04:45	05:06	03:13	04:41	08:27	03:38	03:54	07:05	09:23	02:13	04:37	04:59	06:39	03:51	07:39	03:17	04:15	16:56	04:29	05:43	06
01:33&	01:33&	01:33																									

Class	Navn	Klub Klasse										Tid																
<b>14</b>	<b>Michael Espersen</b>	<b>18 16km</b>										<b>2:55:20</b>																
02:05	09:39	11:11	14:12	19:41	20:36	29:18	34:15	39:41	42:41	46:37	54:43	59:51	63:33	68:55	76:49	79:04	84:49	86:54	92:51	97:46	106:02	110:28	114:30	139:04	144:39	151:31	160:08	
02:05	07:34	01:32	03:01	05:29	00:55	08:42	04:57	05:26	03:00	03:56	08:06	05:08	03:42	05:22	07:54	02:15	05:45	02:05	05:57	04:55	08:16	04:26	04:02	24:34	05:35	06:52	01:33	
01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	
<b>15</b>	<b>Svend-Erik Munk</b>	<b>14 16km</b>										<b>3:30:39</b>																
02:10	12:52	15:14	19:23	27:29	28:49	37:31	45:04	51:57	56:01	62:28	74:59	81:38	87:08	95:30	106:52	109:59	116:48	120:26	128:32	134:03	144:31	150:24	156:53	167:48	173:13	180:58	190:09	
02:10	10:42	02:22	04:09	08:06	01:20	08:42	07:33	06:53	04:04	06:27	12:31	06:39	05:30	08:22	11:22	03:07	06:49	03:38	08:06	05:31	10:28	05:53	06:29	10:55	05:25	07:45	09:01	
01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	
<b>16</b>	<b>Jens Isaksen</b>	<b>18 16km</b>										<b>3:40:52</b>																
01:59	13:04	15:01	18:49	26:27	28:13	35:32	41:55	48:06	51:31	56:37	96:48	102:35	107:45	115:20	125:12	127:37	133:05	135:42	141:42	147:07	154:50	159:54	169:31	185:19	189:44	196:21	207:09	
01:59	11:05	01:57	03:48	07:38	01:46	07:19	06:23	06:11	03:25	05:06	40:11	05:47	05:10	07:35	09:52	02:25	05:28	02:37	06:00	05:25	07:43	05:04	09:37	15:48	04:25	06:37	10:01	
01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	
<b>3</b>																												
<b>1</b>	<b>Andreas Bloch</b>	<b>Ok Pan 10km</b>										<b>1:02:26</b>																
01:40	08:09	09:26	11:48	16:27	18:35	21:24	24:39	30:10	31:51	33:51	35:13	42:10	43:23	46:24	49:59	52:16	56:17	58:39	60:34	62:26								
01:40	06:29	01:17	02:22	04:39	02:08	02:49	03:15	05:31	01:41	02:00	01:22	06:57	01:13	03:01	03:35	02:17	04:01	02:22	01:55	01:52								
01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33
<b>2</b>	<b>Henrik Leth Jørgensen</b>	<b>Ok Pan 10km</b>										<b>1:04:15</b>																
01:27	07:19	08:29	10:44	16:09	19:28	22:13	25:42	31:14	33:01	35:13	36:39	43:34	44:50	47:57	51:57	54:03	58:10	60:31	62:23	64:15								
01:27	05:52	01:10	02:15	05:25	03:19	02:45	03:29	05:32	01:47	02:12	01:26	06:55	01:16	03:07	04:00	02:06	04:07	02:21	01:52	01:52								
01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33
<b>3</b>	<b>Ebbe Møller Nielsen</b>	<b>Ok Pan 10km</b>										<b>1:08:49</b>																
01:35	08:37	09:58	12:38	18:01	21:28	24:18	27:51	34:16	36:03	38:19	39:47	47:37	48:53	51:47	56:05	58:27	62:59	65:11	66:49	68:49								
01:35	07:02	01:21	02:40	05:23	03:27	02:50	03:33	06:25	01:47	02:16	01:28	07:50	01:16	02:54	04:18	02:22	04:32	02:12	01:38	02:00								
01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33
<b>4</b>	<b>Andreas Bagger Hagner</b>	<b>18 10km</b>										<b>1:12:05</b>																
01:30	07:44	09:05	11:48	17:13	21:03	24:09	28:11	34:39	36:22	38:34	40:30	48:33	50:00	53:21	57:32	59:59	65:19	67:47	69:46	72:05								
01:30	06:14	01:21	02:43	05:25	03:50	03:06	04:02	06:28	01:43	02:12	01:56	08:03	01:27	03:21	04:11	02:27	05:20	02:28	01:59	02:19								
01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33
<b>5</b>	<b>Jakob Gade</b>	<b>20 10km</b>										<b>1:20:11</b>																
01:57	10:01	11:31	14:25	21:04	25:08	28:44	33:35	40:39	42:45	45:26	47:19	55:52	57:25	60:43	65:32	68:08	73:49	76:16	78:07	80:11								
01:57	08:04	01:30	02:54	06:39	04:04	03:36	04:51	07:04	02:06	02:41	01:53	08:33	01:33	03:18	04:49	02:36	05:41	02:27	01:51	02:04								
01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33
<b>6</b>	<b>Rie Mcgrail</b>	<b>Ok Pan 10km</b>										<b>1:22:30</b>																
01:46	09:48	11:18	14:01	20:00	24:08	27:27	31:57	39:23	41:25	43:59	45:40	57:29	58:56	62:19	67:09	69:55	75:44	78:18	80:15	82:30								
01:46	08:02	01:30	02:43	05:59	04:08	03:19	04:30	07:26	02:02	02:34	01:41	11:49	01:27	03:23	04:50	02:46	05:49	02:34	01:57	02:15								
01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33
<b>7</b>	<b>Ole Jensen</b>	<b>7 10km</b>										<b>1:24:15</b>																
01:52	09:54	11:33	14:09	20:00	24:00	27:19	31:59	39:08	41:19	44:04	45:41	57:29	58:59	62:13	67:12	69:51	76:34	79:24	81:48	84:15								
01:52	08:02	01:39	02:36	05:51	04:00	03:19	04:40	07:09	02:11	02:45	01:37	11:48	01:30	03:14	04:59	02:39	06:43	02:50	02:24	02:27								
01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33
<b>8</b>	<b>Anders Edsen</b>	<b>22 10km</b>										<b>1:25:16</b>																
02:04	10:21	11:56	15:33	23:29	27:44	31:10	35:53	42:53	45:08	47:53	49:46	58:40	60:16	64:23	68:59	71:57	77:40	80:36	82:57	85:16								
02:04	08:17	01:35	03:37	07:56	04:15	03:26	04:43	07:00	02:15	02:45	01:53	08:54	01:36	04:07	04:36	02:58	05:43	02:56	02:21	02:19								
01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33
<b>9</b>	<b>Grethe Leth Jørgensen</b>	<b>Ok Pan 10km</b>										<b>1:26:50</b>																
01:48	09:51	11:24	14:17	20:57	25:07	29:52	34:49	42:13	44:22	47:16	49:21	58:50	60:34	64:47	69:51	72:51	78:46	82:01	84:22	86:50								
01:48	08:03	01:33	02:53	06:40	04:10	04:45	04:57	07:24	02:09	02:54	02:05	09:29	01:44	04:13	05:04	03:00	05:55	03:15	02:21	02:28								
01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33	01:33
<b>10</b>	<b>Peter Kilden Jensen</b>	<b>Ok Pan 10km</b>										<b>1:27:13</b>																
02:02	10:07	11:38	14:29	22:07	27:14	30:49	35:39	42:20	44:24	47:04	49:14	57:53	59:22	63:30	69:01	72:13	78:55	82:46	84:52	87:13								
02:02	08:05	01:31	02:51	07:38	05:07	03:35	04:50	06:41	02:04	02:40	02:10	08:39	01:29	04:08	05:31	03:12	06:42											

Class	Navn	Klub Klasse										Tid									
<b>12</b>	<b>Ivan Christensen</b>	<b>Ok Pan 10km</b>										<b>1:28:28</b>									
02:13	11:01	12:46	15:46	22:39	26:53	30:28	35:32	44:04	46:18	49:15	51:13	60:47	62:37	66:32	71:27	74:36	80:24	83:39	85:56	88:28	
02:13	08:48	01:45	03:00	06:53	04:14	03:35	05:04	08:32	02:14	02:57	01:58	09:34	01:50	03:55	04:55	03:09	05:48	03:15	02:17	02:32	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>13</b>	<b>Keld Gade</b>	<b>20 10km</b>										<b>1:28:45</b>									
02:13	11:04	12:45	15:47	23:52	27:59	31:17	35:54	44:11	46:15	49:14	50:55	60:13	61:57	66:01	71:10	74:31	80:55	84:05	86:11	88:45	
02:13	08:51	01:41	03:02	08:05	04:07	03:18	04:37	08:17	02:04	02:59	01:41	09:18	01:44	04:04	05:09	03:21	06:24	03:10	02:06	02:34	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>14</b>	<b>Anette Bagger Sørensen</b>	<b>18 10km</b>										<b>1:29:21</b>									
02:06	11:26	13:04	16:11	23:35	27:42	31:15	35:52	43:05	45:08	47:58	49:45	59:40	61:36	65:27	70:34	74:07	81:40	84:46	86:49	89:21	
02:06	09:20	01:38	03:07	07:24	04:07	03:33	04:37	07:13	02:03	02:50	01:47	09:55	01:56	03:51	05:07	03:33	07:33	03:06	02:03	02:32	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>15</b>	<b>Allan Thesbjerg</b>	<b>4 10km</b>										<b>1:30:30</b>									
01:55	10:48	12:34	15:47	22:53	27:39	31:20	36:46	44:29	46:46	49:49	51:44	61:42	63:22	67:03	73:02	76:10	82:15	85:34	87:56	90:30	
01:55	08:53	01:46	03:13	07:06	04:46	03:41	05:26	07:43	02:17	03:03	01:55	09:58	01:40	03:41	05:59	03:08	06:05	03:19	02:22	02:34	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>16</b>	<b>Anne Møller Skaug</b>	<b>Ok Pan 10km</b>										<b>1:31:33</b>									
02:16	11:29	13:08	16:15	23:54	28:16	32:03	37:21	45:06	47:33	50:45	52:44	62:23	64:03	67:50	73:27	76:25	83:15	86:45	89:20	91:33	
02:16	09:13	01:39	03:07	07:39	04:22	03:47	05:18	07:45	02:27	03:12	01:59	09:39	01:40	03:47	05:37	02:58	06:50	03:30	02:35	02:13	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>17</b>	<b>Rikke Holm Jensen</b>	<b>4 10km</b>										<b>1:31:33</b>									
02:12	11:23	13:08	16:18	23:53	28:11	32:06	37:23	45:05	47:28	50:40	52:38	62:18	63:57	67:45	73:21	76:25	83:02	86:37	89:11	91:33	
02:12	09:11	01:45	03:10	07:35	04:18	03:55	05:17	07:42	02:23	03:12	01:58	09:40	01:39	03:48	05:36	03:04	06:37	03:35	02:34	02:22	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>18</b>	<b>Henning Mindstruplund</b>	<b>4 10km</b>										<b>1:31:37</b>									
02:12	11:23	13:05	16:17	23:25	28:16	32:36	37:38	45:22	47:37	50:34	52:28	62:24	64:13	68:14	73:13	76:25	83:40	86:50	88:58	91:37	
02:12	09:11	01:42	03:12	07:08	04:51	04:20	05:02	07:44	02:15	02:57	01:54	09:56	01:49	04:01	04:59	03:12	07:15	03:10	02:08	02:39	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>19</b>	<b>Frank Krog Jensen</b>	<b>4 10km</b>										<b>1:32:43</b>									
02:07	11:06	12:54	15:57	22:56	28:45	32:26	37:50	45:36	47:57	50:57	52:51	62:49	64:35	68:30	73:53	77:16	84:43	87:54	90:09	92:43	
02:07	08:59	01:48	03:03	06:59	05:49	03:41	05:24	07:46	02:21	03:00	01:54	09:58	01:46	03:55	05:23	03:23	07:27	03:11	02:15	02:34	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>20</b>	<b>Henrik Bach</b>	<b>7 10km</b>										<b>1:32:44</b>									
01:57	10:37	12:20	15:37	22:47	27:37	31:57	36:52	44:57	47:09	50:16	52:13	63:16	65:08	69:26	74:43	77:48	84:24	88:01	90:20	92:44	
01:57	08:40	01:43	03:17	07:10	04:50	04:20	04:55	08:05	02:12	03:07	01:57	11:03	01:52	04:18	05:17	03:05	06:36	03:37	02:19	02:24	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>21</b>	<b>Peer Straarup</b>	<b>4 10km</b>										<b>1:34:27</b>									
01:55	11:09	12:55	16:08	24:15	28:50	32:22	37:34	46:22	48:52	52:04	53:59	64:32	66:19	70:09	76:07	79:29	86:08	89:38	91:55	94:27	
01:55	09:14	01:46	03:13	08:07	04:35	03:32	05:12	08:48	02:30	03:12	01:55	10:33	01:47	03:50	05:58	03:22	06:39	03:30	02:17	02:32	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>22</b>	<b>Marianne Lyng Krogh</b>	<b>6 10km</b>										<b>1:34:33</b>									
01:51	10:35	12:23	15:41	23:26	29:08	32:34	37:34	45:18	47:26	50:45	52:47	63:32	65:19	69:28	75:39	79:01	85:41	89:31	91:59	94:33	
01:51	08:44	01:48	03:18	07:45	05:42	03:26	05:00	07:44	02:08	03:19	02:02	10:45	01:47	04:09	06:11	03:22	06:40	03:50	02:28	02:34	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>23</b>	<b>Per Dahl Jensen</b>	<b>Ok Pan 10km</b>										<b>1:36:08</b>									
03:41	12:33	14:12	17:10	24:35	29:15	34:49	39:21	48:21	50:30	53:29	55:21	64:48	66:26	72:51	78:06	81:02	87:26	90:47	93:31	96:08	
03:41	08:52	01:39	02:58	07:25	04:40	05:34	04:32	09:00	02:09	02:59	01:52	09:27	01:38	06:25	05:15	02:56	06:24	03:21	02:44	02:37	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>24</b>	<b>Birgitte Halle</b>	<b>22 10km</b>										<b>1:37:58</b>									
02:12	11:36	13:19	16:28	24:04	28:47	34:55	39:29	47:20	49:30	52:57	54:57	65:50	67:52	72:28	78:16	81:29	89:11	92:50	95:23	97:58	
02:12	09:24	01:43	03:09	07:36	04:43	06:08	04:34	07:51	02:10	03:27	02:00	10:53	02:02	04:36	05:48	03:13	07:42	03:39	02:33	02:35	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>25</b>	<b>Christian L Rasmussen</b>	<b>5 10km</b>										<b>1:38:08</b>									
02:03	11:13	13:11	16:42	24:16	29:01	32:48	38:09	46:58	49:02	52:37	54:32	65:36	67:43	72:09	78:20	81:43	90:07	93:15	95:38	98:08	
02:03	09:10	01:58	03:31	07:34	04:45	03:47	05:21	08:49	02:04	03:35	01:55	11:04	02:07	04:26	06:11	03:23	08:24	03:08	02:23	02:30	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>26</b>	<b>Stig Barrett</b>	<b>20 10km</b>										<b>1:39:43</b>									
02:40	12:26	14:20	17:40	26:02	31:24	35:24	41:18	49:14	51:27	54:58	57:01	68:21	70:17	74:33	80:28	83:53	91:16	94:43	97:14	99:43	
02:40	09:46	01:54	03:20	08:22	05:22	04:00	05:54	07:56	02:13	03:31	02:03	11:20	01:56	04:16	05:55	03:25	07:23	03:27	02:31	02:29	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	

Class	Navn	Klub Klasse										Tid									
<b>27</b>	<b>Britt Hermanrud</b>	<b>18 10km</b>										<b>1:40:27</b>									
	02:41	13:53	15:55	19:35	27:06	31:04	35:15	41:10	49:13	51:49	55:17	57:45	68:05	69:57	74:50	80:49	84:09	91:07	95:01	97:32	100:27
	02:41	11:12	02:02	03:40	07:31	03:58	04:11	05:55	08:03	02:36	03:28	02:28	10:20	01:52	04:53	05:59	03:20	06:58	03:54	02:31	02:55
	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&
<b>28</b>	<b>Jan Kølbaek</b>	<b>22 10km</b>										<b>1:41:49</b>									
	02:01	11:20	13:06	16:29	27:06	31:45	35:45	41:13	49:30	52:03	55:25	57:51	68:49	70:45	75:26	81:30	84:55	93:09	96:42	99:15	101:49
	02:01	09:19	01:46	03:23	10:37	04:39	04:00	05:28	08:17	02:33	03:22	02:26	10:58	01:56	04:41	06:04	03:25	08:14	03:33	02:33	02:34
	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&
<b>29</b>	<b>Finn Simensen</b>	<b>Ok Pan 10km</b>										<b>1:41:53</b>									
	02:15	11:20	13:29	16:59	25:52	30:54	35:41	41:20	49:50	52:19	55:45	57:48	69:05	70:57	75:33	81:48	85:19	92:10	96:22	99:13	101:53
	02:15	09:05	02:09	03:30	08:53	05:02	04:47	05:39	08:30	02:29	03:26	02:03	11:17	01:52	04:36	06:15	03:31	06:51	04:12	02:51	02:40
	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&
<b>30</b>	<b>Jens Ozol</b>	<b>18 10km</b>										<b>1:41:59</b>									
	02:09	12:40	14:37	18:08	26:05	31:25	35:28	40:51	49:04	51:25	55:01	57:06	68:16	70:09	74:33	81:08	84:40	92:38	96:21	98:50	101:59
	02:09	10:31	01:57	03:31	07:57	05:20	04:03	05:23	08:13	02:21	03:36	02:05	11:10	01:53	04:24	06:35	03:32	07:58	03:43	02:29	03:09
	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&
<b>31</b>	<b>Bjarne Christensen</b>	<b>18 10km</b>										<b>1:47:29</b>									
	02:35	13:58	15:59	19:33	27:10	30:58	35:20	41:15	50:19	52:36	56:12	58:17	69:46	71:47	78:39	84:57	88:43	97:21	101:24	103:59	107:29
	02:35	11:23	02:01	03:34	07:37	03:48	04:22	05:55	09:04	02:17	03:36	02:05	11:29	02:01	06:52	06:18	03:46	08:38	04:03	02:35	03:30
	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&
<b>32</b>	<b>Steen Kobberøe</b>	<b>9 10km</b>										<b>1:50:53</b>									
	02:17	11:22	13:14	16:39	24:23	29:19	36:53	43:51	53:18	55:41	58:58	61:02	73:31	75:35	80:27	87:26	91:01	100:37	104:35	107:16	110:53
	02:17	09:05	01:52	03:25	07:44	04:56	07:34	06:58	09:27	02:23	03:17	02:04	12:29	02:04	04:52	06:59	03:35	09:36	03:58	02:41	03:37
	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&
<b>33</b>	<b>Erik Krogh</b>	<b>6 10km</b>										<b>1:53:57</b>									
	02:00	11:32	13:42	17:25	25:35	30:18	34:40	40:59	51:10	53:57	57:56	60:17	72:59	75:33	80:38	88:35	92:57	102:25	106:42	111:01	113:57
	02:00	09:32	02:10	03:43	08:10	04:43	04:22	06:19	10:11	02:47	03:59	02:21	12:42	02:34	05:05	07:57	04:22	09:28	04:17	04:19	02:56
	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&
<b>34</b>	<b>Inger Lise Simonsen</b>	<b>18 10km</b>										<b>1:55:26</b>									
	02:27	12:44	14:48	18:17	26:16	30:01	34:21	40:02	50:46	53:11	56:56	59:48	73:38	75:30	80:04	89:12	93:02	105:26	109:23	112:30	115:26
	02:27	10:17	02:04	03:29	07:59	03:45	04:20	05:41	10:44	02:25	03:45	02:52	13:50	01:52	04:34	09:08	03:50	12:24	03:57	03:07	02:56
	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&
<b>35</b>	<b>Carl Malling</b>	<b>17 10km</b>										<b>1:57:29</b>									
	02:15	12:02	13:58	17:45	26:11	29:58	34:01	39:42	51:33	54:08	57:34	59:59	73:18	75:12	84:17	92:54	97:02	107:50	111:45	114:28	117:29
	02:15	09:47	01:56	03:47	08:26	03:47	04:03	05:41	11:51	02:35	03:26	02:25	13:19	01:54	09:05	08:37	04:08	10:48	03:55	02:43	03:01
	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&
<b>36</b>	<b>Erik Anders Jensen</b>	<b>18 10km</b>										<b>1:58:37</b>									
	02:39	12:19	14:29	18:14	29:17	33:19	37:37	43:10	53:56	56:21	59:59	62:50	76:42	78:40	83:34	92:02	96:13	108:20	112:39	115:43	118:37
	02:39	09:40	02:10	03:45	11:03	04:02	04:18	05:33	10:46	02:25	03:38	02:51	13:52	01:58	04:54	08:28	04:11	12:07	04:19	03:04	02:54
	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&
<b>37</b>	<b>Anette Pind</b>	<b>18 10km</b>										<b>2:14:03</b>									
	02:24	13:49	15:44	20:19	28:09	33:35	37:51	43:16	55:48	58:33	62:42	65:56	82:19	84:12	95:10	103:28	107:18	123:44	127:59	131:17	134:03
	02:24	11:25	01:55	04:35	07:50	05:26	04:16	05:25	12:32	02:45	04:09	03:14	16:23	01:53	10:58	08:18	03:50	16:26	04:15	03:18	02:46
	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&
<b>4</b>																					
<b>1</b>	<b>Thorkild Jensen</b>	<b>17 6km</b>										<b>54:15</b>									
	01:36	04:15	06:40	10:09	16:34	20:14	22:44	29:15	31:13	34:02	36:16	40:23	44:50	49:14	52:22	54:15					
	01:36	02:39	02:25	03:29	06:25	03:40	02:30	06:31	01:58	02:49	02:14	04:07	04:27	04:24	03:08	01:53					
	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&					
<b>2</b>	<b>Finn Jørgensen Aaris</b>	<b>12 6km</b>										<b>1:04:33</b>									
	02:31	06:48	09:50	12:28	18:01	21:37	24:31	35:58	38:15	41:13	45:44	50:31	55:50	61:07	64:33	68:51					
	02:31	04:17	03:02	02:38	05:33	03:36	02:54	11:27	02:17	02:58	04:31	04:47	05:19	05:17	03:26	04:18					
	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&					
<b>3</b>	<b>Lene Bejer</b>	<b>20 6km</b>										<b>1:04:58</b>									
	02:12	05:38	08:42	11:22	17:25	21:10	23:49	32:28	34:57	38:21	40:36	45:59	50:44	56:26	62:12	64:58					
	02:12	03:26	03:04	02:40	06:03	03:45	02:39	08:39	02:29	03:24	02:15	05:23	04:45	05:42	05:46	02:46					
	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&					

Class	Navn	Klub Klasse										Tid				
<b>4</b>	<b>Britta Ank Pedersen</b>	<b>4 6km</b>										<b>1:06:47</b>				
02:07	06:08	08:50	11:30	17:14		24:40	32:43	35:40	39:04	41:10	46:32	51:54	59:02	64:27	66:47	
02:07	04:01	02:42	02:40	05:44	04:23	03:03	08:03	02:57	03:24	02:06	05:22	05:22	07:08	05:25	02:20	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>5</b>	<b>Jakob Holm</b>	<b>Ok Pan 6km</b>										<b>1:06:56</b>				
01:53	05:15	08:30	12:32	18:56	22:57	25:43	33:34	36:24	39:57	42:37	47:49	52:39	58:05	64:17	66:56	
01:53	03:22	03:15	04:02	06:24	04:01	02:46	07:51	02:50	03:33	02:40	05:12	04:50	05:26	06:12	02:39	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>6</b>	<b>Johan Schjødt</b>	<b>Ok Pan 6km</b>										<b>1:07:40</b>				
02:14	05:44	08:16	11:38	18:14	21:59	26:26	33:39	35:39	38:17	40:04	44:24	48:16	53:36	65:18	67:40	
02:14	03:30	02:32	03:22	06:36	03:45	04:27	07:13	02:00	02:38	01:47	04:20	03:52	05:20	11:42	02:22	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>7</b>	<b>Lene Stick Nielsen</b>	<b>20 6km</b>										<b>1:08:05</b>				
02:08	05:44	08:52	11:35	17:49	22:21	25:29	34:50	37:25	40:47	43:47	49:35	55:14	62:06	65:39	68:05	
02:08	03:36	03:08	02:43	06:14	04:32	03:08	09:21	02:35	03:22	03:00	05:48	05:39	06:52	03:33	02:26	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>8</b>	<b>Torben Sørensen</b>	<b>4 6km</b>										<b>1:08:18</b>				
02:50	06:13	09:27	13:48	20:24	24:14	26:53	34:43	37:24	41:04	43:56	49:08	53:55	59:29	65:32	68:18	
02:50	03:23	03:14	04:21	06:36	03:50	02:39	07:50	02:41	03:40	02:52	05:12	04:47	05:34	06:03	02:46	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>9</b>	<b>Søren Bak</b>	<b>21 6km</b>										<b>1:08:34</b>				
02:16	05:30	08:46	12:11	18:29	22:18	26:28	34:14	37:28	41:17	43:43	49:03	53:53	59:31	65:04	68:34	
02:16	03:14	03:16	03:25	06:18	03:49	04:10	07:46	03:14	03:49	02:26	05:20	04:50	05:38	05:33	03:30	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>10</b>	<b>Søren Elkjær</b>	<b>20 6km</b>										<b>1:08:37</b>				
01:37	04:47	07:40	11:19	17:38	21:33	24:23	31:56	34:07	37:12	41:00	45:45	50:19	55:53	66:11	68:37	
01:37	03:10	02:53	03:39	06:19	03:55	02:50	07:33	02:11	03:05	03:48	04:45	04:34	05:34	10:18	02:26	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>11</b>	<b>Gitte Isen</b>	<b>2 6km</b>										<b>1:09:45</b>				
02:31	06:31	09:48	13:05	20:01	24:17	27:30	36:33	39:27	43:02	45:22	51:32	57:12	62:26	66:48	69:45	
02:31	04:00	03:17	03:17	06:56	04:16	03:13	09:03	02:54	03:35	02:20	06:10	05:40	05:14	04:22	02:57	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>12</b>	<b>Tommy Jakobsen</b>	<b>4 6km</b>										<b>1:10:51</b>				
02:18	06:08	09:27	12:20	19:15	23:54	26:57	36:13	38:31	42:26	44:55	51:08	56:59	63:28	68:07	70:51	
02:18	03:50	03:19	02:53	06:55	04:39	03:03	09:16	02:18	03:55	02:29	06:13	05:51	06:29	04:39	02:44	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>13</b>	<b>Finn Hørup Nielsen</b>	<b>16 6km</b>										<b>1:10:55</b>				
02:01	05:44	09:07	12:13	20:08	24:28	27:29	36:11	38:59	42:43	48:42	54:15	59:21	64:26	68:13	70:55	
02:01	03:43	03:23	03:06	07:55	04:20	03:01	08:42	02:48	03:44	05:59	05:33	05:06	05:05	03:47	02:42	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>14</b>	<b>Jens Jørgen Jensen</b>	<b>9 6km</b>										<b>1:12:09</b>				
02:27	06:35	09:49	12:53	20:14	24:44	28:14	37:21	40:07	43:50	46:44	52:37	58:25	64:40	69:07	72:09	
02:27	04:08	03:14	03:04	07:21	04:30	03:30	09:07	02:46	03:43	02:54	05:53	05:48	06:15	04:27	03:02	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>15</b>	<b>Susanne Baun</b>	<b>4 6km</b>										<b>1:12:38</b>				
02:35	06:55	10:28	13:42	20:57	25:57	29:10	37:49	40:48	44:28	46:58	53:02	58:37	65:30	70:07	72:38	
02:35	04:20	03:33	03:14	07:15	05:00	03:13	08:39	02:59	03:40	02:30	06:04	05:35	06:53	04:37	02:31	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>16</b>	<b>Nancy Hølem</b>	<b>18 6km</b>										<b>1:12:40</b>				
02:40	06:57	10:32	13:43	21:00	25:59	29:11	37:51	40:49	44:30	46:56	53:05	58:41	65:34	70:13	72:40	
02:40	04:17	03:35	03:11	07:17	04:59	03:12	08:40	02:58	03:41	02:26	06:09	05:36	06:53	04:39	02:27	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>17</b>	<b>Flemming Bindner</b>	<b>21 6km</b>										<b>1:13:10</b>				
02:22	05:38	08:57	12:19	21:49	26:23	29:18	38:24	41:01	44:45	50:54	56:22	61:35	66:36	70:19	73:10	
02:22	03:16	03:19	03:22	09:30	04:34	02:55	09:06	02:37	03:44	06:09	05:28	05:13	05:01	03:43	02:51	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>18</b>	<b>Karen Piil Kristensen</b>	<b>17 6km</b>										<b>1:13:45</b>				
02:16	06:01	09:16	12:25	19:16	23:27	26:32	36:50	39:57	44:12	46:50	54:16	59:46	66:08	71:22	73:45	
02:16	03:45	03:15	03:09	06:51	04:11	03:05	10:18	03:07	04:15	02:38	07:26	05:30	06:22	05:14	02:23	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	

Class	Navn	Klub Klasse										Tid				
<b>19</b>	<b>Jørgen Jørgensen</b>	<b>18 6km</b>										<b>1:13:48</b>				
02:25	06:11	09:28	13:24	20:31	25:20	28:53	37:57	41:03	45:12	48:35	54:49	60:01	65:42	71:03	73:48	
02:25	03:46	03:17	03:56	07:07	04:49	03:33	09:04	03:06	04:09	03:23	06:14	05:12	05:41	05:21	02:45	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>20</b>	<b>Gert Kristensen</b>	<b>17 6km</b>										<b>1:14:01</b>				
02:13	05:58	09:14	12:21	19:14	23:25	26:28	36:48	39:55	44:17	46:57	54:05	59:37	66:06	71:16	74:01	
02:13	03:45	03:16	03:07	06:53	04:11	03:03	10:20	03:07	04:22	02:40	07:08	05:32	06:29	05:10	02:45	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>21</b>	<b>Finn Søndergaard</b>	<b>17 6km</b>										<b>1:16:21</b>				
03:08	07:49	11:56	15:25	23:12	28:55	32:30	41:39	44:37	48:29	51:14	56:59	62:25	68:24	73:48	76:21	
03:08	04:41	04:07	03:29	07:47	05:43	03:35	09:09	02:58	03:52	02:45	05:45	05:26	05:59	05:24	02:33	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>22</b>	<b>Tage Baun</b>	<b>4 6km</b>										<b>1:16:31</b>				
02:15	06:20	09:50	13:01	20:16	24:55	28:03	37:35	40:30	44:18	48:42	54:54	60:25	67:33	73:47	76:31	
02:15	04:05	03:30	03:11	07:15	04:39	03:08	09:32	02:55	03:48	04:24	06:12	05:31	07:08	06:14	02:44	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>23</b>	<b>Ole Christiansen</b>	<b>Akif 6km</b>										<b>1:16:37</b>				
02:10	05:56	09:20	12:51	19:37	23:57	26:58	37:53	40:34	44:21	48:00	53:45	63:14	68:50	73:45	76:37	
02:10	03:46	03:24	03:31	06:46	04:20	03:01	10:55	02:41	03:47	03:39	05:45	09:29	05:36	04:55	02:52	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>24</b>	<b>Helle Nikkel</b>	<b>20 6km</b>										<b>1:16:47</b>				
02:24	06:40	10:04	13:22	21:29	26:11	30:17	40:13	43:18	47:13	49:41	56:10	62:16	68:19	73:53	76:47	
02:24	04:16	03:24	03:18	08:07	04:42	04:06	09:56	03:05	03:55	02:28	06:29	06:06	06:03	05:34	02:54	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>25</b>	<b>Torben Isen</b>	<b>2 6km</b>										<b>1:17:36</b>				
02:38	06:44	10:26	15:11	24:04	30:03	33:08	42:34	45:14	49:24	52:02	58:27	64:23	70:28	74:43	77:36	
02:38	04:06	03:42	04:45	08:53	05:59	03:05	09:26	02:40	04:10	02:38	06:25	05:56	06:05	04:15	02:53	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>26</b>	<b>Thorkild Holm Pedersen</b>	<b>Ok Pan 6km</b>										<b>1:20:08</b>				
02:16	06:00	09:42	13:54	23:16	27:21	30:41	40:54	43:45	47:20	51:25	57:10	65:54	71:23	77:32	80:08	
02:16	03:44	03:42	04:12	09:22	04:05	03:20	10:13	02:51	03:35	04:05	05:45	08:44	05:29	06:09	02:36	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>27</b>	<b>Pia Gade</b>	<b>20 6km</b>										<b>1:20:56</b>				
02:46	07:18	11:13	14:30	22:21	27:11	31:35	41:23	44:24	48:28	50:49	57:16	63:33	69:48	77:41	80:56	
02:46	04:32	03:55	03:17	07:51	04:50	04:24	09:48	03:01	04:04	02:21	06:27	06:17	06:15	07:53	03:15	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>28</b>	<b>Lars Otte</b>	<b>24 6km</b>										<b>1:21:50</b>				
02:37	06:26	10:11	14:06	23:32	28:32	32:09	44:29	47:23	51:38	53:54	60:40	67:02	73:11	79:10	81:50	
02:37	03:49	03:45	03:55	09:26	05:00	03:37	12:20	02:54	04:15	02:16	06:46	06:22	06:09	05:59	02:40	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>29</b>	<b>Helmut Hilden</b>	<b>24 6km</b>										<b>1:22:01</b>				
02:31	06:20	10:05	14:00	23:22	28:23	32:00	44:20	47:16	51:38	53:56	60:34	66:54	73:06	79:06	82:01	
02:31	03:49	03:45	03:55	09:22	05:01	03:37	12:20	02:56	04:22	02:18	06:38	06:20	06:12	06:00	02:55	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>30</b>	<b>Marianne Kejser</b>	<b>Ok Pan 6km</b>										<b>1:22:20</b>				
02:28	06:30	10:26	15:31	23:32	28:05	31:56	43:07	45:54	50:11	53:01	59:24	65:22	71:53	79:35	82:20	
02:28	04:02	03:56	05:05	08:01	04:33	03:51	11:11	02:47	04:17	02:50	06:23	05:58	06:31	07:42	02:45	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>31</b>	<b>Emil Udsen</b>	<b>9 6km</b>										<b>1:25:07</b>				
02:10	05:21	09:03	19:14	25:00	28:23	31:13	39:03	41:11	44:27	51:00	55:59	65:56	72:08	82:35	85:07	
02:10	03:11	03:42	10:11	05:46	03:23	02:50	07:50	02:08	03:16	06:33	04:59	09:57	06:12	10:27	02:32	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>32</b>	<b>Simon Udsen</b>	<b>9 6km</b>										<b>1:25:13</b>				
02:23	05:32	09:15	19:19	25:22	30:00	33:26	43:20	45:45	49:05	50:58	56:14	66:10	72:10	82:35	85:13	
02:23	03:09	03:43	10:04	06:03	04:38	03:26	09:54	02:25	03:20	01:53	05:16	09:56	06:00	10:25	02:38	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>33</b>	<b>Lene Jacobsen</b>	<b>3 6km</b>										<b>1:27:18</b>				
02:24	06:53	10:18	13:24	21:38	26:22	30:13	40:22	43:37	47:48	50:18	57:34	64:03	70:28	84:09	87:18	
02:24	04:29	03:25	03:06	08:14	04:44	03:51	10:09	03:15	04:11	02:30	07:16	06:29	06:25	13:41	03:09	
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	

Class	Navn	Klub Klasse										Tid			
<b>34</b>	<b>Svend Erik Skovsgaard</b>	<b>20 6km</b>										<b>1:28:25</b>			
02:49	07:29	11:34	14:58	23:36	28:37	32:27	43:18	47:03	51:44	54:43	62:24	69:41	76:35	85:08	88:25
02:49	04:40	04:05	03:24	08:38	05:01	03:50	10:51	03:45	04:41	02:59	07:41	07:17	06:54	08:33	03:17
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&
<b>35</b>	<b>Claus Clausen</b>	<b>3 6km</b>										<b>1:28:42</b>			
02:28	06:57	10:21	13:30	21:32	26:26	30:15	40:26	43:41	47:53	50:22	57:38	64:08	70:34	85:22	88:42
02:28	04:29	03:24	03:09	08:02	04:54	03:49	10:11	03:15	04:12	02:29	07:16	06:30	06:26	14:48	03:20
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&
<b>36</b>	<b>Kjeld Simonsen</b>	<b>9 6km</b>										<b>1:31:46</b>			
02:30	07:57	11:55	15:20	23:03	28:01	32:29	43:48	47:11	52:09	55:23	63:35	71:02	78:37	87:59	91:46
02:30	05:27	03:58	03:25	07:43	04:58	04:28	11:19	03:23	04:58	03:14	08:12	07:27	07:35	09:22	03:47
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&
<b>37</b>	<b>Birgitte Bach</b>	<b>20 6km</b>										<b>1:33:48</b>			
03:06	08:12	12:07	15:36	25:00	30:30	34:27	47:09	50:38	55:40	59:24	66:56	76:00	83:32	90:22	93:48
03:06	05:06	03:55	03:29	09:24	05:30	03:57	12:42	03:29	05:02	03:44	07:32	09:04	07:32	06:50	03:26
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&
<b>5</b>															
<b>1</b>	<b>Lennart Bo Kristiansen</b>	<b>20 3,5km</b>										<b>43:22</b>			
02:29	05:06	07:40	12:46	16:12	20:36	23:36	28:17	30:06	33:33	40:55	43:22				
02:29	02:37	02:34	05:06	03:26	04:24	03:00	04:41	01:49	03:27	07:22	02:27				
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&				
<b>2</b>	<b>Hans Jørgen Vad</b>	<b>4 3,5km</b>										<b>44:21</b>			
02:18	04:58	07:54	13:41	18:06	22:23	25:17	29:52	31:55	35:39	41:19	44:21				
02:18	02:40	02:56	05:47	04:25	04:17	02:54	04:35	02:03	03:44	05:40	03:02				
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&				
<b>3</b>	<b>Finn Hother Madsen</b>	<b>Ok Pan 3,5km</b>										<b>51:51</b>			
02:20	05:32	08:37	14:47	19:42	25:09	28:20	33:40	38:48	42:59	48:18	51:51				
02:20	03:12	03:05	06:10	04:55	05:27	03:11	05:20	05:08	04:11	05:19	03:33				
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&				
<b>4</b>	<b>Asger Kristensen</b>	<b>2 3,5km</b>										<b>57:05</b>			
02:36	06:15	09:46	17:28	22:46	28:27	32:17	38:22	41:21	46:45	53:55	57:05				
02:36	03:39	03:31	07:42	05:18	05:41	03:50	06:05	02:59	05:24	07:10	03:10				
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&				
<b>5</b>	<b>Rigmor Schou</b>	<b>7 3,5km</b>										<b>57:46</b>			
02:44	06:00	09:19	15:38	21:07	26:05	29:10	36:02	38:14	42:56	53:07	57:46				
02:44	03:16	03:19	06:19	05:29	04:58	03:05	06:52	02:12	04:42	10:11	04:39				
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&				
<b>6</b>	<b>Tove Straarup</b>	<b>4 3,5km</b>										<b>57:57</b>			
02:27	05:35	08:47	14:44	20:09	25:19	28:18	33:35	38:59	42:42	53:12	57:57				
02:27	03:08	03:12	05:57	05:25	05:10	02:59	05:17	05:24	03:43	10:30	04:45				
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&				
<b>7</b>	<b>Ann Dorrit Hansen</b>	<b>9 3,5km</b>										<b>59:03</b>			
03:29	07:13	10:51	17:32	22:43	29:21	33:29	41:21	44:08	48:53	55:36	59:03				
03:29	03:44	03:38	06:41	05:11	06:38	04:08	07:52	02:47	04:45	06:43	03:27				
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&				
<b>8</b>	<b>Anders Ladefoged</b>	<b>17 3,5km</b>										<b>1:00:41</b>			
03:23	07:09	11:08	18:12	25:54	32:41	37:08	43:50	46:50	51:47	57:43	60:41				
03:23	03:46	03:59	07:04	07:42	06:47	04:27	06:42	03:00	04:57	05:56	02:58				
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&				
<b>9</b>	<b>Kai Hansen</b>	<b>9 3,5km</b>										<b>1:00:52</b>			
03:34	06:53	10:21	17:21	23:08	29:17	33:46	41:11	44:32	49:36	56:19	60:52				
03:34	03:19	03:28	07:00	05:47	06:09	04:29	07:25	03:21	05:04	06:43	04:33				
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&				
<b>10</b>	<b>Øjvind Brygger</b>	<b>22 3,5km</b>										<b>1:01:13</b>			
04:05	08:26	12:37	19:54	25:51	32:47	37:11	43:47	47:00	52:11	57:47	61:13				
04:05	04:21	04:11	07:17	05:57	06:56	04:24	06:36	03:13	05:11	05:36	03:26				
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&				



Class	Navn	Klub Klasse											Tid
<b>11</b>	<b>Vibeke Vogelius</b>	<b>18 3,5km</b>											<b>1:01:22</b>
04:00	08:31	12:41	19:51	25:05	32:30	37:07	43:59	46:56	51:54	57:41	61:22		
04:00	04:31	04:10	07:10	05:14	07:25	04:37	06:52	02:57	04:58	05:47	03:41		
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>12</b>	<b>Knud Vogelius</b>	<b>18 3,5km</b>											<b>1:01:38</b>
02:24	05:18	08:45	14:59	19:40	24:49	28:14	33:50	38:55	42:54	58:28	61:38		
02:24	02:54	03:27	06:14	04:41	05:09	03:25	05:36	05:05	03:59	15:34	03:10		
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>13</b>	<b>Helle Truelsen</b>	<b>3 3,5km</b>											<b>1:03:12</b>
02:50	06:26	09:57	17:07	24:52	32:39	36:57	43:56	46:45	52:07	58:57	63:12		
02:50	03:36	03:31	07:10	07:45	07:47	04:18	06:59	02:49	05:22	06:50	04:15		
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>14</b>	<b>Anna Bo Kølbæk</b>	<b>22 3,5km</b>											<b>1:08:51</b>
02:54	05:50	08:42	14:53	23:58	31:39	37:05	43:38	46:48	51:42	65:27	68:51		
02:54	02:56	02:52	06:11	09:05	07:41	05:26	06:33	03:10	04:54	13:45	03:24		
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>15</b>	<b>Lisbet Nielsen</b>	<b>16 3,5km</b>											<b>1:09:17</b>
02:33	05:39	22:12	29:05	33:56	39:16	44:04	50:25	56:57	60:54	66:17	69:17		
02:33	03:06	16:33	06:53	04:51	05:20	04:48	06:21	06:32	03:57	05:23	03:00		
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>16</b>	<b>Arne Pedersen</b>	<b>7 3,5km</b>											<b>1:16:43</b>
03:51	08:04	12:32	22:32	29:58	37:01	45:27	54:13	58:32	64:34	72:33	76:43		
03:51	04:13	04:28	10:00	07:26	07:03	08:26	08:46	04:19	06:02	07:59	04:10		
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>17</b>	<b>Jytte Larsen</b>	<b>18 3,5km</b>											<b>1:26:05</b>
03:39	08:24	13:01	23:45	32:49	41:59	50:17	60:02	67:45	73:20	81:55	86:05		
03:39	04:45	04:37	10:44	09:04	09:10	08:18	09:45	07:43	05:35	08:35	04:10		
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>18</b>	<b>Sofie Jensen</b>	<b>9 3,5km</b>											<b>1:27:14</b>
03:57	09:04	13:55	25:01	32:44	43:40	51:19	62:42	66:57	74:24	83:55	87:14		
03:57	05:07	04:51	11:06	07:43	10:56	07:39	11:23	04:15	07:27	09:31	03:19		
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	
<b>19</b>	<b>Anna Jensen</b>	<b>9 3,5km</b>											<b>1:27:17</b>
03:45	08:40	13:48	24:55	32:39	43:50	51:06	62:30	67:00	72:58	83:59	87:17		
03:45	04:55	05:08	11:07	07:44	11:11	07:16	11:24	04:30	05:58	11:01	03:18		
01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	01:33&	