

Vinterlangdistance 2017

Nordkredsen

samlet resultatliste

O-løb

3 ud af 4 løb er gældende (dårligste fratrækkes)

se deltager statistik i bunden af denne oversigt

plads	Navn	Klub	VL1	VL2	VL3	VL4	sum
3km							
1	Helle Truelsen	Holstebro Ok	85	89	81		255
2	Hans Chr. Sønderriis	Viborg Ok	86	94	74		254
3	Else Hass	Ok Pan Århus	85	100			185
4	Camilla Gry Elmann	Silkeborg Ok	100				100
5	Johanne Kaysen Thomsen	Ok Snab			100		100
6	Nanna Knudsen	Ok Gorm			100		100
7	Stig Knudsen	Ok Gorm			100		100
8	Flemming Jensen	Herning Ok				100	100
9	Asta Terkelsen	Ok Gorm			98		98
10	Elanor Henriksen	Herning Ok			97		97
11	Mathilde Andersen-Otte	Rold Skov OK		93			93
12	Minna Hald Andersen	Rold Skov OK		93			93
13	Bitten Nielsen	Herning Ok			92		92
14	Kim B. Schmidt	Herning Ok			92		92
15	Charlotte Vibeke Olesen	Karup Ok			91		91
16	Claus Clausen	Holstebro Ok			91		91
17	Lene Jacobsen	Holstebro Ok			91		91
18	Malene Kaysen Thomsen	Ok Snab			91		91
19	Birgitte Bach	Viborg Ok			89		89
20	Tove Straarup	Horsens Ok			86		86
21	Frants Nielsen	Herning Ok			85		85
22	Bjarne Nyberg	Karup Ok		81			81
23	Stine Taudahl Søndergaard	Herning Ok			78		78
24	Else Pedersen	OK West			71		71
6km							
1	Kaj Kaspersen	Herning Ok		96	87	98	281
2	Lucia Aagaard	Herning Ok		96	87	98	281
3	Pernille Buch	Ok Gorm	95		90	95	280
4	Poul Erik Buch	Ok Gorm	93		90	94	277
5	Lene Stick Nielsen	Viborg Ok	84	91	73	94	269
6	Tommy Jakobsen	Horsens Ok	84	89	72	94	267
7	Torben Isen	Herning Ok	86		75	97	258
8	Gitte Isen	Herning Ok	81		70	94	245
9	Gert Bertel	Karup Ok	84	87	64		235
10	Kirsten Elisabet Andersen	Karup Ok	84	87	64		235
11	Gert Kristensen	Randers Ok	83	88	62		233
12	Frede Truelsen	Holstebro Ok	82	80	68		230
13	Henning Larsen	Horsens Ok	76	82	64		222
14	Susanne Høiberg	Silkeborg Ok	72	78	52	61	211
15	Lene Jacobsen	Holstebro Ok	71	76		61	208
16	Søren Elkjær	Viborg Ok	97	100			197

17	Kasia Bury	Randers Ok	92	98			190
18	Lene Bejer Damgaard	Viborg Ok	86	95			181
19	Max Hansen	Ok Djurs	87	94			181
20	Anette Ozol	Silkeborg Ok	71	57	52		180
21	Palle Møller Nielsen	Odense Ok		76	51	50	177
22	Charlotte Nygaard Skjørbæk	Herning Ok		96	79		175
23	Lene Nygaard	Herning Ok		96	79		175
24	Karen Piiil Kristensen	Randers Ok		88	73		161
25	Ole Chistiansen	AKIF			79	80	159
26	Finn Hother Madsen	Ok Pan Århus		84	67		151
27	Helle Nikkel	Viborg Ok	70	81			151
28	Finn Søndergaard	Randers Ok	0	79	63		142
29	Kristian Jacobsen	Holstebro Ok	47	83			130
30	Claus Clausen	Holstebro Ok	46	83			129
31	Lis Knudsen	Faaborg Ok	77		52		129
32	Lars Ozol	Silkeborg Ok			64	61	125
33	Bente Petersen	Ok Esbjerg			63	61	124
34	Svend Erik Skovsgaard	Viborg Ok	68		52		120
35	Anders Byrdal	Viborg Ok		100			100
36	Jacob Klærke Mikkelsen	Horsens Ok	100				100
37	Jeppe Liengård Caspersen	OK Snab			100		100
38	Stefan Abel	NOTEAM		100			100
39	Frede Rasmussen	Herning Ok				100	100
40	Søren Søgaard	Herning Ok				100	100
41	Esben Ø. Pedersen	Ok Gorm	99				99
42	Mads Kruse Juhl	vjok				98	98
43	Torben Sørensen	Horsens Ok		97			97
44	Finn Hørup Nielsen	Ok Vendelboerne		96			96
45	Laura Holm Nielsen	Horsens Ok	96				96
46	Henrik Henriksen	Herning Ok			95		95
47	Varny Vestergaard	Vestjysk OK			95		95
48	Mogens Vennevold	vjok				95	95
49	Poul A.Christensen	OK Snab				95	95
50	Marianne Lynge Krogh	Kolding OK			94		94
51	Jens Larsen	Silkeborg Ok				94	94
52	Lennart Bo Kristiansen	Viborg Ok	93				93
53	Rasmus K. B. Skovsgaard	Viborg Ok	93				93
54	Hans Jørgen Vad	Horsens Ok	92				92
55	Franz Thomsen	Randers Ok		91			91
56	Jan Bille	Ok Pan Århus		90			90
57	Peer Straarup	Horsens Ok			90		90
58	Bent Fenger Jensen	Randers Ok		88			88
59	Åge Lillethorup	Randers Ok		88			88
60	Kristian Ølgaard	Ok Gorm			87		87
61	Mette Filskov	OK Sorø			87		87
62	Theis Munktvad	Allerød OK			87		87
63	Susanne Baun	Horsens Ok	86				86
64	Søren Maarup	Kolding OK			86		86

65 Asta Terkelsen	Ok Gorm	84				84
66 Pia Gade	Viborg Ok		84			84
67 Tage Baun	Horsens Ok	84				84
68 Martin Ringive	Ok Gorm			83		83
69 Thora Damsgaard	Viborg Ok		83			83
70 Frants Nielsen	Herning Ok				80	80
71 Mogens Hald	Herning Ok				80	80
72 Lars Kvist Olesen	OK Fros			79		79
73 Sven Madsen	OK Fros			79		79
74 Ole Andersen	Herning Ok			78		78
75 Anita Mogensen	Skive Amok	77				77
76 Louis A. Sørensen	Ok Esbjerg	77				77
77 Tove Straarup	Horsens Ok	77				77
78 Erik Libak Hansen	Karup Ok	76				76
79 Thomas Jørgensen	Karup Ok	75				75
80 Bente Ringive	Ok Gorm			74		74
81 Birgitte Bach	Viborg Ok		73			73
82 Annette Møller	Nordvest Ok		72			72
83 Carl Malling	Randers Ok			72		72
84 Asger Kristensen	Herning Ok		71			71
85 Henning Schou	OK Snab			71		71
86 Helle Schou	OK Snab			67		67
87 Asmus Wonsyld	Silkeborg Ok			63		63
88 Erik Anders Jensen	Silkeborg Ok			63		63
89 Anne-Mette Kirkegaard	Silkeborg Ok	39				39
90 Torben Hansen	Herning Ok				35	35

10km

1 Jess Rasmussen	Viborg Ok	91	97	84	100	288
2 Jens Peter Christensen	Herning Ok	90	97	94	85	281
3 Marianne Lynge Krogh	Kolding Ok	91	93		85	269
4 Jakob Gade	Viborg Ok	90	97	80		267
5 Henning Hansen	Horsens Ok	91	93	76		260
6 Kim Gottlieb	Herning Ok		93	77	83	253
7 Leif Rønn Olsen	Herning Ok	84	85		83	252
8 Jens Ozol	Silkeborg Ok	75	85		85	245
9 Thomas Lindschouw	Aalborg Ok		81	72	85	238
10 Carsten Helligsø	Karup Ok	73	75		84	232
11 Erik Krogh	Kolding Ok	72	74		85	231
12 Susanne Kristensen	Herning Ok		85		83	168
13 Peer Straarup	Horsens Ok	82			85	167
14 Jens Larsen	Silkeborg Ok	74	86			160
15 Finn Rosenqvist	Aalborg Ok		85	74		159
16 Michael Straube	Horsens Ok	73	85			158
17 Camilla Bertel	Karup Ok		82	74		156
18 Christian Bertel	Karup Ok		82	74		156
19 Erling Trankjær	Holstebro Ok	82		71		153

20	Per Eg Pedersen	Kolding Ok		64	84	148
21	Steen Sig Andersen	Kolding Ok		64	83	147
22	Anette Pind	Silkeborg Ok		70	53	123
23	Leif Skovgaard Knudsen	Faaborg Ok	62		53	115
24	Henriette N.Skjørbæl	Herning Ok		100		100
25	Kristoffer Andersen	Aarhus 1900			100	100
26	Mads Kruse Juhl	NOTEAM			100	100
27	Simon Reimers	Aalborg Ok		100		100
28	Tjalfe Egholm Rude	Silkeborg Ok	100			100
29	Kristian Vad	Horsens Ok	98			98
30	Jeppe Andersen	Vestjysk OK			97	97
31	Stefan V.Olsen	Viborg Ok		97		97
32	Varny Vestergaard	Vestjysk OK		97		97
33	Jørgen Schnack	Aalborg Ok	96			96
34	Sune Dupont	Aarhus 1900			96	96
35	Søren Flytkjær	Aalborg Ok		96		96
36	Anker Møller	Silkeborg Ok	91			91
37	Anton Rasmussen	Aarhus 1900			91	91
38	Mads Mikkelsen	Horsens Ok	90			90
39	Morten Frederiksen	Skive Amok		90		90
40	Per Dahl Jensen	OK Pan Århus		90		90
41	Rikke Holm Jensen	Horsens Ok	90			90
42	Jonathan Birk Nielsen	Aalborg Ok		88		88
43	Jørgen Bruun	NOTEAM	88			88
44	Peter Sinding Poulsen	Silkeborg Ok	88			88
45	Sara Lysemose Poulsen	Silkeborg Ok	88			88
46	Annemette Sørensen	OK Pan Århus		87		87
47	Bjarne Mortensen	Herning Ok	87			87
48	Dorte Filskov	Aalborg Ok		87		87
49	Michael Houlkjær Rolighed	St.Binderup OK		87		87
50	Søren Søgaard	Herning Ok		85		85
51	Peter Damgaard Frandsen	Kolding Ok			85	85
52	Søren Bak	Aalborg Ok		82		82
53	Kristian M.Øllgaard	OK Gorm			82	82
54	Ivan Christensen	OK Pan Århus			80	80
55	Stig Barrett	Viborg Ok	80			80
56	Nanna Lysemose Poulsen	Silkeborg Ok	78			78
57	Rikke Lysemose Poulsen	Silkeborg Ok	78			78
58	Jacob G.Søderberg	ISG		75		75
59	Lajla Præstgaard	Mariager Fjord Ok		75		75
60	Bjarne Christensen	Silkeborg Ok	74			74
61	Britt Hermanrud	Silkeborg Ok	74			74
62	Kaj Skov	Skive Amok		73		73
63	Svend Erik Hedevang	Herning Ok	73			73
64	Nicoline Lorenzen	Odense OK			72	72
65	Keld Gade	Viborg Ok		71		71
66	Frederik N.Pedersen	NOTEAM			70	70
67	Jane Bech Thøgersen	NOTEAM		70		70

68	Troels Krogh	Nordvest OK	69			69
69	Knud Fjordvald	Silkeborg Ok		63		63
70	Palle Cavan	OK West		63		63
71	Preben Lupnaav	Herlufsholm OK	63			63
72	Jesper Brahm + Mogens	Silkeborg Ok	59			59
73	Bjarne Krogh	Nordvest OK		58		58
74	Jeanette Finderup	OK Pan Århus		58		58
75	Mariann Kejser	OK Pan Århus		58		58
76	Ole Bernth Jensen	Nordvest OK		58		58
77	Niels Stadel	Silkeborg Ok			58	58
78	Ann Dissing	OK Vendelboerne		56		56
79	Bjarke Rasmussen	Mariager Fjord Ok	54			54
80	Leif Knudsen	Faaborg Ok		53		53
81	Ole Andersen	Herning Ok			53	53
82	Bent Skjoldborg	OK Vendelboerne		39		39
83	Kirsten Hald Holdensen	OK Vendelboerne		39		39
84	Eva Smedgaard	OK Sorø		38		38
85	Uffe Bach	OK Djurs		37		37

16km

1	Carsten Thygesen	Ok Pan Århus	92		95	100	287
2	Lars Mikkelsen	Herning Ok	86	92	99	85	277
3	Kenn Keldgaard Kristensen	Herning Ok		84	80	86	250
4	Jørgen Schnack	Aalborg Ok	100		98		198
5	Michael Filyo	Silkeborg Ok			98	100	198
6	Torben Kristensen	Ok Snab	96		100		196
7	Henrik Bach	Mariager Fjord OK		92	99		191
8	Ole Jensen	Mariager Fjord OK		91	98		189
9	Jens Isaksen	Silkeborg Ok	59	77	46		182
10	Michael Fischer	Aalborg Ok		91	91		182
11	Anders Lorentzen	Silkeborg Ok	84			86	170
12	Morten Kjær	Silkeborg Ok	79		84		163
13	Mikkel Hagstrøm	Viborg Ok	78	85			163
14	John Holm	Ok Pan Århus	74	77			151
15	Uffe Villumsen	Ok Snab	74		72		146
16	Søren Andersen	Herning Ok	55	76			131
17	Henrik Juhl	NOTEAM			72	41	113
18	Poul Henning Poulsen	Tisvilde Hegn Ok		67		41	108
19	Mikkel Holm Nielsen	Ok Pan Århus	100				100
20	Jakob A.Daugaard	Kolding OK			100		100
21	Kristian Vad	Horsens OK			100		100
22	Leif E.Larsen	Tisvilde Hegn Ok			98		98
23	Vidar Sire	Ok West	97				97
24	Jan Thomsen	Ok Pan Århus		92			92
25	Anders Vang	Ok Pan Århus		91			91
26	Nicolai Wind	Kolding OK			91		91
27	Finn Damgaard	Kolding OK			91		91

28	Christian K. Laursen	Kolding OK			91		91
29	Morten Christoffersen	Silkeborg Ok	85				85
30	Thomas Ullner	OK Djurs			83		83
31	Per Filskov	Ok Snab			83		83
32	Arne Kristensen	Herlufsholm OK	80				80
33	Gert Johansson	Ok Pan Århus	76				76
34	Bjarne Mortensen	Herning Ok			72		72
35	Lasse Due Petersen	NOTEAM	58				58
36	Emil Kastrup	Aarhus Adventure	58				58
37	Klaus Wolsing	Mariager Fjord OK		57			57
38	Kaj Munck	Herlufsholm OK	5	1			6
39	Anne Movin	Silkeborg Ok				1	1

20km

1	Lasse Holch Nielsen	Silkeborg Ok	96	100	87	68	351
2	Christian Valbak	Silkeborg Ok	76	90	74		240
3	Mikael Halberg	NOTEAM	82	88	65		235
4	Thorkild Jensen	Randers Ok	59	97	77	31	233
5	Jens Brandt	Aalborg Ok	71	92			163
6	Peter Villadsen	Aalborg Ok	82		67		149
7	Thomas Guldmann	Horsens Ok	80		66		146
8	Casper Iversen	Silkeborg Ok	80	61			141
8	Michael Filyo	Silkeborg Ok	68	68			136
10	Nicolai Nielsen	Mariager Fjord Ok	100				100
11	Henrik Leth Jørgensen	Ok Pan Århus			100		100
12	David Bonde Pedersen	NOTEAM		100			100
13	Rene Rokkjær	Ok Pan Århus		100			100
14	Bjarke Refslund	Ok Pan Århus				100	100
15	Teemu Niskanen	Aalborg Ok		99			99
16	Lars Elkjær L.Poulsen	Skive Amok		92			92
17	Marko Birk Nielsen	Aalborg Ok		90			90
18	Bo Birk Nielsen	Aalborg Ok		90			90
19	Rasmus Holm Andersen	Ok Pan Århus		86			86
20	Anders Bank	Ok Pan Århus		86			86
21	Henrik Markvardsen	Tisvilde Hegn Ok	82				82
22	Jacob A. Daugaard	Silkeborg Ok	80				80
23	Josephine Dewett Kristensen	Ok Pan Århus	80				80
24	Per H.Christensen	Skive Amok		78			78
25	Kim Hansen	Sorø OK			66		66
26	Peter Drejer Andersen	Silkeborg Ok	47				47
27	Nina Najbjerg	OK Gorm		30			30
28	Sofie Larsen	NOTEAM		30			30
29	Anna Movin	Silkeborg Ok	16				16
30	Anders Vang Bjerrum	NOTEAM	0				0
31	Michele Dawson	Ok Pan Århus	0				0

2 ud af 3 løb er gældende for at vinde MTBO samlet

MTBO 10km

1	Camilla Gry Elmann	Silkeborg Ok	100		100
2	Marit Lund	Herning Ok		100	100
3	John Rasmussen	Silkeborg Ok	73		73
4	Lars Klode	Herning Ok	69		69
5	Claus Poulsen	Silkeborg Ok	0		0

MTBO 15km

1	Jørgen Jørgensen	Silkeborg OK	76	65	141
2	Jørn Svensen	Viborg OK	100		100
3	Tommy Damagaard	Viborg OK		100	100
4	Søren Theilgaard	Aalborg OK	98		98
5	John Skovbjerg	OK Pan		97	97
6	Camilla Gry Elmann	Silkeborg OK	96		96
7	Stig Barret	Viborg OK	85		85
8	Lars Bang	Løgstrup	83		83
9	Søren Tarp	OK Pan		79	79
10	Viggo Poulsen	Skive Amok	78		78
11	Ole Hoffmann	Ok Fros		69	69
12	John Rasmussen	Silkeborg OK	62		62
13	Johan P.Hansen	HC38	29		29

Lidt deltager statistik for vinterlang 2017:

	startende	gennemførte	herrer	damer	piger	dreng	sum
vl 1	111	110	78	25	3	5	111
vl 2	146	134	100	37	2	7	146
vl 3	154	144	110	39	3	2	154
vl 4	75	69	56	18	0	1	75
vl stafet	101	95	70	29	2	0	101
samlet	587	552	414	148	10	15	587