

Class	Navn	Klasse	Tid
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D40

1	Tine Gade Hansen	24	2:19:54																			
04:27=	07:26=	12:15=	18:57=	21:21=	22:20=	24:37=	26:43=	32:23=	41:05=	44:06=	53:08=	56:45=	61:50=	72:42=	75:59=	86:12=	100:43=	112:00=	125:09=	131:11=	138:12=	140:51=
04:27=	02:59=	04:49=	06:42=	02:24=	00:59=	02:17=	02:06=	05:40=	08:42=	03:01=	09:02=	03:37=	05:05=	10:52=	03:17=	10:13=	14:31=	11:17=	13:09=	06:02=	07:01=	02:39=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Anne Loftager	Navet	2:29:49																			
22:44+	25:22+	29:52+	36:47+	39:50+	40:47+	43:16+	45:21+	51:56+	59:57+	62:57+	71:14+	76:56+	82:55+	95:03+	98:32+	109:18+	125:04+	136:42+	151:08+	158:45+	167:58+	170:13+
22:44+	02:38-	04:30-	06:55+	03:03+	00:57-	02:29+	02:05-	06:35+	08:01-	03:00-	08:17-	05:42+	05:59+	12:08+	03:29+	10:46+	15:46+	11:38+	14:26+	07:37+	09:13+	02:15-
18:17@	00:21-	00:19-	00:13+	00:39&	00:02-	00:12+	00:01-	00:55#	00:41-	00:01-	00:45-	02:05&	00:54#	01:16#	00:12+	00:33+	01:15+	00:21+	01:17+	01:35&	02:12&	00:24-

3	Katja Reibert Hansen	2	3:13:41																			
06:40+	10:47+	16:17+	31:01+	37:57+	39:01+	41:21+	43:51+	52:23+	73:19+	76:57+	88:40+	92:45+	99:23+	112:16+	115:56+	125:49+	145:05+	159:14+	172:24+	179:21+	192:24+	194:36+
06:40+	04:07+	05:30+	14:44+	06:56+	01:04+	02:20+	02:30+	08:32+	20:56+	03:38+	11:43+	04:05+	06:38+	12:53+	03:40+	09:53-	19:16+	14:09+	13:10+	06:57+	13:03+	02:12-
02:13&	01:08&	00:41#	08:02@	04:32@	00:05+	00:03+	00:24#	02:52&	12:14@	00:37#	02:41&	00:28#	01:33&	02:01#	00:23#	00:20-	04:45&	02:52&	00:01+	00:55#	06:02&	00:27-

Beste strekktid for klassen
 04:27 02:38 04:30 06:42 02:24 00:57 02:17 02:05 05:40 08:01 03:00 08:17 03:37 05:05 10:52 03:17 09:53 14:31 11:17 13:09 06:02 07:01 02:12

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

D50

1	Nina Hoffmann	16	2:06:03																			
02:29=	04:43=	09:17=	14:04=	16:47=	17:34=	19:45=	22:19=	27:16=	35:09=	37:41=	44:24=	47:34=	51:46=	61:16=	64:10=	73:17=	87:03=	96:12=	110:03=	115:55=	123:59=	126:03=
02:29=	02:14=	04:34=	04:47=	02:43=	00:47=	02:11=	02:34=	04:57=	07:53=	02:32=	06:43=	03:10=	04:12=	09:30=	02:54=	09:07=	13:46=	09:09=	13:51=	05:52=	08:04=	02:04=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Katja Brunstedt	17	2:41:53																			
05:50+	09:18+	16:20+	23:23+	26:09+	27:17+	29:56+	31:40+	37:12+	47:43+	51:29+	62:38+	67:20+	74:14+	86:37+	90:13+	103:14+	118:55+	130:18+	145:45+	153:56+	162:46+	165:29+
05:50+	03:28+	07:02+	07:03+	02:46+	01:08+	02:39+	01:44-	05:32+	10:31+	03:46+	11:09+	04:42+	06:54+	12:23+	03:36+	13:01+	15:41+	11:23+	15:27+	08:11+	08:50+	02:43+
03:21@	01:14&	02:28&	02:16&	00:03+	00:21&	00:28#	00:50-	00:35#	02:38&	01:14&	04:26&	01:32&	02:42&	02:53&	00:42#	03:54&	01:55#	02:14#	01:36#	02:19&	00:46+	00:39&

Beste strekktid for klassen
 02:29 02:14 04:34 04:47 02:43 00:47 02:11 01:44 04:57 07:53 02:32 06:43 03:10 04:12 09:30 02:54 09:07 13:46 09:09 13:51 05:52 08:04 02:04

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

D60

1	Tove Sonne Andersen	17	2:01:53																			
04:36=	06:55=	11:59=	19:18=	21:53=	26:25=	31:11=	32:05=	34:08=	40:15=	50:00=	52:56=	63:10=	75:13=	78:07=	87:50=	95:28=	104:18=	110:36=	119:51=	121:53=		
04:36=	02:19=	05:04=	07:19=	02:35=	04:32=	04:46=	00:54=	02:03=	06:07=	09:45=	02:56=	10:14=	12:03=	02:54=	09:43=	07:38=	08:50=	06:18=	09:15=	02:02=		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		

2	Charlotte Bergmann	2	2:08:02																			
09:01+	12:04+	16:55+	25:23+	27:50+	34:01+	38:10+	40:29+	44:26+	51:07+	61:01+	63:51+	73:38+	86:02+	88:29+	97:53+	105:56+	116:24+	122:49+	130:24+	132:32+		
09:01+	03:03+	04:51-	08:28+	02:27-	06:11+	04:09-	02:19+	03:57+	06:41+	09:54+	02:50-	09:47-	12:24+	02:27-	09:24-	08:03+	10:28+	06:25+	07:35-	02:08+		
04:25&	00:44&	00:13-	01:09#	00:08-	01:39&	00:37-	01:25@	01:54&	00:34+	00:09+	00:06-	00:27-	00:21+	00:27-	00:19-	00:25+	01:38#	00:07+	01:40-	00:06+		

3	Bente Madsen	THOK	2:22:48																			
06:12+	12:20+	19:04+	28:37+	31:32+	36:26+	40:52+	42:09+	44:12+	57:16+	67:51+	72:10+	81:08+	95:00+	97:51+	106:47+	114:46+	124:55+	132:41+	141:14+	143:33+		
06:12+	06:08+	06:44+	09:33+	02:55+	04:54+	04:26-	01:17+	02:03=	13:04+	10:35+	04:19+	08:58-	13:52+	02:51-	08:56-	07:59+	10:09+	07:46+	08:33-	02:19+		
01:36&	03:49@	01:40&	02:14&	00:20#	00:22+	00:20-	00:23&	00:00=	06:57@	00:50+	01:23&	01:16-	01:49#	00:03-	00:47-	00:21+	01:19#	01:28#	00:42-	00:17#		

Beste strekktid for klassen
 04:36 02:19 04:51 07:19 02:27 04:32 04:09 00:54 02:03 06:07 09:45 02:50 08:58 12:03 02:27 08:56 07:38 08:50 06:18 07:35 02:02

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

D70

1	Birgit Hausner	15	2:32:02												
22:47=	25:30=	31:15=	49:11=	57:42=	71:38=	76:18=	82:38=	92:17=	100:50=	113:15=	127:10=	145:14=	155:08=	167:02=	170:22=
22:47=	02:43=	05:45=	17:56=	08:31=	13:56=	04:40=	06:20=	09:39=	08:33=	12:25=	13:55=	18:04=	09:54=	11:54=	03:20=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Beste strekktid for klassen
 22:47 02:43 05:45 17:56 08:31 13:56 04:40 06:20 09:39 08:33 12:25 13:55 18:04 09:54 11:54 03:20

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

D75

1	Vibeke Vogelius	21	1:45:34												
05:06=	07:20=	13:43=	23:55=	35:07=	38:53=	41:41=	45:01=	51:40=	53:15=	57:17=	73:11=	85:36=	93:32=	105:55=	109:11=
05:06=	02:14=	06:23=	10:12=	11:12=	03:46=	02:48=	03:20=	06:39=	01:35=	04:02=	15:54=	12:25=	07:56=	12:23=	03:16=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Kirsten Brunstedt	17	2:01:35												
03:32-	05:55-	14:25+	26:23+	36:52+	40:37+	45:24+	49:05+	56:54+	58:49+	63:57+	82:55+	96:32+	104:57+	119:39+	123:42+
03:32-	02:23+	08:30+	11:58+	10:29-	03:45-	04:47+	03:41+	07:49+	01:55+	05:08+	18:58+	13:37+	08:25+	14:42+	04:03+
01:34-	00:09+	02:07&	01:46#	00:43-	00:01-	01:59&	00:21#	01:10#	00:20#	01:06&	03:04#	01:12+	00:29+	02:19#	00:47#

Beste strekktid for klassen
 03:32 02:14 06:23 10:12 10:29 03:45 02:48 03:20 06:39 01:35 04:02 15:54 12:25 07:56 12:23 03:16

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

H14

1	Emil Lindahl	13	1:08:59												
03:16=	05:12=	07:47=	16:46=	26:14=	28:47=	30:52=	36:26=	39:37=	44:16=	48:54=	49:51=	56:28=	63:27=	66:37=	70:29=
03:16=	01:56=	02:35=	08:59=	09:28=	02:33=	02:05=	05:34=	03:11=	04:39=	04:38=	00:57=	06:37=	06:59=	03:10=	03:52=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Beste strekktid for klassen
 03:16 01:56 02:35 08:59 09:28 02:33 02:05 05:34 03:11 04:39 04:38 00:57 06:37 06:59 03:10 03:52

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

H17

1	Kristoffer Sundstrup Markussen	17	1:52:07																	
14:20=	15:59=	20:01=	29:25=	31:16=	35:13=	40:35=	41:27=	45:52=	51:48=	60:25=	62:40=	69:33=	85:39=	87:38=	94:52=	100:30=	107:29=	112:30=	118:38=	120:24=
14:20=	01:39=	04:02=	09:24=	01:51=	03:57=	05:22=	00:52=	04:25=	05:56=	08:37=	02:15=	06:53=	16:06=	01:59=	07:14=	05:38=	06:59=	05:01=	06:08=	01:46=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Beste strekktid for klassen
 14:20 01:39 04:02 09:24 01:51 03:57 05:22 00:52 04:25 05:56 08:37 02:15 06:53 16:06 01:59 07:14 05:38 06:59 05:01 06:08 01:46

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

H21

Class	Navn	Klasse	Tid
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H21

1	Johan MacLassen	Navet	2:20:26																						
05:44=	10:08=	18:09=	21:00=	23:23=	24:57=	26:37=	29:01=	35:44=	38:58=	44:30=	47:33=	56:41=	64:06=	71:55=	80:18=	84:30=	92:41=	100:06=	105:55=	108:56=	116:12=	118:54=	124:33=	128:21=	133:13=
05:44=	04:24=	08:01=	02:51=	02:23=	01:34=	01:40=	02:24=	06:43=	03:14=	05:32=	03:03=	09:08=	07:25=	07:49=	08:23=	04:12=	08:11=	07:25=	05:49=	03:01=	07:16=	02:42=	05:39=	03:48=	04:52=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
139:34=	141:24=																								
06:21=	01:50=																								
00:00=	00:00=																								

2	Jacob Skovsgaard	Navet	3:10:20																						
02:32+	07:44+	13:45+	17:14+	32:54+	35:27+	38:03+	40:13+	42:39+	51:41+	55:30+	64:27+	67:20+	77:19+	85:15+	95:37+	106:40+	111:57+	120:33+	130:33+	142:29+	153:43+	157:51+	167:29+	173:20+	179:16+
02:32+	05:12+	06:01+	03:29+	15:40+	02:33+	02:36+	02:10+	02:26+	09:02+	03:49+	08:57+	02:53+	09:59+	07:56+	10:22+	11:03+	05:17+	08:36+	10:00+	11:56+	11:14+	04:08+	09:38+	05:51+	05:56+
02:32+	05:12+	06:01+	03:29+	15:40+	02:33+	02:36+	02:10+	02:26+	09:02+	03:49+	08:57+	02:53+	09:59+	07:56+	10:22+	11:03+	05:17+	08:36+	10:00+	11:56+	11:14+	04:08+	09:38+	05:51+	05:56+
188:07+	190:20+																								
08:51+	02:13+																								
08:51+	02:13+																								

3	Lukas Wilms	19	4:15:58																						
09:01+	13:53+	23:04+	26:42+	29:49+	36:10+	37:20+	40:32+	48:42+	53:12+	62:46+	65:49+	78:00+	86:19+	101:44+	116:09+	121:34+	130:29+	153:42+	167:08+	172:46+	189:59+	195:26+	223:30+	231:06+	243:39+
09:01+	04:52+	09:11+	03:38+	03:07+	06:21+	01:10+	03:12+	08:10+	04:30+	09:34+	03:03+	12:11+	08:19+	15:25+	14:25+	05:25+	08:55+	23:13+	13:26+	05:38+	17:13+	05:27+	28:04+	07:36+	12:33+
09:01+	04:52+	09:11+	03:38+	03:07+	06:21+	01:10+	03:12+	08:10+	04:30+	09:34+	03:03+	12:11+	08:19+	15:25+	14:25+	05:25+	08:55+	23:13+	13:26+	05:38+	17:13+	05:27+	28:04+	07:36+	12:33+
254:38+	257:43+																								
10:59+	03:05+																								
10:59+	03:05+																								

Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

H40

1	Rasmus Klüver Jensen	6	2:48:27																						
05:31=	07:29=	11:31=	20:50=	24:09=	27:21=	41:49=	43:57=	46:22=	50:59=	53:01=	63:16=	67:07=	74:46=	82:40=	88:08=	95:13=	99:12=	101:39=	108:06=	124:12=	137:12=	146:55=	157:36=	162:50=	169:20=
05:31=	01:58=	04:02=	09:19=	03:19=	03:12=	14:28=	02:08=	02:25=	04:37=	02:02=	10:15=	03:51=	07:39=	07:54=	05:28=	07:05=	03:59=	02:27=	06:27=	16:06=	13:00=	09:43=	10:41=	05:14=	06:30=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
171:43=																									
02:23=																									
00:00=																									

2	Lau Sørensen	6	4:02:58																						
05:25-	08:10+	14:20+	23:56+	39:10+	43:00+	48:55+	51:42+	54:19+	61:37+	64:16+	81:39+	87:48+	99:18+	115:17+	124:14+	134:26+	141:35+	145:51+	155:33+	174:45+	192:45+	209:24+	224:20+	231:42+	241:25+
05:25-	02:45+	06:10+	09:36+	15:14+	03:50+	05:55-	02:47+	02:37+	07:18+	02:39+	17:23+	06:09+	11:30+	15:59+	08:57+	10:12+	07:09+	04:16+	09:42+	19:12+	18:00+	16:39+	14:56+	07:22+	09:43+
00:06-	00:47&	02:08&	00:17+	11:55@	00:38#	08:33-	00:39&	00:12+	02:41&	00:37&	07:08&	02:18&	03:51&	08:05@	03:29&	03:07&	03:10&	01:49&	03:15&	03:06#	05:00&	06:56&	04:15&	02:08&	03:13&
244:29+																									
03:04+																									
00:41&																									

Beste strekktid for klassen

05:25 01:58 04:02 09:19 03:19 03:12 05:55 02:08 02:25 04:37 02:02 10:15 03:51 07:39 07:54 05:28 07:05 03:59 02:27 06:27 16:06 13:00 09:43 10:41 05:14 06:30 02:23

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

H50

H50

1	Bjarne Hoffmann	Navet	2:02:40																						
04:10=	05:50=	09:11=	13:11=	15:35=	17:52=	20:42=	22:10=	23:40=	27:17=	28:59=	38:20=	41:36=	47:56=	54:12=	58:35=	64:23=	67:10=	69:16=	74:37=	84:42=	94:46=	103:43=	112:06=	118:07=	123:19=
04:10=	01:40=	03:21=	04:00=	02:24=	02:17=	02:50=	01:28=	01:30=	03:37=	01:42=	09:21=	03:16=	06:20=	06:16=	04:23=	05:48=	02:47=	02:06=	05:21=	10:05=	10:04=	08:57=	08:23=	06:01=	05:12=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
124:51=																									
01:32=																									
00:00=																									

2	Peter Reibert Hansen	2	2:18:01																						
35:24+	36:46+	40:06+	45:07+	47:54+	51:00+	53:58+	55:24+	56:50+	60:58+	63:00+	72:29+	76:14+	83:07+	90:21+	95:44+	103:41+	107:31+	116:13+	121:03+	133:09+	142:40+	151:37+	159:38+	163:41+	169:34+
35:24+	01:22+	03:20+	05:01+	02:47+	03:06+	02:58+	01:26+	01:26+	04:08+	02:02+	09:29+	03:45+	06:53+	07:14+	05:23+	07:57+	03:50+	08:42+	04:50+	12:06+	09:31+	08:57+	08:01+	04:03+	05:53+
35:24+	01:22+	03:20+	05:01+	02:47+	03:06+	02:58+	01:26+	01:26+	04:08+	02:02+	09:29+	03:45+	06:53+	07:14+	05:23+	07:57+	03:50+	08:42+	04:50+	12:06+	09:31+	08:57+	08:01+	04:03+	05:53+
171:13+																									
01:39+																									
01:39+																									

3	Claus Rasmussen	OKR	2:21:10																						
25:42+	27:42+	31:23+	37:25+	40:11+	43:24+	46:17+	47:46+	49:15+	53:23+	55:15+	64:56+	68:37+	75:34+	82:49+	88:07+	95:42+	100:13+	107:46+	113:33+	125:50+	135:04+	144:09+	152:02+	156:18+	162:07+
25:42+	02:00+	03:41+	06:02+	02:46+	03:13+	02:53+	01:29+	01:29+	04:08+	01:52+	09:41+	03:41+	06:57+	07:15+	05:18+	07:35+	04:31+	07:33+	05:47+	12:17+	09:14+	09:05+	07:53+	04:16+	05:49+
25:42+	02:00+	03:41+	06:02+	02:46+	03:13+	02:53+	01:29+	01:29+	04:08+	01:52+	09:41+	03:41+	06:57+	07:15+	05:18+	07:35+	04:31+	07:33+	05:47+	12:17+	09:14+	09:05+	07:53+	04:16+	05:49+
163:44+																									
01:37+																									
01:37+																									

4	Tommy Damsgaard	23	2:24:17																						
06:45+	08:38+	12:18+	16:53+	19:25+	23:53+	26:45+	28:16+	29:50+	34:11+	36:02+	45:22+	49:16+	55:45+	62:49+	68:11+	73:57+	77:18+	80:57+	86:22+	104:16+	114:33+	126:26+	135:57+	140:36+	147:16+
06:45+	01:53+	03:40+	04:35+	02:32+	04:28+	02:52+	01:31+	01:34+	04:21+	01:51+	09:20+	03:54+	06:29+	07:04+	05:22+	05:46+	03:21+	03:39+	05:25+	17:54+	10:17+	11:53+	09:31+	04:39+	06:40+
06:45+	01:53+	03:40+	04:35+	02:32+	04:28+	02:52+	01:31+	01:34+	04:21+	01:51+	09:20+	03:54+	06:29+	07:04+	05:22+	05:46+	03:21+	03:39+	05:25+	17:54+	10:17+	11:53+	09:31+	04:39+	06:40+
149:02+																									
01:46+																									
01:46+																									

5	Jørn Svensen	Navet	2:27:55																						
10:25+	12:49+	16:25+	21:52+	25:24+	28:11+	31:17+	32:56+	34:41+	39:18+	41:15+	52:04+	56:02+	63:14+	70:50+	76:03+	83:19+	86:20+	89:43+	96:31+	109:33+	120:56+	131:18+	141:05+	146:22+	154:06+
10:25+	02:24+	03:36+	05:27+	03:32+	02:47+	03:06+	01:39+	01:45+	04:37+	01:57+	10:49+	03:58+	07:12+	07:36+	05:13+	07:16+	03:01+	03:23+	06:48+	13:02+	11:23+	10:22+	09:47+	05:17+	07:44+
10:25+	02:24+	03:36+	05:27+	03:32+	02:47+	03:06+	01:39+	01:45+	04:37+	01:57+	10:49+	03:58+	07:12+	07:36+	05:13+	07:16+	03:01+	03:23+	06:48+	13:02+	11:23+	10:22+	09:47+	05:17+	07:44+
156:01+																									
01:55+																									
01:55+																									

6	Ulrich Ghisler	2	2:32:18																						
13:46+	17:06+	21:57+	25:32+	28:28+	31:43+	35:11+	39:04+	41:59+	52:17+	55:42+	62:04+	75:08+	84:20+	87:08+	97:07+	106:31+	120:55+	133:14+	143:41+	152:18+					
13:46+	03:20+	04:51+	03:35+	02:56+	03:15+	03:28+	03:53+	02:55+	10:18+	03:25+	06:22+	13:04+	09:12+	02:48+	09:59+	09:24+	14:24+	12:19+	10:27+	08:37+					
13:46+	03:20+	04:51+	03:35+	02:56+	03:15+	03:28+	03:53+	02:55+	10:18+	03:25+	06:22+	13:04+	09:12+	02:48+	09:59+	09:24+	14:24+	12:19+	10:27+	08:37+					

7	Peter Sandvang	3	2:39:14																						
37:36+	39:25+	43:02+	51:34+	56:59+	60:14+	64:27+	66:08+	68:12+	72:57+	76:38+	87:18+	91:08+	99:25+	107:07+	112:23+	121:48+	126:21+	134:41+	139:35+	151:57+	161:10+	170:10+	178:12+	182:03+	188:13+
37:36+	01:49+	03:37+	08:32+	05:25+	03:15+	04:13+	01:41+	02:04+	04:45+	03:41+	10:40+	03:50+	08:17+	07:42+	05:16+	09:25+	04:33+	08:20+	04:54+	12:22+	09:13+	09:00+	08:02+	03:51+	06:10+
37:36+	01:49+	03:37+	08:32+	05:25+	03:15+	04:13+	01:41+	02:04+	04:45+	03:41+	10:40+	03:50+	08:17+	07:42+	05:16+	09:25+	04:33+	08:20+	04:54+	12:22+	09:13+	09:00+	08:02+	03:51+	06:10+
189:51+																									
01:38+																									
01:38+																									

H50

8	Martin Thorwart	20	3:38:26																						
05:00+	09:12+	15:49+	24:39+	28:32+	31:06+	35:57+	37:59+	40:24+	47:46+	51:31+	66:24+	71:50+	82:26+	92:59+	102:59+	112:15+	116:27+	121:28+	129:02+	149:58+	167:04+	180:06+	194:27+	206:30+	217:05+
05:00+	04:12+	06:37+	08:50+	03:53+	02:34+	04:51+	02:02+	02:25+	07:22+	03:45+	14:53+	05:26+	10:36+	10:33+	10:00+	09:16+	04:12+	05:01+	07:34+	20:56+	17:06+	13:02+	14:21+	12:03+	10:35+
05:00+	04:12+	06:37+	08:50+	03:53+	02:34+	04:51+	02:02+	02:25+	07:22+	03:45+	14:53+	05:26+	10:36+	10:33+	10:00+	09:16+	04:12+	05:01+	07:34+	20:56+	17:06+	13:02+	14:21+	12:03+	10:35+
219:23+																									
02:18+																									
02:18+																									

Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

H60

1	Jan Møller	Navet	1:53:17																						
03:19=	05:07=	07:39=	09:15=	10:31=	13:30=	17:52=	19:58=	23:02=	30:54=	35:20=	36:40=	40:27=	51:32=	57:42=	65:37=	75:39=	81:53=	86:46=	90:51=	97:32=	99:55=	102:55=	108:21=	114:09=	115:47=
03:19=	01:48=	02:32=	01:36=	01:16=	02:59=	04:22=	02:06=	03:04=	07:52=	04:26=	01:20=	03:47=	11:05=	06:10=	07:55=	10:02=	06:14=	04:53=	04:05=	06:41=	02:23=	03:00=	05:26=	05:48=	01:38=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Bjarke Sucksdorff	2	2:02:21																						
02:46-	05:45+	08:49+	10:42+	12:05+	15:35+	21:00+	23:34+	27:08+	35:31+	40:16+	41:41+	46:58+	57:19+	64:18+	72:59+	83:04+	89:30+	94:25+	99:09+	105:45+	108:18+	111:06+	116:45+	122:28+	124:07+
02:46-	02:59+	03:04+	01:53+	01:23+	03:30+	05:25+	02:34+	03:34+	08:23+	04:45+	01:25+	05:17+	10:21-	06:59+	08:41+	10:05+	06:26+	04:55+	04:44+	06:36-	02:33+	02:48-	05:39+	05:43-	01:39+
00:33-	01:11&	00:32#	00:17#	00:07+	00:31#	01:03#	00:28#	00:30#	00:31+	00:19+	00:05+	01:30&	00:44-	00:49#	00:46+	00:03+	00:12+	00:02+	00:39#	00:05-	00:10+	00:12-	00:13+	00:05-	00:01+

3	Pesho Hedberg	7	2:12:17																						
01:53-	04:08-	07:15-	09:48+	11:18+	16:24+	21:35+	23:43+	27:13+	34:37+	39:14+	41:46+	46:06+	57:45+	65:51+	73:58+	85:32+	92:20+	97:31+	104:05+	113:43+	116:44+	119:45+	125:35+	131:26+	133:12+
01:53-	02:15+	03:07+	02:33+	01:30+	05:06+	05:11+	02:08+	03:30+	07:24-	04:37+	02:32+	04:20+	11:39+	08:06+	08:07+	11:34+	06:48+	05:11+	06:34+	09:38+	03:01+	03:01+	05:50+	05:51+	01:46+
01:26-	00:27#	00:35#	00:57&	00:14#	02:07&	00:49#	00:02+	00:26#	00:28-	00:11+	01:12&	00:33#	00:34+	01:56&	00:12+	01:32#	00:34+	00:18+	02:29&	02:57&	00:38&	00:01+	00:24+	00:03+	00:08+

4	Troels Bent Hansen	2	2:17:12																						
17:15+	19:55+	23:18+	25:15+	26:37+	31:56+	36:55+	40:04+	43:55+	52:06+	57:08+	59:47+	65:44+	76:14+	82:56+	91:35+	105:51+	112:00+	117:20+	124:13+	132:59+	136:50+	140:02+	145:13+	151:47+	153:30+
17:15+	02:40+	03:23+	01:57+	01:22+	05:19+	04:59+	03:09+	03:51+	08:11+	05:02+	02:39+	05:57+	10:30-	06:42+	08:39+	14:16+	06:09-	05:20+	06:53+	08:46+	03:51+	03:12+	05:11-	06:34+	01:43+
13:56@	00:52&	00:51&	00:21#	00:06+	02:20&	00:37#	01:03&	00:47&	00:19+	00:36#	01:19&	02:10&	00:35-	00:32+	00:44+	04:14&	00:05-	00:27+	02:48&	02:05&	01:28&	00:12+	00:15-	00:46#	00:05+

5	Per Seidelin	8	3:16:20																						
02:03-	04:58-	09:50+	12:05+	14:37+	19:01+	26:44+	30:55+	36:07+	48:13+	56:03+	60:52+	67:10+	88:40+	98:23+	110:40+	126:24+	135:43+	142:49+	153:42+	166:50+	170:53+	174:57+	183:41+	194:35+	197:21+
02:03-	02:55+	04:52+	02:15+	02:32+	04:24+	07:43+	04:11+	05:12+	12:06+	07:50+	04:49+	06:18+	21:30+	09:43+	12:17+	15:44+	09:19+	07:06+	10:53+	13:08+	04:03+	04:04+	08:44+	10:54+	02:46+
01:16-	01:07&	02:20&	00:39&	01:16&	01:25&	03:21&	02:05&	02:08&	04:14&	03:24&	03:29@	02:31&	10:25&	03:33&	04:22&	05:42&	03:05&	02:13&	06:48@	06:27&	01:40&	01:04&	03:18&	05:06&	01:08&

6	Michael Jonsen	2	3:30:06																						
17:30+	20:15+	24:14+	26:26+	28:27+	34:50+	41:55+	45:48+	50:20+	65:37+	72:10+	74:58+	80:41+	116:51+	125:40+	136:19+	150:01+	158:22+	165:02+	173:44+	189:08+	194:16+	205:29+	214:49+	223:59+	226:23+
17:30+	02:45+	03:59+	02:12+	02:01+	06:23+	07:05+	03:53+	04:32+	15:17+	06:33+	02:48+	05:43+	36:10+	08:49+	10:39+	13:42+	08:21+	06:40+	08:42+	15:24+	05:08+	11:13+	09:20+	09:10+	02:24+
14:11@	00:57&	01:27&	00:36&	00:45&	03:24@	02:43&	01:47&	01:28&	07:25&	02:07&	01:28@	01:56&	25:05@	02:39&	02:44&	03:40&	02:07&	01:47&	04:37@	08:43@	02:45@	08:13@	03:54&	03:22&	00:46&

7	Steen Leisner Larsen	2	3:50:43																						
15:07+	19:06+	23:56+	25:37+	27:34+	31:47+	38:32+	44:53+	49:55+	61:11+	67:12+	69:36+	74:30+	89:14+	98:31+	112:24+	126:47+	135:43+	142:20+	157:21+	178:23+	188:34+	198:50+	216:10+	238:15+	244:45+
15:07+	03:59+	04:50+	01:41+	01:57+	04:13+	06:45+	06:21+	05:02+	11:16+	06:01+	02:24+	04:54+	14:44+	09:17+	13:53+	14:23+	08:56+	06:37+	15:01+	21:02+	10:11+	10:16+	17:20+	22:05+	06:30+
11:48@	02:11@	02:18&	00:05+	00:41&	01:14&	02:23&	04:15@	01:58&	03:24&	01:35&	01:04&	01:07&	03:39&	03:07&	05:58&	04:21&	02:42&	01:44&	10:56@	14:21@	07:48@	07:16@	11:54@	16:17@	04:52@

Beste strekktid for klassen

01:53	01:48	02:32	01:36	01:16	02:59	04:22	02:06	03:04	07:24	04:26	01:20	03:47	10:21	06:10	07:55	10:02	06:09	04:53	04:05	06:36	02:23	02:48	05:11	05:43	01:38
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= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

H70

Class	Navn	Klasse	Tid
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H70

1	Jørgen Nielsen	2	2:20:45
13:23=	16:26= 21:55= 29:05= 31:36= 32:39= 34:40= 36:19= 43:03= 52:44= 55:56= 65:44= 69:04= 74:07= 84:31= 87:58= 97:15= 111:28= 122:54= 135:00= 141:31= 149:34= 151:57=		
13:23=	03:03= 05:29= 07:10= 02:31= 01:03= 02:01= 01:39= 06:44= 09:41= 03:12= 09:48= 03:20= 05:03= 10:24= 03:27= 09:17= 14:13= 11:26= 12:06= 06:31= 08:03= 02:23=		
00:00=	00:00= 00:00=		
2	Keld Johnsen	THOK	2:23:05
40:22+	44:05+ 50:13+ 59:26+ 62:20+ 63:35+ 66:56+ 69:59+ 76:04+ 85:11+ 87:56+ 96:12+ 100:25+ 104:06+ 113:39+ 117:00+ 126:13+ 141:29+ 151:54+ 164:04+ 170:05+ 178:03+ 181:01+		
40:22+	03:43+ 06:08+ 09:13+ 02:54+ 01:15+ 03:21+ 03:03+ 06:05+ 09:07+ 02:45+ 08:16+ 04:13+ 03:41+ 09:33+ 03:21+ 09:13+ 15:16+ 10:25+ 12:10+ 06:01+ 07:58+ 02:58+		
40:22+	03:43+ 06:08+ 09:13+ 02:54+ 01:15+ 03:21+ 03:03+ 06:05+ 09:07+ 02:45+ 08:16+ 04:13+ 03:41+ 09:33+ 03:21+ 09:13+ 15:16+ 10:25+ 12:10+ 06:01+ 07:58+ 02:58+		
3	Palle Sørensen	Navet	3:07:43
21:11+	25:37+ 32:02+ 39:31+ 42:26+ 43:51+ 47:08+ 49:26+ 55:18+ 71:41+ 76:23+ 92:39+ 96:13+ 103:17+ 116:18+ 119:55+ 131:54+ 150:58+ 167:13+ 186:04+ 195:42+ 204:28+ 206:47+		
21:11+	04:26+ 06:25+ 07:29+ 02:55+ 01:25+ 03:17+ 02:18+ 05:52+ 16:23+ 04:42+ 16:16+ 03:34+ 07:04+ 13:01+ 03:37+ 11:59+ 19:04+ 16:15+ 18:51+ 09:38+ 08:46+ 02:19+		
21:11+	04:26+ 06:25+ 07:29+ 02:55+ 01:25+ 03:17+ 02:18+ 05:52+ 16:23+ 04:42+ 16:16+ 03:34+ 07:04+ 13:01+ 03:37+ 11:59+ 19:04+ 16:15+ 18:51+ 09:38+ 08:46+ 02:19+		

Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

H75

1	Jes Henrik Steen	17	2:21:03
05:48=	09:00= 14:39= 22:49= 25:05= 30:49= 36:00= 37:30= 39:53= 46:33= 58:48= 62:27= 71:44= 85:00= 88:14= 99:59= 109:29= 120:55= 137:47= 141:03=		
05:48=	03:12= 05:39= 08:10= 02:16= 05:44= 05:11= 01:30= 02:23= 06:40= 12:15= 03:39= 09:17= 13:16= 03:14= 11:45= 09:30= 11:26= 16:52= 03:16=		
00:00=	00:00= 00:00=		
2	Poul Erik Buch	12	2:28:30
3	Per Allan Pedersen	11	2:35:25
20:42+	23:38+ 30:58+ 37:22+ 39:35+ 43:45+ 51:30+ 54:39+ 57:46+ 64:17+ 81:27+ 87:25+ 97:23+ 116:38+ 119:00+ 129:48+ 141:52+ 152:54+ 160:08+ 168:11+ 170:36+		
20:42+	02:56- 07:20+ 06:24- 02:13- 04:10- 07:45+ 03:09+ 03:07+ 06:31- 17:10+ 05:58+ 09:58+ 19:15+ 02:22- 10:48- 12:04+ 11:02- 07:14- 08:03+ 02:25+		
14:54@	00:16- 01:41& 01:46- 00:03- 01:34- 02:34& 01:39@ 00:44& 00:09- 04:55& 02:19& 00:41+ 05:59& 00:52- 00:57- 02:34& 00:24- 09:38- 04:47@ 02:25+		
4	Børge Pedersen	10	2:40:30
06:56+	10:23+ 16:59+ 27:19+ 30:15+ 38:14+ 45:35+ 49:57+ 53:54+ 61:02+ 74:44+ 78:52+ 89:56+ 104:42+ 107:48+ 118:44+ 127:15+ 140:02+ 148:16+ 158:47+ 161:40+		
06:56+	03:27+ 06:36+ 10:20+ 02:56+ 07:59+ 07:21+ 04:22+ 03:57+ 07:08+ 13:42+ 04:08+ 11:04+ 14:46+ 03:06- 10:56- 08:31- 12:47+ 08:14- 10:31+ 02:53+		
01:08#	00:15+ 00:57# 02:10& 00:40& 02:15& 02:10& 02:52@ 01:34& 00:28+ 01:27# 00:29# 01:47# 01:30# 00:08- 00:49- 00:59- 01:21# 08:38- 07:15@ 02:53+		
5	Klaus Olsen	THOK	2:51:19
06:14+	09:17+ 15:47+ 28:03+ 31:20+ 38:20+ 44:12+ 45:48+ 49:55+ 59:13+ 74:56+ 79:47+ 92:30+ 110:54+ 114:04+ 127:05+ 139:21+ 152:11+ 160:45+ 169:38+ 172:41+		
06:14+	03:03- 06:30+ 12:16+ 03:17+ 07:00+ 05:52+ 01:36+ 04:07+ 09:18+ 15:43+ 04:51+ 12:43+ 18:24+ 03:10- 13:01+ 12:16+ 12:50+ 08:34- 08:53+ 03:03+		
00:26+	00:09- 00:51# 04:06& 01:01& 01:16# 00:41# 00:06+ 01:44& 02:38& 03:28& 01:12& 03:26& 05:08& 00:04- 01:16# 02:46& 01:24# 08:18- 05:37@ 03:03+		

Beste strekktid for klassen

05:48 02:56 05:39 06:24 02:13 04:10 05:11 01:30 02:23 06:31 12:15 03:39 09:17 13:16 02:22 10:48 08:31 11:02 07:14 03:16

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

H80

1	Ole Hoffmann	11	1:38:19
03:59=	06:23= 08:59= 18:11= 24:43= 28:06= 31:31= 36:50= 44:01= 50:52= 61:51= 73:18= 77:46= 86:47= 96:16= 99:17=		
03:59=	02:24= 02:36= 09:12= 06:32= 03:23= 03:25= 05:19= 07:11= 06:51= 11:27= 04:28= 09:01= 09:29= 03:01=		
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H80

2 John Rasmussen Navet 2:48:21

10:29+	13:56+	20:18+	36:10+	55:05+	59:41+	64:40+	71:02+	84:39+	101:20+	121:31+	135:54+	142:11+	153:18+	169:24+	173:02+
10:29+	03:27+	06:22+	15:52+	18:55+	04:36+	04:59+	06:22+	13:37+	16:41+	20:11+	14:23+	06:17+	11:07+	16:06+	03:38+
06:30@	01:03&	03:46@	06:40&	12:23@	01:13&	01:34&	01:03#	06:26&	09:50@	09:12&	02:56&	01:49&	02:06#	06:37&	00:37#

Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Åben 2

1 anders gammelvind 14 48:56

01:19=	07:00=	15:09=	17:24=	19:32=	26:38=	30:04=	34:12=	38:09=	39:01=	41:02=	44:19=	46:58=	48:56=
01:19=	05:41=	08:09=	02:15=	02:08=	07:06=	03:26=	04:08=	03:57=	00:52=	02:01=	03:17=	02:39=	01:58=
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Beste strekktid for klassen

01:19	05:41	08:09	02:15	02:08	07:06	03:26	04:08	03:57	00:52	02:01	03:17	02:39	01:58
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= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.