

Plads Navn

Klasse

Tid

D-12

1 Johanne Skouboe 2 39:01

02:08= 11:56= 13:56= 18:01= 20:48= 28:46= 31:28= 34:23= 36:47= 39:01=
 02:08= 09:48= 02:00= 04:05= 02:47= 07:58= 02:42= 02:55= 02:24= 02:14=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Ella Klærke Mikkelsen 2 44:20

02:29+ 10:12- 15:50+ 21:17+ 25:11+ 32:53+ 36:18+ 39:37+ 42:48+ 44:20+
 02:29+ 07:43- 05:38+ 05:27+ 03:54+ 07:42- 03:25+ 03:19+ 03:11+ 01:32-
 00:21# 02:05- 03:38@ 01:22& 01:07& 00:16- 00:43& 00:24# 00:47& 00:42-

Beste stræktid for klassen

02:08 07:43 02:00 04:05 02:47 07:42 02:42 02:55 02:24 01:32

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D-14

1 Elanor Henriksen 2 30:35

01:44= 04:00= 06:02= 09:10= 13:06= 14:23= 17:20= 19:13= 21:28= 24:02= 26:44= 28:11= 29:41= 30:35=
 01:44= 02:16= 02:02= 03:08= 03:56= 01:17= 02:57= 01:53= 02:15= 02:34= 02:42= 01:27= 01:30= 00:54=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Laura Holm Nielsen 2 39:47

02:25+ 08:40+ 09:45+ 13:32+ 18:16+ 19:45+ 23:34+ 26:16+ 29:24+ 32:21+ 35:19+ 36:55+ 38:35+ 39:47+
 02:25+ 06:15+ 01:05- 03:47+ 04:44+ 01:29+ 03:49+ 02:42+ 03:08+ 02:57+ 02:58+ 01:36+ 01:40+ 01:12+
 00:41& 03:59@ 00:57- 00:39# 00:48# 00:12# 00:52& 00:49& 00:53& 00:23# 00:16+ 00:09# 00:10# 00:18&

Beste stræktid for klassen

01:44 02:16 01:05 03:08 03:56 01:17 02:57 01:53 02:15 02:34 02:42 01:27 01:30 00:54

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D40

1 Irene K. Mikkelsen 2 1:08:08

01:31= 05:00= 10:08= 14:01= 16:53= 19:00= 25:52= 30:59= 34:59= 44:05= 48:08= 52:21= 55:21= 58:24= 62:48= 64:49= 66:46= 68:08=
 01:31= 03:29= 05:08= 03:53= 02:52= 02:07= 06:52= 05:07= 04:00= 09:06= 04:03= 04:13= 03:00= 03:03= 04:24= 02:01= 01:57= 01:22=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

Beste stræktid for klassen

01:31 03:29 05:08 03:53 02:52 02:07 06:52 05:07 04:00 09:06 04:03 04:13 03:00 03:03 04:24 02:01 01:57 01:22

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D50

1 Berit Harfot 2 44:01

01:39= 06:24= 09:41= 11:18= 14:02= 17:48= 22:49= 25:49= 30:42= 34:16= 38:00= 40:37= 42:57= 44:01=
 01:39= 04:45= 03:17= 01:37= 02:44= 03:46= 05:01= 03:00= 04:53= 03:34= 03:44= 02:37= 02:20= 01:04=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Lucia Aagaard 1 46:09

02:12+ 05:31- 08:13- 11:48+ 15:24+ 18:30+ 25:28+ 28:06+ 33:00+ 36:22+ 39:55+ 42:44+ 45:01+ 46:09+
 02:12+ 03:19- 02:42- 03:35+ 03:36+ 03:06- 06:58+ 02:38- 04:54+ 03:22- 03:33- 02:49+ 02:17- 01:08+
 00:33& 01:26- 00:35- 01:58@ 00:52& 00:40- 01:57& 00:22- 00:01+ 00:12- 00:11- 00:12+ 00:03- 00:04+

3 Britta Ank Pedersen 2 53:38

02:52+ 05:12- 08:26- 10:58- 16:19+ 20:08+ 26:48+ 31:23+ 36:49+ 41:50+ 46:49+ 49:43+ 52:31+ 53:38+
 02:52+ 02:20- 03:14- 02:32+ 05:21+ 03:49+ 06:40+ 04:35+ 05:26+ 05:01+ 04:59+ 02:54+ 02:48+ 01:07+
 01:13& 02:25- 00:03- 00:55& 02:37& 00:03+ 01:39& 01:35& 00:33# 01:27& 01:15& 00:17# 00:28# 00:03+

Class	Navn	Klasse												Tid
4	Lene Stick Nielsen	13												57:13
	07:10+	09:38+	12:46+	14:45+	18:38+	22:50+	29:18+	33:51+	40:52+	45:21+	49:35+	52:54+	55:57+	57:13+
	07:10+	02:28-	03:08-	01:59+	03:53+	04:12+	06:28+	04:33+	07:01+	04:29+	04:14+	03:19+	03:03+	01:16+
	05:31@	02:17-	00:09-	00:22#	01:09&	00:26#	01:27&	01:33&	02:08&	00:55&	00:30#	00:42&	00:43&	00:12#
5	Gitte Isen	1												1:03:45
	03:00+	09:07+	12:50+	18:10+	21:37+	25:57+	34:07+	37:49+	44:07+	49:27+	55:13+	58:53+	62:10+	63:45+
	03:00+	06:07+	03:43+	05:20+	03:27+	04:20+	08:10+	03:42+	06:18+	05:20+	05:46+	03:40+	03:17+	01:35+
	01:21&	01:22&	00:26#	03:43@	00:43&	00:34#	03:09&	00:42#	01:25&	01:46&	02:02&	01:03&	00:57&	00:31&
Beste stræktid for klassen														
	01:39	02:20	02:42	01:37	02:44	03:06	05:01	02:38	04:53	03:22	03:33	02:37	02:17	01:04

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D60

1	Grethe Anæus	13												43:56
	03:29=	07:03=	11:12=	13:25=	22:01=	28:57=	31:35=	34:38=	37:20=	39:31=	41:11=	42:41=	43:56=	
	03:29=	03:34=	04:09=	02:13=	08:36=	06:56=	02:38=	03:03=	02:42=	02:11=	01:40=	01:30=	01:15=	
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Susanne Gasbjerg	12												46:51
	01:21-	05:49-	10:39-	13:22-	18:52-	26:36-	30:04-	33:47-	37:21+	40:49+	43:11+	45:12+	46:51+	
	01:21-	04:28+	04:50+	02:43+	05:30-	07:44+	03:28+	03:43+	03:34+	03:28+	02:22+	02:01+	01:39+	
	02:08-	00:54&	00:41#	00:30#	03:06-	00:48#	00:50&	00:40#	00:52&	01:17&	00:42&	00:31&	00:24&	
3	Pia Gade	13												52:54
	01:39-	09:51+	14:33+	17:57+	23:53+	30:07+	33:35+	37:19+	43:09+	46:32+	48:53+	50:56+	52:54+	
	01:39-	08:12+	04:42+	03:24+	05:56-	06:14-	03:28+	03:44+	05:50+	03:23+	02:21+	02:03+	01:58+	
	01:50-	04:38@	00:33#	01:11&	02:40-	00:42-	00:50&	00:41#	03:08@	01:12&	00:41&	00:33&	00:43&	
4	Ann Dorrit Hansen	6												55:09
	03:26-	07:42+	13:13+	16:29+	26:58+	33:52+	37:39+	42:48+	46:35+	49:38+	51:50+	53:45+	55:09+	
	03:26-	04:16+	05:31+	03:16+	10:29+	06:54-	03:47+	05:09+	03:47+	03:03+	02:12+	01:55+	01:24+	
	00:03-	00:42#	01:22&	01:03&	01:53#	00:02-	01:09&	02:06&	01:05&	00:52&	00:32&	00:25&	00:09#	
5	Tove Straarup	2												58:01
	07:50+	12:23+	17:36+	20:36+	30:46+	37:33+	41:16+	45:51+	49:31+	52:12+	54:28+	56:36+	58:01+	
	07:50+	04:33+	05:13+	03:00+	10:10+	06:47-	03:43+	04:35+	03:40+	02:41+	02:16+	02:08+	01:25+	
	04:21@	00:59&	01:04&	00:47&	01:34#	00:09-	01:05&	01:32&	00:58&	00:30#	00:36&	00:38&	00:10#	
6	Susanne Baun	2												59:46
	11:47+	18:31+	23:13+	27:11+	35:20+	41:04+	44:10+	47:35+	51:08+	54:13+	56:10+	58:27+	59:46+	
	11:47+	06:44+	04:42+	03:58+	08:09-	05:44-	03:06+	03:25+	03:33+	03:05+	01:57+	02:17+	01:19+	
	08:18@	03:10&	00:33#	01:45&	00:27-	01:12-	00:28#	00:22#	00:51&	00:54&	00:17#	00:47&	00:04+	
Beste stræktid for klassen														
	01:21	03:34	04:09	02:13	05:30	05:44	02:38	03:03	02:42	02:11	01:40	01:30	01:15	

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H16

1	Jacob Klærke Mikkelsen	2												45:14				
	00:53=	02:35=	04:19=	06:31=	08:52=	09:59=	14:18=	18:05=	20:37=	25:33=	29:16=	31:55=	34:19=	36:38=	39:45=	41:50=	44:21=	45:14=
	00:53=	01:42=	01:44=	02:12=	02:21=	01:07=	04:19=	03:47=	02:32=	04:56=	03:43=	02:39=	02:24=	02:19=	03:07=	02:05=	02:31=	00:53=
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Erik Hedver Thesbjerg	2												47:52				
	01:20+	04:09+	05:40+	08:37+	11:37+	13:04+	16:47+	20:39+	23:27+	28:56+	33:20+	36:13+	38:36+	41:03+	44:12+	45:43+	46:56+	47:52+
	01:20+	02:49+	01:31-	02:57+	03:00+	01:27+	03:43-	03:52+	02:48+	05:29+	04:24+	02:53+	02:23-	02:27+	03:09+	01:31-	01:13-	00:56+
	00:27&	01:07&	00:13-	00:45&	00:39&	00:20&	00:36-	00:05+	00:16#	00:33#	00:41#	00:14+	00:01-	00:08+	00:02+	00:34-	01:18-	00:03+
Beste stræktid for klassen																		
	00:53	01:42	01:31	02:12	02:21	01:07	03:43	03:47	02:32	04:56	03:43	02:39	02:23	02:19	03:07	01:31	01:13	00:53

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H20

1	Thomas Emil Jensen	2	1:04:21														
01:26=	02:52=	09:09=	12:24=	14:16=	17:08=	20:12=	25:23=	29:30=	33:51=	42:17=	46:21=	53:13=	56:41=	59:04=	61:33=	63:33=	64:21=
01:26=	01:26=	06:17=	03:15=	01:52=	02:52=	03:04=	05:11=	04:07=	04:21=	08:26=	04:04=	06:52=	03:28=	02:23=	02:29=	02:00=	00:48=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Beste stræktid for klassen

01:26	01:26	06:17	03:15	01:52	02:52	03:04	05:11	04:07	04:21	08:26	04:04	06:52	03:28	02:23	02:29	02:00	00:48
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H21

1	Michael Filyo	12	1:06:51																			
01:27=	05:16=	07:30=	11:34=	15:23=	17:01=	19:05=	21:21=	25:08=	27:28=	30:16=	33:06=	35:50=	38:16=	41:53=	49:30=	52:01=	55:15=	59:06=	61:36=	64:06=	65:54=	66:51=
01:27=	03:49=	02:14=	04:04=	03:49=	01:38=	02:04=	02:16=	03:47=	02:20=	02:48=	02:50=	02:44=	02:26=	03:37=	07:37=	02:31=	03:14=	03:51=	02:30=	02:30=	01:48=	00:57=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Anders Lorentzen	12	1:25:30																			
03:21+	08:49+	11:05+	13:16+	15:55+	17:50+	21:02+	24:27+	29:05+	36:13+	44:50+	48:44+	51:49+	54:56+	59:42+	65:51+	69:51+	73:24+	77:25+	80:18+	82:38+	84:36+	85:30+
03:21+	05:28+	02:16+	02:11-	02:39-	01:55+	03:12+	03:25+	04:38+	07:08+	08:37+	03:54+	03:05+	03:07+	04:46+	06:09-	04:00+	03:33+	04:01+	02:53+	02:20-	01:58+	00:54-
01:54@	01:39&	00:02+	01:53-	01:10-	00:17#	01:08&	01:09&	00:51#	04:48@	05:49@	01:04&	00:21#	00:41&	01:09&	01:28-	01:29&	00:19+	00:10+	00:23#	00:10-	00:10+	00:03-

Beste stræktid for klassen

01:27	03:49	02:14	02:11	02:39	01:38	02:04	02:16	03:47	02:20	02:48	02:50	02:44	02:26	03:37	06:09	02:31	03:14	03:51	02:30	02:20	01:48	00:54
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H40

1	Nicolaj Nielsen	2	48:32														
01:09=	02:41=	06:43=	09:04=	10:26=	12:30=	14:56=	18:31=	20:44=	23:43=	30:20=	33:09=	37:59=	41:10=	43:29=	45:41=	47:39=	48:32=
01:09=	01:32=	04:02=	02:21=	01:22=	02:04=	02:26=	03:35=	02:13=	02:59=	06:37=	02:49=	04:50=	03:11=	02:19=	02:12=	01:58=	00:53=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Lars Mikkelsen	1	53:36														
01:20+	02:37-	06:01-	08:16-	09:47-	12:07-	16:25+	20:37+	23:24+	26:04+	34:10+	37:31+	42:59+	45:59+	48:32+	50:46+	52:51+	53:36+
01:20+	01:17-	03:24-	02:15-	01:31+	02:20+	04:18+	04:12+	02:47+	02:40-	08:06+	03:21+	05:28+	03:00-	02:33+	02:14+	02:05+	00:45-
00:11#	00:15-	00:38-	00:06-	00:09#	00:16#	01:52&	00:37#	00:34&	00:19-	01:29#	00:32#	00:38#	00:11-	00:14#	00:02+	00:07+	00:08-

3	Jens Liengård	9	54:50														
02:08+	03:35+	06:55+	09:15+	10:29+	12:53+	15:04+	18:56+	21:41+	24:37+	31:56+	38:09+	43:11+	47:10+	49:24+	51:43+	53:52+	54:50+
02:08+	01:27-	03:20-	02:20-	01:14-	02:24+	02:11-	03:52+	02:45+	02:56-	07:19+	06:13+	05:02+	03:59+	02:14-	02:19+	02:09+	00:58+
00:59&	00:05-	00:42-	00:01-	00:08-	00:20#	00:15-	00:17+	00:32#	00:03-	00:42#	03:24@	00:12+	00:48&	00:05-	00:07+	00:11+	00:05+

4	Jess Rasmussen	13	55:41														
01:16+	02:38-	06:34-	09:01-	10:42+	13:07+	17:44+	21:36+	24:12+	27:29+	33:53+	39:10+	44:45+	47:57+	50:25+	52:40+	54:45+	55:41+
01:16+	01:22-	03:56-	02:27+	01:41+	02:25+	04:37+	03:52+	02:36+	03:17+	06:24-	05:17+	05:35+	03:12+	02:28+	02:15+	02:05+	00:56+
00:07#	00:10-	00:06-	00:06+	00:19#	00:21#	02:11&	00:17+	00:23#	00:18#	00:13-	02:28&	00:45#	00:01+	00:09+	00:03+	00:07+	00:03+

5	John Kristensen	9	56:49														
03:10+	04:49+	09:24+	11:24+	13:38+	16:19+	19:02+	23:00+	25:27+	29:59+	37:35+	41:28+	46:55+	49:46+	51:55+	54:12+	55:59+	56:49+
03:10+	01:39+	04:35+	02:00-	02:14+	02:41+	02:43+	03:58+	02:27+	04:32+	07:36+	03:53+	05:27+	02:51-	02:09-	02:17+	01:47-	00:50-
02:01@	00:07+	00:33#	00:21-	00:52&	00:37&	00:17#	00:23#	00:14#	01:33&	00:59#	01:04&	00:37#	00:20-	00:10-	00:05+	00:11-	00:03-

6	Allan Thesbjerg	2	1:00:05														
01:11+	03:03+	07:58+	11:08+	14:09+	16:49+	19:28+	23:44+	26:29+	29:46+	37:44+	41:19+	47:59+	51:21+	54:00+	56:46+	59:09+	60:05+
01:11+	01:52+	04:55+	03:10+	03:01+	02:40+	02:39+	04:16+	02:45+	03:17+	07:58+	03:35+	06:40+	03:22+	02:39+	02:46+	02:23+	00:56+
00:02+	00:20#	00:53#	00:49&	01:39@	00:36&	00:13+	00:41#	00:32#	00:18#	01:21#	00:46&	01:50&	00:11+	00:20#	00:34&	00:25#	00:03+

7	Thorkild Jensen	11	1:00:25														
02:10+	05:02+	11:46+	15:42+	17:24+	20:21+	22:58+	27:09+	29:43+	32:46+	42:55+	46:00+	50:49+	53:31+	55:32+	57:37+	59:31+	60:25+
02:10+	02:52+	06:44+	03:56+	01:42+	02:57+	02:37+	04:11+	02:34+	03:03+	10:09+	03:05+	04:49-	02:42-	02:01-	02:05-	01:54-	00:54+
01:01&	01:20&	02:42&	01:35&	00:20#	00:53&	00:11+	00:36#	00:21#	00:04+	03:32&	00:16+	00:01-	00:29-	00:18-	00:07-	00:04-	00:01+

Class	Navn	Klasse														Tid			
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8	Mads Mikkelsen	2															1:05:01
02:28+	04:03+	08:27+	10:45+	12:23+	14:56+	21:37+	25:38+	28:32+	32:25+	40:38+	46:41+	52:13+	55:54+	58:39+	61:14+	64:04+	65:01+
02:28+	01:35+	04:24+	02:18-	01:38+	02:33+	06:41+	04:01+	02:54+	03:53+	08:13+	06:03+	05:32+	03:41+	02:45+	02:35+	02:50+	00:57+
01:19@	00:03+	00:22+	00:03-	00:16#	00:29#	04:15@	00:26#	00:41&	00:54&	01:36#	03:14@	00:42#	00:30#	00:26#	00:23#	00:52&	00:04+

Beste stræktid for klassen

01:09	01:17	03:20	02:00	01:14	02:04	02:11	03:35	02:13	02:40	06:24	02:49	04:49	02:42	02:01	02:05	01:47	00:45
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H50

1	Kent Lodberg	Ok Pan															45:59
01:07=	02:53=	04:31=	07:10=	09:30=	10:48=	15:24=	19:45=	22:32=	28:10=	31:29=	34:03=	36:36=	39:08=	42:10=	43:46=	44:57=	45:59=
01:07=	01:46=	01:38=	02:39=	02:20=	01:18=	04:36=	04:21=	02:47=	05:38=	03:19=	02:34=	02:33=	02:32=	03:02=	01:36=	01:11=	01:02=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Jens Jørgen Jensen	1															53:11
01:26+	03:49+	06:05+	08:59+	14:56+	16:44+	20:53+	25:11+	28:14+	33:57+	37:13+	40:23+	43:13+	45:53+	49:21+	50:59+	52:13+	53:11+
01:26+	02:23+	02:16+	02:54+	05:57+	01:48+	04:09-	04:18-	03:03+	05:43+	03:16-	03:10+	02:50+	02:40+	03:28+	01:38+	01:14+	00:58-
00:19&	00:37&	00:38&	00:15+	03:37@	00:30&	00:27-	00:03-	00:16+	00:05+	00:03-	00:36#	00:17#	00:08+	00:26#	00:02+	00:03+	00:04-

3	Søren Andersen	1															53:40
02:36+	04:44+	06:46+	09:29+	12:53+	14:14+	18:00+	22:44+	26:28+	33:36+	37:10+	39:58+	42:39+	45:29+	49:24+	51:01+	52:36+	53:40+
02:36+	02:08+	02:02+	02:43+	03:24+	01:21+	03:46-	04:44+	03:44+	07:08+	03:34+	02:48+	02:41+	02:50+	03:55+	01:37+	01:35+	01:04+
01:29@	00:22#	00:24#	00:04+	01:04&	00:03+	00:50-	00:23+	00:57&	01:30&	00:15+	00:14+	00:08+	00:18#	00:53&	00:01+	00:24&	00:02+

4	Kenn Heldgaard Kristensen	1															54:03
02:21+	05:48+	08:33+	11:21+	12:52+	14:36+	19:12+	23:47+	27:08+	34:12+	38:13+	41:12+	44:01+	46:53+	50:24+	51:58+	53:11+	54:03+
02:21+	03:27+	02:45+	02:48+	01:31-	01:44+	04:36=	04:35+	03:21+	07:04+	04:01+	02:59+	02:49+	02:52+	03:31+	01:34-	01:13+	00:52-
01:14@	01:41&	01:07&	00:09+	00:49-	00:26&	00:00=	00:14+	00:34#	01:26&	00:42#	00:25#	00:16#	00:20#	00:29#	00:02-	00:02+	00:10-

5	Svend Erik Hedevang	1															57:31
01:32+	04:34+	07:20+	10:21+	12:04+	13:38+	18:13+	23:44+	27:24+	34:21+	38:43+	42:19+	46:18+	49:21+	53:06+	54:51+	56:32+	57:31+
01:32+	03:02+	02:02+	02:50+	03:32+	01:34+	04:35-	05:31+	03:40+	06:57+	04:22+	03:36+	03:59+	03:03+	03:45+	01:45+	01:41+	00:59-
00:25&	01:16&	01:08&	00:22#	00:37-	00:16#	00:01-	01:10&	00:53&	01:19#	01:03&	01:02&	01:26&	00:31#	00:43#	00:09+	00:30&	00:03-

6	Lennart Bo Kristiansen	13															1:02:27
08:41+	11:32+	13:34+	16:24+	19:56+	21:32+	27:14+	32:16+	35:36+	42:15+	46:24+	49:22+	52:17+	54:56+	58:28+	60:07+	61:26+	62:27+
08:41+	02:51+	02:02+	02:50+	03:32+	01:36+	05:42+	05:02+	03:20+	06:39+	04:09+	02:58+	02:55+	02:39+	03:32+	01:39+	01:19+	01:01-
07:34@	01:05&	00:24#	00:11+	01:12&	00:18#	01:06#	00:41#	00:33#	01:01#	00:50&	00:24#	00:22#	00:07+	00:30#	00:03+	00:08#	00:01-

7	Erik Krogh	4															1:05:20
01:35+	04:05+	06:42+	10:29+	12:19+	14:32+	19:07+	24:48+	28:33+	35:56+	44:50+	48:29+	51:53+	55:24+	60:09+	62:24+	64:00+	65:20+
01:35+	02:30+	02:37+	03:47+	01:50-	02:13+	04:35-	05:41+	03:45+	07:23+	08:54+	03:39+	03:24+	03:31+	04:45+	02:15+	01:36+	01:20+
00:28&	00:44&	00:59&	01:08&	00:30-	00:55&	00:01-	01:20&	00:58&	01:45&	05:35@	01:05&	00:51&	00:59&	01:43&	00:39&	00:25&	00:18&

8	Jens Isaksen	12															1:36:21
01:48+	17:44+	19:56+	25:03+	30:55+	33:40+	38:07+	44:27+	48:44+	59:36+	64:27+	68:45+	72:20+	76:20+	90:28+	92:39+	94:59+	96:21+
01:48+	15:56+	02:12+	05:07+	05:52+	02:45+	04:27-	06:20+	04:17+	10:52+	04:51+	04:18+	03:35+	04:00+	14:08+	02:11+	02:20+	01:22+
00:41&	14:10@	00:34&	02:28&	03:32@	01:27@	00:09-	01:59&	01:30&	05:14&	01:32&	01:44&	01:02&	01:28&	11:06@	00:35&	01:09&	00:20&

Beste stræktid for klassen

01:07	01:46	01:38	02:39	01:31	01:18	03:46	04:18	02:47	05:38	03:16	02:34	02:33	02:32	03:02	01:34	01:11	00:52
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H60

1	Rolf Duedahl Nielsen	6															43:05
02:43=	05:19=	07:55=	09:46=	12:40=	16:24=	21:05=	23:38=	28:52=	32:47=	37:00=	39:40=	42:10=	43:05=				
02:43=	02:36=	02:36=	01:51=	02:54=	03:44=	04:41=	02:33=	05:14=	03:55=	04:13=	02:40=	02:30=	00:55=				
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=				

2	Hans Jørgen Vad	2															44:30
01:52-	05:02-	08:10+	09:52+	13:12+	16:03-	21:07+	25:20+	30:25+	34:03+	38:08+	40:59+	43:30+	44:30+				
01:52-	03:10+	03:08+	01:42-	03:20+	02:51-	05:04+	04:13+	05:05-	03:38-	04:05-	02:51+	02:31+	01:00+				
00:51-	00:34#	00:32#	00:09-	00:26#	00:53-	00:23+	01:40&	00:09-	00:17-	00:08-	00:11+	00:01+	00:05+				

Class	Navn	Klasse										Tid		
3	Knud Fjordvald	12										44:44		
	01:36-	03:44-	06:26-	08:00-	10:30-	13:36-	19:22-	21:52-	30:22+	34:03+	38:19+	41:03+	43:36+	44:44+
	01:36-	02:08-	02:42+	01:34-	02:30-	03:06-	05:46+	02:30-	08:30+	03:41-	04:16+	02:44+	02:33+	01:08+
	01:07-	00:28-	00:06+	00:17-	00:24-	00:38-	01:05#	00:03-	03:16&	00:14-	00:03+	00:04+	00:03+	00:13#
4	Ole Andersen	1										45:46		
	01:45-	04:04-	08:45+	10:29+	13:45+	17:04+	22:18+	24:54+	30:31+	35:19+	38:51+	41:51+	44:41+	45:46+
	01:45-	02:19-	04:41+	01:44-	03:16+	03:19-	05:14+	02:36+	05:37+	04:48+	03:32-	03:00+	02:50+	01:05+
	00:58-	00:17-	02:05&	00:07-	00:22#	00:25-	00:33#	00:03+	00:23+	00:53#	00:41-	00:20#	00:20#	00:10#
5	Carl Malling	11										47:34		
	02:06-	03:56-	07:06-	09:33-	12:06-	15:03-	22:40+	25:31+	31:07+	35:28+	40:30+	43:37+	46:32+	47:34+
	02:06-	01:50-	03:10+	02:27+	02:33-	02:57-	07:37+	02:51+	05:36+	04:21+	05:02+	03:07+	02:55+	01:02+
	00:37-	00:46-	00:34#	00:36&	00:21-	00:47-	02:56&	00:18#	00:22+	00:26#	00:49#	00:27#	00:25#	00:07#
6	Kim Gottlieb	1										48:36		
	04:59+	07:08+	09:53+	14:42+	17:38+	20:21+	25:43+	28:31+	33:12+	39:29+	42:47+	45:22+	47:40+	48:36+
	04:59+	02:09-	02:45+	04:49+	02:56+	02:43-	05:22+	02:48+	04:41-	06:17+	03:18-	02:35-	02:18-	00:56+
	02:16&	00:27-	00:09+	02:58@	00:02+	01:01-	00:41#	00:15+	00:33-	02:22&	00:55-	00:05-	00:12-	00:01+
7	Poul Erik Buch	7										48:41		
	02:54+	07:06+	09:50+	11:39+	16:52+	21:07+	26:21+	28:46+	34:38+	39:00+	42:46+	45:21+	47:24+	48:41+
	02:54+	04:12+	02:44+	01:49-	05:13+	04:15+	05:14+	02:25-	05:52+	04:22+	03:46-	02:35-	02:03-	01:17+
	00:11+	01:36&	00:08+	00:02-	02:19&	00:31#	00:33#	00:08-	00:38#	00:27#	00:27-	00:05-	00:27-	00:22&
8	Peer Straarup	2										48:57		
	01:40-	04:05-	06:56-	09:08-	12:26-	18:24+	23:51+	26:53+	34:04+	39:09+	42:40+	45:28+	47:59+	48:57+
	01:40-	02:25-	02:51+	02:12+	03:18+	05:58+	05:27+	03:02+	07:11+	05:05+	03:31-	02:48+	02:31+	00:58+
	01:03-	00:11-	00:15+	00:21#	00:24#	02:14&	00:46#	00:29#	01:57&	01:10&	00:42-	00:08+	00:01+	00:03+
9	Erik Nysom	12										49:16		
	02:08-	05:35+	09:40+	11:19+	13:59+	17:02+	21:52+	24:43+	31:35+	35:56+	40:34+	45:06+	48:08+	49:16+
	02:08-	03:27+	04:05+	01:39-	02:40-	03:03-	04:50+	02:51+	06:52+	04:21+	04:38+	04:32+	03:02+	01:08+
	00:35-	00:51&	01:29&	00:12-	00:14-	00:41-	00:09+	00:18#	01:38&	00:26#	00:25+	01:52&	00:32#	00:13#
10	Flemming D. Andersen	7										50:26		
	01:58-	04:15-	07:12-	08:57-	13:01+	16:07-	22:28+	25:54+	31:48+	38:17+	43:01+	46:20+	49:20+	50:26+
	01:58-	02:17-	02:57+	01:45-	04:04+	03:06-	06:21+	03:26+	05:54+	06:29+	04:44+	03:19+	03:00+	01:06+
	00:45-	00:19-	00:21#	00:06-	01:10&	00:38-	01:40&	00:53&	00:40#	02:34&	00:31#	00:39#	00:30#	00:11#
11	Kaj Kaspersen	1										52:06		
	03:13+	08:43+	11:39+	13:34+	16:15+	20:14+	25:27+	28:40+	34:30+	39:03+	43:56+	46:48+	51:00+	52:06+
	03:13+	05:30+	02:56+	01:55+	02:41-	03:59+	05:13+	03:13+	05:50+	04:33+	04:53+	02:52+	04:12+	01:06+
	00:30#	02:54@	00:20#	00:04+	00:13-	00:15+	00:32#	00:40&	00:36#	00:38#	00:40#	00:12+	01:42&	00:11#
12	Jan Lauge Kristensen	3										52:14		
	03:07+	05:26+	08:56+	10:58+	14:19+	18:02+	24:43+	28:58+	34:56+	39:58+	44:49+	48:02+	50:48+	52:14+
	03:07+	02:19-	03:30+	02:02+	03:21+	03:43-	06:41+	04:15+	05:58+	05:02+	04:51+	03:13+	02:46+	01:26+
	00:24#	00:17-	00:54&	00:11+	00:27#	00:01-	02:00&	01:42&	00:44#	01:07&	00:38#	00:33#	00:16#	00:31&
13	Finn Ingwersen	2										53:40		
	03:17+	06:25+	10:12+	12:22+	16:26+	19:50+	26:21+	30:05+	36:42+	42:00+	46:18+	49:38+	52:25+	53:40+
	03:17+	03:08+	03:47+	02:10+	04:04+	03:24-	06:31+	03:44+	06:37+	05:18+	04:18+	03:20+	02:47+	01:15+
	00:34#	00:32#	01:11&	00:19#	01:10&	00:20-	01:50&	01:11&	01:23&	01:23&	00:05+	00:40#	00:17#	00:20&
14	Torben Isen	1										56:59		
	02:12-	04:56-	08:11+	11:40+	16:41+	21:53+	27:47+	31:03+	41:22+	45:34+	49:37+	53:06+	55:39+	56:59+
	02:12-	02:44+	03:15+	03:29+	05:01+	05:12+	05:54+	03:16+	10:19+	04:12+	04:03-	03:29+	02:33+	01:20+
	00:31-	00:08+	00:39#	01:38&	02:07&	01:28&	01:13&	00:43&	05:05&	00:17+	00:10-	00:49&	00:03+	00:25&
15	Henrik Dagsberg	Ok Pan										58:09		
	01:52-	03:54-	08:41+	10:28+	13:23+	19:17+	27:27+	30:38+	39:04+	46:10+	50:03+	53:32+	57:01+	58:09+
	01:52-	02:02-	04:47+	01:47-	02:55+	08:10+	03:11+	08:26+	07:06+	03:53-	03:29+	03:29+	03:29+	01:08+
	00:51-	00:34-	02:11&	00:04-	00:01+	02:10&	03:29&	00:38#	03:12&	03:11&	00:20-	00:49&	00:59&	00:13#
16	Claus Madsen	3										1:17:02		
	08:56+	11:42+	15:52+	20:48+	24:49+	30:20+	38:39+	43:32+	50:32+	60:21+	66:18+	70:45+	75:07+	77:02+
	08:56+	02:46+	04:10+	04:56+	04:01+	05:31+	08:19+	04:53+	07:00+	09:49+	05:57+	04:27+	04:22+	01:55+
	06:13@	00:10+	01:34&	03:05@	01:07&	01:47&	03:38&	02:20&	01:46&	05:54@	01:44&	01:47&	01:52&	01:00@

Beste stræktid for klassen

01:36 01:50 02:36 01:34 02:30 02:43 04:41 02:25 04:41 03:38 03:18 02:35 02:03 00:55

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H70

1	Max Hansen	6	39:57
02:11=	06:21= 11:10= 13:38= 17:56= 23:01= 25:55= 29:23= 32:14= 35:24= 37:07= 38:43= 39:57=		
02:11=	04:10= 04:49= 02:28= 04:18= 05:05= 02:54= 03:28= 02:51= 03:10= 01:43= 01:36= 01:14=		
00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		

2	Poul Nøhr	12	48:44
04:29+	11:30+ 15:42+ 18:36+ 24:54+ 30:26+ 33:26+ 37:47+ 40:49+ 43:53+ 45:49+ 47:31+ 48:44+		
04:29+	07:01+ 04:12- 02:54+ 06:18+ 05:32+ 03:00+ 04:21+ 03:02+ 03:04- 01:56+ 01:42+ 01:13-		
02:18@	02:51& 00:37- 00:26# 02:00& 00:27+ 00:06+ 00:53& 00:11+ 00:06- 00:13# 00:06+ 00:01-		

3	Tage Baun	2	48:53
01:27-	07:20+ 12:17+ 15:56+ 24:09+ 30:04+ 33:01+ 36:38+ 40:00+ 43:05+ 45:14+ 47:18+ 48:53+		
01:27-	05:53+ 04:57+ 03:39+ 08:13+ 05:55+ 02:57+ 03:37+ 03:22+ 03:05- 02:09+ 02:04+ 01:35+		
00:44-	01:43& 00:08+ 01:11& 03:55& 00:50# 00:03+ 00:09+ 00:31# 00:05- 00:26& 00:28& 00:21&		

4	Finn Hørup Nielsen	10	54:06
06:03+	16:46+ 20:55+ 23:30+ 32:31+ 37:58+ 40:35+ 43:32+ 46:55+ 49:27+ 51:16+ 52:55+ 54:06+		
06:03+	10:43+ 04:09- 02:35+ 09:01+ 05:27+ 02:37- 02:57- 03:23+ 02:32- 01:49+ 01:39+ 01:11-		
03:52@	06:33@ 00:40- 00:07+ 04:43@ 00:22+ 00:17- 00:31- 00:32# 00:38- 00:06+ 00:03+ 00:03-		

5	Palle Møller Nielsen	5	54:25
01:18-	07:39+ 12:43+ 17:34+ 23:41+ 30:27+ 36:10+ 40:27+ 44:30+ 48:02+ 50:34+ 52:53+ 54:25+		
01:18-	06:21+ 05:04+ 04:51+ 06:07+ 06:46+ 05:43+ 04:17+ 04:03+ 03:32+ 02:32+ 02:19+ 01:32+		
00:53-	02:11& 00:15+ 02:23& 01:49& 01:41& 02:49& 00:49# 01:12& 00:22# 00:49& 00:43& 00:18#		

6	Asger Kristensen	1	55:54
02:42+	07:17+ 12:21+ 16:00+ 25:54+ 33:48+ 37:18+ 41:50+ 45:58+ 49:07+ 51:54+ 54:17+ 55:54+		
02:42+	04:35+ 05:04+ 03:39+ 09:54+ 07:54+ 03:30+ 04:32+ 04:08+ 03:09- 02:47+ 02:23+ 01:37+		
00:31#	00:25# 00:15+ 01:11& 05:36@ 02:49& 00:36# 01:04& 01:17& 00:01- 01:04& 00:47& 00:23&		

Beste stræktid for klassen
 01:18 04:10 04:09 02:28 04:18 05:05 02:37 02:57 02:51 02:32 01:43 01:36 01:11

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Åben 1

1	Gert Johansson	Ok Pan	55:34
01:16=	02:37= 05:58= 08:58= 11:33= 14:12= 16:53= 21:10= 23:46= 26:40= 35:38= 39:32= 44:50= 48:23= 50:39= 52:51= 54:44= 55:34=		
01:16=	01:21= 03:21= 03:00= 02:35= 02:39= 02:41= 04:17= 02:36= 02:54= 08:58= 03:54= 05:18= 03:33= 02:16= 02:12= 01:53= 00:50=		
00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		

Beste stræktid for klassen
 01:16 01:21 03:21 03:00 02:35 02:39 02:41 04:17 02:36 02:54 08:58 03:54 05:18 03:33 02:16 02:12 01:53 00:50

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Åben 2

1	Jeppe Caspersen	9	44:07
01:06=	03:30= 04:57= 07:03= 08:17= 09:29= 12:32= 16:29= 18:56= 26:07= 31:21= 33:42= 35:51= 38:05= 40:48= 42:09= 43:16= 44:07=		
01:06=	02:24= 01:27= 02:06= 01:14= 01:12= 03:03= 03:57= 02:27= 07:11= 05:14= 02:21= 02:09= 02:14= 02:43= 01:21= 01:07= 00:51=		
00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		

Beste stræktid for klassen
 01:06 02:24 01:27 02:06 01:14 01:12 03:03 03:57 02:27 07:11 05:14 02:21 02:09 02:14 02:43 01:21 01:07 00:51

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Åben 3

Class	Navn	Klasse														Tid
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1	Lars Klode	1														1:02:37	
02:06=	06:01=	10:02=	11:58=	18:13=	21:55=	29:43=	33:31=	40:19=	49:14=	54:30=	58:30=	61:40=	62:37=				
02:06=	03:55=	04:01=	01:56=	06:15=	03:42=	07:48=	03:48=	06:48=	08:55=	05:16=	04:00=	03:10=	00:57=				
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=				

Beste stræktid for klassen

02:06	03:55	04:01	01:56	06:15	03:42	07:48	03:48	06:48	08:55	05:16	04:00	03:10	00:57
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Åben 4

1	Allan Skovboe	2														49:18	
02:02=	12:06=	16:30=	19:23=	24:33=	30:06=	33:42=	37:00=	40:01=	42:33=	44:37=	48:04=	49:18=					
02:02=	10:04=	04:24=	02:53=	05:10=	05:33=	03:36=	03:18=	03:01=	02:32=	02:04=	03:27=	01:14=					
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=					

Beste stræktid for klassen

02:02	10:04	04:24	02:53	05:10	05:33	03:36	03:18	03:01	02:32	02:04	03:27	01:14
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.