

Plads Navn Klasse

Tid

D21

1 Christa Blach Madsen

1000

49:14

02:17= 04:58= 09:17= 11:24= 13:03= 17:21= 23:02= 24:55= 31:20= 33:09= 35:59= 37:28= 38:09= 40:52= 41:49= 43:32= 47:01= 48:45= 49:14=
 02:17= 02:41= 04:19= 02:07= 01:39= 04:18= 05:41= 01:53= 06:25= 01:49= 02:50= 01:29= 00:41= 02:43= 00:57= 01:43= 03:29= 01:44= 00:29=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Stinne Holt

MP

1:07:24

04:44+ 08:00+ 10:03+ 12:56+ 14:40+ 22:34+ 31:31+ 35:16+ 41:20+ 44:10+ 47:20+ 48:54+ 50:07+ 54:24+ 55:26+ 58:07+ 64:49+ 66:51+ 67:24+
 04:44+ 03:16+ 02:03- 02:53+ 01:44+ 07:54+ 08:57+ 03:45+ 06:04- 02:50+ 03:10+ 01:34+ 01:13+ 04:17+ 01:02+ 02:41+ 06:42+ 02:02+ 00:33+
 02:27@ 00:35# 02:16- 00:46& 00:05+ 03:36& 03:16& 01:52& 00:21- 01:01& 00:20# 00:05+ 00:32& 01:34& 00:05+ 00:58& 03:13& 00:18# 00:04#

Beste stræktid for klassen

02:17 02:41 02:03 02:07 01:39 04:18 05:41 01:53 06:04 01:49 02:50 01:29 00:41 02:43 00:57 01:43 03:29 01:44 00:29

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H21

1 Mikkel Lund

MP

1:44:10

02:42= 06:45= 18:00= 20:44= 24:50= 28:02= 30:26= 46:45= 48:40= 50:21= 52:15= 56:38= 57:06= 68:57= 74:07= 76:51= 79:57= 82:27= 85:16= 92:39= 96:27= 100:02= 103:44= 104:10=
 02:42= 04:03= 11:15= 02:44= 04:06= 03:12= 02:24= 16:19= 01:55= 01:41= 01:54= 04:23= 00:28= 11:51= 05:10= 02:44= 03:06= 02:30= 02:49= 07:23= 03:48= 03:35= 03:42= 00:26=
 00:00=

2 Henrik Jørgensen

MP

1:44:39

02:28- 05:14- 13:23- 16:00- 21:04- 24:23- 29:05- 49:23+ 50:36+ 52:04+ 53:50+ 56:08- 57:08+ 62:47- 65:12- 76:09- 79:00- 81:43- 84:42- 89:09- 95:11- 98:49- 102:07- 104:39+
 02:28- 02:46- 08:09- 02:37- 05:04+ 03:19+ 04:42+ 20:18+ 01:13- 01:28- 01:46- 02:18- 01:00+ 05:39- 02:25- 10:57+ 02:51- 02:43+ 02:59+ 04:27- 06:02+ 03:38+ 03:18- 02:32+
 00:14- 01:17- 03:06- 00:07- 00:58# 00:07+ 02:18& 03:59# 00:42- 00:13- 00:08- 02:05- 00:32@ 06:12- 02:45- 08:13@ 00:15- 00:13+ 00:10+ 02:56- 02:14& 00:03+ 00:24- 02:06@

Beste stræktid for klassen

02:28 02:46 08:09 02:37 04:06 03:12 02:24 16:19 01:13 01:28 01:46 02:18 00:28 05:39 02:25 02:44 02:51 02:30 02:49 04:27 03:48 03:35 03:18 00:26

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H21 Kort

1 Bjørn Pedersen

1000

2:21:25

05:42= 12:43= 17:56= 28:33= 38:36= 42:15= 71:11= 77:45= 86:03= 93:14= 100:14= 105:57= 112:00= 119:04= 125:44= 133:33= 137:29= 140:51= 141:25=
 05:42= 07:01= 05:13= 10:37= 10:03= 03:39= 28:56= 06:34= 08:18= 07:11= 07:00= 05:43= 06:03= 07:04= 06:40= 07:49= 03:56= 03:22= 00:34=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

Beste stræktid for klassen

05:42 07:01 05:13 10:37 10:03 03:39 28:56 06:34 08:18 07:11 07:00 05:43 06:03 07:04 06:40 07:49 03:56 03:22 00:34

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H21B

1 Nicolai Andreasen

MP

1:02:37

01:48= 03:42= 06:29= 09:32= 11:49= 15:38= 18:41= 21:33= 32:11= 32:54= 37:31= 39:49= 42:02= 44:55= 46:46= 51:02= 54:30= 56:59= 59:15= 62:03= 62:37=
 01:48= 01:54= 02:47= 03:03= 02:17= 03:49= 03:03= 02:52= 10:38= 00:43= 04:37= 02:18= 02:13= 02:53= 01:51= 04:16= 03:28= 02:29= 02:16= 02:48= 00:34=
 00:00=

H21B

2	Lars Emil Wahlgreen	MP	1:09:47																	
04:59+	07:24+	11:20+	14:42+	16:45+	18:39+	33:37+	36:16+	39:31+	40:19+	46:01+	47:48+	49:56+	52:20+	54:17+	59:06+	61:13+	64:36+	66:42+	69:12+	69:47+
04:59+	02:25+	03:56+	03:22+	02:03-	01:54-	14:58+	02:39-	03:15-	00:48+	05:42+	01:47-	02:08-	02:24-	01:57+	04:49+	02:07-	03:23+	02:06-	02:30-	00:35+
03:11@	00:31&	01:09&	00:19#	00:14-	01:55-	11:55@	00:13-	07:23-	00:05#	01:05#	00:31-	00:05-	00:29-	00:06+	00:33#	01:21-	00:54&	00:10-	00:18-	00:01+
3	Jess Henrichsen	1003	1:17:45																	
01:22+	08:45+	19:30+	23:19+	25:57+	28:17+	30:47+	34:38+	47:27+	48:17+	52:44+	54:54+	56:48+	62:43+	64:38+	66:52+	69:30+	72:06+	74:34+	77:08+	77:45+
01:22+	07:23+	10:45+	03:49+	02:38+	02:20+	02:30+	03:51+	12:49+	00:50+	04:27+	02:10+	01:54+	05:55+	01:55+	02:14+	02:38+	02:36+	02:28+	02:34+	00:37+
01:22+	07:23+	10:45+	03:49+	02:38+	02:20+	02:30+	03:51+	12:49+	00:50+	04:27+	02:10+	01:54+	05:55+	01:55+	02:14+	02:38+	02:36+	02:28+	02:34+	00:37+
4	Magnus K. Duchaus	MP	1:58:30																	
13:30+	22:11+	30:54+	34:27+	38:51+	42:18+	46:44+	55:24+	65:16+	69:39+	74:52+	89:13+	92:45+	96:12+	98:54+	103:32+	106:47+	111:21+	115:18+	117:53+	118:30+
13:30+	08:41+	08:43+	03:33+	04:24+	03:27+	04:26+	08:40+	09:52+	04:23+	05:13+	14:21+	03:32+	03:27+	02:42+	04:38+	03:15+	04:34+	03:57+	02:35+	00:37+
13:30+	08:41+	08:43+	03:33+	04:24+	03:27+	04:26+	08:40+	09:52+	04:23+	05:13+	14:21+	03:32+	03:27+	02:42+	04:38+	03:15+	04:34+	03:57+	02:35+	00:37+
5	Rasmus Bjerregaard	1001	2:12:49																	
02:52+	06:38+	12:18+	16:55+	22:57+	27:28+	32:46+	45:42+	56:19+	58:46+	66:53+	78:59+	82:00+	86:00+	91:12+	99:01+	110:02+	120:21+	127:02+	132:09+	132:49+
02:52+	03:46+	05:40+	04:37+	06:02+	04:31+	05:18+	12:56+	10:37+	02:27+	08:07+	12:06+	03:01+	04:00+	05:12+	07:49+	11:01+	10:19+	06:41+	05:07+	00:40+
02:52+	03:46+	05:40+	04:37+	06:02+	04:31+	05:18+	12:56+	10:37+	02:27+	08:07+	12:06+	03:01+	04:00+	05:12+	07:49+	11:01+	10:19+	06:41+	05:07+	00:40+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H21C

1	Robert Reimers	1000	35:28																
02:26=	04:11=	06:19=	07:31=	08:45=	10:37=	11:59=	14:21=	15:55=	17:45=	18:49=	20:32=	22:37=	24:54=	28:35=	29:53=	31:29=	33:01=	34:41=	35:28=
02:26=	01:45=	02:08=	01:12=	01:14=	01:52=	01:22=	02:22=	01:34=	01:50=	01:04=	01:43=	02:05=	02:17=	03:41=	01:18=	01:36=	01:32=	01:40=	00:47=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Rasmus T.h. Larsen	MP	43:40																
02:10-	03:49-	05:48-	07:03-	08:15-	09:59-	11:51-	13:57-	15:50-	17:43-	25:32+	27:09+	28:48+	32:55+	36:08+	37:42+	39:53+	41:31+	43:03+	43:40+
02:10-	01:39-	01:59-	01:15+	01:12-	01:44-	01:52+	02:06-	01:53+	01:53+	07:49+	01:37-	01:39-	04:07+	03:13-	01:34+	02:11+	01:38+	01:32-	00:37-
00:16-	00:06-	00:09-	00:03+	00:02-	00:08-	00:30&	00:16-	00:19#	00:03+	06:45@	00:06-	00:26-	01:50&	00:28-	00:16#	00:35&	00:06+	00:08-	00:10-
3	Frederik Krupka	MP	53:12																
05:51+	11:32+	18:30+	20:00+	21:31+	23:09+	25:24+	27:35+	29:44+	31:45+	33:12+	37:18+	39:48+	41:53+	45:15+	47:09+	49:31+	51:05+	52:35+	53:12+
05:51+	05:41+	06:58+	01:30+	01:31+	01:38-	02:15+	02:11-	02:09+	02:01+	01:27+	04:06+	02:30+	02:05-	03:22-	01:54+	02:22+	01:34+	01:30-	00:37-
03:25@	03:56@	04:50@	00:18#	00:17#	00:14-	00:53&	00:11-	00:35&	00:11#	00:23&	02:23@	00:25#	00:12-	00:19-	00:36&	00:46&	00:02+	00:10-	00:10-
4	Robin Qvist	MP	53:33																
02:52+	04:29+	13:48+	14:56+	16:08+	18:32+	20:13+	22:23+	24:10+	26:16+	33:40+	37:05+	39:54+	42:12+	45:44+	47:20+	49:34+	51:12+	52:54+	53:33+
02:52+	01:37-	09:19+	01:08-	01:12-	02:24+	01:41+	02:10-	01:47+	02:06+	07:24+	03:25+	02:49+	02:18+	03:32-	01:36+	02:14+	01:38+	01:42+	00:39-
00:26#	00:08-	07:11@	00:04-	00:02-	00:32&	00:19#	00:12-	00:13#	00:16#	06:20@	01:42&	00:44&	00:01+	00:09-	00:18#	00:38&	00:06+	00:02+	00:08-

Beste stræktid for klassen

02:10 01:37 01:59 01:08 01:12 01:38 01:22 02:06 01:34 01:50 01:04 01:37 01:39 02:05 03:13 01:18 01:36 01:32 01:30 00:37

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H35

H35

1	Laurits Strange Møller	1001																1:21:25	
02:08=	07:27=	11:51=	18:59=	26:00=	28:48=	30:51=	33:47=	46:27=	49:53=	55:25=	59:02=	63:03=	68:17=	72:07=	76:19=	78:14=	80:48=	81:25=	
02:08=	05:19=	04:24=	07:08=	07:01=	02:48=	02:03=	02:56=	12:40=	03:26=	05:32=	03:37=	04:01=	05:14=	03:50=	04:12=	01:55=	02:34=	00:37=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Glenn Suhr	1000																1:30:00	
02:57+	10:05+	15:45+	18:58+	26:18+	29:09+	32:05+	35:43+	46:52+	50:24+	52:16+	57:12+	60:34+	64:12+	73:10+	77:38+	84:39+	86:58+	89:31+	90:00+
02:57+	07:08+	05:40+	03:13+	07:20+	02:51+	02:56+	03:38+	11:09+	03:32+	01:52+	04:56+	03:22+	03:38+	08:58+	04:28+	07:01+	02:19+	02:33+	00:29+
02:57+	07:08+	05:40+	03:13+	07:20+	02:51+	02:56+	03:38+	11:09+	03:32+	01:52+	04:56+	03:22+	03:38+	08:58+	04:28+	07:01+	02:19+	02:33+	00:29+
3	Lars Hansen	1001																2:02:20	
07:37+	11:23+	16:21+	19:56+	34:03+	37:25+	41:15+	48:00+	60:22+	65:00+	77:11+	83:40+	89:07+	99:39+	105:17+	112:22+	115:38+	121:36+	122:20+	
07:37+	03:46+	04:58+	03:35+	14:07+	03:22+	03:50+	06:45+	12:22+	04:38+	12:11+	06:29+	05:27+	10:32+	05:38+	07:05+	03:16+	05:58+	00:44+	
07:37+	03:46+	04:58+	03:35+	14:07+	03:22+	03:50+	06:45+	12:22+	04:38+	12:11+	06:29+	05:27+	10:32+	05:38+	07:05+	03:16+	05:58+	00:44+	
4	Christian Bøgsted	MP																2:06:52	
04:18+	17:45+	21:59+	26:33+	40:48+	44:26+	49:23+	54:19+	65:38+	71:21+	76:58+	82:12+	93:49+	100:25+	106:01+	118:39+	122:25+	125:57+	126:52+	
04:18+	13:27+	04:14+	04:34+	14:15+	03:38+	04:57+	04:56+	11:19+	05:43+	05:37+	05:14+	11:37+	06:36+	05:36+	12:38+	03:46+	03:32+	00:55+	
04:18+	13:27+	04:14+	04:34+	14:15+	03:38+	04:57+	04:56+	11:19+	05:43+	05:37+	05:14+	11:37+	06:36+	05:36+	12:38+	03:46+	03:32+	00:55+	

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H45

1	Anders G. Jørgensen	1001																2:15:21
07:51=	13:12=	29:46=	35:56=	38:34=	54:56=	76:02=	80:20=	92:40=	97:16=	103:35=	106:56=	108:28=	115:23=	123:02=	128:10=	132:06=	134:39=	135:21=
07:51=	05:21=	16:34=	06:10=	02:38=	16:22=	21:06=	04:18=	12:20=	04:36=	06:19=	03:21=	01:32=	06:55=	07:39=	05:08=	03:56=	02:33=	00:42=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Dennis Hansen	1001																2:19:14
02:29-	12:07-	43:32+	47:53+	51:33+	59:14+	79:54+	84:17+	92:44+	99:03+	107:36+	110:53+	112:31+	119:26+	127:05+	132:12+	136:11+	138:10+	139:14+
02:29-	09:38+	31:25+	04:21-	03:40+	07:41-	20:40-	04:23+	08:27-	06:19+	08:33+	03:17-	01:38+	06:55=	07:39=	05:07-	03:59+	01:59-	01:04+
05:22-	04:17&	14:51&	01:49-	01:02&	08:41-	00:26-	00:05+	03:53-	01:43&	02:14&	00:04-	00:06+	00:00=	00:00=	00:01-	00:03+	00:34-	00:22&
3	Ole Lund	MP																2:36:08
06:41-	33:43+	44:59+	49:16+	52:18+	74:29+	84:59+	103:01+	111:56+	114:23+	120:04+	123:08+	124:50+	129:58+	138:25+	149:09+	153:10+	155:21+	156:08+
06:41-	27:02+	11:16-	04:17-	03:02+	22:11+	10:30-	18:02+	08:55-	02:27-	05:41-	03:04-	01:42+	05:08-	08:27+	10:44+	04:01+	02:11-	00:47+
01:10-	21:41@	05:18-	01:53-	00:24#	05:49&	10:36-	13:44@	03:25-	02:09-	00:38-	00:17-	00:10#	01:47-	00:48#	05:36@	00:05+	00:22-	00:05#

Beste stræktid for klassen

02:29 05:21 11:16 04:17 02:38 07:41 10:30 04:18 08:27 02:27 05:41 03:04 01:32 05:08 07:39 05:07 03:56 01:59 00:42

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H55

1	Carsten Helligsø	1003																1:11:33	
11:28=	14:22=	16:31=	23:45=	39:56=	43:55=	45:15=	50:43=	54:08=	56:26=	59:58=	62:49=	66:29=	69:58=	70:51=	71:33=				
11:28=	02:54=	02:09=	07:14=	16:11=	03:59=	01:20=	05:28=	03:25=	02:18=	03:32=	02:51=	03:40=	03:29=	00:53=	00:42=				
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=				

H55

2	Jens Dorph	1001														1:50:33		
02:57-	07:28-	12:47-	44:25+	48:48+	51:59+	62:04+	67:41+	76:46+	79:07+	83:45+	87:24+	90:45+	95:29+	102:20+	105:47+	108:40+	109:40+	110:33+
02:57-	04:31+	05:19+	31:38+	04:23-	03:11-	10:05+	05:37+	09:05+	02:21+	04:38+	03:39+	03:21-	04:44+	06:51+	03:27+	02:53+	01:00+	00:53+
08:31-	01:37&	03:10@	24:24@	11:48-	00:48-	08:45@	00:09+	05:40@	00:03+	01:06&	00:48&	00:19-	01:15&	05:58@	02:45@	02:53+	01:00+	00:53+

3	Henrik Vinther	1001														1:51:28		
02:40+	05:39+	15:21+	19:39+	24:38+	27:38+	40:39+	46:55+	54:10+	57:57+	75:15+	86:45+	90:44+	96:52+	101:09+	105:48+	109:29+	110:35+	111:28+
02:40+	02:59+	09:42+	04:18+	04:59+	03:00+	13:01+	06:16+	07:15+	03:47+	17:18+	11:30+	03:59+	06:08+	04:17+	04:39+	03:41+	01:06+	00:53+
02:40+	02:59+	09:42+	04:18+	04:59+	03:00+	13:01+	06:16+	07:15+	03:47+	17:18+	11:30+	03:59+	06:08+	04:17+	04:39+	03:41+	01:06+	00:53+

4	Allan P. Sundahl	1001														3:08:01		
02:31+	05:43+	18:57+	49:18+	53:26+	61:07+	81:53+	109:04+	129:29+	133:50+	157:51+	162:48+	167:15+	173:13+	178:53+	183:13+	186:07+	187:10+	188:01+
02:31+	03:12+	13:14+	30:21+	04:08+	07:41+	20:46+	27:11+	20:25+	04:21+	24:01+	04:57+	04:27+	05:58+	05:40+	04:20+	02:54+	01:03+	00:51+
02:31+	03:12+	13:14+	30:21+	04:08+	07:41+	20:46+	27:11+	20:25+	04:21+	24:01+	04:57+	04:27+	05:58+	05:40+	04:20+	02:54+	01:03+	00:51+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

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1	Stig Bartolin	1001														1:35:27		
05:12=	09:34=	14:23=	19:02=	28:41=	42:03=	48:30=	53:10=	59:38=	65:29=	74:45=	76:28=	83:35=	87:28=	94:28=	95:27=			
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05:12 04:22 04:49 04:39 09:39 13:22 06:27 04:40 06:28 05:51 09:16 01:43 07:07 03:53 07:00 00:59

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.