

Plads Navn Klasse Tid Beg

1 Stefanie Palmfeldt Ok Pan 22:15
 01:13= 03:04= 04:42= 05:46= 06:52= 08:59= 11:23= 14:20= 16:12= 18:47= 19:26= 20:18= 21:50= 22:15=
 01:13= 01:51= 01:38= 01:04= 01:06= 02:07= 02:24= 02:57= 01:52= 02:35= 00:39= 00:52= 01:32= 00:25=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Elvira Mcgrail 17 24:12
 00:52- 02:38- 04:17- 05:32- 07:01+ 09:17+ 11:44+ 14:48+ 17:39+ 20:45+ 21:36+ 22:30+ 23:53+ 24:12+
 00:52- 01:46- 01:39+ 01:15+ 01:29+ 02:16+ 02:27+ 03:04+ 02:51+ 03:06+ 00:51+ 00:54+ 01:23- 00:19-
 00:21- 00:05- 00:01+ 00:11# 00:23& 00:09+ 00:03+ 00:07+ 00:59& 00:31# 00:12& 00:02+ 00:09- 00:06-

3 Emma Oscar Søs 17 24:44
 01:03- 03:25+ 05:15+ 06:20+ 08:05+ 10:35+ 12:41+ 15:57+ 18:17+ 20:55+ 22:01+ 22:57+ 24:25+ 24:44+
 01:03- 02:22+ 01:50+ 01:05+ 01:45+ 02:30+ 02:06- 03:16+ 02:20+ 02:38+ 01:06+ 00:56+ 01:28- 00:19-
 00:10- 00:31& 00:12# 00:01+ 00:39& 00:23# 00:18- 00:19# 00:28# 00:03+ 00:27& 00:04+ 00:04- 00:06-

4 Dina Østerballe Laursen 4 25:49
 01:07- 03:17+ 05:18+ 06:27+ 08:58+ 11:27+ 12:46+ 16:17+ 19:09+ 21:09+ 22:39+ 24:12+ 25:24+ 25:49+
 01:07- 02:10+ 02:01+ 01:09+ 02:31+ 02:29+ 01:19- 03:31+ 02:52+ 02:00- 01:30+ 01:33+ 01:12- 00:25=
 00:06- 00:19# 00:23# 00:05+ 01:25@ 00:22# 01:05- 00:34# 01:00& 00:35- 00:51@ 00:41& 00:20- 00:00=

5 Elias Mcgrail 17 27:52
 01:07- 03:10+ 05:03+ 06:39+ 08:19+ 10:31+ 12:27+ 17:07+ 20:03+ 23:18+ 24:46+ 26:02+ 27:32+ 27:52+
 01:07- 02:03+ 01:53+ 01:36+ 01:40+ 02:12+ 01:56- 04:40+ 02:56+ 03:15+ 01:28+ 01:16+ 01:30- 00:20-
 00:06- 00:12# 00:15# 00:32& 00:34& 00:05+ 00:28- 01:43& 01:04& 00:40& 00:49@ 00:24& 00:02- 00:05-

6 Mikkel Østerballe Laursen 4 28:27
 01:09- 03:24+ 05:08+ 06:46+ 08:59+ 11:12+ 14:10+ 17:41+ 20:43+ 23:55+ 25:10+ 26:30+ 28:01+ 28:27+
 01:09- 02:15+ 01:44+ 01:38+ 02:13+ 02:13+ 02:58+ 03:31+ 03:02+ 03:12+ 01:15+ 01:20+ 01:31- 00:26+
 00:04- 00:24# 00:06+ 00:34& 01:07@ 00:06+ 00:34# 00:34# 01:10& 00:37# 00:36& 00:28& 00:01- 00:01+

7 Asta Ellebye Klenum 17 36:59
 02:24+ 05:02+ 07:41+ 09:37+ 12:37+ 15:01+ 18:53+ 24:04+ 28:04+ 33:04+ 34:20+ 35:35+ 36:37+ 36:59+
 02:24+ 02:38+ 02:39+ 01:56+ 03:00+ 02:24+ 03:52+ 05:11+ 04:00+ 05:00+ 01:16+ 01:15+ 01:02- 00:22-
 01:11& 00:47& 01:01& 00:52& 01:54@ 00:17# 01:28& 02:14& 02:08@ 02:25& 00:37& 00:23& 00:30- 00:03-

8 Josefine Lyndgård Bobach 17 37:03
 01:45+ 04:25+ 06:22+ 07:46+ 10:44+ 14:17+ 17:36+ 20:58+ 24:31+ 29:06+ 31:20+ 33:31+ 36:32+ 37:03+
 01:45+ 02:40+ 01:57+ 01:24+ 02:58+ 03:33+ 03:19+ 03:22+ 03:33+ 04:35+ 02:14+ 02:11+ 03:01+ 00:31+
 00:32& 00:49& 00:19# 00:20& 01:52@ 01:26& 00:55& 00:25# 01:41& 02:00& 01:35@ 01:19@ 01:29& 00:06#

9 Jette Jensen 16 49:14
 08:53+ 12:48+ 16:12+ 18:30+ 21:31+ 25:54+ 28:56+ 33:58+ 37:29+ 42:17+ 43:59+ 45:54+ 48:25+ 49:14+
 08:53+ 03:55+ 03:24+ 02:18+ 03:01+ 04:23+ 03:02+ 05:02+ 03:31+ 04:48+ 01:42+ 01:55+ 02:31+ 00:49+
 07:40@ 02:04@ 01:46@ 01:14@ 01:55@ 02:16@ 00:38& 02:05& 01:39& 02:13& 01:03@ 01:03@ 00:59& 00:24&

Beste stræktid for klassen
 00:52 01:46 01:38 01:04 01:06 02:07 01:19 02:57 01:52 02:00 00:39 00:52 01:02 00:19

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D10

1 Clara R. Christensen 17 14:58
 00:50= 02:16= 03:20= 04:12= 05:06= 06:21= 07:27= 09:40= 11:02= 12:37= 13:11= 13:47= 14:41= 14:58=
 00:50= 01:26= 01:04= 00:52= 00:54= 01:15= 01:06= 02:13= 01:22= 01:35= 00:34= 00:36= 00:54= 00:17=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

Class	Navn	Klasse												Tid
D10														
2	Victoria Olesen Hinge	Ok Pan												17:12
00:46-	02:33+	03:48+	04:57+	06:18+	07:45+	09:07+	11:19+	12:45+	14:44+	15:19+	15:57+	16:55+	17:12+	
00:46-	01:47+	01:15+	01:09+	01:21+	01:27+	01:22+	02:12-	01:26+	01:59+	00:35+	00:38+	00:58+	00:17=	
00:04-	00:21#	00:11#	00:17&	00:27&	00:12#	00:16#	00:01-	00:04+	00:24&	00:01+	00:02+	00:04+	00:00=	
3	Victoria Sørensen	17												19:59
00:57+	02:42+	04:02+	05:01+	06:18+	08:07+	10:13+	12:47+	14:47+	16:49+	17:38+	18:31+	19:37+	19:59+	
00:57+	01:45+	01:20+	00:59+	01:17+	01:49+	02:06+	02:34+	02:00+	02:02+	00:49+	00:53+	01:06+	00:22+	
00:57+	01:45+	01:20+	00:59+	01:17+	01:49+	02:06+	02:34+	02:00+	02:02+	00:49+	00:53+	01:06+	00:22+	
4	Lærke Skammelsen Gilleladen	Ok Pan												20:38
00:51+	02:34+	04:25+	05:49+	06:57+	08:30+	10:36+	13:15+	15:07+	17:30+	18:22+	19:08+	20:21+	20:38+	
00:51+	01:43+	01:51+	01:24+	01:08+	01:33+	02:06+	02:39+	01:52+	02:23+	00:52+	00:46+	01:13+	00:17+	
00:51+	01:43+	01:51+	01:24+	01:08+	01:33+	02:06+	02:39+	01:52+	02:23+	00:52+	00:46+	01:13+	00:17+	
5	Thora Toft Møller Mikkelsen	3												20:52
00:56+	02:54+	04:54+	06:04+	07:12+	08:48+	10:40+	13:38+	15:46+	17:50+	18:36+	19:23+	20:34+	20:52+	
00:56+	01:58+	02:00+	01:10+	01:08+	01:36+	01:52+	02:58+	02:08+	02:04+	00:46+	00:47+	01:11+	00:18+	
00:56+	01:58+	02:00+	01:10+	01:08+	01:36+	01:52+	02:58+	02:08+	02:04+	00:46+	00:47+	01:11+	00:18+	
6	Merle Lund-Filtborg	17												21:36
00:56+	02:54+	04:17+	05:21+	06:43+	09:11+	11:25+	13:32+	14:48+	16:39+	17:23+	20:13+	21:16+	21:36+	
00:56+	01:58+	01:23+	01:04+	01:22+	02:28+	02:14+	02:07+	01:16+	01:51+	00:44+	02:50+	01:03+	00:20+	
00:56+	01:58+	01:23+	01:04+	01:22+	02:28+	02:14+	02:07+	01:16+	01:51+	00:44+	02:50+	01:03+	00:20+	
7	Liv Gammelmark	16												22:08
01:04+	02:46+	03:54+	04:51+	08:25+	10:16+	12:19+	15:48+	17:24+	19:10+	19:50+	20:30+	21:52+	22:08+	
01:04+	01:42+	01:08+	00:57+	03:34+	01:51+	02:03+	03:29+	01:36+	01:46+	00:40+	00:40+	01:22+	00:16+	
01:04+	01:42+	01:08+	00:57+	03:34+	01:51+	02:03+	03:29+	01:36+	01:46+	00:40+	00:40+	01:22+	00:16+	
8	Kaya Raabjerg Mogensen	5												23:10
01:01+	03:10+	04:50+	06:33+	08:25+	10:31+	13:14+	16:06+	17:56+	20:01+	20:47+	21:34+	22:47+	23:10+	
01:01+	02:09+	01:40+	01:43+	01:52+	02:06+	02:43+	02:52+	01:50+	02:05+	00:46+	00:47+	01:13+	00:23+	
01:01+	02:09+	01:40+	01:43+	01:52+	02:06+	02:43+	02:52+	01:50+	02:05+	00:46+	00:47+	01:13+	00:23+	
9	Ida Mølgaard Mogensen	5												23:22
01:10+	03:02+	04:29+	05:32+	06:57+	10:05+	14:06+	16:26+	18:16+	20:18+	21:13+	21:55+	23:02+	23:22+	
01:10+	01:52+	01:27+	01:03+	01:25+	03:08+	04:01+	02:20+	01:50+	02:02+	00:55+	00:42+	01:07+	00:20+	
01:10+	01:52+	01:27+	01:03+	01:25+	03:08+	04:01+	02:20+	01:50+	02:02+	00:55+	00:42+	01:07+	00:20+	
10	Nanna Munkholm Byrdal	20												34:18
01:43+	04:54+	06:20+	11:16+	17:43+	19:40+	22:42+	26:01+	29:05+	31:11+	31:54+	32:42+	33:54+	34:18+	
01:43+	03:11+	01:26+	04:56+	06:27+	01:57+	03:02+	03:19+	03:04+	02:06+	00:43+	00:48+	01:12+	00:24+	
01:43+	03:11+	01:26+	04:56+	06:27+	01:57+	03:02+	03:19+	03:04+	02:06+	00:43+	00:48+	01:12+	00:24+	
11	Mille Reiche Sørensen	13												40:12
02:43+	07:08+	10:36+	12:56+	15:19+	18:47+	21:10+	25:35+	29:14+	33:18+	34:54+	36:43+	39:15+	40:12+	
02:43+	04:25+	03:28+	02:20+	02:23+	03:28+	02:23+	04:25+	03:39+	04:04+	01:36+	01:49+	02:32+	00:57+	
02:43+	04:25+	03:28+	02:20+	02:23+	03:28+	02:23+	04:25+	03:39+	04:04+	01:36+	01:49+	02:32+	00:57+	

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D12

D12

1	Kille Beuchert Jensen	Ok Pan	23:40												
00:43=	02:16=	04:59=	06:35=	07:35=	10:01=	11:06=	12:27=	14:41=	15:25=	18:00=	20:31=	21:56=	22:31=	23:23=	23:40=
00:43=	01:33=	02:43=	01:36=	01:00=	02:26=	01:05=	01:21=	02:14=	00:44=	02:35=	02:31=	01:25=	00:35=	00:52=	00:17=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Astrid Lykke Nielsen	3	25:49												
00:39+	02:04+	05:18+	08:20+	09:20+	11:57+	13:04+	14:32+	16:49+	17:30+	19:59+	22:40+	24:10+	24:48+	25:34+	25:49+
00:39+	01:25+	03:14+	03:02+	01:00+	02:37+	01:07+	01:28+	02:17+	00:41+	02:29+	02:41+	01:30+	00:38+	00:46+	00:15+
00:39+	01:25+	03:14+	03:02+	01:00+	02:37+	01:07+	01:28+	02:17+	00:41+	02:29+	02:41+	01:30+	00:38+	00:46+	00:15+
3	Kristine Skouboe	3	26:38												
00:48+	02:17+	05:18+	06:45+	07:55+	10:31+	11:42+	13:28+	16:23+	17:07+	20:17+	23:07+	24:44+	25:24+	26:20+	26:38+
00:48+	01:29+	03:01+	01:27+	01:10+	02:36+	01:11+	01:46+	02:55+	00:44+	03:10+	02:50+	01:37+	00:40+	00:56+	00:18+
00:48+	01:29+	03:01+	01:27+	01:10+	02:36+	01:11+	01:46+	02:55+	00:44+	03:10+	02:50+	01:37+	00:40+	00:56+	00:18+
4	Marie Sørensen	4	29:30												
00:49+	02:24+	05:51+	07:36+	08:58+	12:12+	13:21+	15:10+	18:16+	18:56+	21:59+	25:24+	27:29+	28:10+	29:12+	29:30+
00:49+	01:35+	03:27+	01:45+	01:22+	03:14+	01:09+	01:49+	03:06+	00:40+	03:03+	03:25+	02:05+	00:41+	01:02+	00:18+
00:49+	01:35+	03:27+	01:45+	01:22+	03:14+	01:09+	01:49+	03:06+	00:40+	03:03+	03:25+	02:05+	00:41+	01:02+	00:18+
5	Matilde Lund-Filtborg	17	37:26												
00:45+	02:15+	11:14+	12:31+	13:24+	16:01+	17:13+	19:02+	22:15+	22:50+	26:33+	33:52+	35:25+	36:03+	37:09+	37:26+
00:45+	01:30+	08:59+	01:17+	00:53+	02:37+	01:12+	01:49+	03:13+	00:35+	03:43+	07:19+	01:33+	00:38+	01:06+	00:17+
00:45+	01:30+	08:59+	01:17+	00:53+	02:37+	01:12+	01:49+	03:13+	00:35+	03:43+	07:19+	01:33+	00:38+	01:06+	00:17+
6	Frida Palmfeldt	Ok Pan	41:01												
00:53+	02:29+	05:54+	08:20+	10:10+	13:19+	15:16+	23:58+	26:57+	28:04+	32:34+	36:53+	38:47+	39:40+	40:41+	41:01+
00:53+	01:36+	03:25+	02:26+	01:50+	03:09+	01:57+	08:42+	02:59+	01:07+	04:30+	04:19+	01:54+	00:53+	01:01+	00:20+
00:53+	01:36+	03:25+	02:26+	01:50+	03:09+	01:57+	08:42+	02:59+	01:07+	04:30+	04:19+	01:54+	00:53+	01:01+	00:20+
7	Lilli Munkholm Byrdal	20	47:44												
01:52+	04:08+	09:02+	12:36+	14:03+	18:55+	21:03+	25:59+	31:09+	32:33+	37:23+	42:05+	45:23+	46:13+	47:25+	47:44+
01:52+	02:16+	04:54+	03:34+	01:27+	04:52+	02:08+	04:56+	05:10+	01:24+	04:50+	04:42+	03:18+	00:50+	01:12+	00:19+
01:52+	02:16+	04:54+	03:34+	01:27+	04:52+	02:08+	04:56+	05:10+	01:24+	04:50+	04:42+	03:18+	00:50+	01:12+	00:19+
8	Anna Gry Andersen	17	50:04												
03:54+	05:57+	11:09+	14:21+	19:16+	25:00+	26:42+	30:32+	33:51+	34:57+	41:43+	45:52+	47:48+	48:44+	49:45+	50:04+
03:54+	02:03+	05:12+	03:12+	04:55+	05:44+	01:42+	03:50+	03:19+	01:06+	06:46+	04:09+	01:56+	00:56+	01:01+	00:19+
03:54+	02:03+	05:12+	03:12+	04:55+	05:44+	01:42+	03:50+	03:19+	01:06+	06:46+	04:09+	01:56+	00:56+	01:01+	00:19+
9	Sophia Birch Honore	17	58:32												
05:32+	11:13+	22:44+	25:20+	27:47+	33:20+	35:13+	38:53+	42:21+	43:26+	50:12+	54:24+	56:19+	57:14+	58:13+	58:32+
05:32+	05:41+	11:31+	02:36+	02:27+	05:33+	01:53+	03:40+	03:28+	01:05+	06:46+	04:12+	01:55+	00:55+	00:59+	00:19+
05:32+	05:41+	11:31+	02:36+	02:27+	05:33+	01:53+	03:40+	03:28+	01:05+	06:46+	04:12+	01:55+	00:55+	00:59+	00:19+
10	Kornelia Hjuler Hjerrild	Ok Pan	1:04:47												
00:51+	02:50+	08:39+	10:36+	12:26+	16:52+	25:54+	28:43+	32:45+	33:59+	39:33+	53:16+	62:06+	63:06+	64:28+	64:47+
00:51+	01:59+	05:49+	01:57+	01:50+	04:26+	09:02+	02:49+	04:02+	01:14+	05:34+	13:43+	08:50+	01:00+	01:22+	00:19+
00:51+	01:59+	05:49+	01:57+	01:50+	04:26+	09:02+	02:49+	04:02+	01:14+	05:34+	13:43+	08:50+	01:00+	01:22+	00:19+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D12B

D12B

1	Victoria Lawaetz	17	17:42										
00:56=	02:23=	03:35=	04:32=	05:38=	07:18=	08:22=	11:00=	12:37=	14:44=	15:33=	16:19=	17:23=	17:42=
00:56=	01:27=	01:12=	00:57=	01:06=	01:40=	01:04=	02:38=	01:37=	02:07=	00:49=	00:46=	01:04=	00:19=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Selma Gammelmark	16	19:18										
00:44+	02:34+	03:35+	04:29+	05:22+	09:46+	10:51+	13:06+	14:33+	16:35+	17:13+	17:59+	19:02+	19:18+
00:44+	01:50+	01:01+	00:54+	00:53+	04:24+	01:05+	02:15+	01:27+	02:02+	00:38+	00:46+	01:03+	00:16+
00:44+	01:50+	01:01+	00:54+	00:53+	04:24+	01:05+	02:15+	01:27+	02:02+	00:38+	00:46+	01:03+	00:16+
3	Augusta Sørensen	17	21:11										
00:47+	02:27+	03:51+	05:03+	06:20+	08:11+	09:41+	12:55+	15:12+	17:42+	18:33+	19:32+	20:46+	21:11+
00:47+	01:40+	01:24+	01:12+	01:17+	01:51+	01:30+	03:14+	02:17+	02:30+	00:51+	00:59+	01:14+	00:25+
00:47+	01:40+	01:24+	01:12+	01:17+	01:51+	01:30+	03:14+	02:17+	02:30+	00:51+	00:59+	01:14+	00:25+
4	Rosa Lindholm	17	21:38										
01:09+	03:13+	04:38+	06:19+	07:37+	09:22+	10:44+	13:40+	16:00+	18:18+	19:11+	20:02+	21:15+	21:38+
01:09+	02:04+	01:25+	01:41+	01:18+	01:45+	01:22+	02:56+	02:20+	02:18+	00:53+	00:51+	01:13+	00:23+
01:09+	02:04+	01:25+	01:41+	01:18+	01:45+	01:22+	02:56+	02:20+	02:18+	00:53+	00:51+	01:13+	00:23+
5	Julie Emilie Buus Toft	17	29:59										
00:48+	03:00+	04:29+	05:46+	08:01+	12:19+	13:51+	17:50+	21:12+	24:53+	26:31+	27:38+	29:37+	29:59+
00:48+	02:12+	01:29+	01:17+	02:15+	04:18+	01:32+	03:59+	03:22+	03:41+	01:38+	01:07+	01:59+	00:22+
00:48+	02:12+	01:29+	01:17+	02:15+	04:18+	01:32+	03:59+	03:22+	03:41+	01:38+	01:07+	01:59+	00:22+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D14

1	Krista Lervad Lundø	3	46:34												
02:48=	05:11=	09:22=	12:08=	13:51=	17:38=	19:26=	22:43=	26:05=	28:14=	32:32=	37:53=	41:13=	43:56=	46:18=	46:34=
02:48=	02:23=	04:11=	02:46=	01:43=	03:47=	01:48=	03:17=	03:22=	02:09=	04:18=	05:21=	03:20=	02:43=	02:22=	00:16=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Ragnhild Øhlenschläger Nielsen	17	49:11												
02:25-	04:27-	14:11+	16:01+	17:39+	19:38+	21:03+	24:54+	28:03+	30:12+	34:51+	40:30+	44:51+	47:34+	48:54+	49:11+
02:25-	02:02-	09:44+	01:50-	01:38-	01:59-	01:25-	03:51+	03:09-	02:09-	04:39+	05:39+	04:21+	02:43=	01:20-	00:17+
00:23-	00:21-	05:33@	00:56-	00:05-	01:48-	00:23-	00:34#	00:13-	00:00=	00:21+	00:18+	01:01&	00:00=	01:02-	00:01+
3	Carla Brahe Bohnsen	Ok Pan	50:52												
03:39+	05:51+	10:22+	12:48+	14:39+	17:15-	18:48-	23:52+	27:07+	29:57+	35:39+	41:00+	45:58+	49:01+	50:36+	50:52+
03:39+	02:12-	04:31+	02:26-	01:51+	02:36-	01:33-	05:04+	03:15-	02:50+	05:42+	05:21+	04:58+	03:03+	01:35-	00:16=
00:51&	00:11-	00:20+	00:20-	00:08+	01:11-	00:15-	01:47&	00:07-	00:41&	01:24&	00:00=	01:38&	00:20#	00:47-	00:00=
4	Astrid Faber Fenger-Grøn	17	51:20												
04:36+	06:00+	14:46+	17:02+	18:57+	20:41+	22:02+	24:39+	27:33+	32:25+	36:16+	41:23+	45:35+	48:48+	51:00+	51:20+
04:36+	01:24+	08:46+	02:16-	01:55+	01:44+	01:21-	02:37-	02:54-	04:52+	03:51-	05:07-	04:12+	03:13+	02:12-	00:20+
01:48&	00:59-	04:35@	00:30-	00:12#	02:03-	00:27-	00:40-	00:28-	02:43@	00:27-	00:14-	00:52&	00:30#	00:10-	00:04#
5	Olivia Olesen Hinge	Ok Pan	52:41												
03:41+	05:43+	09:11-	11:49-	14:14+	16:33-	18:36-	23:19+	27:34+	30:43+	34:55+	41:56+	47:22+	50:37+	52:25+	52:41+
03:41+	02:02-	03:28-	02:38-	02:25+	02:19-	02:03+	04:43+	04:15+	03:09+	04:12-	07:01+	05:26+	03:15+	01:48-	00:16=
00:53&	00:21-	00:43-	00:08-	00:42&	01:28-	00:15#	01:26&	00:53&	01:00&	00:06-	01:40&	02:06&	00:32#	00:34-	00:00=

D14

6	Katharina Rokkjær Andreassen	Ok Pan	54:31												
03:48+	05:58+	10:12+	12:52+	15:15+	18:01+	19:47+	25:32+	28:42+	33:21+	39:05+	45:21+	49:29+	52:33+	54:16+	54:31+
03:48+	02:10-	04:14+	02:40-	02:23+	02:46-	01:46-	05:45+	03:10-	04:39+	05:44+	06:16+	04:08+	03:04+	01:43-	00:15-
01:00&	00:13-	00:03+	00:06-	00:40&	01:01-	00:02-	02:28&	00:12-	02:30@	01:26&	00:55#	00:48#	00:21#	00:39-	00:01-

7	Gry Gammelmark	16	1:00:54												
02:49+	05:08+	09:54+	12:22+	15:02+	17:55+	20:04+	24:11+	29:54+	33:13+	42:35+	49:10+	54:54+	59:07+	60:38+	60:54+
02:49+	02:19+	04:46+	02:28+	02:40+	02:53+	02:09+	04:07+	05:43+	03:19+	09:22+	06:35+	05:44+	04:13+	01:31+	00:16+
02:49+	02:19+	04:46+	02:28+	02:40+	02:53+	02:09+	04:07+	05:43+	03:19+	09:22+	06:35+	05:44+	04:13+	01:31+	00:16+

8	Katrine Halkjær Dupont	Ok Pan	1:09:31												
04:14+	06:45+	16:28+	20:20+	27:41+	30:13+	31:57+	36:29+	42:13+	46:25+	51:23+	61:24+	69:05+	69:31+		
04:14+	02:31+	09:43+	03:52+	07:21+	02:32+	01:44+	04:32+	05:44+	04:12+	04:58+	10:01+	07:41+	00:26+		
04:14+	02:31+	09:43+	03:52+	07:21+	02:32+	01:44+	04:32+	05:44+	04:12+	04:58+	10:01+	07:41+	00:26+		

9	Alma Palmfeldt	Ok Pan	1:53:18												
05:44+	12:13+	35:23+	40:36+	46:44+	52:34+	57:25+	63:52+	70:21+	75:50+	81:58+	94:13+	104:40+	110:04+	112:59+	113:18+
05:44+	06:29+	23:10+	05:13+	06:08+	05:50+	04:51+	06:27+	06:29+	05:29+	06:08+	12:15+	10:27+	05:24+	02:55+	00:19+
05:44+	06:29+	23:10+	05:13+	06:08+	05:50+	04:51+	06:27+	06:29+	05:29+	06:08+	12:15+	10:27+	05:24+	02:55+	00:19+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D14B

1	Freja Toft Møller Mikkelsen	3	52:18												
14:59=	16:43=	21:43=	23:38=	25:38=	29:45=	31:27=	34:23=	38:42=	39:32=	43:56=	48:02=	49:53=	50:39=	51:56=	52:18=
14:59=	01:44=	05:00=	01:55=	02:00=	04:07=	01:42=	02:56=	04:19=	00:50=	04:24=	04:06=	01:51=	00:46=	01:17=	00:22=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Beste stræktid for klassen

14:59 01:44 05:00 01:55 02:00 04:07 01:42 02:56 04:19 00:50 04:24 04:06 01:51 00:46 01:17 00:22

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D16

1	Andrea Ebert Svenningsen	16	46:57														
02:58=	04:33=	07:03=	13:53=	15:18=	19:11=	23:57=	28:15=	31:05=	33:41=	35:33=	37:36=	39:50=	42:09=	43:54=	45:57=	46:40=	46:57=
02:58=	01:35=	02:30=	06:50=	01:25=	03:53=	04:46=	04:18=	02:50=	02:36=	01:52=	02:03=	02:14=	02:19=	01:45=	02:03=	00:43=	00:17=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Sofie Halkjær Dupont	Ok Pan	52:07														
04:02+	06:11+	08:00+	13:45-	15:06-	19:21+	26:26+	31:09+	34:01+	37:21+	39:44+	42:05+	44:15+	46:48+	48:54+	51:06+	51:51+	52:07+
04:02+	02:09+	01:49-	05:45-	01:21-	04:15+	07:05+	04:43+	02:52+	03:20+	02:23+	02:21+	02:10-	02:33+	02:06+	02:12+	00:45+	00:16-
01:04&	00:34&	00:41-	01:05-	00:04-	00:22+	02:19&	00:25+	00:02+	00:44&	00:31&	00:18#	00:04-	00:14#	00:21#	00:09+	00:02+	00:01-

3	Signe Møller Skaug	Ok Pan	1:00:45														
07:11+	08:43+	11:21+	18:00+	19:21+	23:33+	28:48+	34:12+	37:36+	41:18+	44:05+	48:01+	51:08+	54:30+	57:19+	59:37+	60:28+	60:45+
07:11+	01:32-	02:38+	06:39-	01:21-	04:12+	05:15+	05:24+	03:24+	03:42+	02:47+	03:56+	03:07+	03:22+	02:49+	02:18+	00:51+	00:17=
04:13@	00:03-	00:08+	00:11-	00:04-	00:19+	00:29#	01:06&	00:34#	01:06&	00:55&	01:53&	00:53&	01:03&	01:04&	00:15#	00:08#	00:00=

D16

4	Siv Borup Fredberg	17	1:17:46
04:55+	07:15+ 09:38+ 19:25+ 21:53+ 36:06+ 42:31+ 47:30+ 51:54+ 55:21+ 59:37+ 62:36+ 66:16+ 73:09+ 76:40+ 77:29+ 77:46+		
04:55+	02:20+ 02:23- 09:47+ 02:28+ 14:13+ 06:25+ 04:59+ 04:24+ 03:27+ 04:16+ 02:59+ 03:40+ 06:53+ 03:31+ 00:49- 00:17-		
01:57&	00:45& 00:07- 02:57& 01:03& 10:20@ 01:39& 00:41# 01:34& 00:51& 02:24@ 00:56& 01:26& 04:34@ 01:46@ 01:14- 00:26-		
5	Ella Klærke Mikkelsen	3	1:20:27
05:30+	08:57+ 12:13+ 22:59+ 25:16+ 31:30+ 40:31+ 48:57+ 53:09+ 57:36+ 61:41+ 65:15+ 68:32+ 72:58+ 76:16+ 78:33+ 79:51+ 80:27+		
05:30+	03:27+ 03:16+ 10:46+ 02:17+ 06:14+ 09:01+ 08:26+ 04:12+ 04:27+ 04:05+ 03:34+ 03:17+ 04:26+ 03:18+ 02:17+ 01:18+ 00:36+		
05:30+	03:27+ 03:16+ 10:46+ 02:17+ 06:14+ 09:01+ 08:26+ 04:12+ 04:27+ 04:05+ 03:34+ 03:17+ 04:26+ 03:18+ 02:17+ 01:18+ 00:36+		
6	Esther Henriksen	3	1:28:39
04:10+	07:46+ 10:32+ 22:08+ 24:27+ 33:11+ 41:08+ 49:31+ 54:08+ 61:16+ 68:12+ 73:02+ 75:55+ 80:16+ 83:43+ 87:39+ 88:21+ 88:39+		
04:10+	03:36+ 02:46+ 11:36+ 02:19+ 08:44+ 07:57+ 08:23+ 04:37+ 07:08+ 06:56+ 04:50+ 02:53+ 04:21+ 03:27+ 03:56+ 00:42+ 00:18+		
04:10+	03:36+ 02:46+ 11:36+ 02:19+ 08:44+ 07:57+ 08:23+ 04:37+ 07:08+ 06:56+ 04:50+ 02:53+ 04:21+ 03:27+ 03:56+ 00:42+ 00:18+		
7	Katrine Lyhne Kristiansen	13	1:40:44
05:33+	12:16+ 17:47+ 27:23+ 29:49+ 39:52+ 48:36+ 56:00+ 61:59+ 67:20+ 74:02+ 78:02+ 81:54+ 88:13+ 93:09+ 99:25+ 100:20+ 100:44+		
05:33+	06:43+ 05:31+ 09:36+ 02:26+ 10:03+ 08:44+ 07:24+ 05:59+ 05:21+ 06:42+ 04:00+ 03:52+ 06:19+ 04:56+ 06:16+ 00:55+ 00:24+		
05:33+	06:43+ 05:31+ 09:36+ 02:26+ 10:03+ 08:44+ 07:24+ 05:59+ 05:21+ 06:42+ 04:00+ 03:52+ 06:19+ 04:56+ 06:16+ 00:55+ 00:24+		

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D18

1	Sofie Ulrich	Ok Pan	1:20:17
13:31=	17:54= 19:01= 22:33= 29:31= 32:01= 35:12= 38:13= 39:39= 46:58= 49:22= 54:13= 58:31= 61:14= 64:45= 66:44= 68:34= 71:33= 73:58= 75:16= 78:03= 79:55= 80:17=		
13:31=	04:23= 01:07= 03:32= 06:58= 02:30= 03:11= 03:01= 01:26= 07:19= 02:24= 04:51= 04:18= 02:43= 03:31= 01:59= 01:50= 02:59= 02:25= 01:18= 02:47= 01:52= 00:22=		
00:00=	00:00= 00:00=		

Beste stræktid for klassen

13:31 04:23 01:07 03:32 06:58 02:30 03:11 03:01 01:26 07:19 02:24 04:51 04:18 02:43 03:31 01:59 01:50 02:59 02:25 01:18 02:47 01:52 00:22

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D20

1	Marie Møller Nielsen	Ok Pan	54:21
01:52=	05:38= 06:28= 09:07= 14:04= 16:28= 19:28= 21:54= 23:06= 29:03= 30:25= 33:49= 37:33= 40:10= 43:07= 44:42= 46:07= 48:06= 49:38= 50:43= 52:50= 54:06= 54:21=		
01:52=	03:46= 00:50= 02:39= 04:57= 02:24= 03:00= 02:26= 01:12= 05:57= 01:22= 03:24= 03:44= 02:37= 02:57= 01:35= 01:25= 01:59= 01:32= 01:05= 02:07= 01:16= 00:15=		
00:00=	00:00= 00:00=		

Beste stræktid for klassen

01:52 03:46 00:50 02:39 04:57 02:24 03:00 02:26 01:12 05:57 01:22 03:24 03:44 02:37 02:57 01:35 01:25 01:59 01:32 01:05 02:07 01:16 00:15

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D20B

1	Eline Rahbek Thyssen	3	1:02:28
02:59=	05:17= 09:56= 13:02= 16:04= 18:36= 22:28= 26:34= 31:48= 36:11= 42:25= 49:54= 55:03= 59:46= 62:08= 62:28=		
02:59=	02:18= 04:39= 03:06= 03:02= 02:32= 03:52= 04:06= 05:14= 04:23= 06:14= 07:29= 05:09= 04:43= 02:22= 00:20=		
00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		

D20B

Beste stræktid for klassen

02:59 02:18 04:39 03:06 03:02 02:32 03:52 04:06 05:14 04:23 06:14 07:29 05:09 04:43 02:22 00:20

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D21

1	Ida Schwartz Bobach	Ok Pan	44:56																				
01:17=	04:20=	05:13=	07:22=	11:17=	13:08=	15:20=	17:04=	18:11=	22:54=	24:06=	26:32=	29:51=	32:31=	34:53=	36:19=	37:37=	39:12=	40:39=	41:37=	43:32=	44:40=	44:56=	
01:17=	03:03=	00:53=	02:09=	03:55=	01:51=	02:12=	01:44=	01:07=	04:43=	01:12=	02:26=	03:19=	02:40=	02:22=	01:26=	01:18=	01:35=	01:27=	00:58=	01:55=	01:08=	00:16=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Signe Søs	17	49:23																				
01:15-	04:49+	05:42+	08:04+	12:26+	14:27+	16:35+	18:41+	20:01+	25:38+	26:59+	29:59+	33:23+	35:44+	38:15+	39:44+	41:12+	42:56+	44:30+	45:36+	47:45+	49:07+	49:23+	
01:15-	03:34+	00:53=	02:22+	04:22+	02:01+	02:08-	02:06+	01:20+	05:37+	01:21+	03:00+	03:24+	02:21-	02:31+	01:29+	01:28+	01:44+	01:34+	01:06+	02:09+	01:22+	00:16=	
00:02-	00:31#	00:00=	00:13#	00:27#	00:10+	00:04-	00:22#	00:13#	00:54#	00:09#	00:34#	00:05+	00:19-	00:09+	00:03+	00:10#	00:09+	00:07+	00:08#	00:14#	00:14#	00:00=	
3	Camilla Bevensee	Ok Pan	53:00																				
01:35+	04:48+	05:45+	08:04+	13:24+	15:37+	17:42+	20:42+	21:54+	27:15+	28:42+	31:38+	35:49+	38:10+	40:54+	42:58+	44:24+	46:18+	47:50+	49:02+	51:20+	52:42+	53:00+	
01:35+	03:13+	00:57+	02:19+	05:20+	02:13+	02:05-	03:00+	01:12+	05:21+	01:27+	02:56+	04:11+	02:21-	02:44+	02:04+	01:26+	01:54+	01:32+	01:12+	02:18+	01:22+	00:18+	
00:18#	00:10+	00:04+	00:10+	01:25&	00:22#	00:07-	01:16&	00:05+	00:38#	00:15#	00:30#	00:52&	00:19-	00:22#	00:38&	00:08#	00:19#	00:05+	00:14#	00:23#	00:14#	00:02#	
4	Zenia Hejlskov Mogensen	17	54:56																				
01:20+	04:30+	05:23+	07:29+	12:05+	14:32+	16:24+	18:52+	20:32+	27:01+	28:37+	29:53+	32:47+	36:02+	38:28+	43:30+	44:54+	46:19+	48:37+	50:18+	51:31+	53:29+	54:40+	54:56+
01:20+	03:10+	00:53=	02:06-	04:36+	02:27+	01:52-	02:28+	01:40+	06:29+	01:36+	01:16-	02:54-	03:15+	02:26+	05:02+	01:24+	01:25-	02:18+	01:41+	01:13-	01:58+	01:11+	00:16+
00:03+	00:07+	00:00=	00:03-	00:41#	00:36&	00:20-	00:44&	00:33&	01:46&	00:24&	01:10-	00:25-	00:35#	00:04+	03:36@	00:06+	00:10-	00:51&	00:43&	00:42-	00:50&	00:55@	00:16+
5	Lotte Jauhojärvi Markussen	Ok Pan	56:28																				
01:33+	05:10+	06:01+	08:39+	13:54+	16:17+	18:45+	21:11+	22:40+	29:11+	30:48+	33:41+	37:44+	40:52+	43:53+	45:56+	47:28+	49:19+	51:04+	52:15+	54:41+	56:08+	56:28+	
01:33+	03:37+	00:51-	02:38+	05:15+	02:23+	02:28+	02:26+	01:29+	06:31+	01:37+	02:53+	04:03+	03:08+	03:01+	02:03+	01:32+	01:51+	01:45+	01:11+	02:26+	01:27+	00:20+	
00:16#	00:34#	00:02-	00:29#	01:20&	00:32&	00:16#	00:42&	00:22&	01:48&	00:25&	00:27#	00:44#	00:28#	00:39&	00:37&	00:14#	00:16#	00:18#	00:13#	00:31&	00:19&	00:04#	
6	Ane Linde	17	59:53																				
06:59+	11:06+	11:53+	14:33+	18:54+	20:58+	23:00+	24:59+	26:09+	32:26+	33:51+	36:43+	41:15+	46:03+	48:45+	50:20+	51:43+	53:29+	55:07+	56:11+	58:17+	59:36+	59:53+	
06:59+	04:07+	00:47-	02:40+	04:21+	02:04+	02:02-	01:59+	01:10+	06:17+	01:25+	02:52+	04:32+	04:48+	02:42+	01:35+	01:23+	01:46+	01:38+	01:04+	02:06+	01:19+	00:17+	
05:42@	01:04&	00:06-	00:31#	00:26#	00:13#	00:10-	00:15#	00:03+	01:34&	00:13#	00:26#	01:13&	02:08&	00:20#	00:09#	00:05+	00:11#	00:11#	00:06#	00:11+	00:11#	00:01+	
7	Rebeka Vincze	3	1:03:15																				
00:14-	00:14-	00:03-																					
8	Signe Just Olsen	13	1:10:25																				
02:25+	06:42+	07:53+	10:50+	16:12+	19:15+	22:23+	25:20+	26:48+	35:04+	36:56+	40:49+	45:43+	52:06+	55:17+	57:36+	59:52+	62:12+	64:32+	65:56+	68:29+	70:07+	70:25+	
02:25+	04:17+	01:11+	02:57+	05:22+	03:03+	03:08+	02:57+	01:28+	08:16+	01:52+	03:53+	04:54+	06:23+	03:11+	02:19+	02:16+	02:20+	02:20+	01:24+	02:33+	01:38+	00:18+	
01:08&	01:14&	00:18&	00:48&	01:27&	01:12&	00:56&	01:13&	00:21&	03:33&	00:40&	01:27&	01:35&	03:43@	00:49&	00:53&	00:58&	00:45&	00:53&	00:26&	00:38&	00:30&	00:02#	
9	Signe Edsen	6	1:12:18																				
03:20+	07:15+	08:25+	11:54+	18:40+	21:43+	25:13+	28:32+	30:14+	37:59+	40:14+	43:55+	49:26+	53:16+	56:43+	58:58+	60:59+	63:25+	65:47+	67:13+	70:23+	71:59+	72:18+	
03:20+	03:55+	01:10+	03:29+	06:46+	03:03+	03:30+	03:19+	01:42+	07:45+	02:15+	03:41+	05:31+	03:50+	03:27+	02:15+	02:01+	02:26+	02:22+	01:26+	03:10+	01:36+	00:19+	
02:03@	00:52&	00:17&	01:20&	02:51&	01:12&	01:18&	01:35&	00:35&	03:02&	01:03&	01:15&	02:12&	01:10&	01:05&	00:49&	00:43&	00:51&	00:55&	00:28&	01:15&	00:28&	00:03#	
10	Pernille Bøch Gylling	22	1:21:37																				
07:53+	12:25+	15:00+	18:07+	24:48+	27:38+	33:51+	38:20+	39:51+	48:26+	50:23+	54:42+	59:40+	62:42+	66:16+	68:21+	70:30+	72:45+	75:02+	76:29+	79:28+	81:15+	81:37+	
07:53+	04:32+	02:35+	03:07+	06:41+	02:50+	06:13+	04:29+	01:31+	08:35+	01:57+	04:19+	04:58+	03:02+	03:34+	02:05+	02:09+	02:15+	02:17+	01:27+	02:59+	01:47+	00:22+	
06:36@	01:29&	01:42@	00:58&	02:46&	00:59&	04:01@	02:45@	00:24&	03:52&	00:45&	01:53&	01:39&	00:22#	01:12&	00:39&	00:51&	00:40&	00:50&	00:29&	01:04&	00:39&	00:06&	

D21

11	Anne Blom	5	1:28:58																			
08:51+	13:40+	15:10+	18:17+	25:31+	29:39+	32:32+	37:13+	39:18+	48:09+	50:37+	55:22+	61:57+	66:36+	70:34+	73:22+	75:56+	78:45+	81:29+	83:15+	86:45+	88:35+	88:58+
08:51+	04:49+	01:30+	03:07+	07:14+	04:08+	02:53+	04:41+	02:05+	08:51+	02:28+	04:45+	06:35+	04:39+	03:58+	02:48+	02:34+	02:49+	02:44+	01:46+	03:30+	01:50+	00:23+
07:34@	01:46&	00:37&	00:58&	03:19&	02:17@	00:41&	02:57@	00:58&	04:08&	01:16@	02:19&	03:16&	01:59&	01:36&	01:22&	01:16&	01:14&	01:17&	00:48&	01:35&	00:42&	00:07&
12	Thea Langelykke Thyssen	3	1:29:26																			
03:18+	08:38+	09:58+	13:55+	21:18+	24:54+	29:31+	33:53+	35:47+	45:47+	48:11+	53:32+	60:06+	65:14+	70:04+	72:59+	75:38+	78:48+	81:36+	83:20+	86:53+	89:10+	89:26+
03:18+	05:20+	01:20+	03:57+	07:23+	03:36+	04:37+	04:22+	01:54+	10:00+	02:24+	05:21+	06:34+	05:08+	04:50+	02:55+	02:39+	03:10+	02:48+	01:44+	03:33+	02:17+	00:16+
03:18+	05:20+	01:20+	03:57+	07:23+	03:36+	04:37+	04:22+	01:54+	10:00+	02:24+	05:21+	06:34+	05:08+	04:50+	02:55+	02:39+	03:10+	02:48+	01:44+	03:33+	02:17+	00:16+
13	Camilla Bertel Andersen	4	1:33:51																			
03:57+	09:02+	10:36+	14:15+	21:31+	26:09+	31:28+	35:36+	37:31+	47:39+	50:50+	56:25+	63:11+	67:52+	74:17+	76:48+	79:26+	82:24+	85:37+	87:07+	90:46+	93:33+	93:51+
03:57+	05:05+	01:34+	03:39+	07:16+	04:38+	05:19+	04:08+	01:55+	10:08+	03:11+	05:35+	06:46+	04:41+	06:25+	02:31+	02:38+	02:58+	03:13+	01:30+	03:39+	02:47+	00:18+
03:57+	05:05+	01:34+	03:39+	07:16+	04:38+	05:19+	04:08+	01:55+	10:08+	03:11+	05:35+	06:46+	04:41+	06:25+	02:31+	02:38+	02:58+	03:13+	01:30+	03:39+	02:47+	00:18+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D21B

1	Katinka Kilden	Ok Pan	45:21												
01:59=	03:41=	06:44=	09:53=	11:53=	14:41=	16:50=	20:02=	23:59=	27:10=	30:32=	36:40=	40:45=	43:34=	45:04=	45:21=
01:59=	01:42=	03:03=	03:09=	02:00=	02:48=	02:09=	03:12=	03:57=	03:11=	03:22=	06:08=	04:05=	02:49=	01:30=	00:17=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Mai Lykkegaard Ehmsen	17	59:37												
03:09+	12:04+	15:31+	18:09+	20:32+	22:53+	24:34+	28:24+	31:53+	34:32+	41:14+	47:51+	54:30+	57:42+	59:15+	59:37+
03:09+	08:55+	03:27+	02:38-	02:23-	02:21-	01:41-	03:50+	03:29-	02:39-	06:42+	06:37+	06:39+	03:12+	01:33+	00:22+
01:10&	07:13@	00:24#	00:31-	00:23#	00:27-	00:28-	00:38#	00:28-	00:32-	03:20&	00:29+	02:34&	00:23#	00:03+	00:05&
3	Ditte Gottlieb	2	1:00:57												
04:18+	18:08+	21:18+	23:53+	25:58+	28:16+	30:25+	33:55+	37:40+	40:31+	43:44+	51:04+	55:09+	58:31+	60:37+	60:57+
04:18+	13:50+	03:10+	02:35-	02:05+	02:18-	02:09=	03:30+	03:45-	02:51-	03:13-	07:20+	04:05=	03:22+	02:06+	00:20+
02:19@	12:08@	00:07+	00:34-	00:05+	00:30-	00:00=	00:18+	00:12-	00:20-	00:09-	01:12#	00:00=	00:33#	00:36&	00:03#
4	Tine Kristensen	Ok Pan	1:08:23												
03:35+	06:35+	15:00+	18:17+	21:19+	23:58+	26:42+	30:42+	35:44+	39:01+	47:50+	55:51+	61:11+	65:27+	68:01+	68:23+
03:35+	03:00+	08:25+	03:17+	03:02+	02:39-	02:44+	04:00+	05:02+	03:17+	08:49+	08:01+	05:20+	04:16+	02:34+	00:22+
01:36&	01:18&	05:22@	00:08+	01:02&	00:09-	00:35&	00:48#	01:05&	00:06+	05:27@	01:53&	01:15&	01:27&	01:04&	00:05&
5	Line Lyndgaard	17	1:08:48												
04:25+	06:41+	10:25+	25:11+	27:57+	30:41+	32:42+	36:27+	40:36+	43:43+	47:02+	53:57+	62:59+	66:24+	68:31+	68:48+
04:25+	02:16+	03:44+	14:46+	02:46+	02:44-	02:01-	03:45+	04:09+	03:07-	03:19-	06:55+	09:02+	03:25+	02:07+	00:17=
02:26@	00:34&	00:41#	11:37@	00:46&	00:04-	00:08-	00:33#	00:12+	00:04-	00:03-	00:47#	04:57@	00:36#	00:37&	00:00=
6	Anne Sofie Bohnsen	Ok Pan	1:10:13												
08:47+	15:45+	21:53+	25:33+	27:47+	31:32+	33:59+	38:07+	41:22+	44:51+	53:28+	59:26+	63:48+	68:07+	69:54+	70:13+
08:47+	06:58+	06:08+	03:38+	02:16+	03:45+	02:27+	04:08+	03:15-	03:29+	08:37+	05:58-	04:22+	04:19+	01:47+	00:19+
06:48@	05:16@	03:05@	00:29#	00:16#	00:57&	00:18#	00:56&	00:42-	00:18+	05:15@	00:10-	00:17+	01:30&	00:17#	00:02#
7	Elise Utzen Keller	3	1:15:17												
06:53+	09:10+	34:16+	37:57+	40:12+	43:08+	45:14+	49:04+	52:43+	55:11+	59:31+	66:13+	70:13+	73:26+	75:00+	75:17+
06:53+	02:17+	25:06+	03:41+	02:15+	02:56+	02:06-	03:50+	03:39-	02:28-	04:20+	06:42+	04:00-	03:13+	01:34+	00:17=
04:54@	00:35&	22:03@	00:32#	00:15#	00:08+	00:03-	00:38#	00:18-	00:43-	00:58&	00:34+	00:05-	00:24#	00:04+	00:00=

D21B

8	Tove Jessen	2	1:16:28												
07:51+	11:32+	19:47+	23:05+	26:55+	30:39+	33:33+	40:14+	45:16+	48:59+	53:48+	62:41+	68:28+	73:26+	75:49+	76:28+
07:51+	03:41+	08:15+	03:18+	03:50+	03:44+	02:54+	06:41+	05:02+	03:43+	04:49+	08:53+	05:47+	04:58+	02:23+	00:39+
05:52@	01:59@	05:12@	00:09+	01:50&	00:56&	00:45&	03:29@	01:05&	00:32#	01:27&	02:45&	01:42&	02:09&	00:53&	00:22@

9	Anne Karlshøj	6	1:17:37												
20:07+	22:39+	27:20+	30:38+	32:59+	35:59+	37:57+	44:15+	52:42+	55:58+	60:23+	66:57+	71:45+	75:29+	77:19+	77:37+
20:07+	02:32+	04:41+	03:18+	02:21+	03:00+	01:58+	06:18+	08:27+	03:16+	04:25+	06:34+	04:48+	03:44+	01:50+	00:18+
20:07+	02:32+	04:41+	03:18+	02:21+	03:00+	01:58+	06:18+	08:27+	03:16+	04:25+	06:34+	04:48+	03:44+	01:50+	00:18+

10	Annette Kjeldsen	3	1:18:02												
06:32+	10:10+	21:30+	25:19+	28:25+	31:25+	34:04+	38:10+	43:34+	47:06+	58:42+	66:43+	70:56+	75:09+	77:34+	78:02+
06:32+	03:38+	11:20+	03:49+	03:06+	03:00+	02:39+	04:06+	05:24+	03:32+	11:36+	08:01+	04:13+	04:13+	02:25+	00:28+
06:32+	03:38+	11:20+	03:49+	03:06+	03:00+	02:39+	04:06+	05:24+	03:32+	11:36+	08:01+	04:13+	04:13+	02:25+	00:28+

11	Ida Østergaard	5	1:19:58												
04:37+	10:10+	14:25+	17:33+	20:20+	24:41+	27:27+	49:53+	53:57+	57:29+	63:15+	70:36+	74:20+	77:56+	79:41+	79:58+
04:37+	05:33+	04:15+	03:08+	02:47+	04:21+	02:46+	22:26+	04:04+	03:32+	05:46+	07:21+	03:44+	03:36+	01:45+	00:17+
04:37+	05:33+	04:15+	03:08+	02:47+	04:21+	02:46+	22:26+	04:04+	03:32+	05:46+	07:21+	03:44+	03:36+	01:45+	00:17+

12	Amalie Clementin	5	1:38:26												
02:31+	04:32+	07:32+	33:02+	35:11+	38:17+	40:08+	54:32+	58:37+	60:50+	81:29+	88:11+	92:52+	95:58+	98:02+	98:26+
02:31+	02:01+	03:00+	25:30+	02:09+	03:06+	01:51+	14:24+	04:05+	02:13+	20:39+	06:42+	04:41+	03:06+	02:04+	00:24+
02:31+	02:01+	03:00+	25:30+	02:09+	03:06+	01:51+	14:24+	04:05+	02:13+	20:39+	06:42+	04:41+	03:06+	02:04+	00:24+

13	Majken Thiim Jensen	4	1:40:19												
05:25+	12:02+	18:39+	24:04+	28:02+	33:08+	36:43+	44:15+	53:30+	64:14+	70:44+	82:23+	89:49+	96:31+	99:38+	100:19+
05:25+	06:37+	06:37+	05:25+	03:58+	05:06+	03:35+	07:32+	09:15+	10:44+	06:30+	11:39+	07:26+	06:42+	03:07+	00:41+
05:25+	06:37+	06:37+	05:25+	03:58+	05:06+	03:35+	07:32+	09:15+	10:44+	06:30+	11:39+	07:26+	06:42+	03:07+	00:41+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D40

1	Rie Stenhøj Baun Mcgrail	17	51:22																	
03:07=	06:20=	07:58=	11:01=	13:39=	16:16=	19:14=	20:58=	25:10=	27:38=	30:08=	33:53=	36:50=	39:29=	42:06=	43:54=	46:26=	48:32=	49:41=	51:04=	51:22=
03:07=	03:13=	01:38=	03:03=	02:38=	02:37=	02:58=	01:44=	04:12=	02:28=	02:30=	03:45=	02:57=	02:39=	02:37=	01:48=	02:32=	02:06=	01:09=	01:23=	00:18=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Stinne Skammelsen	Ok Pan	52:42																	
03:26+	07:52+	09:28+	12:12+	15:59+	18:35+	21:39+	23:04+	27:42+	30:02+	32:46+	34:52+	37:29+	40:18+	42:40+	44:38+	47:36+	49:38+	50:40+	52:25+	52:42+
03:26+	04:26+	01:36=	02:44=	03:47+	02:36=	03:04+	01:25=	04:38+	02:20=	02:44+	02:06=	02:37=	02:49+	02:22=	01:58+	02:58+	02:02=	01:02=	01:45+	00:17=
00:19#	01:13&	00:02=	00:19=	01:09&	00:01=	00:06+	00:19=	00:26#	00:08=	00:14+	01:39=	00:20=	00:10+	00:15=	00:10+	00:26#	00:04=	00:07=	00:22&	00:01=

3	Katrine Olesen Hinge	Ok Pan	1:07:01																	
08:45+	12:28+	14:29+	18:12+	22:19+	25:19+	28:50+	30:07+	35:36+	38:21+	41:38+	44:00+	47:50+	51:05+	53:53+	56:28+	59:50+	63:50+	65:06+	66:42+	67:01+
08:45+	03:43+	02:01+	03:43+	04:07+	03:00+	03:31+	01:17=	05:29+	02:45+	03:17+	02:22=	03:50+	03:15+	02:48+	02:35+	03:22+	04:00+	01:16+	01:36+	00:19+
05:38@	00:30#	00:23#	00:40#	01:29&	00:23#	00:33#	00:27=	01:17&	00:17#	00:47&	01:23=	00:53&	00:36#	00:11+	00:47&	00:50&	01:54&	00:07#	00:13#	00:01+

4	Marie Filtenborg	17	1:07:50																	
11:40+	15:41+	17:36+	21:05+	24:57+	27:56+	30:56+	32:29+	37:09+	40:02+	43:36+	46:17+	49:52+	54:27+	57:23+	59:36+	62:43+	64:58+	65:56+	67:29+	67:50+
11:40+	04:01+	01:55+	03:29+	03:52+	02:59+	03:00+	01:33=	04:40+	02:53+	03:34+	02:41=	03:35+	04:35+	02:56+	02:13+	03:07+	02:15+	00:58=	01:33+	00:21+
08:33@	00:48#	00:17#	00:26#	01:14&	00:22#	00:02+	00:11=	00:28#	00:25#	01:04&	01:04=	00:38#	01:56&	00:19#	00:25#	00:35#	00:09+	00:11=	00:10#	00:03#

Class	Navn	Klasse	Tid
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D40

5	Elin Jørgensen	2	1:24:38																	
04:55+	10:51+	13:16+	19:08+	24:44+	28:58+	33:20+	35:09+	41:20+	44:51+	49:14+	53:17+	57:15+	64:39+	68:26+	72:46+	77:19+	80:34+	81:56+	84:08+	84:38+
04:55+	05:56+	02:25+	05:52+	05:36+	04:14+	04:22+	01:49+	06:11+	03:31+	04:23+	04:03+	03:58+	07:24+	03:47+	04:20+	04:33+	03:15+	01:22+	02:12+	00:30+
01:48&	02:43&	00:47&	02:49&	02:58@	01:37&	01:24&	00:05+	01:59&	01:03&	01:53&	00:18+	01:01&	04:45@	01:10&	02:32@	02:01&	01:09&	00:13#	00:49&	00:12&
7	Anna Vang Bobach	21	1:27:43																	
17:35+	21:59+	25:03+	29:20+	33:21+	36:52+	40:53+	42:37+	48:17+	52:34+	56:38+	59:49+	63:53+	68:38+	72:50+	76:11+	80:10+	83:34+	84:59+	87:17+	87:43+
17:35+	04:24+	03:04+	04:17+	04:01+	03:31+	04:01+	01:44+	05:40+	04:17+	04:04+	03:11+	04:04+	04:45+	04:12+	03:21+	03:59+	03:24+	01:25+	02:18+	00:26+
17:35+	04:24+	03:04+	04:17+	04:01+	03:31+	04:01+	01:44+	05:40+	04:17+	04:04+	03:11+	04:04+	04:45+	04:12+	03:21+	03:59+	03:24+	01:25+	02:18+	00:26+
8	Bettina Toft Møller Mikkelsen	3	1:29:25																	
08:10+	12:45+	22:04+	26:36+	32:12+	36:18+	40:15+	41:53+	48:43+	52:37+	58:16+	61:18+	65:19+	70:43+	74:11+	78:15+	82:44+	86:07+	87:15+	89:06+	89:25+
08:10+	04:35+	09:19+	04:32+	05:36+	04:06+	03:57+	01:38+	06:50+	03:54+	05:39+	03:02+	04:01+	05:24+	03:28+	04:04+	04:29+	03:23+	01:08+	01:51+	00:19+
08:10+	04:35+	09:19+	04:32+	05:36+	04:06+	03:57+	01:38+	06:50+	03:54+	05:39+	03:02+	04:01+	05:24+	03:28+	04:04+	04:29+	03:23+	01:08+	01:51+	00:19+
10	Anni Sørensen	4	1:37:24																	
06:10+	12:49+	15:50+	21:36+	26:52+	31:47+	37:03+	38:54+	46:36+	51:22+	55:55+	60:13+	65:18+	74:14+	78:44+	82:44+	87:44+	91:11+	93:59+	97:01+	97:24+
06:10+	06:39+	03:01+	05:46+	05:16+	04:55+	05:16+	01:51+	07:42+	04:46+	04:33+	04:18+	05:05+	08:56+	04:30+	04:00+	05:00+	03:27+	02:48+	03:02+	00:23+
06:10+	06:39+	03:01+	05:46+	05:16+	04:55+	05:16+	01:51+	07:42+	04:46+	04:33+	04:18+	05:05+	08:56+	04:30+	04:00+	05:00+	03:27+	02:48+	03:02+	00:23+
12	Maiken Rahbek Thyssen	3	1:41:58																	
21:22+	24:04+	29:19+	34:58+	42:36+	48:16+	49:53+	60:07+	63:12+	67:27+	70:17+	73:44+	79:30+	83:08+	86:51+	92:48+	98:43+	99:47+	101:40+	101:58+	
21:22+	02:42+	05:15+	05:39+	07:38+	05:40+	01:37+	10:14+	03:05+	04:15+	02:50+	03:27+	05:46+	03:38+	03:43+	05:57+	05:55+	01:04+	01:53+	00:18+	
21:22+	02:42+	05:15+	05:39+	07:38+	05:40+	01:37+	10:14+	03:05+	04:15+	02:50+	03:27+	05:46+	03:38+	03:43+	05:57+	05:55+	01:04+	01:53+	00:18+	
13	Hanne Kidmose	22	1:48:02																	
06:17+	22:27+	25:38+	31:35+	38:24+	43:19+	48:15+	50:54+	60:08+	64:37+	69:40+	73:12+	77:20+	84:44+	88:50+	94:42+	100:14+	104:05+	105:24+	107:41+	108:02+
06:17+	16:10+	03:11+	05:57+	06:49+	04:55+	04:56+	02:39+	09:14+	04:29+	05:03+	03:32+	04:08+	07:24+	04:06+	05:52+	05:32+	03:51+	01:19+	02:17+	00:21+
06:17+	16:10+	03:11+	05:57+	06:49+	04:55+	04:56+	02:39+	09:14+	04:29+	05:03+	03:32+	04:08+	07:24+	04:06+	05:52+	05:32+	03:51+	01:19+	02:17+	00:21+
14	Andrea Höhnke	3	1:54:50																	
07:15+	14:03+	17:53+	25:01+	32:14+	39:50+	47:04+	49:24+	58:04+	63:24+	69:59+	74:32+	80:30+	88:43+	94:01+	99:41+	105:36+	109:05+	111:27+	114:28+	114:50+
07:15+	06:48+	03:50+	07:08+	07:13+	07:36+	07:14+	02:20+	08:40+	05:20+	06:35+	04:33+	05:58+	08:13+	05:18+	05:40+	05:55+	03:29+	02:22+	03:01+	00:22+
07:15+	06:48+	03:50+	07:08+	07:13+	07:36+	07:14+	02:20+	08:40+	05:20+	06:35+	04:33+	05:58+	08:13+	05:18+	05:40+	05:55+	03:29+	02:22+	03:01+	00:22+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D45B

1	Runa Iversen	3	1:03:07																	
03:42=	06:59=	15:52=	19:00=	21:54=	24:56=	26:56=	31:25=	35:49=	39:11=	43:09=	50:42=	56:05=	60:23=	62:47=	63:07=					
03:42=	03:17=	08:53=	03:08=	02:54=	03:02=	02:00=	04:29=	04:24=	03:22=	03:58=	07:33=	05:23=	04:18=	02:24=	00:20=					
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=					
2	Britta Hjuler	Ok Pan	1:07:58																	
03:27-	11:50+	16:22+	19:22+	23:16+	26:00+	28:19+	32:25+	37:02+	40:49+	44:56+	54:23+	60:46+	64:56+	67:34+	67:58+					
03:27-	08:23+	04:32-	03:00-	03:54+	02:44-	02:19+	04:06-	04:37+	03:47+	04:07+	09:27+	06:23+	04:10-	02:38+	00:24+					
00:15-	05:06@	04:21-	00:08-	01:00&	00:18-	00:19#	00:23-	00:13+	00:25#	00:09+	01:54&	01:00#	00:08-	00:14+	00:04#					
4	Dorte Bruun	21	1:13:17																	
07:08+	10:07+	14:02-	22:54+	25:33+	29:17+	33:03+	37:18+	42:01+	45:46+	50:20+	57:17+	63:02+	71:08+	72:57+	73:17+					
07:08+	02:59-	03:55-	08:52+	02:39-	03:44+	03:46+	04:15-	04:43+	03:45+	04:34+	06:57-	05:45+	08:06+	01:49-	00:20=					
03:26&	00:18-	04:58-	05:44@	00:15-	00:42#	01:46&	00:14-	00:19+	00:23#	00:36#	00:36-	00:22+	03:48&	00:35-	00:00=					

D45B

5	Lone Secher Andersen	Ok Pan															1:21:18
07:24+	10:24+	14:14-	17:11-	19:53-	32:35+	34:51+	39:05+	44:15+	48:27+	54:38+	67:26+	73:16+	77:12+	80:56+	81:18+		
07:24+	03:00-	03:50-	02:57-	02:42-	12:42+	02:16+	04:14-	05:10+	04:12+	06:11+	12:48+	05:50+	03:56-	03:44+	00:22+		
03:42&	00:17-	05:03-	00:11-	00:12-	09:40@	00:16#	00:15-	00:46#	00:50#	02:13&	05:15&	00:27+	00:22-	01:20&	00:02#		

6	Charlotte Wilsky	3															1:30:24
10:37+	15:33+	19:43+	23:25+	26:33+	30:14+	35:29+	43:48+	49:27+	52:40+	64:47+	78:02+	83:40+	87:44+	89:58+	90:24+		
10:37+	04:56+	04:10+	03:42+	03:08+	03:41+	05:15+	08:19+	05:39+	03:13+	12:07+	13:15+	05:38+	04:04+	02:14+	00:26+		
10:37+	04:56+	04:10+	03:42+	03:08+	03:41+	05:15+	08:19+	05:39+	03:13+	12:07+	13:15+	05:38+	04:04+	02:14+	00:26+		

7	Vibeke Gottlieb	2															1:31:04
08:51+	16:05+	21:59+	27:14+	30:57+	34:25+	37:26+	45:10+	50:44+	60:09+	65:24+	76:16+	82:47+	87:55+	90:37+	91:04+		
08:51+	07:14+	05:54+	05:15+	03:43+	03:28+	03:01+	07:44+	05:34+	09:25+	05:15+	10:52+	06:31+	05:08+	02:42+	00:27+		
08:51+	07:14+	05:54+	05:15+	03:43+	03:28+	03:01+	07:44+	05:34+	09:25+	05:15+	10:52+	06:31+	05:08+	02:42+	00:27+		

8	Lone Munkholm Jørgensen	20															1:32:06
05:15+	16:20+	30:05+	33:29+	37:06+	42:47+	45:27+	51:36+	58:38+	62:46+	69:58+	77:53+	84:01+	89:00+	91:40+	92:06+		
05:15+	11:05+	13:45+	03:24+	03:37+	05:41+	02:40+	06:09+	07:02+	04:08+	07:12+	07:55+	06:08+	04:59+	02:40+	00:26+		
05:15+	11:05+	13:45+	03:24+	03:37+	05:41+	02:40+	06:09+	07:02+	04:08+	07:12+	07:55+	06:08+	04:59+	02:40+	00:26+		

9	Rikke Petersen	13															1:42:20
17:53+	21:06+	25:34+	44:14+	47:28+	51:59+	55:17+	60:33+	66:01+	70:55+	77:06+	86:16+	93:40+	98:51+	101:41+	102:20+		
17:53+	03:13+	04:28+	18:40+	03:14+	04:31+	03:18+	05:16+	05:28+	04:54+	06:11+	09:10+	07:24+	05:11+	02:50+	00:39+		
17:53+	03:13+	04:28+	18:40+	03:14+	04:31+	03:18+	05:16+	05:28+	04:54+	06:11+	09:10+	07:24+	05:11+	02:50+	00:39+		

10	Erna Germann	3															1:43:58
12:36+	15:18+	19:55+	23:25+	27:03+	30:27+	33:21+	61:09+	65:58+	70:46+	81:14+	89:50+	96:39+	101:12+	103:34+	103:58+		
12:36+	02:42+	04:37+	03:30+	03:38+	03:24+	02:54+	27:48+	04:49+	04:48+	10:28+	08:36+	06:49+	04:33+	02:22+	00:24+		
12:36+	02:42+	04:37+	03:30+	03:38+	03:24+	02:54+	27:48+	04:49+	04:48+	10:28+	08:36+	06:49+	04:33+	02:22+	00:24+		

11	Erna Mathiasen	2															2:36:04
10:08+	15:32+	31:20+	67:06+	72:14+	76:59+	81:24+	94:45+	103:03+	109:09+	116:49+	137:58+	146:55+	152:47+	155:17+	156:04+		
10:08+	05:24+	15:48+	35:46+	05:08+	04:45+	04:25+	13:21+	08:18+	06:06+	07:40+	21:09+	08:57+	05:52+	02:30+	00:47+		
10:08+	05:24+	15:48+	35:46+	05:08+	04:45+	04:25+	13:21+	08:18+	06:06+	07:40+	21:09+	08:57+	05:52+	02:30+	00:47+		

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D50

1	Lene Bejer Damgaard	20															50:45
02:59=	04:52=	06:47=	12:54=	14:37=	18:29=	23:18=	28:47=	31:46=	34:30=	37:06=	39:58=	42:38=	45:49=	47:55=	49:43=	50:26=	50:45=
02:59=	01:53=	01:55=	06:07=	01:43=	03:52=	04:49=	05:29=	02:59=	02:44=	02:36=	02:52=	02:40=	03:11=	02:06=	01:48=	00:43=	00:19=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Mette Edsen	6															51:26
03:22+	05:31+	07:39+	13:35+	14:54+	19:14+	24:21+	29:16+	32:24+	35:52+	38:26+	40:42+	43:14+	46:00+	48:11+	50:26+	51:07+	51:26+
03:22+	02:09+	02:08+	05:56-	01:19-	04:20+	05:07+	04:55-	03:08+	03:28+	02:34-	02:16-	02:32-	02:46-	02:11+	02:15+	00:41-	00:19=
00:23#	00:16#	00:13#	00:11-	00:24-	00:28#	00:18+	00:34-	00:09+	00:44&	00:02-	00:36-	00:08-	00:25-	00:05+	00:27#	00:02-	00:00=

3	Heidi Hinge Krogsgaard	17															53:46	
03:17+	05:00+	07:50+	13:33+	15:01+	18:57+	23:51+	28:23-	31:04-	34:13-	38:44+	41:19+	44:14+	46:13+	48:47+	50:38+	52:43+	53:25+	53:46+
03:17+	01:43-	02:50+	05:43-	01:28-	03:56+	04:54+	04:32-	02:41-	03:09+	04:31+	02:35-	02:55+	01:59-	02:34+	01:51+	02:05+	00:42+	00:21+
00:18#	00:10-	00:55&	00:24-	00:15-	00:04+	00:05+	00:57-	00:18-	00:25#	01:55&	00:17-	00:15+	01:12-	00:28#	00:03+	01:22@	00:23@	00:21+

Class	Navn	Klasse										Tid						
D50																		
4	Bettina Gjedde	5										55:13						
03:22+	05:35+	07:34+	14:22+	16:05+	19:58+	25:23+	31:19+	34:47+	38:51+	41:40+	44:36+	47:06+	50:11+	52:22+	54:05+	54:52+	55:13+	
03:22+	02:13+	01:59+	06:48+	01:43=	03:53+	05:25+	05:56+	03:28+	04:04+	02:49+	02:56+	02:30-	03:05-	02:11+	01:43-	00:47+	00:21+	
00:23#	00:20#	00:04+	00:41#	00:00=	00:01+	00:36#	00:27+	00:29#	01:20&	00:13+	00:04+	00:10-	00:06-	00:05+	00:05-	00:04+	00:02#	
5	Irene K. Mikkelsen	3										56:26						
03:04+	05:04+	07:04+	13:06+	14:14+	18:17+	23:23+	28:07+	34:39+	41:49+	44:13+	46:34+	49:02+	51:38+	53:40+	55:29+	56:10+	56:26+	
03:04+	02:00+	02:00+	06:02+	01:08+	04:03+	05:06+	04:44+	06:32+	07:10+	02:24+	02:21+	02:28+	02:36+	02:02+	01:49+	00:41+	00:16+	
03:04+	02:00+	02:00+	06:02+	01:08+	04:03+	05:06+	04:44+	06:32+	07:10+	02:24+	02:21+	02:28+	02:36+	02:02+	01:49+	00:41+	00:16+	
6	Birgitte Halle	22										56:35						
03:26+	07:12+	09:21+	15:32+	17:08+	21:45+	26:27+	31:03+	34:26+	37:36+	39:54+	47:01+	48:58+	51:56+	53:46+	55:39+	56:16+	56:35+	
03:26+	03:46+	02:09+	06:11+	01:36+	04:37+	04:42+	04:36+	03:23+	03:10+	02:18+	07:07+	01:57+	02:58+	01:50+	01:53+	00:37+	00:19+	
03:26+	03:46+	02:09+	06:11+	01:36+	04:37+	04:42+	04:36+	03:23+	03:10+	02:18+	07:07+	01:57+	02:58+	01:50+	01:53+	00:37+	00:19+	
7	Rikke Lysemose	17										57:23						
03:50+	06:35+	15:01+	21:01+	22:20+	26:27+	32:10+	36:33+	39:32+	42:50+	45:12+	47:18+	49:06+	52:16+	54:06+	56:19+	57:06+	57:23+	
03:50+	02:45+	08:26+	06:00+	01:19+	04:07+	05:43+	04:23+	02:59+	03:18+	02:22+	02:06+	01:48+	03:10+	01:50+	02:13+	00:47+	00:17+	
03:50+	02:45+	08:26+	06:00+	01:19+	04:07+	05:43+	04:23+	02:59+	03:18+	02:22+	02:06+	01:48+	03:10+	01:50+	02:13+	00:47+	00:17+	
8	Sannie Ebert Jacobsen	16										58:53						
03:57+	06:51+	09:03+	15:25+	16:52+	20:58+	27:22+	33:13+	37:31+	41:49+	44:59+	47:40+	50:22+	53:29+	55:48+	57:50+	58:36+	58:53+	
03:57+	02:54+	02:12+	06:22+	01:27+	04:06+	06:24+	05:51+	04:18+	04:18+	03:10+	02:41+	02:42+	03:07+	02:19+	02:02+	00:46+	00:17+	
03:57+	02:54+	02:12+	06:22+	01:27+	04:06+	06:24+	05:51+	04:18+	04:18+	03:10+	02:41+	02:42+	03:07+	02:19+	02:02+	00:46+	00:17+	
9	Anette Bagger Sørensen	17										59:20						
07:03+	09:14+	10:59+	16:55+	18:16+	22:04+	32:42+	37:45+	40:33+	43:26+	45:50+	49:11+	51:16+	54:06+	56:06+	58:12+	58:58+	59:20+	
07:03+	02:11+	01:45+	05:56+	01:21+	03:48+	10:38+	05:03+	02:48+	02:53+	02:24+	03:21+	02:05+	02:50+	02:00+	02:06+	00:46+	00:22+	
07:03+	02:11+	01:45+	05:56+	01:21+	03:48+	10:38+	05:03+	02:48+	02:53+	02:24+	03:21+	02:05+	02:50+	02:00+	02:06+	00:46+	00:22+	
10	Lene Stick Nielsen	20										1:00:00						
03:11+	05:47+	08:05+	15:27+	17:27+	22:00+	27:36+	33:29+	37:09+	41:04+	44:12+	46:56+	49:36+	53:29+	55:48+	58:56+	59:40+	60:00+	
03:11+	02:36+	02:18+	07:22+	02:00+	04:33+	05:36+	05:53+	03:40+	03:55+	03:08+	02:44+	02:40+	03:53+	02:19+	03:08+	00:44+	00:20+	
03:11+	02:36+	02:18+	07:22+	02:00+	04:33+	05:36+	05:53+	03:40+	03:55+	03:08+	02:44+	02:40+	03:53+	02:19+	03:08+	00:44+	00:20+	
11	Kirsten Hald Holdensen	13										1:01:18						
04:02+	06:20+	10:04+	17:20+	19:17+	23:57+	29:33+	35:34+	38:51+	42:45+	45:41+	49:00+	52:07+	55:45+	58:07+	60:14+	60:59+	61:18+	
04:02+	02:18+	03:44+	07:16+	01:57+	04:40+	05:36+	06:01+	03:17+	03:54+	02:56+	03:19+	03:07+	03:38+	02:22+	02:07+	00:45+	00:19+	
04:02+	02:18+	03:44+	07:16+	01:57+	04:40+	05:36+	06:01+	03:17+	03:54+	02:56+	03:19+	03:07+	03:38+	02:22+	02:07+	00:45+	00:19+	
12	Ann Dissing	13										1:05:35						
04:04+	06:55+	11:31+	19:50+	21:54+	27:40+	33:50+	39:36+	43:03+	46:40+	49:37+	52:56+	56:38+	59:53+	62:17+	64:25+	65:13+	65:35+	
04:04+	02:51+	04:36+	08:19+	02:04+	05:46+	06:10+	05:46+	03:27+	03:37+	02:57+	03:19+	03:42+	03:15+	02:24+	02:08+	00:48+	00:22+	
04:04+	02:51+	04:36+	08:19+	02:04+	05:46+	06:10+	05:46+	03:27+	03:37+	02:57+	03:19+	03:42+	03:15+	02:24+	02:08+	00:48+	00:22+	
13	Mette Ellegaard Kokholm	3										1:07:29						
03:59+	06:28+	09:27+	16:21+	17:59+	22:08+	33:44+	40:41+	44:19+	47:50+	51:54+	55:05+	57:42+	61:09+	63:26+	66:10+	67:03+	67:29+	
03:59+	02:29+	02:59+	06:54+	01:38+	04:09+	11:36+	06:57+	03:38+	03:31+	04:04+	03:11+	02:37+	03:27+	02:17+	02:44+	00:53+	00:26+	
03:59+	02:29+	02:59+	06:54+	01:38+	04:09+	11:36+	06:57+	03:38+	03:31+	04:04+	03:11+	02:37+	03:27+	02:17+	02:44+	00:53+	00:26+	
15	Anette Pind	17										1:08:19						
05:08+	12:02+	14:40+	22:26+	24:06+	29:51+	35:39+	41:41+	44:59+	48:25+	53:00+	56:10+	59:07+	62:17+	64:26+	67:14+	67:58+	68:19+	
05:08+	06:54+	02:38+	07:46+	01:40+	05:45+	05:48+	06:02+	03:18+	03:26+	04:35+	03:10+	02:57+	03:10+	02:09+	02:48+	00:44+	00:21+	
05:08+	06:54+	02:38+	07:46+	01:40+	05:45+	05:48+	06:02+	03:18+	03:26+	04:35+	03:10+	02:57+	03:10+	02:09+	02:48+	00:44+	00:21+	
16	Dorte Jenny Bak	21										1:09:56						
04:09+	06:24+	08:48+	15:47+	17:32+	22:36+	28:35+	34:16+	38:04+	41:45+	45:48+	48:51+	51:32+	62:19+	64:40+	68:45+	69:37+	69:56+	
04:09+	02:15+	02:24+	06:59+	01:45+	05:04+	05:59+	05:41+	03:48+	03:41+	04:03+	03:03+	02:41+	10:47+	02:21+	04:05+	00:52+	00:19+	
04:09+	02:15+	02:24+	06:59+	01:45+	05:04+	05:59+	05:41+	03:48+	03:41+	04:03+	03:03+	02:41+	10:47+	02:21+	04:05+	00:52+	00:19+	

D50

17	Helle Nikkel	20	1:12:04														
04:17+	06:50+	09:28+	17:15+	19:35+	24:33+	30:40+	36:59+	40:53+	44:35+	48:39+	52:05+	55:49+	64:27+	67:06+	70:40+	71:38+	72:04+
04:17+	02:33+	02:38+	07:47+	02:20+	04:58+	06:07+	06:19+	03:54+	03:42+	04:04+	03:26+	03:44+	08:38+	02:39+	03:34+	00:58+	00:26+
04:17+	02:33+	02:38+	07:47+	02:20+	04:58+	06:07+	06:19+	03:54+	03:42+	04:04+	03:26+	03:44+	08:38+	02:39+	03:34+	00:58+	00:26+
18	Minna Hald Andersen	16	1:21:00														
06:50+	14:54+	17:48+	24:25+	25:52+	31:48+	38:59+	44:34+	48:59+	59:12+	63:35+	67:12+	70:34+	74:01+	76:42+	79:51+	80:37+	81:00+
06:50+	08:04+	02:54+	06:37+	01:27+	05:56+	07:11+	05:35+	04:25+	10:13+	04:23+	03:37+	03:22+	03:27+	02:41+	03:09+	00:46+	00:23+
06:50+	08:04+	02:54+	06:37+	01:27+	05:56+	07:11+	05:35+	04:25+	10:13+	04:23+	03:37+	03:22+	03:27+	02:41+	03:09+	00:46+	00:23+
19	Mette Voldum Jørgensen	17	1:23:33														
05:39+	08:23+	12:21+	20:40+	23:00+	29:53+	39:33+	48:25+	53:49+	59:07+	62:53+	66:39+	70:39+	75:45+	79:28+	82:05+	83:08+	83:33+
05:39+	02:44+	03:58+	08:19+	02:20+	06:53+	09:40+	08:52+	05:24+	05:18+	03:46+	03:46+	04:00+	05:06+	03:43+	02:37+	01:03+	00:25+
05:39+	02:44+	03:58+	08:19+	02:20+	06:53+	09:40+	08:52+	05:24+	05:18+	03:46+	03:46+	04:00+	05:06+	03:43+	02:37+	01:03+	00:25+
20	Helle Petersen	2	1:24:40														
05:38+	08:26+	11:41+	21:01+	22:47+	28:03+	35:30+	42:16+	48:52+	65:04+	68:55+	71:45+	74:49+	79:04+	81:27+	83:35+	84:22+	84:40+
05:38+	02:48+	03:15+	09:20+	01:46+	05:16+	07:27+	06:46+	06:36+	16:12+	03:51+	02:50+	03:04+	04:15+	02:23+	02:08+	00:47+	00:18+
05:38+	02:48+	03:15+	09:20+	01:46+	05:16+	07:27+	06:46+	06:36+	16:12+	03:51+	02:50+	03:04+	04:15+	02:23+	02:08+	00:47+	00:18+
21	Helle Svenningsen	22	1:28:07														
06:18+	09:45+	12:57+	23:07+	25:18+	33:30+	42:43+	50:04+	55:29+	60:20+	64:52+	69:00+	73:13+	79:10+	83:26+	86:23+	87:39+	88:07+
06:18+	03:27+	03:12+	10:10+	02:11+	08:12+	09:13+	07:21+	05:25+	04:51+	04:32+	04:08+	04:13+	05:57+	04:16+	02:57+	01:16+	00:28+
06:18+	03:27+	03:12+	10:10+	02:11+	08:12+	09:13+	07:21+	05:25+	04:51+	04:32+	04:08+	04:13+	05:57+	04:16+	02:57+	01:16+	00:28+
22	Lajla Præstgaard	5	1:29:19														
07:55+	10:53+	17:13+	27:10+	28:47+	34:08+	41:30+	51:16+	56:07+	69:32+	72:26+	76:10+	79:00+	83:00+	85:38+	87:59+	88:54+	89:19+
07:55+	02:58+	06:20+	09:57+	01:37+	05:21+	07:22+	09:46+	04:51+	13:25+	02:54+	03:44+	02:50+	04:00+	02:38+	02:21+	00:55+	00:25+
07:55+	02:58+	06:20+	09:57+	01:37+	05:21+	07:22+	09:46+	04:51+	13:25+	02:54+	03:44+	02:50+	04:00+	02:38+	02:21+	00:55+	00:25+
23	Hanne Gylling	22	1:35:09														
05:31+	08:31+	19:59+	28:45+	30:28+	38:39+	52:13+	59:12+	67:17+	71:40+	75:17+	79:14+	82:37+	87:09+	91:16+	93:19+	94:47+	95:09+
05:31+	03:00+	11:28+	08:46+	01:43+	08:11+	13:34+	06:59+	08:05+	04:23+	03:37+	03:57+	03:23+	04:32+	04:07+	02:03+	01:28+	00:22+
05:31+	03:00+	11:28+	08:46+	01:43+	08:11+	13:34+	06:59+	08:05+	04:23+	03:37+	03:57+	03:23+	04:32+	04:07+	02:03+	01:28+	00:22+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D60

1	Dorthe Hansen	17	41:32												
03:28=	05:52=	07:24=	12:36=	16:41=	21:14=	24:42=	26:56=	28:54=	30:33=	34:25=	36:26=	38:27=	40:25=	41:09=	41:32=
03:28=	02:24=	01:32=	05:12=	04:05=	04:33=	03:28=	02:14=	01:58=	01:39=	03:52=	02:01=	02:01=	01:58=	00:44=	00:23=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Dorte Filskov	21	42:43												
03:08-	05:09-	06:21-	11:07-	14:58-	20:01-	23:27-	27:29+	29:31+	31:02+	35:12+	37:11+	39:08+	41:40+	42:23+	42:43+
03:08-	02:01-	01:12-	04:46-	03:51-	05:03+	03:26-	04:02+	02:02+	01:31-	04:10+	01:59-	01:57-	02:32+	00:43-	00:20-
00:20-	00:23-	00:20-	00:26-	00:14-	00:30#	00:02-	01:48&	00:04+	00:08-	00:18+	00:02-	00:04-	00:34&	00:01-	00:03-
3	Britta Ank Pedersen	3	42:49												
04:45+	08:48+	10:10+	14:30+	18:18+	23:02+	26:30+	28:31+	30:38+	32:17+	36:04+	38:07+	40:04+	41:51+	42:31+	42:49+
04:45+	04:03+	01:22-	04:20-	03:48-	04:44+	03:28=	02:01-	02:07+	01:39=	03:47-	02:03+	01:57-	01:47-	00:40-	00:18-
01:17&	01:39&	00:10-	00:52-	00:17-	00:11+	00:00=	00:13-	00:09+	00:00=	00:05-	00:02+	00:04-	00:11-	00:04-	00:05-

Class	Navn	Klasse													Tid	
D60																
4	Britt Hermanrud	17													43:10	
	03:12-	05:15-	06:39-	11:34-	15:37-	20:59-	24:45+	26:59+	29:20+	31:30+	35:42+	37:56+	39:59+	42:03+	42:47+	43:10+
	03:12-	02:03-	01:24-	04:55-	04:03-	05:22+	03:46+	02:14=	02:21+	02:10+	04:12+	02:14+	02:03+	02:04+	00:44=	00:23=
	00:16-	00:21-	00:08-	00:17-	00:02-	00:49#	00:18+	00:00=	00:23#	00:31&	00:20+	00:13#	00:02+	00:06+	00:00=	00:00=
5	Inga Jager	17													47:48	
	06:44+	10:33+	12:07+	16:19+	19:51+	24:31+	27:44+	30:13+	32:38+	34:21+	37:59+	41:14+	43:32+	46:44+	47:27+	47:48+
	06:44+	03:49+	01:34+	04:12+	03:32+	04:40+	03:13+	02:29+	02:25+	01:43+	03:38+	03:15+	02:18+	03:12+	00:43+	00:21+
	06:44+	03:49+	01:34+	04:12+	03:32+	04:40+	03:13+	02:29+	02:25+	01:43+	03:38+	03:15+	02:18+	03:12+	00:43+	00:21+
6	Susanne Baun	3													51:26	
	04:32+	07:25+	09:16+	14:42+	19:19+	24:35+	28:59+	32:00+	35:21+	37:41+	42:23+	45:01+	47:31+	50:14+	51:05+	51:26+
	04:32+	02:53+	01:51+	05:26+	04:37+	05:16+	04:24+	03:01+	03:21+	02:20+	04:42+	02:38+	02:30+	02:43+	00:51+	00:21+
	04:32+	02:53+	01:51+	05:26+	04:37+	05:16+	04:24+	03:01+	03:21+	02:20+	04:42+	02:38+	02:30+	02:43+	00:51+	00:21+
7	Kirsten Elisabet Andersen	4													54:03	
	04:53+	07:35+	11:05+	16:41+	20:49+	26:37+	30:52+	34:40+	37:20+	39:26+	45:51+	48:33+	50:55+	52:58+	53:45+	54:03+
	04:53+	02:42+	03:30+	05:36+	04:08+	05:48+	04:15+	03:48+	02:40+	02:06+	06:25+	02:42+	02:22+	02:03+	00:47+	00:18+
	04:53+	02:42+	03:30+	05:36+	04:08+	05:48+	04:15+	03:48+	02:40+	02:06+	06:25+	02:42+	02:22+	02:03+	00:47+	00:18+
8	Pia Gade	20													54:21	
	04:21+	07:32+	09:23+	14:54+	19:53+	26:15+	30:59+	34:01+	37:08+	40:07+	45:09+	48:14+	50:51+	53:13+	53:58+	54:21+
	04:21+	03:11+	01:51+	05:31+	04:59+	06:22+	04:44+	03:02+	03:07+	02:59+	05:02+	03:05+	02:37+	02:22+	00:45+	00:23+
	04:21+	03:11+	01:51+	05:31+	04:59+	06:22+	04:44+	03:02+	03:07+	02:59+	05:02+	03:05+	02:37+	02:22+	00:45+	00:23+
9	Karin Wæhrens	13													54:47	
	04:05+	07:54+	10:13+	15:15+	21:05+	26:10+	32:58+	35:50+	41:02+	43:04+	46:45+	49:08+	51:15+	53:49+	54:29+	54:47+
	04:05+	03:49+	02:19+	05:02+	05:50+	05:05+	06:48+	02:52+	05:12+	02:02+	03:41+	02:23+	02:07+	02:34+	00:40+	00:18+
	04:05+	03:49+	02:19+	05:02+	05:50+	05:05+	06:48+	02:52+	05:12+	02:02+	03:41+	02:23+	02:07+	02:34+	00:40+	00:18+
10	Pia Hejlskov Mogensen	5													57:29	
	09:09+	11:26+	12:50+	20:58+	25:32+	30:52+	34:50+	37:28+	39:38+	41:19+	48:27+	50:50+	53:31+	56:17+	57:05+	57:29+
	09:09+	02:17+	01:24+	08:08+	04:34+	05:20+	03:58+	02:38+	02:10+	01:41+	07:08+	02:23+	02:41+	02:46+	00:48+	00:24+
	09:09+	02:17+	01:24+	08:08+	04:34+	05:20+	03:58+	02:38+	02:10+	01:41+	07:08+	02:23+	02:41+	02:46+	00:48+	00:24+
11	Susanne Karlshøj	6													59:51	
	08:05+	10:46+	12:43+	17:48+	22:54+	29:49+	37:49+	41:47+	44:18+	46:12+	50:51+	53:21+	55:46+	58:36+	59:29+	59:51+
	08:05+	02:41+	01:57+	05:05+	05:06+	06:55+	08:00+	03:58+	02:31+	01:54+	04:39+	02:30+	02:25+	02:50+	00:53+	00:22+
	08:05+	02:41+	01:57+	05:05+	05:06+	06:55+	08:00+	03:58+	02:31+	01:54+	04:39+	02:30+	02:25+	02:50+	00:53+	00:22+
12	Nelly Skammelsen	17													1:02:18	
	04:48+	07:38+	09:47+	17:21+	23:28+	29:54+	35:38+	39:20+	42:53+	46:31+	52:08+	55:30+	58:14+	61:01+	61:55+	62:18+
	04:48+	02:50+	02:09+	07:34+	06:07+	06:26+	05:44+	03:42+	03:33+	03:38+	05:37+	03:22+	02:44+	02:47+	00:54+	00:23+
	04:48+	02:50+	02:09+	07:34+	06:07+	06:26+	05:44+	03:42+	03:33+	03:38+	05:37+	03:22+	02:44+	02:47+	00:54+	00:23+
13	Bodil Schulz	2													1:02:39	
	03:09+	18:52+	20:44+	25:56+	30:31+	38:16+	44:08+	46:42+	49:06+	51:16+	55:15+	57:46+	59:49+	61:33+	62:19+	62:39+
	03:09+	15:43+	01:52+	05:12+	04:35+	07:45+	05:52+	02:34+	02:24+	02:10+	03:59+	02:31+	02:03+	01:44+	00:46+	00:20+
	03:09+	15:43+	01:52+	05:12+	04:35+	07:45+	05:52+	02:34+	02:24+	02:10+	03:59+	02:31+	02:03+	01:44+	00:46+	00:20+
14	Susanne Høiberg	17													1:03:13	
	06:27+	09:25+	11:25+	19:58+	25:24+	34:05+	38:33+	41:43+	44:47+	47:09+	52:45+	55:48+	59:02+	61:45+	62:58+	63:13+
	06:27+	02:58+	02:00+	08:33+	05:26+	08:41+	04:28+	03:10+	03:04+	02:22+	05:36+	03:03+	03:14+	02:43+	01:13+	00:15+
	06:27+	02:58+	02:00+	08:33+	05:26+	08:41+	04:28+	03:10+	03:04+	02:22+	05:36+	03:03+	03:14+	02:43+	01:13+	00:15+
15	Tove Straarup	3													1:04:09	
	03:59+	06:50+	09:16+	18:04+	23:22+	28:58+	42:05+	45:03+	47:32+	49:35+	55:11+	57:48+	60:38+	62:46+	63:45+	64:09+
	03:59+	02:51+	02:26+	08:48+	05:18+	05:36+	13:07+	02:58+	02:29+	02:03+	05:36+	02:37+	02:50+	02:08+	00:59+	00:24+
	03:59+	02:51+	02:26+	08:48+	05:18+	05:36+	13:07+	02:58+	02:29+	02:03+	05:36+	02:37+	02:50+	02:08+	00:59+	00:24+

D60

16	Vibeke Jørgensen	Ok Pan	1:04:10												
04:11+	07:03+	09:21+	16:26+	26:21+	34:22+	39:22+	42:47+	45:46+	48:20+	53:40+	56:53+	59:47+	62:41+	63:41+	64:10+
04:11+	02:52+	02:18+	07:05+	09:55+	08:01+	05:00+	03:25+	02:59+	02:34+	05:20+	03:13+	02:54+	02:54+	01:00+	00:29+
04:11+	02:52+	02:18+	07:05+	09:55+	08:01+	05:00+	03:25+	02:59+	02:34+	05:20+	03:13+	02:54+	02:54+	01:00+	00:29+

17	Hanne H. Poulsen	5	1:10:22												
09:34+	14:00+	20:56+	27:35+	32:24+	39:57+	44:35+	49:41+	52:44+	55:02+	59:47+	63:25+	66:04+	68:41+	70:01+	70:22+
09:34+	04:26+	06:56+	06:39+	04:49+	07:33+	04:38+	05:06+	03:03+	02:18+	04:45+	03:38+	02:39+	02:37+	01:20+	00:21+
09:34+	04:26+	06:56+	06:39+	04:49+	07:33+	04:38+	05:06+	03:03+	02:18+	04:45+	03:38+	02:39+	02:37+	01:20+	00:21+

18	Annette Møller	6	1:21:19												
08:34+	11:21+	14:26+	22:12+	32:56+	43:37+	48:13+	52:35+	56:15+	59:35+	68:52+	72:39+	75:30+	79:58+	80:53+	81:19+
08:34+	02:47+	03:05+	07:46+	10:44+	10:41+	04:36+	04:22+	03:40+	03:20+	09:17+	03:47+	02:51+	04:28+	00:55+	00:26+
08:34+	02:47+	03:05+	07:46+	10:44+	10:41+	04:36+	04:22+	03:40+	03:20+	09:17+	03:47+	02:51+	04:28+	00:55+	00:26+

19	Lone Marianne Jensen	6	1:21:54												
04:17+	28:52+	31:11+	37:48+	50:06+	57:48+	61:05+	64:03+	66:21+	71:24+	74:18+	77:07+	80:28+	81:23+	81:54+	
04:17+	24:35+	02:19+	06:37+	05:48+	06:30+	07:42+	03:17+	02:58+	02:18+	05:03+	02:54+	02:49+	03:21+	00:55+	00:31+
04:17+	24:35+	02:19+	06:37+	05:48+	06:30+	07:42+	03:17+	02:58+	02:18+	05:03+	02:54+	02:49+	03:21+	00:55+	00:31+

20	Lone Dybdal	22	1:23:55												
10:43+	24:29+	27:00+	33:08+	37:45+	52:42+	58:19+	61:36+	64:48+	67:10+	73:38+	76:24+	80:04+	82:18+	83:20+	83:55+
10:43+	13:46+	02:31+	06:08+	04:37+	14:57+	05:37+	03:17+	03:12+	02:22+	06:28+	02:46+	03:40+	02:14+	01:02+	00:35+
10:43+	13:46+	02:31+	06:08+	04:37+	14:57+	05:37+	03:17+	03:12+	02:22+	06:28+	02:46+	03:40+	02:14+	01:02+	00:35+

21	Inge Løvig Pedersen	4	1:25:27												
03:40+	36:41+	42:38+	47:48+	53:04+	59:27+	63:37+	66:44+	69:14+	71:29+	76:50+	79:23+	81:43+	84:10+	85:07+	85:27+
03:40+	33:01+	05:57+	05:10+	05:16+	06:23+	04:10+	03:07+	02:30+	02:15+	05:21+	02:33+	02:20+	02:27+	00:57+	00:20+
03:40+	33:01+	05:57+	05:10+	05:16+	06:23+	04:10+	03:07+	02:30+	02:15+	05:21+	02:33+	02:20+	02:27+	00:57+	00:20+

22	Kirsten Kjær Andersen	16	1:30:55											
02:55+	05:10+	14:34+	23:47+	37:40+	42:35+	52:32+	55:54+	60:39+	69:55+	73:17+	76:17+	80:21+	81:22+	81:44+
02:55+	02:15+	09:24+	09:13+	13:53+	04:55+	09:57+	03:22+	04:45+	09:16+	03:22+	03:00+	04:04+	01:01+	00:22+
02:55+	02:15+	09:24+	09:13+	13:53+	04:55+	09:57+	03:22+	04:45+	09:16+	03:22+	03:00+	04:04+	01:01+	00:22+

24	Bente Østergaard	5	1:39:58												
09:29+	18:15+	28:40+	36:30+	44:18+	56:40+	63:19+	69:43+	73:51+	77:33+	86:48+	90:49+	94:03+	97:45+	99:18+	99:58+
09:29+	08:46+	10:25+	07:50+	07:48+	12:22+	06:39+	06:24+	04:08+	03:42+	09:15+	04:01+	03:14+	03:42+	01:33+	00:40+
09:29+	08:46+	10:25+	07:50+	07:48+	12:22+	06:39+	06:24+	04:08+	03:42+	09:15+	04:01+	03:14+	03:42+	01:33+	00:40+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D70

1	Ann Dorrit Hansen	14	46:48									
04:30=	10:39=	13:51=	16:09=	18:16=	25:51=	30:36=	33:54=	39:24=	43:49=	45:20=	46:19=	46:48=
04:30=	06:09=	03:12=	02:18=	02:07=	07:35=	04:45=	03:18=	05:30=	04:25=	01:31=	00:59=	00:29=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Lisbet Sortkjær	17	47:45									
06:38+	12:03+	14:35+	16:55+	19:00+	26:25+	31:19+	35:24+	40:44+	44:48+	46:15+	47:20+	47:45+
06:38+	05:25-	02:32-	02:20+	02:05-	07:25-	04:54+	04:05+	05:20-	04:04-	01:27-	01:05+	00:25-
02:08&	00:44-	00:40-	00:02+	00:02-	00:10-	00:09+	00:47#	00:10-	00:21-	00:04-	00:06#	00:04-

Class	Navn	Klasse										Tid
D70												
3	Jane Thode Jensen	6										47:56
04:30=	10:10-	12:33-	16:35+	18:26+	25:27-	32:49+	35:37+	40:22+	44:41+	46:28+	47:35+	47:56+
04:30=	05:40-	02:23-	04:02+	01:51-	07:01-	07:22+	02:48-	04:45-	04:19-	01:47+	01:07+	00:21-
00:00=	00:29-	00:49-	01:44&	00:16-	00:34-	02:37&	00:30-	00:45-	00:06-	00:16#	00:08#	00:08-
4	Mona Nørgaard	Ok Pan										49:13
07:36+	13:46+	16:40+	18:48+	20:46+	27:26+	32:24+	35:33+	41:24+	45:55+	47:38+	48:41+	49:13+
07:36+	06:10+	02:54+	02:08+	01:58+	06:40+	04:58+	03:09+	05:51+	04:31+	01:43+	01:03+	00:32+
07:36+	06:10+	02:54+	02:08+	01:58+	06:40+	04:58+	03:09+	05:51+	04:31+	01:43+	01:03+	00:32+
5	Anni Jensen	2										49:20
07:43+	14:52+	17:14+	19:57+	21:58+	29:31+	33:43+	37:22+	42:21+	46:31+	47:46+	48:52+	49:20+
07:43+	07:09+	02:22+	02:43+	02:01+	07:33+	04:12+	03:39+	04:59+	04:10+	01:15+	01:06+	00:28+
07:43+	07:09+	02:22+	02:43+	02:01+	07:33+	04:12+	03:39+	04:59+	04:10+	01:15+	01:06+	00:28+
6	Birthe Helms	17										49:33
05:51+	11:41+	14:29+	16:41+	19:50+	26:41+	32:24+	36:12+	42:26+	47:00+	48:25+	49:13+	49:33+
05:51+	05:50+	02:48+	02:12+	03:09+	06:51+	05:43+	03:48+	06:14+	04:34+	01:25+	00:48+	00:20+
05:51+	05:50+	02:48+	02:12+	03:09+	06:51+	05:43+	03:48+	06:14+	04:34+	01:25+	00:48+	00:20+
7	Vibeke Vogelius	17										50:08
04:46+	10:59+	14:09+	16:27+	18:19+	25:45+	32:13+	36:08+	42:11+	46:52+	48:21+	49:39+	50:08+
04:46+	06:13+	03:10+	02:18+	01:52+	07:26+	06:28+	03:55+	06:03+	04:41+	01:29+	01:18+	00:29+
04:46+	06:13+	03:10+	02:18+	01:52+	07:26+	06:28+	03:55+	06:03+	04:41+	01:29+	01:18+	00:29+
8	Susanne Gasbjerg	17										52:21
06:26+	11:40+	15:39+	17:48+	20:06+	27:19+	31:48+	36:14+	41:35+	49:15+	51:00+	51:56+	52:21+
06:26+	05:14+	03:59+	02:09+	02:18+	07:13+	04:29+	04:26+	05:21+	07:40+	01:45+	00:56+	00:25+
06:26+	05:14+	03:59+	02:09+	02:18+	07:13+	04:29+	04:26+	05:21+	07:40+	01:45+	00:56+	00:25+
9	Edith Sørensen	21										54:40
07:29+	14:25+	17:15+	19:34+	22:01+	30:34+	36:11+	40:26+	45:54+	50:52+	52:53+	54:06+	54:40+
07:29+	06:56+	02:50+	02:19+	02:27+	08:33+	05:37+	04:15+	05:28+	04:58+	02:01+	01:13+	00:34+
07:29+	06:56+	02:50+	02:19+	02:27+	08:33+	05:37+	04:15+	05:28+	04:58+	02:01+	01:13+	00:34+
10	Rigmor Schou	5										57:55
04:34+	09:31+	11:46+	16:51+	25:12+	31:17+	35:12+	37:49+	41:51+	54:13+	56:36+	57:30+	57:55+
04:34+	04:57+	02:15+	05:05+	08:21+	06:05+	03:55+	02:37+	04:02+	12:22+	02:23+	00:54+	00:25+
04:34+	04:57+	02:15+	05:05+	08:21+	06:05+	03:55+	02:37+	04:02+	12:22+	02:23+	00:54+	00:25+
11	Birthe Worm	22										1:00:44
09:18+	18:00+	20:43+	23:26+	26:45+	35:48+	41:43+	46:02+	51:38+	57:39+	59:06+	60:14+	60:44+
09:18+	08:42+	02:43+	02:43+	03:19+	09:03+	05:55+	04:19+	05:36+	06:01+	01:27+	01:08+	00:30+
09:18+	08:42+	02:43+	02:43+	03:19+	09:03+	05:55+	04:19+	05:36+	06:01+	01:27+	01:08+	00:30+
12	Ansa Maclassen	16										1:02:33
06:29+	15:09+	18:32+	21:32+	25:08+	34:36+	40:20+	44:53+	51:51+	58:09+	60:22+	61:58+	62:33+
06:29+	08:40+	03:23+	03:00+	03:36+	09:28+	05:44+	04:33+	06:58+	06:18+	02:13+	01:36+	00:35+
06:29+	08:40+	03:23+	03:00+	03:36+	09:28+	05:44+	04:33+	06:58+	06:18+	02:13+	01:36+	00:35+
13	Ellen Thomsen	13										1:09:19
08:00+	18:07+	21:47+	26:04+	28:44+	39:41+	45:36+	51:23+	58:05+	64:17+	67:12+	68:39+	69:19+
08:00+	10:07+	03:40+	04:17+	02:40+	10:57+	05:55+	05:47+	06:42+	06:12+	02:55+	01:27+	00:40+
08:00+	10:07+	03:40+	04:17+	02:40+	10:57+	05:55+	05:47+	06:42+	06:12+	02:55+	01:27+	00:40+
14	Anne-Mette Kirkegaard	17										1:09:40
07:04+	15:52+	19:05+	21:42+	23:57+	39:35+	45:29+	53:46+	60:39+	66:01+	67:54+	69:13+	69:40+
07:04+	08:48+	03:13+	02:37+	02:15+	15:38+	05:54+	08:17+	06:53+	05:22+	01:53+	01:19+	00:27+
07:04+	08:48+	03:13+	02:37+	02:15+	15:38+	05:54+	08:17+	06:53+	05:22+	01:53+	01:19+	00:27+

Class	Navn	Klasse	Tid
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D70

15 Aase Thyssen 3 1:09:57

07:32+	20:21+	24:36+	28:23+	32:13+	42:22+	48:44+	53:48+	60:06+	66:34+	68:12+	69:28+	69:57+
07:32+	12:49+	04:15+	03:47+	03:50+	10:09+	06:22+	05:04+	06:18+	06:28+	01:38+	01:16+	00:29+
07:32+	12:49+	04:15+	03:47+	03:50+	10:09+	06:22+	05:04+	06:18+	06:28+	01:38+	01:16+	00:29+

16 Birgit Rasmussen 22 1:37:35

14:20+	33:19+	36:50+	42:06+	46:54+	62:58+	70:20+	75:36+	83:59+	93:19+	95:19+	96:51+	97:35+
14:20+	18:59+	03:31+	05:16+	04:48+	16:04+	07:22+	05:16+	08:23+	09:20+	02:00+	01:32+	00:44+
14:20+	18:59+	03:31+	05:16+	04:48+	16:04+	07:22+	05:16+	08:23+	09:20+	02:00+	01:32+	00:44+

17 Jytte Larsen 17 1:40:30

22:22+	34:47+	38:53+	41:59+	47:20+	62:51+	68:49+	79:27+	87:22+	95:25+	97:06+	99:24+	100:30+
22:22+	12:25+	04:06+	03:06+	05:21+	15:31+	05:58+	10:38+	07:55+	08:03+	01:41+	02:18+	01:06+
22:22+	12:25+	04:06+	03:06+	05:21+	15:31+	05:58+	10:38+	07:55+	08:03+	01:41+	02:18+	01:06+

18 Jane H. Håkansson 16 1:44:03

22:47+	34:17+	39:10+	44:53+	48:36+	61:59+	72:22+	79:14+	89:56+	98:04+	101:36+	103:15+	104:03+
22:47+	11:30+	04:53+	05:43+	03:43+	13:23+	10:23+	06:52+	10:42+	08:08+	03:32+	01:39+	00:48+
22:47+	11:30+	04:53+	05:43+	03:43+	13:23+	10:23+	06:52+	10:42+	08:08+	03:32+	01:39+	00:48+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D-Let

1 Kirstine Madsen Ladekarl Ok Pan 35:34

01:05=	02:51=	07:04=	08:52=	10:25=	14:04=	15:30=	18:18=	21:43=	22:42=	27:12=	30:52=	33:04=	33:54=	35:11=	35:34=
01:05=	01:46=	04:13=	01:48=	01:33=	03:39=	01:26=	02:48=	03:25=	00:59=	04:30=	03:40=	02:12=	00:50=	01:17=	00:23=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2 Anni Østergaard 5 38:39

01:30+	03:31+	08:21+	10:12+	12:03+	15:43+	18:06+	21:09+	24:24+	25:23+	30:03+	34:09+	36:13+	37:06+	38:18+	38:39+
01:30+	02:01+	04:50+	01:51+	01:51+	03:40+	02:23+	03:03+	03:15-	00:59=	04:40+	04:06+	02:04-	00:53+	01:12-	00:21-
00:25&	00:15#	00:37#	00:03+	00:18#	00:01+	00:57&	00:15+	00:10-	00:00=	00:10+	00:26#	00:08-	00:03+	00:05-	00:02-

3 Lise Halkjær Ok Pan 39:32

01:16+	03:18+	07:54+	10:15+	11:55+	15:10+	16:39+	20:02+	26:04+	26:57+	31:23+	35:05+	37:02+	38:00+	39:07+	39:32+
01:16+	02:02+	04:36+	02:21+	01:40+	03:15-	01:29+	03:23+	06:02+	00:53-	04:26-	03:42+	01:57-	00:58+	01:07-	00:25+
00:11#	00:16#	00:23+	00:33&	00:07+	00:24-	00:03+	00:35#	02:37&	00:06-	00:04-	00:02+	00:15-	00:08#	00:10-	00:02+

4 Mildred Hansen 2 40:39

01:25+	03:42+	08:51+	11:49+	13:35+	17:20+	19:10+	22:05+	26:04+	27:25+	31:28+	35:44+	38:03+	39:00+	40:10+	40:39+
01:25+	02:17+	05:09+	02:58+	01:46+	03:45+	01:50+	02:55+	03:59+	01:21+	04:03-	04:16+	02:19+	00:57+	01:10-	00:29+
00:20&	00:31&	00:56#	01:10&	00:13#	00:06+	00:24&	00:07+	00:34#	00:22&	00:27-	00:36#	00:07+	00:07#	00:07-	00:06&

5 Malene Østerballe Laursen 4 41:00

01:06+	03:39+	07:40+	09:38+	11:25+	15:59+	18:08+	20:47+	26:24+	27:37+	32:19+	36:08+	38:13+	39:01+	40:24+	41:00+
01:06+	02:33+	04:01-	01:58+	01:47+	04:34+	02:09+	02:39-	05:37+	01:13+	04:42+	03:49+	02:05-	00:48-	01:23+	00:36+
00:01+	00:47&	00:12-	00:10+	00:14#	00:55&	00:43&	00:09-	02:12&	00:14#	00:12+	00:09+	00:07-	00:02-	00:06+	00:13&

6 Lene Nedergaard Petersen Ok Pan 41:04

01:11+	03:08+	08:24+	10:30+	13:36+	17:27+	19:12+	22:40+	26:17+	27:35+	32:36+	36:25+	38:35+	39:27+	40:42+	41:04+
01:11+	01:57+	05:16+	02:06+	03:06+	03:51+	01:45+	03:28+	03:37+	01:18+	05:01+	03:49+	02:10-	00:52+	01:15-	00:22-
00:06+	00:11#	01:03#	00:18#	01:33&	00:12+	00:19#	00:40#	00:12+	00:19&	00:31#	00:09+	00:02-	00:02+	00:02-	00:01-

D-Let

7	Ditte Raabjerg Mogensen	5	44:25												
01:17+	03:37+	08:34+	11:00+	12:40+	16:34+	18:07+	23:33+	28:48+	30:22+	34:49+	39:56+	41:59+	42:56+	44:00+	44:25+
01:17+	02:20+	04:57+	02:26+	01:40+	03:54+	01:33+	05:26+	05:15+	01:34+	04:27-	05:07+	02:03-	00:57+	01:04-	00:25+
00:12#	00:34&	00:44#	00:38&	00:07+	00:15+	00:07+	02:38&	01:50&	00:35&	00:03-	01:27&	00:09-	00:07#	00:13-	00:02+

8	Birgitte Bach	20	47:37												
05:04+	07:32+	12:29+	14:46+	16:29+	20:26+	22:11+	25:41+	31:53+	32:56+	37:20+	42:09+	44:34+	45:35+	47:07+	47:37+
05:04+	02:28+	04:57+	02:17+	01:43+	03:57+	01:45+	03:30+	06:12+	01:03+	04:24+	04:49+	02:25+	01:01+	01:32+	00:30+
05:04+	02:28+	04:57+	02:17+	01:43+	03:57+	01:45+	03:30+	06:12+	01:03+	04:24+	04:49+	02:25+	01:01+	01:32+	00:30+

9	Mette Klinge Cornelius	3	51:39												
01:13+	03:48+	09:12+	11:53+	13:33+	18:04+	20:15+	23:21+	27:30+	30:02+	36:35+	44:58+	48:08+	49:21+	51:11+	51:39+
01:13+	02:35+	05:24+	02:41+	01:40+	04:31+	02:11+	03:06+	04:09+	02:32+	06:33+	08:23+	03:10+	01:13+	01:50+	00:28+
01:13+	02:35+	05:24+	02:41+	01:40+	04:31+	02:11+	03:06+	04:09+	02:32+	06:33+	08:23+	03:10+	01:13+	01:50+	00:28+

10	Lucia Aagaard	2	52:35												
01:50+	04:39+	10:07+	12:55+	14:57+	20:24+	22:59+	26:23+	32:07+	33:19+	38:43+	44:46+	47:52+	49:08+	51:15+	52:35+
01:50+	02:49+	05:28+	02:48+	02:02+	05:27+	02:35+	03:24+	05:44+	01:12+	05:24+	06:03+	03:06+	01:16+	02:07+	01:20+
01:50+	02:49+	05:28+	02:48+	02:02+	05:27+	02:35+	03:24+	05:44+	01:12+	05:24+	06:03+	03:06+	01:16+	02:07+	01:20+

11	Anni Christensen	5	52:41												
01:48+	04:38+	11:04+	14:04+	16:31+	21:16+	23:25+	27:18+	32:56+	34:37+	40:17+	45:33+	48:42+	50:06+	52:03+	52:41+
01:48+	02:50+	06:26+	03:00+	02:27+	04:45+	02:09+	03:53+	05:38+	01:41+	05:40+	05:16+	03:09+	01:24+	01:57+	00:38+
01:48+	02:50+	06:26+	03:00+	02:27+	04:45+	02:09+	03:53+	05:38+	01:41+	05:40+	05:16+	03:09+	01:24+	01:57+	00:38+

13	Elly Blom	5	58:25												
09:10+	11:50+	18:07+	21:10+	23:18+	27:46+	29:41+	32:54+	38:30+	40:20+	45:52+	51:10+	54:19+	55:37+	57:42+	58:25+
09:10+	02:40+	06:17+	03:03+	02:08+	04:28+	01:55+	03:13+	05:36+	01:50+	05:32+	05:18+	03:09+	01:18+	02:05+	00:43+
09:10+	02:40+	06:17+	03:03+	02:08+	04:28+	01:55+	03:13+	05:36+	01:50+	05:32+	05:18+	03:09+	01:18+	02:05+	00:43+

14	Inger Kongsgaard Jakobsen	17	1:07:46												
02:17+	05:45+	15:50+	20:23+	23:24+	29:00+	31:33+	35:38+	43:22+	45:25+	52:29+	59:32+	63:47+	65:11+	67:07+	67:46+
02:17+	03:28+	10:05+	04:33+	03:01+	05:36+	02:33+	04:05+	07:44+	02:03+	07:04+	07:03+	04:15+	01:24+	01:56+	00:39+
02:17+	03:28+	10:05+	04:33+	03:01+	05:36+	02:33+	04:05+	07:44+	02:03+	07:04+	07:03+	04:15+	01:24+	01:56+	00:39+

15	Bodil Thy	16	1:50:44												
01:35+	04:18+	57:44+	61:14+	64:03+	70:03+	72:48+	77:03+	85:31+	87:59+	98:27+	104:13+	107:12+	108:23+	110:14+	110:44+
01:35+	02:43+	53:26+	03:30+	02:49+	06:00+	02:45+	04:15+	08:28+	02:28+	10:28+	05:46+	02:59+	01:11+	01:51+	00:30+
01:35+	02:43+	53:26+	03:30+	02:49+	06:00+	02:45+	04:15+	08:28+	02:28+	10:28+	05:46+	02:59+	01:11+	01:51+	00:30+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H10

1	Esben Christensen	17	14:24										
00:43=	02:06=	03:10=	03:56=	04:46=	06:04=	07:14=	09:15=	10:41=	12:09=	12:41=	13:14=	14:05=	14:24=
00:43=	01:23=	01:04=	00:46=	00:50=	01:18=	01:10=	02:01=	01:26=	01:28=	00:32=	00:33=	00:51=	00:19=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Magne Halvor Obel	Ok Pan	15:51										
00:42-	02:15+	03:19+	04:11+	05:08+	06:27+	07:41+	10:20+	11:39+	13:22+	14:02+	14:31+	15:29+	15:51+
00:42-	01:33+	01:04=	00:52+	00:57+	01:19+	01:14+	02:39+	01:19-	01:43+	00:40+	00:29-	00:58+	00:22+
00:01-	00:10#	00:00=	00:06#	00:07#	00:01+	00:04+	00:38&	00:07-	00:15#	00:08#	00:04-	00:07#	00:03#

Class	Navn	Klasse	Tid										
H10													
3	Magnus Oscar Søes	17	18:04										
00:43=	02:12+	03:29+	04:21+	07:33+	09:11+	10:15+	12:26+	13:58+	15:40+	16:21+	16:54+	17:47+	18:04+
00:43=	01:29+	01:17+	00:52+	03:12+	01:38+	01:04-	02:11+	01:32+	01:42+	00:41+	00:33=	00:53+	00:17-
00:00=	00:06+	00:13#	00:06#	02:22@	00:20&	00:06-	00:10+	00:06+	00:14#	00:09&	00:00=	00:02+	00:02-
4	Johan Niss	16	18:36										
01:02+	02:33+	03:44+	05:14+	07:06+	08:42+	10:32+	12:52+	14:33+	16:02+	16:36+	17:18+	18:17+	18:36+
01:02+	01:31+	01:11+	01:30+	01:52+	01:36+	01:50+	02:20+	01:41+	01:29+	00:34+	00:42+	00:59+	00:19+
01:02+	01:31+	01:11+	01:30+	01:52+	01:36+	01:50+	02:20+	01:41+	01:29+	00:34+	00:42+	00:59+	00:19+
5	Kirk Beuchert Jensen	Ok Pan	21:15										
00:59+	03:11+	04:46+	08:33+	09:46+	11:21+	12:40+	14:59+	16:44+	18:27+	19:15+	19:56+	20:56+	21:15+
00:59+	02:12+	01:35+	03:47+	01:13+	01:35+	01:19+	02:19+	01:45+	01:43+	00:48+	00:41+	01:00+	00:19+
00:59+	02:12+	01:35+	03:47+	01:13+	01:35+	01:19+	02:19+	01:45+	01:43+	00:48+	00:41+	01:00+	00:19+
6	Sander Popp Bobach	21	29:33										
00:54+	03:22+	04:52+	14:15+	15:57+	17:32+	18:58+	21:51+	23:57+	26:10+	26:58+	28:01+	29:13+	29:33+
00:54+	02:28+	01:30+	09:23+	01:42+	01:35+	01:26+	02:53+	02:06+	02:13+	00:48+	01:03+	01:12+	00:20+
00:54+	02:28+	01:30+	09:23+	01:42+	01:35+	01:26+	02:53+	02:06+	02:13+	00:48+	01:03+	01:12+	00:20+
7	Thor Raabjerg Mogensen	5	32:23										
01:43+	03:28+	06:14+	08:06+	10:23+	11:21+	12:15+	13:33+	13:52+					
01:43+	01:45+	02:46+	01:52+	02:17+	00:58+	00:54+	01:18+	00:19+					
01:43+	01:45+	02:46+	01:52+	02:17+	00:58+	00:54+	01:18+	00:19+					
8	Malte Leander Palmfeldt	Ok Pan	34:29										
02:11+	03:51+	05:11+	06:10+	15:59+	18:12+	20:06+	23:39+	28:02+	31:11+	31:54+	32:45+	34:02+	34:29+
02:11+	01:40+	01:20+	00:59+	09:49+	02:13+	01:54+	03:33+	04:23+	03:09+	00:43+	00:51+	01:17+	00:27+
02:11+	01:40+	01:20+	00:59+	09:49+	02:13+	01:54+	03:33+	04:23+	03:09+	00:43+	00:51+	01:17+	00:27+
9	Magnus Lyhne Kristiansen	13	36:04										
01:43+	04:48+	07:14+	08:41+	10:45+	13:10+	17:53+	24:05+	27:36+	32:20+	33:41+	34:32+	35:44+	36:04+
01:43+	03:05+	02:26+	01:27+	02:04+	02:25+	04:43+	06:12+	03:31+	04:44+	01:21+	00:51+	01:12+	00:20+
01:43+	03:05+	02:26+	01:27+	02:04+	02:25+	04:43+	06:12+	03:31+	04:44+	01:21+	00:51+	01:12+	00:20+
10	Bjørn Vang Bobach	21	42:34										
01:34+	05:00+	09:48+	12:44+	15:27+	18:32+	21:21+	27:21+	31:38+	36:08+	38:00+	40:01+	42:13+	42:34+
01:34+	03:26+	04:48+	02:56+	02:43+	03:05+	02:49+	06:00+	04:17+	04:30+	01:52+	02:01+	02:12+	00:21+
01:34+	03:26+	04:48+	02:56+	02:43+	03:05+	02:49+	06:00+	04:17+	04:30+	01:52+	02:01+	02:12+	00:21+
11	Emil Schack Blom	5	42:36										
03:29+	07:25+	10:05+	12:04+	16:16+	20:01+	23:34+	29:03+	32:33+	37:15+	38:32+	40:19+	42:36+	
03:29+	03:56+	02:40+	01:59+	04:12+	03:45+	03:33+	05:29+	03:30+	04:42+	01:17+	01:47+	02:17+	
03:29+	03:56+	02:40+	01:59+	04:12+	03:45+	03:33+	05:29+	03:30+	04:42+	01:17+	01:47+	02:17+	
12	Ebbe Just Olsen	13	47:20										
01:39+	06:21+	08:55+	11:17+	14:33+	18:45+	21:31+	28:19+	33:51+	39:08+	41:34+	43:28+	46:34+	47:20+
01:39+	04:42+	02:34+	02:22+	03:16+	04:12+	02:46+	06:48+	05:32+	05:17+	02:26+	01:54+	03:06+	00:46+
01:39+	04:42+	02:34+	02:22+	03:16+	04:12+	02:46+	06:48+	05:32+	05:17+	02:26+	01:54+	03:06+	00:46+
13	Maximilian Sørensen	17											
02:57+	05:17+	09:29+	12:12+	15:07+	16:15+	17:27+	18:51+	19:18+					
02:57+	02:20+	04:12+	02:43+	02:55+	01:08+	01:12+	01:24+	00:27+					
02:57+	02:20+	04:12+	02:43+	02:55+	01:08+	01:12+	01:24+	00:27+					

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H12

1	Mathias Reiche Sørensen	13	23:08												
00:37=	01:42=	04:25=	05:39=	06:30=	08:31=	09:27=	12:28=	14:25=	15:02=	17:31=	20:18=	21:33=	22:05=	22:53=	23:08=
00:37=	01:05=	02:43=	01:14=	00:51=	02:01=	00:56=	03:01=	01:57=	00:37=	02:29=	02:47=	01:15=	00:32=	00:48=	00:15=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Noah Aarnio	13	27:15												
00:43+	02:15+	05:20+	06:50+	07:50+	10:28+	11:40+	13:25+	17:22+	17:58+	20:54+	23:41+	25:17+	25:55+	26:54+	27:15+
00:43+	01:32+	03:05+	01:30+	01:00+	02:38+	01:12+	01:45-	03:57+	00:36-	02:56+	02:47=	01:36+	00:38+	00:59+	00:21+
00:06#	00:27&	00:22#	00:16#	00:09#	00:37&	00:16&	01:16-	02:00@	00:01-	00:27#	00:00=	00:21&	00:06#	00:11#	00:06&

3	Esben Johan Obel	Ok Pan	34:14												
00:37=	01:53+	14:14+	15:19+	16:07+	18:05+	18:56+	23:13+	25:41+	26:10+	29:04+	31:29+	32:39+	33:07+	33:58+	34:14+
00:37=	01:16+	12:21+	01:05-	00:48-	01:58-	00:51-	04:17+	02:28+	00:29-	02:54+	02:25-	01:10-	00:28-	00:51+	00:16+
00:00=	00:11#	09:38@	00:09-	00:03-	00:03-	00:05-	01:16&	00:31&	00:08-	00:25#	00:22-	00:05-	00:04-	00:03+	00:01+

4	Mikkel Popp Bobach	21	41:00												
00:51+	02:38+	07:32+	09:31+	11:22+	15:49+	17:32+	20:21+	23:34+	24:35+	29:44+	36:12+	38:45+	39:24+	40:36+	41:00+
00:51+	01:47+	04:54+	01:59+	01:51+	04:27+	01:43+	02:49-	03:13+	01:01+	05:09+	06:28+	02:33+	00:39+	01:12+	00:24+
00:14&	00:42&	02:11&	00:45&	01:00@	02:26@	00:47&	00:12-	01:16&	00:24&	02:40@	03:41@	01:18@	00:07#	00:24&	00:09&

5	Bertil Rahbek Sørensen	17	47:37												
00:52+	02:53+	10:34+	13:39+	15:09+	20:14+	22:04+	27:05+	32:20+	33:01+	38:08+	43:09+	45:24+	46:10+	47:19+	47:37+
00:52+	02:01+	07:41+	03:05+	01:30+	05:05+	01:50+	05:01+	05:15+	00:41+	05:07+	05:01+	02:15+	00:46+	01:09+	00:18+
00:15&	00:56&	04:58@	01:51@	00:39&	03:04@	00:54&	02:00&	03:18@	00:04#	02:38@	02:14&	01:00&	00:14&	00:21&	00:03#

6	Lucas Stenhøj Baun Mcgrail	17	48:21												
00:54+	02:44+	09:36+	12:26+	15:56+	20:27+	24:06+	27:22+	33:13+	34:29+	38:43+	44:27+	46:40+	47:15+	48:05+	48:21+
00:54+	01:50+	06:52+	02:50+	03:30+	04:31+	03:39+	03:16+	05:51+	01:16+	04:14+	05:44+	02:13+	00:35+	00:50+	00:16+
00:17&	00:45&	04:09@	01:36@	02:39@	02:30@	02:43@	00:15+	03:54@	00:39@	01:45&	02:57@	00:58&	00:03+	00:02+	00:01+

7	Jonas Klærke Mikkelsen	3	52:46												
00:53+	03:03+	08:57+	12:03+	15:15+	21:05+	23:33+	27:40+	33:03+	34:38+	39:28+	48:11+	50:22+	51:12+	52:27+	52:46+
00:53+	02:10+	05:54+	03:06+	03:12+	05:50+	02:28+	04:07+	05:23+	01:35+	04:50+	08:43+	02:11+	00:50+	01:15+	00:19+
00:16&	01:05&	03:11@	01:52@	02:21@	03:49@	01:32@	01:06&	03:26@	00:58@	02:21&	05:56@	00:56&	00:18&	00:27&	00:04&

Beste stræktid for klassen

00:37 01:05 02:43 01:05 00:48 01:58 00:51 01:45 01:57 00:29 02:29 02:25 01:10 00:28 00:48 00:15

= Som klassevinner , - raskere , + senere , # 10% tab , & 25% tab , @ 100% tab.

H12B

1	Jonathan Rokkjær Andreasen	Ok Pan	16:59										
00:49=	02:25=	03:37=	04:42=	05:35=	06:56=	08:15=	10:44=	12:19=	14:11=	14:46=	15:28=	16:45=	16:59=
00:49=	01:36=	01:12=	01:05=	00:53=	01:21=	01:19=	02:29=	01:35=	01:52=	00:35=	00:42=	01:17=	00:14=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Magne Lund-Filtenborg	17	19:53										
00:56+	02:29+	03:51+	05:13+	06:33+	08:24+	09:51+	12:23+	14:13+	16:31+	17:27+	18:17+	19:30+	19:53+
00:56+	01:33-	01:22+	01:22+	01:20+	01:51+	01:27+	02:32+	01:50+	02:18+	00:56+	00:50+	01:13-	00:23+
00:07#	00:03-	00:10#	00:17&	00:27&	00:30&	00:08#	00:03+	00:15#	00:26#	00:21&	00:08#	00:04-	00:09&

3	Mikkel Damsgaard Rauff	17	33:14										
02:12+	05:04+	07:19+	09:12+	10:57+	14:37+	16:42+	22:13+	25:04+	30:03+	30:57+	31:52+	32:48+	33:14+
02:12+	02:52+	02:15+	01:53+	01:45+	03:40+	02:05+	05:31+	02:51+	04:59+	00:54+	00:55+	00:56-	00:26+
01:23@	01:16&	01:03&	00:48&	00:52&	02:19@	00:46&	03:02@	01:16&	03:07@	00:19&	00:13&	00:21-	00:12&

H12B

4	Mathias Linde Lassen	17	38:59										
01:01+	04:26+	06:19+	08:08+	10:45+	13:49+	15:41+	21:56+	27:36+	31:06+	32:32+	34:05+	36:46+	38:59+
01:01+	03:25+	01:53+	01:49+	02:37+	03:04+	01:52+	06:15+	05:40+	03:30+	01:26+	01:33+	02:41+	02:13+
00:12#	01:49@	00:41&	00:44&	01:44@	01:43@	00:33&	03:46@	04:05@	01:38&	00:51@	00:51@	01:24@	01:59@

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H14

1	Lukas Bergmann Verhelst	3	38:35															
01:07=	04:02=	06:22=	08:05=	10:07=	14:40=	16:43=	18:53=	21:35=	24:12=	25:25=	28:30=	30:00=	32:37=	35:17=	36:57=	38:20=	38:35=	
01:07=	02:55=	02:20=	01:43=	02:02=	01:57=	02:36=	02:03=	02:10=	02:42=	02:37=	01:13=	03:05=	01:30=	02:37=	02:40=	01:40=	01:23=	00:15=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Mattias Klostergaard Rokkjær	17	39:57														
01:35+	04:21+	06:54+	08:43+	10:49+	14:12+	17:04+	19:17+	21:19+	23:55+	26:23+	30:15+	31:45+	34:12+	36:39+	38:28+	39:42+	39:57+
01:35+	02:46-	02:33+	01:49+	02:06+	03:23+	02:52+	02:13+	02:02-	02:36-	02:28-	03:52+	01:30-	02:27+	02:27-	01:49-	01:14-	00:15-
00:28&	00:09-	00:13+	00:06+	00:04+	01:26&	00:16#	00:10+	00:08-	00:06-	00:09-	02:39@	01:35-	00:57&	00:10-	00:51-	00:26-	01:08-

3	Emil Borup Fredberg	17	42:13															
01:16+	04:29+	09:25+	11:17+	12:47+	14:54+	17:00+	19:05+	21:12+	23:40+	26:17+	27:29+	30:53+	32:29+	35:33+	38:58+	40:38+	41:57+	42:13+
01:16+	03:13+	04:56+	01:52+	01:30-	02:07+	02:06-	02:05+	02:07-	02:28-	02:37=	01:12-	03:24+	01:36+	03:04+	03:25+	01:40=	01:19-	00:16+
00:09#	00:18#	02:36@	00:09+	00:32-	00:10+	00:30-	00:02+	00:03-	00:14-	00:00=	00:01-	00:19#	00:06+	00:27#	00:45&	00:00=	00:04-	00:01+

4	Vilhelm Rokkjær Andreasen	Ok Pan	47:41															
02:00+	05:01+	07:23+	09:26+	11:14+	13:21+	16:09+	18:24+	26:14+	28:41+	32:27+	33:47+	37:03+	38:48+	41:54+	44:15+	46:01+	47:27+	47:41+
02:00+	03:01+	02:22+	02:03+	01:48-	02:07+	02:48+	02:15+	07:50+	02:27-	03:46+	01:20+	03:16+	01:45+	03:06+	02:21-	01:46+	01:26+	00:14-
00:53&	00:06+	00:02+	00:20#	00:14-	00:10+	00:12+	00:12+	05:40@	00:15-	01:09&	00:07+	00:11+	00:15#	00:29#	00:19-	00:06+	00:03+	00:01-

5	Eskild Stig Nielsen	3	55:43															
03:09+	06:45+	09:58+	12:15+	14:31+	17:41+	21:52+	25:10+	28:15+	31:40+	34:59+	36:37+	41:00+	43:15+	47:01+	51:25+	53:53+	55:28+	55:43+
03:09+	03:36+	03:13+	02:17+	02:16+	03:10+	04:11+	03:18+	03:05+	03:25+	03:19+	01:38+	04:23+	02:15+	03:46+	04:24+	02:28+	01:35+	00:15=
02:02@	00:41#	00:53&	00:34&	00:14#	01:13&	01:35&	01:15&	00:55&	00:43&	00:42&	00:25&	01:18&	00:45&	01:09&	01:44&	00:48&	00:12#	00:00=

6	Gustav Rix Berthelsen	Ok Pan	1:03:55															
02:01+	06:08+	10:13+	12:36+	14:41+	17:22+	21:03+	25:56+	29:39+	35:00+	38:46+	40:27+	46:15+	49:37+	55:17+	59:13+	61:46+	63:32+	63:55+
02:01+	04:07+	04:05+	02:23+	02:05+	02:41+	03:41+	04:53+	03:43+	05:21+	03:46+	01:41+	05:48+	03:22+	05:40+	03:56+	02:33+	01:46+	00:23+
00:54&	01:12&	01:45&	00:40&	00:03+	00:44&	01:05&	02:50@	01:33&	02:39&	01:09&	00:28&	02:43&	01:52@	03:03@	01:16&	00:53&	00:23&	00:08&

7	Birk Bonde Langelund	17	1:09:56															
09:28+	13:18+	17:16+	20:20+	23:05+	26:33+	30:39+	34:55+	38:28+	42:41+	47:09+	48:58+	54:26+	56:49+	60:53+	64:32+	67:43+	69:41+	69:56+
09:28+	03:50+	03:58+	03:04+	02:45+	03:28+	04:06+	04:16+	03:33+	04:13+	04:28+	01:49+	05:28+	02:23+	04:04+	03:39+	03:11+	01:58+	00:15=
08:21@	00:55&	01:38&	01:21&	00:43&	01:31&	01:30&	02:13@	01:23&	01:31&	01:51&	00:36&	02:23&	00:53&	01:27&	00:59&	01:31&	00:35&	00:00=

Beste stræktid for klassen

01:07 02:46 02:20 01:43 01:30 01:57 02:06 02:03 02:02 02:27 02:28 01:12 01:30 01:30 02:27 01:49 01:14 00:15 00:14

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H16

Class	Navn	Klasse	Tid																	
H16																				
1	Asbjørn Faber Fenger-Grøn	17	39:39																	
02:05=	04:32=	05:45=	08:13=	10:36=	12:43=	14:58=	16:00=	19:38=	21:27=	23:35=	25:30=	27:51=	30:11=	32:18=	33:52=	36:04=	37:43=	38:26=	39:24=	39:39=
02:05=	02:27=	01:13=	02:28=	02:23=	02:07=	02:15=	01:02=	03:38=	01:49=	02:08=	01:55=	02:21=	02:20=	02:07=	01:34=	02:12=	01:39=	00:43=	00:58=	00:15=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Gustav Ørgaard Sørensen	17	52:09																	
02:08+	05:56+	07:21+	10:53+	13:55+	18:24+	21:27+	22:56+	26:41+	28:39+	30:53+	33:06+	36:49+	40:03+	42:33+	44:38+	47:15+	49:49+	50:28+	51:53+	52:09+
02:08+	03:48+	01:25+	03:32+	03:02+	04:29+	03:03+	01:29+	03:45+	01:58+	02:14+	02:13+	03:43+	03:14+	02:30+	02:05+	02:37+	02:34+	00:39+	01:25+	00:16+
02:08+	03:48+	01:25+	03:32+	03:02+	04:29+	03:03+	01:29+	03:45+	01:58+	02:14+	02:13+	03:43+	03:14+	02:30+	02:05+	02:37+	02:34+	00:39+	01:25+	00:16+
3	Christoffer Vang Bobach	21	52:49																	
05:05+	08:12+	09:27+	11:52+	15:17+	17:16+	20:10+	21:08+	24:58+	27:07+	29:48+	32:10+	35:52+	39:50+	42:25+	45:47+	48:29+	50:23+	51:11+	52:34+	52:49+
05:05+	03:07+	01:15+	02:25+	03:25+	01:59+	02:54+	00:58+	03:50+	02:09+	02:41+	02:22+	03:42+	03:58+	02:35+	03:22+	02:42+	01:54+	00:48+	01:23+	00:15+
05:05+	03:07+	01:15+	02:25+	03:25+	01:59+	02:54+	00:58+	03:50+	02:09+	02:41+	02:22+	03:42+	03:58+	02:35+	03:22+	02:42+	01:54+	00:48+	01:23+	00:15+
4	Severin Kilden	Ok Pan	54:47																	
02:09+	05:29+	07:17+	09:58+	12:48+	15:14+	18:02+	19:07+	24:05+	27:07+	30:24+	32:53+	36:34+	40:25+	43:36+	46:13+	49:18+	51:52+	53:05+	54:27+	54:47+
02:09+	03:20+	01:48+	02:41+	02:50+	02:26+	02:48+	01:05+	04:58+	03:02+	03:17+	02:29+	03:41+	03:51+	03:11+	02:37+	03:05+	02:34+	01:13+	01:22+	00:20+
02:09+	03:20+	01:48+	02:41+	02:50+	02:26+	02:48+	01:05+	04:58+	03:02+	03:17+	02:29+	03:41+	03:51+	03:11+	02:37+	03:05+	02:34+	01:13+	01:22+	00:20+
5	Philip Aarnio	13	1:04:54																	
09:17+	12:55+	14:23+	18:30+	22:21+	25:30+	28:51+	30:04+	35:00+	37:36+	40:21+	42:50+	46:23+	50:44+	54:01+	56:20+	60:05+	62:35+	63:24+	64:40+	64:54+
09:17+	03:38+	01:28+	04:07+	03:51+	03:09+	03:21+	01:13+	04:56+	02:36+	02:45+	02:29+	03:33+	04:21+	03:17+	02:19+	03:45+	02:30+	00:49+	01:16+	00:14+
09:17+	03:38+	01:28+	04:07+	03:51+	03:09+	03:21+	01:13+	04:56+	02:36+	02:45+	02:29+	03:33+	04:21+	03:17+	02:19+	03:45+	02:30+	00:49+	01:16+	00:14+
6	Alexander Kjærsgård	Ok Pan	1:05:57																	
05:33+	09:36+	11:29+	16:22+	20:58+	24:06+	27:56+	29:10+	34:14+	36:46+	40:00+	42:48+	48:14+	52:35+	55:30+	57:38+	60:44+	63:14+	64:16+	65:40+	65:57+
05:33+	04:03+	01:53+	04:53+	04:36+	03:08+	03:50+	01:14+	05:04+	02:32+	03:14+	02:48+	05:26+	04:21+	02:55+	02:08+	03:06+	02:30+	01:02+	01:24+	00:17+
05:33+	04:03+	01:53+	04:53+	04:36+	03:08+	03:50+	01:14+	05:04+	02:32+	03:14+	02:48+	05:26+	04:21+	02:55+	02:08+	03:06+	02:30+	01:02+	01:24+	00:17+
7	Kristian Mølgaard Primdahl	16	1:08:03																	
00:32+	00:47+	13:29+	18:59+	22:11+	25:52+															
00:32+	00:15+	12:42+	05:30+	03:12+	03:41+															
00:32+	00:15+	12:42+	05:30+	03:12+	03:41+															
8	Anton Giltoft Frederiksen	16	1:11:33																	
09:30+	13:26+	15:36+	20:12+	25:05+	28:48+	33:36+	35:02+	41:37+	44:12+	47:12+	50:03+	54:26+	58:09+	61:03+	63:22+	66:13+	68:49+	70:01+	71:19+	71:33+
09:30+	03:56+	02:10+	04:36+	04:53+	03:43+	04:48+	01:26+	06:35+	02:35+	03:00+	02:51+	04:23+	03:43+	02:54+	02:19+	02:51+	02:36+	01:12+	01:18+	00:14+
09:30+	03:56+	02:10+	04:36+	04:53+	03:43+	04:48+	01:26+	06:35+	02:35+	03:00+	02:51+	04:23+	03:43+	02:54+	02:19+	02:51+	02:36+	01:12+	01:18+	00:14+
9	Klement Hjuler Hjerrild	Ok Pan	1:22:14																	
11:15+	15:18+	17:32+	21:51+	26:18+	29:39+	32:39+	34:23+	39:40+	42:31+	50:46+	53:07+	57:34+	64:52+	68:28+	71:00+	75:27+	78:11+	80:25+	81:58+	82:14+
11:15+	04:03+	02:14+	04:19+	04:27+	03:21+	03:00+	01:44+	05:17+	02:51+	08:15+	02:21+	04:27+	07:18+	03:36+	02:32+	04:27+	02:44+	02:14+	01:33+	00:16+
11:15+	04:03+	02:14+	04:19+	04:27+	03:21+	03:00+	01:44+	05:17+	02:51+	08:15+	02:21+	04:27+	07:18+	03:36+	02:32+	04:27+	02:44+	02:14+	01:33+	00:16+
10	William Ove Kousgaard	2	1:56:43																	
46:35+	50:18+	52:23+	56:14+	61:15+	64:36+	68:03+	69:20+	76:39+	79:48+	82:59+	85:54+	89:51+	99:48+	102:50+	105:13+	109:13+	113:10+	114:31+	116:29+	116:43+
46:35+	03:43+	02:05+	03:51+	05:01+	03:21+	03:27+	01:17+	07:19+	03:09+	03:11+	02:55+	03:57+	09:57+	03:02+	02:23+	04:00+	03:57+	01:21+	01:58+	00:14+
46:35+	03:43+	02:05+	03:51+	05:01+	03:21+	03:27+	01:17+	07:19+	03:09+	03:11+	02:55+	03:57+	09:57+	03:02+	02:23+	04:00+	03:57+	01:21+	01:58+	00:14+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H18

H18

1	Benjamin Friis Hansen	17	1:11:50																						
07:20=	11:11=	12:51=	13:33=	15:21=	20:47=	23:40=	25:32=	29:06=	33:57=	36:18=	37:51=	42:29=	45:07=	48:31=	51:33=	55:01=	60:46=	62:28=	63:52=	65:24=	67:31=	69:52=	71:01=	71:33=	71:50=
07:20=	03:51=	01:40=	00:42=	01:48=	05:26=	02:53=	01:52=	03:34=	04:51=	02:21=	01:33=	04:38=	02:38=	03:24=	03:02=	03:28=	05:45=	01:42=	01:24=	01:32=	02:07=	02:21=	01:09=	00:32=	00:17=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H20

1	Jacob Klærke Mikkelsen	3	59:21																						
02:02=	05:51=	10:57=	11:39=	13:32=	17:23=	19:08=	21:03=	24:50=	26:46=	28:36=	29:38=	33:20=	36:44=	39:29=	41:58=	44:32=	49:09=	50:35=	51:46=	53:15=	55:23=	57:40=	58:31=	59:04=	59:21=
02:18+	03:43-	04:40-	00:48+	02:01+	04:07+	02:00+	01:59+	03:46-	02:08+	01:50+	01:02=	03:42=	03:24=	02:45=	02:29=	02:34=	04:37=	01:26=	01:11=	01:29=	02:08=	02:17=	00:51=	00:33=	00:17=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Isak Riis Persson	17	1:01:24																						
02:18+	06:01+	10:41-	11:29-	13:30-	17:37+	19:37+	21:36+	25:22+	27:30+	29:54+	31:01+	34:39+	37:22+	40:21+	42:55+	45:12+	49:56+	51:23+	52:45+	54:23+	56:44+	59:40+	60:35+	61:09+	61:24+
02:18+	03:43-	04:40-	00:48+	02:01+	04:07+	02:00+	01:59+	03:46-	02:08+	01:50+	01:02=	03:42=	03:24=	02:45=	02:29=	02:34=	04:37=	01:26=	01:11=	01:29=	02:08=	02:17=	00:51=	00:33=	00:17=
00:16#	00:06-	00:26-	00:06#	00:08+	00:16+	00:15#	00:04+	00:01-	00:12#	00:34&	00:05+	00:04-	00:41-	00:14+	00:05+	00:17-	00:07+	00:01+	00:11#	00:09#	00:13#	00:39&	00:04+	00:01+	00:02-

3	Nikola Ivanov	3	1:03:55																						
02:49+	06:26+	08:35-	09:24-	11:33-	15:58-	18:00-	19:42-	23:14-	26:55+	28:38+	30:11+	33:35+	38:23+	41:11+	43:26+	46:17+	52:40+	54:22+	55:42+	57:28+	59:44+	62:05+	63:06+	63:39+	63:55+
02:49+	03:37-	02:09-	00:49+	02:09+	04:25+	02:02+	01:42-	03:32-	03:41+	01:43-	01:33+	03:24-	04:48+	02:48+	02:15-	02:51+	06:23+	01:42+	01:20+	01:46+	02:16+	02:21+	01:01+	00:33=	00:16-
00:47&	00:12-	02:57-	00:07#	00:16#	00:34#	00:17#	00:13-	00:15-	01:45&	00:07-	00:31&	00:18-	01:24&	00:03+	00:14-	00:17#	01:46&	00:16#	00:09#	00:17#	00:08+	00:04+	00:10#	00:00=	00:01-

4	Asbjørn Kaltoft	Ok Pan	1:06:54																						
05:41+	09:36+	11:18+	12:03+	14:48+	19:13+	21:05+	23:10+	27:25+	30:23+	32:32+	33:41+	37:32+	40:51+	44:21+	47:09+	49:37+	55:05+	56:58+	58:21+	60:16+	62:34+	65:02+	66:00+	66:35+	66:54+
05:41+	03:55+	01:42-	00:45+	02:45+	04:25+	01:52+	02:05+	04:15+	02:58+	02:09+	01:09+	03:51+	03:19-	03:30+	02:48+	02:28-	05:28+	01:53+	01:23+	01:55+	02:18+	02:28+	00:58+	00:35+	00:19+
03:39@	00:06+	03:24-	00:03+	00:52&	00:34#	00:07+	00:10+	00:28#	01:02&	00:19#	00:07#	00:09+	00:05-	00:45&	00:19#	00:06-	00:51#	00:27&	00:12#	00:26&	00:10+	00:11+	00:07#	00:02+	00:02#

Beste stræktid for klassen

02:02	03:37	01:42	00:42	01:53	03:51	01:45	01:42	03:32	01:56	01:43	01:02	03:24	02:43	02:45	02:15	02:17	04:37	01:26	01:11	01:29	02:08	02:17	00:51	00:33	00:15
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H20B

1	András Kovács	3	1:01:04															
04:13=	07:43=	15:23=	17:22=	19:18=	21:37=	24:43=	30:03=	33:37=	37:04=	40:15=	41:48=	46:55=	49:16=	53:36=	56:50=	58:55=	60:44=	61:04=
04:13=	03:30=	07:40=	01:59=	01:56=	02:19=	03:06=	05:20=	03:34=	03:27=	03:11=	01:33=	05:07=	02:21=	04:20=	03:14=	02:05=	01:49=	00:20=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	William Stenhøj Baun Mcgrail	17	1:13:29															
05:52+	13:32+	16:57+	19:26+	21:43+	24:57+	28:23+	32:14+	35:37+	42:24+	46:37+	48:42+	54:00+	61:20+	65:28+	68:58+	71:29+	73:12+	73:29+
05:52+	07:40+	03:25-	02:29+	02:17+	03:14+	03:26+	03:51-	03:23-	06:47+	04:13+	02:05+	05:18+	07:20+	04:08-	03:30+	02:31+	01:43-	00:17-
01:39&	04:10@	04:15-	00:30&	00:21#	00:55&	00:20#	01:29-	00:11-	03:20&	01:02&	00:32&	00:11+	04:59@	00:12-	00:16+	00:26#	00:06-	00:03-

Beste stræktid for klassen

04:13	03:30	03:25	01:59	01:56	02:19	03:06	03:51	03:23	03:27	03:11	01:33	05:07	02:21	04:08	03:14	02:05	01:43	00:17
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H21

Class	Navn	Klasse	Tid																						
H21																									
1	Rico Hejlskov Mogensen	17	45:35																						
01:21=	04:06=	05:26=	06:00=	07:37=	10:46=	12:44=	14:35=	17:28=	19:20=	20:50=	21:42=	24:18=	26:34=	30:01=	32:07=	33:54=	37:32=	38:42=	39:39=	40:50=	42:25=	44:13=	44:53=	45:22=	45:35=
01:21=	02:45=	01:20=	00:34=	01:37=	03:09=	01:58=	01:51=	02:53=	01:52=	01:30=	00:52=	02:36=	02:16=	03:27=	02:06=	01:47=	03:38=	01:10=	00:57=	01:11=	01:35=	01:48=	00:40=	00:29=	00:13=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Laurits Bidstrup Møller	17	46:16																						
01:28+	04:30+	05:48+	06:27+	08:12+	11:32+	13:09+	14:48+	18:12+	19:43+	21:07+	22:02+	24:57+	27:13+	29:20+	31:26+	33:20+	37:00+	38:10+	39:25+	40:47+	42:46+	44:45+	45:33+	46:02+	46:16+
01:28+	03:02+	01:18+	00:39+	01:45+	03:20+	01:37+	01:39+	03:24+	01:31+	01:24+	00:55+	02:55+	02:16+	02:07+	02:06+	01:54+	03:40+	01:10+	01:15+	01:22+	01:59+	01:59+	00:48+	00:29+	00:14+
01:28+	03:02+	01:18+	00:39+	01:45+	03:20+	01:37+	01:39+	03:24+	01:31+	01:24+	00:55+	02:55+	02:16+	02:07+	02:06+	01:54+	03:40+	01:10+	01:15+	01:22+	01:59+	01:59+	00:48+	00:29+	00:14+
3	Søren Schwartz	Ok Pan	46:31																						
01:47+	04:44+	06:01+	06:34+	08:13+	11:42+	13:12+	14:46+	17:56+	19:19+	20:46+	21:42+	24:46+	27:07+	29:18+	31:26+	33:40+	37:31+	38:40+	39:54+	41:10+	43:02+	45:05+	45:47+	46:16+	46:31+
01:47+	02:57+	01:17+	00:33+	01:39+	03:29+	01:30+	01:34+	03:10+	01:23+	01:27+	00:56+	03:04+	02:21+	02:11+	02:08+	02:14+	03:51+	01:09+	01:14+	01:16+	01:52+	02:03+	00:42+	00:29+	00:15+
01:47+	02:57+	01:17+	00:33+	01:39+	03:29+	01:30+	01:34+	03:10+	01:23+	01:27+	00:56+	03:04+	02:21+	02:11+	02:08+	02:14+	03:51+	01:09+	01:14+	01:16+	01:52+	02:03+	00:42+	00:29+	00:15+
4	Rasmus Djurhuus	Ok Pan	48:03																						
01:18+	04:19+	05:36+	06:11+	07:53+	11:08+	12:41+	14:14+	17:25+	19:00+	20:23+	21:26+	25:16+	27:41+	29:41+	31:41+	33:30+	38:51+	40:02+	41:05+	42:25+	44:26+	46:27+	47:16+	47:50+	48:03+
01:18+	03:01+	01:17+	00:35+	01:42+	03:15+	01:33+	01:33+	03:11+	01:35+	01:23+	01:03+	03:50+	02:25+	02:00+	02:00+	01:49+	05:21+	01:11+	01:03+	01:20+	02:01+	02:01+	00:49+	00:34+	00:13+
01:18+	03:01+	01:17+	00:35+	01:42+	03:15+	01:33+	01:33+	03:11+	01:35+	01:23+	01:03+	03:50+	02:25+	02:00+	02:00+	01:49+	05:21+	01:11+	01:03+	01:20+	02:01+	02:01+	00:49+	00:34+	00:13+
5	Tue Lassen	17	50:50																						
02:20+	05:26+	06:50+	07:27+	09:18+	12:51+	15:29+	17:21+	20:53+	22:34+	24:15+	25:22+	28:23+	30:52+	33:05+	35:20+	37:18+	41:25+	42:40+	43:49+	45:13+	47:07+	49:13+	50:01+	50:34+	50:50+
02:20+	03:06+	01:24+	00:37+	01:51+	03:33+	02:38+	01:52+	03:32+	01:41+	01:41+	01:07+	03:01+	02:29+	02:13+	02:15+	01:58+	04:07+	01:15+	01:09+	01:24+	01:54+	02:06+	00:48+	00:33+	00:16+
02:20+	03:06+	01:24+	00:37+	01:51+	03:33+	02:38+	01:52+	03:32+	01:41+	01:41+	01:07+	03:01+	02:29+	02:13+	02:15+	01:58+	04:07+	01:15+	01:09+	01:24+	01:54+	02:06+	00:48+	00:33+	00:16+
6	Claus Hallingdal Bloch	5	51:31																						
01:36+	05:10+	07:10+	07:58+	09:52+	13:25+	15:21+	17:00+	20:14+	21:55+	23:33+	24:48+	27:59+	31:00+	33:23+	35:31+	37:35+	42:01+	43:21+	44:34+	46:03+	47:59+	50:03+	50:49+	51:17+	51:31+
01:36+	03:34+	02:00+	00:48+	01:54+	03:33+	01:56+	01:39+	03:14+	01:41+	01:38+	01:15+	03:11+	03:01+	02:23+	02:08+	02:04+	04:26+	01:20+	01:13+	01:29+	01:56+	02:04+	00:46+	00:28+	00:14+
01:36+	03:34+	02:00+	00:48+	01:54+	03:33+	01:56+	01:39+	03:14+	01:41+	01:38+	01:15+	03:11+	03:01+	02:23+	02:08+	02:04+	04:26+	01:20+	01:13+	01:29+	01:56+	02:04+	00:46+	00:28+	00:14+
7	Mads Kruse Juhl	2	51:51																						
01:30+	04:42+	06:03+	06:44+	08:40+	12:18+	13:57+	16:12+	19:40+	21:33+	23:31+	24:29+	27:24+	29:56+	33:43+	36:10+	38:27+	42:34+	43:45+	44:52+	46:12+	48:04+	50:15+	51:07+	51:37+	51:51+
01:30+	03:12+	01:21+	00:41+	01:56+	03:38+	01:39+	02:15+	03:28+	01:53+	01:58+	00:58+	02:55+	02:32+	03:47+	02:27+	02:17+	04:07+	01:11+	01:07+	01:20+	01:52+	02:11+	00:52+	00:30+	00:14+
01:30+	03:12+	01:21+	00:41+	01:56+	03:38+	01:39+	02:15+	03:28+	01:53+	01:58+	00:58+	02:55+	02:32+	03:47+	02:27+	02:17+	04:07+	01:11+	01:07+	01:20+	01:52+	02:11+	00:52+	00:30+	00:14+
8	Niklas Ingwersen	3	54:19																						
01:44+	05:12+	06:40+	07:20+	10:04+	14:24+	16:11+	18:10+	21:38+	23:15+	24:58+	25:57+	29:17+	31:54+	34:24+	36:53+	39:05+	43:56+	45:21+	46:39+	48:16+	50:22+	52:32+	53:30+	54:04+	54:19+
01:44+	03:28+	01:28+	00:40+	02:44+	04:20+	01:47+	01:59+	03:28+	01:37+	01:43+	00:59+	03:20+	02:37+	02:30+	02:29+	02:12+	04:51+	01:25+	01:18+	01:37+	02:06+	02:10+	00:58+	00:34+	00:15+
01:44+	03:28+	01:28+	00:40+	02:44+	04:20+	01:47+	01:59+	03:28+	01:37+	01:43+	00:59+	03:20+	02:37+	02:30+	02:29+	02:12+	04:51+	01:25+	01:18+	01:37+	02:06+	02:10+	00:58+	00:34+	00:15+
9	Johan Halkjær Dupont	Ok Pan	54:32																						
00:31+	00:45+	11:30+	13:42+																						
00:31+	00:14+	10:45+	02:12+																						
00:31+	00:14+	10:45+	02:12+																						
10	Christian Bobach	17	58:30																						
01:44+	05:29+	07:28+	08:15+	10:28+	15:06+	16:55+	19:29+	25:27+	27:27+	28:36+	32:04+	35:16+	37:58+	40:40+	42:56+	47:57+	49:17+	50:40+	52:19+	54:31+	56:47+	57:41+	58:14+	58:30+	
01:44+	03:45+	01:59+	00:47+	02:13+	04:38+	01:49+	02:34+	05:58+	02:00+	01:09+	03:28+	03:12+	02:42+	02:42+	02:16+	05:01+	01:20+	01:23+	01:39+	02:12+	02:16+	00:54+	00:33+	00:16+	
01:44+	03:45+	01:59+	00:47+	02:13+	04:38+	01:49+	02:34+	05:58+	02:00+	01:09+	03:28+	03:12+	02:42+	02:42+	02:16+	05:01+	01:20+	01:23+	01:39+	02:12+	02:16+	00:54+	00:33+	00:16+	
11	Christian Christensen	17	1:01:34																						
01:48+	05:22+	07:06+	07:53+	10:12+	14:14+	16:13+	18:20+	22:21+	24:26+	26:27+	27:45+	31:39+	34:53+	37:52+	40:51+	43:54+	49:00+	50:49+	52:10+	53:56+	56:20+	59:28+	60:33+	61:13+	61:34+
01:48+	03:34+	01:44+	00:47+	02:19+	04:02+	01:59+	02:07+	04:01+	02:05+	02:01+	01:18+	03:54+	03:14+	02:59+	02:59+	03:03+	05:06+	01:49+	01:21+	01:46+	02:24+	03:08+	01:05+	00:40+	00:21+
01:48+	03:34+	01:44+	00:47+	02:19+	04:02+	01:59+	02:07+	04:01+	02:05+	02:01+	01:18+	03:54+	03:14+	02:59+	02:59+	03:03+	05:06+	01:49+	01:21+	01:46+	02:24+	03:08+	01:05+	00:40+	00:21+
12	Rasmus Holm Andersen	17	1:02:27																						
02:06+	05:42+	08:26+	09:10+	11:28+	15:33+	17:42+	20:03+	23:55+	26:11+	27:59+	29:14+	32:50+	35:30+	38:28+	41:20+	46:10+	51:02+	52:46+	54:13+	56:05+	58:23+	60:43+	61:36+	62:11+	62:27+
02:06+	03:36+	02:44+	00:44+	02:18+	04:05+	02:09+	02:21+	03:52+	02:16+	01:48+	01:15+	03:36+	02:40+	02:58+	02:52+	04:50+	04:52+	01:44+	01:27+	01:52+	02:18+	02:20+	00:53+	00:35+	00:16+
02:06+	03:36+	02:44+	00:44+	02:18+	04:05+	02:09+	02:21+	03:52+	02:16+	01:48+	01:15+	03:36+	02:40+	02:58+	02:52+	04:50+	04:52+	01:44+	01:27+	01:52+	02:18+	02:20+	00:53+	00:35+	00:16+

Class	Navn	Klasse																				Tid			
H21																									
13	Mátyás Péntek	3																				1:02:29			
03:26+	06:31+	08:29+	09:19+	11:29+	15:36+	17:31+	19:56+	23:27+	25:09+	27:33+	28:31+	33:35+	37:07+	40:02+	42:56+	45:28+	50:39+	52:14+	53:37+	55:42+	58:03+	60:46+	61:44+	62:15+	62:29+
03:26+	03:05+	01:58+	00:50+	02:10+	04:07+	01:55+	02:25+	03:31+	01:42+	02:24+	00:58+	05:04+	03:32+	02:55+	02:54+	02:32+	05:11+	01:35+	01:23+	02:05+	02:21+	02:43+	00:58+	00:31+	00:14+
03:26+	03:05+	01:58+	00:50+	02:10+	04:07+	01:55+	02:25+	03:31+	01:42+	02:24+	00:58+	05:04+	03:32+	02:55+	02:54+	02:32+	05:11+	01:35+	01:23+	02:05+	02:21+	02:43+	00:58+	00:31+	00:14+
14	Andreas Bagger Hagner	17																				1:04:03			
03:38+	07:17+	09:12+	09:57+	12:08+	16:10+	19:29+	21:34+	25:25+	27:30+	29:30+	30:47+	34:53+	38:10+	41:24+	44:37+	47:08+	52:09+	53:50+	55:49+	57:42+	60:00+	62:25+	63:14+	63:47+	64:03+
03:38+	03:39+	01:55+	00:45+	02:11+	04:02+	03:19+	02:05+	03:51+	02:05+	02:00+	01:17+	04:06+	03:17+	03:14+	03:13+	02:31+	05:01+	01:41+	01:59+	01:53+	02:18+	02:25+	00:49+	00:33+	00:16+
03:38+	03:39+	01:55+	00:45+	02:11+	04:02+	03:19+	02:05+	03:51+	02:05+	02:00+	01:17+	04:06+	03:17+	03:14+	03:13+	02:31+	05:01+	01:41+	01:59+	01:53+	02:18+	02:25+	00:49+	00:33+	00:16+
15	Søren Vestergaard Christensen	4																				1:04:09			
02:29+	06:14+	07:58+	08:46+	10:50+	15:05+	16:56+	19:53+	24:20+	26:46+	29:28+	30:46+	34:37+	37:44+	41:07+	43:57+	47:14+	52:35+	54:26+	56:01+	57:53+	60:10+	62:24+	63:23+	63:53+	64:09+
02:29+	03:45+	01:44+	00:48+	02:04+	04:15+	01:51+	02:57+	04:27+	02:26+	02:42+	01:18+	03:51+	03:07+	03:23+	02:50+	03:17+	05:21+	01:51+	01:35+	01:52+	02:17+	02:14+	00:59+	00:30+	00:16+
02:29+	03:45+	01:44+	00:48+	02:04+	04:15+	01:51+	02:57+	04:27+	02:26+	02:42+	01:18+	03:51+	03:07+	03:23+	02:50+	03:17+	05:21+	01:51+	01:35+	01:52+	02:17+	02:14+	00:59+	00:30+	00:16+
16	Anders Byrdal	20																				1:06:12			
02:32+	06:49+	09:00+	09:49+	12:07+	16:57+	19:09+	21:16+	25:32+	27:30+	29:39+	30:52+	35:00+	39:08+	42:06+	45:00+	47:40+	54:07+	55:47+	57:18+	59:06+	61:32+	64:14+	65:17+	65:54+	66:12+
02:32+	04:17+	02:11+	00:49+	02:18+	04:50+	02:12+	02:07+	04:16+	01:58+	02:09+	01:13+	04:08+	04:08+	02:58+	02:54+	02:40+	06:27+	01:40+	01:31+	01:48+	02:26+	02:42+	01:03+	00:37+	00:18+
02:32+	04:17+	02:11+	00:49+	02:18+	04:50+	02:12+	02:07+	04:16+	01:58+	02:09+	01:13+	04:08+	04:08+	02:58+	02:54+	02:40+	06:27+	01:40+	01:31+	01:48+	02:26+	02:42+	01:03+	00:37+	00:18+
17	Simon Gregersen	22																				1:08:45			
03:22+	07:11+	09:32+	10:19+	13:11+	17:44+	19:56+	22:13+	26:12+	28:42+	31:10+	32:16+	37:21+	43:22+	46:35+	49:24+	52:23+	57:50+	59:33+	60:41+	62:19+	64:25+	67:01+	67:55+	68:29+	68:45+
03:22+	03:49+	02:21+	00:47+	02:52+	04:33+	02:12+	02:17+	03:59+	02:30+	02:28+	01:06+	05:05+	06:01+	03:13+	02:49+	02:59+	05:27+	01:43+	01:08+	01:38+	02:06+	02:36+	00:54+	00:34+	00:16+
03:22+	03:49+	02:21+	00:47+	02:52+	04:33+	02:12+	02:17+	03:59+	02:30+	02:28+	01:06+	05:05+	06:01+	03:13+	02:49+	02:59+	05:27+	01:43+	01:08+	01:38+	02:06+	02:36+	00:54+	00:34+	00:16+
18	Thomas Emil Jensen	3																				1:09:58			
02:22+	06:53+	09:13+	10:07+	12:49+	18:04+	20:32+	22:53+	26:52+	29:09+	31:40+	33:13+	37:39+	41:00+	44:44+	47:44+	52:07+	57:37+	59:23+	61:12+	63:01+	65:22+	68:06+	69:13+	69:45+	69:58+
02:22+	04:31+	02:20+	00:54+	02:42+	05:15+	02:28+	02:21+	03:59+	02:17+	02:31+	01:33+	04:26+	03:21+	03:44+	03:00+	04:23+	05:30+	01:46+	01:49+	01:49+	02:21+	02:44+	01:07+	00:32+	00:13+
02:22+	04:31+	02:20+	00:54+	02:42+	05:15+	02:28+	02:21+	03:59+	02:17+	02:31+	01:33+	04:26+	03:21+	03:44+	03:00+	04:23+	05:30+	01:46+	01:49+	01:49+	02:21+	02:44+	01:07+	00:32+	00:13+
19	Jens Kobæk Edsen	6																				1:11:57			
01:59+	06:54+	09:48+	11:01+	13:34+	18:38+	20:59+	23:12+	27:39+	30:41+	32:52+	34:14+	38:22+	42:07+	45:36+	48:48+	51:32+	57:24+	59:39+	61:11+	64:35+	67:11+	69:52+	71:03+	71:40+	71:57+
01:59+	04:55+	02:54+	01:13+	02:33+	05:04+	02:21+	02:13+	04:27+	03:02+	02:11+	01:22+	04:08+	03:45+	03:29+	03:12+	02:44+	05:52+	02:15+	01:32+	03:24+	02:36+	02:41+	01:11+	00:37+	00:17+
01:59+	04:55+	02:54+	01:13+	02:33+	05:04+	02:21+	02:13+	04:27+	03:02+	02:11+	01:22+	04:08+	03:45+	03:29+	03:12+	02:44+	05:52+	02:15+	01:32+	03:24+	02:36+	02:41+	01:11+	00:37+	00:17+
20	Jakob Gade	20																				1:13:34			
02:27+	04:59+	06:06+	06:43+	07:00+	19:42+	22:42+	26:20+	30:36+	32:39+	34:57+	36:14+	40:18+	44:37+	47:57+	51:34+	53:58+	60:31+	62:36+	64:00+	66:10+					
02:27+	02:32+	01:07+	00:37+	00:17+	12:42+	03:00+	03:38+	04:16+	02:03+	02:18+	01:17+	04:04+	04:19+	03:20+	03:37+	02:24+	06:33+	02:05+	01:24+	02:10+					
02:27+	02:32+	01:07+	00:37+	00:17+	12:42+	03:00+	03:38+	04:16+	02:03+	02:18+	01:17+	04:04+	04:19+	03:20+	03:37+	02:24+	06:33+	02:05+	01:24+	02:10+					
21	Jonas Søby Pedersen	22																				1:15:50			
03:42+	07:51+	09:41+	10:31+	14:25+	24:39+	26:34+	28:41+	32:57+	35:23+	38:55+	39:53+	43:38+	47:05+	50:06+	53:25+	55:55+	63:33+	65:09+	66:32+	68:21+	70:48+	73:49+	75:00+	75:37+	75:50+
03:42+	04:09+	01:50+	00:50+	03:54+	10:14+	01:55+	02:07+	04:16+	02:26+	03:32+	00:58+	03:45+	03:27+	03:01+	03:19+	02:30+	07:38+	01:36+	01:23+	01:49+	02:27+	03:01+	01:11+	00:37+	00:13+
03:42+	04:09+	01:50+	00:50+	03:54+	10:14+	01:55+	02:07+	04:16+	02:26+	03:32+	00:58+	03:45+	03:27+	03:01+	03:19+	02:30+	07:38+	01:36+	01:23+	01:49+	02:27+	03:01+	01:11+	00:37+	00:13+
22	Anders Gammelmark	16																				1:16:26			
02:21+	07:09+	09:09+	10:01+	12:53+	18:01+	22:08+	24:33+	29:21+	32:41+	34:51+	36:20+	41:14+	45:03+	49:16+	53:04+	55:48+	62:53+	65:15+	67:02+	69:02+	71:43+	74:25+	75:32+	76:12+	76:26+
02:21+	04:48+	02:00+	00:52+	02:52+	05:08+	04:07+	02:25+	04:48+	03:20+	02:10+	01:29+	04:54+	03:49+	04:13+	03:48+	02:44+	07:05+	02:22+	01:47+	02:00+	02:41+	02:42+	01:07+	00:40+	00:14+
02:21+	04:48+	02:00+	00:52+	02:52+	05:08+	04:07+	02:25+	04:48+	03:20+	02:10+	01:29+	04:54+	03:49+	04:13+	03:48+	02:44+	07:05+	02:22+	01:47+	02:00+	02:41+	02:42+	01:07+	00:40+	00:14+
23	Thorkild Jensen	14																				1:17:53			
03:38+	09:06+	10:52+	12:02+	14:36+	20:50+	23:32+	25:57+	30:27+	33:01+	35:01+	36:29+	40:24+	44:42+	51:44+	54:41+	57:15+	63:07+	65:24+	67:32+	70:45+	73:21+	75:51+	77:05+	77:38+	77:53+
03:38+	05:28+	01:46+	01:10+	02:34+	06:14+	02:42+	02:25+	04:30+	02:34+	02:00+	01:28+	03:55+	04:18+	07:02+	02:57+	02:34+	05:52+	02:17+	02:08+	03:13+	02:36+	02:30+	01:14+	00:33+	00:15+
03:38+	05:28+	01:46+	01:10+	02:34+	06:14+	02:42+	02:25+	04:30+	02:34+	02:00+	01:28+	03:55+	04:18+	07:02+	02:57+	02:34+	05:52+	02:17+	02:08+	03:13+	02:36+	02:30+	01:14+	00:33+	00:15+
24	Allan Reiche	13																				1:21:45			
03:13+	08:21+	10:21+	11:34+	14:27+	22:30+	24:53+	27:59+	33:03+	38:57+	41:17+	42:55+	47:47+	51:40+	55:32+	58:46+	61:55+	68:09+	70:10+	71:49+	73:42+	76:41+	79:37+	80:48+	81:25+	81:45+
03:13+	05:08+	02:00+	01:13+	02:53+	08:03+	02:23+	03:06+	05:04+	05:54+	02:20+	01:38+	04:52+	03:53+	03:52+	03:14+	03:09+	06:14+	02:01+	01:39+	01:53+	02:59+	02:56+	01:11+	00:37+	00:20+
03:13+	05:08+	02:00+	01:13+	02:53+	08:03+	02:23+	03:06+	05:04+	05:54+	02:20+	01:38+	04:52+	03:53+	03:52+	03:14+	03:09+	06:14+	02:01+	01:39+	01:53+	02:59+	02:56+	01:11+	00:37+	00:20+

H21

25	Lars Mikkelsen	2	1:23:59
03:29+	11:25+ 14:18+ 15:20+ 18:13+ 24:18+ 26:50+ 29:32+ 34:35+ 37:22+ 40:00+ 42:34+ 47:20+ 51:22+ 55:37+ 58:43+ 62:14+ 68:42+ 71:40+ 73:50+ 76:07+ 78:51+ 81:48+ 83:04+ 83:41+ 83:59+		
03:29+	07:56+ 02:53+ 01:02+ 02:53+ 06:05+ 02:32+ 02:42+ 05:03+ 02:47+ 02:38+ 02:34+ 04:46+ 04:02+ 04:15+ 03:06+ 03:31+ 06:28+ 02:58+ 02:10+ 02:17+ 02:44+ 02:57+ 01:16+ 00:37+ 00:18+		
03:29+	07:56+ 02:53+ 01:02+ 02:53+ 06:05+ 02:32+ 02:42+ 05:03+ 02:47+ 02:38+ 02:34+ 04:46+ 04:02+ 04:15+ 03:06+ 03:31+ 06:28+ 02:58+ 02:10+ 02:17+ 02:44+ 02:57+ 01:16+ 00:37+ 00:18+		

26	Kristian Skjødt	22	1:26:03
06:31+	12:33+ 15:18+ 19:53+ 22:38+ 25:29+ 27:01+ 32:14+ 35:56+ 42:02+ 45:58+ 48:59+ 56:18+ 59:37+ 61:13+ 63:36+ 66:09+ 68:49+ 70:07+ 70:42+ 70:57+		
06:31+	06:02+ 02:45+ 04:35+ 02:45+ 02:51+ 01:32+ 05:13+ 03:42+ 06:06+ 03:56+ 03:01+ 07:19+ 03:19+ 01:36+ 02:23+ 02:33+ 02:40+ 01:18+ 00:35+ 00:15+		
06:31+	06:02+ 02:45+ 04:35+ 02:45+ 02:51+ 01:32+ 05:13+ 03:42+ 06:06+ 03:56+ 03:01+ 07:19+ 03:19+ 01:36+ 02:23+ 02:33+ 02:40+ 01:18+ 00:35+ 00:15+		

28	Jacob Ingerslev Overvad	Ok Pan	1:26:18
02:34+	07:36+ 12:15+ 13:18+ 16:23+ 22:07+ 24:47+ 27:23+ 32:57+ 36:02+ 38:29+ 40:12+ 45:39+ 50:32+ 54:17+ 58:29+ 61:57+ 69:33+ 71:36+ 74:16+ 76:59+ 80:10+ 84:00+ 85:20+ 85:59+ 86:18+		
02:34+	05:02+ 04:39+ 01:03+ 03:05+ 05:44+ 02:40+ 02:36+ 05:34+ 03:05+ 02:27+ 01:43+ 05:27+ 04:53+ 03:45+ 04:12+ 03:28+ 07:36+ 02:03+ 02:40+ 02:43+ 03:11+ 03:50+ 01:20+ 00:39+ 00:19+		
02:34+	05:02+ 04:39+ 01:03+ 03:05+ 05:44+ 02:40+ 02:36+ 05:34+ 03:05+ 02:27+ 01:43+ 05:27+ 04:53+ 03:45+ 04:12+ 03:28+ 07:36+ 02:03+ 02:40+ 02:43+ 03:11+ 03:50+ 01:20+ 00:39+ 00:19+		

29	Søren Andersen	2	1:29:02
03:21+	14:41+ 17:05+ 18:05+ 20:47+ 26:56+ 29:34+ 32:01+ 36:53+ 39:21+ 42:27+ 44:05+ 49:59+ 55:03+ 60:08+ 63:32+ 66:46+ 73:27+ 76:15+ 78:06+ 80:12+ 83:11+ 86:32+ 87:58+ 88:44+ 89:02+		
03:21+	11:20+ 02:24+ 01:00+ 02:42+ 06:09+ 02:38+ 02:27+ 04:52+ 02:28+ 03:06+ 01:38+ 05:54+ 05:04+ 05:05+ 03:24+ 03:14+ 06:41+ 02:48+ 01:51+ 02:06+ 02:59+ 03:21+ 01:26+ 00:46+ 00:18+		
03:21+	11:20+ 02:24+ 01:00+ 02:42+ 06:09+ 02:38+ 02:27+ 04:52+ 02:28+ 03:06+ 01:38+ 05:54+ 05:04+ 05:05+ 03:24+ 03:14+ 06:41+ 02:48+ 01:51+ 02:06+ 02:59+ 03:21+ 01:26+ 00:46+ 00:18+		

31	Rasmus Thyssen Harfot	3	1:35:04
04:02+	09:01+ 11:06+ 12:19+ 15:40+ 21:59+ 26:33+ 29:11+ 34:41+ 38:19+ 41:00+ 42:48+ 48:38+ 54:28+ 59:49+ 64:35+ 70:17+ 77:00+ 79:40+ 82:06+ 84:34+ 88:25+ 92:27+ 93:53+ 94:43+ 95:04+		
04:02+	04:59+ 02:05+ 01:13+ 03:21+ 06:19+ 04:34+ 02:38+ 05:30+ 03:38+ 02:41+ 01:48+ 05:50+ 05:50+ 05:21+ 04:46+ 05:42+ 06:43+ 02:40+ 02:26+ 02:28+ 03:51+ 04:02+ 01:26+ 00:50+ 00:21+		
04:02+	04:59+ 02:05+ 01:13+ 03:21+ 06:19+ 04:34+ 02:38+ 05:30+ 03:38+ 02:41+ 01:48+ 05:50+ 05:50+ 05:21+ 04:46+ 05:42+ 06:43+ 02:40+ 02:26+ 02:28+ 03:51+ 04:02+ 01:26+ 00:50+ 00:21+		

33	Tue Hejlskov Mogensen	5	1:54:40
08:53+	13:56+ 16:17+ 17:34+ 20:25+ 26:38+ 29:43+ 32:48+ 38:30+ 41:23+ 44:23+ 46:37+ 55:28+ 63:45+ 69:50+ 76:10+ 81:40+ 92:26+ 95:34+ 99:06+ 102:27+ 106:49+ 111:22+ 113:02+ 114:07+ 114:40+		
08:53+	05:03+ 02:21+ 01:17+ 02:51+ 06:13+ 03:05+ 03:05+ 05:42+ 02:53+ 03:00+ 02:14+ 08:51+ 08:17+ 06:05+ 06:20+ 05:30+ 10:46+ 03:08+ 03:32+ 03:21+ 04:22+ 04:33+ 01:40+ 01:05+ 00:33+		
08:53+	05:03+ 02:21+ 01:17+ 02:51+ 06:13+ 03:05+ 03:05+ 05:42+ 02:53+ 03:00+ 02:14+ 08:51+ 08:17+ 06:05+ 06:20+ 05:30+ 10:46+ 03:08+ 03:32+ 03:21+ 04:22+ 04:33+ 01:40+ 01:05+ 00:33+		

34	Lau Sørensen	4	2:02:46
06:38+	13:48+ 24:23+ 25:56+ 29:33+ 36:23+ 40:40+ 44:12+ 49:52+ 53:35+ 61:07+ 62:43+ 70:29+ 77:02+ 83:52+ 89:01+ 92:59+ 103:41+ 107:17+ 110:14+ 113:28+ 116:51+ 120:11+ 121:48+ 122:27+ 122:46+		
06:38+	07:10+ 10:35+ 01:33+ 03:37+ 06:50+ 04:17+ 03:32+ 05:40+ 03:43+ 07:32+ 01:36+ 07:46+ 06:33+ 06:50+ 05:09+ 03:58+ 10:42+ 03:36+ 02:57+ 03:14+ 03:23+ 03:20+ 01:37+ 00:39+ 00:19+		
06:38+	07:10+ 10:35+ 01:33+ 03:37+ 06:50+ 04:17+ 03:32+ 05:40+ 03:43+ 07:32+ 01:36+ 07:46+ 06:33+ 06:50+ 05:09+ 03:58+ 10:42+ 03:36+ 02:57+ 03:14+ 03:23+ 03:20+ 01:37+ 00:39+ 00:19+		

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H21B

1	Mads Bak-Jensen	19	51:06
01:31=	04:52= 08:24= 11:13= 13:33= 16:33= 19:51= 22:49= 25:52= 29:22= 32:42= 34:17= 38:36= 40:33= 43:58= 46:58= 49:13= 50:45= 51:06=		
01:31=	03:21= 03:32= 02:49= 02:20= 03:00= 03:18= 02:58= 03:03= 03:30= 03:20= 01:35= 04:19= 01:57= 03:25= 03:00= 02:15= 01:32= 00:21=		
00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		

2	Lasse Lykkegaard	2	54:20
01:34+	04:29- 07:15- 10:38- 12:24- 17:40- 22:01- 28:25+ 31:01+ 33:44+ 35:17+ 38:22- 46:09+ 48:44+ 51:00+ 52:45+ 54:05+ 54:20+		
01:34+	02:55- 02:46- 01:52- 01:31- 01:46- 05:16+ 04:21+ 06:24+ 02:36- 02:43- 01:33- 03:05- 07:47+ 02:35- 02:16- 01:45- 01:20- 00:15-		
00:03+	00:26- 00:46- 00:57- 00:49- 01:14- 01:58& 01:23& 03:21@ 00:54- 00:37- 00:02- 01:14- 05:50@ 00:50- 00:44- 00:30- 00:12- 00:06-		

3	Simon Fjordvald	17	55:36
01:54+	06:19+ 09:31+ 11:56+ 14:08+ 16:51+ 20:05+ 24:21+ 27:41+ 30:49+ 34:36+ 36:41+ 41:03+ 43:18+ 47:39+ 51:08+ 53:32+ 55:16+ 55:36+		
01:54+	04:25+ 03:12- 02:25- 02:12- 02:43- 03:14- 04:16+ 03:20+ 03:08- 03:47+ 02:05+ 04:22+ 02:15+ 04:21+ 03:29+ 02:24+ 01:44+ 00:20-		
00:23&	01:04& 00:20- 00:24- 00:08- 00:17- 00:04- 01:18& 00:17+ 00:22- 00:27# 00:30& 00:03+ 00:18# 00:56& 00:29# 00:09+ 00:12# 00:01-		

Class	Navn	Klasse	Tid
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H21B

5	Peter Kilden Jensen	Ok Pan	1:08:22															
01:58+	06:13+	10:36+	13:36+	17:15+	20:49+	25:38+	29:13+	32:45+	37:00+	42:04+	44:24+	51:25+	54:17+	58:34+	62:09+	65:18+	67:55+	68:22+
01:58+	04:15+	04:23+	03:00+	03:39+	03:34+	04:49+	03:35+	03:32+	04:15+	05:04+	02:20+	07:01+	02:52+	04:17+	03:35+	03:09+	02:37+	00:27+
00:27&	00:54&	00:51#	00:11+	01:19&	00:34#	01:31&	00:37#	00:29#	00:45#	01:44&	00:45&	02:42&	00:55&	00:52&	00:35#	00:54&	01:05&	00:06&

7	Jesper N Knudsen	2	1:21:20															
02:21+	12:04+	15:58+	26:17+	29:44+	34:12+	37:28+	43:11+	47:58+	51:51+	56:00+	58:20+	63:42+	66:35+	70:56+	75:31+	78:31+	80:54+	81:20+
02:21+	09:43+	03:54+	10:19+	03:27+	04:28+	03:16+	05:43+	04:47+	03:53+	04:09+	02:20+	05:22+	02:53+	04:21+	04:35+	03:00+	02:23+	00:26+
02:21+	09:43+	03:54+	10:19+	03:27+	04:28+	03:16+	05:43+	04:47+	03:53+	04:09+	02:20+	05:22+	02:53+	04:21+	04:35+	03:00+	02:23+	00:26+

8	Peter Lund Poulsen	2	1:29:35														
02:10+	05:05+	08:10+	18:54+	20:48+	23:46+	26:20+	30:34+	37:14+	40:18+	43:43+	60:32+	78:08+	81:16+	84:36+	87:14+	89:00+	89:35+
02:10+	02:55+	03:05+	10:44+	01:54+	02:58+	02:34+	04:14+	06:40+	03:04+	03:25+	16:49+	17:36+	03:08+	03:20+	02:38+	01:46+	00:35+
02:10+	02:55+	03:05+	10:44+	01:54+	02:58+	02:34+	04:14+	06:40+	03:04+	03:25+	16:49+	17:36+	03:08+	03:20+	02:38+	01:46+	00:35+

9	Peter Trier	Ok Pan	1:40:42															
05:17+	11:39+	20:00+	23:09+	26:02+	29:47+	34:02+	38:57+	43:33+	48:55+	53:47+	57:39+	70:29+	73:57+	88:54+	93:44+	97:31+	100:10+	100:42+
05:17+	06:22+	08:21+	03:09+	02:53+	03:45+	04:15+	04:55+	04:36+	05:22+	04:52+	03:52+	12:50+	03:28+	14:57+	04:50+	03:47+	02:39+	00:32+
05:17+	06:22+	08:21+	03:09+	02:53+	03:45+	04:15+	04:55+	04:36+	05:22+	04:52+	03:52+	12:50+	03:28+	14:57+	04:50+	03:47+	02:39+	00:32+

10	Mogens Finderup	Ok Pan	1:43:45			
05:48+	09:50+	14:26+	18:37+	21:50+	23:40+	24:05+
05:48+	04:02+	04:36+	04:11+	03:13+	01:50+	00:25+
05:48+	04:02+	04:36+	04:11+	03:13+	01:50+	00:25+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H40

1	René Rokkjær	17	41:07																			
01:10=	03:42=	04:27=	06:27=	10:13=	11:57=	13:54=	15:46=	16:54=	21:41=	22:48=	25:22=	28:24=	30:17=	32:24=	33:37=	34:44=	36:10=	37:23=	38:16=	39:54=	40:51=	41:07=
01:10=	02:32=	00:45=	02:00=	03:46=	01:44=	01:57=	01:52=	01:08=	04:47=	01:07=	02:34=	03:02=	01:53=	02:07=	01:13=	01:07=	01:26=	01:13=	00:53=	01:38=	00:57=	00:16=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Rasmus Oscar	17	42:42																			
01:04-	03:59+	04:39+	06:47+	10:34+	12:27+	14:14+	16:09+	17:19+	21:52+	23:03+	25:42+	28:46+	30:39+	33:14+	34:40+	35:55+	37:24+	38:47+	39:43+	41:30+	42:29+	42:42+
01:04-	02:55+	00:40-	02:08+	03:47+	01:53+	01:47-	01:55+	01:10+	04:33-	01:11+	02:39+	03:04+	01:53=	02:35+	01:26+	01:15+	01:29+	01:23+	00:56+	01:47+	00:59+	00:13-
00:06-	00:23#	00:05-	00:08+	00:01+	00:09+	00:10-	00:03+	00:02+	00:14-	00:04+	00:05+	00:02+	00:00=	00:28#	00:13#	00:08#	00:03+	00:10#	00:03+	00:09+	00:02+	00:03-

3	Mikkel Lund	17	45:34																			
01:29+	04:27+	05:29+	07:29+	11:13+	13:06+	15:12+	17:25+	18:31+	23:21+	24:46+	27:12+	30:42+	32:48+	35:25+	36:54+	38:18+	39:52+	41:19+	42:18+	44:10+	45:16+	45:34+
01:29+	02:58+	01:02+	02:00=	03:44-	01:53+	02:06+	02:13+	01:06-	04:50+	01:25+	02:26-	03:30+	02:06+	02:37+	01:29+	01:24+	01:34+	01:27+	00:59+	01:52+	01:06+	00:18+
00:19&	00:26#	00:17&	00:00=	00:02-	00:09+	00:09+	00:21#	00:02-	00:03+	00:18&	00:08-	00:28#	00:13#	00:30#	00:16#	00:17&	00:08+	00:14#	00:06#	00:14#	00:09#	00:02#

4	Johan Maclassen	16	49:08																			
02:55+	05:59+	07:00+	09:35+	14:13+	16:01+	18:02+	20:32+	21:41+	27:00+	28:48+	31:38+	34:52+	36:50+	39:20+	40:47+	42:01+	43:31+	44:55+	45:53+	47:46+	48:53+	49:08+
02:55+	03:04+	01:01+	02:35+	04:38+	01:48+	02:01+	02:30+	01:09+	05:19+	01:48+	02:50+	03:14+	01:58+	02:30+	01:27+	01:14+	01:30+	01:24+	00:58+	01:53+	01:07+	00:15-
01:45@	00:32#	00:16&	00:35&	00:52#	00:04+	00:04+	00:38&	00:01+	00:32#	00:41&	00:16#	00:12+	00:05+	00:23#	00:14#	00:07#	00:04+	00:11#	00:05+	00:15#	00:10#	00:01-

5	Patrick Mcgrail	17	49:41																			
01:15+	04:14+	05:00+	07:11+	11:07+	12:43+	14:59+	16:58+	17:58+	23:15+	24:26+	27:04+	32:12+	37:13+	39:33+	40:56+	42:30+	44:06+	45:32+	46:27+	48:21+	49:25+	49:41+
01:15+	02:59+	00:46+	02:11+	03:56+	01:36-	02:16+	01:59+	01:00-	05:17+	01:11+	02:38+	05:08+	05:01+	02:20+	01:23+	01:34+	01:36+	01:26+	00:55+	01:54+	01:04+	00:16=
00:05+	00:27#	00:01+	00:11+	00:10+	00:08-	00:19#	00:07+	00:08-	00:30#	00:04+	00:04+	02:06&	03:08@	00:13#	00:10#	00:27&	00:10#	00:13#	00:02+	00:16#	00:07#	00:00=

Class	Navn	Klasse	Tid																			
H40																						
6	Troels Nielsen	3	51:09																			
01:11+	04:45+	05:42+	08:08+	12:41+	14:37+	16:33+	18:34+	19:41+	25:42+	27:02+	29:59+	33:50+	36:02+	39:51+	41:27+	42:54+	44:49+	46:26+	47:26+	49:36+	50:51+	51:09+
01:11+	03:34+	00:57+	02:26+	04:33+	01:56+	01:56-	02:01+	01:07-	06:01+	01:20+	02:57+	03:51+	02:12+	03:49+	01:36+	01:27+	01:55+	01:37+	01:00+	02:10+	01:15+	00:18+
00:01+	01:02&	00:12&	00:26#	00:47#	00:12#	00:01-	00:09+	00:01-	01:14&	00:13#	00:23#	00:49&	00:19#	01:42&	00:23&	00:20&	00:29&	00:24&	00:07#	00:32&	00:18&	00:02#
7	Morten Fenger-Grøn	17	51:52																			
01:28+	04:10+	05:00+	06:59+	12:36+	15:18+	17:45+	19:39+	20:47+	26:45+	28:06+	30:50+	34:45+	37:02+	40:13+	41:38+	42:57+	46:08+	47:44+	48:43+	50:28+	51:35+	51:52+
01:28+	02:42+	00:50+	01:59+	05:37+	02:42+	02:27+	01:54+	01:08+	05:58+	01:21+	02:44+	03:55+	02:17+	03:11+	01:25+	01:19+	03:11+	01:36+	00:59+	01:45+	01:07+	00:17+
01:28+	02:42+	00:50+	01:59+	05:37+	02:42+	02:27+	01:54+	01:08+	05:58+	01:21+	02:44+	03:55+	02:17+	03:11+	01:25+	01:19+	03:11+	01:36+	00:59+	01:45+	01:07+	00:17+
8	Jimmi Olsen	20	53:23																			
01:29+	04:50+	05:36+	07:56+	12:25+	14:32+	16:36+	19:54+	21:13+	28:12+	29:32+	32:34+	36:09+	38:31+	41:18+	43:04+	44:29+	46:24+	48:12+	49:19+	51:24+	53:05+	53:23+
01:29+	03:21+	00:46+	02:20+	04:29+	02:07+	02:04+	03:18+	01:19+	06:59+	01:20+	03:02+	03:35+	02:22+	02:47+	01:46+	01:25+	01:55+	01:48+	01:07+	02:05+	01:41+	00:18+
01:29+	03:21+	00:46+	02:20+	04:29+	02:07+	02:04+	03:18+	01:19+	06:59+	01:20+	03:02+	03:35+	02:22+	02:47+	01:46+	01:25+	01:55+	01:48+	01:07+	02:05+	01:41+	00:18+
9	Martin Bruhn Pedersen	Ok Pan	54:14																			
01:24+	05:00+	07:28+	10:04+	14:22+	16:34+	18:51+	21:32+	22:48+	28:15+	30:17+	33:23+	37:03+	39:37+	42:34+	44:26+	45:51+	47:38+	49:36+	50:42+	52:47+	53:57+	54:14+
01:24+	03:36+	02:28+	02:36+	04:18+	02:12+	02:17+	02:41+	01:16+	05:27+	02:02+	03:06+	03:40+	02:34+	02:57+	01:52+	01:25+	01:47+	01:58+	01:06+	02:05+	01:10+	00:17+
01:24+	03:36+	02:28+	02:36+	04:18+	02:12+	02:17+	02:41+	01:16+	05:27+	02:02+	03:06+	03:40+	02:34+	02:57+	01:52+	01:25+	01:47+	01:58+	01:06+	02:05+	01:10+	00:17+
10	Nicolai Zaar Nielsen	5	55:49																			
02:18+	06:07+	07:04+	09:50+	14:53+	17:05+	19:23+	21:36+	22:52+	30:05+	31:44+	35:24+	39:26+	41:54+	44:28+	46:07+	47:33+	49:23+	51:04+	52:08+	54:13+	55:32+	55:49+
02:18+	03:49+	00:57+	02:46+	05:03+	02:12+	02:18+	02:13+	01:16+	07:13+	01:39+	03:40+	04:02+	02:28+	02:34+	01:39+	01:26+	01:50+	01:41+	01:04+	02:05+	01:19+	00:17+
02:18+	03:49+	00:57+	02:46+	05:03+	02:12+	02:18+	02:13+	01:16+	07:13+	01:39+	03:40+	04:02+	02:28+	02:34+	01:39+	01:26+	01:50+	01:41+	01:04+	02:05+	01:19+	00:17+
11	Henrik Bomm Hinge	Ok Pan	56:51																			
02:53+	06:24+	07:08+	09:08+	15:21+	17:23+	19:22+	22:52+	24:02+	32:26+	34:03+	37:35+	41:09+	43:23+	46:04+	47:42+	49:10+	50:54+	52:36+	53:40+	55:32+	56:36+	56:51+
02:53+	03:31+	00:44+	02:00+	06:13+	02:02+	01:59+	03:30+	01:10+	08:24+	01:37+	03:32+	03:34+	02:14+	02:41+	01:38+	01:28+	01:44+	01:42+	01:04+	01:52+	01:04+	00:15+
02:53+	03:31+	00:44+	02:00+	06:13+	02:02+	01:59+	03:30+	01:10+	08:24+	01:37+	03:32+	03:34+	02:14+	02:41+	01:38+	01:28+	01:44+	01:42+	01:04+	01:52+	01:04+	00:15+
12	Henrik Tinggaard Andersen	22	1:00:19																			
01:41+	07:11+	08:05+	10:42+	15:14+	17:38+	20:11+	23:12+	24:29+	30:13+	31:43+	35:28+	39:41+	45:06+	48:03+	50:09+	51:39+	53:28+	55:09+	56:15+	58:21+	59:59+	60:19+
01:41+	05:30+	00:54+	02:37+	04:32+	02:24+	02:33+	03:01+	01:17+	05:44+	01:30+	03:45+	04:13+	05:25+	02:57+	02:06+	01:30+	01:49+	01:41+	01:06+	02:06+	01:38+	00:20+
01:41+	05:30+	00:54+	02:37+	04:32+	02:24+	02:33+	03:01+	01:17+	05:44+	01:30+	03:45+	04:13+	05:25+	02:57+	02:06+	01:30+	01:49+	01:41+	01:06+	02:06+	01:38+	00:20+
13	Per O. Espegren	22	1:01:10																			
12:16+	17:02+	17:57+	20:28+	25:01+	27:40+	30:07+	32:35+	33:43+	39:05+	40:53+	43:31+	46:54+	48:52+	51:22+	52:49+	54:04+	55:33+	56:57+	57:55+	59:42+	60:55+	61:10+
12:16+	04:46+	00:55+	02:31+	04:33+	02:39+	02:27+	02:28+	01:08+	05:22+	01:48+	02:38+	03:23+	01:58+	02:30+	01:27+	01:15+	01:29+	01:24+	00:58+	01:47+	01:13+	00:15+
12:16+	04:46+	00:55+	02:31+	04:33+	02:39+	02:27+	02:28+	01:08+	05:22+	01:48+	02:38+	03:23+	01:58+	02:30+	01:27+	01:15+	01:29+	01:24+	00:58+	01:47+	01:13+	00:15+
14	Claus Bobach	21	1:03:17																			
01:31+	06:05+	07:02+	10:04+	16:03+	18:44+	21:26+	24:15+	25:49+	32:29+	34:30+	38:02+	42:24+	45:34+	49:14+	51:04+	52:59+	55:12+	57:27+	58:42+	61:22+	63:00+	63:17+
01:31+	04:34+	00:57+	03:02+	05:59+	02:41+	02:42+	02:49+	01:34+	06:40+	02:01+	03:32+	04:22+	03:10+	03:40+	01:50+	01:55+	02:13+	02:15+	01:15+	02:40+	01:38+	00:17+
01:31+	04:34+	00:57+	03:02+	05:59+	02:41+	02:42+	02:49+	01:34+	06:40+	02:01+	03:32+	04:22+	03:10+	03:40+	01:50+	01:55+	02:13+	02:15+	01:15+	02:40+	01:38+	00:17+
15	Anders Gilleladen	Ok Pan	1:06:53																			
02:04+	06:50+	07:58+	11:26+	16:06+	19:47+	22:21+	25:29+	27:04+	34:04+	36:06+	41:15+	45:59+	48:47+	52:56+	55:14+	56:58+	59:54+	61:51+	63:04+	65:22+	66:37+	66:53+
02:04+	04:46+	01:08+	03:28+	04:40+	03:41+	02:34+	03:08+	01:35+	07:00+	02:02+	05:09+	04:44+	02:48+	04:09+	02:18+	01:44+	02:56+	01:57+	01:13+	02:18+	01:15+	00:16+
02:04+	04:46+	01:08+	03:28+	04:40+	03:41+	02:34+	03:08+	01:35+	07:00+	02:02+	05:09+	04:44+	02:48+	04:09+	02:18+	01:44+	02:56+	01:57+	01:13+	02:18+	01:15+	00:16+
16	Jens Lyhne Kristiansen	13	1:08:27																			
02:27+	06:45+	07:40+	11:11+	17:28+	20:33+	23:46+	26:38+	28:09+	34:23+	36:48+	40:14+	44:44+	50:10+	53:28+	56:06+	58:12+	61:04+	63:14+	64:32+	66:55+	68:08+	68:27+
02:27+	04:18+	00:55+	03:31+	06:17+	03:05+	03:13+	02:52+	01:31+	06:14+	02:25+	03:26+	04:30+	05:26+	03:18+	02:38+	02:06+	02:52+	02:10+	01:18+	02:23+	01:13+	00:19+
02:27+	04:18+	00:55+	03:31+	06:17+	03:05+	03:13+	02:52+	01:31+	06:14+	02:25+	03:26+	04:30+	05:26+	03:18+	02:38+	02:06+	02:52+	02:10+	01:18+	02:23+	01:13+	00:19+
17	Brian Rix Berthelsen	Ok Pan	1:08:56																			
02:18+	06:17+	07:39+	10:09+	16:09+	20:03+	22:14+	25:48+	27:14+	34:22+	36:16+	40:07+	44:34+	49:02+	52:52+	55:21+	57:24+	59:21+	63:27+	64:40+	67:18+	68:37+	68:56+
02:18+	03:59+	01:22+	02:30+	06:00+	03:54+	02:11+	03:34+	01:26+	07:08+	01:54+	03:51+	04:27+	04:28+	03:50+	02:29+	02:03+	01:57+	04:06+	01:13+	02:38+	01:19+	00:19+
02:18+	03:59+	01:22+	02:30+	06:00+	03:54+	02:11+	03:34+	01:26+	07:08+	01:54+	03:51+	04:27+	04:28+	03:50+	02:29+	02:03+	01:57+	04:06+	01:13+	02:38+	01:19+	00:19+

H40

18	Andreas Popp	21	1:10:01																			
04:47+	12:29+	14:39+	17:24+	23:06+	25:56+	29:26+	32:28+	34:01+	40:42+	42:28+	47:23+	51:29+	54:26+	57:47+	59:38+	61:25+	63:45+	65:24+	66:22+	68:30+	69:45+	70:01+
04:47+	07:42+	02:10+	02:45+	05:42+	02:50+	03:30+	03:02+	01:33+	06:41+	01:46+	04:55+	04:06+	02:57+	03:21+	01:51+	01:47+	02:20+	01:39+	00:58+	02:08+	01:15+	00:16+
04:47+	07:42+	02:10+	02:45+	05:42+	02:50+	03:30+	03:02+	01:33+	06:41+	01:46+	04:55+	04:06+	02:57+	03:21+	01:51+	01:47+	02:20+	01:39+	00:58+	02:08+	01:15+	00:16+
19	Allan Skouboe	3	1:16:10																			
03:22+	07:49+	08:57+	12:12+	19:09+	22:06+	25:06+	28:29+	30:21+	38:52+	41:20+	46:54+	52:59+	56:43+	61:03+	63:29+	65:24+	67:54+	70:05+	71:23+	74:13+	75:47+	76:10+
03:22+	04:27+	01:08+	03:15+	06:57+	02:57+	03:00+	03:23+	01:52+	08:31+	02:28+	05:34+	06:05+	03:44+	04:20+	02:26+	01:55+	02:30+	02:11+	01:18+	02:50+	01:34+	00:23+
03:22+	04:27+	01:08+	03:15+	06:57+	02:57+	03:00+	03:23+	01:52+	08:31+	02:28+	05:34+	06:05+	03:44+	04:20+	02:26+	01:55+	02:30+	02:11+	01:18+	02:50+	01:34+	00:23+
20	Jørgen Østergaard	5	1:20:20																			
02:09+	06:42+	08:11+	11:03+	17:09+	21:08+	25:29+	28:36+	30:16+	39:07+	41:07+	45:31+	50:11+	61:43+	65:06+	67:09+	68:52+	70:59+	72:51+	74:07+	78:15+	80:01+	80:20+
02:09+	04:33+	01:29+	02:52+	06:06+	03:59+	04:21+	03:07+	01:40+	08:51+	02:00+	04:24+	04:40+	11:32+	03:23+	02:03+	01:43+	02:07+	01:52+	01:16+	04:08+	01:46+	00:19+
02:09+	04:33+	01:29+	02:52+	06:06+	03:59+	04:21+	03:07+	01:40+	08:51+	02:00+	04:24+	04:40+	11:32+	03:23+	02:03+	01:43+	02:07+	01:52+	01:16+	04:08+	01:46+	00:19+
21	Flemming Futtrup	20	1:24:30																			
05:53+	10:27+	11:36+	17:00+	25:12+	28:03+	30:42+	34:08+	35:52+	44:17+	46:17+	51:59+	56:57+	64:02+	68:50+	71:00+	72:50+	75:51+	78:04+	79:27+	82:33+	84:10+	84:30+
05:53+	04:34+	01:09+	05:24+	08:12+	02:51+	02:39+	03:26+	01:44+	08:25+	02:00+	05:42+	04:58+	07:05+	04:48+	02:10+	01:50+	03:01+	02:13+	01:23+	03:06+	01:37+	00:20+
05:53+	04:34+	01:09+	05:24+	08:12+	02:51+	02:39+	03:26+	01:44+	08:25+	02:00+	05:42+	04:58+	07:05+	04:48+	02:10+	01:50+	03:01+	02:13+	01:23+	03:06+	01:37+	00:20+
22	Sami Aarnio	13	1:25:39																			
08:30+	16:39+	17:58+	20:38+	28:06+	31:02+	35:40+	41:38+	45:02+	53:24+	55:45+	59:26+	64:31+	67:39+	71:38+	74:19+	76:13+	78:30+	80:29+	81:42+	83:57+	85:24+	85:39+
08:30+	08:09+	01:19+	02:40+	07:28+	02:56+	04:38+	05:58+	03:24+	08:22+	02:21+	03:41+	05:05+	03:08+	03:59+	02:41+	01:54+	02:17+	01:59+	01:13+	02:15+	01:27+	00:15+
08:30+	08:09+	01:19+	02:40+	07:28+	02:56+	04:38+	05:58+	03:24+	08:22+	02:21+	03:41+	05:05+	03:08+	03:59+	02:41+	01:54+	02:17+	01:59+	01:13+	02:15+	01:27+	00:15+
23	Stefan Keller	3	1:29:17																			
06:20+	10:07+	11:24+	13:58+	19:04+	21:48+	24:15+	27:25+	29:01+	34:46+	40:11+	43:45+	51:37+	64:41+	68:36+	73:03+	77:48+	81:31+	84:30+	85:44+	87:47+	89:01+	89:17+
06:20+	03:47+	01:17+	02:34+	05:06+	02:44+	02:27+	03:10+	01:36+	05:45+	05:25+	03:34+	07:52+	13:04+	03:55+	04:27+	04:45+	03:43+	02:59+	01:14+	02:03+	01:14+	00:16+
06:20+	03:47+	01:17+	02:34+	05:06+	02:44+	02:27+	03:10+	01:36+	05:45+	05:25+	03:34+	07:52+	13:04+	03:55+	04:27+	04:45+	03:43+	02:59+	01:14+	02:03+	01:14+	00:16+
24	Henrik Juhl	2	1:33:38																			
09:23+	14:01+	16:34+	19:46+	26:51+	33:49+	36:40+	40:17+	43:58+	55:01+	57:49+	63:19+	68:37+	72:22+	76:08+	78:17+	80:25+	83:20+	86:08+	87:41+	91:27+	93:19+	93:38+
09:23+	04:38+	02:33+	03:12+	07:05+	06:58+	02:51+	03:37+	03:41+	11:03+	02:48+	05:30+	05:18+	03:45+	03:46+	02:09+	02:08+	02:55+	02:48+	01:33+	03:46+	01:52+	00:19+
09:23+	04:38+	02:33+	03:12+	07:05+	06:58+	02:51+	03:37+	03:41+	11:03+	02:48+	05:30+	05:18+	03:45+	03:46+	02:09+	02:08+	02:55+	02:48+	01:33+	03:46+	01:52+	00:19+
25	Leif Rønn Olsen	2	1:47:50																			
03:04+	31:51+	33:14+	37:05+	44:18+	47:31+	51:03+	54:18+	56:24+	67:27+	69:54+	74:23+	80:17+	84:17+	88:46+	92:29+	94:44+	97:48+	100:39+	102:24+	105:42+	107:26+	107:50+
03:04+	28:47+	01:23+	03:51+	07:13+	03:13+	03:32+	03:15+	02:06+	11:03+	02:27+	04:29+	05:54+	04:00+	04:29+	03:43+	02:15+	03:04+	02:51+	01:45+	03:18+	01:44+	00:24+
03:04+	28:47+	01:23+	03:51+	07:13+	03:13+	03:32+	03:15+	02:06+	11:03+	02:27+	04:29+	05:54+	04:00+	04:29+	03:43+	02:15+	03:04+	02:51+	01:45+	03:18+	01:44+	00:24+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H45B

1	Flemming Thyssen	3	46:09															
01:32=	05:06=	07:41=	09:49=	11:37=	14:07=	16:43=	19:49=	22:24=	25:50=	29:31=	30:59=	34:26=	36:12=	39:20=	42:15=	44:11=	45:48=	46:09=
01:32=	03:34=	02:35=	02:08=	01:48=	02:30=	02:36=	03:06=	02:35=	03:26=	03:41=	01:28=	03:27=	01:46=	03:08=	02:55=	01:56=	01:37=	00:21=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Morten Bruhn Olsen	21	53:01															
02:18+	05:59+	09:01+	11:23+	13:27+	16:04+	20:24+	23:51+	28:55+	31:39+	34:53+	36:53+	40:34+	42:31+	46:13+	48:54+	51:11+	52:44+	53:01+
02:18+	03:41+	03:02+	02:22+	02:04+	02:37+	04:20+	03:27+	05:04+	02:44-	03:14-	02:00+	03:41+	01:57+	03:42+	02:41-	02:17+	01:33-	00:17-
00:46&	00:07+	00:27#	00:14#	00:16#	00:07+	01:44&	00:21#	02:29&	00:42-	00:27-	00:32&	00:14+	00:11#	00:34#	00:14-	00:21#	00:04-	00:04-

H45B

3	Morten Terp Sørensen	17	59:38															
03:31+	06:54+	12:49+	15:25+	17:39+	21:22+	24:02+	27:36+	30:37+	34:02+	37:41+	39:49+	44:26+	48:16+	51:39+	54:51+	57:20+	59:18+	59:38+
03:31+	03:23-	05:55+	02:36+	02:14+	03:43+	02:40+	03:34+	03:01+	03:25-	03:39-	02:08+	04:37+	03:50+	03:23+	03:12+	02:29+	01:58+	00:20-
01:59@	00:11-	03:20@	00:28#	00:26#	01:13&	00:04+	00:28#	00:26#	00:01-	00:02-	00:40&	01:10&	02:04@	00:15+	00:17+	00:33&	00:21#	00:01-

4	Erik Brixen	2	1:06:52															
02:19+	09:18+	12:30+	18:43+	22:01+	25:39+	28:27+	32:34+	36:40+	40:22+	44:00+	45:50+	50:01+	52:40+	58:11+	61:53+	64:33+	66:31+	66:52+
02:19+	06:59+	03:12+	06:13+	03:18+	03:38+	02:48+	04:07+	04:06+	03:42+	03:38+	01:50+	04:11+	02:39+	05:31+	03:42+	02:40+	01:58+	00:21+
02:19+	06:59+	03:12+	06:13+	03:18+	03:38+	02:48+	04:07+	04:06+	03:42+	03:38+	01:50+	04:11+	02:39+	05:31+	03:42+	02:40+	01:58+	00:21+

5	Johan Magnus Palmfeldt	Ok Pan	1:08:21															
04:49+	10:47+	16:10+	19:34+	22:46+	25:53+	29:24+	33:06+	37:18+	41:29+	46:04+	49:26+	54:31+	56:51+	60:21+	63:45+	66:23+	68:01+	68:21+
04:49+	05:58+	05:23+	03:24+	03:12+	03:07+	03:31+	03:42+	04:12+	04:11+	04:35+	03:22+	05:05+	02:20+	03:30+	03:24+	02:38+	01:38+	00:20+
04:49+	05:58+	05:23+	03:24+	03:12+	03:07+	03:31+	03:42+	04:12+	04:11+	04:35+	03:22+	05:05+	02:20+	03:30+	03:24+	02:38+	01:38+	00:20+

7	Niels Dupont	Ok Pan	1:13:49															
02:45+	07:25+	18:09+	20:57+	23:27+	27:28+	31:03+	34:55+	41:25+	47:05+	54:04+	55:27+	59:35+	61:56+	66:04+	69:41+	72:09+	73:33+	73:49+
02:45+	04:40+	10:44+	02:48+	02:30+	04:01+	03:35+	03:52+	06:30+	05:40+	06:59+	01:23+	04:08+	02:21+	04:08+	03:37+	02:28+	01:24+	00:16+
02:45+	04:40+	10:44+	02:48+	02:30+	04:01+	03:35+	03:52+	06:30+	05:40+	06:59+	01:23+	04:08+	02:21+	04:08+	03:37+	02:28+	01:24+	00:16+

8	Keld Østergaard	5	1:14:53															
01:59+	06:23+	10:18+	13:06+	15:51+	19:05+	23:09+	29:42+	36:51+	45:21+	50:47+	52:44+	57:52+	61:01+	65:31+	69:44+	72:28+	74:30+	74:53+
01:59+	04:24+	03:55+	02:48+	02:45+	03:14+	04:04+	06:33+	07:09+	08:30+	05:26+	01:57+	05:08+	03:09+	04:30+	04:13+	02:44+	02:02+	00:23+
01:59+	04:24+	03:55+	02:48+	02:45+	03:14+	04:04+	06:33+	07:09+	08:30+	05:26+	01:57+	05:08+	03:09+	04:30+	04:13+	02:44+	02:02+	00:23+

10	Klaus Wolsing	5	1:17:15															
02:13+	08:19+	12:36+	16:13+	19:25+	24:16+	28:40+	32:56+	37:07+	41:53+	47:39+	50:10+	57:25+	60:18+	65:44+	70:15+	73:49+	76:40+	77:15+
02:13+	06:06+	04:17+	03:37+	03:12+	04:51+	04:24+	04:16+	04:11+	04:46+	05:46+	02:31+	07:15+	02:53+	05:26+	04:31+	03:34+	02:51+	00:35+
02:13+	06:06+	04:17+	03:37+	03:12+	04:51+	04:24+	04:16+	04:11+	04:46+	05:46+	02:31+	07:15+	02:53+	05:26+	04:31+	03:34+	02:51+	00:35+

11	Bjarne Stange Nielsen	14	1:17:29															
01:49+	09:01+	12:11+	15:57+	22:55+	26:01+	34:11+	38:55+	43:46+	48:05+	52:48+	58:58+	63:31+	65:53+	69:21+	72:38+	75:06+	77:06+	77:29+
01:49+	07:12+	03:10+	03:46+	06:58+	03:06+	08:10+	04:44+	04:51+	04:19+	04:43+	06:10+	04:33+	02:22+	03:28+	03:17+	02:28+	02:00+	00:23+
01:49+	07:12+	03:10+	03:46+	06:58+	03:06+	08:10+	04:44+	04:51+	04:19+	04:43+	06:10+	04:33+	02:22+	03:28+	03:17+	02:28+	02:00+	00:23+

12	Thomas Brix Lyng	13	1:17:48															
03:50+	10:54+	16:58+	20:05+	23:17+	27:29+	31:58+	37:18+	42:04+	46:29+	50:53+	53:56+	59:42+	63:41+	68:12+	72:08+	74:59+	77:21+	77:48+
03:50+	07:04+	06:04+	03:07+	03:12+	04:12+	04:29+	05:20+	04:46+	04:25+	04:24+	03:03+	05:46+	03:59+	04:31+	03:56+	02:51+	02:22+	00:27+
03:50+	07:04+	06:04+	03:07+	03:12+	04:12+	04:29+	05:20+	04:46+	04:25+	04:24+	03:03+	05:46+	03:59+	04:31+	03:56+	02:51+	02:22+	00:27+

13	Torben Sørensen	3	1:22:58															
02:34+	07:35+	12:26+	16:53+	19:56+	23:56+	32:16+	44:52+	52:49+	56:19+	59:51+	62:10+	67:14+	69:39+	74:14+	78:10+	80:45+	82:40+	82:58+
02:34+	05:01+	04:51+	04:27+	03:03+	04:00+	08:20+	12:36+	07:57+	03:30+	03:32+	02:19+	05:04+	02:25+	04:35+	03:56+	02:35+	01:55+	00:18+
02:34+	05:01+	04:51+	04:27+	03:03+	04:00+	08:20+	12:36+	07:57+	03:30+	03:32+	02:19+	05:04+	02:25+	04:35+	03:56+	02:35+	01:55+	00:18+

14	Rasmus Møller	14	1:25:08															
04:43+	10:19+	15:09+	18:32+	21:29+	26:03+	29:53+	34:52+	39:41+	53:16+	59:57+	62:26+	69:54+	72:49+	76:42+	79:43+	82:25+	84:49+	85:08+
04:43+	05:36+	04:50+	03:23+	02:57+	04:34+	03:50+	04:59+	04:49+	13:35+	06:41+	02:29+	07:28+	02:55+	03:53+	03:01+	02:42+	02:24+	00:19+
04:43+	05:36+	04:50+	03:23+	02:57+	04:34+	03:50+	04:59+	04:49+	13:35+	06:41+	02:29+	07:28+	02:55+	03:53+	03:01+	02:42+	02:24+	00:19+

15	Mogens Henriksen	17	1:26:32															
02:25+	13:43+	25:24+	29:30+	32:28+	35:34+	38:35+	42:35+	50:36+	54:50+	58:36+	60:26+	71:09+	73:39+	77:19+	82:28+	84:34+	86:14+	86:32+
02:25+	11:18+	11:41+	04:06+	02:58+	03:06+	03:01+	04:00+	08:01+	04:14+	03:46+	01:50+	10:43+	02:30+	03:40+	05:09+	02:06+	01:40+	00:18+
02:25+	11:18+	11:41+	04:06+	02:58+	03:06+	03:01+	04:00+	08:01+	04:14+	03:46+	01:50+	10:43+	02:30+	03:40+	05:09+	02:06+	01:40+	00:18+

16	Jan Overgaard	Ok Pan	1:29:47															
02:43+	09:11+	21:14+	25:55+	28:56+	33:17+	40:47+	46:02+	51:57+	56:49+	62:03+	65:19+	71:04+	74:01+	78:51+	84:23+	87:15+	89:25+	89:47+
02:43+	06:28+	12:03+	04:41+	03:01+	04:21+	07:30+	05:15+	05:55+	04:52+	05:14+	03:16+	05:45+	02:57+	04:50+	05:32+	02:52+	02:10+	00:22+
02:43+	06:28+	12:03+	04:41+	03:01+	04:21+	07:30+	05:15+	05:55+	04:52+	05:14+	03:16+	05:45+	02:57+	04:50+	05:32+	02:52+	02:10+	00:22+

H45B

17	Jens Christian Dalgaard	5	1:30:47															
08:18+	15:00+	20:08+	23:47+	27:57+	32:07+	36:43+	41:27+	47:08+	52:24+	58:10+	61:31+	68:14+	71:54+	77:46+	82:57+	87:00+	90:12+	90:47+
08:18+	06:42+	05:08+	03:39+	04:10+	04:10+	04:36+	04:44+	05:41+	05:16+	05:46+	03:21+	06:43+	03:40+	05:52+	05:11+	04:03+	03:12+	00:35+
08:18+	06:42+	05:08+	03:39+	04:10+	04:10+	04:36+	04:44+	05:41+	05:16+	05:46+	03:21+	06:43+	03:40+	05:52+	05:11+	04:03+	03:12+	00:35+

18	Niels Jørgen Iversen	5	1:32:37															
03:00+	08:58+	14:02+	18:07+	21:49+	27:35+	33:44+	39:12+	44:38+	51:46+	57:55+	60:30+	67:52+	71:44+	78:20+	84:10+	88:40+	91:55+	92:37+
03:00+	05:58+	05:04+	04:05+	03:42+	05:46+	06:09+	05:28+	05:26+	07:08+	06:09+	02:35+	07:22+	03:52+	06:36+	05:50+	04:30+	03:15+	00:42+
03:00+	05:58+	05:04+	04:05+	03:42+	05:46+	06:09+	05:28+	05:26+	07:08+	06:09+	02:35+	07:22+	03:52+	06:36+	05:50+	04:30+	03:15+	00:42+

19	Brian Sørensen Bugge	4	1:35:29															
02:40+	07:39+	11:23+	14:07+	16:29+	21:41+	26:46+	32:44+	40:37+	52:50+	57:00+	60:25+	73:01+	76:43+	81:06+	85:43+	88:49+	95:09+	95:29+
02:40+	04:59+	03:44+	02:44+	02:22+	05:12+	05:05+	05:58+	07:53+	12:13+	04:10+	03:25+	12:36+	03:42+	04:23+	04:37+	03:06+	06:20+	00:20+
02:40+	04:59+	03:44+	02:44+	02:22+	05:12+	05:05+	05:58+	07:53+	12:13+	04:10+	03:25+	12:36+	03:42+	04:23+	04:37+	03:06+	06:20+	00:20+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H50

1	Thomas Hjerrild	Ok Pan	41:26																	
01:54=	04:33=	05:57=	08:11=	10:21=	12:43=	15:00=	15:58=	19:34=	21:27=	23:44=	25:41=	28:09=	30:47=	33:08=	34:52=	37:21=	39:10=	40:00=	41:09=	41:26=
01:54=	02:39=	01:24=	02:14=	02:10=	02:22=	02:17=	00:58=	03:36=	01:53=	02:17=	01:57=	02:28=	02:38=	02:21=	01:44=	02:29=	01:49=	00:50=	01:09=	00:17=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Kim Rokkjær	Ok Pan	46:02																	
02:03+	05:05+	06:30+	08:48+	11:00+	14:33+	16:53+	18:29+	22:28+	24:29+	26:33+	28:36+	31:01+	34:47+	37:20+	38:59+	42:01+	43:57+	44:41+	45:47+	46:02+
02:03+	03:02+	01:25+	02:18+	02:12+	03:33+	02:20+	01:36+	03:59+	02:01+	02:04-	02:03+	02:25-	03:46+	02:33+	01:39-	03:02+	01:56+	00:44-	01:06-	00:15-
00:09+	00:23#	00:01+	00:04+	00:02+	01:11&	00:03+	00:38&	00:23#	00:08+	00:13-	00:06+	00:03-	01:08&	00:12+	00:05-	00:33#	00:07+	00:06-	00:03-	00:02-

3	Thomas Fredberg	17	49:30																	
01:54=	04:53+	06:15+	08:58+	11:26+	13:39+	15:55+	17:01+	20:26+	22:20+	24:38+	26:20+	29:49+	32:13+	40:35+	42:27+	45:04+	47:18+	48:00+	49:11+	49:30+
01:54=	02:59+	01:22-	02:43+	02:28+	02:13-	02:16-	01:06+	03:25-	01:54+	02:18+	01:42-	03:29+	02:24-	08:22+	01:52+	02:37+	02:14+	00:42-	01:11+	00:19+
00:00=	00:20#	00:02-	00:29#	00:18#	00:09-	00:01-	00:08#	00:11-	00:01+	00:01+	00:15-	01:01&	00:14-	06:01@	00:08+	00:08+	00:25#	00:08-	00:02+	00:02#

4	Jørgen Schnack	21	49:37																	
02:11+	05:12+	06:45+	09:55+	13:39+	16:25+	19:27+	20:32+	24:27+	27:52+	30:23+	32:25+	35:02+	37:32+	40:01+	42:04+	45:09+	47:18+	48:09+	49:19+	49:37+
02:11+	03:01+	01:33+	03:10+	03:44+	02:46+	03:02+	01:05+	03:55+	03:25+	02:31+	02:02+	02:37+	02:30-	02:29+	02:03+	03:05+	02:09+	00:51+	01:10+	00:18+
00:17#	00:22#	00:09#	00:56&	01:34&	00:24#	00:45&	00:07#	00:19+	01:32&	00:14#	00:05+	00:09+	00:08-	00:08+	00:19#	00:36#	00:20#	00:01+	00:01+	00:01+

5	Walther Rahbek	16	53:15																	
03:56+	07:21+	09:00+	12:17+	15:10+	18:08+	21:47+	22:50+	27:30+	29:52+	32:46+	34:58+	37:41+	40:38+	43:13+	45:26+	48:22+	50:35+	51:36+	52:56+	53:15+
03:56+	03:25+	01:39+	03:17+	02:53+	02:58+	03:39+	01:03+	04:40+	02:22+	02:54+	02:12+	02:43+	02:57+	02:35+	02:13+	02:56+	02:13+	01:01+	01:20+	00:19+
02:02@	00:46&	00:15#	01:03&	00:43&	00:36&	01:22&	00:05+	01:04&	00:29&	00:37&	00:15#	00:15#	00:19#	00:14+	00:29&	00:27#	00:24#	00:11#	00:11#	00:02#

6	Mads Mikkelsen	3	53:35																	
05:41+	08:52+	10:28+	13:38+	16:04+	18:45+	22:02+	23:08+	27:43+	29:51+	32:24+	34:39+	37:22+	40:40+	43:46+	45:56+	48:50+	51:03+	51:52+	53:16+	53:35+
05:41+	03:11+	01:36+	03:10+	02:26+	02:41+	03:17+	01:06+	04:35+	02:08+	02:33+	02:15+	02:43+	03:18+	03:06+	02:10+	02:54+	02:13+	00:49-	01:24+	00:19+
03:47@	00:32#	00:12#	00:56&	00:16#	00:19#	01:00&	00:08#	00:59&	00:15#	00:16#	00:18#	00:15#	00:40&	00:45&	00:26#	00:25#	00:24#	00:01-	00:15#	00:02#

7	Kell Sønnichsen	Ok Pan	56:42																	
03:44+	07:23+	09:16+	12:49+	15:53+	18:41+	22:19+	24:31+	29:25+	31:57+	35:01+	37:07+	39:59+	43:18+	46:24+	48:38+	51:50+	53:50+	54:49+	56:23+	56:42+
03:44+	03:39+	01:53+	03:33+	03:04+	02:48+	03:38+	02:12+	04:54+	02:32+	03:04+	02:06+	02:52+	03:19+	03:06+	02:14+	03:12+	02:00+	00:59+	01:34+	00:19+
01:50&	01:00&	00:29&	01:19&	00:54&	00:26#	01:21&	01:14@	01:18&	00:39&	00:47&	00:09+	00:24#	00:41&	00:45&	00:30&	00:43&	00:11#	00:09#	00:25&	00:02#

Class	Navn	Klasse	Tid																	
H50																				
8	Jonas Persson	17	58:01																	
02:59+	06:08+	07:28+	11:35+	14:11+	16:49+	19:27+	22:45+	25:22+	27:49+	30:18+	33:17+	35:17+	36:12+	37:21+	37:37+					
02:59+	03:09+	01:20-	04:07+	02:36+	02:38+	02:38+	03:18+	02:37-	02:27+	02:29+	02:59+	02:00-	00:55-	01:09-	00:16-					
01:05&	00:30#	00:04-	01:53&	00:26#	00:16#	00:21#	02:20@	00:59-	00:34&	00:12+	01:02&	00:28-	01:43-	01:12-	01:28-					
9	Kent René Simonsen	20	59:59																	
03:28+	07:41+	09:26+	13:15+	16:21+	19:21+	23:13+	25:18+	31:21+	35:02+	37:55+	40:24+	43:17+	46:41+	49:22+	51:39+	54:41+	57:14+	58:04+	59:39+	59:59+
03:28+	04:13+	01:45+	03:49+	03:06+	03:00+	03:52+	02:05+	06:03+	03:41+	02:53+	02:29+	02:53+	03:24+	02:41+	02:17+	03:02+	02:33+	00:50+	01:35+	00:20+
03:28+	04:13+	01:45+	03:49+	03:06+	03:00+	03:52+	02:05+	06:03+	03:41+	02:53+	02:29+	02:53+	03:24+	02:41+	02:17+	03:02+	02:33+	00:50+	01:35+	00:20+
10	Kristian Edsen	6	1:01:32																	
02:45+	06:53+	08:54+	12:06+	15:06+	17:49+	21:11+	22:18+	27:15+	31:51+	37:56+	40:31+	43:44+	47:17+	50:14+	52:50+	56:14+	58:55+	59:45+	61:12+	61:32+
02:45+	04:08+	02:01+	03:12+	03:00+	02:43+	03:22+	01:07+	04:57+	04:36+	06:05+	02:35+	03:13+	03:33+	02:57+	02:36+	03:24+	02:41+	00:50+	01:27+	00:20+
02:45+	04:08+	02:01+	03:12+	03:00+	02:43+	03:22+	01:07+	04:57+	04:36+	06:05+	02:35+	03:13+	03:33+	02:57+	02:36+	03:24+	02:41+	00:50+	01:27+	00:20+
11	Søren Theilgaard	21	1:01:37																	
02:00+	05:42+	08:56+	11:55+	16:35+	18:31+	23:55+	26:50+	30:01+	32:39+	36:13+	39:45+	42:54+	45:19+	48:41+	51:18+	52:12+	53:52+	54:15+		
02:00+	03:42+	03:14+	02:59+	04:40+	01:56+	05:24+	02:55+	03:11+	02:38+	03:34+	03:32+	03:09+	02:25+	03:22+	02:37+	00:54+	01:40+	00:23+		
02:00+	03:42+	03:14+	02:59+	04:40+	01:56+	05:24+	02:55+	03:11+	02:38+	03:34+	03:32+	03:09+	02:25+	03:22+	02:37+	00:54+	01:40+	00:23+		
12	Ricki Laursen	20	1:01:41																	
03:12+	07:35+	12:04+	16:07+	19:35+	22:48+	26:59+	28:25+	33:35+	36:25+	39:17+	41:49+	44:42+	48:01+	50:31+	53:03+	56:46+	58:49+	60:04+	61:24+	61:41+
03:12+	04:23+	04:29+	04:03+	03:28+	03:13+	04:11+	01:26+	05:10+	02:50+	02:52+	02:32+	02:53+	03:19+	02:30+	02:32+	03:43+	02:03+	01:15+	01:20+	00:17+
03:12+	04:23+	04:29+	04:03+	03:28+	03:13+	04:11+	01:26+	05:10+	02:50+	02:52+	02:32+	02:53+	03:19+	02:30+	02:32+	03:43+	02:03+	01:15+	01:20+	00:17+
13	Bo Lindholm	17	1:02:06																	
08:20+	11:41+	13:34+	18:06+	21:41+	24:24+	27:26+	29:01+	33:28+	35:47+	38:20+	42:02+	45:35+	48:56+	51:29+	53:41+	56:46+	59:12+	60:06+	61:47+	62:06+
08:20+	03:21+	01:53+	04:32+	03:35+	02:43+	03:02+	01:35+	04:27+	02:19+	02:33+	03:42+	03:33+	03:21+	02:33+	02:12+	03:05+	02:26+	00:54+	01:41+	00:19+
08:20+	03:21+	01:53+	04:32+	03:35+	02:43+	03:02+	01:35+	04:27+	02:19+	02:33+	03:42+	03:33+	03:21+	02:33+	02:12+	03:05+	02:26+	00:54+	01:41+	00:19+
14	Michael Houkjær Rolighed	5	1:04:18																	
04:39+	07:58+	09:48+	15:03+	18:34+	21:51+	25:56+	27:48+	33:18+	36:04+	38:47+	41:28+	46:38+	49:53+	52:46+	55:07+	58:43+	61:22+	62:14+	63:58+	64:18+
04:39+	03:19+	01:50+	05:15+	03:31+	03:17+	04:05+	01:52+	05:30+	02:46+	02:43+	02:41+	05:10+	03:15+	02:53+	02:21+	03:36+	02:39+	00:52+	01:44+	00:20+
04:39+	03:19+	01:50+	05:15+	03:31+	03:17+	04:05+	01:52+	05:30+	02:46+	02:43+	02:41+	05:10+	03:15+	02:53+	02:21+	03:36+	02:39+	00:52+	01:44+	00:20+
15	Ole Jensen	5	1:04:38																	
06:55+	10:10+	11:39+	16:08+	19:28+	22:17+	25:00+	26:20+	31:09+	33:21+	36:05+	38:13+	41:17+	49:36+	51:56+	57:27+	60:26+	62:32+	63:11+	64:22+	64:38+
06:55+	03:15+	01:29+	04:29+	03:20+	02:49+	02:43+	01:20+	04:49+	02:12+	02:44+	02:08+	03:04+	08:19+	02:20+	05:31+	02:59+	02:06+	00:39+	01:11+	00:16+
06:55+	03:15+	01:29+	04:29+	03:20+	02:49+	02:43+	01:20+	04:49+	02:12+	02:44+	02:08+	03:04+	08:19+	02:20+	05:31+	02:59+	02:06+	00:39+	01:11+	00:16+
16	Heine Glüsing	2	1:06:26																	
03:12+	06:42+	08:36+	11:52+	15:23+	22:00+	25:50+	27:32+	34:11+	36:50+	40:57+	44:07+	47:19+	51:14+	54:28+	57:08+	60:40+	63:14+	64:48+	66:05+	66:26+
03:12+	03:30+	01:54+	03:16+	03:31+	06:37+	03:50+	01:42+	06:39+	02:39+	04:07+	03:10+	03:12+	03:55+	03:14+	02:40+	03:32+	02:34+	01:34+	01:17+	00:21+
03:12+	03:30+	01:54+	03:16+	03:31+	06:37+	03:50+	01:42+	06:39+	02:39+	04:07+	03:10+	03:12+	03:55+	03:14+	02:40+	03:32+	02:34+	01:34+	01:17+	00:21+
17	Jens Ozol	17	1:07:16																	
03:33+	08:49+	10:59+	14:50+	18:11+	22:11+	26:24+	28:06+	33:47+	36:52+	40:10+	43:14+	47:13+	50:44+	54:09+	57:11+	61:19+	64:13+	65:20+	67:00+	67:16+
03:33+	05:16+	02:10+	03:51+	03:21+	04:00+	04:13+	01:42+	05:41+	03:05+	03:18+	03:04+	03:59+	03:31+	03:25+	03:02+	04:08+	02:54+	01:07+	01:40+	00:16+
03:33+	05:16+	02:10+	03:51+	03:21+	04:00+	04:13+	01:42+	05:41+	03:05+	03:18+	03:04+	03:59+	03:31+	03:25+	03:02+	04:08+	02:54+	01:07+	01:40+	00:16+
18	Kim B. Schmidt	2	1:08:08																	
07:28+	13:04+	14:55+	18:11+	21:05+	24:20+	27:45+	29:11+	33:46+	36:14+	39:38+	42:14+	45:21+	49:30+	52:12+	59:54+	63:18+	65:38+	66:30+	67:53+	68:08+
07:28+	05:36+	01:51+	03:16+	02:54+	03:15+	03:25+	01:26+	04:35+	02:28+	03:24+	02:36+	03:07+	04:09+	02:42+	07:42+	03:24+	02:20+	00:52+	01:23+	00:15+
07:28+	05:36+	01:51+	03:16+	02:54+	03:15+	03:25+	01:26+	04:35+	02:28+	03:24+	02:36+	03:07+	04:09+	02:42+	07:42+	03:24+	02:20+	00:52+	01:23+	00:15+
19	Allan Hougaard	22	1:08:44																	
02:54+	10:34+	16:40+	19:33+	23:23+	26:21+	29:06+	30:19+	35:13+	37:26+	40:12+	42:15+	45:19+	53:40+	55:59+	61:31+	64:30+	66:38+	67:16+	68:27+	68:44+
02:54+	07:40+	06:06+	02:53+	03:50+	02:58+	02:45+	01:13+	04:54+	02:13+	02:46+	02:03+	03:04+	08:21+	02:19+	05:32+	02:59+	02:08+	00:38+	01:11+	00:17+
02:54+	07:40+	06:06+	02:53+	03:50+	02:58+	02:45+	01:13+	04:54+	02:13+	02:46+	02:03+	03:04+	08:21+	02:19+	05:32+	02:59+	02:08+	00:38+	01:11+	00:17+

H50

20	Johann Bladt	6																		1:10:08
04:03+	12:05+	14:16+	18:02+	24:28+	28:27+	31:37+	32:55+	37:45+	40:21+	45:24+	48:02+	50:59+	54:48+	57:45+	60:33+	63:56+	66:32+	68:10+	69:50+	70:08+
04:03+	08:02+	02:11+	03:46+	06:26+	03:59+	03:10+	01:18+	04:50+	02:36+	05:03+	02:38+	02:57+	03:49+	02:57+	02:48+	03:23+	02:36+	01:38+	01:40+	00:18+
04:03+	08:02+	02:11+	03:46+	06:26+	03:59+	03:10+	01:18+	04:50+	02:36+	05:03+	02:38+	02:57+	03:49+	02:57+	02:48+	03:23+	02:36+	01:38+	01:40+	00:18+

21	Thomas Herbert Kokholm	3																		1:10:54
04:10+	08:16+	10:31+	15:12+	19:02+	22:08+	26:17+	28:18+	33:02+	36:02+	39:43+	49:16+	52:59+	57:21+	60:34+	62:53+	65:56+	68:07+	69:01+	70:34+	70:54+
04:10+	04:06+	02:15+	04:41+	03:50+	03:06+	04:09+	02:01+	04:44+	03:00+	03:41+	09:33+	03:43+	04:22+	03:13+	02:19+	03:03+	02:11+	00:54+	01:33+	00:20+
04:10+	04:06+	02:15+	04:41+	03:50+	03:06+	04:09+	02:01+	04:44+	03:00+	03:41+	09:33+	03:43+	04:22+	03:13+	02:19+	03:03+	02:11+	00:54+	01:33+	00:20+

22	Thomas Lindschouw	21																		1:11:09
03:05+	07:53+	10:15+	14:42+	18:30+	22:36+	27:03+	28:46+	34:31+	37:54+	41:46+	45:01+	49:25+	53:28+	56:58+	60:03+	64:24+	67:28+	68:35+	70:44+	71:09+
03:05+	04:48+	02:22+	04:27+	03:48+	04:06+	04:27+	01:43+	05:45+	03:23+	03:52+	03:15+	04:24+	04:03+	03:30+	03:05+	04:21+	03:04+	01:07+	02:09+	00:25+
03:05+	04:48+	02:22+	04:27+	03:48+	04:06+	04:27+	01:43+	05:45+	03:23+	03:52+	03:15+	04:24+	04:03+	03:30+	03:05+	04:21+	03:04+	01:07+	02:09+	00:25+

23	Henrik Henriksen	3																		1:11:51
09:33+	17:54+	19:27+	23:30+	26:35+	29:26+	33:15+	34:37+	40:50+	44:28+	47:15+	49:25+	53:07+	58:30+	61:20+	63:28+	66:43+	69:09+	69:56+	71:34+	71:51+
09:33+	08:21+	01:33+	04:03+	03:05+	02:51+	03:49+	01:22+	06:13+	03:38+	02:47+	02:10+	03:42+	05:23+	02:50+	02:08+	03:15+	02:26+	00:47+	01:38+	00:17+
09:33+	08:21+	01:33+	04:03+	03:05+	02:51+	03:49+	01:22+	06:13+	03:38+	02:47+	02:10+	03:42+	05:23+	02:50+	02:08+	03:15+	02:26+	00:47+	01:38+	00:17+

24	Ole Jacobsen	2																		1:12:47
04:51+	09:04+	11:21+	15:27+	20:47+	24:20+	29:09+	30:52+	36:54+	40:10+	43:29+	46:51+	50:34+	54:39+	58:05+	61:44+	66:00+	69:13+	70:43+	72:26+	72:47+
04:51+	04:13+	02:17+	04:06+	05:20+	03:33+	04:49+	01:43+	06:02+	03:16+	03:19+	03:22+	03:43+	04:05+	03:26+	03:39+	04:16+	03:13+	01:30+	01:43+	00:21+
04:51+	04:13+	02:17+	04:06+	05:20+	03:33+	04:49+	01:43+	06:02+	03:16+	03:19+	03:22+	03:43+	04:05+	03:26+	03:39+	04:16+	03:13+	01:30+	01:43+	00:21+

25	Michael Filyo	17																		1:13:30
07:55+	11:59+	13:53+	17:49+	21:00+	24:28+	27:37+	29:07+	43:10+	45:33+	49:30+	52:17+	55:10+	58:59+	61:41+	63:55+	68:02+	70:38+	71:41+	73:11+	73:30+
07:55+	04:04+	01:54+	03:56+	03:11+	03:28+	03:09+	01:30+	14:03+	02:23+	03:57+	02:47+	02:53+	03:49+	02:42+	02:14+	04:07+	02:36+	01:03+	01:30+	00:19+
07:55+	04:04+	01:54+	03:56+	03:11+	03:28+	03:09+	01:30+	14:03+	02:23+	03:57+	02:47+	02:53+	03:49+	02:42+	02:14+	04:07+	02:36+	01:03+	01:30+	00:19+

26	Jan Kølbaek	22																		1:14:16
03:36+	09:29+	13:03+	17:01+	21:08+	24:29+	28:10+	29:39+	38:35+	41:57+	45:28+	48:27+	52:26+	56:48+	60:04+	62:54+	67:17+	71:08+	72:20+	73:54+	74:16+
03:36+	05:53+	03:34+	03:58+	04:07+	03:21+	03:41+	01:29+	08:56+	03:22+	03:31+	02:59+	03:59+	04:22+	03:16+	02:50+	04:23+	03:51+	01:12+	01:34+	00:22+
03:36+	05:53+	03:34+	03:58+	04:07+	03:21+	03:41+	01:29+	08:56+	03:22+	03:31+	02:59+	03:59+	04:22+	03:16+	02:50+	04:23+	03:51+	01:12+	01:34+	00:22+

27	Thomas Nielsen	17																		1:16:45
09:58+	14:09+	16:20+	29:46+	33:29+	35:51+	39:38+	40:56+	45:28+	48:06+	51:36+	53:53+	60:04+	63:07+	65:32+	68:20+	71:20+	74:17+	75:08+	76:30+	76:45+
09:58+	04:11+	02:11+	13:26+	03:43+	02:22+	03:47+	01:18+	04:32+	02:38+	03:30+	02:17+	06:11+	03:03+	02:25+	02:48+	03:00+	02:57+	00:51+	01:22+	00:15+
09:58+	04:11+	02:11+	13:26+	03:43+	02:22+	03:47+	01:18+	04:32+	02:38+	03:30+	02:17+	06:11+	03:03+	02:25+	02:48+	03:00+	02:57+	00:51+	01:22+	00:15+

28	Lennart Bo Kristiansen	20																		1:19:23
17:41+	21:41+	23:43+	28:04+	31:02+	35:38+	39:37+	41:04+	47:16+	51:21+	54:46+	57:27+	60:44+	64:18+	67:19+	69:42+	73:19+	75:57+	77:24+	78:59+	79:23+
17:41+	04:00+	02:02+	04:21+	02:58+	04:36+	03:59+	01:27+	06:12+	04:05+	03:25+	02:41+	03:17+	03:34+	03:01+	02:23+	03:37+	02:38+	01:27+	01:35+	00:24+
17:41+	04:00+	02:02+	04:21+	02:58+	04:36+	03:59+	01:27+	06:12+	04:05+	03:25+	02:41+	03:17+	03:34+	03:01+	02:23+	03:37+	02:38+	01:27+	01:35+	00:24+

29	Gert Johannesen	4																		1:22:41
03:22+	08:08+	10:27+	15:05+	19:30+	22:47+	26:50+	34:49+	41:31+	44:27+	47:52+	50:48+	54:36+	63:57+	68:04+	72:46+	76:53+	79:34+	80:44+	82:22+	82:41+
03:22+	04:46+	02:19+	04:38+	04:25+	03:17+	04:03+	07:59+	06:42+	02:56+	03:25+	02:56+	03:48+	09:21+	04:07+	04:42+	04:07+	02:41+	01:10+	01:38+	00:19+
03:22+	04:46+	02:19+	04:38+	04:25+	03:17+	04:03+	07:59+	06:42+	02:56+	03:25+	02:56+	03:48+	09:21+	04:07+	04:42+	04:07+	02:41+	01:10+	01:38+	00:19+

30	Kristian Arnborg Nielsen	14																		1:24:39
04:19+	10:13+	12:38+	17:31+	23:52+	28:56+	34:51+	37:14+	44:50+	48:46+	52:24+	56:05+	60:01+	66:19+	69:48+	73:20+	78:12+	81:24+	82:42+	84:17+	84:39+
04:19+	05:54+	02:25+	04:53+	06:21+	05:04+	05:55+	02:23+	07:36+	03:56+	03:38+	03:41+	03:56+	06:18+	03:29+	03:32+	04:52+	03:12+	01:18+	01:35+	00:22+
04:19+	05:54+	02:25+	04:53+	06:21+	05:04+	05:55+	02:23+	07:36+	03:56+	03:38+	03:41+	03:56+	06:18+	03:29+	03:32+	04:52+	03:12+	01:18+	01:35+	00:22+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Class	Navn	Klasse	Tid															
H60																		
1	Jan Møller	21	38:23															
02:34=	04:03=	05:31=	10:22=	11:24=	14:04=	18:07=	22:17=	24:28=	27:06=	28:54=	30:42=	32:23=	34:33=	36:12=	37:29=	38:05=	38:23=	
02:34=	01:29=	01:28=	04:51=	01:02=	02:40=	04:03=	04:10=	02:11=	02:38=	01:48=	01:48=	01:41=	02:10=	01:39=	01:17=	00:36=	00:18=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Erik Bobach	17	42:01															
02:28-	03:59-	05:32+	10:29+	11:42+	14:30+	18:37+	22:41+	24:54+	30:04+	31:57+	34:04+	35:53+	38:04+	39:51+	41:06+	41:42+	42:01+	
02:28-	01:31+	01:33+	04:57+	01:13+	02:48+	04:07+	04:04-	02:13+	05:10+	01:53+	02:07+	01:49+	02:11+	01:47+	01:15-	00:36=	00:19+	
00:06-	00:02+	00:05+	00:06+	00:11#	00:08+	00:04+	00:06-	00:02+	02:32&	00:05+	00:19#	00:08+	00:01+	00:08+	00:02-	00:00=	00:01+	
3	Morten Kjær	17	43:10															
03:34+	05:19+	06:45+	13:11+	14:08+	17:20+	21:36+	25:34+	28:03+	30:32+	32:43+	34:38+	36:23+	38:55+	40:44+	42:14+	42:53+	43:10+	
03:34+	01:45+	01:26-	06:26+	00:57-	03:12+	04:16+	03:58-	02:29+	02:29-	02:11+	01:55+	01:45+	02:32+	01:49+	01:30+	00:39+	00:17-	
01:00&	00:16#	00:02-	01:35&	00:05-	00:32#	00:13+	00:12-	00:18#	00:09-	00:23#	00:07+	00:04+	00:22#	00:10#	00:13#	00:03+	00:01-	
4	Kent Lodberg	Ok Pan	43:19															
02:24-	04:04+	05:42+	11:01+	12:24+	15:42+	20:22+	24:59+	27:31+	30:04+	32:25+	34:41+	36:28+	38:58+	40:49+	42:15+	43:03+	43:19+	
02:24-	01:40+	01:38+	05:19+	01:23+	03:18+	04:40+	04:37+	02:32+	02:33-	02:21+	02:16+	01:47+	02:30+	01:51+	01:26+	00:48+	00:16-	
00:10-	00:11#	00:10#	00:28+	00:21&	00:38#	00:37#	00:27#	00:21#	00:05-	00:33&	00:28&	00:06+	00:20#	00:12#	00:09#	00:12&	00:02-	
5	Keld Gade	20	47:05															
03:53+	05:27+	10:13+	15:40+	16:59+	19:56+	24:31+	29:06+	31:45+	34:35+	36:46+	38:45+	40:32+	42:58+	44:35+	46:14+	46:49+	47:05+	
03:53+	01:34+	04:46+	05:27+	01:19+	02:57+	04:35+	04:35+	02:39+	02:50+	02:11+	01:59+	01:47+	02:26+	01:37-	01:39+	00:35-	00:16-	
01:19&	00:05+	03:18@	00:36#	00:17&	00:17#	00:32#	00:25#	00:28#	00:12+	00:23#	00:11#	00:06+	00:16#	00:02-	00:22&	00:01-	00:02-	
6	Steffen Alm	6	48:26															
05:34+	06:55+	10:15+	15:33+	19:55+	22:39+	25:31+	27:35+	29:41+	31:30+	33:50+	35:39+	37:14+	37:55+	38:13+				
05:34+	01:21-	03:20+	05:18+	04:22+	02:44+	02:52-	02:04-	02:06-	01:49-	02:20+	01:49+	01:35-	00:41-	00:18-				
03:00@	00:08-	01:52@	00:27+	03:20@	00:04+	01:11-	02:06-	00:05-	00:49-	00:32&	00:01+	00:06-	01:29-	01:21-				
7	Jan Thomsen	Ok Pan	48:28															
02:55+	04:41+	06:32+	12:30+	13:40+	17:54+	23:04+	27:46+	30:22+	33:51+	36:15+	39:03+	41:28+	44:00+	45:53+	47:29+	48:09+	48:28+	
02:55+	01:46+	01:51+	05:58+	01:10+	04:14+	05:10+	04:42+	02:36+	03:29+	02:24+	02:48+	02:25+	02:32+	01:53+	01:36+	00:40+	00:19+	
00:21#	00:17#	00:23&	01:07#	00:08#	01:34&	01:07&	00:32#	00:25#	00:51&	00:36&	01:00&	00:44&	00:22#	00:14#	00:19#	00:04#	00:01+	
8	Niels Stadel	17	49:54															
03:24+	05:06+	07:14+	12:55+	14:12+	18:17+	22:49+	27:30+	30:12+	33:20+	35:33+	38:33+	40:47+	43:43+	46:00+	48:38+	49:37+	49:54+	
03:24+	01:42+	02:08+	05:41+	01:17+	04:05+	04:32+	04:41+	02:42+	03:08+	02:13+	03:00+	02:14+	02:56+	02:17+	02:38+	00:59+	00:17-	
00:50&	00:13#	00:40&	00:50#	00:15#	01:25&	00:29#	00:31#	00:31#	00:30#	00:25#	01:12&	00:33&	00:46&	00:38&	01:21@	00:23&	00:01-	
9	Stig Barrett	20	50:59															
03:03+	04:50+	07:12+	14:17+	15:39+	19:51+	25:17+	30:34+	33:32+	36:47+	39:21+	41:54+	43:58+	46:38+	48:23+	50:07+	50:42+	50:59+	
03:03+	01:47+	02:22+	07:05+	01:22+	04:12+	05:26+	05:17+	02:58+	03:15+	02:34+	02:33+	02:04+	02:40+	01:45+	01:44+	00:35-	00:17-	
00:29#	00:18#	00:54&	02:14&	00:20&	01:32&	01:23&	01:07&	00:47&	00:37#	00:46&	00:45&	00:23#	00:30#	00:06+	00:27&	00:01-	00:01-	
10	Jørgen Christoffersen	3	51:10															
03:10+	05:02+	07:45+	13:08+	14:31+	18:06+	22:35+	27:26+	31:02+	34:15+	36:33+	39:29+	42:52+	46:11+	48:10+	49:58+	50:46+	51:10+	
03:10+	01:52+	02:43+	05:23+	01:23+	03:35+	04:29+	04:51+	03:36+	03:13+	02:18+	02:56+	03:23+	03:19+	01:59+	01:48+	00:48+	00:24+	
00:36#	00:23&	01:15&	00:32#	00:21&	00:55&	00:26#	00:41#	01:25&	00:35#	00:30&	01:08&	01:42@	01:09&	00:20#	00:31&	00:12&	00:06&	
11	Kim Gottlieb	2	52:32															
02:46+	04:36+	06:29+	13:23+	14:55+	18:52+	23:47+	28:36+	31:41+	35:58+	38:21+	40:51+	44:25+	47:04+	49:10+	51:32+	52:13+	52:32+	
02:46+	01:50+	01:53+	06:54+	01:32+	03:57+	04:55+	04:49+	03:05+	04:17+	02:23+	02:30+	03:34+	02:39+	02:06+	02:22+	00:41+	00:19+	
00:12+	00:21#	00:25&	02:03&	00:30&	01:17&	00:52#	00:39#	00:54&	01:39&	00:35&	00:42&	01:53@	00:29#	00:27&	01:05&	00:05#	00:01+	
12	Jens Børsting	17	53:23															
03:37+	05:18+	07:12+	12:38+	16:44+	18:11+	22:12+	27:44+	32:41+	36:24+	39:16+	41:30+	43:52+	45:57+	48:32+	50:32+	52:13+	53:04+	53:23+
03:37+	01:41+	01:54+	05:26+	04:06+	01:27-	04:01-	05:32+	04:57+	03:43+	02:52+	02:14+	02:22+	02:05-	02:35+	02:00+	01:41+	00:51+	00:19+
01:03&	00:12#	00:26&	00:35#	03:04@	01:13-	00:02-	01:22&	02:46@	01:05&	01:04&	00:26#	00:41&	00:05-	00:56&	00:43&	01:05@	00:33@	00:19+

H60

13	Søren Munthe	5	53:56														
03:12+	05:11+	07:40+	13:46+	15:28+	20:51+	26:29+	31:42+	34:37+	38:38+	41:02+	43:51+	46:08+	48:57+	51:12+	52:47+	53:35+	53:56+
03:12+	01:59+	02:29+	06:06+	01:42+	05:23+	05:38+	05:13+	02:55+	04:01+	02:24+	02:49+	02:17+	02:49+	02:15+	01:35+	00:48+	00:21+
00:38#	00:30&	01:01&	01:15&	00:40&	02:43@	01:35&	01:03&	00:44&	01:23&	00:36&	01:01&	00:36&	00:39&	00:36&	00:18#	00:12&	00:03#

14	Bo L. Andersen	21	54:01														
02:52+	04:38+	06:21+	11:27+	12:35+	15:36+	20:40+	31:27+	33:54+	38:08+	40:45+	43:37+	45:55+	48:48+	50:29+	53:04+	53:42+	54:01+
02:52+	01:46+	01:43+	05:06+	01:08+	03:01+	05:04+	10:47+	02:27+	04:14+	02:37+	02:52+	02:18+	02:53+	01:41+	02:35+	00:38+	00:19+
02:52+	01:46+	01:43+	05:06+	01:08+	03:01+	05:04+	10:47+	02:27+	04:14+	02:37+	02:52+	02:18+	02:53+	01:41+	02:35+	00:38+	00:19+

15	Søren Bak	21	55:17														
04:19+	06:06+	07:49+	14:30+	15:52+	20:12+	26:01+	31:10+	34:44+	37:42+	40:33+	43:14+	45:28+	50:11+	52:19+	54:13+	54:56+	55:17+
04:19+	01:47+	01:43+	06:41+	01:22+	04:20+	05:49+	05:09+	03:34+	02:58+	02:51+	02:41+	02:14+	04:43+	02:08+	01:54+	00:43+	00:21+
04:19+	01:47+	01:43+	06:41+	01:22+	04:20+	05:49+	05:09+	03:34+	02:58+	02:51+	02:41+	02:14+	04:43+	02:08+	01:54+	00:43+	00:21+

16	Lars Jensen	5	56:21															
07:03+	09:32+	11:19+	17:26+	18:37+	19:32+	23:17+	27:51+	32:07+	35:31+	39:10+	44:14+	46:44+	49:13+	51:38+	53:37+	55:16+	56:05+	56:21+
07:03+	02:29+	01:47+	06:07+	01:11+	00:55+	03:45+	04:34+	04:16+	03:24+	03:39+	05:04+	02:30+	02:29+	02:25+	01:59+	01:39+	00:49+	00:16+
07:03+	02:29+	01:47+	06:07+	01:11+	00:55+	03:45+	04:34+	04:16+	03:24+	03:39+	05:04+	02:30+	02:29+	02:25+	01:59+	01:39+	00:49+	00:16+

17	Frank Krog Jensen	3	57:02														
04:02+	06:18+	08:25+	15:23+	16:45+	20:25+	27:40+	32:22+	35:36+	39:21+	42:20+	44:53+	48:49+	51:35+	53:41+	56:04+	56:44+	57:02+
04:02+	02:16+	02:07+	06:58+	01:22+	03:40+	07:15+	04:42+	03:14+	03:45+	02:59+	02:33+	03:56+	02:46+	02:06+	02:23+	00:40+	00:18+
04:02+	02:16+	02:07+	06:58+	01:22+	03:40+	07:15+	04:42+	03:14+	03:45+	02:59+	02:33+	03:56+	02:46+	02:06+	02:23+	00:40+	00:18+

18	Mogens Vennevold	19	58:27														
03:45+	05:50+	07:34+	12:46+	14:03+	22:19+	35:28+	39:39+	42:30+	45:11+	47:17+	49:33+	51:54+	54:18+	56:02+	57:36+	58:10+	58:27+
03:45+	02:05+	01:44+	05:12+	01:17+	08:16+	13:09+	04:11+	02:51+	02:41+	02:06+	02:16+	02:21+	02:24+	01:44+	01:34+	00:34+	00:17+
03:45+	02:05+	01:44+	05:12+	01:17+	08:16+	13:09+	04:11+	02:51+	02:41+	02:06+	02:16+	02:21+	02:24+	01:44+	01:34+	00:34+	00:17+

19	Mogens Hald	2	58:43														
04:44+	06:57+	11:08+	17:37+	19:04+	23:01+	28:54+	34:36+	37:41+	41:38+	44:18+	47:08+	49:24+	52:43+	55:08+	57:26+	58:23+	58:43+
04:44+	02:13+	04:11+	06:29+	01:27+	03:57+	05:53+	05:42+	03:05+	03:57+	02:40+	02:50+	02:16+	03:19+	02:25+	02:18+	00:57+	00:20+
04:44+	02:13+	04:11+	06:29+	01:27+	03:57+	05:53+	05:42+	03:05+	03:57+	02:40+	02:50+	02:16+	03:19+	02:25+	02:18+	00:57+	00:20+

20	Kjeld Arildsen	13	59:54														
03:28+	05:32+	07:37+	15:03+	16:55+	22:08+	28:23+	34:35+	38:55+	42:41+	45:42+	48:30+	51:05+	54:22+	56:40+	58:38+	59:32+	59:54+
03:28+	02:04+	02:05+	07:26+	01:52+	05:13+	06:15+	06:12+	04:20+	03:46+	03:01+	02:48+	02:35+	03:17+	02:18+	01:58+	00:54+	00:22+
03:28+	02:04+	02:05+	07:26+	01:52+	05:13+	06:15+	06:12+	04:20+	03:46+	03:01+	02:48+	02:35+	03:17+	02:18+	01:58+	00:54+	00:22+

21	Per Korsbæk	5	1:00:18														
03:52+	06:02+	08:11+	16:32+	17:38+	21:45+	27:17+	32:46+	38:03+	41:17+	46:51+	49:33+	51:55+	55:32+	57:42+	59:24+	60:01+	60:18+
03:52+	02:10+	02:09+	08:21+	01:06+	04:07+	05:32+	05:29+	05:17+	03:14+	05:34+	02:42+	02:22+	03:37+	02:10+	01:42+	00:37+	00:17+
03:52+	02:10+	02:09+	08:21+	01:06+	04:07+	05:32+	05:29+	05:17+	03:14+	05:34+	02:42+	02:22+	03:37+	02:10+	01:42+	00:37+	00:17+

22	Ole Bernth Jensen	6	1:01:05														
04:14+	06:36+	09:42+	16:46+	18:12+	22:37+	28:22+	33:26+	37:05+	40:57+	43:46+	46:48+	49:29+	54:12+	57:12+	59:49+	60:45+	61:05+
04:14+	02:22+	03:06+	07:04+	01:26+	04:25+	05:45+	05:04+	03:39+	03:52+	02:49+	03:02+	02:41+	04:43+	03:00+	02:37+	00:56+	00:20+
04:14+	02:22+	03:06+	07:04+	01:26+	04:25+	05:45+	05:04+	03:39+	03:52+	02:49+	03:02+	02:41+	04:43+	03:00+	02:37+	00:56+	00:20+

23	Henning Hansen	3	1:01:09														
03:26+	06:08+	09:21+	17:08+	19:21+	24:48+	30:09+	35:07+	38:45+	42:31+	45:40+	48:24+	51:26+	54:23+	56:45+	59:59+	60:47+	61:09+
03:26+	02:42+	03:13+	07:47+	02:13+	05:27+	05:21+	04:58+	03:38+	03:46+	03:09+	02:44+	03:02+	02:57+	02:22+	03:14+	00:48+	00:22+
03:26+	02:42+	03:13+	07:47+	02:13+	05:27+	05:21+	04:58+	03:38+	03:46+	03:09+	02:44+	03:02+	02:57+	02:22+	03:14+	00:48+	00:22+

24	Carl Henrik Pedersen	5	1:01:16														
03:38+	06:09+	08:35+	15:48+	17:36+	21:40+	27:34+	33:17+	37:07+	40:18+	43:00+	45:55+	52:23+	55:32+	57:41+	60:11+	61:00+	61:16+
03:38+	02:31+	02:26+	07:13+	01:48+	04:04+	05:54+	05:43+	03:50+	03:11+	02:42+	02:55+	06:28+	03:09+	02:09+	02:30+	00:49+	00:16+
03:38+	02:31+	02:26+	07:13+	01:48+	04:04+	05:54+	05:43+	03:50+	03:11+	02:42+	02:55+	06:28+	03:09+	02:09+	02:30+	00:49+	00:16+

Class	Navn	Klasse															Tid		
H60																			
25	Gert Bertel	4															1:02:59		
	04:02+	06:24+	08:26+	18:02+	19:54+	25:42+	31:47+	37:29+	41:09+	45:08+	48:22+	51:08+	53:17+	56:38+	59:26+	61:45+	62:38+	62:59+	
	04:02+	02:22+	02:02+	09:36+	01:52+	05:48+	06:05+	05:42+	03:40+	03:59+	03:14+	02:46+	02:09+	03:21+	02:48+	02:19+	00:53+	00:21+	
	04:02+	02:22+	02:02+	09:36+	01:52+	05:48+	06:05+	05:42+	03:40+	03:59+	03:14+	02:46+	02:09+	03:21+	02:48+	02:19+	00:53+	00:21+	
26	Vagn Pedersen	22															1:03:13		
	04:38+	06:55+	11:53+	18:31+	20:23+	25:59+	32:08+	37:43+	40:59+	44:40+	47:59+	51:10+	54:04+	57:57+	60:09+	62:02+	62:49+	63:13+	
	04:38+	02:17+	04:58+	06:38+	01:52+	05:36+	06:09+	05:35+	03:16+	03:41+	03:19+	03:11+	02:54+	03:53+	02:12+	01:53+	00:47+	00:24+	
	04:38+	02:17+	04:58+	06:38+	01:52+	05:36+	06:09+	05:35+	03:16+	03:41+	03:19+	03:11+	02:54+	03:53+	02:12+	01:53+	00:47+	00:24+	
27	Zijad Cosic	21															1:03:38		
	06:23+	12:49+	14:53+	22:06+	23:28+	27:42+	33:01+	37:45+	41:11+	44:57+	48:03+	50:56+	53:10+	57:37+	59:31+	62:15+	63:09+	63:38+	
	06:23+	06:26+	02:04+	07:13+	01:22+	04:14+	05:19+	04:44+	03:26+	03:46+	03:06+	02:53+	02:14+	04:27+	01:54+	02:44+	00:54+	00:29+	
	06:23+	06:26+	02:04+	07:13+	01:22+	04:14+	05:19+	04:44+	03:26+	03:46+	03:06+	02:53+	02:14+	04:27+	01:54+	02:44+	00:54+	00:29+	
28	Carl Malling	14															1:04:36		
	03:46+	05:59+	08:21+	15:15+	16:58+	21:26+	26:29+	31:52+	35:36+	39:01+	51:18+	54:03+	56:22+	59:50+	61:51+	63:27+	64:15+	64:36+	
	03:46+	02:13+	02:22+	06:54+	01:43+	04:28+	05:03+	05:23+	03:44+	03:25+	12:17+	02:45+	02:19+	03:28+	02:01+	01:36+	00:48+	00:21+	
	03:46+	02:13+	02:22+	06:54+	01:43+	04:28+	05:03+	05:23+	03:44+	03:25+	12:17+	02:45+	02:19+	03:28+	02:01+	01:36+	00:48+	00:21+	
29	Hans R. Vendelbjerg	Ok Pan															1:04:45		
	04:13+	06:41+	09:00+	16:55+	18:53+	23:48+	32:03+	41:30+	47:00+	50:09+	52:32+	54:54+	56:46+	59:23+	61:27+	63:41+	64:27+	64:45+	
	04:13+	02:28+	02:19+	07:55+	01:58+	04:55+	08:15+	09:27+	05:30+	03:09+	02:23+	02:22+	01:52+	02:37+	02:04+	02:14+	00:46+	00:18+	
	04:13+	02:28+	02:19+	07:55+	01:58+	04:55+	08:15+	09:27+	05:30+	03:09+	02:23+	02:22+	01:52+	02:37+	02:04+	02:14+	00:46+	00:18+	
30	Jens Christensen	5															1:05:21		
	03:50+	06:26+	09:08+	18:13+	19:43+	24:16+	32:00+	38:38+	41:57+	45:50+	48:44+	51:31+	55:41+	59:25+	62:09+	64:07+	64:57+	65:21+	
	03:50+	02:36+	02:42+	09:05+	01:30+	04:33+	07:44+	06:38+	03:19+	03:53+	02:54+	02:47+	04:10+	03:44+	02:44+	01:58+	00:50+	00:24+	
	03:50+	02:36+	02:42+	09:05+	01:30+	04:33+	07:44+	06:38+	03:19+	03:53+	02:54+	02:47+	04:10+	03:44+	02:44+	01:58+	00:50+	00:24+	
31	Søren Søgaard Nielsen	2															1:05:22		
	05:54+	08:37+	11:32+	18:24+	20:42+	27:54+	33:50+	39:29+	42:44+	46:22+	49:00+	52:19+	55:09+	58:39+	61:06+	64:15+	65:01+	65:22+	
	05:54+	02:43+	02:55+	06:52+	02:18+	07:12+	05:56+	05:39+	03:15+	03:38+	02:38+	03:19+	02:50+	03:30+	02:27+	03:09+	00:46+	00:21+	
	05:54+	02:43+	02:55+	06:52+	02:18+	07:12+	05:56+	05:39+	03:15+	03:38+	02:38+	03:19+	02:50+	03:30+	02:27+	03:09+	00:46+	00:21+	
32	Carsten Helligsø	4															1:05:48		
	03:59+	06:13+	09:40+	17:16+	18:43+	23:52+	31:07+	37:09+	41:14+	44:50+	47:48+	51:20+	56:26+	59:41+	62:07+	64:20+	65:26+	65:48+	
	03:59+	02:14+	03:27+	07:36+	01:27+	05:09+	07:15+	06:02+	04:05+	03:36+	02:58+	03:32+	05:06+	03:15+	02:26+	02:13+	01:06+	00:22+	
	03:59+	02:14+	03:27+	07:36+	01:27+	05:09+	07:15+	06:02+	04:05+	03:36+	02:58+	03:32+	05:06+	03:15+	02:26+	02:13+	01:06+	00:22+	
33	Gert Rebsdorf	5															1:05:51		
	04:26+	06:53+	09:13+	17:51+	19:24+	25:17+	31:41+	38:02+	42:16+	45:58+	49:12+	52:27+	55:10+	58:53+	61:26+	64:14+	65:29+	65:51+	
	04:26+	02:27+	02:20+	08:38+	01:33+	05:53+	06:24+	06:21+	04:14+	03:42+	03:14+	03:15+	02:43+	03:43+	02:33+	02:48+	01:15+	00:22+	
	04:26+	02:27+	02:20+	08:38+	01:33+	05:53+	06:24+	06:21+	04:14+	03:42+	03:14+	03:15+	02:43+	03:43+	02:33+	02:48+	01:15+	00:22+	
34	Ole Gjøderum	22															1:07:18		
	04:36+	06:50+	10:06+	18:24+	20:11+	25:25+	32:58+	39:10+	43:38+	48:09+	51:17+	54:36+	57:19+	61:03+	63:29+	66:02+	66:55+	67:18+	
	04:36+	02:14+	03:16+	08:18+	01:47+	05:14+	07:33+	06:12+	04:28+	04:31+	03:08+	03:19+	02:43+	03:44+	02:26+	02:33+	00:53+	00:23+	
	04:36+	02:14+	03:16+	08:18+	01:47+	05:14+	07:33+	06:12+	04:28+	04:31+	03:08+	03:19+	02:43+	03:44+	02:26+	02:33+	00:53+	00:23+	
35	Per Clemensen	22															1:08:23		
	03:28+	05:39+	08:06+	15:10+	16:29+	17:21+	21:52+	33:23+	38:32+	42:06+	45:38+	48:32+	56:26+	58:48+	62:08+	63:55+	67:20+	68:05+	68:23+
	03:28+	02:11+	02:27+	07:04+	01:19+	00:52+	04:31+	11:31+	05:09+	03:34+	03:32+	02:54+	07:54+	02:22+	03:20+	01:47+	03:25+	00:45+	00:18+
	03:28+	02:11+	02:27+	07:04+	01:19+	00:52+	04:31+	11:31+	05:09+	03:34+	03:32+	02:54+	07:54+	02:22+	03:20+	01:47+	03:25+	00:45+	00:18+
36	Bjarne Krogh	6															1:12:00		
	05:09+	08:13+	11:15+	19:32+	22:04+	27:49+	35:01+	41:49+	46:30+	51:47+	55:10+	58:50+	62:41+	66:07+	68:34+	70:39+	71:38+	72:00+	
	05:09+	03:04+	03:02+	08:17+	02:32+	05:45+	07:12+	06:48+	04:41+	05:17+	03:23+	03:40+	03:51+	03:26+	02:27+	02:05+	00:59+	00:22+	
	05:09+	03:04+	03:02+	08:17+	02:32+	05:45+	07:12+	06:48+	04:41+	05:17+	03:23+	03:40+	03:51+	03:26+	02:27+	02:05+	00:59+	00:22+	

H60

37	Carsten Lind Clemmensen	16	1:14:42
04:40+	07:45+ 11:16+ 18:58+ 21:07+ 27:04+	34:23+ 40:35+ 45:46+ 51:29+ 54:53+ 58:39+ 61:43+ 66:11+ 69:02+ 73:21+ 74:18+ 74:42+	
04:40+	03:05+ 03:31+ 07:42+ 02:09+ 05:57+	07:19+ 06:12+ 05:11+ 05:43+ 03:24+ 03:46+ 03:04+ 04:28+ 02:51+ 04:19+ 00:57+ 00:24+	
04:40+	03:05+ 03:31+ 07:42+ 02:09+ 05:57+	07:19+ 06:12+ 05:11+ 05:43+ 03:24+ 03:46+ 03:04+ 04:28+ 02:51+ 04:19+ 00:57+ 00:24+	
38	Michael Straube	3	1:17:00
05:04+	08:24+ 11:31+ 22:05+ 24:30+ 29:14+ 37:41+ 46:07+ 50:16+ 54:28+ 58:26+ 62:07+ 65:24+ 69:41+ 72:59+ 75:06+ 76:23+ 77:00+		
05:04+	03:20+ 03:07+ 10:34+ 02:25+ 04:44+ 08:27+ 08:26+ 04:09+ 04:12+ 03:58+ 03:41+ 03:17+ 04:17+ 03:18+ 02:07+ 01:17+ 00:37+		
05:04+	03:20+ 03:07+ 10:34+ 02:25+ 04:44+ 08:27+ 08:26+ 04:09+ 04:12+ 03:58+ 03:41+ 03:17+ 04:17+ 03:18+ 02:07+ 01:17+ 00:37+		
39	Kjeld Tidemand	20	1:19:12
05:31+	07:50+ 10:48+ 21:28+ 23:44+ 30:45+ 38:32+ 46:09+ 50:36+ 55:01+ 59:29+ 63:25+ 66:54+ 71:51+ 75:00+ 77:28+ 78:51+ 79:12+		
05:31+	02:19+ 02:58+ 10:40+ 02:16+ 07:01+ 07:47+ 07:37+ 04:27+ 04:25+ 04:28+ 03:56+ 03:29+ 04:57+ 03:09+ 02:28+ 01:23+ 00:21+		
05:31+	02:19+ 02:58+ 10:40+ 02:16+ 07:01+ 07:47+ 07:37+ 04:27+ 04:25+ 04:28+ 03:56+ 03:29+ 04:57+ 03:09+ 02:28+ 01:23+ 00:21+		
40	Lars Otte	16	1:25:06
04:40+	08:09+ 11:29+ 19:23+ 21:36+ 27:04+ 42:49+ 49:04+ 53:37+ 62:07+ 65:10+ 69:23+ 74:48+ 78:45+ 81:23+ 83:35+ 84:46+ 85:06+		
04:40+	03:29+ 03:20+ 07:54+ 02:13+ 05:28+ 15:45+ 06:15+ 04:33+ 08:30+ 03:03+ 04:13+ 05:25+ 03:57+ 02:38+ 02:12+ 01:11+ 00:20+		
04:40+	03:29+ 03:20+ 07:54+ 02:13+ 05:28+ 15:45+ 06:15+ 04:33+ 08:30+ 03:03+ 04:13+ 05:25+ 03:57+ 02:38+ 02:12+ 01:11+ 00:20+		
41	Kim Topp	14	1:26:06
04:24+	07:40+ 10:03+ 21:35+ 23:12+ 29:19+ 37:15+ 46:53+ 53:31+ 63:01+ 66:31+ 70:46+ 74:02+ 78:08+ 81:16+ 84:55+ 85:46+ 86:06+		
04:24+	03:16+ 02:23+ 11:32+ 01:37+ 06:07+ 07:56+ 09:38+ 06:38+ 09:30+ 03:30+ 04:15+ 03:16+ 04:06+ 03:08+ 03:39+ 00:51+ 00:20+		
04:24+	03:16+ 02:23+ 11:32+ 01:37+ 06:07+ 07:56+ 09:38+ 06:38+ 09:30+ 03:30+ 04:15+ 03:16+ 04:06+ 03:08+ 03:39+ 00:51+ 00:20+		
42	Per Hauge	13	1:40:43
06:12+	10:00+ 13:05+ 28:21+ 30:44+ 44:59+ 53:26+ 62:58+ 68:54+ 74:34+ 78:35+ 82:35+ 86:59+ 92:17+ 95:26+ 99:17+ 100:14+ 100:43+		
06:12+	03:48+ 03:05+ 15:16+ 02:23+ 14:15+ 08:27+ 09:32+ 05:56+ 05:40+ 04:01+ 04:00+ 04:24+ 05:18+ 03:09+ 03:51+ 00:57+ 00:29+		
06:12+	03:48+ 03:05+ 15:16+ 02:23+ 14:15+ 08:27+ 09:32+ 05:56+ 05:40+ 04:01+ 04:00+ 04:24+ 05:18+ 03:09+ 03:51+ 00:57+ 00:29+		
43	Helmut Hilden	16	1:52:17
10:35+	13:27+ 17:26+ 38:17+ 39:58+ 45:01+ 52:20+ 58:06+ 69:32+ 74:28+ 81:42+ 95:52+ 101:29+ 104:57+ 107:46+ 111:02+ 111:55+ 112:17+		
10:35+	02:52+ 03:59+ 20:51+ 01:41+ 05:03+ 07:19+ 05:46+ 11:26+ 04:56+ 07:14+ 14:10+ 05:37+ 03:28+ 02:49+ 03:16+ 00:53+ 00:22+		
10:35+	02:52+ 03:59+ 20:51+ 01:41+ 05:03+ 07:19+ 05:46+ 11:26+ 04:56+ 07:14+ 14:10+ 05:37+ 03:28+ 02:49+ 03:16+ 00:53+ 00:22+		

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H70

1	Ivan Christensen	Ok Pan	34:16
02:38=	04:20= 05:26= 09:07= 12:30= 16:35= 19:41= 21:34= 23:18= 24:43= 27:41= 29:39= 31:34= 33:11= 33:56= 34:16=		
02:38=	01:42= 01:06= 03:41= 03:23= 04:05= 03:06= 01:53= 01:44= 01:25= 02:58= 01:58= 01:55= 01:37= 00:45= 00:20=		
00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
2	Jørgen Münster-Swendsen	17	37:10
03:11+	04:57+ 06:19+ 10:25+ 14:05+ 18:11+ 21:20+ 23:30+ 25:29+ 27:00+ 30:28+ 32:31+ 34:25+ 36:12+ 36:52+ 37:10+		
03:11+	01:46+ 01:22+ 04:06+ 03:40+ 04:06+ 03:09+ 02:10+ 01:59+ 01:31+ 03:28+ 02:03+ 01:54- 01:47+ 00:40- 00:18-		
00:33#	00:04+ 00:16# 00:25# 00:17+ 00:01+ 00:03+ 00:17# 00:15# 00:06+ 00:30# 00:05+ 00:01- 00:10# 00:05- 00:02-		
3	Søren Elkjær	20	38:34
02:32-	04:26+ 05:28+ 10:47+ 14:01+ 19:02+ 22:50+ 24:56+ 26:52+ 28:26+ 32:03+ 34:12+ 36:03+ 37:37+ 38:16+ 38:34+		
02:32-	01:54+ 01:02- 05:19+ 03:14- 05:01+ 03:48+ 02:06+ 01:56+ 01:34+ 03:37+ 02:09+ 01:51- 01:34- 00:39- 00:18-		
00:06-	00:12# 00:04- 01:38& 00:09- 00:56# 00:42# 00:13# 00:12# 00:09# 00:39# 00:11+ 00:04- 00:03- 00:06- 00:02-		

Class	Navn	Klasse											Tid			
H70																
4	Peer Straarup	3											40:11			
02:48+	05:02+	06:21+	10:26+	14:23+	19:08+	22:50+	25:32+	27:57+	29:40+	33:11+	35:14+	37:21+	39:07+	39:51+	40:11+	
02:48+	02:14+	01:19+	04:05+	03:57+	04:45+	03:42+	02:42+	02:25+	01:43+	03:31+	02:03+	02:07+	01:46+	00:44-	00:20=	
00:10+	00:32&	00:13#	00:24#	00:34#	00:40#	00:36#	00:49&	00:41&	00:18#	00:33#	00:05+	00:12#	00:09+	00:01-	00:00=	
5	Jens Jørgen Jensen	2											41:20			
03:17+	04:59+	07:00+	10:39+	14:04+	20:33+	25:13+	27:20+	29:22+	30:41+	34:13+	36:27+	38:49+	40:25+	41:03+	41:20+	
03:17+	01:42+	02:01+	03:39+	03:25+	06:29+	04:40+	02:07+	02:02+	01:19+	03:32+	02:14+	02:22+	01:36+	00:38+	00:17+	
03:17+	01:42+	02:01+	03:39+	03:25+	06:29+	04:40+	02:07+	02:02+	01:19+	03:32+	02:14+	02:22+	01:36+	00:38+	00:17+	
6	Bjarne Christensen	17											42:26			
02:38+	04:48+	06:04+	10:09+	13:51+	18:43+	26:26+	28:24+	30:13+	31:43+	35:26+	37:22+	39:35+	41:18+	42:07+	42:26+	
02:38+	02:10+	01:16+	04:05+	03:42+	04:52+	07:43+	01:58+	01:49+	01:30+	03:43+	01:56+	02:13+	01:43+	00:49+	00:19+	
02:38+	02:10+	01:16+	04:05+	03:42+	04:52+	07:43+	01:58+	01:49+	01:30+	03:43+	01:56+	02:13+	01:43+	00:49+	00:19+	
7	Poul Bobach	21											43:36			
03:09+	05:47+	07:12+	11:50+	15:42+	21:12+	25:34+	27:57+	30:05+	31:51+	36:01+	38:14+	40:27+	42:30+	43:15+	43:36+	
03:09+	02:38+	01:25+	04:38+	03:52+	05:30+	04:22+	02:23+	02:08+	01:46+	04:10+	02:13+	02:13+	02:03+	00:45+	00:21+	
03:09+	02:38+	01:25+	04:38+	03:52+	05:30+	04:22+	02:23+	02:08+	01:46+	04:10+	02:13+	02:13+	02:03+	00:45+	00:21+	
8	Gert Kristensen	14											44:12			
03:24+	05:39+	07:02+	12:23+	16:36+	22:09+	25:56+	28:26+	30:54+	32:31+	36:32+	38:42+	41:02+	42:56+	43:49+	44:12+	
03:24+	02:15+	01:23+	05:21+	04:13+	05:33+	03:47+	02:30+	02:28+	01:37+	04:01+	02:10+	02:20+	01:54+	00:53+	00:23+	
03:24+	02:15+	01:23+	05:21+	04:13+	05:33+	03:47+	02:30+	02:28+	01:37+	04:01+	02:10+	02:20+	01:54+	00:53+	00:23+	
9	Max Hansen	14											44:32			
05:23+	07:21+	08:50+	14:02+	18:15+	22:52+	26:58+	29:06+	31:12+	32:51+	37:02+	39:16+	41:24+	43:23+	44:11+	44:32+	
05:23+	01:58+	01:29+	05:12+	04:13+	04:37+	04:06+	02:08+	02:06+	01:39+	04:11+	02:14+	02:08+	01:59+	00:48+	00:21+	
05:23+	01:58+	01:29+	05:12+	04:13+	04:37+	04:06+	02:08+	02:06+	01:39+	04:11+	02:14+	02:08+	01:59+	00:48+	00:21+	
10	Arne Moe-Jensen	20											45:27			
03:16+	05:27+	06:48+	10:56+	14:46+	19:53+	28:39+	31:17+	33:11+	34:51+	38:10+	40:21+	42:26+	44:20+	45:05+	45:27+	
03:16+	02:11+	01:21+	04:08+	03:50+	05:07+	08:46+	02:38+	01:54+	01:40+	03:19+	02:11+	02:05+	01:54+	00:45+	00:22+	
03:16+	02:11+	01:21+	04:08+	03:50+	05:07+	08:46+	02:38+	01:54+	01:40+	03:19+	02:11+	02:05+	01:54+	00:45+	00:22+	
11	Eigil Nielsen	3											46:00			
03:15+	05:43+	07:13+	12:04+	16:23+	22:28+	26:09+	28:42+	31:58+	33:52+	38:11+	40:26+	42:41+	44:50+	45:37+	46:00+	
03:15+	02:28+	01:30+	04:51+	04:19+	06:05+	03:41+	02:33+	03:16+	01:54+	04:19+	02:15+	02:15+	02:09+	00:47+	00:23+	
03:15+	02:28+	01:30+	04:51+	04:19+	06:05+	03:41+	02:33+	03:16+	01:54+	04:19+	02:15+	02:15+	02:09+	00:47+	00:23+	
12	Steen Frandsen	20											47:45			
03:55+	06:20+	07:51+	13:20+	18:06+	23:28+	27:38+	30:25+	32:40+	34:51+	39:00+	41:40+	44:14+	46:24+	47:19+	47:45+	
03:55+	02:25+	01:31+	05:29+	04:46+	05:22+	04:10+	02:47+	02:15+	02:11+	04:09+	02:40+	02:34+	02:10+	00:55+	00:26+	
03:55+	02:25+	01:31+	05:29+	04:46+	05:22+	04:10+	02:47+	02:15+	02:11+	04:09+	02:40+	02:34+	02:10+	00:55+	00:26+	
13	Niels Filtenborg	4											47:53			
03:51+	05:56+	08:07+	10:03+	10:50+	11:13+											
03:51+	02:05+	02:11+	01:56+	00:47+	00:23+											
03:51+	02:05+	02:11+	01:56+	00:47+	00:23+											
14	Poul Erik Christensen	3											49:08			
03:48+	06:06+	07:36+	12:34+	16:48+	21:49+	25:36+	33:45+	35:41+	38:08+	41:58+	44:06+	46:14+	48:01+	48:46+	49:08+	
03:48+	02:18+	01:30+	04:58+	04:14+	05:01+	03:47+	08:09+	01:56+	02:27+	03:50+	02:08+	02:08+	01:47+	00:45+	00:22+	
03:48+	02:18+	01:30+	04:58+	04:14+	05:01+	03:47+	08:09+	01:56+	02:27+	03:50+	02:08+	02:08+	01:47+	00:45+	00:22+	
15	Knud Fjordvald	17											49:28			
05:02+	06:58+	08:38+	16:16+	20:29+	24:48+	28:32+	34:03+	36:16+	38:02+	42:05+	44:19+	46:33+	48:26+	49:08+	49:28+	
05:02+	01:56+	01:40+	07:38+	04:13+	04:19+	03:44+	05:31+	02:13+	01:46+	04:03+	02:14+	02:14+	01:53+	00:42+	00:20+	
05:02+	01:56+	01:40+	07:38+	04:13+	04:19+	03:44+	05:31+	02:13+	01:46+	04:03+	02:14+	02:14+	01:53+	00:42+	00:20+	

Class	Navn	Klasse	Tid
H70			
16	Flemming Nørgaard	Ok Pan	50:31
05:15+	07:22+	08:50+	14:32+
05:15+	02:07+	01:28+	05:42+
05:15+	02:07+	01:28+	05:42+
17	Claus Faber	17	50:33
03:16+	05:23+	06:50+	11:30+
03:16+	02:07+	01:27+	04:40+
03:16+	02:07+	01:27+	04:40+
18	Ulrik Mathiasen	17	51:58
04:01+	06:13+	08:01+	13:20+
04:01+	02:12+	01:48+	05:19+
04:01+	02:12+	01:48+	05:19+
19	Kaj Kaspersen	2	53:51
04:56+	06:42+	13:30+	18:14+
04:56+	01:46+	06:48+	04:44+
04:56+	01:46+	06:48+	04:44+
20	Frode Mogensen	5	53:57
04:02+	06:32+	09:05+	14:14+
04:02+	02:30+	02:33+	05:09+
04:02+	02:30+	02:33+	05:09+
22	Poul Grøn	Ok Pan	54:49
03:58+	06:30+	08:08+	14:00+
03:58+	02:32+	01:38+	05:52+
03:58+	02:32+	01:38+	05:52+
23	Poul Nøhr	17	55:58
03:50+	06:10+	07:41+	13:10+
03:50+	02:20+	01:31+	05:29+
03:50+	02:20+	01:31+	05:29+
24	Tage Baun	3	56:02
04:10+	06:40+	08:25+	14:23+
04:10+	02:30+	01:45+	05:58+
04:10+	02:30+	01:45+	05:58+
25	Hermann P. Jensen	6	58:13
06:19+	08:53+	11:51+	17:19+
06:19+	02:34+	02:58+	05:28+
06:19+	02:34+	02:58+	05:28+
26	Torben Pedersen	5	58:29
07:51+	10:01+	16:29+	22:03+
07:51+	02:10+	06:28+	05:34+
07:51+	02:10+	06:28+	05:34+
27	Helge Poulsen	5	58:33
02:46+	05:04+	11:47+	18:42+
02:46+	02:18+	06:43+	06:55+
02:46+	02:18+	06:43+	06:55+
28	Gert Odgaard	13	59:25
04:43+	07:36+	09:33+	17:36+
04:43+	02:53+	01:57+	08:03+
04:43+	02:53+	01:57+	08:03+

Class	Navn	Klasse														Tid
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H70

30	Jørgen Jørgensen	17														1:00:57
05:35+	09:16+	11:42+	18:14+	25:13+	31:13+	36:36+	40:13+	42:48+	45:31+	50:38+	53:56+	56:52+	59:15+	60:23+	60:57+	
05:35+	03:41+	02:26+	06:32+	06:59+	06:00+	05:23+	03:37+	02:35+	02:43+	05:07+	03:18+	02:56+	02:23+	01:08+	00:34+	
05:35+	03:41+	02:26+	06:32+	06:59+	06:00+	05:23+	03:37+	02:35+	02:43+	05:07+	03:18+	02:56+	02:23+	01:08+	00:34+	

31	Troels Munthe	5														1:03:10
09:36+	11:56+	13:26+	18:17+	23:05+	28:51+	33:12+	36:58+	41:21+	47:10+	50:58+	55:26+	57:54+	61:56+	62:45+	63:10+	
09:36+	02:20+	01:30+	04:51+	04:48+	05:46+	04:21+	03:46+	04:23+	05:49+	03:48+	04:28+	02:28+	04:02+	00:49+	00:25+	
09:36+	02:20+	01:30+	04:51+	04:48+	05:46+	04:21+	03:46+	04:23+	05:49+	03:48+	04:28+	02:28+	04:02+	00:49+	00:25+	

32	Erling Nørsgaard	22														1:03:43
05:22+	12:34+	14:32+	23:15+	27:59+	33:20+	38:12+	40:56+	45:03+	47:10+	53:07+	56:16+	58:45+	62:24+	63:18+	63:43+	
05:22+	07:12+	01:58+	08:43+	04:44+	05:21+	04:52+	02:44+	04:07+	02:07+	05:57+	03:09+	02:29+	03:39+	00:54+	00:25+	
05:22+	07:12+	01:58+	08:43+	04:44+	05:21+	04:52+	02:44+	04:07+	02:07+	05:57+	03:09+	02:29+	03:39+	00:54+	00:25+	

33	John Holm	Ok Pan														1:06:22
02:57+	08:55+	10:20+	15:14+	20:38+	28:22+	31:52+	34:31+	36:31+	38:28+	43:42+	46:05+	62:04+	65:18+	66:02+	66:22+	
02:57+	05:58+	01:25+	04:54+	05:24+	07:44+	03:30+	02:39+	02:00+	01:57+	05:14+	02:23+	15:59+	03:14+	00:44+	00:20+	
02:57+	05:58+	01:25+	04:54+	05:24+	07:44+	03:30+	02:39+	02:00+	01:57+	05:14+	02:23+	15:59+	03:14+	00:44+	00:20+	

34	Knud Vogelius	17														1:09:19
08:36+	12:11+	14:39+	22:57+	29:15+	35:34+	41:24+	46:05+	49:47+	52:26+	57:40+	60:38+	63:40+	68:01+	69:19+	72:17+	
08:36+	03:35+	02:28+	08:18+	06:18+	06:19+	05:50+	04:41+	03:42+	02:39+	05:14+	02:58+	03:02+	04:21+	01:18+	02:58+	
08:36+	03:35+	02:28+	08:18+	06:18+	06:19+	05:50+	04:41+	03:42+	02:39+	05:14+	02:58+	03:02+	04:21+	01:18+	02:58+	

35	Lars Ole Larsen	17														1:24:04
13:10+	19:43+	25:18+	32:39+	39:54+	47:20+	56:58+	60:35+	64:04+	67:10+	72:43+	76:02+	79:26+	82:23+	83:38+	84:04+	
13:10+	06:33+	05:35+	07:21+	07:15+	07:26+	09:38+	03:37+	03:29+	03:06+	05:33+	03:19+	03:24+	02:57+	01:15+	00:26+	
13:10+	06:33+	05:35+	07:21+	07:15+	07:26+	09:38+	03:37+	03:29+	03:06+	05:33+	03:19+	03:24+	02:57+	01:15+	00:26+	

36	Henning Olesen	6														1:25:16
06:49+	11:05+	14:38+	23:33+	31:01+	42:31+	49:45+	54:12+	58:49+	62:14+	70:19+	74:23+	78:20+	82:47+	84:36+	85:16+	
06:49+	04:16+	03:33+	08:55+	07:28+	11:30+	07:14+	04:27+	04:37+	03:25+	08:05+	04:04+	03:57+	04:27+	01:49+	00:40+	
06:49+	04:16+	03:33+	08:55+	07:28+	11:30+	07:14+	04:27+	04:37+	03:25+	08:05+	04:04+	03:57+	04:27+	01:49+	00:40+	

37	Ole Thy	16														1:30:44
04:51+	08:10+	13:26+	34:45+	42:42+	51:53+	57:37+	61:04+	63:50+	66:07+	76:26+	79:36+	82:45+	89:00+	90:15+	90:44+	
04:51+	03:19+	05:16+	21:19+	07:57+	09:11+	05:44+	03:27+	02:46+	02:17+	10:19+	03:10+	03:09+	06:15+	01:15+	00:29+	
04:51+	03:19+	05:16+	21:19+	07:57+	09:11+	05:44+	03:27+	02:46+	02:17+	10:19+	03:10+	03:09+	06:15+	01:15+	00:29+	

38	Villy Sørensen	14														1:35:11
08:21+	13:00+	17:00+	27:16+	35:28+	46:43+	54:06+	59:46+	64:27+	68:26+	79:08+	83:29+	87:39+	93:05+	94:36+	95:11+	
08:21+	04:39+	04:00+	10:16+	08:12+	11:15+	07:23+	05:40+	04:41+	03:59+	10:42+	04:21+	04:10+	05:26+	01:31+	00:35+	
08:21+	04:39+	04:00+	10:16+	08:12+	11:15+	07:23+	05:40+	04:41+	03:59+	10:42+	04:21+	04:10+	05:26+	01:31+	00:35+	

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H80

1	Kai Ø. Laursen	21														39:37
03:20=	08:10=	10:23=	12:17=	15:22=	21:22=	25:28=	28:23=	32:25=	36:38=	38:02=	39:08=	39:37=				
03:20=	04:50=	02:13=	01:54=	03:05=	06:00=	04:06=	02:55=	04:02=	04:13=	01:24=	01:06=	00:29=				
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=				

Class	Navn	Klasse											Tid
H80													
2	Knud Sørensen	Ok Pan											40:41
	06:58+	11:22+	13:41+	16:05+	17:30+	23:17+	27:14+	30:10+	34:45+	38:22+	39:20+	40:15+	40:41+
	06:58+	04:24-	02:19+	02:24+	01:25-	05:47-	03:57-	02:56+	04:35+	03:37-	00:58-	00:55-	00:26-
	03:38@	00:26-	00:06+	00:30&	01:40-	00:13-	00:09-	00:01+	00:33#	00:36-	00:26-	00:11-	00:03-
3	Clive Allen	17											40:54
	03:27+	08:16+	11:19+	12:55+	14:36+	21:06+	25:19+	29:20+	34:04+	38:24+	39:37+	40:32+	40:54+
	03:27+	04:49+	03:03+	01:36+	01:41+	06:30+	04:13+	04:01+	04:44+	04:20+	01:13+	00:55+	00:22+
	03:27+	04:49+	03:03+	01:36+	01:41+	06:30+	04:13+	04:01+	04:44+	04:20+	01:13+	00:55+	00:22+
4	Ole F. Thomsen	13											46:57
	06:11+	11:35+	13:52+	15:57+	18:29+	27:10+	31:52+	34:49+	39:58+	44:18+	45:34+	46:29+	46:57+
	06:11+	05:24+	02:17+	02:05+	02:32+	08:41+	04:42+	02:57+	05:09+	04:20+	01:16+	00:55+	00:28+
	06:11+	05:24+	02:17+	02:05+	02:32+	08:41+	04:42+	02:57+	05:09+	04:20+	01:16+	00:55+	00:28+
5	Asmus Wonsyld	17											47:17
	05:08+	10:55+	13:17+	15:22+	18:21+	25:54+	31:06+	34:23+	39:15+	44:12+	45:34+	46:49+	47:17+
	05:08+	05:47+	02:22+	02:05+	02:59+	07:33+	05:12+	03:17+	04:52+	04:57+	01:22+	01:15+	00:28+
	05:08+	05:47+	02:22+	02:05+	02:59+	07:33+	05:12+	03:17+	04:52+	04:57+	01:22+	01:15+	00:28+
6	Dieter Gravgaard	17											50:22
	05:55+	11:15+	13:20+	15:42+	19:14+	26:44+	31:40+	34:50+	43:12+	47:48+	48:59+	49:56+	50:22+
	05:55+	05:20+	02:05+	02:22+	03:32+	07:30+	04:56+	03:10+	08:22+	04:36+	01:11+	00:57+	00:26+
	05:55+	05:20+	02:05+	02:22+	03:32+	07:30+	04:56+	03:10+	08:22+	04:36+	01:11+	00:57+	00:26+
7	Asger Kristensen	2											51:23
	03:59+	09:54+	13:07+	16:06+	18:13+	26:20+	31:48+	35:41+	41:28+	48:05+	49:35+	50:50+	51:23+
	03:59+	05:55+	03:13+	02:59+	02:07+	08:07+	05:28+	03:53+	05:47+	06:37+	01:30+	01:15+	00:33+
	03:59+	05:55+	03:13+	02:59+	02:07+	08:07+	05:28+	03:53+	05:47+	06:37+	01:30+	01:15+	00:33+
8	Christian Als	21											52:50
	07:00+	12:56+	15:34+	18:03+	20:27+	28:07+	33:27+	37:35+	43:06+	48:19+	51:17+	52:20+	52:50+
	07:00+	05:56+	02:38+	02:29+	02:24+	07:40+	05:20+	04:08+	05:31+	05:13+	02:58+	01:03+	00:30+
	07:00+	05:56+	02:38+	02:29+	02:24+	07:40+	05:20+	04:08+	05:31+	05:13+	02:58+	01:03+	00:30+
9	Jørgen Thyssen	3											58:09
	11:36+	17:04+	19:23+	21:30+	24:34+	33:25+	38:13+	41:15+	47:59+	52:45+	54:11+	57:42+	58:09+
	11:36+	05:28+	02:19+	02:07+	03:04+	08:51+	04:48+	03:02+	06:44+	04:46+	01:26+	03:31+	00:27+
	11:36+	05:28+	02:19+	02:07+	03:04+	08:51+	04:48+	03:02+	06:44+	04:46+	01:26+	03:31+	00:27+
10	Jørgen Jensen	3											58:10
	05:30+	11:53+	15:13+	17:52+	20:44+	31:52+	37:39+	41:52+	48:19+	54:19+	56:16+	57:33+	58:10+
	05:30+	06:23+	03:20+	02:39+	02:52+	11:08+	05:47+	04:13+	06:27+	06:00+	01:57+	01:17+	00:37+
	05:30+	06:23+	03:20+	02:39+	02:52+	11:08+	05:47+	04:13+	06:27+	06:00+	01:57+	01:17+	00:37+
11	Preben Eriksen	20											1:00:37
	05:31+	13:35+	16:34+	19:38+	22:12+	32:23+	38:37+	43:43+	50:49+	56:56+	58:35+	60:02+	60:37+
	05:31+	08:04+	02:59+	03:04+	02:34+	10:11+	06:14+	05:06+	07:06+	06:07+	01:39+	01:27+	00:35+
	05:31+	08:04+	02:59+	03:04+	02:34+	10:11+	06:14+	05:06+	07:06+	06:07+	01:39+	01:27+	00:35+
12	Ole Jensen	16											1:01:19
	06:00+	14:57+	18:13+	20:49+	23:54+	34:52+	40:44+	44:14+	51:28+	57:25+	59:15+	60:44+	61:19+
	06:00+	08:57+	03:16+	02:36+	03:05+	10:58+	05:52+	03:30+	07:14+	05:57+	01:50+	01:29+	00:35+
	06:00+	08:57+	03:16+	02:36+	03:05+	10:58+	05:52+	03:30+	07:14+	05:57+	01:50+	01:29+	00:35+
13	Erik Anders Jensen	17											1:01:50
	18:10+	23:11+	25:24+	28:04+	31:21+	38:39+	43:35+	46:54+	55:18+	59:08+	60:33+	61:23+	61:50+
	18:10+	05:01+	02:13+	02:40+	03:17+	07:18+	04:56+	03:19+	08:24+	03:50+	01:25+	00:50+	00:27+
	18:10+	05:01+	02:13+	02:40+	03:17+	07:18+	04:56+	03:19+	08:24+	03:50+	01:25+	00:50+	00:27+

H80

14 Hans Jørgen Simonsen Ok Pan 1:04:19

06:00+	14:23+	17:48+	20:37+	26:14+	37:12+	43:06+	46:47+	52:54+	58:43+	61:06+	63:35+	64:19+
06:00+	08:23+	03:25+	02:49+	05:37+	10:58+	05:54+	03:41+	06:07+	05:49+	02:23+	02:29+	00:44+
06:00+	08:23+	03:25+	02:49+	05:37+	10:58+	05:54+	03:41+	06:07+	05:49+	02:23+	02:29+	00:44+

16 Terkel Arnfred 21 1:16:59

05:28+	13:15+	20:27+	23:49+	29:10+	43:02+	49:36+	59:39+	66:46+	72:55+	74:52+	76:21+	76:59+
05:28+	07:47+	07:12+	03:22+	05:21+	13:52+	06:34+	10:03+	07:07+	06:09+	01:57+	01:29+	00:38+
05:28+	07:47+	07:12+	03:22+	05:21+	13:52+	06:34+	10:03+	07:07+	06:09+	01:57+	01:29+	00:38+

19 Arne Pedersen 5 1:42:05

06:59+	18:56+	44:23+	59:30+	73:25+	80:13+	89:31+	97:24+	99:32+	101:25+	102:05+
06:59+	11:57+	25:27+	15:07+	13:55+	06:48+	09:18+	07:53+	02:08+	01:53+	00:40+
06:59+	11:57+	25:27+	15:07+	13:55+	06:48+	09:18+	07:53+	02:08+	01:53+	00:40+

20 Harvy Ilsøe 3 1:47:33

06:55+	26:39+	30:50+	35:20+	38:49+	57:45+	67:48+	73:53+	92:55+	101:59+	104:16+	106:53+	107:33+
06:55+	19:44+	04:11+	04:30+	03:29+	18:56+	10:03+	06:05+	19:02+	09:04+	02:17+	02:37+	00:40+
06:55+	19:44+	04:11+	04:30+	03:29+	18:56+	10:03+	06:05+	19:02+	09:04+	02:17+	02:37+	00:40+

21 Per Rønnau 22 2:03:59

11:18+	22:37+	27:50+	31:11+	34:40+	86:34+	94:15+	100:48+	110:33+	118:47+	121:34+	123:14+	123:59+
11:18+	11:19+	05:13+	03:21+	03:29+	51:54+	07:41+	06:33+	09:45+	08:14+	02:47+	01:40+	00:45+
11:18+	11:19+	05:13+	03:21+	03:29+	51:54+	07:41+	06:33+	09:45+	08:14+	02:47+	01:40+	00:45+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H-Let

1 Torben Rahbek Sørensen 17 26:30

00:54=	02:13=	04:54=	06:50=	08:12=	10:27=	11:33=	12:58=	16:13=	16:48=	19:17=	22:31=	24:44=	25:21=	26:13=	26:30=
00:54=	01:19=	02:41=	01:56=	01:22=	02:15=	01:06=	01:25=	03:15=	00:35=	02:29=	03:14=	02:13=	00:37=	00:52=	00:17=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2 Gunnar Gjermansen 3 38:14

03:36+	05:53+	10:00+	12:23+	13:43+	17:33+	19:15+	21:32+	24:24+	25:24+	29:29+	32:59+	35:18+	36:13+	37:48+	38:14+
03:36+	02:17+	04:07+	02:23+	01:20-	03:50+	01:42+	02:17+	02:52-	01:00+	04:05+	03:30+	02:19+	00:55+	01:35+	00:26+
02:42@	00:58&	01:26&	00:27#	00:02-	01:35&	00:36&	00:52&	00:23-	00:25&	01:36&	00:16+	00:06+	00:18&	00:43&	00:09&

3 Jesper Toft Møller Mikkelsen 3 39:53

00:47-	02:21+	05:36+	17:51+	19:05+	21:57+	23:14+	25:37+	27:55+	28:53+	32:22+	35:47+	37:40+	38:25+	39:31+	39:53+
00:47-	01:34+	03:15+	12:15+	01:14-	02:52+	01:17+	02:23+	02:18-	00:58+	03:29+	03:25+	01:53-	00:45+	01:06+	00:22+
00:07-	00:15#	00:34#	10:19@	00:08-	00:37&	00:11#	00:58&	00:57-	00:23&	01:00&	00:11+	00:20-	00:08#	00:14&	00:05&

4 Svend Erik Skovsgaard 20 47:54

01:35+	04:07+	09:19+	11:30+	14:08+	18:07+	19:58+	23:46+	29:37+	30:31+	34:48+	42:16+	44:50+	45:50+	47:22+	47:54+
01:35+	02:32+	05:12+	02:11+	02:38+	03:59+	01:51+	03:48+	05:51+	00:54+	04:17+	07:28+	02:34+	01:00+	01:32+	00:32+
00:41&	01:13&	02:31&	00:15#	01:16&	01:44&	00:45&	02:23@	02:36&	00:19&	01:48&	04:14@	00:21#	00:23&	00:40&	00:15&

5 Hans Chr. Sønderriis 20 52:28

01:39+	03:58+	09:21+	12:13+	18:27+	22:36+	24:32+	27:35+	33:07+	34:57+	40:05+	45:20+	49:01+	50:02+	51:50+	52:28+
01:39+	02:19+	05:23+	02:52+	06:14+	04:09+	01:56+	03:03+	05:32+	01:50+	05:08+	05:15+	03:41+	01:01+	01:48+	00:38+
00:45&	01:00&	02:42@	00:56&	04:52@	01:54&	00:50&	01:38@	02:17&	01:15@	02:39@	02:01&	01:28&	00:24&	00:56@	00:21@

H-Let

6	Michael Astrup Petersen	Ok Pan	55:24														
01:11+	03:15+	07:59+	11:34+	16:50+	18:13+	21:31+	23:18+	27:44+	40:14+	41:21+	46:40+	50:28+	52:36+	53:32+	54:56+	55:24+	
01:11+	02:04+	04:44+	03:35+	05:16+	01:23-	03:18+	01:47+	04:26+	12:30+	01:07-	05:19+	03:48+	02:08+	00:56+	01:24+	00:28+	
00:17&	00:45&	02:03&	01:39&	03:54@	00:52-	02:12@	00:22&	01:11&	11:55@	01:22-	02:05&	01:35&	01:31@	00:04+	01:07@	00:28+	
7	Hans Jørgen Vad	3	57:30														
01:39+	04:13+	08:51+	12:18+	14:07+	18:49+	20:49+	23:20+	27:37+	32:07+	39:58+	40:57+	46:43+	51:05+	53:50+	54:56+	56:50+	57:30+
01:39+	02:34+	04:38+	03:27+	01:49+	04:42+	02:00+	02:31+	04:17+	04:30+	07:51+	00:59+	05:46+	04:22+	02:45+	01:06+	01:54+	00:40+
01:39+	02:34+	04:38+	03:27+	01:49+	04:42+	02:00+	02:31+	04:17+	04:30+	07:51+	00:59+	05:46+	04:22+	02:45+	01:06+	01:54+	00:40+
8	Jørn Blom	5	1:00:24														
02:10+	05:29+	13:09+	16:22+	19:30+	25:37+	28:20+	32:00+	37:25+	39:17+	45:35+	52:58+	56:16+	57:36+	59:41+	60:24+		
02:10+	03:19+	07:40+	03:13+	03:08+	06:07+	02:43+	03:40+	05:25+	01:52+	06:18+	07:23+	03:18+	01:20+	02:05+	00:43+		
02:10+	03:19+	07:40+	03:13+	03:08+	06:07+	02:43+	03:40+	05:25+	01:52+	06:18+	07:23+	03:18+	01:20+	02:05+	00:43+		
9	Daniel Ulrich	Ok Pan	1:16:03														
00:59+	02:25+	06:14+	09:57+	11:25+	14:08+	15:22+	44:55+	54:00+	54:36+	57:11+	72:24+	74:00+	74:44+	75:42+	76:03+		
00:59+	01:26+	03:49+	03:43+	01:28+	02:43+	01:14+	29:33+	09:05+	00:36+	02:35+	15:13+	01:36+	00:44+	00:58+	00:21+		
00:59+	01:26+	03:49+	03:43+	01:28+	02:43+	01:14+	29:33+	09:05+	00:36+	02:35+	15:13+	01:36+	00:44+	00:58+	00:21+		
10	Egon Mathiasen	2	1:28:56														
03:28+	08:09+	18:59+	26:01+	29:44+	38:21+	42:23+	48:22+	57:18+	59:28+	69:11+	77:53+	81:47+	83:28+	87:56+	88:56+		
03:28+	04:41+	10:50+	07:02+	03:43+	08:37+	04:02+	05:59+	08:56+	02:10+	09:43+	08:42+	03:54+	01:41+	04:28+	01:00+		
03:28+	04:41+	10:50+	07:02+	03:43+	08:37+	04:02+	05:59+	08:56+	02:10+	09:43+	08:42+	03:54+	01:41+	04:28+	01:00+		

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Åben 1

1	Kristian Blok	12	56:05																						
01:57=	05:15=	06:41=	07:24=	09:24=	13:21=	15:19=	17:43=	21:33=	23:34=	25:11=	26:17=	29:32=	32:55=	36:03=	38:30=	40:50=	45:20=	46:41=	48:00=	49:44=	51:54=	54:14=	55:15=	55:47=	56:05=
01:57=	03:18=	01:26=	00:43=	02:00=	03:57=	01:58=	02:24=	03:50=	02:01=	01:37=	01:06=	03:15=	03:23=	03:08=	02:27=	02:20=	04:30=	01:21=	01:19=	01:44=	02:10=	02:20=	01:01=	00:32=	00:18=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Thomas Blok	12	59:20																						
02:49+	06:09+	07:40+	08:24+	10:32+	14:23+	17:19+	19:15+	22:51+	24:48+	26:26+	27:27+	31:25+	33:52+	36:34+	38:54+	43:18+	47:39+	50:53+	52:02+	53:33+	55:39+	57:49+	58:36+	59:05+	59:20+
02:49+	03:20+	01:31+	00:44+	02:08+	03:51-	02:56+	01:56-	03:36-	01:57-	01:38+	01:01-	03:58+	02:27-	02:42-	02:20-	04:24+	04:21-	03:14+	01:09-	01:31-	02:06-	02:10-	00:47-	00:29-	00:15-
00:52&	00:02+	00:05+	00:01+	00:08+	00:06-	00:58&	00:28-	00:14-	00:04-	00:01+	00:05-	00:43#	00:56-	00:26-	00:07-	02:04&	00:09-	01:53@	00:10-	00:13-	00:04-	00:10-	00:14-	00:03-	00:03-
3	Casper Thygesen	12	1:04:22																						
03:21+	07:14+	09:15+	09:59+	12:28+	16:27+	20:18+	22:11+	26:16+	28:16+	30:35+	31:48+	35:45+	39:05+	42:19+	47:01+	52:27+	54:05+	55:27+	57:23+	59:32+	62:22+	63:20+	64:06+	64:22+	
03:21+	03:53+	02:01+	00:44+	02:29+	03:59+	03:51+	01:53-	04:05+	02:00-	02:19+	01:13+	03:57+	03:20-	03:14+	04:42+	05:26+	01:38-	01:22+	01:56+	02:09+	02:50+	00:58-	00:46-	00:16-	
01:24&	00:35#	00:35&	00:01+	00:29#	00:02+	01:53&	00:31-	00:15+	00:01-	00:42&	00:07#	00:42#	00:03-	00:06+	02:15&	03:06@	02:52-	00:01+	00:37&	00:25#	00:40&	01:22-	00:15-	00:16-	
4	Jakob Frandsen	NOTEAM	1:32:09																						
05:18+	09:49+	12:13+	13:30+	15:58+	20:45+	23:53+	26:21+	30:10+	32:41+	35:00+	36:21+	41:08+	44:35+	48:02+	51:12+	63:25+	78:00+	80:17+	82:09+	85:30+	88:05+	90:11+	91:03+	91:49+	92:09+
05:18+	04:31+	02:24+	01:17+	02:28+	04:47+	03:08+	02:28+	03:49-	02:31+	02:19+	01:21+	04:47+	03:27+	03:27+	03:10+	12:13+	14:35+	02:17+	01:52+	03:21+	02:35+	02:06-	00:52-	00:46+	00:20+
03:21@	01:13&	00:58&	00:34&	00:28#	00:50#	01:10&	00:04+	00:01-	00:30#	00:42&	00:15#	01:32&	00:04+	00:19#	00:43&	09:53@	10:05@	00:56&	00:33&	01:37&	00:25#	00:14-	00:09-	00:14&	00:02#

Beste stræktid for klassen

01:57 03:18 01:26 00:43 02:00 03:51 01:58 01:53 03:36 01:57 01:37 01:01 03:15 02:27 02:42 02:20 02:20 01:38 01:21 01:09 01:31 02:06 00:58 00:46 00:16 00:15

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Åben 2

1	Flemming Jørgensen	12	47:15																			
01:14=	04:28=	05:17=	07:35=	11:43=	13:48=	16:05=	18:23=	19:30=	24:28=	26:00=	28:34=	32:00=	34:09=	37:16=	38:36=	40:01=	41:37=	43:04=	44:00=	45:48=	46:58=	47:15=
01:14=	03:14=	00:49=	02:18=	04:08=	02:05=	02:17=	02:18=	01:07=	04:58=	01:32=	02:34=	03:26=	02:09=	03:07=	01:20=	01:25=	01:36=	01:27=	00:56=	01:48=	01:10=	00:17=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	John Kristensen	12	1:09:18																			
01:59+	05:46+	06:39+	09:26+	14:17+	17:13+	21:13+	24:15+	25:28+	31:35+	35:33+	38:54+	45:20+	51:40+	54:41+	59:35+	61:15+	63:40+	65:08+	66:03+	67:52+	69:03+	69:18+
01:59+	03:47+	00:53+	02:47+	04:51+	02:56+	04:00+	03:02+	01:13+	06:07+	03:58+	03:21+	06:26+	06:20+	03:01-	04:54+	01:40+	02:25+	01:28+	00:55-	01:49+	01:11+	00:15-
00:45&	00:33#	00:04+	00:29#	00:43#	00:51&	01:43&	00:44&	00:06+	01:09#	02:26@	00:47&	03:00&	04:11@	00:06-	03:34@	00:15#	00:49&	00:01+	00:01-	00:01+	00:01+	00:02-

3	Flemming Schønning Rosenvinge	2	1:13:16																			
02:32+	06:41+	08:16+	11:05+	23:55+	28:24+	30:44+	33:53+	35:32+	43:06+	45:15+	48:45+	53:25+	56:14+	59:14+	61:13+	62:52+	65:27+	67:47+	69:01+	71:27+	73:00+	73:16+
02:32+	04:09+	01:35+	02:49+	12:50+	04:29+	02:20+	03:09+	01:39+	07:34+	02:09+	03:30+	04:40+	02:49+	03:00-	01:59+	01:39+	02:35+	02:20+	01:14+	02:26+	01:33+	00:16-
01:18@	00:55&	00:46&	00:31#	08:42@	02:24@	00:03+	00:51&	00:32&	02:36&	00:37&	00:56&	01:14&	00:40&	00:07-	00:39&	00:14#	00:59&	00:53&	00:18&	00:38&	00:23&	00:01-

4	Claus Grøn Lyngby	8	1:16:13																			
07:19+	13:09+	14:20+	17:35+	25:46+	29:49+	32:05+	35:07+	36:45+	43:26+	45:02+	48:38+	53:54+	58:48+	62:06+	64:04+	66:07+	68:16+	70:25+	71:39+	74:16+	75:53+	76:13+
07:19+	05:50+	01:11+	03:15+	08:11+	04:03+	02:16-	03:02+	01:38+	06:41+	01:36+	03:36+	05:16+	04:54+	03:18+	01:58+	02:03+	02:09+	02:09+	01:14+	02:37+	01:37+	00:20+
06:05@	02:36&	00:22&	00:57&	04:03&	01:58&	00:01-	00:44&	00:31&	01:43&	00:04+	01:02&	01:50&	02:45@	00:11+	00:38&	00:38&	00:33&	00:42&	00:18&	00:49&	00:27&	00:03#

5	Jonas Bo Kirk Egdal	10	1:18:59																			
05:14+	09:15+	11:41+	14:37+	20:01+	23:07+	29:27+	33:33+	35:14+	43:25+	45:56+	50:14+	56:25+	59:33+	63:23+	66:30+	68:26+	71:25+	73:34+	74:48+	77:12+	78:42+	78:59+
05:14+	04:01+	02:26+	02:56+	05:24+	03:06+	06:20+	04:06+	01:41+	08:11+	02:31+	04:18+	06:11+	03:08+	03:50+	03:07+	01:56+	02:59+	02:09+	01:14+	02:24+	01:30+	00:17=
04:00@	00:47#	01:37@	00:38&	01:16&	01:01&	04:03@	01:48&	00:34&	03:13&	00:59&	01:44&	02:45&	00:59&	00:43#	01:47@	00:31&	01:23&	00:42&	00:18&	00:36&	00:20&	00:00=

Beste stræktid for klassen

01:14	03:14	00:49	02:18	04:08	02:05	02:16	02:18	01:07	04:58	01:32	02:34	03:26	02:09	03:00	01:20	01:25	01:36	01:27	00:55	01:48	01:10	00:15
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Åben 3

1	Michael Fischer	21	58:37																		
02:32=	06:13=	07:57=	11:01=	13:41=	16:44=	19:44=	21:11=	25:27=	30:21=	33:15=	35:22=	38:17=	41:07=	44:07=	48:16=	51:00=	53:23=	56:59=	58:19=	58:37=	
02:32=	03:41=	01:44=	03:04=	02:40=	03:03=	03:00=	01:27=	04:16=	04:54=	02:54=	02:07=	02:55=	02:50=	03:00=	04:09=	02:44=	02:23=	03:36=	01:20=	00:18=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Carsten Lind	7	1:04:53																	
03:16+	13:46+	15:30+	18:42+	21:47+	24:25+	27:56+	29:30+	33:51+	36:40+	39:58+	42:29+	45:33+	51:06+	53:55+	56:18+	59:42+	61:58+	63:12+	64:34+	64:53+
03:16+	10:30+	01:44=	03:12+	03:05+	02:38-	03:31+	01:34+	04:21+	02:49-	03:18+	02:31+	03:04+	05:33+	02:49-	02:23-	03:24+	02:16-	01:14-	01:22+	00:19+
00:44&	06:49@	00:00=	00:08+	00:25#	00:25-	00:31#	00:07+	00:05+	02:05-	00:24#	00:24#	00:09+	02:43&	00:11-	01:46-	00:40#	00:07-	02:22-	00:02+	00:01+

3	Henning Schou	12	1:09:17																	
02:55+	07:22+	09:30+	13:21+	18:16+	22:02+	26:24+	27:45+	33:35+	36:44+	40:02+	42:54+	46:28+	50:13+	55:40+	58:58+	63:27+	66:12+	67:13+	68:58+	69:17+
02:55+	04:27+	02:08+	03:51+	04:55+	03:46+	04:22+	01:21-	05:50+	03:09-	03:18+	02:52+	03:34+	03:45+	05:27+	03:18-	04:29+	02:45+	01:01-	01:45+	00:19+
00:23#	00:46#	00:24#	00:47&	02:15&	00:43#	01:22&	00:06-	01:34&	01:45-	00:24#	00:45&	00:39#	00:55&	02:27&	00:51-	01:45&	00:22#	02:35-	00:25&	00:01+

4	Dorthe Bloch Rosenvinge	12	1:19:37																	
06:01+	11:36+	13:39+	18:44+	25:55+	30:09+	33:42+	35:10+	41:38+	45:40+	49:09+	53:25+	57:20+	61:58+	66:02+	69:11+	73:22+	76:11+	77:00+	79:17+	79:37+
06:01+	05:35+	02:03+	05:05+	07:11+	04:14+	03:33+	01:28+	06:28+	04:02-	03:29+	04:16+	03:55+	04:38+	04:04+	03:09-	04:11+	02:49+	00:49-	02:17+	00:20+
03:29@	01:54&	00:19#	02:01&	04:31@	01:11&	00:33#	00:01+	02:12&	00:52-	00:35#	02:09@	01:00&	01:48&	01:04&	01:00-	01:27&	00:26#	02:47-	00:57&	00:02#

5	Helle Schou	12	1:38:07																	
03:41+	10:59+	13:44+	21:33+	28:25+	34:42+	40:45+	43:18+	50:39+	54:49+	60:22+	63:51+	68:34+	74:59+	79:36+	84:56+	89:30+	93:04+	95:15+	97:41+	98:07+
03:41+	07:18+	02:45+	07:49+	06:52+	06:17+	06:03+	02:33+	07:21+	04:10-	05:33+	03:29+	04:43+	06:25+	04:37+	05:20+	04:34+	03:34+	02:11-	02:26+	00:26+
01:09&	03:37&	01:01&	04:45@	04:12@	03:14@	03:03@	01:06&	03:05&	00:44-	02:39&	01:22&	01:48&	03:35@	01:37&	01:11&	01:50&	01:11&	01:25-	01:06&	00:08&

Åben 3

Beste stræktid for klassen

02:32 03:41 01:44 03:04 02:40 02:38 03:00 01:21 04:16 02:49 02:54 02:07 02:55 02:50 02:49 02:23 02:44 02:16 00:49 01:20 00:18

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Åben 4

1	Søren Germann	8	49:10														
03:00=	04:45=	06:22=	13:52=	15:07=	18:53=	23:42=	28:42=	31:19=	34:06=	36:32=	40:40=	42:25=	44:52=	46:45=	48:11=	48:52=	49:10=
03:00=	01:45=	01:37=	07:30=	01:15=	03:46=	04:49=	05:00=	02:37=	02:47=	02:26=	04:08=	01:45=	02:27=	01:53=	01:26=	00:41=	00:18=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Niels Jensen	12	51:27														
02:44-	04:20-	12:26+	18:02+	19:36+	22:46+	27:20+	31:49+	34:35+	37:31+	39:59+	42:40+	44:40+	46:59+	48:54+	50:32+	51:09+	51:27+
02:44-	01:36-	08:06+	05:36-	01:34+	03:10-	04:34-	04:29-	02:46+	02:56+	02:28+	02:41-	02:00+	02:19-	01:55+	01:38+	00:37-	00:18=
00:16-	00:09-	06:29@	01:54-	00:19&	00:36-	00:15-	00:31-	00:09+	00:09+	00:02+	01:27-	00:15#	00:08-	00:02+	00:12#	00:04-	00:00=

3	Poul Erik Buch	8	52:08														
02:47-	04:38-	08:49+	14:52+	16:38+	20:36+	25:39+	30:44+	33:38+	37:10+	39:33+	42:21+	44:38+	47:22+	49:20+	51:05+	51:47+	52:08+
02:47-	01:51+	04:11+	06:03-	01:46+	03:58+	05:03+	05:05+	02:54+	03:32+	02:23-	02:48-	02:17+	02:44+	01:58+	01:45+	00:42+	00:21+
00:13-	00:06+	02:34@	01:27-	00:31&	00:12+	00:14+	00:05+	00:17#	00:45&	00:03-	01:20-	00:32&	00:17#	00:05+	00:19#	00:01+	00:03#

4	Knud Jespersen	12	56:10														
03:20+	05:38+	07:39+	14:01+	15:23+	19:39+	25:21+	31:19+	34:34+	38:25+	41:10+	43:53+	46:41+	50:21+	52:42+	55:01+	55:50+	56:10+
03:20+	02:18+	02:01+	06:22-	01:22+	04:16+	05:42+	05:58+	03:15+	03:51+	02:45+	02:43-	02:48+	03:40+	02:21+	02:19+	00:49+	00:20+
00:20#	00:33&	00:24#	01:08-	00:07+	00:30#	00:53#	00:58#	00:38#	01:04&	00:19#	01:25-	01:03&	01:13&	00:28#	00:53&	00:08#	00:02#

6	Søren Bertelsen	9	1:15:41													
07:32+	09:49+	11:56+	22:04+	24:09+	29:46+	36:32+	43:36+	53:48+	57:05+	61:01+	64:24+	68:13+	71:49+	74:20+	75:16+	75:41+
07:32+	02:17+	02:07+	10:08+	02:05+	05:37+	06:46+	07:04+	04:25+	05:47+	03:17+	03:56-	03:23+	03:49+	03:36+	02:31+	00:56+
04:32@	00:32&	00:30&	02:38&	00:50&	01:51&	01:57&	02:04&	01:48&	03:00@	00:51&	00:12-	01:38&	01:22&	01:43&	01:05&	00:07&

Beste stræktid for klassen

02:44 01:36 01:37 05:36 01:15 03:10 04:34 04:29 02:37 02:47 02:23 02:41 01:45 02:19 01:53 01:26 00:37 00:18

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Åben 5

1	Rikke Rasmussen	12	36:33												
02:40=	04:21=	05:36=	09:24=	12:57=	17:32=	20:48=	22:47=	24:47=	26:25=	29:48=	31:48=	33:47=	35:37=	36:16=	36:33=
02:40=	01:41=	01:15=	03:48=	03:33=	04:35=	03:16=	01:59=	02:00=	01:38=	03:23=	02:00=	01:59=	01:50=	00:39=	00:17=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Niels Erik Kofoed	9	48:07												
04:17+	06:25+	07:50+	13:07+	17:28+	23:08+	27:26+	29:59+	32:18+	34:29+	39:04+	42:11+	44:37+	46:50+	47:48+	48:07+
04:17+	02:08+	01:25+	05:17+	04:21+	05:40+	04:18+	02:33+	02:19+	02:11+	04:35+	03:07+	02:26+	02:13+	00:58+	00:19+
01:37&	00:27&	00:10#	01:29&	00:48#	01:05#	01:02&	00:34&	00:19#	00:33&	01:12&	01:07&	00:27#	00:23#	00:19&	00:02#

3	Inger Simonsen	17	52:30												
06:38+	11:26+	14:06+	19:15+	24:32+	29:40+	33:28+	36:09+	38:36+	40:46+	44:47+	47:08+	49:08+	51:22+	52:08+	52:30+
06:38+	04:48+	02:40+	05:09+	05:17+	05:08+	03:48+	02:41+	02:27+	02:10+	04:01+	02:21+	02:00+	02:14+	00:46+	00:22+
03:58@	03:07@	01:25@	01:21&	01:44&	00:33#	00:32#	00:42&	00:27#	00:32&	00:38#	00:21#	00:01+	00:24#	00:07#	00:05&

Class	Navn	Klasse	Tid
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Åben 5

4	Torben Jørgensen	15	1:17:39												
03:59+	06:31+	09:24+	15:14+	24:54+	47:03+	52:29+	55:53+	58:43+	61:31+	67:20+	70:14+	73:51+	76:09+	77:12+	77:39+
03:59+	02:32+	02:53+	05:50+	09:40+	22:09+	05:26+	03:24+	02:50+	02:48+	05:49+	02:54+	03:37+	02:18+	01:03+	00:27+
01:19&	00:51&	01:38@	02:02&	06:07@	17:34@	02:10&	01:25&	00:50&	01:10&	02:26&	00:54&	01:38&	00:28&	00:24&	00:10&

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Åben 6

1	robort Sell	NOTEAM	1:14:55															
02:41=	07:28=	11:40=	14:59=	18:01=	21:59=	26:30=	31:46=	36:41=	41:33=	46:36=	49:06=	55:30=	58:06=	63:07=	67:42=	71:36=	74:30=	74:55=
02:41=	04:47=	04:12=	03:19=	03:02=	03:58=	04:31=	05:16=	04:55=	04:52=	05:03=	02:30=	06:24=	02:36=	05:01=	04:35=	03:54=	02:54=	00:25=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Sofie Skyum	NOTEAM	1:20:41															
02:38-	09:02+	14:26+	17:25+	20:29+	24:25+	28:27+	34:51+	42:39+	47:01+	51:18+	54:28+	60:15+	63:04+	67:30+	73:56+	77:37+	80:17+	80:41+
02:38-	06:24+	05:24+	02:59-	03:04+	03:56-	04:02-	06:24+	07:48+	04:22-	04:17-	03:10+	05:47-	02:49+	04:26-	06:26+	03:41-	02:40-	00:24-
00:03-	01:37&	01:12&	00:20-	00:02+	00:02-	00:29-	01:08#	02:53&	00:30-	00:46-	00:40&	00:37-	00:13+	00:35-	01:51&	00:13-	00:14-	00:01-

3	Karsten Niss	21	1:25:48															
03:32+	09:40+	14:17+	18:02+	21:41+	26:36+	30:39+	37:54+	43:26+	49:53+	55:49+	58:55+	65:55+	69:49+	74:56+	79:10+	82:35+	85:21+	85:48+
03:32+	06:08+	04:37+	03:45+	03:39+	04:55+	04:03-	07:15+	05:32+	06:27+	05:56+	03:06+	07:00+	03:54+	05:07+	04:14-	03:25-	02:46-	00:27+
00:51&	01:21&	00:25+	00:26#	00:37#	00:57#	00:28-	01:59&	00:37#	01:35&	00:53#	00:36#	00:36+	01:18&	00:06+	00:21-	00:29-	00:08-	00:02+

Beste stræktid for klassen

02:38 04:47 04:12 02:59 03:02 03:56 04:02 05:16 04:55 04:22 04:17 02:30 05:47 02:36 04:26 04:14 03:25 02:40 00:24

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Åben 7

1	Mathilde Grønberg Gebka	8	46:16												
01:24=	03:31=	07:54=	10:19=	12:34=	17:06=	19:28=	22:43=	28:05=	29:15=	34:28=	40:01=	43:08=	44:20=	45:59=	46:16=
01:24=	02:07=	04:23=	02:25=	02:15=	04:32=	02:22=	03:15=	05:22=	01:10=	05:13=	05:33=	03:07=	01:12=	01:39=	00:17=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Dorthe Lind	7	49:55												
01:54+	04:39+	10:32+	13:15+	15:35+	20:23+	22:32+	25:52+	30:13+	31:42+	37:55+	43:12+	46:21+	47:40+	49:13+	49:55+
01:54+	02:45+	05:53+	02:43+	02:20+	04:48+	02:09-	03:20+	04:21-	01:29+	06:13+	05:17-	03:09+	01:19+	01:33-	00:42+
00:30&	00:38&	01:30&	00:18#	00:05+	00:16+	00:13-	00:05+	01:01-	00:19&	01:00#	00:16-	00:02+	00:07+	00:06-	00:25@

3	Charlotte Gøthgen	21	1:10:50												
03:49+	07:08+	14:53+	18:28+	26:57+	33:10+	35:27+	40:01+	45:40+	48:36+	57:02+	63:37+	66:57+	68:23+	70:11+	70:50+
03:49+	03:19+	07:45+	03:35+	08:29+	06:13+	02:17-	04:34+	05:39+	02:56+	08:26+	06:35+	03:20+	01:26+	01:48+	00:39+
02:25@	01:12&	03:22&	01:10&	06:14@	01:41&	00:05-	01:19&	00:17+	01:46@	03:13&	01:02#	00:13+	00:14#	00:09+	00:22@

4	Asta Og Frederikke	NOTEAM	1:15:54												
01:45+	04:22+	10:36+	19:13+	22:29+	28:04+	30:34+	35:56+	41:04+	43:23+	54:44+	70:08+	73:10+	74:16+	75:21+	75:54+
01:45+	02:37+	06:14+	08:37+	03:16+	05:35+	02:30+	05:22+	05:08-	02:19+	11:21+	15:24+	03:02-	01:06-	01:05-	00:33+
00:21#	00:30#	01:51&	06:12@	01:01&	01:03#	00:08+	02:07&	00:14-	01:09&	06:08@	09:51@	00:05-	00:06-	00:34-	00:16&

Beste stræktid for klassen

01:24 02:07 04:23 02:25 02:15 04:32 02:09 03:15 04:21 01:10 05:13 05:17 03:02 01:06 01:05 00:17

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Åben 8

1	Lone Rasmussen	12	43:18
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06:20=	11:02=	13:43=	15:52=	19:22=	26:02=	29:50=	32:16=	36:47=	40:51=	42:05=	42:54=	43:18=
06:20=	04:42=	02:41=	02:09=	03:30=	06:40=	03:48=	02:26=	04:31=	04:04=	01:14=	00:49=	00:24=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Lilli Hansen	8	49:54
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05:32-	13:37+	16:36+	18:55+	21:27+	29:19+	33:54+	37:31+	42:48+	47:04+	48:23+	49:22+	49:54+
05:32-	08:05+	02:59+	02:19+	02:32-	07:52+	04:35+	03:37+	05:17+	04:16+	01:19+	00:59+	00:32+
00:48-	03:23&	00:18#	00:10+	00:58-	01:12#	00:47#	01:11&	00:46#	00:12+	00:05+	00:10#	00:08&

3	Pia Grønberg Hansen	8	55:20
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05:04-	12:08+	15:49+	19:16+	21:28+	30:43+	36:46+	40:39+	46:11+	51:51+	53:34+	54:50+	55:20+
05:04-	07:04+	03:41+	03:27+	02:12-	09:15+	06:03+	03:53+	05:32+	05:40+	01:43+	01:16+	00:30+
01:16-	02:22&	01:00&	01:18&	01:18-	02:35&	02:15&	01:27&	01:01#	01:36&	00:29&	00:27&	00:06#

Beste stræktid for klassen

05:04	04:42	02:41	02:09	02:12	06:40	03:48	02:26	04:31	04:04	01:14	00:49	00:24
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Åben 9

1	Betina Rebsdorf	5	1:02:01
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03:10=	05:21=	16:57=	20:29=	22:40=	25:05=	27:41=	31:10=	34:33=	37:33=	47:29=	53:07=	57:02=	59:54=	61:42=	62:01=
03:10=	02:11=	11:36=	03:32=	02:11=	02:25=	02:36=	03:29=	03:23=	03:00=	09:56=	05:38=	03:55=	02:52=	01:48=	00:19=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Mette Grønberg Gebka	8	1:14:15
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04:33+	11:21+	17:02+	20:38+	24:26+	27:47+	31:04+	36:05+	41:37+	45:42+	51:14+	60:25+	66:18+	71:21+	73:52+	74:15+
04:33+	06:48+	05:41-	03:36+	03:48+	03:21+	03:17+	05:01+	05:32+	04:05+	05:32-	09:11+	05:53+	05:03+	02:31+	00:23+
01:23&	04:37@	05:55-	00:04+	01:37&	00:56&	00:41&	01:32&	02:09&	01:05&	04:24-	03:33&	01:58&	02:11&	00:43&	00:04#

3	Hanne Hylde Lund	9	1:22:14
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05:22+	08:52+	14:00-	17:38-	21:12-	25:58+	30:19+	36:17+	42:25+	47:06+	53:41+	63:37+	71:01+	76:19+	81:33+	82:14+
05:22+	03:30+	05:08-	03:38+	03:34+	04:46+	04:21+	05:58+	06:08+	04:41+	06:35-	09:56+	07:24+	05:18+	05:14+	00:41+
02:12&	01:19&	06:28-	00:06+	01:23&	02:21&	01:45&	02:29&	02:45&	01:41&	03:21-	04:18&	03:29&	02:26&	03:26@	00:22@

4	Monica Buske	8	1:52:53
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05:22+	08:05+	33:31+	39:27+	44:53+	48:31+	51:46+	58:49+	64:37+	72:26+	86:05+	93:41+	99:51+	104:43+	111:44+	112:53+
05:22+	02:43+	25:26+	05:56+	05:26+	03:38+	03:15+	07:03+	05:48+	07:49+	13:39+	07:36+	06:10+	04:52+	07:01+	01:09+
02:12&	00:32#	13:50@	02:24&	03:15@	01:13&	00:39#	03:34@	02:25&	04:49@	03:43&	01:58&	02:15&	02:00&	05:13@	00:50@

Beste stræktid for klassen

03:10	02:11	05:08	03:32	02:11	02:25	02:36	03:29	03:23	03:00	05:32	05:38	03:55	02:52	01:48	00:19
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Åben10

1	Karoline Grønberg Gebka	8	29:04
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01:51=	04:37=	06:31=	08:04=	09:41=	12:35=	14:23=	18:50=	21:41=	25:02=	25:57=	27:03=	28:46=	29:04=
01:51=	02:46=	01:54=	01:33=	01:37=	02:54=	01:48=	04:27=	02:51=	03:21=	00:55=	01:06=	01:43=	00:18=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Åben10

2	Lea Og Mia	NOTEAM	32:32										
01:52+	04:57+	07:27+	08:43+	12:05+	14:44+	17:34+	21:30+	23:46+	27:40+	28:59+	30:08+	31:46+	32:32+
01:52+	03:05+	02:30+	01:16-	03:22+	02:39-	02:50+	03:56-	02:16-	03:54+	01:19+	01:09+	01:38-	00:46+
00:01+	00:19#	00:36&	00:17-	01:45@	00:15-	01:02&	00:31-	00:35-	00:33#	00:24&	00:03+	00:05-	00:28@

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.