

1-2-3 divisionsmatch

Stræktider

Sjørup Skov-08-09-2019

Plads	Navn	Klasse	Tid
Beg			
1	Lucas Stenhøj Baun Mcgrail	Ok Pan	23:06
01:21=	02:32= 04:03= 06:11= 07:56= 10:19= 12:03= 12:50= 15:04= 16:36= 18:12= 19:47= 21:30= 22:48= 23:06=		
01:21=	01:11= 01:31= 02:08= 01:45= 02:23= 01:44= 00:47= 02:14= 01:32= 01:36= 01:35= 01:43= 01:18= 00:18=		
00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
2	Freya Friis Gade	17	25:05
01:24+	02:48+ 04:34+ 06:30+ 08:26+ 11:02+ 12:47+ 13:54+ 16:17+ 18:06+ 19:42+ 21:43+ 23:39+ 24:44+ 25:05+		
01:24+	01:24+ 01:46+ 01:56+ 02:36+ 01:45+ 01:07+ 02:23+ 01:49+ 01:36= 02:01+ 01:56+ 01:05= 00:21+		
00:03+	00:13# 00:15# 00:12= 00:11# 00:13+ 00:01+ 00:20& 00:09+ 00:17# 00:00= 00:26& 00:13# 00:13= 00:03#		
3	Alexander Kjærsgård	Ok Pan	28:37
01:16=	02:11= 04:36+ 06:24+ 08:21+ 11:26+ 13:00+ 16:42+ 18:35+ 23:00+ 24:26+ 25:59+ 27:22+ 28:14+ 28:37+		
01:16=	00:55= 02:25+ 01:48= 01:57+ 03:05+ 01:34= 03:42+ 01:53= 04:25+ 01:26= 01:33= 01:23= 00:52= 00:23+		
00:05=	00:16= 00:54& 00:20= 00:12# 00:42& 00:10= 02:55@ 00:21= 02:53@ 00:10= 00:02= 00:20= 00:26= 00:05&		
4	Merete Kirkegaard	4	28:54
01:41+	02:55+ 05:01+ 07:18+ 09:15+ 11:56+ 13:31+ 15:30+ 18:23+ 20:18+ 22:31+ 24:51+ 27:04+ 28:35+ 28:54+		
01:41+	01:14+ 02:06+ 02:17+ 01:57+ 02:41+ 01:35= 01:59+ 02:53+ 01:55+ 02:13+ 02:20+ 02:13+ 01:31+ 00:19+		
00:20#	00:03+ 00:35& 00:09+ 00:12# 00:18# 00:09= 01:12@ 00:39& 00:23# 00:37& 00:45& 00:30& 00:13# 00:01+		
5	Josefine Scheel Hansen	Ok Pan	30:10
01:34+	03:18+ 06:34+ 09:28+ 11:58+ 14:44+ 16:51+ 18:07+ 20:44+ 22:45+ 24:36+ 26:46+ 28:21+ 29:50+ 30:10+		
01:34+	01:44+ 03:16+ 02:54+ 02:30+ 02:46+ 02:07+ 01:16+ 02:37+ 02:01+ 01:51+ 02:10+ 01:35= 01:29+ 00:20+		
00:13#	00:33& 01:45@ 00:46& 00:45& 00:23# 00:23# 00:29& 00:23# 00:29& 00:15# 00:35& 00:08= 00:11# 00:02#		
6	Line Bjerre	4	30:55
01:41+	03:02+ 04:50+ 07:06+ 09:16+ 11:55+ 14:01+ 18:21+ 20:49+ 23:07+ 24:55+ 26:55+ 29:09+ 30:30+ 30:55+		
01:41+	01:21+ 01:48+ 02:16+ 02:10+ 02:39+ 02:06+ 04:20+ 02:28+ 02:18+ 01:48+ 02:00+ 02:14+ 01:21+ 00:25+		
00:20#	00:10# 00:17# 00:08+ 00:25# 00:16# 00:22# 03:33@ 00:14# 00:46& 00:12# 00:25& 00:31& 00:03+ 00:07&		
7	Martin Hav	13	31:02
02:30+	03:57+ 06:06+ 08:37+ 10:43+ 14:35+ 16:07+ 17:27+ 20:44+ 22:32+ 24:35+ 26:59+ 29:06+ 30:32+ 31:02+		
02:30+	01:27+ 02:09+ 02:31+ 02:06+ 03:52+ 01:32= 01:20+ 03:17+ 01:48+ 02:03+ 02:24+ 02:07+ 01:26+ 00:30+		
01:09&	00:16# 00:38& 00:23# 00:21# 01:29& 00:12= 00:33& 01:03& 00:16# 00:27& 00:49& 00:24# 00:08# 00:12&		
8	Trine Niss	13	32:48
02:04+	03:20+ 05:20+ 08:21+ 10:56+ 14:01+ 16:22+ 17:45+ 21:08+ 23:50+ 26:05+ 28:50+ 30:59+ 32:26+ 32:48+		
02:04+	01:16+ 02:00+ 03:01+ 02:35+ 03:05+ 02:21+ 01:23+ 03:23+ 02:42+ 02:15+ 02:45+ 02:09+ 01:27+ 00:22+		
00:43&	00:05+ 00:29& 00:53& 00:50& 00:42& 00:37& 00:36& 01:09& 01:10& 00:39& 01:10& 00:26& 00:09# 00:04#		
9	Liv Gammelmark	13	41:25
01:40+	03:40+ 06:07+ 09:25+ 12:46+ 16:52+ 19:56+ 22:13+ 28:09+ 31:37+ 34:32+ 37:05+ 39:18+ 41:04+ 41:25+		
01:40+	02:00+ 02:27+ 03:18+ 03:21+ 04:06+ 03:04+ 02:17+ 05:56+ 03:28+ 02:55+ 02:33+ 02:13+ 01:46+ 00:21+		
00:19#	00:49& 00:56& 01:10& 01:36& 01:43& 01:20& 01:30@ 03:42@ 01:56@ 01:19& 00:58& 00:30& 00:28& 00:03#		
10	Preben Jørgensen	4	42:09
02:43+	04:43+ 07:23+ 11:13+ 14:26+ 18:51+ 21:17+ 22:49+ 26:56+ 29:57+ 33:01+ 36:21+ 39:36+ 41:39+ 42:09+		
02:43+	02:00+ 02:40+ 03:50+ 03:13+ 04:25+ 02:26+ 01:32+ 04:07+ 03:01+ 03:04+ 03:20+ 03:15+ 02:03+ 00:30+		
01:22@	00:49& 01:09& 01:42& 01:28& 02:02& 00:42& 00:45& 01:53& 01:29& 01:28& 01:45@ 01:32& 00:45& 00:12&		
11	Victoria Olesen Hinge	Ok Pan	49:02
02:11+	04:18+ 09:17+ 13:06+ 18:26+ 23:04+ 26:19+ 28:03+ 32:31+ 36:05+ 39:28+ 43:21+ 46:32+ 48:42+ 49:02+		
02:11+	02:07+ 04:59+ 03:49+ 05:20+ 04:38+ 03:15+ 01:44+ 04:28+ 03:34+ 03:23+ 03:53+ 03:11+ 02:10+ 00:20+		
00:50&	00:56& 03:28@ 01:41& 03:35@ 02:15& 01:31& 00:57@ 02:14& 02:02@ 01:47@ 02:18@ 01:28& 00:52& 00:02#		
12	Grethe Boen Knudsen	4	49:04
03:59+	05:46+ 09:03+ 13:18+ 18:49+ 22:53+ 26:07+ 27:42+ 35:19+ 38:08+ 40:51+ 44:34+ 46:59+ 48:38+ 49:04+		
03:59+	01:47+ 03:17+ 04:15+ 05:31+ 04:04+ 03:14+ 01:35+ 07:37+ 02:49+ 02:43+ 03:43+ 02:25+ 01:39+ 00:26+		
02:38@	00:36& 01:46@ 02:07& 03:46@ 01:41& 01:30& 00:48@ 05:23@ 01:17& 01:07& 02:08@ 00:42& 00:21& 00:08&		

Plass	Navn	Klasse	Tid											
Beg														
13	Sylvester Arvad Kristensen	3	1:12:25											
03:50+	07:34+	12:29+	18:27+	24:36+	32:50+	36:06+	38:47+	46:16+	50:35+	55:54+	62:01+	67:48+	71:48+	72:25+
03:50+	03:44+	04:55+	05:58+	06:09+	08:14+	03:16+	02:41+	07:29+	04:19+	05:19+	06:07+	05:47+	04:00+	00:37+
02:29@	02:33@	03:24@	03:50@	04:24@	05:51@	01:32&	01:54@	05:15@	02:47@	03:43@	04:32@	04:04@	02:42@	00:19@
14	Dennis Heldgaard Kristensen	3	1:12:40											
04:16+	08:37+	13:18+	19:04+	25:00+	33:08+	36:18+	38:52+	45:58+	51:04+	56:36+	62:13+	68:00+	71:51+	72:40+
04:16+	04:21+	04:41+	05:46+	05:56+	08:08+	03:10+	02:34+	07:06+	05:06+	05:32+	05:37+	05:47+	03:51+	00:49+
04:16+	04:21+	04:41+	05:46+	05:56+	08:08+	03:10+	02:34+	07:06+	05:06+	05:32+	05:37+	05:47+	03:51+	00:49+
15	Maya Arvad Kristensen	3	1:12:42											
04:24+	08:41+	13:10+	19:12+	25:25+	32:52+	36:16+	38:34+	45:53+	51:00+	56:33+	62:21+	68:49+	71:55+	72:42+
04:24+	04:17+	04:29+	06:02+	06:13+	07:27+	03:24+	02:18+	07:19+	05:07+	05:33+	05:48+	06:28+	03:06+	00:47+
04:24+	04:17+	04:29+	06:02+	06:13+	07:27+	03:24+	02:18+	07:19+	05:07+	05:33+	05:48+	06:28+	03:06+	00:47+
Beste stræktid for klassen														
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.														
D10														
1	Ragnhild Øhlenschläger Nielsen	14	22:07											
01:05=	01:57=	03:19=	04:54=	06:19=	08:11=	09:08=	09:44=	16:20=	17:33=	18:45=	20:06=	21:11=	21:55=	22:07=
01:05=	00:52=	01:22=	01:35=	01:25=	01:52=	00:57=	00:36=	06:36=	01:13=	01:12=	01:21=	01:05=	00:44=	00:12=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Karla Blicher	9	23:31											
01:12+	02:10+	03:35+	05:17+	07:03+	10:37+	12:00+	12:52+	15:12-	16:49-	18:21-	20:30+	21:56+	23:01+	23:31+
01:12+	00:58+	01:25+	01:42+	01:46+	03:34+	01:23+	00:52+	02:20-	01:37+	01:32+	02:09+	01:26+	01:05+	00:30+
00:07#	00:06#	00:03+	00:07+	00:21#	01:42&	00:26&	00:16&	04:16-	00:24&	00:20&	00:48&	00:21&	00:21&	00:18@
3	Carla Brahe Bohnsen	Ok Pan	24:07											
01:11+	02:09+	03:28+	05:19+	06:41+	10:09+	11:07+	11:43+	18:21+	19:37+	20:49+	22:15+	23:12+	23:56+	24:07+
01:11+	00:58+	01:19-	01:51+	01:22-	03:28+	00:58+	00:36=	06:38+	01:16+	01:12=	01:26+	00:57-	00:44=	00:11-
00:06+	00:06#	00:03-	00:16#	00:03-	01:36&	00:01+	00:00=	00:02+	00:03+	00:00=	00:05+	00:08-	00:00=	00:01-
4	Gry Gammelmark	13	25:20											
01:14+	02:17+	04:04+	06:10+	07:56+	10:41+	12:51+	13:59+	16:26+	18:07+	19:56+	21:32+	23:55+	25:08+	25:20+
01:14+	01:03+	01:47+	02:06+	01:46+	02:45+	02:10+	01:08+	02:27-	01:41+	01:49+	01:36+	02:23+	01:13+	00:12=
00:09#	00:11#	00:25&	00:31&	00:21#	00:53&	01:13@	00:32&	04:09-	00:28&	00:37&	00:15#	01:18@	00:29&	00:00=
5	Selma Gammelmark	13	25:21											
01:14+	02:29+	04:09+	06:04+	08:08+	10:47+	13:15+	14:18+	17:12+	19:01+	20:28+	21:57+	23:44+	25:09+	25:21+
01:14+	01:15+	01:40+	01:55+	02:04+	02:39+	02:28+	01:03+	02:54-	01:49+	01:27+	01:29+	01:47+	01:25+	00:12=
00:09#	00:23&	00:18#	00:20#	00:39&	00:47&	01:31@	00:27&	03:42-	00:36&	00:15#	00:08+	00:42&	00:41&	00:00=
6	Marie Skov Dalgaard	Ok Pan	25:42											
01:17+	02:31+	04:12+	06:24+	08:17+	10:35+	13:33+	15:06+	17:24+	19:00+	20:38+	22:28+	24:05+	25:22+	25:42+
01:17+	01:14+	01:41+	02:12+	01:53+	02:18+	02:58+	01:33+	02:18-	01:36+	01:38+	01:50+	01:37+	01:17+	00:20+
00:12#	00:22&	00:19#	00:37&	00:28&	00:26#	02:01@	00:57@	04:18-	00:23&	00:26&	00:29&	00:32&	00:33&	00:08&
7	Freja Toft Møller Mikkelsen	4	28:00											
01:24+	02:59+	04:47+	07:08+	09:18+	12:14+	13:54+	16:15+	19:05+	21:10+	22:59+	25:13+	26:37+	27:45+	28:00+
01:24+	01:35+	01:48+	02:21+	02:10+	02:56+	01:40+	02:21+	02:50-	02:05+	01:49+	02:14+	01:24+	01:08+	00:15+
00:19&	00:43&	00:26&	00:46&	00:45&	01:04&	00:43&	01:45@	03:46-	00:52&	00:37&	00:53&	00:19&	00:24&	00:03#

Plass	Navn	Klasse	Tid
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D10

8	Olivia Olesen Hinge					Ok Pan					28:21				
01:37+	02:41+	04:21+	06:59+	09:11+	12:17+	14:41+	15:51+	18:34+	20:25+	22:18+	24:37+	26:07+	28:10+	28:21+	
01:37+	01:04+	01:40+	02:38+	02:12+	03:06+	02:24+	01:10+	02:43-	01:51+	01:53+	02:19+	01:30+	02:03+	00:11-	
00:32&	00:12#	00:18#	01:03&	00:47&	01:14&	01:27@	00:34&	03:53-	00:38&	00:41&	00:58&	00:25&	01:19@	00:01-	

9	Astrid Lykke Nielsen										4	29:28				
01:18+	02:39+	04:24+	06:18+	08:27+	10:38+	13:54+	15:17+	21:34+	23:13+	24:43+	26:48+	28:17+	29:14+	29:28+		
01:18+	01:21+	01:45+	01:54+	02:09+	02:11+	03:16+	01:23+	06:17+	01:39+	01:30+	02:05+	01:29+	00:57+	00:14+		
01:18+	01:21+	01:45+	01:54+	02:09+	02:11+	03:16+	01:23+	06:17+	01:39+	01:30+	02:05+	01:29+	00:57+	00:14+		

10	Matilde Riis Madsen					13						34:11		
01:19+	02:26+	04:53+	07:28+	10:20+	18:50+	20:21+	21:17+	24:25+	25:57+	27:53+	30:02+	31:36+	33:22+	34:11+
01:19+	01:07+	02:27+	02:35+	02:52+	08:30+	01:31+	00:56+	03:08+	01:32+	01:56+	02:09+	01:34+	01:46+	00:49+
01:19+	01:07+	02:27+	02:35+	02:52+	08:30+	01:31+	00:56+	03:08+	01:32+	01:56+	02:09+	01:34+	01:46+	00:49+

11	Karen Gammelvind										3	35:03				
02:07+	03:38+	06:52+	09:56+	12:17+	15:53+	17:55+	19:41+	23:37+	25:48+	28:21+	31:02+	33:06+	34:51+	35:03+		
02:07+	01:31+	03:14+	03:04+	02:21+	03:36+	02:02+	01:46+	03:56+	02:11+	02:33+	02:41+	02:04+	01:45+	00:12+		
02:07+	01:31+	03:14+	03:04+	02:21+	03:36+	02:02+	01:46+	03:56+	02:11+	02:33+	02:41+	02:04+	01:45+	00:12+		

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D12

1	Siv Borup Fredberg					14					23:08				
01:57=	04:57=	07:18=	09:08=	12:02=	13:58=	14:34=	15:40=	18:34=	19:43=	21:00=	22:13=	22:57=	23:08=		
01:57=	03:00=	02:21=	01:50=	02:54=	01:56=	00:36=	01:06=	02:54=	01:09=	01:17=	01:13=	00:44=	00:11=		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		

2	Astrid Faber Fenger-Grøn						14							23:50
01:50-	04:08-	06:22-	08:21-	11:24-	13:12-	14:30-	15:22-	18:27-	19:48+	21:21+	22:43+	23:35+	23:50+	
01:50-	02:18-	02:14-	01:59+	03:03+	01:48-	01:18+	00:52-	03:05+	01:21+	01:33+	01:22+	00:52+	00:15+	
00:07-	00:42-	00:07-	00:09+	00:09+	00:08-	00:42@	00:14-	00:11+	00:12#	00:16#	00:09#	00:08#	00:04&	

3	Esther Henriksen					4									24:07
01:54-	04:02-	06:48-	08:53-	12:06+	14:07+	14:55+	15:55+	18:55+	20:14+	21:39+	23:01+	23:54+	24:07+		
01:54-	02:08-	02:46+	02:05+	03:13+	02:01+	00:48+	01:00-	03:00+	01:19+	01:25+	01:22+	00:53+	00:13+		
00:03-	00:52-	00:25#	00:15#	00:19#	00:05+	00:12&	00:06-	00:06+	00:10#	00:08#	00:09#	00:09#	00:02#		

4	Siv Kusk Berglund					Ok Pan					26:36			
01:51-	03:48-	05:57-	07:54-	11:01-	12:55-	16:10+	17:29+	21:39+	22:59+	24:29+	25:40+	26:25+	26:36+	
01:51-	01:57-	02:09-	01:57+	03:07+	01:54-	03:15+	01:19+	04:10+	01:20+	01:30+	01:11-	00:45+	00:11=	
00:06-	01:03-	00:12-	00:07+	00:13+	00:02-	02:39@	00:13#	01:16&	00:11#	00:13#	00:02-	00:01+	00:00=	

5	Johanna Madsen										9	28:23			
02:30+	04:53-	07:34+	09:51+	13:15+	15:30+	17:04+	18:21+	22:03+	23:34+	25:19+	26:51+	28:04+	28:23+		
02:30+	02:23-	02:41+	02:17+	03:24+	02:15+	01:34+	01:17+	03:42+	01:31+	01:45+	01:32+	01:13+	00:19+		
00:33&	00:37-	00:20#	00:27#	00:30#	00:19#	00:58@	00:11#	00:48&	00:22&	00:28&	00:19&	00:29&	00:08&		

6	Anna Kaldahl Hornbæk					Ok Pan					29:17			
03:34+	05:46+	08:19+	10:38+	14:20+	17:02+	18:35+	20:04+	23:41+	25:14+	26:51+	28:07+	29:04+	29:17+	
03:34+	02:12-	02:33+	02:19+	03:42+	02:42+	01:33+	01:29+	03:37+	01:33+	01:37+	01:16+	00:57+	00:13+	
01:37&	00:48-	00:12+	00:29&	00:48&	00:46&	00:57@	00:23&	00:43#	00:24&	00:20&	00:03+	00:13&	00:02#	

Plass	Navn	Klasse	Tid
D12			

7	Ida S�e Christiansen	13	29:26
02:09+	04:27- 06:50- 09:01- 12:31+ 14:59+ 16:20+ 17:20+ 21:41+ 23:13+ 24:46+ 26:06+ 29:14+ 29:26+		
02:09+	02:18- 02:23+ 02:11+ 03:30+ 02:28+ 01:21+ 01:00- 04:21+ 01:32+ 01:33+ 01:20+ 03:08+ 00:12+		
00:12#	00:42- 00:02+ 00:21# 00:36# 00:32& 00:45@ 00:06- 01:27& 00:23& 00:16# 00:07+ 02:24@ 00:01+		
8	Mathilde Bobach	13	35:11
02:22+	04:50+ 07:53+ 10:37+ 15:41+ 20:09+ 21:12+ 22:45+ 28:02+ 29:53+ 32:16+ 33:49+ 34:57+ 35:11+		
02:22+	02:28+ 03:03+ 02:44+ 05:04+ 04:28+ 01:03+ 01:33+ 05:17+ 01:51+ 02:23+ 01:33+ 01:08+ 00:14+		
02:22+	02:28+ 03:03+ 02:44+ 05:04+ 04:28+ 01:03+ 01:33+ 05:17+ 01:51+ 02:23+ 01:33+ 01:08+ 00:14+		

Beste str ektid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D12B

1	Asta Kappel Jensen	13	29:23
01:43=	02:48= 05:44= 07:44= 09:36= 12:10= 13:45= 15:55= 19:09= 20:47= 22:39= 24:39= 28:11= 29:10= 29:23=		
01:43=	01:05= 02:56= 02:00= 01:52= 02:34= 01:35= 02:10= 03:14= 01:38= 01:52= 02:00= 03:32= 00:59= 00:13=		
00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
2	Sofie Tornby Stender	13	34:00
01:46+	03:02+ 08:17+ 11:27+ 13:53+ 17:42+ 19:05+ 20:39+ 23:08+ 24:50+ 27:27+ 29:41+ 31:26+ 33:34+ 34:00+		
01:46+	01:16+ 05:15+ 03:10+ 02:26+ 03:49+ 01:23- 01:34- 02:29- 01:42+ 02:37+ 02:14+ 01:45- 02:08+ 00:26+		
00:03+	00:11# 02:19& 01:10& 00:34& 01:15& 00:12- 00:36- 00:45- 00:04+ 00:45& 00:14# 01:47- 01:09@ 00:13&		
3	Alma Freilev Lindved	4	34:13
01:31-	02:49+ 04:47- 07:35- 10:11+ 13:44+ 16:03+ 17:57+ 21:17+ 24:27+ 26:18+ 29:38+ 32:17+ 33:47+ 34:13+		
01:31-	01:18+ 01:58- 02:48+ 02:36+ 03:33+ 02:19+ 01:54- 03:20+ 03:10+ 01:51- 03:20+ 02:39- 01:30+ 00:26+		
00:12-	00:13# 00:58- 00:48& 00:44& 00:59& 00:44& 00:16- 00:06+ 01:32& 00:01- 01:20& 00:53- 00:31& 00:13&		
4	Ella Freilev Lindved	4	35:45
02:28+	04:37+ 06:29+ 08:59+ 11:18+ 15:18+ 17:01+ 19:35+ 22:40+ 25:32+ 27:27+ 30:11+ 33:50+ 35:23+ 35:45+		
02:28+	02:09+ 01:52- 02:30+ 02:19+ 04:00+ 01:43+ 02:34+ 03:05- 02:52+ 01:55+ 02:44+ 03:39+ 01:33+ 00:22+		
00:45&	01:04& 01:04- 00:30# 00:27# 01:26& 00:08+ 00:24# 00:09- 01:14& 00:03+ 00:44& 00:07+ 00:34& 00:09&		
5	Andrea Wilsky	4	35:54
01:21-	02:56+ 05:11- 07:50+ 10:14+ 13:57+ 16:55+ 19:26+ 23:35+ 25:58+ 28:38+ 31:54+ 33:47+ 35:33+ 35:54+		
01:21-	01:35+ 02:15- 02:39+ 02:24+ 03:43+ 02:58+ 02:31+ 04:09+ 02:23+ 02:40+ 03:16+ 01:53- 01:46+ 00:21+		
00:22-	00:30& 00:41- 00:39& 00:32& 01:09& 01:23& 00:21# 00:55& 00:45& 00:48& 01:16& 01:39- 00:47& 00:08&		
6	Sara Byskov Scheel	13	38:57
01:46+	03:10+ 05:37- 08:34+ 12:20+ 16:13+ 19:58+ 21:45+ 25:32+ 29:04+ 31:31+ 34:15+ 36:03+ 38:27+ 38:57+		
01:46+	01:24+ 02:27- 02:57+ 03:46+ 03:53+ 03:45+ 01:47- 03:47+ 03:32+ 02:27+ 02:44+ 01:48- 02:24+ 00:30+		
00:03+	00:19& 00:29- 00:57& 01:54@ 01:19& 02:10@ 00:23- 00:33# 01:54@ 00:35& 00:44& 01:44- 01:25@ 00:17@		
7	L�rke Overballe Hansen	Ok Pan	40:01
01:38-	02:30- 05:12- 07:37- 10:03+ 24:29+ 26:16+ 27:42+ 30:58+ 33:06+ 34:41+ 37:03+ 38:37+ 39:41+ 40:01+		
01:38-	00:52- 02:42- 02:25+ 02:26+ 14:26+ 01:47+ 01:26- 03:16+ 02:08+ 01:35- 02:22+ 01:34- 01:04+ 00:20+		
00:05-	00:13- 00:14- 00:25# 00:34& 11:52@ 00:12# 00:44- 00:02+ 00:30& 00:17- 00:22# 01:58- 00:05+ 00:07&		

Beste str ektid for klassen

01:21	00:52	01:52	02:00	01:52	02:34	01:23	01:26	02:29	01:38	01:35	02:00	01:34	00:59	00:13
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Plass

Navn

Klasse

Tid

D14

1	Johanne Skouboe												4	34:31							
01:58=	03:43=	05:39=	07:38=	10:23=	11:40=	13:19=	17:45=	20:28=	22:29=	23:31=	24:58=	27:25=	29:55=	31:17=	32:41=	34:20=	34:31=				
01:58=	01:45=	01:56=	01:59=	02:45=	01:17=	01:39=	04:26=	02:43=	02:01=	01:02=	01:27=	02:27=	02:30=	01:22=	01:24=	01:39=	00:11=				
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=				
2	Emilie Skov Dalgaard												Ok Pan	36:27							
01:32-	03:18-	05:14-	07:07-	10:10-	11:40=	13:54+	17:57+	22:08+	24:17+	25:24+	26:54+	29:55+	32:17+	33:46+	34:48+	36:16+	36:27+				
01:32-	01:46+	01:56=	01:53-	03:03+	01:30+	02:14+	04:03-	04:11+	02:09+	01:07+	01:30+	03:01+	02:22-	01:29+	01:02-	01:28-	00:11=				
00:26-	00:01+	00:00=	00:06-	00:18#	00:13#	00:35&	00:23-	01:28&	00:08+	00:05+	00:03+	00:34#	00:08-	00:07+	00:22-	00:11-	00:00=				
3	Andrea Ebert Svenningsen												13	37:01							
01:45-	03:42-	05:52+	07:45+	10:44+	12:13+	14:16+	19:03+	22:32+	24:30+	25:27+	26:59+	29:28+	31:38+	33:14+	34:36+	36:49+	37:01+				
01:45-	01:57+	02:10+	01:53-	02:59+	01:29+	02:03+	04:47+	03:29+	01:58-	00:57-	01:32+	02:29+	02:10-	01:36+	01:22-	02:13+	00:12+				
00:13-	00:12#	00:14#	00:06-	00:14+	00:12#	00:24#	00:21+	00:46&	00:03-	00:05-	00:05+	00:02+	00:20-	00:14#	00:02-	00:34&	00:01+				
4	Laura Kaldahl Hornbæk												Ok Pan	38:20							
01:22-	04:07+	06:59+	08:43+	11:18+	12:27+	13:53+	17:57+	24:39+	26:52+	28:00+	29:20+	31:51+	34:09+	35:58+	36:47+	38:08+	38:20+				
01:22-	02:45+	02:52+	01:44-	02:35-	01:09-	01:26-	04:04-	06:42+	02:13+	01:08+	01:20-	02:31+	02:18-	01:49+	00:49-	01:21-	00:12+				
00:36-	01:00&	00:56&	00:15-	00:10-	00:08-	00:13-	00:22-	03:59@	00:12+	00:06+	00:07-	00:04+	00:12-	00:27&	00:35-	00:18-	00:01+				
5	Sigrid Øhlenschlæger Nielsen												14	39:34							
01:39-	04:28+	07:26+	09:14+	11:33+	12:52+	14:28+	18:44+	22:14+	24:20+	25:24+	27:03+	29:35+	32:46+	36:03+	37:17+	39:23+	39:34+				
01:39-	02:49+	02:58+	01:48-	02:19-	01:19+	01:36-	04:16-	03:30+	02:06+	01:04+	01:39+	02:32+	03:11+	03:17+	01:14-	02:06+	00:11=				
00:19-	01:04&	01:02&	00:11-	00:26-	00:02+	00:03-	00:10-	00:47&	00:05+	00:02+	00:12#	00:05+	00:41&	01:55@	00:10-	00:27&	00:00=				
6	Ella Klærke Mikkelsen												4	47:26							
01:38-	04:11+	06:36+	09:10+	12:18+	13:45+	15:56+	21:42+	26:01+	31:20+	32:49+	34:55+	38:33+	42:27+	44:33+	45:36+	47:15+	47:26+				
01:38-	02:33+	02:25+	02:34+	03:08+	01:27+	02:11+	05:46+	04:19+	05:19+	01:29+	02:06+	03:38+	03:54+	02:06+	01:03-	01:39=	00:11=				
00:20-	00:48&	00:29#	00:35&	00:23#	00:10#	00:32&	01:20&	01:36&	03:18@	00:27&	00:39&	01:11&	01:24&	00:44&	00:21-	00:00=	00:00=				
7	Hannah Udklit Kristensen												Ok Pan	48:28							
02:53+	05:00+	07:19+	09:33+	16:57+	18:33+	20:55+	25:59+	28:56+	31:27+	32:46+	35:23+	38:45+	42:42+	44:19+	46:09+	48:15+	48:28+				
02:53+	02:07+	02:19+	02:14+	07:24+	01:36+	02:22+	05:04+	02:57+	02:31+	01:19+	02:37+	03:22+	03:57+	01:37+	01:50+	02:06+	00:13+				
00:55&	00:22#	00:23#	00:15#	04:39@	00:19#	00:43&	00:38#	00:14+	00:30#	00:17&	01:10&	00:55&	01:27&	00:15#	00:26&	00:27&	00:02#				
8	Anna Bo Kølbæk												19	57:31							
01:50-	05:23+	07:46+	10:02+	14:25+	16:19+	18:31+	26:59+	39:19+	42:03+	43:28+	45:25+	48:54+	52:53+	54:41+	55:44+	57:21+	57:31+				
01:50-	03:33+	02:23+	02:16+	04:23+	01:54+	02:12+	08:28+	12:20+	02:44+	01:25+	01:57+	03:29+	03:59+	01:48+	01:03-	01:37-	00:10-				
00:08-	01:48@	00:27#	00:17#	01:38&	00:37&	00:33&	04:02&	09:37@	00:43&	00:23&	00:30&	01:02&	01:29&	00:26&	00:21-	00:02-	00:01-				

Beste stræktid for klassen

01:22	01:45	01:56	01:44	02:19	01:09	01:26	04:03	02:43	01:58	00:57	01:20	02:27	02:10	01:22	00:49	01:21	00:10
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D14B

1	Anne Sofie Kudsk Nielsen												4	26:12
02:30=	04:31=	06:41=	08:32=	11:43=	13:59=	15:32=	17:10=	20:39=	22:06=	23:54=	25:08=	25:56=	26:12=	
02:30=	02:01=	02:10=	01:51=	03:11=	02:16=	01:33=	01:38=	03:29=	01:27=	01:48=	01:14=	00:48=	00:16=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Nana Jensen												14	28:37
02:13-	04:18-	06:38-	08:43+	12:28+	14:46+	15:54+	17:13+	20:52+	22:24+	24:19+	25:53+	28:27+	28:37+	
02:13-	02:05+	02:20+	02:05+	03:45+	02:18+	01:08-	01:19-	03:39+	01:32+	01:55+	01:34+	02:34+	00:10-	
00:17-	00:04+	00:10+	00:14#	00:34#	00:02+	00:25-	00:19-	00:10+	00:05+	00:07+	00:20&	01:46@	00:06-	

Plass	Navn	Klasse	Tid
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D14B

3	Ida Byskov Scheel				13								30:03			
02:15-	04:31=	07:00+	09:31+	13:40+	16:37+	18:41+	20:05+	23:46+	25:26+	27:28+	28:44+	29:48+	30:03+			
02:15-	02:16+	02:29+	02:31+	04:09+	02:57+	02:04+	01:24-	03:41+	01:40+	02:02+	01:16+	01:04+	00:15-			
00:15-	00:15#	00:19#	00:40&	00:58&	00:41&	00:31&	00:14-	00:12+	00:13#	00:14#	00:02+	00:16&	00:01-			
4	Josephine Friis Gade				17								32:04			
02:34+	05:40+	08:44+	11:29+	16:00+	18:40+	20:15+	21:32+	25:30+	27:13+	29:13+	30:39+	31:49+	32:04+			
02:34+	03:06+	03:04+	02:45+	04:31+	02:40+	01:35+	01:17+	03:58+	01:43+	02:00+	01:26+	01:10+	00:15+			
02:34+	03:06+	03:04+	02:45+	04:31+	02:40+	01:35+	01:17+	03:58+	01:43+	02:00+	01:26+	01:10+	00:15+			
5	Iben Nygaard Rahr				14								37:15			
02:40+	05:41+	09:02+	11:46+	17:01+	21:26+	23:14+	25:05+	29:57+	31:52+	34:11+	35:39+	37:02+	37:15+			
02:40+	03:01+	03:21+	02:44+	05:15+	04:25+	01:48+	01:51+	04:52+	01:55+	02:19+	01:28+	01:23+	00:13+			
02:40+	03:01+	03:21+	02:44+	05:15+	04:25+	01:48+	01:51+	04:52+	01:55+	02:19+	01:28+	01:23+	00:13+			
6	Inge Schou-Hansen				Ok Pan								37:49			
02:39+	05:35+	09:12+	12:04+	16:52+	21:46+	23:56+	25:39+	29:47+	31:51+	34:18+	36:00+	37:33+	37:49+			
02:39+	02:56+	03:37+	02:52+	04:48+	04:54+	02:10+	01:43+	04:08+	02:04+	02:27+	01:42+	01:33+	00:16+			
02:39+	02:56+	03:37+	02:52+	04:48+	04:54+	02:10+	01:43+	04:08+	02:04+	02:27+	01:42+	01:33+	00:16+			
7	Sissel Stavlund Skødt				Ok Pan								40:44			
02:50+	06:08+	09:40+	13:11+	18:18+	21:55+	23:37+	25:40+	31:57+	34:14+	36:29+	38:20+	40:29+	40:44+			
02:50+	03:18+	03:32+	03:31+	05:07+	03:37+	01:42+	02:03+	06:17+	02:17+	02:15+	01:51+	02:09+	00:15+			
02:50+	03:18+	03:32+	03:31+	05:07+	03:37+	01:42+	02:03+	06:17+	02:17+	02:15+	01:51+	02:09+	00:15+			
8	Oline Libak Damsgaard				17								42:36			
02:32+	05:05+	07:54+	10:31+	15:17+	23:28+	25:21+	27:17+	33:28+	35:27+	38:43+	40:06+	42:17+	42:36+			
02:32+	02:33+	02:49+	02:37+	04:46+	08:11+	01:53+	01:56+	06:11+	01:59+	03:16+	01:23+	02:11+	00:19+			
02:32+	02:33+	02:49+	02:37+	04:46+	08:11+	01:53+	01:56+	06:11+	01:59+	03:16+	01:23+	02:11+	00:19+			

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D16

1	Elanor Henriksen					4					40:36					
05:26=	10:40=	14:11=	15:39=	17:29=	20:03=	23:26=	25:25=	27:32=	29:43=	32:48=	33:28=	35:23=	37:54=	39:04=	40:26=	40:36=
05:26=	05:14=	03:31=	01:28=	01:50=	02:34=	03:23=	01:59=	02:07=	02:11=	03:05=	00:40=	01:55=	02:31=	01:10=	01:22=	00:10=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Ella Hedegaard Richardson					Ok Pan					42:10					
05:55+	11:49+	14:46+	16:33+	18:34+	20:24+	24:10+	26:08+	28:18+	30:58+	33:33+	34:49+	36:55+	39:38+	40:30+	41:58+	42:10+
05:55+	05:54+	02:57-	01:47+	02:01+	01:50-	03:46+	01:58-	02:10+	02:40+	02:35-	01:16+	02:06+	02:43+	00:52-	01:28+	00:12+
00:29+	00:40#	00:34-	00:19#	00:11#	00:44-	00:23#	00:01-	00:03+	00:29#	00:30-	00:36&	00:11+	00:12+	00:18-	00:06+	00:02#
3	Theresa Skouboe					4					42:48					
04:45-	15:10+	17:39+	19:05+	20:48+	22:08+	25:17+	27:09+	31:23+	33:29+	35:40+	36:18+	38:07+	40:28+	41:15+	42:36+	42:48+
04:45-	10:25+	02:29-	01:26-	01:43-	01:20-	03:09-	01:52-	04:14+	02:06-	02:11-	00:38-	01:49-	02:21-	00:47-	01:21-	00:12+
00:41-	05:11&	01:02-	00:02-	00:07-	01:14-	00:14-	00:07-	02:07&	00:05-	00:54-	00:02-	00:06-	00:10-	00:23-	00:01-	00:02#
4	Anna Harbo Flyvbjerg					13					48:40					
06:50+	14:12+	18:00+	20:24+	22:29+	24:24+	28:53+	31:07+	33:48+	36:40+	39:35+	40:34+	42:36+	46:04+	47:01+	48:26+	48:40+
06:50+	07:22+	03:48+	02:24+	02:05+	01:55-	04:29+	02:14+	02:41+	02:52+	02:55-	00:59+	02:02+	03:28+	00:57-	01:25+	00:14+
01:24&	02:08&	00:17+	00:56&	00:15#	00:39-	01:06&	00:15#	00:34&	00:41&	00:10-	00:19&	00:07+	00:57&	00:13-	00:03+	00:04&

Plass	Navn	Klasse	Tid
D16			

5	Line Skousen										9	49:50						
07:22+	16:22+	19:40+	21:23+	23:53+	25:52+	31:00+	33:32+	36:01+	39:26+	42:04+	42:53+	45:05+	47:25+	48:11+	49:38+	49:50+		
07:22+	09:00+	03:18-	01:43+	02:30+	01:59-	05:08+	02:32+	02:29+	03:25+	02:38-	00:49+	02:12+	02:20-	00:46-	01:27+	00:12+		
01:56&	03:46&	00:13-	00:15#	00:40&	00:35-	01:45&	00:33&	00:22#	01:14&	00:27-	00:09#	00:17#	00:11-	00:24-	00:05+	00:02#		

6	Helena Søgård Terkelsen					Ok Pan					51:26						
07:00+	13:22+	16:48+	18:49+	21:02+	23:17+	27:22+	29:31+	31:54+	36:15+	39:40+	40:48+	44:26+	47:27+	49:00+	51:14+	51:26+	
07:00+	06:22+	03:26+	02:01+	02:13+	02:15+	04:05+	02:09+	02:23+	04:21+	03:25+	01:08+	03:38+	03:01+	01:33+	02:14+	00:12+	
07:00+	06:22+	03:26+	02:01+	02:13+	02:15+	04:05+	02:09+	02:23+	04:21+	03:25+	01:08+	03:38+	03:01+	01:33+	02:14+	00:12+	

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D18

1	Laura Bobach										13	1:03:14									
06:32=	15:27=	18:56=	22:41=	24:38=	27:47=	31:15=	33:21=	34:55=	36:53=	38:40=	43:38=	46:30=	52:42=	54:39=	56:38=	58:00=	59:15=	61:43=	63:02=	63:14=	
06:32=	08:55=	03:29=	03:45=	01:57=	03:09=	03:28=	02:06=	01:34=	01:58=	01:47=	04:58=	02:52=	06:12=	01:57=	01:59=	01:22=	01:15=	02:28=	01:19=	00:12=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	

2	Nanna Lysemose Poulsen										14	1:04:05									
04:54-	14:58-	18:45-	23:31+	25:13+	27:48+	31:13-	33:22+	34:52-	36:50-	38:39-	43:18-	46:25-	52:09-	54:52+	57:09+	58:37+	59:50+	62:20+	63:52+	64:05+	
04:54-	10:04+	03:47+	04:46+	01:42-	02:35-	03:25-	02:09+	01:30-	01:58=	01:49+	04:39-	03:07+	05:44-	02:43+	02:17+	01:28+	01:13-	02:30+	01:32+	00:13+	
01:38-	01:09#	00:18+	01:01&	00:15-	00:34-	00:03-	00:03+	00:04-	00:00=	00:02+	00:19-	00:15+	00:28-	00:46&	00:18#	00:06+	00:02-	00:02+	00:13#	00:01+	

3

Signe Veggerby Jensen

13

1:05:06

06:35+	15:49+	19:58+	24:26+	26:11+	29:31+	33:07+	35:17+	36:42+	38:53+	40:39+	45:04+	48:48+	53:38+	56:28+	57:54+	59:30+	60:44+	63:39+	64:56+	65:06+
06:35+	09:14+	04:09+	04:28+	01:45-	03:20+	03:36+	02:10+	01:25-	02:11+	01:46-	04:25-	03:44+	04:50-	02:50+	01:26-	01:36+	01:14-	02:55+	01:17-	00:10-
00:03+	00:19+	00:40#	00:43#	00:12-	00:11+	00:08+	00:04+	00:09-	00:13#	00:01-	00:33-	00:52&	01:22-	00:53&	00:33-	00:14#	00:01-	00:27#	00:02-	00:02-

4	Sofie Ulrich					Ok Pan					1:09:34									
05:21-	15:24-	20:09+	24:59+	26:45+	30:34+	34:52+	37:25+	38:52+	41:13+	43:05+	48:09+	51:38+	57:45+	59:53+	61:22+	63:38+	64:43+	67:39+	69:22+	69:34+
05:21-	10:03+	04:45+	04:50+	01:46-	03:49+	04:18+	02:33+	01:27-	02:21+	01:52+	05:04+	03:29+	06:07-	02:08+	01:29-	02:16+	01:05-	02:56+	01:43+	00:12=
01:11-	01:08#	01:16&	01:05&	00:11-	00:40#	00:50#	00:27#	00:07-	00:23#	00:05+	00:06+	00:37#	00:05-	00:11+	00:30-	00:54&	00:10-	00:28#	00:24&	00:00=

5	Sara Guldmann				Ok Pan				1:10:56											
06:56+	17:26+	21:50+	26:27+	28:10+	32:06+	36:03+	38:38+	40:07+	41:54+	43:50+	48:44+	52:24+	57:43+	60:14+	63:33+	65:04+	66:32+	69:21+	70:44+	70:56+
06:56+	10:30+	04:24+	04:37+	01:43-	03:56+	03:57+	02:35+	01:29-	01:47-	01:56+	04:54-	03:40+	05:19-	02:31+	03:19+	01:31+	01:28+	02:49+	01:23+	00:12=
00:24+	01:35#	00:55&	00:52#	00:14-	00:47#	00:29#	00:29#	00:05-	00:11-	00:09+	00:04-	00:48&	00:53-	00:34&	01:20&	00:09#	00:13#	00:21#	00:04+	00:00=

6	Matilde Skousen										9	1:17:10									
03:46-	22:29+	26:48+	30:58+	32:44+	35:43+	39:40+	42:53+	44:23+	46:36+	48:58+	53:47+	57:03+	64:45+	66:36+	68:03+	69:48+	73:03+	75:38+	77:00+	77:10+	
03:46-	18:43+	04:19+	04:10+	01:46-	02:59-	03:57+	03:13+	01:30-	02:13+	02:22+	04:49-	03:16+	07:42+	01:51-	01:27-	01:45+	03:15+	02:35+	01:22+	00:10-	
02:46-	09:48@	00:50#	00:25#	00:11-	00:10-	00:29#	01:07&	00:04-	00:15#	00:35&	00:09-	00:24#	01:30#	00:06-	00:32-	00:23&	02:00@	00:07+	00:03+	00:02-	

Beste stræktid for klassen

03:46	08:55	03:29	03:45	01:42	02:35	03:25	02:06	01:25	01:47	01:46	04:25	02:52	04:50	01:51	01:26	01:22	01:05	02:28	01:17	00:10
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D20

1	Sara Lysemose Poulsen										14		48:23									
03:18=	11:08=	14:01=	17:31=	18:39=	21:00=	23:49=	25:27=	26:39=	28:06=	29:42=	33:42=	35:44=	39:39=	41:08=	42:39=	43:46=	44:58=	47:00=	48:11=	48:23=		
03:18=	07:50=	02:53=	03:30=	01:08=	02:21=	02:49=	01:38=	01:12=	01:27=	01:36=	04:00=	02:02=	03:55=	01:29=	01:31=	01:07=	01:12=	02:02=	01:11=	00:12=		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		
2	Katinka Kilden										Ok Pan		1:11:15									
06:45+	16:47+	20:53+	26:13+	28:15+	32:29+	36:23+	38:48+	40:21+	42:18+	44:21+	49:20+	53:04+	58:25+	60:32+	62:14+	63:53+	65:50+	69:31+	71:03+	71:15+		
06:45+	10:02+	04:06+	05:20+	02:02+	04:14+	03:54+	02:25+	01:33+	01:57+	02:03+	04:59+	03:44+	05:21+	02:07+	01:42+	01:39+	01:57+	03:41+	01:32+	00:12+		
06:45+	10:02+	04:06+	05:20+	02:02+	04:14+	03:54+	02:25+	01:33+	01:57+	02:03+	04:59+	03:44+	05:21+	02:07+	01:42+	01:39+	01:57+	03:41+	01:32+	00:12+		

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D20B

1	Silja Ebert Svenningsen										13		42:49									
01:48=	04:12=	06:21=	08:07=	10:31=	11:55=	13:47=	18:04=	27:02=	31:17=	32:39=	34:00=	36:45=	39:16=	40:27=	41:23=	42:38=	42:49=					
01:48=	02:24=	02:09=	01:46=	02:24=	01:24=	01:52=	04:17=	08:58=	04:15=	01:22=	01:21=	02:45=	02:31=	01:11=	00:56=	01:15=	00:11=					
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=					
2	Eline Rahbek Thyssen										4		44:54									
01:50+	04:02-	06:40+	09:03+	12:28+	14:08+	17:05+	22:41+	27:10+	29:37-	30:47-	32:58-	36:46+	40:13+	42:06+	43:07+	44:40+	44:54+					
01:50+	02:12-	02:38+	02:23+	03:25+	01:40+	02:57+	05:36+	04:29-	02:27-	01:10-	02:11+	03:48+	03:27+	01:53+	01:01+	01:33+	00:14+					
00:02+	00:12-	00:29#	00:37&	01:01&	00:16#	01:05&	01:19&	04:29-	01:48-	00:12-	00:50&	01:03&	00:56&	00:42&	00:05+	00:18#	00:03&					
3	Marie Drotner Sørensen										19		48:22									
03:10+	05:53+	08:49+	11:30+	14:50+	18:24+	21:42+	26:41+	30:53+	33:19+	34:26+	36:17+	40:40+	43:08+	45:22+	46:36+	48:09+	48:22+					
03:10+	02:43+	02:56+	02:41+	03:20+	03:34+	03:18+	04:59+	04:12-	02:26-	01:07-	01:51+	04:23+	02:28-	02:14+	01:14+	01:33+	00:13+					
01:22&	00:19#	00:47&	00:55&	00:56&	02:10@	01:26&	00:42#	04:46-	01:49-	00:15-	00:30&	01:38&	00:03-	01:03&	00:18&	00:18#	00:02#					
4	Andrea Kejser Dahl Jensen										Ok Pan		1:06:04									
03:21+	05:52+	09:13+	11:47+	16:27+	19:00+	22:55+	28:34+	31:46+	45:38+	47:55+	50:06+	53:18+	56:04+	63:19+	64:15+	65:52+	66:04+					
03:21+	02:31+	03:21+	02:34+	04:40+	02:33+	03:55+	05:39+	03:12-	13:52+	02:17+	02:11+	03:12+	02:46+	07:15+	00:56=	01:37+	00:12+					
01:33&	00:07+	01:12&	00:48&	02:16&	01:09&	02:03@	01:22&	05:46-	09:37@	00:55&	00:50&	00:27#	00:15+	06:04@	00:00=	00:22&	00:01+					

Beste stræktid for klassen

01:48	02:12	02:09	01:46	02:24	01:24	01:52	04:17	03:12	02:26	01:07	01:21	02:45	02:28	01:11	00:56	01:15	00:11
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D21

1	Hedvig Gydesen					9					45:43									
03:16=	10:01=	12:55=	16:18=	17:41=	19:36=	22:09=	23:40=	24:46=	26:14=	27:41=	31:16=	34:08=	37:43=	39:14=	40:29=	41:31=	42:29=	44:22=	45:33=	45:43=
03:16=	06:45=	02:54=	03:23=	01:23=	01:55=	02:33=	01:31=	01:06=	01:28=	01:27=	03:35=	02:52=	03:35=	01:31=	01:15=	01:02=	00:58=	01:53=	01:11=	00:10=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Stine Bagger Hagner					14					45:56									
03:26+	10:33+	13:29+	16:34+	17:45+	19:56+	22:50+	24:17+	25:20+	26:45+	28:00+	31:44+	33:39-	37:34-	38:59-	40:05-	41:07-	42:28-	44:35+	45:46+	45:56+
03:26+	07:07+	02:56+	03:05-	01:11-	02:11+	02:54+	01:27-	01:03-	01:25-	01:15-	03:44+	01:55-	03:55+	01:25-	01:06-	01:02=	01:21+	02:07+	01:11=	00:10=
00:10+	00:22+	00:02+	00:18-	00:12-	00:16#	00:21#	00:04-	00:03-	00:03-	00:12-	00:09+	00:57-	00:20+	00:06-	00:09-	00:00=	00:23&	00:14#	00:00=	00:00=

Plass	Navn			Klasse			Tid														
D21																					
3	Ida Bobach			Ok Pan			46:08														
02:58-	10:11+	13:12+	16:10-	17:28-	19:27-	22:11+	23:51+	25:00+	26:18+	27:41=	31:22+	33:13-	36:51-	38:25-	39:41-	40:46-	42:53+	44:41+	45:55+	46:08+	
02:58-	07:13+	03:01+	02:58-	01:18-	01:59+	02:44+	01:40+	01:09+	01:18-	01:23-	03:41+	01:51-	03:38+	01:34+	01:16+	01:05+	02:07+	01:48-	01:14+	00:13+	
00:18-	00:28+	00:07+	00:25-	00:05-	00:04+	00:11+	00:09+	00:03+	00:10-	00:04-	00:06+	01:01-	00:03+	00:03+	00:01+	00:03+	01:09@	00:05-	00:03+	00:03&	
4	Anneke Hald Bjørgum			Ok Pan			49:53														
02:54+	10:11+	13:14+	16:20+	17:39+	20:51+	23:56+	25:41+	26:57+	28:21+	29:48+	34:02+	36:28+	40:32+	42:05+	43:21+	44:39+	46:16+	48:23+	49:40+	49:53+	
02:54+	07:17+	03:03+	03:06+	01:19+	03:12+	03:05+	01:45+	01:16+	01:24+	01:27+	04:14+	02:26+	04:04+	01:33+	01:16+	01:18+	01:37+	02:07+	01:17+	00:13+	
02:54+	07:17+	03:03+	03:06+	01:19+	03:12+	03:05+	01:45+	01:16+	01:24+	01:27+	04:14+	02:26+	04:04+	01:33+	01:16+	01:18+	01:37+	02:07+	01:17+	00:13+	
5	Ane Linde			Ok Pan			51:58														
02:55+	11:03+	14:15+	17:32+	18:50+	20:51+	23:43+	28:05+	29:22+	31:00+	32:25+	36:15+	38:36+	42:29+	44:00+	45:23+	46:41+	48:14+	50:25+	51:46+	51:58+	
02:55+	08:08+	03:12+	03:17+	01:18+	02:01+	02:52+	04:22+	01:17+	01:38+	01:25+	03:50+	02:21+	03:53+	01:31+	01:23+	01:18+	01:33+	02:11+	01:21+	00:12+	
02:55+	08:08+	03:12+	03:17+	01:18+	02:01+	02:52+	04:22+	01:17+	01:38+	01:25+	03:50+	02:21+	03:53+	01:31+	01:23+	01:18+	01:33+	02:11+	01:21+	00:12+	
6	Rebeka Vincze			4			53:37														
04:25+	11:49+	14:56+	19:29+	21:01+	23:10+	26:18+	28:13+	29:25+	31:01+	32:33+	36:40+	39:28+	44:23+	46:13+	47:33+	48:53+	50:18+	52:15+	53:26+	53:37+	
04:25+	07:24+	03:07+	04:33+	01:32+	02:09+	03:08+	01:55+	01:12+	01:36+	01:32+	04:07+	02:48+	04:55+	01:50+	01:20+	01:20+	01:25+	01:57+	01:11+	00:11+	
04:25+	07:24+	03:07+	04:33+	01:32+	02:09+	03:08+	01:55+	01:12+	01:36+	01:32+	04:07+	02:48+	04:55+	01:50+	01:20+	01:20+	01:25+	01:57+	01:11+	00:11+	
7	Gréti Péntek			4			55:39														
03:29+	12:18+	15:39+	19:12+	20:43+	23:15+	26:28+	28:35+	30:00+	31:42+	33:37+	37:59+	40:16+	44:58+	46:37+	48:06+	49:19+	51:42+	54:03+	55:27+	55:39+	
03:29+	08:49+	03:21+	03:33+	01:31+	02:32+	03:13+	02:07+	01:25+	01:42+	01:55+	04:22+	02:17+	04:42+	01:39+	01:29+	01:13+	02:23+	02:21+	01:24+	00:12+	
03:29+	08:49+	03:21+	03:33+	01:31+	02:32+	03:13+	02:07+	01:25+	01:42+	01:55+	04:22+	02:17+	04:42+	01:39+	01:29+	01:13+	02:23+	02:21+	01:24+	00:12+	
8	Anne Beukel Bak			18			55:39														
05:00+	14:03+	17:27+	21:39+	23:06+	25:44+	29:05+	31:11+	32:29+	34:08+	35:40+	39:52+	42:11+	47:10+	48:34+	49:38+	51:00+	51:59+	54:11+	55:28+	55:39+	
05:00+	09:03+	03:24+	04:12+	01:27+	02:38+	03:21+	02:06+	01:18+	01:39+	01:32+	04:12+	02:19+	04:59+	01:24+	01:04+	01:22+	00:59+	02:12+	01:17+	00:11+	
05:00+	09:03+	03:24+	04:12+	01:27+	02:38+	03:21+	02:06+	01:18+	01:39+	01:32+	04:12+	02:19+	04:59+	01:24+	01:04+	01:22+	00:59+	02:12+	01:17+	00:11+	
9	Anne Mette Schmidt			Ok Pan			55:49														
04:32+	13:05+	16:27+	21:10+	22:47+	25:08+	28:17+	30:10+	31:31+	33:10+	34:44+	39:08+	41:35+	46:42+	48:14+	49:27+	50:42+	52:05+	54:19+	55:37+	55:49+	
04:32+	08:33+	03:22+	04:43+	01:37+	02:21+	03:09+	01:53+	01:21+	01:39+	01:34+	04:24+	02:27+	05:07+	01:32+	01:13+	01:15+	01:23+	02:14+	01:18+	00:12+	
04:32+	08:33+	03:22+	04:43+	01:37+	02:21+	03:09+	01:53+	01:21+	01:39+	01:34+	04:24+	02:27+	05:07+	01:32+	01:13+	01:15+	01:23+	02:14+	01:18+	00:12+	
10	Heidi Hinge Krogsgaard			14			56:38														
05:26+	13:39+	16:55+	20:30+	22:07+	25:12+	28:09+	30:02+	31:43+	33:12+	34:49+	39:04+	41:44+	46:01+	47:53+	49:32+	50:48+	51:55+	55:03+	56:27+	56:38+	
05:26+	08:13+	03:16+	03:35+	01:37+	03:05+	02:57+	01:53+	01:41+	01:29+	01:37+	04:15+	02:40+	04:17+	01:52+	01:39+	01:16+	01:07+	03:08+	01:24+	00:11+	
05:26+	08:13+	03:16+	03:35+	01:37+	03:05+	02:57+	01:53+	01:41+	01:29+	01:37+	04:15+	02:40+	04:17+	01:52+	01:39+	01:16+	01:07+	03:08+	01:24+	00:11+	
11	Rikke Holm Jensen			4			57:56														
04:28+	13:27+	16:57+	21:14+	22:58+	25:37+	28:59+	30:59+	32:28+	34:00+	35:49+	40:26+	42:53+	47:46+	49:44+	51:09+	52:35+	53:46+	56:16+	57:44+	57:56+	
04:28+	08:59+	03:30+	04:17+	01:44+	02:39+	03:22+	02:00+	01:29+	01:32+	01:49+	04:37+	02:27+	04:53+	01:58+	01:25+	01:26+	01:11+	02:30+	01:28+	00:12+	
04:28+	08:59+	03:30+	04:17+	01:44+	02:39+	03:22+	02:00+	01:29+	01:32+	01:49+	04:37+	02:27+	04:53+	01:58+	01:25+	01:26+	01:11+	02:30+	01:28+	00:12+	
12	Henriette Nygaard Skjørbæk			3			58:26														
03:29+	15:51+	19:37+	23:44+	25:22+	27:38+	31:00+	32:56+	34:04+	36:04+	37:51+	42:29+	45:16+	49:39+	51:13+	52:23+	53:52+	54:53+	56:56+	58:14+	58:26+	
03:29+	12:22+	03:46+	04:07+	01:38+	02:16+	03:22+	01:56+	01:08+	02:00+	01:47+	04:38+	02:47+	04:23+	01:34+	01:10+	01:29+	01:01+	02:03+	01:18+	00:12+	
03:29+	12:22+	03:46+	04:07+	01:38+	02:16+	03:22+	01:56+	01:08+	02:00+	01:47+	04:38+	02:47+	04:23+	01:34+	01:10+	01:29+	01:01+	02:03+	01:18+	00:12+	
13	Kristine Baagø			17			1:01:34														
03:44+	12:58+	16:35+	20:43+	22:26+	24:53+	28:25+	30:41+	32:00+	33:58+	35:30+	41:07+	44:19+	49:28+	51:34+	53:01+	54:48+	56:03+	59:46+	61:22+	61:34+	
03:44+	09:14+	03:37+	04:08+	01:43+	02:27+	03:32+	02:16+	01:19+	01:58+	01:32+	05:37+	03:12+	05:09+	02:06+	01:27+	01:47+	01:15+	03:43+	01:36+	00:12+	
03:44+	09:14+	03:37+	04:08+	01:43+	02:27+	03:32+	02:16+	01:19+	01:58+	01:32+	05:37+	03:12+	05:09+	02:06+	01:27+	01:47+	01:15+	03:43+	01:36+	00:12+	
14	Astrid Gylling Hougaard			19			1:01:45														
03:45+	13:35+	17:37+	21:59+	23:43+	26:26+	30:12+	32:30+	34:06+	36:02+	37:53+	43:46+	46:24+	50:59+	52:43+	54:14+	56:35+	57:38+	60:07+	61:35+	61:45+	
03:45+	09:50+	04:02+	04:22+	01:44+	02:43+	03:46+	02:18+	01:36+	01:56+	01:51+	05:53+	02:38+	04:35+	01:44+	01:31+	02:21+	01:03+	02:29+	01:28+	00:10+	
03:45+	09:50+	04:02+	04:22+	01:44+	02:43+	03:46+	02:18+	01:36+	01:56+	01:51+	05:53+	02:38+	04:35+	01:44+	01:31+	02:21+	01:03+	02:29+	01:28+	00:10+	

Plass	Navn	Klasse	Tid
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D21

15	Maria Bo Kølbæk					19					1:04:21									
03:28+	12:23+	15:55+	21:14+	22:50+	25:45+	29:16+	31:41+	33:15+	35:11+	37:00+	41:53+	45:07+	50:34+	52:32+	54:16+	56:17+	57:35+	62:46+	64:09+	64:21+
03:28+	08:55+	03:32+	05:19+	01:36+	02:55+	03:31+	02:25+	01:34+	01:56+	01:49+	04:53+	03:14+	05:27+	01:58+	01:44+	02:01+	01:18+	05:11+	01:23+	00:12+
03:28+	08:55+	03:32+	05:19+	01:36+	02:55+	03:31+	02:25+	01:34+	01:56+	01:49+	04:53+	03:14+	05:27+	01:58+	01:44+	02:01+	01:18+	05:11+	01:23+	00:12+
17	Anneli Sandbæk					14					1:07:11									
06:44+	18:08+	21:42+	25:58+	27:39+	31:17+	34:56+	37:01+	38:28+	40:36+	42:27+	47:03+	50:26+	56:20+	58:16+	60:02+	61:29+	62:50+	65:14+	66:54+	67:11+
06:44+	11:24+	03:34+	04:16+	01:41+	03:38+	03:39+	02:05+	01:27+	02:08+	01:51+	04:36+	03:23+	05:54+	01:56+	01:46+	01:27+	01:21+	02:24+	01:40+	00:17+
06:44+	11:24+	03:34+	04:16+	01:41+	03:38+	03:39+	02:05+	01:27+	02:08+	01:51+	04:36+	03:23+	05:54+	01:56+	01:46+	01:27+	01:21+	02:24+	01:40+	00:17+
18	Hanne Borup Fredberg					14					1:12:58									
05:54+	16:27+	21:46+	26:11+	27:55+	30:49+	34:28+	36:46+	38:21+	40:57+	42:38+	47:50+	52:03+	57:25+	59:27+	61:04+	62:39+	68:23+	71:21+	72:46+	72:58+
05:54+	10:33+	05:19+	04:25+	01:44+	02:54+	03:39+	02:18+	01:35+	02:36+	01:41+	05:12+	04:13+	05:22+	02:02+	01:37+	01:35+	05:44+	02:58+	01:25+	00:12+
05:54+	10:33+	05:19+	04:25+	01:44+	02:54+	03:39+	02:18+	01:35+	02:36+	01:41+	05:12+	04:13+	05:22+	02:02+	01:37+	01:35+	05:44+	02:58+	01:25+	00:12+
19	Mette Byskov Ovesen					13					1:15:09									
04:34+	15:55+	21:01+	26:46+	28:45+	32:12+	37:16+	39:51+	41:34+	44:08+	46:19+	52:50+	56:04+	62:34+	64:45+	66:37+	68:37+	70:06+	72:56+	74:53+	75:09+
04:34+	11:21+	05:06+	05:45+	01:59+	03:27+	05:04+	02:35+	01:43+	02:34+	02:11+	06:31+	03:14+	06:30+	02:11+	01:52+	02:00+	01:29+	02:50+	01:57+	00:16+
04:34+	11:21+	05:06+	05:45+	01:59+	03:27+	05:04+	02:35+	01:43+	02:34+	02:11+	06:31+	03:14+	06:30+	02:11+	01:52+	02:00+	01:29+	02:50+	01:57+	00:16+
21	Susanne Kristensen					3					1:25:39									
05:13+	28:33+	32:49+	37:01+	38:53+	41:40+	45:34+	47:53+	49:51+	52:01+	56:18+	61:02+	63:47+	68:56+	71:04+	72:51+	75:01+	80:23+	84:02+	85:25+	85:39+
05:13+	23:20+	04:16+	04:12+	01:52+	02:47+	03:54+	02:19+	01:58+	02:10+	04:17+	04:44+	02:45+	05:09+	02:08+	01:47+	02:10+	05:22+	03:39+	01:23+	00:14+
05:13+	23:20+	04:16+	04:12+	01:52+	02:47+	03:54+	02:19+	01:58+	02:10+	04:17+	04:44+	02:45+	05:09+	02:08+	01:47+	02:10+	05:22+	03:39+	01:23+	00:14+
22	Mette Reiche Sørensen					11					1:35:33									
13:31+	24:34+	29:42+	34:43+	37:02+	41:17+	45:33+	48:31+	50:38+	53:02+	55:29+	62:10+	66:38+	74:09+	77:06+	80:18+	83:32+	86:33+	92:46+	95:17+	95:33+
13:31+	11:03+	05:08+	05:01+	02:19+	04:15+	04:16+	02:58+	02:07+	02:24+	02:27+	06:41+	04:28+	07:31+	02:57+	03:12+	03:14+	03:01+	06:13+	02:31+	00:16+
13:31+	11:03+	05:08+	05:01+	02:19+	04:15+	04:16+	02:58+	02:07+	02:24+	02:27+	06:41+	04:28+	07:31+	02:57+	03:12+	03:14+	03:01+	06:13+	02:31+	00:16+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D21B

1	Kathrine Emilie Amby					Ok Pan					35:50							
01:32=	04:20=	06:28=	08:23=	11:25=	13:02=	14:48=	18:49=	21:30=	23:35=	25:01=	26:19=	28:43=	31:23=	33:22=	34:12=	35:38=	35:50=	
01:32=	02:48=	02:08=	01:55=	03:02=	01:37=	01:46=	04:01=	02:41=	02:05=	01:26=	01:18=	02:24=	02:40=	01:59=	00:50=	01:26=	00:12=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Sabrine Berner Nielsen					18					43:08							
01:49+	03:46-	05:58-	08:09-	10:59-	13:28+	15:12+	21:10+	25:09+	27:38+	29:01+	30:36+	34:17+	37:04+	38:35+	39:49+	42:56+	43:08+	
01:49+	01:57-	02:12+	02:11+	02:50-	02:29+	01:44-	05:58+	03:59+	02:29+	01:23-	01:35+	03:41+	02:47+	01:31-	01:14+	03:07+	00:12=	
00:17#	00:51-	00:04+	00:16#	00:12-	00:52&	00:02-	01:57&	01:18&	00:24#	00:03-	00:17#	01:17&	00:07+	00:28-	00:24&	01:41@	00:00=	
3	Karen Piil Kristensen					12					44:02							
01:43+	04:11-	06:45+	09:15+	12:34+	14:10+	16:24+	23:09+	27:00+	29:29+	30:49+	32:50+	36:10+	39:20+	41:10+	42:14+	43:51+	44:02+	
01:43+	02:28-	02:34+	02:30+	03:19+	01:36-	02:14+	06:45+	03:51+	02:29+	01:20-	02:01+	03:20+	03:10+	01:50-	01:04+	01:37+	00:11-	
00:11#	00:20-	00:26#	00:35&	00:17+	00:01-	00:28&	02:44&	01:10&	00:24#	00:06-	00:43&	00:56&	00:30#	00:09-	00:14&	00:11#	00:01-	
4	Elise Utzen Keller					4					45:45							
01:39+	04:15-	06:46+	08:53+	11:28+	17:09+	19:10+	24:17+	27:27+	30:57+	32:09+	34:02+	36:46+	41:40+	43:06+	44:08+	45:28+	45:45+	
01:39+	02:36-	02:31+	02:07+	02:35-	05:41+	02:01+	05:07+	03:10+	03:30+	01:12-	01:53+	02:44+	04:54+	01:26-	01:02+	01:20-	00:17+	
00:07+	00:12-	00:23#	00:12#	00:27-	04:04@	00:15#	01:06&	00:29#	01:25&	00:14-	00:35&	00:20#	02:14&	00:33-	00:12#	00:06-	00:05&	

Plass	Navn		Klasse								Tid									
D21B																				
5	Malene Aagaard Nielsen								4				49:29							
02:07+	06:29+	09:28+	11:48+	14:48+	16:48+	19:07+	24:21+	29:24+	31:50+	33:14+	36:22+	40:12+	44:02+	46:21+	47:40+	49:15+	49:29+			
02:07+	04:22+	02:59+	02:20+	03:00-	02:00+	02:19+	05:14+	05:03+	02:26+	01:24-	03:08+	03:50+	03:50+	02:19+	01:19+	01:35+	00:14+			
00:35&	01:34&	00:51&	00:25#	00:02-	00:23#	00:33&	01:13&	02:22&	00:21#	00:02-	01:50@	01:26&	01:10&	00:20#	00:29&	00:09#	00:02#			
6	Karina Lerdrup Spørring								14				50:15							
01:53+	04:30+	07:25+	09:50+	15:19+	18:16+	20:54+	26:52+	31:19+	33:44+	35:20+	37:08+	40:49+	44:31+	46:30+	48:16+	50:01+	50:15+			
01:53+	02:37+	02:55+	02:25+	05:29+	02:57+	02:38+	05:58+	04:27+	02:25+	01:36+	01:48+	03:41+	03:42+	01:59+	01:46+	01:45+	00:14+			
01:53+	02:37+	02:55+	02:25+	05:29+	02:57+	02:38+	05:58+	04:27+	02:25+	01:36+	01:48+	03:41+	03:42+	01:59+	01:46+	01:45+	00:14+			
7	Anne Sofie Bohnsen								Ok Pan				52:34							
03:27+	07:19+	09:51+	12:04+	15:51+	18:17+	24:19+	32:28+	36:06+	38:19+	39:41+	41:19+	44:52+	47:45+	49:15+	50:32+	52:20+	52:34+			
03:27+	03:52+	02:32+	02:13+	03:47+	02:26+	06:02+	08:09+	03:38+	02:13+	01:22+	01:38+	03:33+	02:53+	01:30+	01:17+	01:48+	00:14+			
03:27+	03:52+	02:32+	02:13+	03:47+	02:26+	06:02+	08:09+	03:38+	02:13+	01:22+	01:38+	03:33+	02:53+	01:30+	01:17+	01:48+	00:14+			
8	Mette Kappel Jensen								13				52:37							
02:11+	06:00+	09:04+	11:31+	17:13+	19:23+	21:54+	27:53+	31:49+	34:16+	35:37+	37:27+	41:18+	44:30+	49:21+	50:33+	52:24+	52:37+			
02:11+	03:49+	03:04+	02:27+	05:42+	02:10+	02:31+	05:59+	03:56+	02:27+	01:21+	01:50+	03:51+	03:12+	04:51+	01:12+	01:51+	00:13+			
02:11+	03:49+	03:04+	02:27+	05:42+	02:10+	02:31+	05:59+	03:56+	02:27+	01:21+	01:50+	03:51+	03:12+	04:51+	01:12+	01:51+	00:13+			
9	Stine Flint								14				57:09							
02:26+	05:58+	09:14+	12:14+	17:05+	19:28+	22:32+	29:51+	35:02+	37:55+	39:43+	42:15+	46:55+	50:39+	53:31+	54:51+	56:54+	57:09+			
02:26+	03:32+	03:16+	03:00+	04:51+	02:23+	03:04+	07:19+	05:11+	02:53+	01:48+	02:32+	04:40+	03:44+	02:52+	01:20+	02:03+	00:15+			
02:26+	03:32+	03:16+	03:00+	04:51+	02:23+	03:04+	07:19+	05:11+	02:53+	01:48+	02:32+	04:40+	03:44+	02:52+	01:20+	02:03+	00:15+			
10	Mariann Kejser								Ok Pan				57:21							
02:46+	05:48+	09:00+	11:49+	17:12+	19:22+	21:44+	28:33+	33:16+	36:50+	38:27+	40:31+	44:39+	50:21+	54:17+	55:19+	57:07+	57:21+			
02:46+	03:02+	03:12+	02:49+	05:23+	02:10+	02:22+	06:49+	04:43+	03:34+	01:37+	02:04+	04:08+	05:42+	03:56+	01:02+	01:48+	00:14+			
02:46+	03:02+	03:12+	02:49+	05:23+	02:10+	02:22+	06:49+	04:43+	03:34+	01:37+	02:04+	04:08+	05:42+	03:56+	01:02+	01:48+	00:14+			
11	Lene Conley								12				1:06:27							
02:36+	06:32+	10:26+	14:16+	22:14+	25:08+	33:16+	37:54+	41:07+	43:22+	46:53+	51:20+	54:50+	62:32+	64:06+	66:08+	66:27+				
02:36+	03:56+	03:54+	03:50+	07:58+	02:54+	08:08+	04:38+	03:13+	02:15+	03:31+	04:27+	03:30+	07:42+	01:34+	02:02+	00:19+				
02:36+	03:56+	03:54+	03:50+	07:58+	02:54+	08:08+	04:38+	03:13+	02:15+	03:31+	04:27+	03:30+	07:42+	01:34+	02:02+	00:19+				
12	Rikke Petersen								11				1:07:38							
03:54+	06:43+	10:13+	13:05+	29:21+	31:45+	34:23+	41:27+	45:44+	49:00+	51:12+	53:28+	57:38+	61:24+	64:03+	65:13+	67:25+	67:38+			
03:54+	02:49+	03:30+	02:52+	16:16+	02:24+	02:38+	07:04+	04:17+	03:16+	02:12+	02:16+	04:10+	03:46+	02:39+	01:10+	02:12+	00:13+			
03:54+	02:49+	03:30+	02:52+	16:16+	02:24+	02:38+	07:04+	04:17+	03:16+	02:12+	02:16+	04:10+	03:46+	02:39+	01:10+	02:12+	00:13+			
13	Helle Sjørup Nielsen								18				1:17:15							
03:57+	08:11+	13:14+	23:54+	26:38+	30:48+	40:30+	47:05+	51:27+	53:49+	56:51+	62:58+	67:56+	71:19+	73:53+	76:57+	77:15+				
03:57+	04:14+	05:03+	10:40+	02:44+	04:10+	09:42+	06:35+	04:22+	02:22+	03:02+	06:07+	04:58+	03:23+	02:34+	03:04+	00:18+				
03:57+	04:14+	05:03+	10:40+	02:44+	04:10+	09:42+	06:35+	04:22+	02:22+	03:02+	06:07+	04:58+	03:23+	02:34+	03:04+	00:18+				
14	Mette Klinge Cornelius								4				1:26:29							
04:33+	08:03+	11:54+	15:12+	35:56+	38:04+	41:01+	48:58+	53:46+	58:27+	62:32+	66:44+	71:06+	75:03+	82:35+	84:09+	86:11+	86:29+			
04:33+	03:30+	03:51+	03:18+	20:44+	02:08+	02:57+	07:57+	04:48+	04:41+	04:05+	04:12+	04:22+	03:57+	07:32+	01:34+	02:02+	00:18+			
04:33+	03:30+	03:51+	03:18+	20:44+	02:08+	02:57+	07:57+	04:48+	04:41+	04:05+	04:12+	04:22+	03:57+	07:32+	01:34+	02:02+	00:18+			

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Plass	Navn	Klasse										Tid							
D40																			
1	Signe Faber	14										48:59							
03:56=	05:17=	12:50=	16:49=	20:08=	21:53=	24:44=	26:46=	28:31=	33:41=	38:59=	41:33=	42:14=	44:06=	46:19=	47:08=	48:49=	48:59=		
03:56=	01:21=	07:33=	03:59=	03:19=	01:45=	02:51=	02:02=	01:45=	05:10=	05:18=	02:34=	00:41=	01:52=	02:13=	00:49=	01:41=	00:10=		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		
2	Randi Scheel	Ok Pan										50:03							
03:39+	05:15+	12:56+	16:30+	19:31+	21:08+	24:09+	26:09+	27:38+	32:53+	38:08+	40:46+	41:38+	44:16+	47:07+	48:12+	49:49+	50:03+		
03:39+	01:36+	07:41+	03:34+	03:01+	01:37+	03:01+	02:00+	01:29+	05:15+	05:15+	02:38+	00:52+	02:38+	02:51+	01:05+	01:37+	00:14+		
03:39+	01:36+	07:41+	03:34+	03:01+	01:37+	03:01+	02:00+	01:29+	05:15+	05:15+	02:38+	00:52+	02:38+	02:51+	01:05+	01:37+	00:14+		
3	Rikke Lysemose Poulsen	14										50:15							
04:01+	05:25+	13:06+	16:23+	19:23+	21:10+	23:59+	25:57+	27:24+	32:31+	37:21+	41:53+	42:36+	45:17+	47:27+	48:46+	50:04+	50:15+		
04:01+	01:24+	07:41+	03:17+	03:00+	01:47+	02:49+	01:58+	01:27+	05:07+	04:50+	04:32+	00:43+	02:41+	02:10+	01:19+	01:18+	00:11+		
04:01+	01:24+	07:41+	03:17+	03:00+	01:47+	02:49+	01:58+	01:27+	05:07+	04:50+	04:32+	00:43+	02:41+	02:10+	01:19+	01:18+	00:11+		
4	Birgitte Halle	19										51:39							
03:53+	05:20+	13:06+	16:31+	19:52+	21:19+	24:17+	27:11+	29:30+	36:30+	41:48+	44:28+	45:05+	46:50+	49:20+	50:05+	51:27+	51:39+		
03:53+	01:27+	07:46+	03:25+	03:21+	01:27+	02:58+	02:54+	02:19+	07:00+	05:18+	02:40+	00:37+	01:45+	02:30+	00:45+	01:22+	00:12+		
03:53+	01:27+	07:46+	03:25+	03:21+	01:27+	02:58+	02:54+	02:19+	07:00+	05:18+	02:40+	00:37+	01:45+	02:30+	00:45+	01:22+	00:12+		
5	Irene K. Mikkelsen	4										52:47							
03:44+	05:02+	13:46+	17:31+	21:22+	22:56+	26:09+	27:57+	29:52+	35:09+	40:58+	43:55+	44:42+	46:46+	50:11+	51:08+	52:35+	52:47+		
03:44+	01:18+	08:44+	03:45+	03:51+	01:34+	03:13+	01:48+	01:55+	05:17+	05:49+	02:57+	00:47+	02:04+	03:25+	00:57+	01:27+	00:12+		
03:44+	01:18+	08:44+	03:45+	03:51+	01:34+	03:13+	01:48+	01:55+	05:17+	05:49+	02:57+	00:47+	02:04+	03:25+	00:57+	01:27+	00:12+		
6	Jeanette Finderup	Ok Pan										53:45							
04:49+	06:15+	14:48+	18:38+	22:45+	24:47+	28:13+	30:20+	32:04+	37:52+	43:40+	46:19+	47:00+	48:39+	51:00+	51:53+	53:32+	53:45+		
04:49+	01:26+	08:33+	03:50+	04:07+	02:02+	03:26+	02:07+	01:44+	05:48+	05:48+	02:39+	00:41+	01:39+	02:21+	00:53+	01:39+	00:13+		
04:49+	01:26+	08:33+	03:50+	04:07+	02:02+	03:26+	02:07+	01:44+	05:48+	05:48+	02:39+	00:41+	01:39+	02:21+	00:53+	01:39+	00:13+		
7	Mette Edsen	6										53:49							
03:55+	05:31+	14:05+	18:09+	21:44+	23:42+	26:55+	29:31+	31:15+	37:07+	42:44+	45:28+	46:11+	48:37+	51:08+	52:03+	53:36+	53:49+		
03:55+	01:36+	08:34+	04:04+	03:35+	01:58+	03:13+	02:36+	01:44+	05:52+	05:37+	02:44+	00:43+	02:26+	02:31+	00:55+	01:33+	00:13+		
03:55+	01:36+	08:34+	04:04+	03:35+	01:58+	03:13+	02:36+	01:44+	05:52+	05:37+	02:44+	00:43+	02:26+	02:31+	00:55+	01:33+	00:13+		
8	Susanne Loft Thyssen	4										54:05							
04:20+	05:46+	13:18+	17:04+	20:23+	22:15+	25:28+	27:44+	29:35+	35:50+	41:26+	44:23+	45:54+	48:17+	51:21+	52:18+	53:51+	54:05+		
04:20+	01:26+	07:32+	03:46+	03:19+	01:52+	03:13+	02:16+	01:51+	06:15+	05:36+	02:57+	01:31+	02:23+	03:04+	00:57+	01:33+	00:14+		
04:20+	01:26+	07:32+	03:46+	03:19+	01:52+	03:13+	02:16+	01:51+	06:15+	05:36+	02:57+	01:31+	02:23+	03:04+	00:57+	01:33+	00:14+		
9	Anna Vang Bobach	18										56:21							
04:05+	05:39+	14:22+	18:19+	21:50+	23:41+	27:52+	30:02+	31:51+	37:46+	44:24+	47:23+	48:09+	50:23+	53:23+	54:28+	56:08+	56:21+		
04:05+	01:34+	08:43+	03:57+	03:31+	01:51+	04:11+	02:10+	01:49+	05:55+	06:38+	02:59+	00:46+	02:14+	03:00+	01:05+	01:40+	00:13+		
04:05+	01:34+	08:43+	03:57+	03:31+	01:51+	04:11+	02:10+	01:49+	05:55+	06:38+	02:59+	00:46+	02:14+	03:00+	01:05+	01:40+	00:13+		
10	Anne Riis	13										59:20							
06:10+	07:50+	16:27+	20:17+	23:53+	26:11+	29:31+	31:59+	34:51+	41:02+	46:48+	49:44+	50:40+	53:12+	56:14+	57:26+	59:08+	59:20+		
06:10+	01:40+	08:37+	03:50+	03:36+	02:18+	03:20+	02:28+	02:52+	06:11+	05:46+	02:56+	00:56+	02:32+	03:02+	01:12+	01:42+	00:12+		
06:10+	01:40+	08:37+	03:50+	03:36+	02:18+	03:20+	02:28+	02:52+	06:11+	05:46+	02:56+	00:56+	02:32+	03:02+	01:12+	01:42+	00:12+		
11	Bodil Schulz	3										59:30							
06:50+	08:07+	15:53+	19:28+	24:02+	25:55+	28:53+	30:58+	32:31+	38:05+	43:15+	47:30+	49:08+	52:10+	56:41+	57:50+	59:17+	59:30+		
06:50+	01:17+	07:46+	03:35+	04:34+	01:53+	02:58+	02:05+	01:33+	05:34+	05:10+	04:15+	01:38+	03:02+	04:31+	01:09+	01:27+	00:13+		
06:50+	01:17+	07:46+	03:35+	04:34+	01:53+	02:58+	02:05+	01:33+	05:34+	05:10+	04:15+	01:38+	03:02+	04:31+	01:09+	01:27+	00:13+		
12	Nina Jacobsen	14										1:00:45							
04:38+	06:51+	16:04+	20:17+	26:50+	29:20+	32:19+	34:39+	36:27+	42:32+	48:25+	51:18+	52:33+	55:21+	58:07+	59:01+	60:35+	60:45+		
04:38+	02:13+	09:13+	04:13+	06:33+	02:30+	02:59+	02:20+	01:48+	06:05+	05:53+	02:53+	01:15+	02:48+	02:46+	00:54+	01:34+	00:10+		
04:38+	02:13+	09:13+	04:13+	06:33+	02:30+	02:59+	02:20+	01:48+	06:05+	05:53+	02:53+	01:15+	02:48+	02:46+	00:54+	01:34+	00:10+		

Plass	Navn										Klasse	Tid									
D40																					
13	Sannie Ebert Jacobsen										13	1:01:13									
05:13+	06:41+	17:15+	21:19+	25:41+	27:50+	31:20+	33:31+	35:21+	41:59+	47:49+	51:38+	52:46+	55:04+	58:25+	59:32+	61:01+	61:13+				
05:13+	01:28+	10:34+	04:04+	04:22+	02:09+	03:30+	02:11+	01:50+	06:38+	05:50+	03:49+	01:08+	02:18+	03:21+	01:07+	01:29+	00:12+				
05:13+	01:28+	10:34+	04:04+	04:22+	02:09+	03:30+	02:11+	01:50+	06:38+	05:50+	03:49+	01:08+	02:18+	03:21+	01:07+	01:29+	00:12+				
14	Rikke Nørgaard										Ok Pan	1:02:00									
03:47+	05:14+	13:45+	17:57+	22:04+	23:48+	28:14+	30:32+	32:29+	41:29+	47:58+	52:48+	53:35+	55:51+	59:13+	60:06+	61:47+	62:00+				
03:47+	01:27+	08:31+	04:12+	04:07+	01:44+	04:26+	02:18+	01:57+	09:00+	06:29+	04:50+	00:47+	02:16+	03:22+	00:53+	01:41+	00:13+				
03:47+	01:27+	08:31+	04:12+	04:07+	01:44+	04:26+	02:18+	01:57+	09:00+	06:29+	04:50+	00:47+	02:16+	03:22+	00:53+	01:41+	00:13+				
15	Lene Stick Nielsen										17	1:03:03									
04:41+	06:16+	18:13+	22:39+	27:16+	30:09+	33:43+	36:03+	37:46+	43:57+	50:01+	53:15+	54:15+	56:59+	60:12+	61:14+	62:50+	63:03+				
04:41+	01:35+	11:57+	04:26+	04:37+	02:53+	03:34+	02:20+	01:43+	06:11+	06:04+	03:14+	01:00+	02:44+	03:13+	01:02+	01:36+	00:13+				
04:41+	01:35+	11:57+	04:26+	04:37+	02:53+	03:34+	02:20+	01:43+	06:11+	06:04+	03:14+	01:00+	02:44+	03:13+	01:02+	01:36+	00:13+				
16	Inge Kølback Bonne										19	1:04:26									
04:46+	06:16+	14:33+	18:47+	24:33+	26:52+	32:10+	34:19+	35:59+	41:37+	47:57+	54:08+	55:00+	58:22+	61:45+	62:52+	64:15+	64:26+				
04:46+	01:30+	08:17+	04:14+	05:46+	02:19+	05:18+	02:09+	01:40+	05:38+	06:20+	06:11+	00:52+	03:22+	03:23+	01:07+	01:23+	00:11+				
04:46+	01:30+	08:17+	04:14+	05:46+	02:19+	05:18+	02:09+	01:40+	05:38+	06:20+	06:11+	00:52+	03:22+	03:23+	01:07+	01:23+	00:11+				
17	Hanne Veggerby										13	1:05:27									
05:12+	07:26+	17:37+	22:00+	26:52+	29:38+	33:39+	36:01+	38:15+	45:42+	52:11+	54:58+	56:24+	59:44+	62:43+	63:36+	65:11+	65:27+				
05:12+	02:14+	10:11+	04:23+	04:52+	02:46+	04:01+	02:22+	02:14+	07:27+	06:29+	02:47+	01:26+	03:20+	02:59+	00:53+	01:35+	00:16+				
05:12+	02:14+	10:11+	04:23+	04:52+	02:46+	04:01+	02:22+	02:14+	07:27+	06:29+	02:47+	01:26+	03:20+	02:59+	00:53+	01:35+	00:16+				
18	Elin Jørgensen										3	1:09:25									
05:26+	07:22+	17:37+	22:51+	26:40+	29:12+	32:28+	35:19+	37:46+	44:53+	52:11+	55:21+	59:11+	62:30+	66:24+	67:27+	69:13+	69:25+				
05:26+	01:56+	10:15+	05:14+	03:49+	02:32+	03:16+	02:51+	02:27+	07:07+	07:18+	03:10+	03:50+	03:19+	03:54+	01:03+	01:46+	00:12+				
05:26+	01:56+	10:15+	05:14+	03:49+	02:32+	03:16+	02:51+	02:27+	07:07+	07:18+	03:10+	03:50+	03:19+	03:54+	01:03+	01:46+	00:12+				
19	Mette Ellegaard Kokholm										4	1:10:29									
04:45+	06:38+	17:46+	22:42+	27:55+	30:19+	34:46+	39:02+	40:57+	47:47+	54:51+	58:13+	59:14+	61:21+	67:25+	68:23+	70:15+	70:29+				
04:45+	01:53+	11:08+	04:56+	05:13+	02:24+	04:27+	04:16+	01:55+	06:50+	07:04+	03:22+	01:01+	02:07+	06:04+	00:58+	01:52+	00:14+				
04:45+	01:53+	11:08+	04:56+	05:13+	02:24+	04:27+	04:16+	01:55+	06:50+	07:04+	03:22+	01:01+	02:07+	06:04+	00:58+	01:52+	00:14+				
20	Hanne Kidmose										19	1:13:24									
04:48+	07:07+	17:41+	24:07+	28:03+	30:38+	35:28+	38:23+	41:13+	49:03+	56:34+	62:14+	63:25+	66:36+	70:06+	71:17+	73:11+	73:24+				
04:48+	02:19+	10:34+	06:26+	03:56+	02:35+	04:50+	02:55+	02:50+	07:50+	07:31+	05:40+	01:11+	03:11+	03:30+	01:11+	01:54+	00:13+				
04:48+	02:19+	10:34+	06:26+	03:56+	02:35+	04:50+	02:55+	02:50+	07:50+	07:31+	05:40+	01:11+	03:11+	03:30+	01:11+	01:54+	00:13+				
21	Marianne Skousen										9	1:23:37									
06:24+	08:40+	19:48+	25:50+	32:57+	35:55+	40:28+	43:38+	46:10+	54:57+	68:31+	72:48+	73:54+	76:24+	80:01+	81:14+	83:22+	83:37+				
06:24+	02:16+	11:08+	06:02+	07:07+	02:58+	04:33+	03:10+	02:32+	08:47+	13:34+	04:17+	01:06+	02:30+	03:37+	01:13+	02:08+	00:15+				
06:24+	02:16+	11:08+	06:02+	07:07+	02:58+	04:33+	03:10+	02:32+	08:47+	13:34+	04:17+	01:06+	02:30+	03:37+	01:13+	02:08+	00:15+				
22	Hanne Mohapeloa										18	1:25:07									
05:26+	08:06+	21:32+	28:31+	34:19+	37:54+	43:05+	46:19+	48:59+	57:30+	67:01+	71:01+	72:10+	76:02+	80:50+	82:42+	84:51+	85:07+				
05:26+	02:40+	13:26+	06:59+	05:48+	03:35+	05:11+	03:14+	02:40+	08:31+	09:31+	04:00+	01:09+	03:52+	04:48+	01:52+	02:09+	00:16+				
05:26+	02:40+	13:26+	06:59+	05:48+	03:35+	05:11+	03:14+	02:40+	08:31+	09:31+	04:00+	01:09+	03:52+	04:48+	01:52+	02:09+	00:16+				

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D45B

Plass	Navn	Klasse										Tid							
D45B																			
1	Trine Kristensen					Ok Pan					45:48								
01:54=	04:36=	07:20=	09:37=	13:54=	15:40=	17:44=	22:54=	27:17=	29:42=	31:09=	33:57=	37:23=	40:19=	42:16=	43:59=	45:34=	45:48=		
01:54=	02:42=	02:44=	02:17=	04:17=	01:46=	02:04=	05:10=	04:23=	02:25=	01:27=	02:48=	03:26=	02:56=	01:57=	01:43=	01:35=	00:14=		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		
2	Mette Harbo Flyvbjerg					13					47:17								
02:15+	05:06+	07:54+	10:23+	13:55+	15:44+	18:09+	23:34+	27:35+	30:53+	32:21+	34:12+	38:17+	41:13+	44:04+	45:20+	47:02+	47:17+		
02:15+	02:51+	02:48+	02:29+	03:32+	01:49+	02:25+	05:25+	04:01+	03:18+	01:28+	01:51+	04:05+	02:56+	02:51+	01:16+	01:42+	00:15+		
02:15+	02:51+	02:48+	02:29+	03:32+	01:49+	02:25+	05:25+	04:01+	03:18+	01:28+	01:51+	04:05+	02:56+	02:51+	01:16+	01:42+	00:15+		
3	Tove Hedegaard Jorgensen					Ok Pan					50:48								
01:52+	04:29+	07:26+	10:03+	16:58+	19:35+	25:27+	30:30+	33:49+	35:27+	37:35+	41:14+	44:38+	47:39+	48:45+	50:34+	50:48+			
01:52+	02:37+	02:57+	02:37+	06:55+	02:37+	05:52+	05:03+	03:19+	01:38+	02:08+	03:39+	03:24+	03:01+	01:06+	01:49+	00:14+			
01:52+	02:37+	02:57+	02:37+	06:55+	02:37+	05:52+	05:03+	03:19+	01:38+	02:08+	03:39+	03:24+	03:01+	01:06+	01:49+	00:14+			
4	Tina Samsø Udholm					18					51:14								
02:24+	05:23+	08:36+	12:17+	15:59+	18:03+	20:45+	26:59+	30:36+	33:18+	34:54+	36:58+	41:49+	45:10+	47:13+	49:08+	51:00+	51:14+		
02:24+	02:59+	03:13+	03:41+	03:42+	02:04+	02:42+	06:14+	03:37+	02:42+	01:36+	02:04+	04:51+	03:21+	02:03+	01:55+	01:52+	00:14+		
02:24+	02:59+	03:13+	03:41+	03:42+	02:04+	02:42+	06:14+	03:37+	02:42+	01:36+	02:04+	04:51+	03:21+	02:03+	01:55+	01:52+	00:14+		
5	Andrea Höhnke					4					54:03								
02:08+	05:06+	08:37+	11:46+	19:31+	22:55+	28:25+	32:21+	34:45+	36:11+	37:49+	40:54+	48:21+	51:08+	52:18+	53:51+	54:03+			
02:08+	02:58+	03:31+	03:09+	07:45+	03:24+	05:30+	03:56+	02:24+	01:26+	01:38+	03:05+	07:27+	02:47+	01:10+	01:33+	00:12+			
02:08+	02:58+	03:31+	03:09+	07:45+	03:24+	05:30+	03:56+	02:24+	01:26+	01:38+	03:05+	07:27+	02:47+	01:10+	01:33+	00:12+			
6	Charlotte Wilsky					4					55:24								
06:59+	09:26+	13:03+	15:32+	19:56+	22:02+	24:16+	29:28+	33:42+	36:21+	37:51+	40:13+	43:33+	49:16+	51:33+	53:26+	55:10+	55:24+		
06:59+	02:27+	03:37+	02:29+	04:24+	02:06+	02:14+	05:12+	04:14+	02:39+	01:30+	02:22+	03:20+	05:43+	02:17+	01:53+	01:44+	00:14+		
06:59+	02:27+	03:37+	02:29+	04:24+	02:06+	02:14+	05:12+	04:14+	02:39+	01:30+	02:22+	03:20+	05:43+	02:17+	01:53+	01:44+	00:14+		
7	Birgitte Bach					17					56:33								
02:34+	05:57+	09:06+	12:21+	19:34+	21:59+	29:22+	33:51+	36:57+	38:45+	40:49+	44:55+	50:37+	53:02+	54:17+	56:17+	56:33+			
02:34+	03:23+	03:09+	03:15+	07:13+	02:25+	07:23+	04:29+	03:06+	01:48+	02:04+	04:06+	05:42+	02:25+	01:15+	02:00+	00:16+			
02:34+	03:23+	03:09+	03:15+	07:13+	02:25+	07:23+	04:29+	03:06+	01:48+	02:04+	04:06+	05:42+	02:25+	01:15+	02:00+	00:16+			
8	Gerda Henriksen					19					1:01:24								
02:28+	11:44+	15:11+	18:25+	25:40+	28:10+	35:02+	40:08+	42:50+	44:50+	47:05+	51:17+	55:22+	57:39+	58:57+	61:07+	61:24+			
02:28+	09:16+	03:27+	03:14+	07:15+	02:30+	06:52+	05:06+	02:42+	02:00+	02:15+	04:12+	04:05+	02:17+	01:18+	02:10+	00:17+			
02:28+	09:16+	03:27+	03:14+	07:15+	02:30+	06:52+	05:06+	02:42+	02:00+	02:15+	04:12+	04:05+	02:17+	01:18+	02:10+	00:17+			
9	Erna Germann					4					1:04:47								
03:28+	06:51+	10:09+	14:20+	18:29+	21:53+	25:02+	32:14+	37:17+	40:17+	42:26+	44:25+	51:39+	56:32+	61:03+	62:32+	64:33+	64:47+		
03:28+	03:23+	03:18+	04:11+	04:09+	03:24+	03:09+	07:12+	05:03+	03:00+	02:09+	01:59+	07:14+	04:53+	04:31+	01:29+	02:01+	00:14+		
03:28+	03:23+	03:18+	04:11+	04:09+	03:24+	03:09+	07:12+	05:03+	03:00+	02:09+	01:59+	07:14+	04:53+	04:31+	01:29+	02:01+	00:14+		
10	Jonna Jørgensen					3					1:05:15								
03:11+	07:02+	16:08+	19:12+	29:59+	32:43+	39:32+	44:05+	46:40+	48:58+	51:00+	55:01+	58:23+	61:15+	63:00+	64:53+	65:15+			
03:11+	03:51+	09:06+	03:04+	10:47+	02:44+	06:49+	04:33+	02:35+	02:18+	02:02+	04:01+	03:22+	02:52+	01:45+	01:53+	00:22+			
03:11+	03:51+	09:06+	03:04+	10:47+	02:44+	06:49+	04:33+	02:35+	02:18+	02:02+	04:01+	03:22+	02:52+	01:45+	01:53+	00:22+			
11	Lone Secher Andersen					Ok Pan					1:20:06								
02:15+	05:34+	25:40+	28:41+	39:11+	41:38+	48:18+	53:04+	59:27+	60:58+	63:18+	67:34+	74:26+	76:16+	77:33+	79:51+	80:06+			
02:15+	03:19+	20:06+	03:01+	10:30+	02:27+	06:40+	04:46+	06:23+	01:31+	02:20+	04:16+	06:52+	01:50+	01:17+	02:18+	00:15+			
02:15+	03:19+	20:06+	03:01+	10:30+	02:27+	06:40+	04:46+	06:23+	01:31+	02:20+	04:16+	06:52+	01:50+	01:17+	02:18+	00:15+			
12	Pia Bo Kølback					19					1:28:24								
03:19+	07:55+	12:33+	19:42+	30:16+	34:10+	43:37+	51:41+	55:47+	58:12+	61:32+	72:55+	78:12+	83:09+	85:05+	88:06+	88:24+			
03:19+	04:36+	04:38+	07:09+	10:34+	03:54+	09:27+	08:04+	04:06+	02:25+	03:20+	11:23+	05:17+	04:57+	01:56+	03:01+	00:18+			
03:19+	04:36+	04:38+	07:09+	10:34+	03:54+	09:27+	08:04+	04:06+	02:25+	03:20+	11:23+	05:17+	04:57+	01:56+	03:01+	00:18+			

Plass	Navn				Klasse				Tid								
D45B																	
13	Erna Mathiasen				3				1:45:20								
04:09+	09:24+	15:13+	20:03+	27:09+	30:59+	36:04+	58:34+	63:52+	72:19+	75:15+	79:00+	85:56+	92:33+	98:23+	100:43+	104:47+	105:20+
04:09+	05:15+	05:49+	04:50+	07:06+	03:50+	05:05+	22:30+	05:18+	08:27+	02:56+	03:45+	06:56+	06:37+	05:50+	02:20+	04:04+	00:33+
04:09+	05:15+	05:49+	04:50+	07:06+	03:50+	05:05+	22:30+	05:18+	08:27+	02:56+	03:45+	06:56+	06:37+	05:50+	02:20+	04:04+	00:33+
Beste stræktid for klassen																	
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.																	
D50																	
1	Anette Bagger Sørensen				14				40:45								
06:28=	11:53=	15:03=	16:37=	18:32=	21:31=	24:54=	26:44=	28:56=	31:17=	33:34=	34:17=	36:10=	38:24=	39:08=	40:33=	40:45=	
06:28=	05:25=	03:10=	01:34=	01:55=	02:59=	03:23=	01:50=	02:12=	02:21=	02:17=	00:43=	01:53=	02:14=	00:44=	01:25=	00:12=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Lucia Aagaard				3				41:36								
06:17-	12:05+	15:06+	16:48+	18:55+	20:42-	24:33-	26:32-	28:55-	31:19+	33:49+	34:32+	36:40+	39:05+	39:56+	41:22+	41:36+	
06:17-	05:48+	03:01-	01:42+	02:07+	01:47-	03:51+	01:59+	02:23+	02:24+	02:30+	00:43=	02:08+	02:25+	00:51+	01:26+	00:14+	
00:11-	00:23+	00:09-	00:08+	00:12#	01:12-	00:28#	00:09+	00:11+	00:03+	00:13+	00:00=	00:15#	00:11+	00:07#	00:01+	00:02#	
3	Dorte Filskov				18				42:59								
06:37+	12:35+	15:29+	17:12+	19:15+	20:51-	24:26-	26:25-	28:45-	31:20+	34:24+	35:08+	36:49+	39:47+	40:43+	42:45+	42:59+	
06:37+	05:58+	02:54-	01:43+	02:03+	01:36-	03:35+	01:59+	02:20+	02:35+	03:04+	00:44+	01:41-	02:58+	00:56+	02:02+	00:14+	
00:09+	00:33#	00:16-	00:09+	00:08+	01:23-	00:12+	00:09+	00:08+	00:14+	00:47&	00:01+	00:12-	00:44&	00:12&	00:37&	00:02#	
4	Lene Bejer Damgaard				17				45:27								
06:44+	12:52+	16:12+	17:56+	20:06+	21:45+	26:58+	29:18+	31:45+	34:15+	37:03+	37:54+	40:02+	42:37+	43:33+	45:14+	45:27+	
06:44+	06:08+	03:20+	01:44+	02:10+	01:39-	05:13+	02:20+	02:27+	02:30+	02:48+	00:51+	02:08+	02:35+	00:56+	01:41+	00:13+	
00:16+	00:43#	00:10+	00:10#	00:15#	01:20-	01:50&	00:30&	00:15#	00:09+	00:31#	00:08#	00:15#	00:21#	00:12&	00:16#	00:01+	
5	Inga Jager				14				46:22								
06:42+	12:15+	15:11+	17:11+	19:29+	21:32+	25:57+	28:22+	30:39+	33:14+	36:01+	36:51+	39:28+	43:38+	44:39+	46:07+	46:22+	
06:42+	05:33+	02:56-	02:00+	02:18+	02:03-	04:25+	02:25+	02:17+	02:35+	02:47+	00:50+	02:37+	04:10+	01:01+	01:28+	00:15+	
00:14+	00:08+	00:14-	00:26&	00:23#	00:56-	01:02&	00:35&	00:05+	00:14+	00:30#	00:07#	00:44&	01:56&	00:17&	00:03+	00:03#	
6	Britta Ank Pedersen				4				47:19								
07:30+	13:19+	16:54+	18:51+	21:09+	23:05+	27:42+	30:08+	32:40+	35:36+	38:46+	39:40+	41:45+	44:27+	45:32+	47:06+	47:19+	
07:30+	05:49+	03:35+	01:57+	02:18+	01:56-	04:37+	02:26+	02:32+	02:56+	03:10+	00:54+	02:05+	02:42+	01:05+	01:34+	00:13+	
01:02#	00:24+	00:25#	00:23#	00:23#	01:03-	01:14&	00:36&	00:20#	00:35#	00:53&	00:11&	00:12#	00:28#	00:21&	00:09#	00:01+	
7	Ann-Vibeke Mose				16				50:40								
08:22+	14:34+	18:05+	20:01+	22:19+	24:03+	28:10+	30:52+	33:27+	36:12+	39:08+	39:58+	43:50+	47:39+	48:56+	50:27+	50:40+	
08:22+	06:12+	03:31+	01:56+	02:18+	01:44-	04:07+	02:42+	02:35+	02:45+	02:56+	00:50+	03:52+	03:49+	01:17+	01:31+	00:13+	
01:54&	00:47#	00:21#	00:22#	00:23#	01:15-	00:44#	00:52&	00:23#	00:24#	00:39&	00:07#	01:59@	01:35&	00:33&	00:06+	00:01+	
8	Ann Dissing				11				51:18								
07:11+	14:21+	17:53+	20:04+	22:46+	29:34+	32:23+	35:11+	38:18+	41:23+	42:44+	45:15+	48:24+	49:28+	51:18+			
07:11+	07:10+	03:32+	02:11+	02:42+	06:48+	02:49-	02:48+	03:07+	03:05+	01:21-	02:31+	03:09+	01:04-	01:50+			
00:43#	01:45&	00:22#	00:37&	00:47&	03:49@	00:34-	00:58&	00:55&	00:44&	00:56-	01:48@	01:16&	01:10-	01:06@			
9	Inger Lise Simonsen				14				52:17								
06:55+	13:19+	16:26+	18:46+	20:59+	24:06+	28:13+	35:00+	37:21+	40:46+	44:28+	45:14+	47:29+	49:47+	50:40+	52:04+	52:17+	
06:55+	06:24+	03:07-	02:20+	02:13+	03:07+	04:07+	06:47+	02:21+	03:25+	03:42+	00:46+	02:15+	02:18+	00:53+	01:24-	00:13+	
00:27+	00:59#	00:03-	00:46&	00:18#	00:08+	00:44#	04:57@	00:09+	01:04&	01:25&	00:03+	00:22#	00:04+	00:09#	00:01-	00:01+	

Plass	Navn				Klasse				Tid									
D50																		
10	Vibeke Ekhard Edsen				19				52:29									
07:03+	13:18+	16:51+	22:20+	24:29+	26:33+	30:38+	33:06+	36:51+	39:30+	42:41+	43:34+	47:16+	49:55+	50:43+	52:16+	52:29+		
07:03+	06:15+	03:33+	05:29+	02:09+	02:04-	04:05+	02:28+	03:45+	02:39+	03:11+	00:53+	03:42+	02:39+	00:48+	01:33+	00:13+		
00:35+	00:50#	00:23#	03:55@	00:14#	00:55-	00:42#	00:38&	01:33&	00:18#	00:54&	00:10#	01:49&	00:25#	00:04+	00:08+	00:01+		
11	Bettina Gjedde				5				52:34									
07:49+	14:54+	18:54+	21:02+	23:30+	25:25+	30:34+	33:18+	37:06+	39:56+	43:00+	43:45+	46:24+	49:08+	50:19+	52:19+	52:34+		
07:49+	07:05+	04:00+	02:08+	02:28+	01:55+	05:09+	02:44+	03:48+	02:50+	03:04+	00:45+	02:39+	02:44+	01:11+	02:00+	00:15+		
07:49+	07:05+	04:00+	02:08+	02:28+	01:55+	05:09+	02:44+	03:48+	02:50+	03:04+	00:45+	02:39+	02:44+	01:11+	02:00+	00:15+		
12	Anette Pind				14				53:08									
07:03+	15:45+	19:34+	21:52+	24:25+	27:04+	31:26+	34:31+	37:25+	40:26+	43:45+	44:33+	47:17+	50:11+	51:16+	52:54+	53:08+		
07:03+	08:42+	03:49+	02:18+	02:33+	02:39+	04:22+	03:05+	02:54+	03:01+	03:19+	00:48+	02:44+	02:54+	01:05+	01:38+	00:14+		
07:03+	08:42+	03:49+	02:18+	02:33+	02:39+	04:22+	03:05+	02:54+	03:01+	03:19+	00:48+	02:44+	02:54+	01:05+	01:38+	00:14+		
13	Helle Nikkel				17				53:24									
08:10+	16:11+	19:39+	21:51+	24:44+	26:37+	31:33+	34:27+	37:19+	40:31+	44:41+	47:12+	50:10+	51:20+	53:08+	53:24+			
08:10+	08:01+	03:28+	02:12+	02:53+	01:53+	04:56+	02:54+	02:52+	03:12+	04:10+	02:31+	02:58+	01:10+	01:48+	00:16+			
08:10+	08:01+	03:28+	02:12+	02:53+	01:53+	04:56+	02:54+	02:52+	03:12+	04:10+	02:31+	02:58+	01:10+	01:48+	00:16+			
14	Regitse Hansen				6				54:05									
08:19+	20:01+	22:11+	25:08+	31:53+	34:49+	37:43+	41:10+	44:08+	45:06+	47:21+	50:42+	51:54+	53:50+	54:05+				
08:19+	11:42+	02:10+	02:57+	06:45+	02:56+	02:54+	03:27+	02:58+	00:58+	02:15+	03:21+	01:12+	01:56+	00:15+				
08:19+	11:42+	02:10+	02:57+	06:45+	02:56+	02:54+	03:27+	02:58+	00:58+	02:15+	03:21+	01:12+	01:56+	00:15+				
15	Anne Ellekrog				19				54:07									
08:04+	14:05+	17:11+	19:08+	21:36+	23:28+	29:12+	31:48+	34:39+	37:33+	40:25+	45:04+	46:58+	51:00+	51:58+	53:50+	54:07+		
08:04+	06:01+	03:06+	01:57+	02:28+	01:52+	05:44+	02:36+	02:51+	02:54+	02:52+	04:39+	01:54+	04:02+	00:58+	01:52+	00:17+		
08:04+	06:01+	03:06+	01:57+	02:28+	01:52+	05:44+	02:36+	02:51+	02:54+	02:52+	04:39+	01:54+	04:02+	00:58+	01:52+	00:17+		
16	Kirsten Hald Holdensen				11				56:09									
07:27+	15:44+	19:02+	21:01+	23:30+	25:16+	29:41+	39:43+	42:19+	44:59+	47:38+	48:34+	50:42+	53:21+	54:18+	55:56+	56:09+		
07:27+	08:17+	03:18+	01:59+	02:29+	01:46+	04:25+	10:02+	02:36+	02:40+	02:39+	00:56+	02:08+	02:39+	00:57+	01:38+	00:13+		
07:27+	08:17+	03:18+	01:59+	02:29+	01:46+	04:25+	10:02+	02:36+	02:40+	02:39+	00:56+	02:08+	02:39+	00:57+	01:38+	00:13+		
17	Kristin Helgeland				9				56:12									
07:27+	14:44+	22:42+	25:02+	27:33+	29:34+	34:23+	37:22+	39:54+	43:22+	46:29+	47:23+	49:34+	53:20+	54:15+	55:56+	56:12+		
07:27+	07:17+	07:58+	02:20+	02:31+	02:01+	04:49+	02:59+	02:32+	03:28+	03:07+	00:54+	02:11+	03:46+	00:55+	01:41+	00:16+		
07:27+	07:17+	07:58+	02:20+	02:31+	02:01+	04:49+	02:59+	02:32+	03:28+	03:07+	00:54+	02:11+	03:46+	00:55+	01:41+	00:16+		
18	Dorte Jenny Bak				18				56:14									
07:31+	14:11+	17:38+	19:40+	22:06+	23:58+	30:27+	33:27+	40:39+	43:33+	46:55+	48:00+	50:25+	53:14+	54:22+	56:02+	56:14+		
07:31+	06:40+	03:27+	02:02+	02:26+	01:52+	06:29+	03:00+	07:12+	02:54+	03:22+	01:05+	02:25+	02:49+	01:08+	01:40+	00:12+		
07:31+	06:40+	03:27+	02:02+	02:26+	01:52+	06:29+	03:00+	07:12+	02:54+	03:22+	01:05+	02:25+	02:49+	01:08+	01:40+	00:12+		
20	Anne Birgitte Als				Ok Pan				56:22									
07:54+	17:41+	21:18+	23:36+	26:12+	28:19+	33:38+	37:21+	40:12+	43:42+	46:51+	47:40+	50:14+	53:24+	54:25+	56:06+	56:22+		
07:54+	09:47+	03:37+	02:18+	02:36+	02:07+	05:19+	03:43+	02:51+	03:30+	03:09+	00:49+	02:34+	03:10+	01:01+	01:41+	00:16+		
07:54+	09:47+	03:37+	02:18+	02:36+	02:07+	05:19+	03:43+	02:51+	03:30+	03:09+	00:49+	02:34+	03:10+	01:01+	01:41+	00:16+		
21	Lone Dybdal				19				56:55									
07:49+	14:37+	18:50+	21:11+	23:59+	26:11+	31:11+	34:20+	37:01+	40:53+	44:04+	45:04+	49:57+	53:29+	54:43+	56:36+	56:55+		
07:49+	06:48+	04:13+	02:21+	02:48+	02:12+	05:00+	03:09+	02:41+	03:52+	03:11+	01:00+	04:53+	03:32+	01:14+	01:53+	00:19+		
07:49+	06:48+	04:13+	02:21+	02:48+	02:12+	05:00+	03:09+	02:41+	03:52+	03:11+	01:00+	04:53+	03:32+	01:14+	01:53+	00:19+		
22	Annemette Sørensen				Ok Pan				59:10									
17:52+	24:00+	27:28+	29:51+	31:47+	40:30+	42:51+	45:25+	47:48+	50:42+	51:30+	53:24+	56:21+	57:38+	58:59+	59:10+			
17:52+	06:08+	03:28+	02:23+	01:56+	08:43+	02:21+	02:34+	02:23+	02:54+	00:48+	01:54+	02:57+	01:17+	01:21+	00:11+			
17:52+	06:08+	03:28+	02:23+	01:56+	08:43+	02:21+	02:34+	02:23+	02:54+	00:48+	01:54+	02:57+	01:17+	01:21+	00:11+			

Plass	Navn			Klasse				Tid										
D50																		
23	Hanne Gylling			19				1:01:33										
09:20+	17:13+	21:47+	24:13+	26:54+	29:12+	35:23+	38:42+	41:53+	45:11+	48:55+	50:31+	54:08+	57:18+	59:16+	61:17+	61:33+		
09:20+	07:53+	04:34+	02:26+	02:41+	02:18+	06:11+	03:19+	03:11+	03:18+	03:44+	01:36+	03:37+	03:10+	01:58+	02:01+	00:16+		
09:20+	07:53+	04:34+	02:26+	02:41+	02:18+	06:11+	03:19+	03:11+	03:18+	03:44+	01:36+	03:37+	03:10+	01:58+	02:01+	00:16+		
24	Karen Sieg			4				1:01:36										
13:26+	19:26+	24:24+	28:04+	30:36+	32:49+	37:14+	41:10+	43:44+	46:59+	50:08+	51:33+	55:23+	58:43+	59:43+	61:24+	61:36+		
13:26+	06:00+	04:58+	03:40+	02:32+	02:13+	04:25+	03:56+	02:34+	03:15+	03:09+	01:25+	03:50+	03:20+	01:00+	01:41+	00:12+		
13:26+	06:00+	04:58+	03:40+	02:32+	02:13+	04:25+	03:56+	02:34+	03:15+	03:09+	01:25+	03:50+	03:20+	01:00+	01:41+	00:12+		
25	Inger Andreassen			9				1:02:38										
08:58+	16:31+	25:14+	27:22+	29:57+	31:48+	40:25+	43:22+	46:34+	49:40+	53:26+	54:29+	56:55+	59:39+	60:36+	62:24+	62:38+		
08:58+	07:33+	08:43+	02:08+	02:35+	01:51+	08:37+	02:57+	03:12+	03:06+	03:46+	01:03+	02:26+	02:44+	00:57+	01:48+	00:14+		
08:58+	07:33+	08:43+	02:08+	02:35+	01:51+	08:37+	02:57+	03:12+	03:06+	03:46+	01:03+	02:26+	02:44+	00:57+	01:48+	00:14+		
26	Annette Møller			6				1:03:03										
09:10+	16:40+	23:06+	25:54+	28:55+	31:12+	36:31+	41:35+	44:36+	48:00+	51:07+	52:31+	55:05+	58:49+	60:39+	62:46+	63:03+		
09:10+	07:30+	06:26+	02:48+	03:01+	02:17+	05:19+	05:04+	03:01+	03:24+	03:07+	01:24+	02:34+	03:44+	01:50+	02:07+	00:17+		
09:10+	07:30+	06:26+	02:48+	03:01+	02:17+	05:19+	05:04+	03:01+	03:24+	03:07+	01:24+	02:34+	03:44+	01:50+	02:07+	00:17+		
27	Mette Voldum Jørgensen			14				1:12:14										
10:12+	20:30+	27:07+	29:57+	33:28+	36:05+	42:32+	45:50+	49:36+	54:13+	58:08+	59:16+	64:15+	68:17+	69:39+	71:58+	72:14+		
10:12+	10:18+	06:37+	02:50+	03:31+	02:37+	06:27+	03:18+	03:46+	04:37+	03:55+	01:08+	04:59+	04:02+	01:22+	02:19+	00:16+		
10:12+	10:18+	06:37+	02:50+	03:31+	02:37+	06:27+	03:18+	03:46+	04:37+	03:55+	01:08+	04:59+	04:02+	01:22+	02:19+	00:16+		
28	Susanne Knudsen			9				1:15:21										
09:45+	18:42+	22:52+	25:36+	38:25+	46:34+	49:33+	52:55+	57:09+	62:19+	63:51+	67:35+	71:24+	73:03+	75:04+	75:21+			
09:45+	08:57+	04:10+	02:44+	12:49+	08:09+	02:59+	03:22+	04:14+	05:10+	01:32+	03:44+	03:49+	01:39+	02:01+	00:17+			
09:45+	08:57+	04:10+	02:44+	12:49+	08:09+	02:59+	03:22+	04:14+	05:10+	01:32+	03:44+	03:49+	01:39+	02:01+	00:17+			
29	Helle Petersen			3				1:18:08										
08:25+	15:48+	19:20+	21:40+	24:17+	26:08+	42:45+	45:14+	51:26+	54:13+	57:03+	58:10+	60:44+	75:06+	76:19+	77:56+	78:08+		
08:25+	07:23+	03:32+	02:20+	02:37+	01:51+	16:37+	02:29+	06:12+	02:47+	02:50+	01:07+	02:34+	14:22+	01:13+	01:37+	00:12+		
08:25+	07:23+	03:32+	02:20+	02:37+	01:51+	16:37+	02:29+	06:12+	02:47+	02:50+	01:07+	02:34+	14:22+	01:13+	01:37+	00:12+		

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D60

1	Tove Jakobsen		14								42:36							
05:54=	09:06=	11:09=	14:24=	17:29=	26:15=	29:12=	31:54=	34:36=	36:09=	37:49=	40:55=	42:23=	42:36=					
05:54=	03:12=	02:03=	03:15=	03:05=	08:46=	02:57=	02:42=	02:42=	01:33=	01:40=	03:06=	01:28=	00:13=					
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=					
2	Karin Wæhrens		11								43:34							
04:42-	07:24-	09:24-	12:37-	16:13-	23:50-	27:10-	31:27-	34:17-	36:28+	38:12+	41:57+	43:22+	43:34+					
04:42-	02:42-	02:00-	03:13-	03:36+	07:37-	03:20+	04:17+	02:50+	02:11+	01:44+	03:45+	01:25-	00:12-					
01:12-	00:30-	00:03-	00:02-	00:31#	01:09-	00:23#	01:35&	00:08+	00:38&	00:04+	00:39#	00:03-	00:01-					
3	Susanne Karlshøj		6								44:55							
04:59-	07:45-	09:58-	12:33-	16:06-	24:58-	28:28-	31:14-	35:49+	38:33+	40:02+	43:10+	44:40+	44:55+					
04:59-	02:46-	02:13+	02:35-	03:33+	08:52+	03:30+	02:46+	04:35+	02:44+	01:29-	03:08+	01:30+	00:15+					
00:55-	00:26-	00:10+	00:40-	00:28#	00:06+	00:33#	00:04+	01:53&	01:11&	00:11-	00:02+	00:02+	00:02#					

Plass	Navn					Klasse					Tid				
D60															
4	Hanne Bak-Mikkelsen					11					46:18				
05:39-	08:57-	11:17+	14:14-	17:25-	26:28+	29:47+	32:10+	35:45+	38:44+	40:31+	44:20+	46:03+	46:18+		
05:39-	03:18+	02:20+	02:57-	03:11+	09:03+	03:19+	02:23-	03:35+	02:59+	01:47+	03:49+	01:43+	00:15+		
00:15-	00:06+	00:17#	00:18-	00:06+	00:17+	00:22#	00:19-	00:53&	01:26&	00:07+	00:43#	00:15#	00:02#		
5	Tove Straarup					4					46:28				
05:25+	08:34+	10:58+	13:41+	17:28+	27:11+	30:54+	33:18+	36:40+	38:47+	40:29+	44:11+	46:14+	46:28+		
05:25+	03:09+	02:24+	02:43+	03:47+	09:43+	03:43+	02:24+	03:22+	02:07+	01:42+	03:42+	02:03+	00:14+		
05:25+	03:09+	02:24+	02:43+	03:47+	09:43+	03:43+	02:24+	03:22+	02:07+	01:42+	03:42+	02:03+	00:14+		
6	Gitte Isen					3					46:45				
05:37+	08:44+	11:09+	13:48+	17:16+	26:08+	30:14+	32:36+	35:55+	38:47+	40:51+	44:26+	46:30+	46:45+		
05:37+	03:07+	02:25+	02:39+	03:28+	08:52+	04:06+	02:22+	03:19+	02:52+	02:04+	03:35+	02:04+	00:15+		
05:37+	03:07+	02:25+	02:39+	03:28+	08:52+	04:06+	02:22+	03:19+	02:52+	02:04+	03:35+	02:04+	00:15+		
7	Hanne Møller Andersen					Ok Pan					47:02				
05:08+	09:14+	11:36+	14:29+	18:08+	27:51+	30:55+	33:39+	36:46+	38:49+	42:04+	45:06+	46:46+	47:02+		
05:08+	04:06+	02:22+	02:53+	03:39+	09:43+	03:04+	02:44+	03:07+	02:03+	03:15+	03:02+	01:40+	00:16+		
05:08+	04:06+	02:22+	02:53+	03:39+	09:43+	03:04+	02:44+	03:07+	02:03+	03:15+	03:02+	01:40+	00:16+		
8	Pia Gade					17					48:47				
05:59+	09:24+	11:57+	14:50+	18:38+	29:09+	32:23+	34:50+	38:29+	40:40+	42:37+	46:13+	48:34+	48:47+		
05:59+	03:25+	02:33+	02:53+	03:48+	10:31+	03:14+	02:27+	03:39+	02:11+	01:57+	03:36+	02:21+	00:13+		
05:59+	03:25+	02:33+	02:53+	03:48+	10:31+	03:14+	02:27+	03:39+	02:11+	01:57+	03:36+	02:21+	00:13+		
9	Trille Ditlevsen					4					54:15				
05:47+	09:50+	13:13+	16:26+	21:24+	31:47+	35:29+	41:08+	44:22+	46:30+	48:09+	52:12+	54:01+	54:15+		
05:47+	04:03+	03:23+	03:13+	04:58+	10:23+	03:42+	05:39+	03:14+	02:08+	01:39+	04:03+	01:49+	00:14+		
05:47+	04:03+	03:23+	03:13+	04:58+	10:23+	03:42+	05:39+	03:14+	02:08+	01:39+	04:03+	01:49+	00:14+		
10	Vibeke Jørgensen					Ok Pan					57:07				
06:32+	10:20+	13:00+	16:22+	21:19+	31:46+	35:12+	40:46+	44:21+	47:55+	50:20+	54:38+	56:48+	57:07+		
06:32+	03:48+	02:40+	03:22+	04:57+	10:27+	03:26+	05:34+	03:35+	03:34+	02:25+	04:18+	02:10+	00:19+		
06:32+	03:48+	02:40+	03:22+	04:57+	10:27+	03:26+	05:34+	03:35+	03:34+	02:25+	04:18+	02:10+	00:19+		
11	Kirsten Bobach					18					57:40				
06:19+	10:20+	13:48+	16:55+	20:51+	32:22+	36:08+	41:07+	44:50+	47:05+	49:30+	55:07+	57:25+	57:40+		
06:19+	04:01+	03:28+	03:07+	03:56+	11:31+	03:46+	04:59+	03:43+	02:15+	02:25+	05:37+	02:18+	00:15+		
06:19+	04:01+	03:28+	03:07+	03:56+	11:31+	03:46+	04:59+	03:43+	02:15+	02:25+	05:37+	02:18+	00:15+		
12	Hanne H. Poulsen					5					58:20				
06:49+	10:38+	13:32+	16:46+	21:27+	35:43+	39:28+	42:26+	45:53+	49:05+	51:06+	55:50+	58:06+	58:20+		
06:49+	03:49+	02:54+	03:14+	04:41+	14:16+	03:45+	02:58+	03:27+	03:12+	02:01+	04:44+	02:16+	00:14+		
06:49+	03:49+	02:54+	03:14+	04:41+	14:16+	03:45+	02:58+	03:27+	03:12+	02:01+	04:44+	02:16+	00:14+		
13	Elizabeth Borchorst					13					59:26				
07:21+	11:49+	14:48+	18:24+	22:52+	35:00+	39:20+	42:15+	46:31+	49:34+	51:35+	56:36+	59:08+	59:26+		
07:21+	04:28+	02:59+	03:36+	04:28+	12:08+	04:20+	02:55+	04:16+	03:03+	02:01+	05:01+	02:32+	00:18+		
07:21+	04:28+	02:59+	03:36+	04:28+	12:08+	04:20+	02:55+	04:16+	03:03+	02:01+	05:01+	02:32+	00:18+		
14	Susanne Baun					4					1:02:00				
07:30+	12:05+	15:53+	20:19+	25:00+	37:55+	42:04+	44:56+	48:42+	53:18+	55:10+	59:01+	61:38+	62:00+		
07:30+	04:35+	03:48+	04:26+	04:41+	12:55+	04:09+	02:52+	03:46+	04:36+	01:52+	03:51+	02:37+	00:22+		
07:30+	04:35+	03:48+	04:26+	04:41+	12:55+	04:09+	02:52+	03:46+	04:36+	01:52+	03:51+	02:37+	00:22+		
15	Birte Sivebæk					19					1:05:27				
07:24+	12:26+	15:57+	19:52+	26:00+	38:02+	42:44+	47:52+	52:02+	54:47+	57:49+	63:01+	65:08+	65:27+		
07:24+	05:02+	03:31+	03:55+	06:08+	12:02+	04:42+	05:08+	04:10+	02:45+	03:02+	05:12+	02:07+	00:19+		
07:24+	05:02+	03:31+	03:55+	06:08+	12:02+	04:42+	05:08+	04:10+	02:45+	03:02+	05:12+	02:07+	00:19+		

Plass	Navn														Klasse	Tid													
D60																													
16	Anni Jensen														3	1:06:41													
09:48+	13:26+	17:04+	20:18+	30:51+	40:33+	43:50+	48:38+	52:32+	58:57+	60:34+	64:36+	66:24+	66:41+																
09:48+	03:38+	03:38+	03:14+	10:33+	09:42+	03:17+	04:48+	03:54+	06:25+	01:37+	04:02+	01:48+	00:17+																
09:48+	03:38+	03:38+	03:14+	10:33+	09:42+	03:17+	04:48+	03:54+	06:25+	01:37+	04:02+	01:48+	00:17+																
17	Bente Østergaard														5	1:09:14													
09:26+	13:53+	17:00+	20:41+	28:35+	40:37+	45:59+	52:24+	56:04+	59:01+	61:36+	66:00+	68:57+	69:14+																
09:26+	04:27+	03:07+	03:41+	07:54+	12:02+	05:22+	06:25+	03:40+	02:57+	02:35+	04:24+	02:57+	00:17+																
09:26+	04:27+	03:07+	03:41+	07:54+	12:02+	05:22+	06:25+	03:40+	02:57+	02:35+	04:24+	02:57+	00:17+																
18	Susanne Gasbjerg														14	1:09:24													
06:50+	10:57+	13:57+	17:47+	21:58+	41:42+	46:05+	50:36+	55:18+	59:10+	61:46+	66:06+	68:58+	69:24+																
06:50+	04:07+	03:00+	03:50+	04:11+	19:44+	04:23+	04:31+	04:42+	03:52+	02:36+	04:20+	02:52+	00:26+																
06:50+	04:07+	03:00+	03:50+	04:11+	19:44+	04:23+	04:31+	04:42+	03:52+	02:36+	04:20+	02:52+	00:26+																
19	Anette Bernth Hansen														6	1:10:45													
08:10+	13:03+	16:51+	21:27+	26:21+	41:47+	46:22+	51:30+	56:22+	59:02+	61:13+	68:00+	70:45+	77:45+	80:03+	80:29+														
08:10+	04:53+	03:48+	04:36+	04:54+	15:26+	04:35+	05:08+	04:52+	02:40+	02:11+	06:47+	02:45+	07:00+	02:18+	00:26+														
08:10+	04:53+	03:48+	04:36+	04:54+	15:26+	04:35+	05:08+	04:52+	02:40+	02:11+	06:47+	02:45+	07:00+	02:18+	00:26+														
20	Randi Jensen														19	1:15:15													
06:28+	13:10+	16:01+	19:55+	24:39+	48:08+	52:35+	57:54+	61:42+	64:36+	67:40+	72:50+	74:55+	75:15+																
06:28+	06:42+	02:51+	03:54+	04:44+	23:29+	04:27+	05:19+	03:48+	02:54+	03:04+	05:10+	02:05+	00:20+																
06:28+	06:42+	02:51+	03:54+	04:44+	23:29+	04:27+	05:19+	03:48+	02:54+	03:04+	05:10+	02:05+	00:20+																
21	Birgit Rasmussen														19	1:38:13													
09:15+	16:13+	20:24+	26:29+	33:22+	56:31+	62:31+	69:28+	77:06+	84:04+	87:28+	94:37+	97:46+	98:13+																
09:15+	06:58+	04:11+	06:05+	06:53+	23:09+	06:00+	06:57+	07:38+	06:58+	03:24+	07:09+	03:09+	00:27+																
09:15+	06:58+	04:11+	06:05+	06:53+	23:09+	06:00+	06:57+	07:38+	06:58+	03:24+	07:09+	03:09+	00:27+																
22	Lone Christensen														19	1:38:26													
08:44+	14:48+	18:10+	22:15+	42:30+	60:57+	64:30+	70:13+	85:09+	88:36+	90:48+	95:29+	98:09+	98:26+																
08:44+	06:04+	03:22+	04:05+	20:15+	18:27+	03:33+	05:43+	14:56+	03:27+	02:12+	04:41+	02:40+	00:17+																
08:44+	06:04+	03:22+	04:05+	20:15+	18:27+	03:33+	05:43+	14:56+	03:27+	02:12+	04:41+	02:40+	00:17+																
23	Tove Simonsen														12	1:43:17													
10:33+	17:33+	22:14+	27:44+	35:06+	52:19+	62:07+	70:43+	78:25+	86:41+	91:28+	99:12+	102:52+	103:17+																
10:33+	07:00+	04:41+	05:30+	07:22+	17:13+	09:48+	08:36+	07:42+	08:16+	04:47+	07:44+	03:40+	00:25+																
10:33+	07:00+	04:41+	05:30+	07:22+	17:13+	09:48+	08:36+	07:42+	08:16+	04:47+	07:44+	03:40+	00:25+																
Beste stræktid for klassen																													
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.																													
D70																													
1	Lisbet Nielsen														11	38:28													
06:51=	09:36=	12:08=	15:34=	20:00=	23:52=	27:04=	28:19=	30:58=	35:17=	36:38=	38:16=	38:28=																	
06:51=	02:45=	02:32=	03:26=	04:26=	03:52=	03:12=	01:15=	02:39=	04:19=	01:21=	01:38=	00:12=																	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=																	
2	Rigmor Schou														5	38:48													
07:29+	10:10+	12:46+	16:27+	21:30+	24:50+	28:02+	28:53+	31:57+	35:16-	36:31-	38:32+	38:48+																	
07:29+	02:41-	02:36+	03:41+	05:03+	03:20-	03:12=	00:51-	03:04+	03:19-	01:15-	02:01+	00:16+																	
00:38+	00:04-	00:04+	00:15+	00:37#	00:32-	00:00=	00:24-	00:25#	01:00-	00:06-	00:23#	00:04&																	

Plass	Navn				Klasse				Tid				
D70													
3	Elin Holm Jensen				4					41:22			
07:52+	10:42+	13:45+	17:33+	21:53+	25:29+	28:58+	30:06+	33:10+	37:00+	38:58+	41:06+	41:22+	
07:52+	02:50+	03:03+	03:48+	04:20-	03:36-	03:29+	01:08-	03:04+	03:50-	01:58+	02:08+	00:16+	
01:01#	00:05+	00:31#	00:22#	00:06-	00:16-	00:17+	00:07-	00:25#	00:29-	00:37&	00:30&	00:04&	
4	Jane Thode Jensen				6					41:29			
05:03+	07:59+	11:02+	15:27+	19:58+	23:55+	27:57+	28:57+	32:39+	37:09+	38:44+	41:09+	41:29+	
05:03+	02:56+	03:03+	04:25+	04:31+	03:57+	04:02+	01:00+	03:42+	04:30+	01:35+	02:25+	00:20+	
05:03+	02:56+	03:03+	04:25+	04:31+	03:57+	04:02+	01:00+	03:42+	04:30+	01:35+	02:25+	00:20+	
5	Ann Dorrit Hansen				12					41:34			
05:51+	08:53+	11:56+	16:20+	22:21+	26:23+	30:13+	31:11+	33:40+	37:49+	39:13+	41:16+	41:34+	
05:51+	03:02+	03:03+	04:24+	06:01+	04:02+	03:50+	00:58+	02:29+	04:09+	01:24+	02:03+	00:18+	
05:51+	03:02+	03:03+	04:24+	06:01+	04:02+	03:50+	00:58+	02:29+	04:09+	01:24+	02:03+	00:18+	
6	Else Hass				Ok Pan					43:19			
05:05+	08:43+	11:50+	16:10+	22:41+	26:09+	31:05+	32:08+	34:55+	39:26+	40:44+	42:58+	43:19+	
05:05+	03:38+	03:07+	04:20+	06:31+	03:28+	04:56+	01:03+	02:47+	04:31+	01:18+	02:14+	00:21+	
05:05+	03:38+	03:07+	04:20+	06:31+	03:28+	04:56+	01:03+	02:47+	04:31+	01:18+	02:14+	00:21+	
7	Edith Sørensen				18					43:49			
06:10+	09:34+	12:42+	17:59+	23:03+	27:29+	31:42+	32:44+	35:53+	39:49+	41:16+	43:31+	43:49+	
06:10+	03:24+	03:08+	05:17+	05:04+	04:26+	04:13+	01:02+	03:09+	03:56+	01:27+	02:15+	00:18+	
06:10+	03:24+	03:08+	05:17+	05:04+	04:26+	04:13+	01:02+	03:09+	03:56+	01:27+	02:15+	00:18+	
8	Lisbet Sortkjær				14					45:32			
07:59+	11:23+	14:14+	18:38+	24:01+	27:52+	31:38+	32:51+	36:35+	41:06+	42:46+	45:08+	45:32+	
07:59+	03:24+	02:51+	04:24+	05:23+	03:51+	03:46+	01:13+	03:44+	04:31+	01:40+	02:22+	00:24+	
07:59+	03:24+	02:51+	04:24+	05:23+	03:51+	03:46+	01:13+	03:44+	04:31+	01:40+	02:22+	00:24+	
9	Karen-Lisbeth Fredberg				14					47:12			
05:21+	09:41+	13:29+	18:57+	23:55+	28:23+	32:46+	33:59+	37:44+	41:59+	44:42+	46:55+	47:12+	
05:21+	04:20+	03:48+	05:28+	04:58+	04:28+	04:23+	01:13+	03:45+	04:15+	02:43+	02:13+	00:17+	
05:21+	04:20+	03:48+	05:28+	04:58+	04:28+	04:23+	01:13+	03:45+	04:15+	02:43+	02:13+	00:17+	
10	Mona Nørgaard				Ok Pan					51:31			
07:52+	11:39+	15:26+	20:05+	26:29+	31:19+	35:52+	37:11+	40:27+	46:44+	48:13+	51:09+	51:31+	
07:52+	03:47+	03:47+	04:39+	06:24+	04:50+	04:33+	01:19+	03:16+	06:17+	01:29+	02:56+	00:22+	
07:52+	03:47+	03:47+	04:39+	06:24+	04:50+	04:33+	01:19+	03:16+	06:17+	01:29+	02:56+	00:22+	
11	Birthe Helms				14					51:32			
05:08+	07:57+	11:02+	17:45+	25:17+	30:23+	35:34+	37:40+	42:30+	47:03+	48:42+	51:02+	51:32+	
05:08+	02:49+	03:05+	06:43+	07:32+	05:06+	05:11+	02:06+	04:50+	04:33+	01:39+	02:20+	00:30+	
05:08+	02:49+	03:05+	06:43+	07:32+	05:06+	05:11+	02:06+	04:50+	04:33+	01:39+	02:20+	00:30+	
12	Inger Knudsen				3					53:28			
06:28+	10:47+	14:15+	19:06+	28:55+	34:51+	38:52+	40:46+	43:44+	47:55+	50:22+	52:59+	53:28+	
06:28+	04:19+	03:28+	04:51+	09:49+	05:56+	04:01+	01:54+	02:58+	04:11+	02:27+	02:37+	00:29+	
06:28+	04:19+	03:28+	04:51+	09:49+	05:56+	04:01+	01:54+	02:58+	04:11+	02:27+	02:37+	00:29+	
13	Bitten Nielsen				3					54:46			
09:30+	13:49+	16:25+	21:15+	27:05+	37:43+	41:25+	42:29+	46:34+	50:36+	52:29+	54:26+	54:46+	
09:30+	04:19+	02:36+	04:50+	05:50+	10:38+	03:42+	01:04+	04:05+	04:02+	01:53+	01:57+	00:20+	
09:30+	04:19+	02:36+	04:50+	05:50+	10:38+	03:42+	01:04+	04:05+	04:02+	01:53+	01:57+	00:20+	
14	Kirsten Skovbjerg				4					58:36			
15:03+	19:10+	22:21+	28:06+	33:16+	39:30+	43:39+	45:18+	49:50+	54:45+	56:13+	58:18+	58:36+	
15:03+	04:07+	03:11+	05:45+	05:10+	06:14+	04:09+	01:39+	04:32+	04:55+	01:28+	02:05+	00:18+	
15:03+	04:07+	03:11+	05:45+	05:10+	06:14+	04:09+	01:39+	04:32+	04:55+	01:28+	02:05+	00:18+	

Plass	Navn					Klasse					Tid				
D70															
15	Lena Deleuran Nørgaard					19					1:01:00				
18:46+	22:20+	25:33+	31:20+	36:47+	40:57+	47:10+	48:08+	51:32+	56:22+	58:28+	60:43+	61:00+			
18:46+	03:34+	03:13+	05:47+	05:27+	04:10+	06:13+	00:58+	03:24+	04:50+	02:06+	02:15+	00:17+			
18:46+	03:34+	03:13+	05:47+	05:27+	04:10+	06:13+	00:58+	03:24+	04:50+	02:06+	02:15+	00:17+			
16	Anna Jørgensen					6					1:07:30				
10:23+	18:58+	23:39+	30:16+	37:47+	45:18+	50:16+	52:38+	56:32+	62:26+	64:07+	67:05+	67:30+			
10:23+	08:35+	04:41+	06:37+	07:31+	07:31+	04:58+	02:22+	03:54+	05:54+	01:41+	02:58+	00:25+			
10:23+	08:35+	04:41+	06:37+	07:31+	07:31+	04:58+	02:22+	03:54+	05:54+	01:41+	02:58+	00:25+			
17	Lisbeth Møller Nielsen					Ok Pan					1:09:36				
18:00+	21:52+	25:41+	32:08+	40:13+	47:23+	52:44+	54:24+	58:59+	65:08+	66:39+	69:18+	69:36+			
18:00+	03:52+	03:49+	06:27+	08:05+	07:10+	05:21+	01:40+	04:35+	06:09+	01:31+	02:39+	00:18+			
18:00+	03:52+	03:49+	06:27+	08:05+	07:10+	05:21+	01:40+	04:35+	06:09+	01:31+	02:39+	00:18+			
18	Lizzie Olesen					16					1:10:17				
17:12+	20:53+	25:56+	32:36+	39:44+	44:58+	50:29+	52:43+	57:54+	64:05+	66:27+	69:48+	70:17+			
17:12+	03:41+	05:03+	06:40+	07:08+	05:14+	05:31+	02:14+	05:11+	06:11+	02:22+	03:21+	00:29+			
17:12+	03:41+	05:03+	06:40+	07:08+	05:14+	05:31+	02:14+	05:11+	06:11+	02:22+	03:21+	00:29+			
Beste stræktid for klassen															
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.															
D-Let															
1	Cathrine Løyning					1					27:07				
02:42=	04:53=	07:31=	09:25=	12:32=	14:47=	17:23=	18:28=	21:49=	23:12=	24:50=	26:03=	26:53=	27:07=		
02:42=	02:11=	02:38=	01:54=	03:07=	02:15=	02:36=	01:05=	03:21=	01:23=	01:38=	01:13=	00:50=	00:14=		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		
2	Laura Sandbæk Andersen					14					27:49				
02:22-	04:34-	07:07-	09:10-	12:32=	14:39-	16:59-	18:16-	21:40-	23:12=	24:58+	26:30+	27:35+	27:49+		
02:22-	02:12+	02:33-	02:03+	03:22+	02:07-	02:20-	01:17+	03:24+	01:32+	01:46+	01:32+	01:05+	00:14=		
00:20-	00:01+	00:05-	00:09+	00:15+	00:08-	00:16-	00:12#	00:03+	00:09#	00:08+	00:19&	00:15&	00:00=		
3	Jette Steffensen					4					32:05				
02:42=	05:10+	07:47+	10:29+	14:25+	18:15+	20:09+	21:31+	25:30+	27:21+	29:19+	30:40+	31:47+	32:05+		
02:42=	02:28+	02:37-	02:42+	03:56+	03:50+	01:54-	01:22+	03:59+	01:51+	01:58+	01:21+	01:07+	00:18+		
00:00=	00:17#	00:01-	00:48&	00:49&	01:35&	00:42-	00:17&	00:38#	00:28&	00:20#	00:08#	00:17&	00:04&		
4	Carina Gammelmark					13					33:59				
02:47+	05:29+	08:32+	11:28+	15:34+	18:59+	20:56+	22:24+	27:09+	28:48+	30:52+	32:32+	33:41+	33:59+		
02:47+	02:42+	03:03+	02:56+	04:06+	03:25+	01:57-	01:28+	04:45+	01:39+	02:04+	01:40+	01:09+	00:18+		
00:05+	00:31#	00:25#	01:02&	00:59&	01:10&	00:39-	00:23&	01:24&	00:16#	00:26&	00:27&	00:19&	00:04&		
5	Maria Giltoft					13					35:25				
02:46+	05:35+	08:41+	11:19+	15:39+	20:05+	22:03+	23:45+	28:03+	29:55+	32:18+	33:53+	35:08+	35:25+		
02:46+	02:49+	03:06+	02:38+	04:20+	04:26+	01:58-	01:42+	04:18+	01:52+	02:23+	01:35+	01:15+	00:17+		
00:04+	00:38&	00:28#	00:44&	01:13&	02:11&	00:38-	00:37&	00:57&	00:29&	00:45&	00:22&	00:25&	00:03#		
6	Claudia Schmidt Thomsen					Ok Pan					35:29				
02:36-	06:49+	09:55+	12:46+	17:00+	19:31+	21:36+	23:02+	27:28+	29:23+	31:28+	33:56+	35:12+	35:29+		
02:36-	04:13+	03:06+	02:51+	04:14+	02:31+	02:05-	01:26+	04:26+	01:55+	02:05+	02:28+	01:16+	00:17+		
00:06-	02:02&	00:28#	00:57&	01:07&	00:16#	00:31-	00:21&	01:05&	00:32&	00:27&	01:15@	00:26&	00:03#		

Plass	Navn				Klasse				Tid				
D-Let													
7	Runa Iversen				4				35:31				
03:18+	06:29+	09:47+	12:56+	17:50+	20:29+	21:49+	23:08+	27:10+	29:25+	31:40+	33:54+	35:09+	35:31+
03:18+	03:11+	03:18+	03:09+	04:54+	02:39+	01:20-	01:19+	04:02+	02:15+	02:15+	02:14+	01:15+	00:22+
00:36#	01:00&	00:40&	01:15&	01:47&	00:24#	01:16-	00:14#	00:41#	00:52&	00:37&	01:01&	00:25&	00:08&
8	Karla B. Flint				14				36:18				
02:30+	04:57+	09:48+	12:03+	15:54+	18:50+	20:35+	22:02+	26:36+	28:29+	30:38+	35:01+	36:03+	36:18+
02:30+	02:27+	04:51+	02:15+	03:51+	02:56+	01:45+	01:27+	04:34+	01:53+	02:09+	04:23+	01:02+	00:15+
02:30+	02:27+	04:51+	02:15+	03:51+	02:56+	01:45+	01:27+	04:34+	01:53+	02:09+	04:23+	01:02+	00:15+
9	Vibeke Gottlieb				3				37:05				
03:23+	06:36+	09:42+	12:51+	17:11+	20:22+	22:46+	24:28+	28:53+	30:54+	33:20+	35:04+	36:47+	37:05+
03:23+	03:13+	03:06+	03:09+	04:20+	03:11+	02:24+	01:42+	04:25+	02:01+	02:26+	01:44+	01:43+	00:18+
03:23+	03:13+	03:06+	03:09+	04:20+	03:11+	02:24+	01:42+	04:25+	02:01+	02:26+	01:44+	01:43+	00:18+
10	Birte Hering Poulsen				4				39:03				
04:43+	07:39+	10:30+	12:54+	16:35+	19:37+	21:42+	24:04+	32:51+	34:23+	36:21+	37:44+	38:45+	39:03+
04:43+	02:56+	02:51+	02:24+	03:41+	03:02+	02:05+	02:22+	08:47+	01:32+	01:58+	01:23+	01:01+	00:18+
04:43+	02:56+	02:51+	02:24+	03:41+	03:02+	02:05+	02:22+	08:47+	01:32+	01:58+	01:23+	01:01+	00:18+
12	Steinunn Magnusdottir				9				41:17				
03:17+	06:18+	09:41+	12:54+	18:09+	21:43+	24:29+	26:33+	31:46+	33:54+	36:52+	39:12+	40:53+	41:17+
03:17+	03:01+	03:23+	03:13+	05:15+	03:34+	02:46+	02:04+	05:13+	02:08+	02:58+	02:20+	01:41+	00:24+
03:17+	03:01+	03:23+	03:13+	05:15+	03:34+	02:46+	02:04+	05:13+	02:08+	02:58+	02:20+	01:41+	00:24+
13	Malene Bønlykke Riis				4				44:14				
02:20+	20:30+	23:00+	25:17+	28:57+	31:05+	32:52+	34:08+	38:08+	39:35+	41:32+	42:58+	43:56+	44:14+
02:20+	18:10+	02:30+	02:17+	03:40+	02:08+	01:47+	01:16+	04:00+	01:27+	01:57+	01:26+	00:58+	00:18+
02:20+	18:10+	02:30+	02:17+	03:40+	02:08+	01:47+	01:16+	04:00+	01:27+	01:57+	01:26+	00:58+	00:18+
14	Anni Christensen				5				46:27				
04:02+	10:03+	14:20+	17:44+	23:11+	26:39+	29:20+	31:30+	36:53+	39:17+	41:54+	44:19+	45:59+	46:27+
04:02+	06:01+	04:17+	03:24+	05:27+	03:28+	02:41+	02:10+	05:23+	02:24+	02:37+	02:25+	01:40+	00:28+
04:02+	06:01+	04:17+	03:24+	05:27+	03:28+	02:41+	02:10+	05:23+	02:24+	02:37+	02:25+	01:40+	00:28+
15	Astrid Mærsk-Møller				16				47:11				
03:50+	07:52+	12:48+	16:32+	22:18+	26:06+	28:37+	30:40+	36:49+	39:28+	42:11+	45:07+	46:53+	47:11+
03:50+	04:02+	04:56+	03:44+	05:46+	03:48+	02:31+	02:03+	06:09+	02:39+	02:43+	02:56+	01:46+	00:18+
03:50+	04:02+	04:56+	03:44+	05:46+	03:48+	02:31+	02:03+	06:09+	02:39+	02:43+	02:56+	01:46+	00:18+
16	Grete Eriksen				14				48:34				
04:10+	08:02+	12:18+	15:48+	21:45+	25:40+	28:52+	31:35+	38:05+	40:46+	43:51+	46:32+	48:11+	48:34+
04:10+	03:52+	04:16+	03:30+	05:57+	03:55+	03:12+	02:43+	06:30+	02:41+	03:05+	02:41+	01:39+	00:23+
04:10+	03:52+	04:16+	03:30+	05:57+	03:55+	03:12+	02:43+	06:30+	02:41+	03:05+	02:41+	01:39+	00:23+
17	Marie Dybdal				Ok Pan				50:41				
04:10+	08:46+	13:36+	17:45+	24:18+	28:09+	30:25+	33:16+	39:50+	42:43+	45:43+	48:28+	50:15+	50:41+
04:10+	04:36+	04:50+	04:09+	06:33+	03:51+	02:16+	02:51+	06:34+	02:53+	03:00+	02:45+	01:47+	00:26+
04:10+	04:36+	04:50+	04:09+	06:33+	03:51+	02:16+	02:51+	06:34+	02:53+	03:00+	02:45+	01:47+	00:26+
18	Vibeke Fenger				4				54:53				
04:38+	09:13+	13:40+	17:37+	23:57+	28:24+	32:23+	35:29+	42:50+	45:59+	49:43+	52:35+	54:27+	54:53+
04:38+	04:35+	04:27+	03:57+	06:20+	04:27+	03:59+	03:06+	07:21+	03:09+	03:44+	02:52+	01:52+	00:26+
04:38+	04:35+	04:27+	03:57+	06:20+	04:27+	03:59+	03:06+	07:21+	03:09+	03:44+	02:52+	01:52+	00:26+
19	Gitte Mønster Jørgensen				4				57:39				
06:06+	10:52+	17:50+	22:15+	29:23+	33:34+	35:45+	38:07+	45:06+	48:18+	52:00+	55:10+	57:09+	57:39+
06:06+	04:46+	06:58+	04:25+	07:08+	04:11+	02:11+	02:22+	06:59+	03:12+	03:42+	03:10+	01:59+	00:30+
06:06+	04:46+	06:58+	04:25+	07:08+	04:11+	02:11+	02:22+	06:59+	03:12+	03:42+	03:10+	01:59+	00:30+

Plass	Navn						Klasse						Tid					
D-Let																		
20	Jonna Møller						13						1:19:19					
05:58+	14:42+	20:44+	26:22+	34:41+	43:27+	47:53+	51:48+	61:41+	66:27+	71:09+	75:40+	78:25+	79:19+					
05:58+	08:44+	06:02+	05:38+	08:19+	08:46+	04:26+	03:55+	09:53+	04:46+	04:42+	04:31+	02:45+	00:54+					
05:58+	08:44+	06:02+	05:38+	08:19+	08:46+	04:26+	03:55+	09:53+	04:46+	04:42+	04:31+	02:45+	00:54+					
Beste stræktid for klassen																		
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.																		
H10																		
1	Emil Klostergaard Rokkjær						Ok Pan						18:03					
01:06=	02:01=	03:16=	04:51=	06:14=	08:03=	09:12=	10:05=	12:17=	13:26=	14:38=	15:54=	17:10=	17:52=	18:03=				
01:06=	00:55=	01:15=	01:35=	01:23=	01:49=	01:09=	00:53=	02:12=	01:09=	01:12=	01:16=	01:16=	00:42=	00:11=				
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=				
2	Vilhelm Rokkjær Andreassen						Ok Pan						19:13					
01:01-	01:50-	03:04-	04:38-	06:00-	07:55-	09:16+	10:12+	12:02-	13:45+	15:06+	16:22+	17:49+	18:58+	19:13+				
01:01-	00:49-	01:14-	01:34-	01:22-	01:55+	01:21+	00:56+	01:50-	01:43+	01:21+	01:16=	01:27+	01:09+	00:15+				
00:05-	00:06-	00:01-	00:01-	00:01-	00:06+	00:12#	00:03+	00:22-	00:34&	00:09#	00:00=	00:11#	00:27&	00:04&				
3	Eskild Stig Nielsen						4						22:02					
01:11+	02:10+	04:41+	06:36+	08:18+	10:19+	12:12+	13:07+	15:17+	16:51+	18:22+	19:57+	21:05+	21:50+	22:02+				
01:11+	00:59+	02:31+	01:55+	01:42+	02:01+	01:53+	00:55+	02:10-	01:34+	01:31+	01:35+	01:08-	00:45+	00:12+				
00:05+	00:04+	01:16@	00:20#	00:19#	00:12#	00:44&	00:02+	00:02-	00:25&	00:19&	00:19#	00:08-	00:03+	00:01+				
4	Emil Lindahl						9						22:42					
01:16+	02:29+	04:03+	05:55+	07:25+	09:49+	11:19+	12:31+	15:38+	17:47+	19:08+	20:42+	21:43+	22:30+	22:42+				
01:16+	01:13+	01:34+	01:52+	01:30+	02:24+	01:30+	01:12+	03:07+	02:09+	01:21+	01:34+	01:01-	00:47+	00:12+				
00:10#	00:18&	00:19&	00:17#	00:07+	00:35&	00:21&	00:19&	00:55&	01:00&	00:09#	00:18#	00:15-	00:05#	00:01+				
5	Noah Aarnio						11						23:52					
01:37+	02:45+	04:12+	06:16+	08:00+	10:58+	12:21+	13:32+	15:52+	17:29+	19:04+	21:07+	22:30+	23:36+	23:52+				
01:37+	01:08+	01:27+	02:04+	01:44+	02:58+	01:23+	01:11+	02:20+	01:37+	01:35+	02:03+	01:23+	01:06+	00:16+				
00:31&	00:13#	00:12#	00:29&	00:21&	01:09&	00:14#	00:18&	00:08+	00:28&	00:23&	00:47&	00:07+	00:24&	00:05&				
6	Alexander Boye Ebbesen						Ok Pan						27:09					
01:29+	02:44+	04:57+	07:24+	09:20+	12:56+	14:48+	15:44+	18:40+	20:14+	22:14+	24:17+	25:54+	26:53+	27:09+				
01:29+	01:15+	02:13+	02:27+	01:56+	03:36+	01:52+	00:56+	02:56+	01:34+	02:00+	02:03+	01:37+	00:59+	00:16+				
00:23&	00:20&	00:58&	00:52&	00:33&	01:47&	00:43&	00:03+	00:44&	00:25&	00:48&	00:47&	00:21&	00:17&	00:05&				
7	Mathias Reiche Sørensen						11						29:46					
01:16+	02:18+	03:44+	06:07+	08:37+	11:36+	13:49+	15:12+	18:13+	20:38+	22:39+	25:03+	26:25+	29:34+	29:46+				
01:16+	01:02+	01:26+	02:23+	02:30+	02:59+	02:13+	01:23+	03:01+	02:25+	02:01+	02:24+	01:22+	03:09+	00:12+				
00:10#	00:07#	00:11#	00:48&	01:07&	01:10&	01:04&	00:30&	00:49&	01:16@	00:49&	01:08&	00:06+	02:27@	00:01+				
8	Benjamin Birk Nielsen						18						31:16					
01:24+	02:43+	04:58+	08:17+	11:59+	15:35+	17:11+	18:59+	21:24+	23:02+	24:45+	26:16+	27:30+	31:02+	31:16+				
01:24+	01:19+	02:15+	03:19+	03:42+	03:36+	01:36+	01:48+	02:25+	01:38+	01:43+	01:31+	01:14-	03:32+	00:14+				
00:18&	00:24&	01:00&	01:44@	02:19@	01:47&	00:27&	00:55@	00:13+	00:29&	00:31&	00:15#	00:02-	02:50@	00:03&				
9	Jonatan Ebert Svenningsen						13						35:35					
01:48+	03:07+	04:48+	07:25+	09:41+	13:14+	15:41+	17:30+	21:33+	24:26+	26:37+	28:53+	33:30+	35:21+	35:35+				
01:48+	01:19+	01:41+	02:37+	02:16+	03:33+	02:27+	01:49+	04:03+	02:53+	02:11+	02:16+	04:37+	01:51+	00:14+				
00:42&	00:24&	00:26&	01:02&	00:53&	01:44&	01:18@	00:56@	01:51&	01:44@	00:59&	01:00&	03:21@	01:09@	00:03&				

Plass	Navn					Klasse					Tid				
H10															
10	Silas A Jørgensen					3					35:55				
01:37+	03:03+	07:55+	11:06+	13:50+	16:57+	20:41+	22:24+	25:27+	27:13+	28:59+	31:36+	33:06+	35:36+	35:55+	
01:37+	01:26+	04:52+	03:11+	02:44+	03:07+	03:44+	01:43+	03:03+	01:46+	01:46+	02:37+	01:30+	02:30+	00:19+	
00:31&	00:31&	03:37@	01:36@	01:21&	01:18&	02:35@	00:50&	00:51&	00:37&	00:34&	01:21@	00:14#	01:48@	00:08&	
11	Patrik Attila Pedersen					Ok Pan					37:40				
02:07+	03:45+	06:11+	09:09+	12:29+	16:58+	19:34+	21:16+	24:52+	27:59+	29:57+	32:59+	35:08+	37:05+	37:40+	
02:07+	01:38+	02:26+	02:58+	03:20+	04:29+	02:36+	01:42+	03:36+	03:07+	01:58+	03:02+	02:09+	01:57+	00:35+	
02:07+	01:38+	02:26+	02:58+	03:20+	04:29+	02:36+	01:42+	03:36+	03:07+	01:58+	03:02+	02:09+	01:57+	00:35+	
12	Thor Kusk Berglund					Ok Pan					38:15				
01:12+	02:16+	07:37+	09:33+	11:39+	23:23+	25:10+	26:37+	29:49+	31:43+	33:30+	35:15+	36:39+	38:00+	38:15+	
01:12+	01:04+	05:21+	01:56+	02:06+	11:44+	01:47+	01:27+	03:12+	01:54+	01:47+	01:45+	01:24+	01:21+	00:15+	
01:12+	01:04+	05:21+	01:56+	02:06+	11:44+	01:47+	01:27+	03:12+	01:54+	01:47+	01:45+	01:24+	01:21+	00:15+	
13	Jonas With Erichsen					14					41:25				
01:29+	02:42+	04:25+	06:59+	08:39+	10:48+	16:46+	31:51+	34:22+	35:43+	37:10+	38:46+	40:12+	41:05+	41:25+	
01:29+	01:13+	01:43+	02:34+	01:40+	02:09+	05:58+	15:05+	02:31+	01:21+	01:27+	01:36+	01:26+	00:53+	00:20+	
01:29+	01:13+	01:43+	02:34+	01:40+	02:09+	05:58+	15:05+	02:31+	01:21+	01:27+	01:36+	01:26+	00:53+	00:20+	
14	Asbjørn Ask Østergaard					4					44:17				
01:44+	03:14+	05:06+	07:50+	10:26+	14:01+	16:11+	18:22+	31:26+	33:33+	36:14+	39:37+	41:30+	43:51+	44:17+	
01:44+	01:30+	01:52+	02:44+	02:36+	03:35+	02:10+	02:11+	13:04+	02:07+	02:41+	03:23+	01:53+	02:21+	00:26+	
01:44+	01:30+	01:52+	02:44+	02:36+	03:35+	02:10+	02:11+	13:04+	02:07+	02:41+	03:23+	01:53+	02:21+	00:26+	
15	Jonas Klærke Mikkelsen					4					51:43				
01:47+	03:56+	07:10+	12:38+	16:45+	21:23+	30:53+	32:45+	36:12+	39:17+	42:35+	46:33+	49:56+	51:25+	51:43+	
01:47+	02:09+	03:14+	05:28+	04:07+	04:38+	09:30+	01:52+	03:27+	03:05+	03:18+	03:58+	03:23+	01:29+	00:18+	
01:47+	02:09+	03:14+	05:28+	04:07+	04:38+	09:30+	01:52+	03:27+	03:05+	03:18+	03:58+	03:23+	01:29+	00:18+	
16	Mikkel Popp Bobach					18					1:20:03				
01:56+	03:15+	13:58+	18:28+	20:07+	22:51+	24:40+	26:28+	46:05+	56:06+	59:51+	63:48+	77:23+	79:30+	80:03+	
01:56+	01:19+	10:43+	04:30+	01:39+	02:44+	01:49+	01:48+	19:37+	10:01+	03:45+	03:57+	13:35+	02:07+	00:33+	
01:56+	01:19+	10:43+	04:30+	01:39+	02:44+	01:49+	01:48+	19:37+	10:01+	03:45+	03:57+	13:35+	02:07+	00:33+	

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H12

1	Lukas Bergmann Verhelst		4										19:59		
	01:42=	03:31=	05:28=	07:14=	09:49=	11:31=	12:28=	13:26=	15:50=	16:52=	18:13=	19:09=	19:49=	19:59=	
	01:42=	01:49=	01:57=	01:46=	02:35=	01:42=	00:57=	00:58=	02:24=	01:02=	01:21=	00:56=	00:40=	00:10=	
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Magnus Lindahl		9										21:14		
	01:42=	04:16+	06:09+	07:52+	10:35+	12:13+	13:21+	14:08+	16:50+	17:55+	19:14+	20:19+	21:03+	21:14+	
	01:42=	02:34+	01:53-	01:43-	02:43+	01:38-	01:08+	00:47-	02:42+	01:05+	01:19-	01:05+	00:44+	00:11+	
	00:00=	00:45&	00:04-	00:03-	00:08+	00:04-	00:11#	00:11-	00:18#	00:03+	00:02-	00:09#	00:04#	00:01#	
3	William Ove Kousgaard		3										21:29		
	01:44+	03:42+	05:38+	07:20+	10:15+	11:58+	12:58+	13:54+	16:41+	17:50+	19:18+	20:30+	21:18+	21:29+	
	01:44+	01:58+	01:56-	01:42-	02:55+	01:43+	01:00+	00:56-	02:47+	01:09+	01:28+	01:12+	00:48+	00:11+	
	00:02+	00:09+	00:01-	00:04-	00:20#	00:01+	00:03+	00:02-	00:23#	00:07#	00:07+	00:16&	00:08#	00:01#	

Plass	Navn	Klasse	Tid
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H12

4	Mattias Klostergaard Rokkjær										Ok Pan			22:58		
01:48+	03:45+	05:50+	07:36+	10:20+	12:25+	13:52+	14:49+	17:53+	19:10+	20:26+	21:48+	22:47+	22:58+			
01:48+	01:57+	02:05+	01:46=	02:44+	02:05+	01:27+	00:57-	03:04+	01:17+	01:16-	01:22+	00:59+	00:11+			
00:06+	00:08+	00:08+	00:00=	00:09+	00:23#	00:30&	00:01-	00:40&	00:15#	00:05-	00:26&	00:19&	00:01#			

5	Elias Fuglgaard				4				24:00				
02:15+	04:18+	06:34+	08:51+	11:53+	13:49+	15:02+	16:00+	19:17+	20:27+	21:48+	22:54+	23:47+	24:00+
02:15+	02:03+	02:16+	02:17+	03:02+	01:56+	01:13+	00:58+	03:17+	01:10+	01:21+	01:06+	00:53+	00:13+
02:15+	02:03+	02:16+	02:17+	03:02+	01:56+	01:13+	00:58+	03:17+	01:10+	01:21+	01:06+	00:53+	00:13+

6	Gustav Ørgaard Sørensen										14	24:48			
02:12+	04:14+	06:39+	08:44+	11:54+	13:58+	15:16+	16:18+	19:46+	21:11+	22:32+	23:41+	24:38+	24:48+		
02:12+	02:02+	02:25+	02:05+	03:10+	02:04+	01:18+	01:02+	03:28+	01:25+	01:21+	01:09+	00:57+	00:10+		
02:12+	02:02+	02:25+	02:05+	03:10+	02:04+	01:18+	01:02+	03:28+	01:25+	01:21+	01:09+	00:57+	00:10+		

7	Klement Hjuler Hjerrild					Ok Pan					25:13			
02:01+	04:31+	06:33+	08:32+	11:36+	13:29+	14:59+	16:10+	19:35+	20:58+	22:22+	24:09+	25:01+	25:13+	
02:01+	02:30+	02:02+	01:59+	03:04+	01:53+	01:30+	01:11+	03:25+	01:23+	01:24+	01:47+	00:52+	00:12+	
02:01+	02:30+	02:02+	01:59+	03:04+	01:53+	01:30+	01:11+	03:25+	01:23+	01:24+	01:47+	00:52+	00:12+	

8	William Stenhøj Baun Mcgrail										Ok Pan				30:59	
02:15+	04:18+	06:39+	08:46+	12:07+	15:10+	17:22+	19:16+	25:05+	26:37+	28:15+	29:55+	30:47+	30:59+			
02:15+	02:03+	02:21+	02:07+	03:21+	03:03+	02:12+	01:54+	05:49+	01:32+	01:38+	01:40+	00:52+	00:12+			
02:15+	02:03+	02:21+	02:07+	03:21+	03:03+	02:12+	01:54+	05:49+	01:32+	01:38+	01:40+	00:52+	00:12+			

9	Kristian Veggerby Jensen											13					32:05
02:20+	05:42+	08:50+	12:27+	16:44+	19:22+	20:31+	21:42+	25:52+	27:32+	29:30+	30:57+	31:53+	32:05+				
02:20+	03:22+	03:08+	03:37+	04:17+	02:38+	01:09+	01:11+	04:10+	01:40+	01:58+	01:27+	00:56+	00:12+				
02:20+	03:22+	03:08+	03:37+	04:17+	02:38+	01:09+	01:11+	04:10+	01:40+	01:58+	01:27+	00:56+	00:12+				

10	Philip Aanio										11	32:12			
02:05+	04:50+	07:33+	10:38+	15:00+	17:54+	19:19+	20:28+	24:37+	26:12+	27:57+	30:49+	32:01+	32:12+		
02:05+	02:45+	02:43+	03:05+	04:22+	02:54+	01:25+	01:09+	04:09+	01:35+	01:45+	02:52+	01:12+	00:11+		
02:05+	02:45+	02:43+	03:05+	04:22+	02:54+	01:25+	01:09+	04:09+	01:35+	01:45+	02:52+	01:12+	00:11+		

11	Jakob Skousen										9	34:56			
02:45+	06:25+	09:11+	12:28+	16:56+	19:46+	20:59+	22:26+	27:15+	29:28+	31:29+	33:21+	34:39+	34:56+		
02:45+	03:40+	02:46+	03:17+	04:28+	02:50+	01:13+	01:27+	04:49+	02:13+	02:01+	01:52+	01:18+	00:17+		
02:45+	03:40+	02:46+	03:17+	04:28+	02:50+	01:13+	01:27+	04:49+	02:13+	02:01+	01:52+	01:18+	00:17+		

12	Jens Gammelvind												3	35:47											
02:21+	05:41+	08:50+	12:26+	17:51+	21:55+	23:35+	25:17+	29:16+	30:45+	32:49+	34:25+	35:36+	35:47+												
02:21+	03:20+	03:09+	03:36+	05:25+	04:04+	01:40+	01:42+	03:59+	01:29+	02:04+	01:36+	01:11+	00:11+												
02:21+	03:20+	03:09+	03:36+	05:25+	04:04+	01:40+	01:42+	03:59+	01:29+	02:04+	01:36+	01:11+	00:11+												

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H12B

1	Anton Boye Ebbesen					Ok Pan					24:02				
01:11=	01:58=	03:48=	05:31=	07:04=	10:00=	11:32=	12:34=	14:51=	18:48=	20:00=	21:43=	22:53=	23:46=	24:02=	
01:11=	00:47=	01:50=	01:43=	01:33=	02:56=	01:32=	01:02=	02:17=	03:57=	01:12=	01:43=	01:10=	00:53=	00:16=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	

Plass	Navn	Klasse										Tid				
H12B																
2	Marius Vang Bobach					18					26:11					
01:27+	02:34+	04:33+	06:32+	08:39+	11:49+	13:27+	15:09+	17:11+	18:40-	20:03+	22:04+	24:53+	25:58+	26:11+		
01:27+	01:07+	01:59+	01:59+	02:07+	03:10+	01:38+	01:42+	02:02-	01:29-	01:23+	02:01+	02:49+	01:05+	00:13-		
00:16#	00:20&	00:09+	00:16#	00:34&	00:14+	00:06+	00:40&	00:15-	02:28-	00:11#	00:18#	01:39@	00:12#	00:03-		
3	Johan Niss					13					30:28					
02:20+	03:32+	05:08+	08:03+	10:42+	13:59+	16:17+	17:29+	20:13+	22:39+	24:24+	26:56+	28:40+	30:04+	30:28+		
02:20+	01:12+	01:36+	02:55+	02:39+	03:17+	02:18+	01:12+	02:44+	02:26+	01:45+	02:32+	01:44+	01:24+	00:24+		
02:20+	01:12+	01:36+	02:55+	02:39+	03:17+	02:18+	01:12+	02:44+	02:26+	01:45+	02:32+	01:44+	01:24+	00:24+		
4	Just Nygaard Rahr					14					30:58					
01:16+	02:17+	04:00+	06:55+	09:47+	12:45+	16:10+	17:55+	20:40+	22:17+	24:12+	27:02+	29:36+	30:45+	30:58+		
01:16+	01:01+	01:43+	02:55+	02:52+	02:58+	03:25+	01:45+	02:45+	01:37+	01:55+	02:50+	02:34+	01:09+	00:13+		
01:16+	01:01+	01:43+	02:55+	02:52+	02:58+	03:25+	01:45+	02:45+	01:37+	01:55+	02:50+	02:34+	01:09+	00:13+		
5	Konrad Erlandsen					3					36:51					
01:39+	02:54+	05:37+	08:20+	11:01+	15:04+	17:00+	19:46+	27:09+	29:39+	31:09+	33:21+	34:56+	36:32+	36:51+		
01:39+	01:15+	02:43+	02:43+	02:41+	04:03+	01:56+	02:46+	07:23+	02:30+	01:30+	02:12+	01:35+	01:36+	00:19+		
01:39+	01:15+	02:43+	02:43+	02:41+	04:03+	01:56+	02:46+	07:23+	02:30+	01:30+	02:12+	01:35+	01:36+	00:19+		
6	Erik Aagaard Nielsen					4					1:09:37					
02:48+	05:14+	08:53+	13:35+	19:03+	25:06+	29:52+	35:38+	43:46+	49:20+	53:29+	58:29+	64:27+	69:14+	69:37+		
02:48+	02:26+	03:39+	04:42+	05:28+	06:03+	04:46+	05:46+	08:08+	05:34+	04:09+	05:00+	05:58+	04:47+	00:23+		
02:48+	02:26+	03:39+	04:42+	05:28+	06:03+	04:46+	05:46+	08:08+	05:34+	04:09+	05:00+	05:58+	04:47+	00:23+		
Beste stræktid for klassen																
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.																
H14																
1	Asbjørn Faber Fenger-Grøn					14					34:48					
01:15=	04:50=	08:45=	11:10=	12:25=	14:12=	15:41=	17:01=	18:23=	20:16=	21:50=	24:37=	28:49=	30:17=	31:05=	32:49=	33:29=
01:15=	03:35=	03:55=	02:25=	01:15=	01:47=	01:29=	01:20=	01:22=	01:53=	01:34=	02:47=	04:12=	01:28=	00:48=	01:44=	00:40=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Casper Staehelin Blakskjær					Ok Pan					35:56					
01:16+	04:44-	08:23-	10:55-	12:15-	13:57-	15:36-	16:47-	18:45+	20:23+	21:53+	25:09+	29:24+	30:36+	31:17+	33:44+	34:27+
01:16+	03:28-	03:39-	02:32+	01:20+	01:42-	01:39+	01:11-	01:58+	01:38-	01:30-	03:16+	04:15+	01:12-	00:41-	02:27+	00:43+
00:01+	00:07-	00:16-	00:07+	00:05+	00:05-	00:10#	00:09-	00:36&	00:15-	00:04-	00:29#	00:03+	00:16-	00:07-	00:43&	00:03+
3	Frederik Brynning Bøje					4					43:33					
01:30+	05:38+	10:11+	13:09+	15:05+	17:39+	19:34+	21:21+	23:00+	24:56+	27:05+	30:20+	36:24+	38:00+	38:48+	41:12+	42:00+
01:30+	04:08+	04:33+	02:58+	01:56+	02:34+	01:55+	01:47+	01:39+	01:56+	02:09+	03:15+	06:04+	01:36+	00:48=	02:24+	00:48+
00:15#	00:33#	00:38#	00:33#	00:41&	00:47&	00:26&	00:27&	00:17#	00:03+	00:35&	00:28#	01:52&	00:08+	00:00=	00:40&	00:08#
4	Alfred Keller					4					46:02					
01:51+	07:00+	12:49+	16:20+	17:42+	19:55+	21:54+	23:36+	25:02+	26:53+	28:50+	32:21+	39:44+	41:23+	42:09+	44:05+	44:51+
01:51+	05:09+	05:49+	03:31+	01:22+	02:13+	01:59+	01:42+	01:26+	01:51-	01:57+	03:31+	07:23+	01:39+	00:46-	01:56+	00:46+
00:36&	01:34&	01:54&	01:06&	00:07+	00:26#	00:30&	00:22&	00:04+	00:02-	00:23#	00:44&	03:11&	00:11#	00:02-	00:12#	00:06#
5	Magnus Fannar Madsen					9					48:55					
01:29+	06:11+	11:21+	15:47+	18:05+	20:17+	22:29+	24:13+	26:29+	28:41+	31:24+	35:47+	41:49+	43:35+	44:27+	46:35+	47:23+
01:29+	04:42+	05:10+	04:26+	02:18+	02:12+	02:12+	01:44+	02:16+	02:12+	02:43+	04:23+	06:02+	01:46+	00:52+	02:08+	00:48+
00:14#	01:07&	01:15&	02:01&	01:03&	00:25#	00:43&	00:24&	00:54&	00:19#	01:09&	01:36&	01:50&	00:18#	00:04+	00:24#	00:08#

Plass	Navn					Klasse					Tid							
H14																		
6	Teo Hedegaard Richardson					Ok Pan					53:26							
01:33+	06:46+	11:48+	14:47+	16:36+	20:21+	22:16+	23:58+	25:26+	27:55+	30:11+	34:21+	44:38+	46:34+	47:53+	50:50+	51:46+	53:16+	53:26+
01:33+	05:13+	05:02+	02:59+	01:49+	03:45+	01:55+	01:42+	01:28+	02:29+	02:16+	04:10+	10:17+	01:56+	01:19+	02:57+	00:56+	01:30+	00:10+
00:18#	01:38&	01:07&	00:34#	00:34&	01:58@	00:26&	00:22&	00:06+	00:36&	00:42&	01:23&	06:05@	00:28&	00:31&	01:13&	00:16&	00:20&	00:01#
7	Christoffer Vang Bobach					18					57:28							
01:34+	06:37+	11:01+	13:25+	14:42+	16:43+	18:20+	27:10+	34:07+	36:01+	38:18+	42:14+	48:38+	50:38+	51:38+	54:25+	55:47+	57:14+	57:28+
01:34+	05:03+	04:24+	02:24+	01:17+	02:01+	01:37+	08:50+	06:57+	01:54+	02:17+	03:56+	06:24+	02:00+	01:00+	02:47+	01:22+	01:27+	00:14+
01:34+	05:03+	04:24+	02:24+	01:17+	02:01+	01:37+	08:50+	06:57+	01:54+	02:17+	03:56+	06:24+	02:00+	01:00+	02:47+	01:22+	01:27+	00:14+
8	Rasmus Foss					9					1:13:16							
02:15+	11:22+	19:09+	23:34+	27:15+	30:24+	33:09+	35:35+	39:54+	43:35+	47:36+	53:01+	61:15+	63:37+	65:06+	70:06+	71:21+	73:00+	73:16+
02:15+	09:07+	07:47+	04:25+	03:41+	03:09+	02:45+	02:26+	04:19+	03:41+	04:01+	05:25+	08:14+	02:22+	01:29+	05:00+	01:15+	01:39+	00:16+
02:15+	09:07+	07:47+	04:25+	03:41+	03:09+	02:45+	02:26+	04:19+	03:41+	04:01+	05:25+	08:14+	02:22+	01:29+	05:00+	01:15+	01:39+	00:16+
Beste stræktid for klassen																		
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.																		
H14B																		
1	jacob Mærsk-Møller					16					32:08							
02:27=	04:33=	07:01=	09:29=	13:24=	17:29=	18:56=	20:22=	24:27=	25:57=	28:07=	29:59=	31:42=	32:08=					
02:27=	02:06=	02:28=	02:28=	03:55=	04:05=	01:27=	01:26=	04:05=	01:30=	02:10=	01:52=	01:43=	00:26=					
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=					
2	Christian Kruse					Ok Pan					46:48							
02:32+	05:18+	08:51+	11:57+	16:24+	18:31+	25:09+	26:36+	31:35+	33:37+	36:08+	45:40+	46:38+	46:48+					
02:32+	02:46+	03:33+	03:06+	04:27+	02:07-	06:38+	01:27+	04:59+	02:02+	02:31+	09:32+	00:58-	00:10-					
00:05+	00:40&	01:05&	00:38&	00:32#	01:58-	05:11@	00:01+	00:54#	00:32&	00:21#	07:40@	00:45-	00:16-					
Beste stræktid for klassen																		
02:27	02:06	02:28	02:28	03:55	02:07	01:27	01:26	04:05	01:30	02:10	01:52	00:58	00:10					
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.																		
H16																		
1	Jonas Damm Als					Ok Pan					33:38							
02:34=	03:39=	08:40=	11:15=	13:29=	14:38=	16:50=	18:17=	19:26=	23:10=	26:53=	28:33=	29:02=	30:27=	31:54=	32:29=	33:28=	33:38=	
02:34=	01:05=	05:01=	02:35=	02:14=	01:09=	02:12=	01:27=	01:09=	03:44=	03:43=	01:40=	00:29=	01:25=	01:27=	00:35=	00:59=	00:10=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Tobias Biering					14					34:10							
02:36+	03:24-	08:24-	11:03-	13:23-	14:27-	16:42-	17:59-	22:39+	26:27+	28:23+	28:54+	30:24+	32:12+	32:50+	34:00+	34:10+		
02:36+	00:48-	05:00-	02:39+	02:20+	01:04-	02:15+	01:17-	04:40+	03:48+	01:56-	00:31-	01:30+	01:48+	00:38-	01:10+	00:10-		
00:02+	00:17-	00:01-	00:04+	00:06+	00:05-	00:03+	00:10-	03:31@	00:04+	01:47-	01:09-	01:01@	00:23&	00:49-	00:35&	00:49-		
3	Jacob Klærke Mikkelsen					4					36:08							
02:36+	03:32-	09:13+	11:59+	14:35+	15:49+	18:06+	19:27+	20:35+	24:26+	28:40+	30:29+	30:59+	32:30+	34:11+	34:48+	35:57+	36:08+	
02:36+	00:56-	05:41+	02:46+	02:36+	01:14+	02:17+	01:21-	01:08-	03:51+	04:14+	01:49+	00:30+	01:31+	01:41+	00:37+	01:09+	00:11+	
00:02+	00:09-	00:40#	00:11+	00:22#	00:05+	00:05+	00:06-	00:01-	00:07+	00:31#	00:09+	00:01+	00:06+	00:14#	00:02+	00:10#	00:01#	

Plass	Navn	Klasse										Tid							
H16																			
4	Villads Skovbjerg	Ok Pan										37:50							
02:56+	03:54+	09:27+	12:11+	14:55+	16:04+	18:50+	20:26+	21:34+	25:41+	29:57+	32:16+	32:46+	34:06+	35:57+	36:34+	37:39+	37:50+		
02:56+	00:58-	05:33+	02:44+	02:44+	01:09=	02:46+	01:36+	01:08-	04:07+	04:16+	02:19+	00:30+	01:20-	01:51+	00:37+	01:05+	00:11+		
00:22#	00:07-	00:32#	00:09+	00:30#	00:00=	00:34&	00:09#	00:01-	00:23#	00:33#	00:39&	00:01+	00:05-	00:24&	00:02+	00:06#	00:01#		
5	Jonas Ellegård Kokholm	4										38:48							
02:36+	03:35+	09:28+	12:12+	15:13+	16:41+	19:04+	20:29+	21:33+	25:31+	30:20+	32:35+	33:09+	34:49+	36:40+	37:27+	38:38+	38:48+		
02:36+	00:59+	05:53+	02:44+	03:01+	01:28+	02:23+	01:25+	01:04+	03:58+	04:49+	02:15+	00:34+	01:40+	01:51+	00:47+	01:11+	00:10+		
02:36+	00:59+	05:53+	02:44+	03:01+	01:28+	02:23+	01:25+	01:04+	03:58+	04:49+	02:15+	00:34+	01:40+	01:51+	00:47+	01:11+	00:10+		
6	August Gabs	9										39:54							
02:49+	03:56+	11:00+	14:06+	17:48+	19:13+	21:52+	23:36+	24:47+	29:13+	32:56+	34:41+	35:08+	36:28+	37:58+	38:33+	39:43+	39:54+		
02:49+	01:07+	07:04+	03:06+	03:42+	01:25+	02:39+	01:44+	01:11+	04:26+	03:43+	01:45+	00:27+	01:20+	01:30+	00:35+	01:10+	00:11+		
02:49+	01:07+	07:04+	03:06+	03:42+	01:25+	02:39+	01:44+	01:11+	04:26+	03:43+	01:45+	00:27+	01:20+	01:30+	00:35+	01:10+	00:11+		
7	Benjamin Friis Hansen	14										39:55							
04:35+	05:40+	11:24+	14:09+	16:51+	18:01+	20:39+	22:13+	23:18+	27:44+	31:42+	33:44+	34:16+	35:45+	37:36+	38:34+	39:45+	39:55+		
04:35+	01:05+	05:44+	02:45+	02:42+	01:10+	02:38+	01:34+	01:05+	04:26+	03:58+	02:02+	00:32+	01:29+	01:51+	00:58+	01:11+	00:10+		
04:35+	01:05+	05:44+	02:45+	02:42+	01:10+	02:38+	01:34+	01:05+	04:26+	03:58+	02:02+	00:32+	01:29+	01:51+	00:58+	01:11+	00:10+		
8	Jonathan Birk Nielsen	18										44:21							
03:13+	04:58+	11:40+	14:43+	17:47+	19:09+	22:20+	24:00+	25:52+	30:35+	35:13+	37:41+	38:13+	39:40+	42:03+	42:44+	44:08+	44:21+		
03:13+	01:45+	06:42+	03:03+	03:04+	01:22+	03:11+	01:40+	01:52+	04:43+	04:38+	02:28+	00:32+	01:27+	02:23+	00:41+	01:24+	00:13+		
03:13+	01:45+	06:42+	03:03+	03:04+	01:22+	03:11+	01:40+	01:52+	04:43+	04:38+	02:28+	00:32+	01:27+	02:23+	00:41+	01:24+	00:13+		
9	Benjamin Buhl	4										46:04							
03:47+	04:57+	12:35+	15:52+	18:48+	20:51+	23:31+	25:37+	27:29+	32:06+	37:04+	39:25+	40:07+	41:37+	43:50+	44:41+	45:51+	46:04+		
03:47+	01:10+	07:38+	03:17+	02:56+	02:03+	02:40+	02:06+	01:52+	04:37+	04:58+	02:21+	00:42+	01:30+	02:13+	00:51+	01:10+	00:13+		
03:47+	01:10+	07:38+	03:17+	02:56+	02:03+	02:40+	02:06+	01:52+	04:37+	04:58+	02:21+	00:42+	01:30+	02:13+	00:51+	01:10+	00:13+		
10	Laurits Egdal	9										46:44							
03:13+	04:31+	11:43+	15:46+	19:39+	21:13+	24:00+	25:36+	26:50+	31:48+	36:36+	38:40+	39:18+	41:44+	44:18+	45:10+	46:31+	46:44+		
03:13+	01:18+	07:12+	04:03+	03:53+	01:34+	02:47+	01:36+	01:14+	04:58+	04:48+	02:04+	00:38+	02:26+	02:34+	00:52+	01:21+	00:13+		
03:13+	01:18+	07:12+	04:03+	03:53+	01:34+	02:47+	01:36+	01:14+	04:58+	04:48+	02:04+	00:38+	02:26+	02:34+	00:52+	01:21+	00:13+		
11	Viktor Fejring	9										49:02							
03:57+	05:15+	14:17+	18:20+	22:19+	24:01+	26:56+	28:43+	34:59+	40:09+	42:18+	42:52+	44:34+	46:48+	47:33+	48:51+	49:02+			
03:57+	01:18+	09:02+	04:03+	03:59+	01:42+	02:55+	01:47+	06:16+	05:10+	02:09+	00:34+	01:42+	02:14+	00:45+	01:18+	00:11+			
03:57+	01:18+	09:02+	04:03+	03:59+	01:42+	02:55+	01:47+	06:16+	05:10+	02:09+	00:34+	01:42+	02:14+	00:45+	01:18+	00:11+			
12	Mads Stavlund Skødt	Ok Pan										55:24							
04:37+	05:47+	13:37+	17:00+	21:48+	23:31+	27:24+	29:32+	31:19+	36:52+	44:15+	47:07+	47:47+	50:38+	52:49+	53:31+	55:10+	55:24+		
04:37+	01:10+	07:50+	03:23+	04:48+	01:43+	03:53+	02:08+	01:47+	05:33+	07:23+	02:52+	00:40+	02:51+	02:11+	00:42+	01:39+	00:14+		
04:37+	01:10+	07:50+	03:23+	04:48+	01:43+	03:53+	02:08+	01:47+	05:33+	07:23+	02:52+	00:40+	02:51+	02:11+	00:42+	01:39+	00:14+		

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H18

1	Elias Hinge Krogsgaard	14										53:43							
04:15=	11:09=	13:07=	15:29=	17:10=	18:15=	20:01=	24:58=	26:56=	30:29=	32:44=	33:37=	34:45=	37:47=	39:44=	43:01=	44:17=	45:23=	46:28=	47:45=
04:15=	06:54=	01:58=	02:22=	01:41=	01:05=	01:46=	04:57=	01:58=	03:33=	02:15=	00:53=	01:08=	03:02=	01:57=	03:17=	01:16=	01:06=	01:05=	01:17=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Plass	Navn						Klasse						Tid											
H18																								
2	Asbjørn Kaltoft						Ok Pan						58:36											
04:32+	11:20+	13:34+	17:30+	19:21+	20:37+	22:40+	28:23+	30:37+	34:24+	36:26+	37:32+	38:57+	42:56+	44:39+	48:07+	49:38+	50:49+	51:49+	53:03+	53:52+	55:27+	57:23+	58:26+	58:36+
04:32+	06:48-	02:14+	03:56+	01:51+	01:16+	02:03+	05:43+	02:14+	03:47+	02:02-	01:06+	01:25+	03:59+	01:43-	03:28+	01:31+	01:11+	01:00-	01:14-	00:49-	01:35+	01:56-	01:03-	00:10+
00:17+	00:06-	00:16#	01:34&	00:10+	00:11#	00:17#	00:46#	00:16#	00:14+	00:13-	00:13#	00:17#	00:57&	00:14-	00:11+	00:15#	00:05+	00:05-	00:03-	00:02-	00:04+	00:23-	00:05-	00:01#

3	Søren Møller Skaug		Ok Pan										1:12:10									
	05:10+	13:15+	15:29+	18:37+	20:39+	21:55+	24:28+	31:06+	35:05+	39:57+	42:46+	44:15+	46:19+	51:28+	53:33+	58:48+	60:15+	61:33+	63:19+	64:55+	66:29+	67:56+
	05:10+	08:05+	02:14+	03:08+	02:02+	01:16+	02:33+	06:38+	03:59+	04:52+	02:49+	01:29+	02:04+	05:09+	02:05+	05:15+	01:27+	01:18+	01:46+	01:36+	01:34+	01:27+
	05:10+	08:05+	02:14+	03:08+	02:02+	01:16+	02:33+	06:38+	03:59+	04:52+	02:49+	01:29+	02:04+	05:09+	02:05+	05:15+	01:27+	01:18+	01:46+	01:36+	01:34+	01:27+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H20

1	Andreas Bock Bjørnsen		Ok Pan										45:52									
	04:07=	09:42=	11:29=	13:31=	14:56=	15:52=	17:25=	21:45=	23:21=	26:27=	28:01=	28:51=	29:48=	32:29=	34:12=	37:26=	38:25=	39:15=	40:04=	41:17=	42:04=	43:10=
	04:07=	05:35=	01:47=	02:02=	01:25=	00:56=	01:33=	04:20=	01:36=	03:06=	01:34=	00:50=	00:57=	02:41=	01:43=	03:14=	00:59=	00:50=	00:49=	01:13=	00:47=	01:06=
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Johan Halkjær Dupont		Ok Pan										51:38									
	03:50-	10:14+	12:23+	14:41+	16:15+	17:15+	19:03+	23:54+	25:42+	29:07+	30:55+	31:50+	32:55+	35:59+	38:53+	42:23+	43:41+	44:37+	45:38+	46:48+	47:35+	48:50+
	03:50-	06:24+	02:09+	02:18+	01:34+	01:00+	01:48+	04:51+	01:48+	03:25+	01:48+	00:55+	01:05+	03:04+	02:54+	03:30+	01:18+	00:56+	01:01+	01:10-	00:47=	01:15+
	00:17-	00:49#	00:22#	00:16#	00:09#	00:04+	00:15#	00:31#	00:12#	00:19#	00:14#	00:05#	00:08#	00:23#	01:11&	00:16+	00:19&	00:06#	00:12#	00:03-	00:00=	00:09#

3	Mikkel Holm Nielsen		Ok Pan										52:37									
	04:19+	10:26+	12:23+	14:37+	16:15+	17:19+	19:15+	24:21+	26:13+	29:40+	31:31+	32:40+	37:31+	39:12+	42:31+	43:59+	44:53+	45:44+	46:54+	47:44+	49:42+	51:27+
	04:19+	06:07+	01:57+	02:14+	01:38+	01:04+	01:56+	05:06+	01:52+	03:27+	01:51+	01:09+	04:51+	01:41-	03:19+	01:28-	00:54-	00:51+	01:10+	00:50-	01:58+	01:45+
	00:12+	00:32+	00:10+	00:12+	00:13#	00:08#	00:23#	00:46#	00:16#	00:21#	00:17#	00:19&	03:54@	01:00-	01:36&	01:46-	00:05-	00:01+	00:21&	00:23-	01:11@	00:39&

4	Márton Péntek		4										59:43									
	04:24+	11:17+	13:36+	16:04+	17:45+	18:51+	20:51+	26:03+	28:00+	32:20+	34:41+	35:44+	37:11+	41:47+	44:38+	48:35+	50:08+	51:16+	52:22+	53:39+	54:33+	56:12+
	04:24+	06:53+	02:19+	02:28+	01:41+	01:06+	02:00+	05:12+	01:57+	04:20+	02:21+	01:03+	01:27+	04:36+	02:51+	03:57+	01:33+	01:08+	01:06+	01:17+	00:54+	01:39+
	00:17+	01:18#	00:32&	00:26#	00:16#	00:10#	00:27&	00:52#	00:21#	01:14&	00:47&	00:13&	00:30&	01:55&	01:08&	00:43#	00:34&	00:18&	00:17&	00:04+	00:07#	00:33&

5	Oscar Sig Tranberg		14										1:28:04									
	05:58+	17:15+	20:59+	25:16+	28:19+	30:17+	33:45+	43:13+	47:28+	55:12+	58:37+	60:17+	63:54+	68:58+	71:36+	75:57+	77:48+	79:21+	80:39+	81:58+	83:03+	84:32+
	05:58+	11:17+	03:44+	04:17+	03:03+	01:58+	03:28+	09:28+	04:15+	07:44+	03:25+	01:40+	03:37+	05:04+	02:38+	04:21+	01:51+	01:33+	01:18+	01:19+	01:05+	01:29+
	01:51&	05:42@	01:57@	02:15@	01:38@	01:02@	01:55@	05:08@	02:39@	04:38@	01:51@	00:50&	02:40@	02:23&	00:55&	01:07&	00:52&	00:43&	00:29&	00:06+	00:18&	00:23&

Beste stræktid for klassen

	03:50	05:35	01:47	02:02	01:25	00:56	01:33	04:20	01:36	03:06	01:34	00:50	00:57	01:41	01:43	01:28	00:54	00:50	00:49	00:50	00:47	01:06
--	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H20B

1	Anders Secher Thomsen		Ok Pan										37:18									
	03:48=	07:19=	10:52=	12:58=	14:06=	16:04=	18:00=	19:17=	20:31=	22:05=	23:31=	26:40=	30:44=	32:09=	33:09=	35:14=	36:02=	37:09=	37:18=			
	03:48=	03:31=	03:33=	02:06=	01:08=	01:58=	01:56=	01:17=	01:14=	01:34=	01:26=	03:09=	04:04=	01:25=	01:00=	02:05=	00:48=	01:07=	00:09=			
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=			

Plass	Navn	Klasse										Tid									
H20B																					
2	Anton Elmegaard Andersen					4					44:06										
01:28-	06:02-	11:47+	14:24+	15:41+	17:54+	19:56+	21:33+	23:05+	24:56+	26:54+	30:19+	37:47+	39:18+	40:07+	42:03+	42:45+	43:54+	44:06+			
01:28-	04:34+	05:45+	02:37+	01:17+	02:13+	02:02+	01:37+	01:32+	01:51+	01:58+	03:25+	07:28+	01:31+	00:49-	01:56-	00:42-	01:09+	00:12+			
02:20-	01:03&	02:12&	00:31#	00:09#	00:15#	00:06+	00:20&	00:18#	00:17#	00:32&	00:16+	03:24&	00:06+	00:11-	00:09-	00:06-	00:02+	00:03&			
3	Magnus Møller Rasmussen					Ok Pan					46:11										
01:25+	05:11+	13:12+	15:51+	17:15+	21:04+	23:07+	25:01+	27:14+	28:50+	30:38+	33:38+	38:23+	41:02+	41:50+	44:05+	44:49+	46:02+	46:11+			
01:25+	03:46+	08:01+	02:39+	01:24+	03:49+	02:03+	01:54+	02:13+	01:36+	01:48+	03:00+	04:45+	02:39+	00:48+	02:15+	00:44+	01:13+	00:09+			
01:25+	03:46+	08:01+	02:39+	01:24+	03:49+	02:03+	01:54+	02:13+	01:36+	01:48+	03:00+	04:45+	02:39+	00:48+	02:15+	00:44+	01:13+	00:09+			
4	Christoffer Forsberg					6					48:05										
01:17+	06:55+	12:07+	14:42+	16:53+	19:35+	22:01+	26:13+	27:51+	30:00+	32:20+	35:23+	41:16+	43:08+	43:47+	45:53+	46:36+	47:51+	48:05+			
01:17+	05:38+	05:12+	02:35+	02:11+	02:42+	02:26+	04:12+	01:38+	02:09+	02:20+	03:03+	05:53+	01:52+	00:39+	02:06+	00:43+	01:15+	00:14+			
01:17+	05:38+	05:12+	02:35+	02:11+	02:42+	02:26+	04:12+	01:38+	02:09+	02:20+	03:03+	05:53+	01:52+	00:39+	02:06+	00:43+	01:15+	00:14+			
5	Mathias Klinge Cornelius					4					50:51										
01:29+	06:44+	12:33+	15:44+	17:27+	23:21+	25:29+	27:05+	29:31+	31:42+	36:07+	42:21+	43:59+	45:36+	48:21+	49:13+	50:42+	50:51+				
01:29+	05:15+	05:49+	03:11+	01:43+	05:54+	02:08+	01:36+	02:26+	02:11+	04:25+	06:14+	01:38+	01:37+	02:45+	00:52+	01:29+	00:09+				
01:29+	05:15+	05:49+	03:11+	01:43+	05:54+	02:08+	01:36+	02:26+	02:11+	04:25+	06:14+	01:38+	01:37+	02:45+	00:52+	01:29+	00:09+				
Beste stræktid for klassen																					
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.																					
H21																					
1	Jakob Ekhard Edsen					19					45:10										
03:42=	09:16=	11:21=	13:26=	14:53=	15:45=	17:24=	21:37=	23:18=	26:20=	27:57=	28:45=	29:47=	32:39=	34:06=	36:56=	38:06=	38:54=	39:48=	40:46=	41:30=	42:42=
03:42=	05:34=	02:05=	02:05=	01:27=	00:52=	01:39=	04:13=	01:41=	03:02=	01:37=	00:48=	01:02=	02:52=	01:27=	02:50=	01:10=	00:48=	00:54=	00:58=	00:44=	01:12=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Laurits Bidstrup Møller					14					46:10										
04:02+	09:52+	11:44+	13:49+	15:17+	16:15+	17:53+	22:23+	24:08+	27:09+	29:36+	30:38+	33:26+	34:51+	37:42+	38:49+	39:37+	40:27+	41:31+	42:16+	43:35+	45:02+
04:02+	05:50+	01:52-	02:05=	01:28+	00:58+	01:38-	04:30+	01:45+	03:01-	02:27+	01:02+	02:48+	01:25-	02:51+	01:07-	00:48-	00:50+	01:04+	00:45-	01:19+	01:27+
00:20+	00:16+	00:13-	00:00=	00:01+	00:06#	00:01-	00:17+	00:04+	00:01-	00:50&	00:14&	01:46@	01:27-	01:24&	01:43-	00:22-	00:02+	00:10#	00:13-	00:35&	00:15#
3	Eskil Schøning					Ok Pan					46:27										
03:56+	09:30+	11:20-	13:20-	14:42-	15:35-	17:09-	21:37=	23:21+	26:50+	29:20+	30:26+	33:19+	34:48+	37:45+	39:06+	40:01+	41:00+	41:59+	42:41+	43:51+	45:23+
03:56+	05:34=	01:50-	02:00-	01:22-	00:53+	01:34-	04:28+	01:44+	03:29+	02:30+	01:06+	02:53+	01:29-	02:57+	01:21-	00:55-	00:59+	00:59+	00:42-	01:10+	01:32+
00:14+	00:00=	00:15-	00:05-	00:05-	00:01+	00:05-	00:15+	00:03+	00:27#	00:53&	00:18&	01:51@	01:23-	01:30@	01:29-	00:15-	00:11#	00:05+	00:16-	00:26&	00:20&
4	Emil Ahlbäck					Ok Pan					47:07										
03:46+	09:20+	11:24+	13:42+	15:14+	16:12+	17:49+	22:15+	23:52+	26:44+	29:12+	30:11+	32:58+	34:38+	37:30+	38:57+	39:43+	40:42+	41:41+	43:09+	44:28+	45:58+
03:46+	05:34=	02:04+	02:18+	01:32+	00:58+	01:37-	04:26+	01:37-	02:52-	02:28+	00:59+	02:47+	01:40-	02:52+	01:27-	00:46-	00:59+	00:59+	01:28+	01:19+	01:30+
00:04+	00:00=	00:01-	00:13#	00:05+	00:06#	00:02-	00:13+	00:04-	00:10-	00:51&	00:11#	01:45@	01:12-	01:25&	01:23-	00:24-	00:11#	00:05+	00:30&	00:35&	00:18#
5	Søren Schwartz					Ok Pan					48:05										
03:46+	09:18+	11:10-	13:12-	14:39-	15:34-	17:15-	21:58+	23:48+	27:05+	28:53+	29:43+	30:49+	33:53+	35:55+	38:55+	40:05+	40:57+	41:59+	43:03+	43:47+	45:15+
03:46+	05:32-	01:52-	02:02-	01:27=	00:55+	01:41+	04:43+	01:50+	03:17+	01:48+	00:50+	01:06+	03:04+	02:02+	03:00+	01:10=	00:52+	01:02+	01:04+	00:44=	01:28+
00:04+	00:02-	00:13-	00:03-	00:00=	00:03+	00:02+	00:30#	00:09+	00:15+	00:11#	00:02+	00:04+	00:12+	00:35&	00:10+	00:00=	00:04+	00:08#	00:06#	00:00=	00:16#
6	Giacomo Frattari					Ok Pan					48:59										
04:28+	10:19+	12:12+	14:30+	15:59+	17:03+	18:48+	23:42+	25:33+	28:53+	31:29+	32:33+	35:28+	36:54+	39:57+	41:05+	42:04+	43:03+	44:03+	44:51+	46:08+	47:50+
04:28+	05:51+	01:53-	02:18+	01:29+	01:04+	01:45+	04:54+	01:51+	03:20+	02:36+	01:04+	02:55+	01:26-	03:03+	01:08-	00:59-	00:59+	01:00+	00:48-	01:17+	01:42+
00:46#	00:17+	00:12-	00:13#	00:02+	00:12#	00:06+	00:41#	00:10+	00:18+	00:59&	00:16&	01:53@	01:26-	01:36@	01:42-	00:11-	00:11#	00:06#	00:10-	00:33&	00:30&

Plass	Navn				Klasse				Tid																			
H21																												
7	Jonas Munthe				Ok Pan				49:59																			
03:55+	09:43+	11:46+	14:17+	15:50+	16:53+	18:34+	23:27+	25:44+	29:12+	30:56+	31:48+	32:57+	35:57+	37:52+	40:59+	42:25+	43:28+	44:25+	45:26+	46:10+	47:24+	48:51+	49:49+	49:59+				
03:55+	05:48+	02:03-	02:31+	01:33+	01:03+	01:41+	04:53+	02:17+	03:28+	01:44+	00:52+	01:09+	03:00+	01:55+	03:07+	01:26+	01:03+	00:57+	01:01+	00:44+	01:14+	01:27+	00:58=	00:10+				
00:13+	00:14+	00:02-	00:26#	00:06+	00:11#	00:02+	00:40#	00:36&	00:26#	00:07+	00:04+	00:07#	00:08+	00:28&	00:17#	00:16#	00:15&	00:03+	00:03+	00:00=	00:02+	00:06+	00:00=	00:01#				
8	Mátyás Péntek				4				51:09																			
09:56+	11:54+	14:42+	16:22+	17:25+	19:18+	24:03+	25:50+	28:47+	31:22+	32:26+	35:27+	37:16+	41:45+	43:02+	44:05+	45:09+	46:16+	47:03+	48:21+	49:59+	50:59+	51:09+						
09:56+	01:58+	02:48+	01:40+	01:03+	01:53+	04:45+	01:47+	02:57+	02:35+	01:04+	03:01+	01:49+	04:29+	01:17+	01:03+	01:04+	01:07+	00:47+	01:18+	01:38+	01:00+	00:10+						
09:56+	01:58+	02:48+	01:40+	01:03+	01:53+	04:45+	01:47+	02:57+	02:35+	01:04+	03:01+	01:49+	04:29+	01:17+	01:03+	01:04+	01:07+	00:47+	01:18+	01:38+	01:00+	00:10+						
9	Morten Knudsen				9				52:01																			
04:27+	10:37+	12:48+	15:10+	16:52+	17:55+	19:49+	24:42+	26:43+	30:14+	32:57+	34:05+	37:17+	39:01+	42:08+	43:26+	44:25+	45:27+	46:45+	47:32+	48:50+	50:43+	51:52+	52:01+					
04:27+	06:10+	02:11+	02:22+	01:42+	01:03+	01:54+	04:53+	02:01+	03:31+	02:43+	01:08+	03:12+	01:44+	03:07+	01:18+	00:59+	01:02+	01:18+	00:47+	01:18+	01:53+	01:09+	00:09+					
04:27+	06:10+	02:11+	02:22+	01:42+	01:03+	01:54+	04:53+	02:01+	03:31+	02:43+	01:08+	03:12+	01:44+	03:07+	01:18+	00:59+	01:02+	01:18+	00:47+	01:18+	01:53+	01:09+	00:09+					
10	Mads Kruse Juhl				3				53:15																			
04:41+	11:12+	13:26+	16:48+	18:35+	19:38+	21:25+	26:19+	28:17+	31:54+	35:01+	36:11+	39:22+	41:04+	43:56+	45:09+	46:01+	47:06+	48:18+	49:05+	50:25+	51:57+	53:05+	53:15+					
04:41+	06:31+	02:14+	03:22+	01:47+	01:03+	01:47+	04:54+	01:58+	03:37+	03:07+	01:10+	03:11+	01:42+	02:52+	01:13+	00:52+	01:05+	01:12+	00:47+	01:20+	01:32+	01:08+	00:10+					
04:41+	06:31+	02:14+	03:22+	01:47+	01:03+	01:47+	04:54+	01:58+	03:37+	03:07+	01:10+	03:11+	01:42+	02:52+	01:13+	00:52+	01:05+	01:12+	00:47+	01:20+	01:32+	01:08+	00:10+					
11	Mikkel Sørensen				9				55:38																			
04:06+	10:43+	12:50+	15:11+	16:49+	17:54+	19:53+	24:55+	26:57+	30:32+	33:15+	34:25+	37:35+	39:28+	43:22+	44:33+	45:33+	47:22+	49:22+	50:16+	52:50+	54:25+	55:29+	55:38+					
04:06+	06:37+	02:07+	02:21+	01:38+	01:05+	01:59+	05:02+	02:02+	03:35+	02:43+	01:10+	03:10+	01:53+	03:54+	01:11+	01:00+	01:49+	02:00+	00:54+	02:34+	01:35+	01:04+	00:09+					
04:06+	06:37+	02:07+	02:21+	01:38+	01:05+	01:59+	05:02+	02:02+	03:35+	02:43+	01:10+	03:10+	01:53+	03:54+	01:11+	01:00+	01:49+	02:00+	00:54+	02:34+	01:35+	01:04+	00:09+					
12	Kristian Vad				4				56:55																			
04:23+	11:13+	13:26+	15:56+	17:40+	18:51+	20:58+	26:46+	28:53+	32:41+	34:47+	35:44+	37:06+	40:58+	42:47+	46:18+	48:02+	49:07+	50:11+	51:24+	52:17+	53:36+	55:34+	56:43+	56:55+				
04:23+	06:50+	02:13+	02:30+	01:44+	01:11+	02:07+	05:48+	02:07+	03:48+	02:06+	00:57+	01:22+	03:52+	01:49+	03:31+	01:44+	01:05+	01:04+	01:13+	00:53+	01:19+	01:58+	01:09+	00:12+				
04:23+	06:50+	02:13+	02:30+	01:44+	01:11+	02:07+	05:48+	02:07+	03:48+	02:06+	00:57+	01:22+	03:52+	01:49+	03:31+	01:44+	01:05+	01:04+	01:13+	00:53+	01:19+	01:58+	01:09+	00:12+				
13	Niklas Ingwersen				4				58:17																			
04:58+	12:01+	14:14+	16:33+	18:16+	19:26+	21:28+	26:55+	29:02+	33:05+	36:17+	37:34+	41:05+	43:04+	47:54+	49:20+	50:19+	51:21+	52:25+	53:19+	54:55+	56:48+	58:06+	58:17+					
04:58+	07:03+	02:13+	02:19+	01:43+	01:10+	02:02+	05:27+	02:07+	04:03+	03:12+	01:17+	03:31+	01:59+	04:50+	01:26+	00:59+	01:02+	01:04+	00:54+	01:36+	01:53+	01:18+	00:11+					
04:58+	07:03+	02:13+	02:19+	01:43+	01:10+	02:02+	05:27+	02:07+	04:03+	03:12+	01:17+	03:31+	01:59+	04:50+	01:26+	00:59+	01:02+	01:04+	00:54+	01:36+	01:53+	01:18+	00:11+					
14	Alex Heldgaard Kristensen				3				1:03:26																			
04:42+	12:10+	14:53+	17:43+	19:51+	21:11+	23:29+	29:36+	31:52+	35:56+	39:38+	41:15+	45:04+	47:28+	53:10+	54:30+	55:27+	56:37+	58:04+	58:52+	60:12+	62:18+	63:17+	63:26+					
04:42+	07:28+	02:43+	02:50+	02:08+	01:20+	02:18+	06:07+	02:16+	04:04+	03:42+	01:37+	03:49+	02:24+	05:42+	01:20+	00:57+	01:10+	01:27+	00:48+	01:20+	02:06+	00:59+	00:09+					
04:42+	07:28+	02:43+	02:50+	02:08+	01:20+	02:18+	06:07+	02:16+	04:04+	03:42+	01:37+	03:49+	02:24+	05:42+	01:20+	00:57+	01:10+	01:27+	00:48+	01:20+	02:06+	00:59+	00:09+					
15	Jess Rasmussen				17				1:04:42																			
05:00+	12:34+	14:54+	17:47+	19:52+	21:13+	23:27+	29:39+	32:10+	36:27+	38:49+	39:58+	41:45+	45:48+	48:13+	52:25+	54:12+	55:27+	56:43+	58:20+	59:22+	60:56+	63:13+	64:30+	64:42+				
05:00+	07:34+	02:20+	02:53+	02:05+	01:21+	02:14+	06:12+	02:31+	04:17+	02:22+	01:09+	01:47+	04:03+	02:25+	04:12+	01:47+	01:15+	01:16+	01:37+	01:02+	01:34+	02:17+	01:17+	00:12+				
05:00+	07:34+	02:20+	02:53+	02:05+	01:21+	02:14+	06:12+	02:31+	04:17+	02:22+	01:09+	01:47+	04:03+	02:25+	04:12+	01:47+	01:15+	01:16+	01:37+	01:02+	01:34+	02:17+	01:17+	00:12+				
16	Thorkild Jensen				12				1:05:09																			
05:16+	13:41+	16:07+	19:04+	21:02+	22:19+	24:31+	30:36+	32:59+	37:06+	39:28+	40:49+	42:02+	45:49+	48:07+	52:58+	54:26+	55:53+	57:21+	58:44+	59:50+	61:42+	63:54+	65:01+	65:09+				
05:16+	08:25+	02:26+	02:57+	01:58+	01:17+	02:12+	06:05+	02:23+	04:07+	02:22+	01:21+	01:13+	03:47+	02:18+	04:51+	01:28+	01:27+	01:28+	01:23+	01:06+	01:52+	02:12+	01:07+	00:08+				
05:16+	08:25+	02:26+	02:57+	01:58+	01:17+	02:12+	06:05+	02:23+	04:07+	02:22+	01:21+	01:13+	03:47+	02:18+	04:51+	01:28+	01:27+	01:28+	01:23+	01:06+	01:52+	02:12+	01:07+	00:08+				
17	Jason Krogh-Pedersen				14				1:05:26																			
04:03+	13:23+	15:25+	21:27+	25:01+	26:03+	27:51+	32:33+	34:19+	37:44+	39:26+	40:21+	41:27+	44:41+	47:01+	52:01+	53:13+	55:30+	59:29+	60:55+	61:42+	62:57+	64:15+	65:15+	65:26+				
04:03+	09:20+	02:02+	06:02+	03:34+	01:02+	01:48+	04:42+	01:46+	03:25+	01:42+	00:55+	01:06+	03:14+	02:20+	05:00+	01:12+	02:17+	03:59+	01:26+	00:47+	01:15+	01:18+	01:00+	00:11+				
04:03+	09:20+	02:02+	06:02+	03:34+	01:02+	01:48+	04:42+	01:46+	03:25+	01:42+	00:55+	01:06+	03:14+	02:20+	05:00+	01:12+	02:17+	03:59+	01:26+	00:47+	01:15+	01:18+	01:00+	00:11+				
18	Nicklas Mønster Jørgensen				4				1:05:59																			
04:48+	12:11+	15:07+	17:53+	19:57+	21:18+	23:33+	30:00+	32:34+	36:50+	39:07+	40:19+	41:43+	45:35+	48:38+	53:08+	54:40+	56:02+	57:25+	58:56+	60:08+	61:59+	64:33+	65:47+	65:59+				
04:48+	07:23+	02:56+	02:46+	02:04+	01:21+	02:15+	06:27+	02:34+	04:16+	02:17+	01:12+	01:24+	03:52+	03:03+	04:30+	01:32+	01:22+	01:23+	01:31+	01:12+	01:51+	02:34+	01:14+	00:12+				
04:48+	07:23+	02:56+	02:46+	02:04+	01:21+	02:15+	06:27+	02:34+	04:16+	02:17+	01:12+	01:24+	03:52+	03:03+	04:30+	01:32+	01:22+	01:23+	01:31+	01:12+	01:51+	02:34+	01:14+	00:12+				

Plass	Navn			Klasse			Tid																	
H21																								
19	Lars Mikkelsen			3			1:08:07																	
05:05+	12:57+	16:06+	19:10+	21:27+	22:50+	25:12+	31:11+	33:38+	38:28+	40:59+	42:20+	43:57+	47:53+	50:20+	54:21+	56:59+	59:03+	60:26+	61:52+	63:17+	64:41+	66:45+	67:56+	68:07+
05:05+	07:52+	03:09+	03:04+	02:17+	01:23+	02:22+	05:59+	02:27+	04:50+	02:31+	01:21+	01:37+	03:56+	02:27+	04:01+	02:38+	02:04+	01:23+	01:26+	01:25+	01:24+	02:04+	01:11+	00:11+
05:05+	07:52+	03:09+	03:04+	02:17+	01:23+	02:22+	05:59+	02:27+	04:50+	02:31+	01:21+	01:37+	03:56+	02:27+	04:01+	02:38+	02:04+	01:23+	01:26+	01:25+	01:24+	02:04+	01:11+	00:11+
20	Anders Byrdal			17			1:08:26																	
04:59+	12:42+	15:28+	18:23+	20:34+	22:04+	24:23+	31:00+	33:40+	38:12+	42:36+	44:14+	48:39+	50:52+	55:14+	56:55+	58:13+	59:36+	61:40+	62:53+	64:43+	66:56+	68:14+	68:26+	
04:59+	07:43+	02:46+	02:55+	02:11+	01:30+	02:19+	06:37+	02:40+	04:32+	04:24+	01:38+	04:25+	02:13+	04:22+	01:41+	01:18+	01:23+	02:04+	01:13+	01:50+	02:13+	01:18+	00:12+	
04:59+	07:43+	02:46+	02:55+	02:11+	01:30+	02:19+	06:37+	02:40+	04:32+	04:24+	01:38+	04:25+	02:13+	04:22+	01:41+	01:18+	01:23+	02:04+	01:13+	01:50+	02:13+	01:18+	00:12+	
21	Allan Reiche			11			1:09:29																	
05:35+	13:51+	16:37+	19:46+	21:51+	23:10+	25:31+	31:54+	34:32+	39:09+	43:18+	44:55+	49:18+	52:41+	57:33+	59:05+	60:22+	61:35+	63:06+	64:11+	65:51+	68:05+	69:18+	69:29+	
05:35+	08:16+	02:46+	03:09+	02:05+	01:19+	02:21+	06:23+	02:38+	04:37+	04:09+	01:37+	04:23+	03:23+	04:52+	01:32+	01:17+	01:13+	01:31+	01:05+	01:40+	02:14+	01:13+	00:11+	
05:35+	08:16+	02:46+	03:09+	02:05+	01:19+	02:21+	06:23+	02:38+	04:37+	04:09+	01:37+	04:23+	03:23+	04:52+	01:32+	01:17+	01:13+	01:31+	01:05+	01:40+	02:14+	01:13+	00:11+	
22	Jonathan Muff			19			1:10:37																	
06:15+	14:52+	17:38+	20:25+	22:26+	23:51+	25:58+	31:41+	33:57+	39:26+	41:55+	43:12+	44:43+	48:36+	50:42+	55:06+	56:45+	58:14+	59:24+	63:00+	64:13+	66:14+	69:13+	70:24+	70:37+
06:15+	08:37+	02:46+	02:47+	02:01+	01:25+	02:07+	05:43+	02:16+	05:29+	02:29+	01:17+	01:31+	03:53+	02:06+	04:24+	01:39+	01:29+	01:10+	03:36+	01:13+	02:01+	02:59+	01:11+	00:13+
06:15+	08:37+	02:46+	02:47+	02:01+	01:25+	02:07+	05:43+	02:16+	05:29+	02:29+	01:17+	01:31+	03:53+	02:06+	04:24+	01:39+	01:29+	01:10+	03:36+	01:13+	02:01+	02:59+	01:11+	00:13+
23	Niels Moeslund			19			1:11:22																	
05:13+	13:16+	16:33+	19:53+	22:25+	24:00+	26:27+	32:47+	35:53+	40:53+	45:10+	47:02+	51:02+	53:09+	57:52+	59:32+	61:06+	62:36+	64:01+	65:24+	67:45+	69:55+	71:07+	71:22+	
05:13+	08:03+	03:17+	03:20+	02:32+	01:35+	02:27+	06:20+	03:06+	05:00+	04:17+	01:52+	04:00+	02:07+	04:43+	01:40+	01:34+	01:30+	01:25+	01:23+	02:21+	02:10+	01:12+	00:15+	
05:13+	08:03+	03:17+	03:20+	02:32+	01:35+	02:27+	06:20+	03:06+	05:00+	04:17+	01:52+	04:00+	02:07+	04:43+	01:40+	01:34+	01:30+	01:25+	01:23+	02:21+	02:10+	01:12+	00:15+	
24	Jens Kobæk Edsen			6			1:11:47																	
05:14+	13:08+	15:47+	18:56+	20:59+	22:15+	24:58+	31:25+	33:59+	42:54+	45:11+	46:38+	48:02+	52:34+	54:39+	59:19+	61:04+	62:17+	63:34+	64:57+	66:07+	68:12+	70:14+	71:36+	71:47+
05:14+	07:54+	02:39+	03:09+	02:03+	01:16+	02:43+	06:27+	02:34+	08:55+	02:17+	01:27+	01:24+	04:32+	02:05+	04:40+	01:45+	01:13+	01:17+	01:23+	01:10+	02:05+	02:02+	01:22+	00:11+
05:14+	07:54+	02:39+	03:09+	02:03+	01:16+	02:43+	06:27+	02:34+	08:55+	02:17+	01:27+	01:24+	04:32+	02:05+	04:40+	01:45+	01:13+	01:17+	01:23+	01:10+	02:05+	02:02+	01:22+	00:11+
25	Mathias Mønster Jørgensen			4			1:12:29																	
05:24+	14:17+	17:14+	20:50+	23:07+	24:34+	27:05+	34:17+	37:22+	42:13+	44:49+	46:11+	47:43+	51:44+	55:22+	59:31+	61:06+	62:20+	63:51+	65:20+	66:16+	68:04+	70:38+	72:18+	72:29+
05:24+	08:53+	02:57+	03:36+	02:17+	01:27+	02:31+	07:12+	03:05+	04:51+	02:36+	01:22+	01:32+	04:01+	03:38+	04:09+	01:35+	01:14+	01:31+	01:29+	00:56+	01:48+	02:34+	01:40+	00:11+
05:24+	08:53+	02:57+	03:36+	02:17+	01:27+	02:31+	07:12+	03:05+	04:51+	02:36+	01:22+	01:32+	04:01+	03:38+	04:09+	01:35+	01:14+	01:31+	01:29+	00:56+	01:48+	02:34+	01:40+	00:11+
26	Lasse Grøn			Ok Pan			1:12:59																	
04:49+	15:39+	19:37+	22:29+	24:42+	26:10+	29:11+	35:55+	38:22+	43:35+	46:42+	48:18+	49:40+	54:00+	57:02+	60:43+	62:26+	63:31+	64:46+	66:13+	67:20+	68:53+	71:09+	72:43+	72:59+
04:49+	10:50+	03:58+	02:52+	02:13+	01:28+	03:01+	06:44+	02:27+	05:13+	03:07+	01:36+	01:22+	04:20+	03:02+	03:41+	01:43+	01:05+	01:15+	01:27+	01:07+	01:33+	02:16+	01:34+	00:16+
04:49+	10:50+	03:58+	02:52+	02:13+	01:28+	03:01+	06:44+	02:27+	05:13+	03:07+	01:36+	01:22+	04:20+	03:02+	03:41+	01:43+	01:05+	01:15+	01:27+	01:07+	01:33+	02:16+	01:34+	00:16+
27	Thomas Emil Jensen			4			1:13:52																	
04:57+	13:33+	16:41+	21:12+	24:14+	25:42+	28:32+	35:16+	37:59+	42:47+	47:35+	49:10+	53:28+	56:09+	60:50+	62:39+	64:26+	65:54+	67:23+	68:33+	70:25+	72:36+	73:43+	73:52+	
04:57+	08:36+	03:08+	04:31+	03:02+	01:28+	02:50+	06:44+	02:43+	04:48+	04:48+	01:35+	04:18+	02:41+	04:41+	01:49+	01:47+	01:28+	01:29+	01:10+	01:52+	02:11+	01:07+	00:09+	
04:57+	08:36+	03:08+	04:31+	03:02+	01:28+	02:50+	06:44+	02:43+	04:48+	04:48+	01:35+	04:18+	02:41+	04:41+	01:49+	01:47+	01:28+	01:29+	01:10+	01:52+	02:11+	01:07+	00:09+	
28	Søren Andersen			3			1:14:28																	
05:20+	14:04+	17:06+	20:36+	23:01+	24:37+	27:22+	36:06+	38:40+	43:04+	45:47+	47:00+	48:45+	53:04+	55:48+	60:47+	62:38+	63:52+	65:19+	66:59+	68:20+	70:23+	72:53+	74:16+	74:28+
05:20+	08:44+	03:02+	03:30+	02:25+	01:36+	02:45+	08:44+	02:34+	04:24+	02:43+	01:13+	01:45+	04:19+	02:44+	04:59+	01:51+	01:14+	01:27+	01:40+	01:21+	02:03+	02:30+	01:23+	00:12+
05:20+	08:44+	03:02+	03:30+	02:25+	01:36+	02:45+	08:44+	02:34+	04:24+	02:43+	01:13+	01:45+	04:19+	02:44+	04:59+	01:51+	01:14+	01:27+	01:40+	01:21+	02:03+	02:30+	01:23+	00:12+
29	Jens Peder Jørgensen			3			1:17:18																	
05:22+	14:36+	17:27+	20:55+	23:30+	25:15+	28:50+	34:57+	37:39+	42:35+	45:03+	46:29+	48:03+	52:45+	55:31+	61:36+	63:30+	65:18+	66:49+	68:44+	70:01+	72:14+	75:28+	77:06+	77:18+
05:22+	09:14+	02:51+	03:28+	02:35+	01:45+	03:35+	06:07+	02:42+	04:56+	02:28+	01:26+	01:34+	04:42+	02:46+	06:05+	01:54+	01:48+	01:31+	01:55+	01:17+	02:13+	03:14+	01:38+	00:12+
05:22+	09:14+	02:51+	03:28+	02:35+	01:45+	03:35+	06:07+	02:42+	04:56+	02:28+	01:26+	01:34+	04:42+	02:46+	06:05+	01:54+	01:48+	01:31+	01:55+	01:17+	02:13+	03:14+	01:38+	00:12+
30	Brian Aagaard Nielsen			4			1:17:38																	
04:59+	12:52+	15:43+	18:47+	21:10+	22:28+	24:56+	31:30+	34:24+	39:53+	44:02+	45:26+	47:13+	52:34+	55:49+	61:10+	64:10+	65:39+	67:44+	69:51+	71:33+	73:25+	76:01+	77:27+	77:38+
04:59+	07:53+	02:51+	03:04+	02:23+	01:18+	02:28+	06:34+	02:54+	05:29+	04:09+	01:24+	01:47+	05:21+	03:15+	05:21+	03:00+	01:29+	02:05+	02:07+	01:42+	01:52+	02:36+	01:26+	00:11+
04:59+	07:53+	02:51+	03:04+	02:23+	01:18+	02:28+	06:34+	02:54+	05:29+	04:09+	01:24+	01:47+	05:21+	03:15+	05:21+	03:00+	01:29+	02:05+	02:07+	01:42+	01:52+	02:36+	01:26+	00:11+

Tid

01:18=	05:48+	10:44+	13:42+	15:29+	18:08+	20:18+	22:25+	24:21+	26:27+	28:48+	32:52+	39:15+	40:58+	42:01+	44:35+	45:27+	47:01+	47:13+
01:18=	04:30+	04:56+	02:58-	01:47+	02:39+	02:10+	02:07+	01:56+	02:06+	02:21+	04:04+	06:23+	01:43+	01:03+	02:34+	00:52-	01:34+	00:12+
00:00=	00:51#	00:46#	00:08-	00:14#	00:51#	00:25#	00:35#	00:18#	00:27#	00:35#	01:05#	01:38#	00:01+	00:23#	00:36#	00:07-	00:20#	00:01+

Plass	Navn		Klasse										Tid							
H21B																				
8	Andreas Flint		14										48:16							
	01:41+	06:45+	14:34+	17:22+	18:50+	21:04+	23:26+	25:50+	27:34+	29:22+	31:16+	34:50+	40:02+	42:04+	43:01+	45:43+	46:41+	48:04+	48:16+	
	01:41+	05:04+	07:49+	02:48-	01:28-	02:14+	02:22+	02:24+	01:44+	01:48+	01:54+	03:34+	05:12+	02:02+	00:57+	02:42+	00:58-	01:23+	00:12+	
	00:23&	01:25&	03:39&	00:18-	00:05-	00:26#	00:37&	00:52&	00:06+	00:09+	00:08+	00:35#	00:27+	00:20#	00:17&	00:44&	00:01-	00:09#	00:01+	
9	Jan S�e Christiansen		13										49:27							
	01:50+	06:33+	11:45+	15:40+	17:27+	19:47+	22:06+	24:08+	26:21+	28:32+	30:54+	34:47+	40:49+	42:48+	43:51+	46:32+	47:35+	49:14+	49:27+	
	01:50+	04:43+	05:12+	03:55+	01:47+	02:20+	02:19+	02:02+	02:13+	02:11+	02:22+	03:53+	06:02+	01:59+	01:03+	02:41+	01:03+	01:39+	00:13+	
	01:50+	04:43+	05:12+	03:55+	01:47+	02:20+	02:19+	02:02+	02:13+	02:11+	02:22+	03:53+	06:02+	01:59+	01:03+	02:41+	01:03+	01:39+	00:13+	
10	Jens Jakob Steffensen		4										49:42							
	01:29+	05:55+	09:46+	12:29+	14:20+	16:56+	19:05+	20:59+	22:53+	24:38+	26:46+	30:08+	34:49+	36:43+	44:58+	47:20+	48:21+	49:30+	49:42+	
	01:29+	04:26+	03:51+	02:43+	01:51+	02:36+	02:09+	01:54+	01:54+	01:45+	02:08+	03:22+	04:41+	01:54+	08:15+	02:22+	01:01+	01:09+	00:12+	
	01:29+	04:26+	03:51+	02:43+	01:51+	02:36+	02:09+	01:54+	01:54+	01:45+	02:08+	03:22+	04:41+	01:54+	08:15+	02:22+	01:01+	01:09+	00:12+	
11	Sami Aarnio		11										57:06							
	01:43+	06:02+	10:50+	13:30+	15:06+	17:53+	19:48+	32:14+	34:05+	35:53+	39:06+	43:16+	48:15+	50:36+	51:23+	54:20+	55:29+	56:53+	57:06+	
	01:43+	04:19+	04:48+	02:40+	01:36+	02:47+	01:55+	12:26+	01:51+	01:48+	03:13+	04:10+	04:59+	02:21+	00:47+	02:57+	01:09+	01:24+	00:13+	
	01:43+	04:19+	04:48+	02:40+	01:36+	02:47+	01:55+	12:26+	01:51+	01:48+	03:13+	04:10+	04:59+	02:21+	00:47+	02:57+	01:09+	01:24+	00:13+	
Beste str�ktid for klassen																				
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.																				
H40																				
1	Patrick Mcgrail		Ok Pan										43:51							
	03:55=	10:09=	12:41=	15:44=	16:45=	18:57=	21:24=	22:57=	23:51=	24:57=	26:03=	29:31=	32:21=	35:48=	37:11=	38:23=	39:33=	40:28=	42:25=	43:41=
	03:55=	06:14=	02:32=	03:03=	01:01=	02:12=	02:27=	01:33=	00:54=	01:06=	01:06=	03:28=	02:50=	03:27=	01:23=	01:12=	01:10=	00:55=	01:57=	01:16=
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Ebbe M�ller Nielsen		Ok Pan										44:19							
	04:00+	10:25+	13:19+	16:20+	17:38+	19:29+	22:05+	23:44+	24:50+	26:01+	27:21+	30:57+	32:43+	36:24+	37:46+	38:44+	39:51+	41:01+	43:01+	44:08+
	04:00+	06:25+	02:54+	03:01-	01:18+	01:51-	02:36+	01:39+	01:06+	01:11+	01:20+	03:36+	01:46-	03:41+	01:22-	00:58-	01:07-	01:10+	02:00+	01:07-
	00:05+	00:11+	00:22#	00:02-	00:17&	00:21-	00:09+	00:06+	00:12#	00:05+	00:14#	00:08+	01:04-	00:14+	00:01-	00:14-	00:03-	00:15&	00:03+	00:09-
3	Jens B�rsting		14										44:40							
	11:50+	15:10+	19:53+	24:20+	30:30+	42:32+	43:12+	44:28+	44:40+											
	11:50+	03:20-	04:43+	04:27+	06:10+	12:02+	00:40-	01:16-	00:12-											
	07:55@	02:54-	02:11&	01:24&	05:09@	09:50@	01:47-	00:17-	00:42-											
4	Morten Fenger-Gr�n		14										45:16							
	03:30-	09:47-	12:20-	15:08-	16:20-	18:42-	21:18-	22:46-	23:48-	25:11+	26:50+	30:18+	32:20-	36:14+	37:35+	38:48+	40:28+	41:49+	43:52+	45:03+
	03:30-	06:17+	02:33+	02:48-	01:12+	02:22+	02:36+	01:28-	01:02+	01:23+	01:39+	03:28=	02:02-	03:54+	01:21-	01:13+	01:40+	01:21+	02:03+	01:11-
	00:25-	00:03+	00:01+	00:15-	00:11#	00:10+	00:09+	00:05-	00:08#	00:17&	00:33&	00:00=	00:48-	00:27#	00:02-	00:01+	00:30&	00:26&	00:06+	00:05-
5	Claus Bobach		18										45:25							
	03:02-	09:52-	12:42+	15:51+	17:09+	19:11+	21:50+	23:28+	24:38+	25:56+	27:26+	31:11+	33:00+	36:43+	38:15+	39:35+	40:42+	41:56+	44:01+	45:14+
	03:02-	06:50+	02:50+	03:09+	01:18+	02:02-	02:39+	01:38+	01:10+	01:18+	01:30+	03:45+	01:49-	03:43+	01:32+	01:20+	01:07-	01:14+	02:05+	01:13-
	00:53-	00:36+	00:18#	00:06+	00:17&	00:10-	00:12+	00:05+	00:16&	00:12#	00:24&	00:17+	01:01-	00:16+	00:09#	00:08#	00:03-	00:19&	00:08+	00:03-
6	Jimmi Olsen		17										46:12							
	02:40-	09:35-	12:25-	15:18-	16:31-	18:40-	21:32+	23:05+	24:14+	25:43+	27:05+	31:07+	33:29+	37:10+	39:16+	40:20+	41:32+	42:50+	44:50+	46:01+
	02:40-	06:55+	02:50+	02:53-	01:13+	02:09-	02:52+	01:33=	01:09+	01:29+	01:22+	04:02+	02:22-	03:41+	02:06+	01:04-	01:12+	01:18+	02:00+	01:11-
	01:15-	00:41#	00:18#	00:10-	00:12#	00:03-	00:25#	00:00=	00:15&	00:23&	00:16#	00:34#	00:28-	00:14+	00:43&	00:08-	00:02+	00:23&	00:03+	00:05-

Plass	Navn					Klasse					Tid									
H40																				
7	Claus S. Pedersen					18					47:26									
02:56-	10:15+	13:20+	16:28+	17:48+	19:49+	22:44+	24:27+	25:40+	27:01+	28:27+	32:29+	34:26+	38:30+	40:08+	41:22+	42:46+	43:45+	45:58+	47:16+	47:26+
02:56-	07:19+	03:05+	03:08+	01:20+	02:01-	02:55+	01:43+	01:13+	01:21+	01:26+	04:02+	01:57-	04:04+	01:38+	01:14+	01:24+	00:59+	02:13+	01:18+	00:10=
00:59-	01:05#	00:33#	00:05+	00:19&	00:11-	00:28#	00:10#	00:19&	00:15#	00:20&	00:34#	00:53-	00:37#	00:15#	00:02+	00:14#	00:04+	00:16#	00:02+	00:00=
8	Keld Hinge Krogsgaard					14					49:24									
02:47+	10:11+	13:24+	16:40+	18:07+	20:11+	23:09+	24:59+	26:12+	27:33+	28:58+	33:11+	36:20+	40:29+	42:03+	43:11+	44:37+	45:47+	47:51+	49:12+	49:24+
02:47+	07:24+	03:13+	03:16+	01:27+	02:04+	02:58+	01:50+	01:13+	01:21+	01:25+	04:13+	03:09+	04:09+	01:34+	01:08+	01:26+	01:10+	02:04+	01:21+	00:12+
02:47+	07:24+	03:13+	03:16+	01:27+	02:04+	02:58+	01:50+	01:13+	01:21+	01:25+	04:13+	03:09+	04:09+	01:34+	01:08+	01:26+	01:10+	02:04+	01:21+	00:12+
9	Jakob Gade					17					50:52									
04:40+	12:02+	15:07+	19:18+	20:49+	22:59+	25:41+	27:33+	28:53+	30:14+	31:38+	35:23+	37:43+	42:21+	43:49+	45:06+	46:21+	47:23+	49:28+	50:42+	50:52+
04:40+	07:22+	03:05+	04:11+	01:31+	02:10+	02:42+	01:52+	01:20+	01:21+	01:24+	03:45+	02:20+	04:38+	01:28+	01:17+	01:15+	01:02+	02:05+	01:14+	00:10+
04:40+	07:22+	03:05+	04:11+	01:31+	02:10+	02:42+	01:52+	01:20+	01:21+	01:24+	03:45+	02:20+	04:38+	01:28+	01:17+	01:15+	01:02+	02:05+	01:14+	00:10+
10	Kim Rokkjær					Ok Pan					51:09									
03:26+	10:40+	14:03+	18:07+	19:35+	21:43+	24:56+	26:48+	27:55+	29:28+	30:55+	35:03+	37:18+	41:34+	43:43+	45:02+	46:22+	47:20+	49:37+	50:58+	51:09+
03:26+	07:14+	03:23+	04:04+	01:28+	02:08+	03:13+	01:52+	01:07+	01:33+	01:27+	04:08+	02:15+	04:16+	02:09+	01:19+	01:20+	00:58+	02:17+	01:21+	00:11+
03:26+	07:14+	03:23+	04:04+	01:28+	02:08+	03:13+	01:52+	01:07+	01:33+	01:27+	04:08+	02:15+	04:16+	02:09+	01:19+	01:20+	00:58+	02:17+	01:21+	00:11+
11	Jan Scheel					13					51:14									
02:59+	10:27+	13:34+	16:48+	18:14+	21:00+	24:16+	26:11+	27:28+	29:19+	30:52+	35:09+	37:21+	41:54+	43:30+	44:39+	46:01+	47:05+	49:32+	51:02+	51:14+
02:59+	07:28+	03:07+	03:14+	01:26+	02:46+	03:16+	01:55+	01:17+	01:51+	01:33+	04:17+	02:12+	04:33+	01:36+	01:09+	01:22+	01:04+	02:27+	01:30+	00:12+
02:59+	07:28+	03:07+	03:14+	01:26+	02:46+	03:16+	01:55+	01:17+	01:51+	01:33+	04:17+	02:12+	04:33+	01:36+	01:09+	01:22+	01:04+	02:27+	01:30+	00:12+
12	Martin Hastrup Dyrlund					4					51:23									
03:13+	10:46+	13:49+	17:23+	18:50+	21:31+	24:18+	25:59+	27:08+	28:53+	30:33+	34:36+	36:56+	41:47+	43:42+	44:58+	46:12+	47:43+	49:53+	51:09+	51:23+
03:13+	07:33+	03:03+	03:34+	01:27+	02:41+	02:47+	01:41+	01:09+	01:45+	01:40+	04:03+	02:20+	04:51+	01:55+	01:16+	01:14+	01:31+	02:10+	01:16+	00:14+
03:13+	07:33+	03:03+	03:34+	01:27+	02:41+	02:47+	01:41+	01:09+	01:45+	01:40+	04:03+	02:20+	04:51+	01:55+	01:16+	01:14+	01:31+	02:10+	01:16+	00:14+
13	Mads Mikkelsen					4					53:10									
03:19+	11:50+	15:11+	18:51+	20:09+	22:24+	25:30+	27:21+	28:51+	30:19+	32:00+	36:04+	38:23+	42:21+	44:45+	46:06+	47:28+	49:19+	51:38+	52:58+	53:10+
03:19+	08:31+	03:21+	03:40+	01:18+	02:15+	03:06+	01:51+	01:30+	01:28+	01:41+	04:04+	02:19+	03:58+	02:24+	01:21+	01:22+	01:51+	02:19+	01:20+	00:12+
03:19+	08:31+	03:21+	03:40+	01:18+	02:15+	03:06+	01:51+	01:30+	01:28+	01:41+	04:04+	02:19+	03:58+	02:24+	01:21+	01:22+	01:51+	02:19+	01:20+	00:12+
14	Stefan Keller					4					54:24									
05:07+	12:33+	15:40+	19:10+	20:33+	23:07+	25:57+	27:29+	28:56+	30:35+	32:06+	35:49+	39:44+	44:57+	46:48+	47:58+	49:21+	50:26+	53:06+	54:14+	54:24+
05:07+	07:26+	03:07+	03:30+	01:23+	02:34+	02:50+	01:32+	01:27+	01:39+	01:31+	03:43+	03:55+	05:13+	01:51+	01:10+	01:23+	01:05+	02:40+	01:08+	00:10+
05:07+	07:26+	03:07+	03:30+	01:23+	02:34+	02:50+	01:32+	01:27+	01:39+	01:31+	03:43+	03:55+	05:13+	01:51+	01:10+	01:23+	01:05+	02:40+	01:08+	00:10+
15	Esben Blicher					9					56:58									
03:18+	11:23+	14:59+	18:56+	20:34+	24:44+	27:54+	29:48+	31:15+	33:09+	34:45+	39:01+	42:13+	46:49+	48:40+	50:01+	51:33+	52:48+	55:30+	56:46+	56:58+
03:18+	08:05+	03:36+	03:57+	01:38+	04:10+	03:10+	01:54+	01:27+	01:54+	01:36+	04:16+	03:12+	04:36+	01:51+	01:21+	01:32+	01:15+	02:42+	01:16+	00:12+
03:18+	08:05+	03:36+	03:57+	01:38+	04:10+	03:10+	01:54+	01:27+	01:54+	01:36+	04:16+	03:12+	04:36+	01:51+	01:21+	01:32+	01:15+	02:42+	01:16+	00:12+
16	Thomas Herbert Kokholm					4					57:03									
02:59+	10:42+	14:09+	17:29+	18:51+	23:38+	26:52+	28:30+	30:58+	32:35+	34:09+	38:28+	40:39+	46:22+	48:52+	50:10+	51:49+	53:01+	55:41+	56:51+	57:03+
02:59+	07:43+	03:27+	03:20+	01:22+	04:47+	03:14+	01:38+	02:28+	01:37+	01:34+	04:19+	02:11+	05:43+	02:30+	01:18+	01:39+	01:12+	02:40+	01:10+	00:12+
02:59+	07:43+	03:27+	03:20+	01:22+	04:47+	03:14+	01:38+	02:28+	01:37+	01:34+	04:19+	02:11+	05:43+	02:30+	01:18+	01:39+	01:12+	02:40+	01:10+	00:12+
17	Bo Birk Nielsen					18					57:09									
03:47+	12:11+	15:36+	20:10+	21:57+	24:34+	27:43+	29:30+	30:59+	32:27+	34:00+	37:50+	40:52+	46:12+	47:41+	49:00+	50:23+	53:15+	55:41+	56:58+	57:09+
03:47+	08:24+	03:25+	04:34+	01:47+	02:37+	03:09+	01:47+	01:29+	01:28+	01:33+	03:50+	03:02+	05:20+	01:29+	01:19+	01:23+	02:52+	02:26+	01:17+	00:11+
03:47+	08:24+	03:25+	04:34+	01:47+	02:37+	03:09+	01:47+	01:29+	01:28+	01:33+	03:50+	03:02+	05:20+	01:29+	01:19+	01:23+	02:52+	02:26+	01:17+	00:11+
18	Allan Thesbjerg					4					58:54									
03:10+	12:24+	15:47+	20:07+	21:47+	24:22+	27:44+	30:07+	32:35+	34:51+	36:49+	41:20+	43:44+	48:54+	50:33+	51:50+	53:15+	54:43+	57:22+	58:43+	58:54+
03:10+	09:14+	03:23+	04:20+	01:40+	02:35+	03:22+	02:23+	02:28+	02:16+	01:58+	04:31+	02:24+	05:10+	01:39+	01:17+	01:25+	01:28+	02:39+	01:21+	00:11+
03:10+	09:14+	03:23+	04:20+	01:40+	02:35+	03:22+	02:23+	02:28+	02:16+	01:58+	04:31+	02:24+	05:10+	01:39+	01:17+	01:25+	01:28+	02:39+	01:21+	00:11+

Plass	Navn					Klasse					Tid									
H40																				
19	Steen Bech-Møller					17					58:56									
03:11+	11:42+	15:11+	19:45+	21:32+	29:03+	32:32+	34:21+	35:44+	37:18+	38:49+	43:19+	45:41+	49:58+	51:41+	52:48+	54:15+	55:11+	57:21+	58:41+	58:56+
03:11+	08:31+	03:29+	04:34+	01:47+	07:31+	03:29+	01:49+	01:23+	01:34+	01:31+	04:30+	02:22+	04:17+	01:43+	01:07+	01:27+	00:56+	02:10+	01:20+	00:15+
03:11+	08:31+	03:29+	04:34+	01:47+	07:31+	03:29+	01:49+	01:23+	01:34+	01:31+	04:30+	02:22+	04:17+	01:43+	01:07+	01:27+	00:56+	02:10+	01:20+	00:15+
20	Henrik Andersen					19					1:00:13									
04:56+	13:53+	17:35+	21:23+	23:12+	26:04+	29:05+	30:53+	32:11+	34:11+	36:13+	41:02+	43:54+	48:24+	49:57+	52:16+	53:56+	55:50+	58:46+	60:00+	60:13+
04:56+	08:57+	03:42+	03:48+	01:49+	02:52+	03:01+	01:48+	01:18+	02:00+	02:02+	04:49+	02:52+	04:30+	01:33+	02:19+	01:40+	01:54+	02:56+	01:14+	00:13+
04:56+	08:57+	03:42+	03:48+	01:49+	02:52+	03:01+	01:48+	01:18+	02:00+	02:02+	04:49+	02:52+	04:30+	01:33+	02:19+	01:40+	01:54+	02:56+	01:14+	00:13+
21	Jonas Egdal					9					1:03:17									
04:12+	12:54+	16:31+	20:23+	21:55+	24:32+	27:37+	29:27+	30:54+	33:35+	35:23+	39:45+	46:23+	52:05+	53:39+	55:04+	56:19+	59:13+	61:50+	63:05+	63:17+
04:12+	08:42+	03:37+	03:52+	01:32+	02:37+	03:05+	01:50+	01:27+	02:41+	01:48+	04:22+	06:38+	05:42+	01:34+	01:25+	01:15+	02:54+	02:37+	01:15+	00:12+
04:12+	08:42+	03:37+	03:52+	01:32+	02:37+	03:05+	01:50+	01:27+	02:41+	01:48+	04:22+	06:38+	05:42+	01:34+	01:25+	01:15+	02:54+	02:37+	01:15+	00:12+
22	Morten Kappel Jensen					13					1:03:29									
04:39+	15:46+	19:48+	24:21+	25:50+	28:07+	32:00+	34:35+	36:25+	38:54+	40:36+	45:13+	47:37+	52:19+	54:03+	55:19+	56:51+	59:15+	61:48+	63:18+	63:29+
04:39+	11:07+	04:02+	04:33+	01:29+	02:17+	03:53+	02:35+	01:50+	02:29+	01:42+	04:37+	02:24+	04:42+	01:44+	01:16+	01:32+	02:24+	02:33+	01:30+	00:11+
04:39+	11:07+	04:02+	04:33+	01:29+	02:17+	03:53+	02:35+	01:50+	02:29+	01:42+	04:37+	02:24+	04:42+	01:44+	01:16+	01:32+	02:24+	02:33+	01:30+	00:11+
23	Jan Kølbaek					19					1:04:06									
03:48+	13:14+	17:22+	22:16+	24:17+	27:02+	31:07+	33:39+	35:15+	37:17+	39:05+	43:48+	46:37+	52:32+	54:34+	56:01+	57:44+	59:42+	62:32+	63:55+	64:06+
03:48+	09:26+	04:08+	04:54+	02:01+	02:45+	04:05+	02:32+	01:36+	02:02+	01:48+	04:43+	02:49+	05:55+	02:02+	01:27+	01:43+	01:58+	02:50+	01:23+	00:11+
03:48+	09:26+	04:08+	04:54+	02:01+	02:45+	04:05+	02:32+	01:36+	02:02+	01:48+	04:43+	02:49+	05:55+	02:02+	01:27+	01:43+	01:58+	02:50+	01:23+	00:11+
24	Kim Lindahl					9					1:04:11									
06:08+	14:31+	17:58+	22:56+	24:30+	27:24+	30:43+	32:39+	34:05+	35:50+	37:32+	41:50+	45:52+	50:32+	53:23+	54:59+	56:35+	60:24+	62:48+	64:00+	64:11+
06:08+	08:23+	03:27+	04:58+	01:34+	02:54+	03:19+	01:56+	01:26+	01:45+	01:42+	04:18+	04:02+	04:40+	02:51+	01:36+	01:36+	03:49+	02:24+	01:12+	00:11+
06:08+	08:23+	03:27+	04:58+	01:34+	02:54+	03:19+	01:56+	01:26+	01:45+	01:42+	04:18+	04:02+	04:40+	02:51+	01:36+	01:36+	03:49+	02:24+	01:12+	00:11+
25	Henrik Juhl					3					1:04:30									
08:13+	16:57+	20:31+	25:57+	27:29+	30:46+	34:06+	35:58+	37:19+	39:04+	40:59+	45:36+	49:09+	54:23+	56:35+	57:48+	59:27+	60:36+	62:59+	64:19+	64:30+
08:13+	08:44+	03:34+	05:26+	01:32+	03:17+	03:20+	01:52+	01:21+	01:45+	01:55+	04:37+	03:33+	05:14+	02:12+	01:13+	01:39+	01:09+	02:23+	01:20+	00:11+
08:13+	08:44+	03:34+	05:26+	01:32+	03:17+	03:20+	01:52+	01:21+	01:45+	01:55+	04:37+	03:33+	05:14+	02:12+	01:13+	01:39+	01:09+	02:23+	01:20+	00:11+
26	Søren Mikkelsen					9					1:05:14									
04:39+	13:50+	17:11+	21:21+	22:58+	27:47+	31:47+	34:03+	35:32+	37:38+	39:31+	44:29+	46:58+	52:14+	54:13+	56:09+	57:46+	60:33+	63:32+	65:03+	65:14+
04:39+	09:11+	03:21+	04:10+	01:37+	04:49+	04:00+	02:16+	01:29+	02:06+	01:53+	04:58+	02:29+	05:16+	01:59+	01:56+	01:37+	02:47+	02:59+	01:31+	00:11+
04:39+	09:11+	03:21+	04:10+	01:37+	04:49+	04:00+	02:16+	01:29+	02:06+	01:53+	04:58+	02:29+	05:16+	01:59+	01:56+	01:37+	02:47+	02:59+	01:31+	00:11+
27	Thomas Damm Als					Ok Pan					1:05:18									
04:10+	13:11+	17:06+	21:09+	22:56+	25:33+	29:24+	31:33+	33:18+	35:18+	37:17+	42:27+	45:16+	50:03+	55:39+	57:04+	59:06+	60:20+	63:35+	65:07+	65:18+
04:10+	09:01+	03:55+	04:03+	01:47+	02:37+	03:51+	02:09+	01:45+	02:00+	01:59+	05:10+	02:49+	04:47+	05:36+	01:25+	02:02+	01:14+	03:15+	01:32+	00:11+
04:10+	09:01+	03:55+	04:03+	01:47+	02:37+	03:51+	02:09+	01:45+	02:00+	01:59+	05:10+	02:49+	04:47+	05:36+	01:25+	02:02+	01:14+	03:15+	01:32+	00:11+
28	Kenn Heldgaard Kristensen					3					1:06:00									
05:38+	19:17+	22:56+	26:54+	28:29+	30:45+	34:15+	36:25+	37:47+	39:21+	41:06+	45:41+	48:12+	55:14+	56:56+	58:25+	59:53+	61:27+	64:17+	65:48+	66:00+
05:38+	13:39+	03:39+	03:58+	01:35+	02:16+	03:30+	02:10+	01:22+	01:34+	01:45+	04:35+	02:31+	07:02+	01:42+	01:29+	01:28+	01:34+	02:50+	01:31+	00:12+
05:38+	13:39+	03:39+	03:58+	01:35+	02:16+	03:30+	02:10+	01:22+	01:34+	01:45+	04:35+	02:31+	07:02+	01:42+	01:29+	01:28+	01:34+	02:50+	01:31+	00:12+
29	Filip Bergmann Verhelst					4					1:06:35									
04:03+	12:39+	15:59+	26:40+	28:13+	31:21+	34:07+	36:45+	38:45+	41:16+	43:01+	47:10+	50:21+	54:58+	57:11+	58:40+	60:18+	61:46+	64:58+	66:22+	66:35+
04:03+	08:36+	03:20+	10:41+	01:33+	03:08+	02:46+	02:38+	02:00+	02:31+	01:45+	04:09+	03:11+	04:37+	02:13+	01:29+	01:38+	01:28+	03:12+	01:24+	00:13+
04:03+	08:36+	03:20+	10:41+	01:33+	03:08+	02:46+	02:38+	02:00+	02:31+	01:45+	04:09+	03:11+	04:37+	02:13+	01:29+	01:38+	01:28+	03:12+	01:24+	00:13+
30	Anders Gammelvind					3					1:07:35									
06:21+	19:12+	23:56+	28:29+	30:24+	33:12+	37:01+	39:29+	41:07+	43:13+	44:56+	49:49+	52:24+	57:27+	59:10+	60:44+	62:05+	63:36+	66:04+	67:25+	67:35+
06:21+	12:51+	04:44+	04:33+	01:55+	02:48+	03:49+	02:28+	01:38+	02:06+	01:43+	04:53+	02:35+	05:03+	01:43+	01:34+	01:21+	01:31+	02:28+	01:21+	00:10+
06:21+	12:51+	04:44+	04:33+	01:55+	02:48+	03:49+	02:28+	01:38+	02:06+	01:43+	04:53+	02:35+	05:03+	01:43+	01:34+	01:21+	01:31+	02:28+	01:21+	00:10+

31	Jesper Madsen				9				1:08:55											
06:33+	15:36+	18:47+	26:10+	27:44+	30:54+	34:05+	36:00+	37:33+	39:05+	40:41+	45:53+	48:18+	58:42+	60:22+	61:46+	63:30+	65:04+	67:16+	68:42+	68:55+
06:33+	09:03+	03:11+	07:23+	01:34+	03:10+	03:11+	01:55+	01:33+	01:32+	01:36+	05:12+	02:25+	10:24+	01:40+	01:24+	01:44+	01:34+	02:12+	01:26+	00:13+
06:33+	09:03+	03:11+	07:23+	01:34+	03:10+	03:11+	01:55+	01:33+	01:32+	01:36+	05:12+	02:25+	10:24+	01:40+	01:24+	01:44+	01:34+	02:12+	01:26+	00:13+
32	Thomas Ullner				12				1:09:02											
13:42+	22:48+	26:07+	30:15+	32:00+	34:19+	37:29+	39:27+	40:45+	42:16+	43:48+	48:22+	50:44+	56:33+	59:46+	61:21+	62:54+	64:39+	67:28+	68:49+	69:02+
13:42+	09:06+	03:19+	04:08+	01:45+	02:19+	03:10+	01:58+	01:18+	01:31+	01:32+	04:34+	02:22+	05:49+	03:13+	01:35+	01:33+	01:45+	02:49+	01:21+	00:13+
13:42+	09:06+	03:19+	04:08+	01:45+	02:19+	03:10+	01:58+	01:18+	01:31+	01:32+	04:34+	02:22+	05:49+	03:13+	01:35+	01:33+	01:45+	02:49+	01:21+	00:13+
33	Per O. Espegren				19				1:09:55											
05:51+	30:11+	32:53+	36:07+	37:24+	40:30+	43:22+	45:31+	46:38+	48:02+	49:19+	53:15+	55:53+	59:33+	61:10+	62:24+	63:33+	65:36+	68:44+	69:45+	69:55+
05:51+	24:20+	02:42+	03:14+	01:17+	03:06+	02:52+	02:09+	01:07+	01:24+	01:17+	03:56+	02:38+	03:40+	01:37+	01:14+	01:09+	02:03+	03:08+	01:01+	00:10+
05:51+	24:20+	02:42+	03:14+	01:17+	03:06+	02:52+	02:09+	01:07+	01:24+	01:17+	03:56+	02:38+	03:40+	01:37+	01:14+	01:09+	02:03+	03:08+	01:01+	00:10+
34	Allan Skouboe				4				1:10:10											
05:37+	15:25+	19:25+	24:42+	26:30+	29:29+	33:57+	36:19+	38:03+	40:21+	42:12+	47:48+	50:41+	56:11+	58:09+	59:37+	63:21+	64:44+	68:31+	69:57+	70:10+
05:37+	09:48+	04:00+	05:17+	01:48+	02:59+	04:28+	02:22+	01:44+	02:18+	01:51+	05:36+	02:53+	05:30+	01:58+	01:28+	03:44+	01:23+	03:47+	01:26+	00:13+
05:37+	09:48+	04:00+	05:17+	01:48+	02:59+	04:28+	02:22+	01:44+	02:18+	01:51+	05:36+	02:53+	05:30+	01:58+	01:28+	03:44+	01:23+	03:47+	01:26+	00:13+
35	Mads Kappel Jensen				13				1:10:22											
04:43+	17:21+	21:22+	25:58+	28:01+	30:58+	34:23+	36:42+	38:11+	39:56+	41:32+	45:46+	49:11+	57:55+	59:50+	61:23+	64:50+	66:19+	68:53+	70:10+	70:22+
04:43+	12:38+	04:01+	04:36+	02:03+	02:57+	03:25+	02:19+	01:29+	01:45+	01:36+	04:14+	03:25+	08:44+	01:55+	01:33+	03:27+	01:29+	02:34+	01:17+	00:12+
04:43+	12:38+	04:01+	04:36+	02:03+	02:57+	03:25+	02:19+	01:29+	01:45+	01:36+	04:14+	03:25+	08:44+	01:55+	01:33+	03:27+	01:29+	02:34+	01:17+	00:12+
36	Jørgen Østergaard				5				1:13:22											
04:13+	14:17+	18:20+	22:42+	28:06+	31:01+	34:38+	36:57+	38:56+	44:21+	46:09+	50:48+	53:20+	58:30+	60:47+	62:53+	65:10+	68:18+	71:38+	73:08+	73:22+
04:13+	10:04+	04:03+	04:22+	05:24+	02:55+	03:37+	02:19+	01:59+	05:25+	01:48+	04:39+	02:32+	05:10+	02:17+	02:06+	02:17+	03:08+	03:20+	01:30+	00:14+
04:13+	10:04+	04:03+	04:22+	05:24+	02:55+	03:37+	02:19+	01:59+	05:25+	01:48+	04:39+	02:32+	05:10+	02:17+	02:06+	02:17+	03:08+	03:20+	01:30+	00:14+
37	Carl Henrik Pedersen				5				1:13:47											
04:45+	14:13+	18:15+	22:32+	24:26+	27:22+	31:20+	33:43+	35:19+	38:07+	40:06+	45:35+	49:07+	56:12+	59:15+	60:46+	62:36+	63:49+	72:01+	73:32+	73:47+
04:45+	09:28+	04:02+	04:17+	01:54+	02:56+	03:58+	02:23+	01:36+	02:48+	01:59+	05:29+	03:32+	07:05+	03:03+	01:31+	01:50+	01:13+	08:12+	01:31+	00:15+
04:45+	09:28+	04:02+	04:17+	01:54+	02:56+	03:58+	02:23+	01:36+	02:48+	01:59+	05:29+	03:32+	07:05+	03:03+	01:31+	01:50+	01:13+	08:12+	01:31+	00:15+
38	Sune Skousen				9				1:19:05											
07:20+	18:25+	22:34+	26:45+	29:02+	32:22+	37:09+	39:26+	41:08+	43:47+	48:03+	53:37+	56:40+	63:46+	65:43+	67:19+	69:18+	73:33+	77:21+	78:52+	79:05+
07:20+	11:05+	04:09+	04:11+	02:17+	03:20+	04:47+	02:17+	01:42+	02:39+	04:16+	05:34+	03:03+	07:06+	01:57+	01:36+	01:59+	04:15+	03:48+	01:31+	00:13+
07:20+	11:05+	04:09+	04:11+	02:17+	03:20+	04:47+	02:17+	01:42+	02:39+	04:16+	05:34+	03:03+	07:06+	01:57+	01:36+	01:59+	04:15+	03:48+	01:31+	00:13+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H45B

1	Christian Biering				14				43:30											
01:38=	10:29=	13:10=	14:57=	17:19=	19:23=	21:25=	23:10=	25:07=	26:53=	30:50=	36:08=	37:40=	38:36=	41:05=	41:56=	43:18=	43:30=			
01:38=	08:51=	02:41=	01:47=	02:22=	02:04=	02:02=	01:45=	01:57=	01:46=	03:57=	05:18=	01:32=	00:56=	02:29=	00:51=	01:22=	00:12=			
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=			
2	Christian Bøje				4				45:24											
01:42+	06:30-	11:06-	13:55-	15:20-	17:51-	20:00-	21:49-	23:26-	25:18-	27:36-	31:06-	37:08-	39:06+	40:05-	42:34+	43:49+	45:12+	45:24+		
01:42+	04:48-	04:36+	02:49+	01:25-	02:31+	02:09+	01:49+	01:37-	01:52+	02:18-	03:30-	06:02+	01:58+	00:59-	02:29+	01:15-	01:23+	00:12+		
00:04+	04:03-	01:55&	01:02&	00:57-	00:27#	00:07+	00:04+	00:20-	00:06+	01:39-	01:48-	04:30@	01:02@	01:30-	01:38@	00:07-	01:11@	00:12+		

Plass	Navn				Klasse				Tid											
H45B																				
3	Thomas Hornbæk				Ok Pan				47:28											
01:29- 01:29- 00:09-	05:55- 04:26- 04:25-	11:30- 05:35+ 02:54@	14:54- 03:24+ 01:37&	16:18- 01:24- 00:58-	18:56- 02:38+ 00:34&	21:06- 02:10+ 00:08+	22:59- 01:53+ 00:08+	24:39- 01:40- 00:17-	26:35- 01:56+ 00:10+	28:29- 01:54- 02:03-	31:59- 03:30- 01:48-	39:30+ 07:31+ 05:59@	40:59+ 01:29+ 00:33&	42:31+ 01:32- 00:57-	45:15+ 02:44+ 01:53@	46:03+ 00:48- 00:34-	47:19+ 01:16+ 01:04@	47:28+ 00:09+ 00:09+		
4	Mogens Tornby Stender				13				48:39											
01:56+ 01:56+ 01:56+	07:30+ 05:34+ 05:34+	12:02+ 04:32+ 04:32+	14:56+ 02:54+ 02:54+	16:51+ 01:55+ 01:55+	19:27+ 02:36+ 02:36+	22:07+ 02:40+ 02:40+	24:21+ 02:14+ 02:14+	26:25+ 02:04+ 02:04+	28:34+ 02:09+ 02:09+	30:38+ 02:04+ 02:04+	34:04+ 03:26+ 03:26+	39:55+ 05:51+ 05:51+	41:50+ 01:55+ 01:55+	43:37+ 01:47+ 01:47+	46:09+ 02:32+ 02:32+	47:18+ 01:09+ 01:09+	48:27+ 01:09+ 01:09+	48:39+ 00:12+ 00:12+		
5	Zijad Cosic				18				50:52											
01:31+ 01:31+ 01:31+	06:15+ 04:44+ 04:44+	11:28+ 05:13+ 05:13+	14:05+ 02:37+ 02:37+	15:32+ 01:27+ 01:27+	18:09+ 02:37+ 02:37+	20:03+ 01:54+ 01:54+	27:35+ 07:32+ 07:32+	30:32+ 02:57+ 02:57+	32:22+ 01:50+ 01:50+	34:06+ 01:44+ 01:44+	37:49+ 03:43+ 03:43+	42:54+ 05:05+ 05:05+	44:45+ 01:51+ 01:51+	45:49+ 01:04+ 01:04+	48:19+ 02:30+ 02:30+	49:17+ 00:58+ 00:58+	50:41+ 01:24+ 01:24+	50:52+ 00:11+ 00:11+		
6	Mogens Henriksen				14				52:11											
01:58+ 01:58+ 01:58+	07:14+ 05:16+ 05:16+	17:10+ 09:56+ 09:56+	20:09+ 02:59+ 02:59+	21:55+ 01:46+ 01:46+	24:25+ 02:30+ 02:30+	26:32+ 02:07+ 02:07+	28:30+ 01:58+ 01:58+	30:20+ 01:50+ 01:50+	32:27+ 02:07+ 02:07+	34:35+ 02:08+ 02:08+	38:59+ 04:24+ 04:24+	44:33+ 05:34+ 05:34+	46:20+ 01:47+ 01:47+	47:16+ 00:56+ 00:56+	49:52+ 02:36+ 02:36+	50:38+ 00:46+ 00:46+	51:56+ 01:18+ 01:18+	52:11+ 00:15+ 00:15+		
7	Thomas Nielsen				14				52:44											
01:43+ 01:43+ 01:43+	05:58+ 04:15+ 04:15+	10:24+ 04:26+ 04:26+	14:37+ 04:13+ 04:13+	16:24+ 01:47+ 01:47+	18:54+ 02:30+ 02:30+	20:46+ 01:52+ 01:52+	22:38+ 01:52+ 01:52+	24:03+ 01:25+ 01:25+	25:53+ 01:50+ 01:50+	27:47+ 01:54+ 01:54+	30:53+ 03:06+ 03:06+	43:44+ 12:51+ 12:51+	46:24+ 02:40+ 02:40+	47:09+ 00:45+ 00:45+	50:22+ 03:13+ 03:13+	51:27+ 01:05+ 01:05+	52:33+ 01:06+ 01:06+	52:44+ 00:11+ 00:11+		
8	Henrik Dagsberg				Ok Pan				53:15											
01:33+ 01:33+ 01:33+	06:35+ 05:02+ 05:02+	12:36+ 06:01+ 06:01+	16:06+ 03:30+ 03:30+	17:53+ 01:47+ 01:47+	20:15+ 02:22+ 02:22+	22:17+ 02:02+ 02:02+	24:22+ 02:05+ 02:05+	26:18+ 01:56+ 01:56+	28:37+ 02:19+ 02:19+	31:04+ 02:27+ 02:27+	35:11+ 04:07+ 04:07+	42:55+ 07:44+ 07:44+	44:52+ 01:57+ 01:57+	46:11+ 01:19+ 01:19+	50:23+ 04:12+ 04:12+	51:16+ 00:53+ 00:53+	53:00+ 01:44+ 01:44+	53:15+ 00:15+ 00:15+		
9	Lars Nielsen				4				53:16											
02:11+ 02:11+ 02:11+	07:25+ 05:14+ 05:14+	11:47+ 04:22+ 04:22+	14:38+ 02:51+ 02:51+	16:21+ 01:43+ 01:43+	18:24+ 02:03+ 02:03+	20:36+ 02:12+ 02:12+	30:21+ 09:45+ 09:45+	32:04+ 01:43+ 01:43+	33:53+ 01:49+ 01:49+	35:58+ 02:05+ 02:05+	39:34+ 03:36+ 03:36+	44:28+ 04:54+ 04:54+	47:02+ 02:34+ 02:34+	48:02+ 01:00+ 01:00+	50:50+ 02:48+ 02:48+	51:43+ 00:53+ 00:53+	53:05+ 01:22+ 01:22+	53:16+ 00:11+ 00:11+		
10	Jesper N Knudsen				3				54:12											
01:59+ 01:59+ 01:59+	07:31+ 05:32+ 05:32+	13:24+ 05:53+ 05:53+	16:48+ 03:24+ 03:24+	20:03+ 03:15+ 03:15+	22:29+ 02:26+ 02:26+	25:13+ 02:44+ 02:44+	27:23+ 02:10+ 02:10+	29:26+ 02:03+ 02:03+	32:12+ 02:46+ 02:46+	34:52+ 02:40+ 02:40+	38:53+ 04:01+ 04:01+	44:21+ 05:28+ 05:28+	46:55+ 02:34+ 02:34+	47:59+ 01:04+ 01:04+	51:19+ 03:20+ 03:20+	52:27+ 01:08+ 01:08+	54:00+ 01:33+ 01:33+	54:12+ 00:12+ 00:12+		
11	Vagn Pedersen				19				55:50											
02:21+ 02:21+ 02:21+	06:24+ 04:03+ 04:03+	09:41+ 03:17+ 03:17+	12:58+ 03:17+ 03:17+	19:40+ 06:42+ 06:42+	22:14+ 02:34+ 02:34+	29:29+ 07:15+ 07:15+	52:06+ 22:37+ 22:37+	53:27+ 01:21+ 01:21+	55:32+ 02:05+ 02:05+	55:50+ 00:18+ 00:18+										
12	Mogens Finderup				Ok Pan				56:37											
01:49+ 01:49+ 01:49+	06:57+ 05:08+ 05:08+	13:03+ 06:06+ 06:06+	16:08+ 03:05+ 03:05+	18:35+ 02:27+ 02:27+	21:34+ 02:59+ 02:59+	23:49+ 02:15+ 02:15+	27:38+ 03:49+ 03:49+	29:58+ 02:20+ 02:20+	32:19+ 02:21+ 02:21+	35:05+ 02:46+ 02:46+	40:02+ 04:57+ 04:57+	46:14+ 06:12+ 06:12+	49:05+ 02:51+ 02:51+	50:16+ 01:11+ 01:11+	53:15+ 02:59+ 02:59+	54:33+ 01:18+ 01:18+	56:20+ 01:47+ 01:47+	56:37+ 00:17+ 00:17+		
13	Keld Østergaard				5				57:43											
01:59+ 01:59+ 01:59+	09:41+ 07:42+ 07:42+	15:32+ 05:51+ 05:51+	19:29+ 03:57+ 03:57+	21:15+ 01:46+ 01:46+	23:50+ 02:35+ 02:35+	26:24+ 02:34+ 02:34+	28:40+ 02:16+ 02:16+	30:44+ 02:04+ 02:04+	33:11+ 02:27+ 02:27+	35:26+ 02:15+ 02:15+	40:11+ 04:45+ 04:45+	47:57+ 07:46+ 07:46+	49:54+ 01:57+ 01:57+	52:21+ 02:27+ 02:27+	55:06+ 02:45+ 02:45+	56:04+ 00:58+ 00:58+	57:43+ 01:39+ 01:39+			
14	Jens Buhl Christensen				17				58:15											
02:05+ 02:05+ 02:05+	07:39+ 05:34+ 05:34+	13:17+ 05:38+ 05:38+	17:09+ 03:52+ 03:52+	18:59+ 01:50+ 01:50+	21:51+ 02:52+ 02:52+	24:18+ 02:27+ 02:27+	31:52+ 07:34+ 07:34+	34:08+ 02:16+ 02:16+	36:21+ 02:13+ 02:13+	38:58+ 02:37+ 02:37+	42:50+ 03:52+ 03:52+	48:25+ 05:35+ 05:35+	51:09+ 02:44+ 02:44+	52:24+ 01:15+ 01:15+	55:07+ 02:43+ 02:43+	56:24+ 01:17+ 01:17+	58:00+ 01:36+ 01:36+	58:15+ 00:15+ 00:15+		

Plass	Navn				Klasse				Tid											
H45B																				
15	Finn Rosenqvist				18				1:00:08											
01:33+	07:06+	12:03+	15:33+	17:06+	19:45+	24:35+	26:25+	28:29+	31:20+	33:47+	37:40+	44:16+	47:16+	55:17+	57:41+	58:30+	59:57+	60:08+		
01:33+	05:33+	04:57+	03:30+	01:33+	02:39+	04:50+	01:50+	02:04+	02:51+	02:27+	03:53+	06:36+	03:00+	08:01+	02:24+	00:49+	01:27+	00:11+		
01:33+	05:33+	04:57+	03:30+	01:33+	02:39+	04:50+	01:50+	02:04+	02:51+	02:27+	03:53+	06:36+	03:00+	08:01+	02:24+	00:49+	01:27+	00:11+		
16	Karsten Knudsen				4				1:01:16											
02:10+	07:49+	16:39+	19:54+	22:02+	24:35+	28:28+	30:47+	32:48+	35:03+	37:17+	41:39+	49:34+	53:31+	54:51+	58:17+	59:25+	61:01+	61:16+		
02:10+	05:39+	08:50+	03:15+	02:08+	02:33+	03:53+	02:19+	02:01+	02:15+	02:14+	04:22+	07:55+	03:57+	01:20+	03:26+	01:08+	01:36+	00:15+		
02:10+	05:39+	08:50+	03:15+	02:08+	02:33+	03:53+	02:19+	02:01+	02:15+	02:14+	04:22+	07:55+	03:57+	01:20+	03:26+	01:08+	01:36+	00:15+		
17	Svend Erik Skovsgaard				17				1:04:59											
02:14+	08:46+	15:32+	19:44+	22:25+	26:17+	29:34+	32:39+	35:09+	38:07+	41:00+	46:06+	53:51+	56:32+	57:51+	61:23+	62:48+	64:45+	64:59+		
02:14+	06:32+	06:46+	04:12+	02:41+	03:52+	03:17+	03:05+	02:30+	02:58+	02:53+	05:06+	07:45+	02:41+	01:19+	03:32+	01:25+	01:57+	00:14+		
02:14+	06:32+	06:46+	04:12+	02:41+	03:52+	03:17+	03:05+	02:30+	02:58+	02:53+	05:06+	07:45+	02:41+	01:19+	03:32+	01:25+	01:57+	00:14+		
18	Lars Wulff Sørensen				4				1:06:43											
02:27+	08:53+	15:56+	19:58+	22:25+	25:30+	28:29+	31:16+	34:11+	37:26+	40:55+	46:58+	54:17+	56:48+	58:27+	62:28+	64:23+	66:27+	66:43+		
02:27+	06:26+	07:03+	04:02+	02:27+	03:05+	02:59+	02:47+	02:55+	03:15+	03:29+	06:03+	07:19+	02:31+	01:39+	04:01+	01:55+	02:04+	00:16+		
02:27+	06:26+	07:03+	04:02+	02:27+	03:05+	02:59+	02:47+	02:55+	03:15+	03:29+	06:03+	07:19+	02:31+	01:39+	04:01+	01:55+	02:04+	00:16+		
19	Michael Lind-Frandsen				4				1:17:35											
02:04+	08:03+	25:20+	29:05+	31:27+	34:25+	37:32+	40:56+	43:45+	46:57+	50:15+	56:26+	64:49+	68:23+	70:23+	74:02+	75:23+	77:20+	77:35+		
02:04+	05:59+	17:17+	03:45+	02:22+	02:58+	03:07+	03:24+	02:49+	03:12+	03:18+	06:11+	08:23+	03:34+	02:00+	03:39+	01:21+	01:57+	00:15+		
02:04+	05:59+	17:17+	03:45+	02:22+	02:58+	03:07+	03:24+	02:49+	03:12+	03:18+	06:11+	08:23+	03:34+	02:00+	03:39+	01:21+	01:57+	00:15+		
20	Anders Ladefoged				12				1:26:50											
02:57+	16:27+	25:22+	32:14+	35:58+	40:55+	45:00+	48:11+	51:18+	54:24+	57:46+	62:38+	74:23+	77:09+	78:28+	82:25+	83:34+	86:32+	86:50+		
02:57+	13:30+	08:55+	06:52+	03:44+	04:57+	04:05+	03:11+	03:07+	03:06+	03:22+	04:52+	11:45+	02:46+	01:19+	03:57+	01:09+	02:58+	00:18+		
02:57+	13:30+	08:55+	06:52+	03:44+	04:57+	04:05+	03:11+	03:07+	03:06+	03:22+	04:52+	11:45+	02:46+	01:19+	03:57+	01:09+	02:58+	00:18+		
21	Michael Mogensen				3				1:28:16											
02:37+	09:41+	20:32+	26:48+	29:50+	35:03+	38:32+	41:34+	44:51+	49:25+	53:22+	60:15+	69:20+	74:31+	76:18+	83:12+	85:07+	88:01+	88:16+		
02:37+	07:04+	10:51+	06:16+	03:02+	05:13+	03:29+	03:02+	03:17+	04:34+	03:57+	06:53+	09:05+	05:11+	01:47+	06:54+	01:55+	02:54+	00:15+		
02:37+	07:04+	10:51+	06:16+	03:02+	05:13+	03:29+	03:02+	03:17+	04:34+	03:57+	06:53+	09:05+	05:11+	01:47+	06:54+	01:55+	02:54+	00:15+		
22	Hans Christiansen				Ok Pan				1:29:04											
03:06+	11:19+	20:07+	25:49+	29:38+	33:41+	37:57+	42:36+	46:36+	50:42+	56:32+	63:05+	72:34+	75:39+	77:32+	83:42+	85:32+	88:44+	89:04+		
03:06+	08:13+	08:48+	05:42+	03:49+	04:03+	04:16+	04:39+	04:00+	04:06+	05:50+	06:33+	09:29+	03:05+	01:53+	06:10+	01:50+	03:12+	00:20+		
03:06+	08:13+	08:48+	05:42+	03:49+	04:03+	04:16+	04:39+	04:00+	04:06+	05:50+	06:33+	09:29+	03:05+	01:53+	06:10+	01:50+	03:12+	00:20+		
23	Egon Mathiasen				3				1:42:58											
03:34+	13:11+	23:50+	30:04+	34:15+	39:20+	43:33+	47:29+	52:29+	56:56+	62:45+	70:12+	82:27+	86:19+	90:19+	96:49+	98:50+	102:30+	102:58+		
03:34+	09:37+	10:39+	06:14+	04:11+	05:05+	04:13+	03:56+	05:00+	04:27+	05:49+	07:27+	12:15+	03:52+	04:00+	06:30+	02:01+	03:40+	00:28+		
03:34+	09:37+	10:39+	06:14+	04:11+	05:05+	04:13+	03:56+	05:00+	04:27+	05:49+	07:27+	12:15+	03:52+	04:00+	06:30+	02:01+	03:40+	00:28+		
24	Johannes Poulsen				4				2:01:58											
02:50+	35:05+	42:48+	48:05+	52:05+	58:40+	62:53+	67:38+	71:18+	75:33+	80:43+	87:03+	96:02+	101:41+	106:12+	115:12+	117:29+	121:32+	121:58+		
02:50+	32:15+	07:43+	05:17+	04:00+	06:35+	04:13+	04:45+	03:40+	04:15+	05:10+	06:20+	08:59+	05:39+	04:31+	09:00+	02:17+	04:03+	00:26+		
02:50+	32:15+	07:43+	05:17+	04:00+	06:35+	04:13+	04:45+	03:40+	04:15+	05:10+	06:20+	08:59+	05:39+	04:31+	09:00+	02:17+	04:03+	00:26+		
25	Ole Jørgensen				4				2:16:01											
03:21+	16:54+	28:15+	33:51+	37:49+	53:21+	57:47+	63:54+	68:28+	72:38+	81:51+	91:06+	111:13+	116:16+	120:07+	129:26+	131:31+	135:33+	136:01+		
03:21+	13:33+	11:21+	05:36+	03:58+	15:32+	04:26+	06:07+	04:34+	04:10+	09:13+	09:15+	20:07+	05:03+	03:51+	09:19+	02:05+	04:02+	00:28+		
03:21+	13:33+	11:21+	05:36+	03:58+	15:32+	04:26+	06:07+	04:34+	04:10+	09:13+	09:15+	20:07+	05:03+	03:51+	09:19+	02:05+	04:02+	00:28+		

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Plass	Navn	Klasse										Tid							
H50																			
1	Jørgen Schnack	18										40:04							
03:17=	04:33=	10:21=	13:10=	15:41=	16:58=	19:13=	21:58=	23:16=	27:41=	31:44=	33:42=	34:17=	35:53=	37:56=	38:39=	39:51=	40:04=		
03:17=	01:16=	05:48=	02:49=	02:31=	01:17=	02:15=	02:45=	01:18=	04:25=	04:03=	01:58=	00:35=	01:36=	02:03=	00:43=	01:12=	00:13=		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		
2	Peter Knudsen	9										40:43							
03:30+	04:34+	10:40+	13:32+	16:40+	18:10+	20:29+	22:09+	23:53+	28:14+	32:22+	34:17+	35:01+	36:32+	38:33+	39:22+	40:32+	40:43+		
03:30+	01:04-	06:06+	02:52+	03:08+	01:30+	02:19+	01:40-	01:44+	04:21-	04:08+	01:55-	00:44+	01:31-	02:01-	00:49+	01:10-	00:11-		
00:13+	00:12-	00:18+	00:03+	00:37#	00:13#	00:04+	01:05-	00:26&	00:04-	00:05+	00:03-	00:09&	00:05-	00:02-	00:06#	00:02-	00:02-		
3	Henrik Henriksen	4										41:15							
03:23+	04:25-	10:32+	13:25+	16:33+	17:55+	20:24+	21:58=	23:21+	27:40-	32:17+	34:39+	35:11+	36:48+	39:01+	39:45+	41:01+	41:15+		
03:23+	01:02-	06:07+	02:53+	03:08+	01:22+	02:29+	01:34-	01:23+	04:19-	04:37+	02:22+	00:32-	01:37+	02:13+	00:44+	01:16+	00:14+		
00:06+	00:14-	00:19+	00:04+	00:37#	00:05+	00:14#	01:11-	00:05+	00:06-	00:34#	00:24#	00:03-	00:01+	00:10+	00:01+	00:04+	00:01+		
4	Morten Kjær	14										41:23							
03:33+	04:50+	10:45+	13:39+	16:51+	18:17+	20:51+	22:33+	23:42+	28:02+	32:31+	34:52+	35:27+	37:05+	38:57+	39:40+	41:11+	41:23+		
03:33+	01:17+	05:55+	02:54+	03:12+	01:26+	02:34+	01:42-	01:09-	04:20-	04:29+	02:21+	00:35=	01:38+	01:52-	00:43=	01:31+	00:12-		
00:16+	00:01+	00:07+	00:05+	00:41&	00:09#	00:19#	01:03-	00:09-	00:05-	00:26#	00:23#	00:00=	00:02+	00:11-	00:00=	00:19&	00:01-		
5	Allan Hougaard	19										42:10							
04:55+	06:10+	12:15+	15:12+	17:42+	18:59+	21:14+	24:13+	25:21+	29:56+	33:53+	35:51+	36:22+	37:55+	40:02+	40:41+	41:58+	42:10+		
04:55+	01:15-	06:05+	02:57+	02:30-	01:17=	02:15=	02:59+	01:08-	04:35+	03:57-	01:58=	00:31-	01:33-	02:07+	00:39-	01:17+	00:12-		
01:38&	00:01-	00:17+	00:08+	00:01-	00:00=	00:00=	00:14+	00:10-	00:10+	00:06-	00:00=	00:04-	00:03-	00:04+	00:04-	00:05+	00:01-		
6	Tommy Damsgaard	17										42:36							
03:20+	04:33=	11:21+	14:34+	17:32+	19:01+	21:42+	23:26+	24:44+	29:12+	33:39+	35:47+	36:24+	38:12+	40:20+	41:07+	42:24+	42:36+		
03:20+	01:13-	06:48+	03:13+	02:58+	01:29+	02:41+	01:44-	01:18=	04:28+	04:27+	02:08+	00:37+	01:48+	02:08+	00:47+	01:17+	00:12-		
00:03+	00:03-	01:00#	00:24#	00:27#	00:12#	00:26#	01:01-	00:00=	00:03+	00:24+	00:10+	00:02+	00:12#	00:05+	00:04+	00:05+	00:01-		
7	Jan Thomsen	Ok Pan										43:08							
03:14-	04:25-	11:21+	14:28+	17:37+	19:08+	21:59+	23:43+	25:02+	29:43+	34:23+	36:40+	37:18+	38:56+	41:01+	41:42+	42:56+	43:08+		
03:14-	01:11-	06:56+	03:07+	03:09+	01:31+	02:51+	01:44-	01:19+	04:41+	04:40+	02:17+	00:38+	01:38+	02:05+	00:41-	01:14+	00:12-		
00:03-	00:05-	01:08#	00:18#	00:38&	00:14#	00:36&	01:01-	00:01+	00:16+	00:37#	00:19#	00:03+	00:02+	00:02+	00:02-	00:02+	00:01-		
8	Carsten Thyssen	4										43:23							
05:04+	06:21+	12:31+	15:29+	18:31+	19:54+	22:22+	24:00+	25:17+	29:39+	34:14+	36:36+	37:18+	38:58+	41:04+	41:49+	43:09+	43:23+		
05:04+	01:17+	06:10+	02:58+	03:02+	01:23+	02:28+	01:38-	01:17-	04:22-	04:35+	02:22+	00:42+	01:40+	02:06+	00:45+	01:20+	00:14+		
01:47&	00:01+	00:22+	00:09+	00:31#	00:06+	00:13+	01:07-	00:01-	00:03-	00:32#	00:24#	00:07#	00:04+	00:03+	00:02+	00:08#	00:01+		
9	Kell Sønnichsen	Ok Pan										44:23							
03:14-	04:23-	11:01+	14:17+	17:57+	19:20+	21:51+	23:32+	29:33+	34:12+	36:18+	36:52+	39:25+	42:06+	42:56+	44:12+	44:23+			
03:14-	01:09-	06:38+	03:16+	03:40+	01:23+	02:31+	01:41-	06:01+	04:39+	02:06-	00:34-	02:33+	02:41+	00:50-	01:16+	00:11-			
00:03-	00:07-	00:50#	00:27#	01:09&	00:06+	00:16#	01:04-	04:43@	00:14+	01:57-	01:24-	01:58@	01:05&	01:13-	00:33&	01:01-			
10	Per Mønster Jørgensen	4										45:43							
03:14-	04:27-	11:02+	14:33+	17:17+	19:17+	22:07+	23:52+	25:54+	30:39+	35:27+	37:46+	38:26+	40:46+	43:02+	44:06+	45:30+	45:43+		
03:14-	01:13-	06:35+	03:31+	02:44+	02:00+	02:50+	01:45-	02:02+	04:45+	04:48+	02:19+	00:40+	02:20+	02:16+	01:04+	01:24+	00:13=		
00:03-	00:03-	00:47#	00:42#	00:13+	00:43&	00:35&	01:00-	00:44&	00:20+	00:45#	00:21#	00:05#	00:44&	00:13#	00:21&	00:12#	00:00=		
11	Jonas Persson	14										46:19							
03:33+	04:43+	11:55+	16:41+	20:09+	21:39+	24:37+	26:28+	32:25+	37:07+	39:38+	40:18+	41:57+	44:03+	44:52+	46:07+	46:19+			
03:33+	01:10-	07:12+	04:46+	03:28+	01:30+	02:58+	01:51-	05:57+	04:42+	02:31-	00:40-	01:39+	02:06+	00:49-	01:15+	00:12-			
00:16+	00:06-	01:24#	01:57&	00:57&	00:13#	00:43&	00:54-	04:39@	00:17+	01:32-	01:18-	01:04@	00:30&	01:14-	00:32&	01:00-			
12	Kent Lodberg	Ok Pan										46:21							
03:30+	04:48+	11:52+	15:14+	18:28+	20:49+	23:37+	25:26+	26:52+	31:39+	36:20+	38:36+	39:23+	41:22+	43:45+	44:47+	46:11+	46:21+		
03:30+	01:18+	07:04+	03:22+	03:14+	02:21+	02:48+	01:49-	01:26+	04:47+	04:41+	02:16+	00:47+	01:59+	02:23+	01:02+	01:24+	00:10-		
00:13+	00:02+	01:16#	00:33#	00:43&	01:04&	00:33#	00:56-	00:08#	00:22+	00:38#	00:18#	00:12&	00:23#	00:20#	00:19&	00:12#	00:03-		

Plass	Navn				Klasse				Tid									
H50																		
13	Søren Flytkjær				18				46:27									
03:30+	04:46+	11:53+	15:21+	18:21+	19:56+	22:54+	24:48+	26:20+	31:35+	36:33+	39:16+	40:10+	41:51+	44:07+	44:53+	46:16+	46:27+	
03:30+	01:16+	07:07+	03:28+	03:00+	01:35+	02:58+	01:54-	01:32+	05:15+	04:58+	02:43+	00:54+	01:41+	02:16+	00:46+	01:23+	00:11-	
00:13+	00:00=	01:19#	00:39#	00:29#	00:18#	00:43&	00:51-	00:14#	00:50#	00:55#	00:45&	00:19&	00:05+	00:13#	00:03+	00:11#	00:02-	
14	Kristian Edsen				6				47:21									
03:24+	05:02+	12:24+	15:50+	19:14+	20:46+	23:35+	25:28+	32:02+	37:19+	39:53+	40:43+	42:32+	44:50+	45:47+	47:11+	47:21+		
03:24+	01:38+	07:22+	03:26+	03:24+	01:32+	02:49+	01:53+	06:34+	05:17+	02:34+	00:50+	01:49+	02:18+	00:57+	01:24+	00:10+		
03:24+	01:38+	07:22+	03:26+	03:24+	01:32+	02:49+	01:53+	06:34+	05:17+	02:34+	00:50+	01:49+	02:18+	00:57+	01:24+	00:10+		
15	Bo L. Andersen				18				48:07									
03:15+	04:26+	11:38+	15:03+	18:55+	20:24+	23:03+	25:04+	32:27+	37:17+	39:36+	40:17+	43:02+	45:30+	46:30+	47:55+	48:07+		
03:15+	01:11+	07:12+	03:25+	03:52+	01:29+	02:39+	02:01+	07:23+	04:50+	02:19+	00:41+	02:45+	02:28+	01:00+	01:25+	00:12+		
03:15+	01:11+	07:12+	03:25+	03:52+	01:29+	02:39+	02:01+	07:23+	04:50+	02:19+	00:41+	02:45+	02:28+	01:00+	01:25+	00:12+		
16	Steffen Alm				6				48:52									
03:10+	04:48+	11:28+	15:45+	18:47+	20:15+	23:23+	25:17+	26:53+	31:40+	36:35+	39:38+	40:29+	43:19+	45:47+	47:12+	48:39+	48:52+	
03:10+	01:38+	06:40+	04:17+	03:02+	01:28+	03:08+	01:54+	01:36+	04:47+	04:55+	03:03+	00:51+	02:50+	02:28+	01:25+	01:27+	00:13+	
03:10+	01:38+	06:40+	04:17+	03:02+	01:28+	03:08+	01:54+	01:36+	04:47+	04:55+	03:03+	00:51+	02:50+	02:28+	01:25+	01:27+	00:13+	
18	Kim Gottlieb				3				49:13									
03:48+	05:05+	12:40+	16:35+	19:35+	21:12+	24:10+	26:09+	27:41+	33:26+	38:40+	41:25+	42:11+	44:16+	46:49+	47:36+	49:01+	49:13+	
03:48+	01:17+	07:35+	03:55+	03:00+	01:37+	02:58+	01:59+	01:32+	05:45+	05:14+	02:45+	00:46+	02:05+	02:33+	00:47+	01:25+	00:12+	
03:48+	01:17+	07:35+	03:55+	03:00+	01:37+	02:58+	01:59+	01:32+	05:45+	05:14+	02:45+	00:46+	02:05+	02:33+	00:47+	01:25+	00:12+	
19	Walther Rahbek				13				49:14									
03:42+	05:11+	12:32+	16:28+	19:48+	21:13+	24:12+	26:11+	27:44+	32:47+	38:06+	40:41+	41:31+	43:31+	46:28+	47:27+	49:02+	49:14+	
03:42+	01:29+	07:21+	03:56+	03:20+	01:25+	02:59+	01:59+	01:33+	05:03+	05:19+	02:35+	00:50+	02:00+	02:57+	00:59+	01:35+	00:12+	
03:42+	01:29+	07:21+	03:56+	03:20+	01:25+	02:59+	01:59+	01:33+	05:03+	05:19+	02:35+	00:50+	02:00+	02:57+	00:59+	01:35+	00:12+	
20	Kim B. Schmidt				3				49:35									
04:03+	05:17+	12:54+	16:52+	20:18+	21:51+	24:57+	26:57+	28:37+	34:14+	39:23+	41:40+	42:20+	44:40+	47:13+	48:04+	49:24+	49:35+	
04:03+	01:14+	07:37+	03:58+	03:26+	01:33+	03:06+	02:00+	01:40+	05:37+	05:09+	02:17+	00:40+	02:20+	02:33+	00:51+	01:20+	00:11+	
04:03+	01:14+	07:37+	03:58+	03:26+	01:33+	03:06+	02:00+	01:40+	05:37+	05:09+	02:17+	00:40+	02:20+	02:33+	00:51+	01:20+	00:11+	
21	Frank Dabelstein				19				49:55									
03:47+	05:09+	12:30+	16:06+	19:38+	21:21+	24:35+	26:36+	33:23+	38:24+	40:38+	41:17+	44:32+	47:05+	47:58+	49:43+	49:55+		
03:47+	01:22+	07:21+	03:36+	03:32+	01:43+	03:14+	02:01+	06:47+	05:01+	02:14+	00:39+	03:15+	02:33+	00:53+	01:45+	00:12+		
03:47+	01:22+	07:21+	03:36+	03:32+	01:43+	03:14+	02:01+	06:47+	05:01+	02:14+	00:39+	03:15+	02:33+	00:53+	01:45+	00:12+		
22	Torben Kragh				Ok Pan				50:35									
05:06+	06:19+	13:42+	17:21+	21:02+	22:38+	25:54+	28:02+	30:06+	34:58+	40:20+	43:40+	44:20+	46:08+	48:11+	48:59+	50:23+	50:35+	
05:06+	01:13+	07:23+	03:39+	03:41+	01:36+	03:16+	02:08+	02:04+	04:52+	05:22+	03:20+	00:40+	01:48+	02:03+	00:48+	01:24+	00:12+	
05:06+	01:13+	07:23+	03:39+	03:41+	01:36+	03:16+	02:08+	02:04+	04:52+	05:22+	03:20+	00:40+	01:48+	02:03+	00:48+	01:24+	00:12+	
23	Thomas Sørensen				9				51:11									
04:58+	06:19+	14:32+	18:01+	21:22+	23:03+	26:00+	28:06+	29:46+	35:31+	40:55+	43:32+	44:06+	46:19+	48:43+	49:33+	50:58+	51:11+	
04:58+	01:21+	08:13+	03:29+	03:21+	01:41+	02:57+	02:06+	01:40+	05:45+	05:24+	02:37+	00:34+	02:13+	02:24+	00:50+	01:25+	00:13+	
04:58+	01:21+	08:13+	03:29+	03:21+	01:41+	02:57+	02:06+	01:40+	05:45+	05:24+	02:37+	00:34+	02:13+	02:24+	00:50+	01:25+	00:13+	
24	Sten Egholm Jørgensen				9				51:21									
05:48+	07:06+	13:49+	17:33+	21:35+	24:01+	26:38+	28:23+	30:05+	34:31+	39:52+	43:01+	43:58+	46:18+	48:39+	49:47+	51:05+	51:21+	
05:48+	01:18+	06:43+	03:44+	04:02+	02:26+	02:37+	01:45+	01:42+	04:26+	05:21+	03:09+	00:57+	02:20+	02:21+	01:08+	01:18+	00:16+	
05:48+	01:18+	06:43+	03:44+	04:02+	02:26+	02:37+	01:45+	01:42+	04:26+	05:21+	03:09+	00:57+	02:20+	02:21+	01:08+	01:18+	00:16+	
25	Terkel Knudsen				9				52:08									
04:04+	05:38+	14:12+	18:21+	22:36+	24:21+	27:37+	29:52+	37:08+	42:43+	45:08+	45:51+	47:45+	49:46+	50:39+	51:54+	52:08+		
04:04+	01:34+	08:34+	04:09+	04:15+	01:45+	03:16+	02:15+	07:16+	05:35+	02:25+	00:43+	01:54+	02:01+	00:53+	01:15+	00:14+		
04:04+	01:34+	08:34+	04:09+	04:15+	01:45+	03:16+	02:15+	07:16+	05:35+	02:25+	00:43+	01:54+	02:01+	00:53+	01:15+	00:14+		

Plass	Navn				Klasse				Tid									
H50																		
26	Kent Uhre Knudsen				14				53:13									
03:31+	05:14+	12:47+	16:17+	19:39+	21:13+	24:09+	26:01+	27:49+	32:56+	38:21+	42:18+	43:02+	46:53+	49:52+	51:26+	53:01+	53:13+	
03:31+	01:43+	07:33+	03:30+	03:22+	01:34+	02:56+	01:52+	01:48+	05:07+	05:25+	03:57+	00:44+	03:51+	02:59+	01:34+	01:35+	00:12+	
03:31+	01:43+	07:33+	03:30+	03:22+	01:34+	02:56+	01:52+	01:48+	05:07+	05:25+	03:57+	00:44+	03:51+	02:59+	01:34+	01:35+	00:12+	
27	Kjeld Arildsen				11				54:29									
03:56+	05:17+	13:28+	17:39+	21:13+	23:16+	26:33+	28:39+	30:40+	36:34+	41:58+	44:46+	45:28+	47:47+	51:03+	51:55+	54:00+	54:29+	
03:56+	01:21+	08:11+	04:11+	03:34+	02:03+	03:17+	02:06+	02:01+	05:54+	05:24+	02:48+	00:42+	02:19+	03:16+	00:52+	02:05+	00:29+	
03:56+	01:21+	08:11+	04:11+	03:34+	02:03+	03:17+	02:06+	02:01+	05:54+	05:24+	02:48+	00:42+	02:19+	03:16+	00:52+	02:05+	00:29+	
28	Jan Hauerslev				Ok Pan				54:54									
04:05+	05:25+	13:57+	18:12+	21:49+	23:22+	26:27+	29:14+	36:23+	42:43+	46:29+	47:15+	49:21+	51:56+	53:18+	54:42+	54:54+		
04:05+	01:20+	08:32+	04:15+	03:37+	01:33+	03:05+	02:47+	07:09+	06:20+	03:46+	00:46+	02:06+	02:35+	01:22+	01:24+	00:12+		
04:05+	01:20+	08:32+	04:15+	03:37+	01:33+	03:05+	02:47+	07:09+	06:20+	03:46+	00:46+	02:06+	02:35+	01:22+	01:24+	00:12+		
29	Ulrik Johansen				Ok Pan				55:59									
03:43+	05:15+	13:43+	18:17+	22:03+	24:13+	28:14+	30:27+	32:19+	38:33+	44:34+	47:17+	48:00+	50:05+	53:18+	54:12+	55:45+	55:59+	
03:43+	01:32+	08:28+	04:34+	03:46+	02:10+	04:01+	02:13+	01:52+	06:14+	06:01+	02:43+	00:43+	02:05+	03:13+	00:54+	01:33+	00:14+	
03:43+	01:32+	08:28+	04:34+	03:46+	02:10+	04:01+	02:13+	01:52+	06:14+	06:01+	02:43+	00:43+	02:05+	03:13+	00:54+	01:33+	00:14+	
30	Per Dahl Jensen				Ok Pan				56:05									
07:53+	09:12+	16:55+	21:05+	25:50+	27:28+	30:25+	32:22+	39:50+	45:25+	48:19+	49:08+	51:37+	53:33+	54:35+	55:52+	56:05+		
07:53+	01:19+	07:43+	04:10+	04:45+	01:38+	02:57+	01:57+	07:28+	05:35+	02:54+	00:49+	02:29+	01:56+	01:02+	01:17+	00:13+		
07:53+	01:19+	07:43+	04:10+	04:45+	01:38+	02:57+	01:57+	07:28+	05:35+	02:54+	00:49+	02:29+	01:56+	01:02+	01:17+	00:13+		
31	Klaus Wolsing				5				56:12									
04:04+	05:40+	15:08+	19:33+	23:09+	25:00+	28:23+	30:44+	37:53+	43:33+	46:11+	46:56+	49:45+	53:17+	54:09+	56:02+	56:12+		
04:04+	01:36+	09:28+	04:25+	03:36+	01:51+	03:23+	02:21+	07:09+	05:40+	02:38+	00:45+	02:49+	03:32+	00:52+	01:53+	00:10+		
04:04+	01:36+	09:28+	04:25+	03:36+	01:51+	03:23+	02:21+	07:09+	05:40+	02:38+	00:45+	02:49+	03:32+	00:52+	01:53+	00:10+		
32	Kaj Kaspersen				3				56:31									
03:56+	05:24+	17:54+	21:58+	25:29+	27:49+	30:53+	32:56+	34:32+	40:23+	45:52+	48:32+	49:13+	51:25+	53:58+	54:53+	56:20+	56:31+	
03:56+	01:28+	12:30+	04:04+	03:31+	02:20+	03:04+	02:03+	01:36+	05:51+	05:29+	02:40+	00:41+	02:12+	02:33+	00:55+	01:27+	00:11+	
03:56+	01:28+	12:30+	04:04+	03:31+	02:20+	03:04+	02:03+	01:36+	05:51+	05:29+	02:40+	00:41+	02:12+	02:33+	00:55+	01:27+	00:11+	
33	Thomas Lindschouw				18				57:23									
04:09+	05:37+	14:14+	18:19+	22:02+	23:51+	27:30+	29:43+	31:40+	38:25+	44:42+	47:35+	48:23+	51:06+	54:10+	55:16+	57:08+	57:23+	
04:09+	01:28+	08:37+	04:05+	03:43+	01:49+	03:39+	02:13+	01:57+	06:45+	06:17+	02:53+	00:48+	02:43+	03:04+	01:06+	01:52+	00:15+	
04:09+	01:28+	08:37+	04:05+	03:43+	01:49+	03:39+	02:13+	01:57+	06:45+	06:17+	02:53+	00:48+	02:43+	03:04+	01:06+	01:52+	00:15+	
34	Kent René Simonsen				17				58:01									
03:58+	05:11+	12:21+	16:26+	26:33+	28:04+	30:44+	35:43+	43:37+	48:18+	50:30+	51:31+	53:26+	55:44+	56:29+	57:50+	58:01+		
03:58+	01:13+	07:10+	04:05+	10:07+	01:31+	02:40+	04:59+	07:54+	04:41+	02:12+	01:01+	01:55+	02:18+	00:45+	01:21+	00:11+		
03:58+	01:13+	07:10+	04:05+	10:07+	01:31+	02:40+	04:59+	07:54+	04:41+	02:12+	01:01+	01:55+	02:18+	00:45+	01:21+	00:11+		
35	Kim Poulsen				19				58:12									
04:54+	06:04+	18:50+	22:26+	26:42+	28:15+	31:30+	33:31+	41:14+	46:34+	49:40+	50:46+	52:23+	55:12+	56:03+	57:59+	58:12+		
04:54+	01:10+	12:46+	03:36+	04:16+	01:33+	03:15+	02:01+	07:43+	05:20+	03:06+	01:06+	01:37+	02:49+	00:51+	01:56+	00:13+		
04:54+	01:10+	12:46+	03:36+	04:16+	01:33+	03:15+	02:01+	07:43+	05:20+	03:06+	01:06+	01:37+	02:49+	00:51+	01:56+	00:13+		
36	Frank Krog Jensen				4				1:00:15									
04:05+	05:57+	16:47+	20:36+	29:19+	31:17+	34:11+	36:30+	38:13+	43:31+	49:21+	52:23+	53:12+	55:31+	57:56+	58:48+	60:01+	60:15+	
04:05+	01:52+	10:50+	03:49+	08:43+	01:58+	02:54+	02:19+	01:43+	05:18+	05:50+	03:02+	00:49+	02:19+	02:25+	00:52+	01:13+	00:14+	
04:05+	01:52+	10:50+	03:49+	08:43+	01:58+	02:54+	02:19+	01:43+	05:18+	05:50+	03:02+	00:49+	02:19+	02:25+	00:52+	01:13+	00:14+	
37	Henning Mindstruplund				4				1:01:19									
04:42+	06:18+	15:30+	20:39+	24:30+	26:16+	29:40+	32:03+	34:13+	41:18+	47:57+	51:07+	51:56+	55:00+	57:42+	59:23+	61:06+	61:19+	
04:42+	01:36+	09:12+	05:09+	03:51+	01:46+	03:24+	02:23+	02:10+	07:05+	06:39+	03:10+	00:49+	03:04+	02:42+	01:41+	01:43+	00:13+	
04:42+	01:36+	09:12+	05:09+	03:51+	01:46+	03:24+	02:23+	02:10+	07:05+	06:39+	03:10+	00:49+	03:04+	02:42+	01:41+	01:43+	00:13+	

Plass	Navn	Klasse	Tid
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H50

38	Jørn Mørup					16					1:03:35						
04:14+	06:44+	16:19+	21:16+	25:27+	27:44+	31:25+	33:57+	43:56+	49:57+	52:49+	53:59+	57:21+	60:35+	61:31+	63:18+	63:35+	
04:14+	02:30+	09:35+	04:57+	04:11+	02:17+	03:41+	02:32+	09:59+	06:01+	02:52+	01:10+	03:22+	03:14+	00:56+	01:47+	00:17+	
04:14+	02:30+	09:35+	04:57+	04:11+	02:17+	03:41+	02:32+	09:59+	06:01+	02:52+	01:10+	03:22+	03:14+	00:56+	01:47+	00:17+	
39	Karsten Kristiansen					14					1:04:08						
05:22+	06:48+	14:22+	17:43+	21:19+	22:59+	26:11+	28:15+	46:07+	51:06+	53:55+	56:42+	59:23+	61:41+	62:28+	63:56+	64:08+	
05:22+	01:26+	07:34+	03:21+	03:36+	01:40+	03:12+	02:04+	17:52+	04:59+	02:49+	02:47+	02:41+	02:18+	00:47+	01:28+	00:12+	
05:22+	01:26+	07:34+	03:21+	03:36+	01:40+	03:12+	02:04+	17:52+	04:59+	02:49+	02:47+	02:41+	02:18+	00:47+	01:28+	00:12+	
40	Torben Isen					3					1:06:47						
05:09+	06:55+	16:42+	21:49+	25:53+	27:45+	31:51+	34:33+	36:36+	44:45+	52:13+	55:36+	56:41+	59:26+	63:47+	64:50+	66:32+	66:47+
05:09+	01:46+	09:47+	05:07+	04:04+	01:52+	04:06+	02:42+	02:03+	08:09+	07:28+	03:23+	01:05+	02:45+	04:21+	01:03+	01:42+	00:15+
05:09+	01:46+	09:47+	05:07+	04:04+	01:52+	04:06+	02:42+	02:03+	08:09+	07:28+	03:23+	01:05+	02:45+	04:21+	01:03+	01:42+	00:15+
41	Kim Topp					12					1:12:48						
04:42+	07:02+	17:31+	22:46+	28:25+	30:39+	35:42+	38:29+	41:03+	48:39+	57:08+	60:25+	61:27+	65:48+	69:26+	70:45+	72:34+	72:48+
04:42+	02:20+	10:29+	05:15+	05:39+	02:14+	05:03+	02:47+	02:34+	07:36+	08:29+	03:17+	01:02+	04:21+	03:38+	01:19+	01:49+	00:14+
04:42+	02:20+	10:29+	05:15+	05:39+	02:14+	05:03+	02:47+	02:34+	07:36+	08:29+	03:17+	01:02+	04:21+	03:38+	01:19+	01:49+	00:14+
42	Hans Ingemann Petersen					11					1:13:37						
04:47+	06:49+	17:01+	22:12+	27:46+	30:22+	37:44+	41:02+	51:00+	58:21+	61:45+	62:41+	65:29+	69:46+	70:53+	73:20+	73:37+	
04:47+	02:02+	10:12+	05:11+	05:34+	02:36+	07:22+	03:18+	09:58+	07:21+	03:24+	00:56+	02:48+	04:17+	01:07+	02:27+	00:17+	
04:47+	02:02+	10:12+	05:11+	05:34+	02:36+	07:22+	03:18+	09:58+	07:21+	03:24+	00:56+	02:48+	04:17+	01:07+	02:27+	00:17+	
43	Karl Gustavsen					11					1:56:04						
10:06+	12:05+	52:20+	59:14+	66:03+	68:32+	73:04+	76:59+	89:00+	97:31+	102:08+	103:14+	108:13+	112:28+	114:06+	115:43+	116:04+	
10:06+	01:59+	40:15+	06:54+	06:49+	02:29+	04:32+	03:55+	12:01+	08:31+	04:37+	01:06+	04:59+	04:15+	01:38+	01:37+	00:21+	
10:06+	01:59+	40:15+	06:54+	06:49+	02:29+	04:32+	03:55+	12:01+	08:31+	04:37+	01:06+	04:59+	04:15+	01:38+	01:37+	00:21+	

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H60

1	Niels Stadel					14					40:14					
06:34=	12:26=	15:03=	16:43=	18:32=	23:31=	25:17=	27:30=	29:46=	31:47=	33:08=	35:05=	37:34=	38:32=	40:03=	40:14=	
06:34=	05:52=	02:37=	01:40=	01:49=	04:59=	01:46=	02:13=	02:16=	02:01=	01:21=	01:57=	02:29=	00:58=	01:31=	00:11=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Jens Jørgen Jensen					3					40:35					
06:12-	11:48-	14:30-	16:08-	18:01-	20:46-	24:21-	26:11-	28:22-	30:38-	32:53-	33:32-	35:22-	37:51-	38:49-	40:21+	40:35+
06:12-	05:36-	02:42+	01:38-	01:53+	02:45-	03:35+	01:50-	02:11-	02:16+	02:15+	00:39-	01:50-	02:29+	00:58-	01:32+	00:14+
00:22-	00:16-	00:05+	00:02-	00:04+	02:14-	01:49@	00:23-	00:05-	00:15#	00:54&	01:18-	00:39-	01:31@	00:33-	01:21@	00:14+
3	John Holm					Ok Pan					40:44					
05:43-	10:58-	14:02-	15:33-	17:33-	19:00-	23:08-	25:11-	27:39-	30:05-	32:37-	33:18-	35:16-	37:57-	38:51-	40:30+	40:44+
05:43-	05:15-	03:04+	01:31-	02:00+	01:27-	04:08+	02:03-	02:28+	02:26+	02:32+	00:41-	01:58-	02:41+	00:54-	01:39+	00:14+
00:51-	00:37-	00:27#	00:09-	00:11#	03:32-	02:22@	00:10-	00:12+	00:25#	01:11&	01:16-	00:31-	01:43@	00:37-	01:28@	00:14+
4	Keld Gade					17					41:03					
06:23-	11:58-	15:22+	17:10+	19:11+	20:35-	24:20-	26:17-	28:30-	30:49-	32:59-	33:38-	35:52-	38:32=	39:31-	40:51+	41:03+
06:23-	05:35-	03:24+	01:48+	02:01+	01:24-	03:45+	01:57-	02:13-	02:19+	02:10+	00:39-	02:14-	02:40+	00:59-	01:20+	00:12+
00:11-	00:17-	00:47&	00:08+	00:12#	03:35-	01:59@	00:16-	00:03-	00:18#	00:49&	01:18-	00:15-	01:42@	00:32-	01:09@	00:12+

Plass	Navn					Klasse					Tid					
H60																
5	Henning Hansen					4					41:45					
05:37-	10:54-	13:22-	14:58-	16:54-	23:06-	25:26+	27:42+	30:04+	33:11+	33:50+	36:19+	39:19+	40:12+	41:31+	41:45+	
05:37-	05:17-	02:28-	01:36-	01:56+	06:12+	02:20+	02:16+	02:22+	03:07+	00:39-	02:29+	03:00+	00:53-	01:19-	00:14+	
00:57-	00:35-	00:09-	00:04-	00:07+	01:13#	00:34&	00:03+	00:06+	01:06&	00:42-	00:32&	00:31#	00:05-	00:12-	00:03&	
6	Varny Vestergaard					16					41:52					
06:45+	12:47+	15:24+	16:47+	18:36+	24:04+	25:55+	27:50+	30:39+	32:51+	33:42+	37:17+	39:32+	40:28+	41:40+	41:52+	
06:45+	06:02+	02:37+	01:23+	01:49+	05:28+	01:51+	01:55+	02:49+	02:12+	00:51+	03:35+	02:15+	00:56+	01:12+	00:12+	
06:45+	06:02+	02:37+	01:23+	01:49+	05:28+	01:51+	01:55+	02:49+	02:12+	00:51+	03:35+	02:15+	00:56+	01:12+	00:12+	
7	Hans Jørgen Vad					4					42:33					
06:28+	12:31+	15:31+	17:15+	19:23+	25:05+	27:16+	29:40+	31:56+	34:37+	35:26+	37:30+	40:00+	40:48+	42:21+	42:33+	
06:28+	06:03+	03:00+	01:44+	02:08+	05:42+	02:11+	02:24+	02:16+	02:41+	00:49+	02:04+	02:30+	00:48+	01:33+	00:12+	
06:28+	06:03+	03:00+	01:44+	02:08+	05:42+	02:11+	02:24+	02:16+	02:41+	00:49+	02:04+	02:30+	00:48+	01:33+	00:12+	
8	Helge Poulsen					5					42:36					
06:02+	14:30+	16:15+	18:20+	24:33+	26:38+	28:58+	31:30+	34:11+	34:57+	37:06+	39:45+	40:55+	42:23+	42:36+		
06:02+	08:28+	01:45+	02:05+	06:13+	02:05+	02:20+	02:32+	02:41+	00:46+	02:09+	02:39+	01:10+	01:28+	00:13+		
06:02+	08:28+	01:45+	02:05+	06:13+	02:05+	02:20+	02:32+	02:41+	00:46+	02:09+	02:39+	01:10+	01:28+	00:13+		
9	Finn Jørgensen Aaris					8					43:22					
06:17+	11:51+	14:44+	16:37+	19:12+	24:46+	26:59+	29:19+	31:54+	34:38+	35:22+	37:56+	40:44+	41:38+	43:08+	43:22+	
06:17+	05:34+	02:53+	01:53+	02:35+	05:34+	02:13+	02:20+	02:35+	02:44+	00:44+	02:34+	02:48+	00:54+	01:30+	00:14+	
06:17+	05:34+	02:53+	01:53+	02:35+	05:34+	02:13+	02:20+	02:35+	02:44+	00:44+	02:34+	02:48+	00:54+	01:30+	00:14+	
10	Knud Fjordvald					14					43:31					
06:13+	11:37+	14:15+	16:03+	18:18+	20:29+	24:05+	26:18+	28:45+	31:11+	34:41+	35:25+	38:32+	41:11+	41:59+	43:20+	43:31+
06:13+	05:24+	02:38+	01:48+	02:15+	02:11+	03:36+	02:13+	02:27+	02:26+	03:30+	00:44+	03:07+	02:39+	00:48+	01:21+	00:11+
06:13+	05:24+	02:38+	01:48+	02:15+	02:11+	03:36+	02:13+	02:27+	02:26+	03:30+	00:44+	03:07+	02:39+	00:48+	01:21+	00:11+
11	Stig Barrett					17					43:31					
07:17+	13:18+	16:46+	18:23+	20:49+	26:42+	28:43+	31:19+	33:52+	36:06+	36:53+	38:35+	41:10+	41:54+	43:18+	43:31+	
07:17+	06:01+	03:28+	01:37+	02:26+	05:53+	02:01+	02:36+	02:33+	02:14+	00:47+	01:42+	02:35+	00:44+	01:24+	00:13+	
07:17+	06:01+	03:28+	01:37+	02:26+	05:53+	02:01+	02:36+	02:33+	02:14+	00:47+	01:42+	02:35+	00:44+	01:24+	00:13+	
12	Rolf Duedahl Nielsen					12					43:33					
06:24+	12:12+	15:07+	16:50+	18:47+	20:42+	24:31+	26:32+	29:02+	31:45+	34:59+	35:47+	37:28+	40:35+	41:51+	43:21+	43:33+
06:24+	05:48+	02:55+	01:43+	01:57+	01:55+	03:49+	02:01+	02:30+	02:43+	03:14+	00:48+	01:41+	03:07+	01:16+	01:30+	00:12+
06:24+	05:48+	02:55+	01:43+	01:57+	01:55+	03:49+	02:01+	02:30+	02:43+	03:14+	00:48+	01:41+	03:07+	01:16+	01:30+	00:12+
13	Peer Straarup					4					44:00					
05:59+	12:10+	15:04+	16:49+	19:02+	20:36+	24:31+	26:40+	28:58+	31:30+	34:01+	34:43+	36:52+	40:55+	42:11+	43:49+	44:00+
05:59+	06:11+	02:54+	01:45+	02:13+	01:34+	03:55+	02:09+	02:18+	02:32+	02:31+	00:42+	02:09+	04:03+	01:16+	01:38+	00:11+
05:59+	06:11+	02:54+	01:45+	02:13+	01:34+	03:55+	02:09+	02:18+	02:32+	02:31+	00:42+	02:09+	04:03+	01:16+	01:38+	00:11+
14	Carl Malling					12					44:58					
06:29+	12:19+	15:12+	16:52+	19:25+	21:35+	25:56+	28:03+	30:38+	33:19+	36:29+	37:15+	39:26+	42:10+	43:05+	44:42+	44:58+
06:29+	05:50+	02:53+	01:40+	02:33+	02:10+	04:21+	02:07+	02:35+	02:41+	03:10+	00:46+	02:11+	02:44+	00:55+	01:37+	00:16+
06:29+	05:50+	02:53+	01:40+	02:33+	02:10+	04:21+	02:07+	02:35+	02:41+	03:10+	00:46+	02:11+	02:44+	00:55+	01:37+	00:16+
15	Poul Erik Christensen					4					45:42					
06:27+	12:55+	15:54+	17:58+	20:10+	27:41+	29:53+	32:34+	35:13+	37:58+	38:43+	40:37+	43:12+	44:00+	45:31+	45:42+	
06:27+	06:28+	02:59+	02:04+	02:12+	07:31+	02:12+	02:41+	02:39+	02:45+	00:45+	01:54+	02:35+	00:48+	01:31+	00:11+	
06:27+	06:28+	02:59+	02:04+	02:12+	07:31+	02:12+	02:41+	02:39+	02:45+	00:45+	01:54+	02:35+	00:48+	01:31+	00:11+	
16	Michael Straube					4					48:13					
06:45+	12:47+	15:48+	17:26+	20:55+	27:00+	29:41+	32:22+	35:00+	37:33+	38:28+	41:26+	45:00+	46:20+	48:01+	48:13+	
06:45+	06:02+	03:01+	01:38+	03:29+	06:05+	02:41+	02:41+	02:38+	02:33+	00:55+	02:58+	03:34+	01:20+	01:41+	00:12+	
06:45+	06:02+	03:01+	01:38+	03:29+	06:05+	02:41+	02:41+	02:38+	02:33+	00:55+	02:58+	03:34+	01:20+	01:41+	00:12+	

Plass	Navn				Klasse				Tid									
H60																		
17	Frede Rasmussen				3				48:34									
07:13+	14:09+	17:49+	20:09+	22:30+	24:55+	29:27+	32:15+	34:48+	37:15+	40:08+	40:51+	43:31+	46:15+	46:57+	48:22+	48:34+		
07:13+	06:56+	03:40+	02:20+	02:21+	02:25+	04:32+	02:48+	02:33+	02:27+	02:53+	00:43+	02:40+	02:44+	00:42+	01:25+	00:12+		
07:13+	06:56+	03:40+	02:20+	02:21+	02:25+	04:32+	02:48+	02:33+	02:27+	02:53+	00:43+	02:40+	02:44+	00:42+	01:25+	00:12+		
18	Jørgen Jørgensen				14				48:47									
07:50+	13:58+	18:00+	19:52+	22:21+	24:35+	29:08+	31:43+	34:16+	36:56+	40:26+	41:15+	43:22+	45:52+	46:57+	48:32+	48:47+		
07:50+	06:08+	04:02+	01:52+	02:29+	02:14+	04:33+	02:35+	02:33+	02:40+	03:30+	00:49+	02:07+	02:30+	01:05+	01:35+	00:15+		
07:50+	06:08+	04:02+	01:52+	02:29+	02:14+	04:33+	02:35+	02:33+	02:40+	03:30+	00:49+	02:07+	02:30+	01:05+	01:35+	00:15+		
19	Leif Rønn Olsen				3				49:14									
06:28+	13:14+	16:17+	18:01+	21:16+	30:53+	33:10+	35:41+	38:22+	41:14+	41:54+	43:54+	46:36+	47:28+	49:00+	49:14+			
06:28+	06:46+	03:03+	01:44+	03:15+	09:37+	02:17+	02:31+	02:41+	02:52+	00:40+	02:00+	02:42+	00:52+	01:32+	00:14+			
06:28+	06:46+	03:03+	01:44+	03:15+	09:37+	02:17+	02:31+	02:41+	02:52+	00:40+	02:00+	02:42+	00:52+	01:32+	00:14+			
20	Henning Bak-Mikkelsen				11				50:33									
06:47+	12:55+	16:10+	17:45+	19:43+	22:29+	27:01+	29:32+	33:48+	36:15+	41:35+	42:39+	45:26+	47:50+	48:58+	50:19+	50:33+		
06:47+	06:08+	03:15+	01:35+	01:58+	02:46+	04:32+	02:31+	04:16+	02:27+	05:20+	01:04+	02:47+	02:24+	01:08+	01:21+	00:14+		
06:47+	06:08+	03:15+	01:35+	01:58+	02:46+	04:32+	02:31+	04:16+	02:27+	05:20+	01:04+	02:47+	02:24+	01:08+	01:21+	00:14+		
21	Thorkild Holm Pedersen				Ok Pan				51:11									
06:44+	13:45+	17:30+	19:39+	22:04+	24:22+	30:01+	33:31+	36:04+	39:07+	42:02+	42:48+	45:05+	48:15+	49:19+	50:57+	51:11+		
06:44+	07:01+	03:45+	02:09+	02:25+	02:18+	05:39+	03:30+	02:33+	03:03+	02:55+	00:46+	02:17+	03:10+	01:04+	01:38+	00:14+		
06:44+	07:01+	03:45+	02:09+	02:25+	02:18+	05:39+	03:30+	02:33+	03:03+	02:55+	00:46+	02:17+	03:10+	01:04+	01:38+	00:14+		
22	Erik Warncke				4				51:12									
06:36+	13:48+	17:08+	19:07+	21:34+	23:36+	28:15+	30:35+	33:30+	36:59+	40:28+	41:20+	43:44+	47:06+	49:03+	50:56+	51:12+		
06:36+	07:12+	03:20+	01:59+	02:27+	02:02+	04:39+	02:20+	02:55+	03:29+	03:29+	00:52+	02:24+	03:22+	01:57+	01:53+	00:16+		
06:36+	07:12+	03:20+	01:59+	02:27+	02:02+	04:39+	02:20+	02:55+	03:29+	03:29+	00:52+	02:24+	03:22+	01:57+	01:53+	00:16+		
23	Per Henriksen				16				51:34									
07:47+	14:51+	18:23+	20:47+	23:17+	25:30+	30:17+	32:48+	35:36+	38:42+	41:54+	42:44+	45:26+	48:28+	49:30+	51:16+	51:34+		
07:47+	07:04+	03:32+	02:24+	02:30+	02:13+	04:47+	02:31+	02:48+	03:06+	03:12+	00:50+	02:42+	03:02+	01:02+	01:46+	00:18+		
07:47+	07:04+	03:32+	02:24+	02:30+	02:13+	04:47+	02:31+	02:48+	03:06+	03:12+	00:50+	02:42+	03:02+	01:02+	01:46+	00:18+		
24	Torben Pedersen				17				52:30									
07:50+	14:45+	17:58+	20:08+	22:40+	24:30+	29:17+	31:43+	36:21+	39:12+	42:10+	43:03+	46:10+	49:41+	50:39+	52:17+	52:30+		
07:50+	06:55+	03:13+	02:10+	02:32+	01:50+	04:47+	02:26+	04:38+	02:51+	02:58+	00:53+	03:07+	03:31+	00:58+	01:38+	00:13+		
07:50+	06:55+	03:13+	02:10+	02:32+	01:50+	04:47+	02:26+	04:38+	02:51+	02:58+	00:53+	03:07+	03:31+	00:58+	01:38+	00:13+		
25	Frank Linde				Ok Pan				54:40									
07:58+	15:10+	18:45+	21:00+	23:46+	25:49+	30:59+	33:35+	36:34+	40:15+	43:15+	44:11+	46:26+	50:55+	52:08+	54:23+	54:40+		
07:58+	07:12+	03:35+	02:15+	02:46+	02:03+	05:10+	02:36+	02:59+	03:41+	03:00+	00:56+	02:15+	04:29+	01:13+	02:15+	00:17+		
07:58+	07:12+	03:35+	02:15+	02:46+	02:03+	05:10+	02:36+	02:59+	03:41+	03:00+	00:56+	02:15+	04:29+	01:13+	02:15+	00:17+		
26	Mogens Christensen				11				54:56									
08:16+	16:52+	20:29+	22:55+	25:28+	27:20+	32:21+	35:25+	38:21+	41:21+	44:45+	45:42+	48:09+	51:26+	52:39+	54:41+	54:56+		
08:16+	08:36+	03:37+	02:26+	02:33+	01:52+	05:01+	03:04+	02:56+	03:00+	03:24+	00:57+	02:27+	03:17+	01:13+	02:02+	00:15+		
08:16+	08:36+	03:37+	02:26+	02:33+	01:52+	05:01+	03:04+	02:56+	03:00+	03:24+	00:57+	02:27+	03:17+	01:13+	02:02+	00:15+		
27	Jens Christensen				5				55:02									
08:20+	16:16+	20:26+	22:47+	25:39+	27:58+	33:27+	36:14+	39:15+	42:20+	45:29+	46:18+	48:31+	51:34+	52:49+	54:46+	55:02+		
08:20+	07:56+	04:10+	02:21+	02:52+	02:19+	05:29+	02:47+	03:01+	03:05+	03:09+	00:49+	02:13+	03:03+	01:15+	01:57+	00:16+		
08:20+	07:56+	04:10+	02:21+	02:52+	02:19+	05:29+	02:47+	03:01+	03:05+	03:09+	00:49+	02:13+	03:03+	01:15+	01:57+	00:16+		
28	Gert Rebsdorf				5				55:13									
08:08+	15:40+	19:49+	21:53+	24:36+	26:51+	32:01+	34:30+	37:36+	40:48+	44:39+	45:33+	48:08+	51:07+	52:55+	54:58+	55:13+		
08:08+	07:32+	04:09+	02:04+	02:43+	02:15+	05:10+	02:29+	03:06+	03:12+	03:51+	00:54+	02:35+	02:59+	01:48+	02:03+	00:15+		
08:08+	07:32+	04:09+	02:04+	02:43+	02:15+	05:10+	02:29+	03:06+	03:12+	03:51+	00:54+	02:35+	02:59+	01:48+	02:03+	00:15+		

Plass	Navn					Klasse					Tid				
H60															
29	Søren Søgaard Nielsen					3					55:17				
07:54+	14:59+	19:16+	21:25+	25:06+	32:38+	35:25+	38:05+	41:00+	44:36+	45:39+	48:46+	51:52+	53:23+	55:03+	55:17+
07:54+	07:05+	04:17+	02:09+	03:41+	07:32+	02:47+	02:40+	02:55+	03:36+	01:03+	03:07+	03:06+	01:31+	01:40+	00:14+
07:54+	07:05+	04:17+	02:09+	03:41+	07:32+	02:47+	02:40+	02:55+	03:36+	01:03+	03:07+	03:06+	01:31+	01:40+	00:14+
30	John Lindahl Hansen					9					57:19				
07:22+	14:40+	17:47+	19:54+	22:45+	25:16+	30:11+	33:00+	37:13+	41:40+	45:03+	45:59+	49:59+	53:58+	55:21+	57:03+
07:22+	07:18+	03:07+	02:07+	02:51+	02:31+	04:55+	02:49+	04:13+	04:27+	03:23+	00:56+	04:00+	03:59+	01:23+	01:42+
07:22+	07:18+	03:07+	02:07+	02:51+	02:31+	04:55+	02:49+	04:13+	04:27+	03:23+	00:56+	04:00+	03:59+	01:23+	01:42+
31	Uffe Bach					12					58:42				
08:08+	16:23+	20:29+	23:22+	26:11+	34:09+	37:15+	40:22+	43:42+	47:15+	48:08+	50:56+	54:44+	56:13+	58:26+	58:42+
08:08+	08:15+	04:06+	02:53+	02:49+	07:58+	03:06+	03:07+	03:20+	03:33+	00:53+	02:48+	03:48+	01:29+	02:13+	00:16+
08:08+	08:15+	04:06+	02:53+	02:49+	07:58+	03:06+	03:07+	03:20+	03:33+	00:53+	02:48+	03:48+	01:29+	02:13+	00:16+
32	Finn Ingwersen					4					1:00:44				
08:47+	17:00+	22:01+	24:38+	27:40+	30:39+	35:47+	38:59+	42:24+	46:02+	49:25+	50:25+	53:32+	56:59+	58:26+	60:28+
08:47+	08:13+	05:01+	02:37+	03:02+	02:59+	05:08+	03:12+	03:25+	03:38+	03:23+	01:00+	03:07+	03:27+	01:27+	02:02+
08:47+	08:13+	05:01+	02:37+	03:02+	02:59+	05:08+	03:12+	03:25+	03:38+	03:23+	01:00+	03:07+	03:27+	01:27+	02:02+
33	Bjarne Krogh					6					1:01:39				
08:18+	15:49+	19:27+	22:05+	25:06+	35:34+	38:32+	41:34+	44:50+	49:35+	50:56+	53:49+	58:15+	59:26+	61:23+	61:39+
08:18+	07:31+	03:38+	02:38+	03:01+	10:28+	02:58+	03:02+	03:16+	04:45+	01:21+	02:53+	04:26+	01:11+	01:57+	00:16+
08:18+	07:31+	03:38+	02:38+	03:01+	10:28+	02:58+	03:02+	03:16+	04:45+	01:21+	02:53+	04:26+	01:11+	01:57+	00:16+
34	Gunnar Gjermadsen					4					1:04:04				
10:35+	19:25+	24:50+	27:18+	30:26+	32:36+	39:57+	43:21+	46:54+	50:12+	53:50+	54:47+	56:59+	60:07+	61:29+	63:48+
10:35+	08:50+	05:25+	02:28+	03:08+	02:10+	07:21+	03:24+	03:33+	03:18+	03:38+	00:57+	02:12+	03:08+	01:22+	02:19+
10:35+	08:50+	05:25+	02:28+	03:08+	02:10+	07:21+	03:24+	03:33+	03:18+	03:38+	00:57+	02:12+	03:08+	01:22+	02:19+
35	Karsten Stald					4					1:04:53				
08:22+	16:08+	31:38+	33:38+	36:30+	43:40+	46:08+	49:19+	52:16+	55:05+	56:13+	58:13+	61:12+	62:24+	64:38+	64:53+
08:22+	07:46+	15:30+	02:00+	02:52+	07:10+	02:28+	03:11+	02:57+	02:49+	01:08+	02:00+	02:59+	01:12+	02:14+	00:15+
08:22+	07:46+	15:30+	02:00+	02:52+	07:10+	02:28+	03:11+	02:57+	02:49+	01:08+	02:00+	02:59+	01:12+	02:14+	00:15+
36	Keld Abrahamsen					19					1:05:36				
09:07+	18:11+	22:39+	25:26+	28:38+	30:49+	36:37+	40:34+	43:48+	47:44+	51:24+	52:31+	56:05+	60:38+	62:22+	65:13+
09:07+	09:04+	04:28+	02:47+	03:12+	02:11+	05:48+	03:57+	03:14+	03:56+	03:40+	01:07+	03:34+	04:33+	01:44+	02:51+
09:07+	09:04+	04:28+	02:47+	03:12+	02:11+	05:48+	03:57+	03:14+	03:56+	03:40+	01:07+	03:34+	04:33+	01:44+	02:51+
37	Jan Bille					Ok Pan					1:06:16				
07:48+	16:27+	25:08+	27:29+	30:17+	32:40+	37:55+	41:32+	44:30+	47:56+	51:10+	52:07+	57:28+	60:54+	63:14+	66:01+
07:48+	08:39+	08:41+	02:21+	02:48+	02:23+	05:15+	03:37+	02:58+	03:26+	03:14+	00:57+	05:21+	03:26+	02:20+	02:47+
07:48+	08:39+	08:41+	02:21+	02:48+	02:23+	05:15+	03:37+	02:58+	03:26+	03:14+	00:57+	05:21+	03:26+	02:20+	02:47+
38	Helmut Hilden					13					1:06:45				
08:07+	15:59+	20:31+	23:11+	26:07+	28:13+	35:08+	39:21+	42:38+	45:21+	48:30+	50:07+	53:22+	63:31+	64:35+	66:26+
08:07+	07:52+	04:32+	02:40+	02:56+	02:06+	06:55+	04:13+	03:17+	02:43+	03:09+	01:37+	03:15+	10:09+	01:04+	01:51+
08:07+	07:52+	04:32+	02:40+	02:56+	02:06+	06:55+	04:13+	03:17+	02:43+	03:09+	01:37+	03:15+	10:09+	01:04+	01:51+
39	Poul Grøn					Ok Pan					1:16:05				
08:27+	15:33+	20:03+	22:26+	40:17+	42:38+	50:42+	53:26+	58:01+	60:59+	64:54+	65:48+	69:15+	72:53+	73:59+	75:50+
08:27+	07:06+	04:30+	02:23+	17:51+	02:21+	08:04+	02:44+	04:35+	02:58+	03:55+	00:54+	03:27+	03:38+	01:06+	01:51+
08:27+	07:06+	04:30+	02:23+	17:51+	02:21+	08:04+	02:44+	04:35+	02:58+	03:55+	00:54+	03:27+	03:38+	01:06+	01:51+
40	Ole Gjøderum					19					1:17:30				
12:05+	20:46+	25:18+	28:50+	32:52+	36:48+	44:36+	49:02+	52:48+	58:31+	63:20+	64:51+	68:24+	72:56+	74:36+	77:08+
12:05+	08:41+	04:32+	03:32+	04:02+	03:56+	07:48+	04:26+	03:46+	05:43+	04:49+	01:31+	03:33+	04:32+	01:40+	02:32+
12:05+	08:41+	04:32+	03:32+	04:02+	03:56+	07:48+	04:26+	03:46+	05:43+	04:49+	01:31+	03:33+	04:32+	01:40+	02:32+

Plass	Navn	Klasse										Tid					
H60																	
41	Olaf Christensen	19										1:18:04					
10:35+	20:19+	28:33+	31:31+	35:23+	38:26+	45:15+	49:36+	53:41+	58:40+	63:06+	64:21+	67:19+	73:20+	75:20+	77:43+	78:04+	
10:35+	09:44+	08:14+	02:58+	03:52+	03:03+	06:49+	04:21+	04:05+	04:59+	04:26+	01:15+	02:58+	06:01+	02:00+	02:23+	00:21+	
10:35+	09:44+	08:14+	02:58+	03:52+	03:03+	06:49+	04:21+	04:05+	04:59+	04:26+	01:15+	02:58+	06:01+	02:00+	02:23+	00:21+	
42	Poul Larsen	4										1:27:26					
26:30+	34:27+	39:36+	43:01+	46:08+	50:14+	57:15+	60:47+	64:22+	69:38+	73:18+	74:43+	78:53+	83:39+	85:03+	87:07+	87:26+	
26:30+	07:57+	05:09+	03:25+	03:07+	04:06+	07:01+	03:32+	03:35+	05:16+	03:40+	01:25+	04:10+	04:46+	01:24+	02:04+	00:19+	
26:30+	07:57+	05:09+	03:25+	03:07+	04:06+	07:01+	03:32+	03:35+	05:16+	03:40+	01:25+	04:10+	04:46+	01:24+	02:04+	00:19+	
43	Arne Mortensen	13										1:33:18					
23:51+	33:51+	40:30+	44:18+	48:09+	62:02+	65:30+	70:04+	74:34+	79:07+	81:03+	84:43+	89:02+	90:30+	93:01+	93:18+		
23:51+	10:00+	06:39+	03:48+	03:51+	13:53+	03:28+	04:34+	04:30+	04:33+	01:56+	03:40+	04:19+	01:28+	02:31+	00:17+		
23:51+	10:00+	06:39+	03:48+	03:51+	13:53+	03:28+	04:34+	04:30+	04:33+	01:56+	03:40+	04:19+	01:28+	02:31+	00:17+		
Beste stræktid for klassen																	
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.																	
H70																	
1	Eigil Nielsen	4										37:56					
04:46=	07:23=	09:26=	11:38=	14:24=	21:52=	24:17=	26:49=	29:05=	31:14=	32:33=	33:24=	36:20=	37:44=	37:56=			
04:46=	02:37=	02:03=	02:12=	02:46=	07:28=	02:25=	02:32=	02:16=	02:09=	01:19=	00:51=	02:56=	01:24=	00:12=			
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=			
2	Finn Hørup Nielsen	11										39:13					
04:39-	07:23=	09:41+	12:14+	15:17+	23:06+	26:08+	28:08+	31:01+	32:49+	34:19+	37:30+	39:00+	39:13+				
04:39-	02:44+	02:18+	02:33+	03:03+	07:49+	03:02+	02:00-	02:53+	01:48-	01:30+	03:11+	01:30-	00:13-				
00:07-	00:07+	00:15#	00:21#	00:17#	00:21+	00:37&	00:32-	00:37&	00:21-	00:11#	02:20@	01:26-	01:11-				
3	Poul Bobach	18										39:27					
05:17+	08:13+	10:34+	13:12+	16:11+	24:23+	27:01+	28:46+	31:34+	33:22+	34:35+	37:48+	39:15+	39:27+				
05:17+	02:56+	02:21+	02:38+	02:59+	08:12+	02:38+	01:45-	02:48+	01:48-	01:13-	03:13+	01:27-	00:12-				
00:31#	00:19#	00:18#	00:26#	00:13+	00:44+	00:13+	00:47-	00:32#	00:21-	00:06-	02:22@	01:29-	01:12-				
4	Flemming Nørgaard	Ok Pan										42:04					
05:34+	08:29+	10:37+	13:16+	16:27+	24:48+	27:56+	30:58+	33:55+	35:51+	37:07+	40:15+	41:50+	42:04+				
05:34+	02:55+	02:08+	02:39+	03:11+	08:21+	03:08+	03:02+	02:57+	01:56-	01:16-	03:08+	01:35-	00:14-				
00:48#	00:18#	00:05+	00:27#	00:25#	00:53#	00:43&	00:30#	00:41&	00:13-	00:03-	02:17@	01:21-	01:10-				
5	Claus Faber	14										44:42					
04:52+	08:00+	10:26+	16:59+	25:37+	28:35+	31:29+	34:18+	36:39+	40:12+	42:52+	44:29+	44:42+					
04:52+	03:08+	02:26+	06:33+	08:38+	02:58-	02:54+	02:49+	02:21+	03:33+	02:40+	01:37+	00:13-					
00:06+	00:31#	00:23#	04:21@	05:52@	04:30-	00:29#	00:17#	00:05+	01:24&	01:21@	00:46&	02:43-					
6	Troels Jensen	4										44:46					
05:24+	08:35+	10:55+	13:41+	17:02+	25:25+	28:23+	30:41+	33:52+	36:05+	37:30+	42:44+	44:30+	44:46+				
05:24+	03:11+	02:20+	02:46+	03:21+	08:23+	02:58+	02:18-	03:11+	02:13+	01:25+	05:14+	01:46-	00:16-				
00:38#	00:34#	00:17#	00:34&	00:35#	00:55#	00:33#	00:14-	00:55&	00:04+	00:06+	04:23@	01:10-	01:08-				
7	Max Hansen	12										44:48					
05:14+	08:24+	10:35+	13:46+	16:43+	24:37+	27:35+	32:01+	35:25+	38:46+	40:18+	43:00+	44:32+	44:48+				
05:14+	03:10+	02:11+	03:11+	02:57+	07:54+	02:58+	04:26+	03:24+	03:21+	01:32+	02:42+	01:32-	00:16-				
00:28+	00:33#	00:08+	00:59&	00:11+	00:26+	00:33#	01:54&	01:08&	01:12&	00:13#	01:51@	01:24-	01:08-				

Plass	Navn	Klasse										Tid			
H70															
8	Steen Frandsen					17					47:34				
04:58+	08:29+	10:59+	14:08+	17:17+	26:21+	29:38+	32:47+	35:51+	38:37+	41:42+	45:34+	47:19+	47:34+		
04:58+	03:31+	02:30+	03:09+	03:09+	09:04+	03:17+	03:09+	03:04+	02:46+	03:05+	03:52+	01:45-	00:15-		
00:12+	00:54&	00:27#	00:57&	00:23#	01:36#	00:52&	00:37#	00:48&	00:37&	01:46@	03:01@	01:11-	01:09-		
9	Hermann P. Jensen					6					47:59				
04:59+	08:05+	10:15+	13:12+	16:21+	26:25+	29:29+	32:26+	35:01+	37:06+	42:00+	45:12+	47:47+	47:59+		
04:59+	03:06+	02:10+	02:57+	03:09+	10:04+	03:04+	02:57+	02:35+	02:05+	04:54+	03:12+	02:35+	00:12+		
04:59+	03:06+	02:10+	02:57+	03:09+	10:04+	03:04+	02:57+	02:35+	02:05+	04:54+	03:12+	02:35+	00:12+		
10	Clive Allen					14					48:17				
05:39+	08:59+	11:29+	14:17+	17:57+	27:53+	31:16+	34:30+	38:17+	40:28+	42:51+	46:13+	48:02+	48:17+		
05:39+	03:20+	02:30+	02:48+	03:40+	09:56+	03:23+	03:14+	03:47+	02:11+	02:23+	03:22+	01:49+	00:15+		
05:39+	03:20+	02:30+	02:48+	03:40+	09:56+	03:23+	03:14+	03:47+	02:11+	02:23+	03:22+	01:49+	00:15+		
11	Tage Baun					4					49:33				
05:31+	12:02+	14:44+	20:55+	30:15+	33:32+	35:57+	39:01+	40:54+	44:20+	47:34+	49:17+	49:33+			
05:31+	06:31+	02:42+	06:11+	09:20+	03:17+	02:25+	03:04+	01:53+	03:26+	03:14+	01:43+	00:16+			
05:31+	06:31+	02:42+	06:11+	09:20+	03:17+	02:25+	03:04+	01:53+	03:26+	03:14+	01:43+	00:16+			
12	Poul Nørh					14					49:44				
05:26+	09:05+	11:34+	14:23+	19:25+	30:22+	33:28+	37:42+	40:59+	42:46+	44:06+	47:18+	49:33+	49:44+		
05:26+	03:39+	02:29+	02:49+	05:02+	10:57+	03:06+	04:14+	03:17+	01:47+	01:20+	03:12+	02:15+	00:11+		
05:26+	03:39+	02:29+	02:49+	05:02+	10:57+	03:06+	04:14+	03:17+	01:47+	01:20+	03:12+	02:15+	00:11+		
13	Leif B. Nielsen					3					50:43				
09:07+	11:57+	14:04+	17:03+	20:15+	29:08+	32:50+	35:11+	39:08+	41:16+	44:02+	48:40+	50:29+	50:43+		
09:07+	02:50+	02:07+	02:59+	03:12+	08:53+	03:42+	02:21+	03:57+	02:08+	02:46+	04:38+	01:49+	00:14+		
09:07+	02:50+	02:07+	02:59+	03:12+	08:53+	03:42+	02:21+	03:57+	02:08+	02:46+	04:38+	01:49+	00:14+		
14	Jens Jørgen Jensen					12					50:46				
06:03+	09:25+	11:56+	15:11+	18:30+	28:02+	31:27+	35:01+	38:19+	40:40+	42:54+	48:36+	50:27+	50:46+		
06:03+	03:22+	02:31+	03:15+	03:19+	09:32+	03:25+	03:34+	03:18+	02:21+	02:14+	05:42+	01:51+	00:19+		
06:03+	03:22+	02:31+	03:15+	03:19+	09:32+	03:25+	03:34+	03:18+	02:21+	02:14+	05:42+	01:51+	00:19+		
15	Frants Nielsen					3					50:50				
05:33+	09:01+	11:18+	14:29+	18:36+	28:38+	32:16+	38:09+	41:53+	43:58+	45:29+	48:26+	50:35+	50:50+		
05:33+	03:28+	02:17+	03:11+	04:07+	10:02+	03:38+	05:53+	03:44+	02:05+	01:31+	02:57+	02:09+	00:15+		
05:33+	03:28+	02:17+	03:11+	04:07+	10:02+	03:38+	05:53+	03:44+	02:05+	01:31+	02:57+	02:09+	00:15+		
16	Kjeld Simonsen					12					51:33				
05:52+	09:51+	12:27+	15:37+	19:30+	29:52+	33:12+	37:20+	41:14+	43:52+	45:53+	49:37+	51:18+	51:33+		
05:52+	03:59+	02:36+	03:10+	03:53+	10:22+	03:20+	04:08+	03:54+	02:38+	02:01+	03:44+	01:41+	00:15+		
05:52+	03:59+	02:36+	03:10+	03:53+	10:22+	03:20+	04:08+	03:54+	02:38+	02:01+	03:44+	01:41+	00:15+		
17	Karl Ditlevsen					4					53:02				
06:43+	10:05+	12:42+	15:31+	19:02+	32:41+	36:32+	40:04+	43:16+	46:24+	48:15+	51:12+	52:47+	53:02+		
06:43+	03:22+	02:37+	02:49+	03:31+	13:39+	03:51+	03:32+	03:12+	03:08+	01:51+	02:57+	01:35+	00:15+		
06:43+	03:22+	02:37+	02:49+	03:31+	13:39+	03:51+	03:32+	03:12+	03:08+	01:51+	02:57+	01:35+	00:15+		
18	Jørgen Krog					14					55:23				
05:55+	09:37+	12:22+	15:08+	18:47+	27:51+	32:04+	36:22+	39:15+	41:30+	47:27+	51:11+	53:55+	55:05+	55:23+	
05:55+	03:42+	02:45+	02:46+	03:39+	09:04+	04:13+	04:18+	02:53+	02:15+	05:57+	03:44+	02:44+	01:10+	00:18+	
05:55+	03:42+	02:45+	02:46+	03:39+	09:04+	04:13+	04:18+	02:53+	02:15+	05:57+	03:44+	02:44+	01:10+	00:18+	
19	Per Jessen-Klixbüll					Ok Pan					56:03				
06:18+	09:56+	12:30+	16:10+	22:17+	32:21+	36:17+	40:31+	44:08+	46:19+	47:44+	53:38+	55:45+	56:03+		
06:18+	03:38+	02:34+	03:40+	06:07+	10:04+	03:56+	04:14+	03:37+	02:11+	01:25+	05:54+	02:07+	00:18+		
06:18+	03:38+	02:34+	03:40+	06:07+	10:04+	03:56+	04:14+	03:37+	02:11+	01:25+	05:54+	02:07+	00:18+		

Plass	Navn				Klasse				Tid				
H70													
20	Finn Holter Madsen				Ok Pan				56:33				
05:57+	09:04+	11:27+	14:20+	23:03+	32:49+	36:46+	40:36+	43:52+	47:27+	49:25+	53:14+	56:17+	56:33+
05:57+	03:07+	02:23+	02:53+	08:43+	09:46+	03:57+	03:50+	03:16+	03:35+	01:58+	03:49+	03:03+	00:16+
05:57+	03:07+	02:23+	02:53+	08:43+	09:46+	03:57+	03:50+	03:16+	03:35+	01:58+	03:49+	03:03+	00:16+
21	Dieter Gravgaard				14				56:37				
07:22+	11:34+	15:14+	22:18+	32:20+	36:10+	38:46+	43:07+	47:09+	50:56+	54:18+	56:20+	56:37+	
07:22+	04:12+	03:40+	07:04+	10:02+	03:50+	02:36+	04:21+	04:02+	03:47+	03:22+	02:02+	00:17+	
07:22+	04:12+	03:40+	07:04+	10:02+	03:50+	02:36+	04:21+	04:02+	03:47+	03:22+	02:02+	00:17+	
22	Troels Munthe				5				58:02				
06:35+	11:16+	14:31+	18:09+	24:05+	34:36+	39:36+	41:47+	46:12+	48:27+	50:07+	55:37+	57:45+	58:02+
06:35+	04:41+	03:15+	03:38+	05:56+	10:31+	05:00+	02:11+	04:25+	02:15+	01:40+	05:30+	02:08+	00:17+
06:35+	04:41+	03:15+	03:38+	05:56+	10:31+	05:00+	02:11+	04:25+	02:15+	01:40+	05:30+	02:08+	00:17+
23	Ulf Mogensen				18				59:51				
05:40+	09:31+	12:01+	20:08+	31:42+	35:52+	38:52+	42:23+	44:35+	52:39+	58:02+	59:38+	59:51+	
05:40+	03:51+	02:30+	08:07+	11:34+	04:10+	03:00+	03:31+	02:12+	08:04+	05:23+	01:36+	00:13+	
05:40+	03:51+	02:30+	08:07+	11:34+	04:10+	03:00+	03:31+	02:12+	08:04+	05:23+	01:36+	00:13+	
24	Chris Krogh				19				59:59				
06:56+	11:43+	15:32+	18:40+	22:30+	33:51+	40:59+	45:09+	48:59+	54:27+	58:09+	59:41+	59:59+	
06:56+	04:47+	03:49+	03:08+	03:50+	11:21+	07:08+	04:10+	03:50+	05:28+	03:42+	01:32+	00:18+	
06:56+	04:47+	03:49+	03:08+	03:50+	11:21+	07:08+	04:10+	03:50+	05:28+	03:42+	01:32+	00:18+	
25	Asmus Wonsyld				14				1:00:33				
06:35+	10:21+	13:11+	20:19+	24:24+	35:47+	39:12+	42:58+	46:29+	52:15+	54:11+	57:44+	60:13+	60:33+
06:35+	03:46+	02:50+	07:08+	04:05+	11:23+	03:25+	03:46+	03:31+	05:46+	01:56+	03:33+	02:29+	00:20+
06:35+	03:46+	02:50+	07:08+	04:05+	11:23+	03:25+	03:46+	03:31+	05:46+	01:56+	03:33+	02:29+	00:20+
26	Leif Hansen				6				1:01:16				
05:49+	08:59+	11:31+	14:44+	17:40+	26:06+	29:22+	33:28+	51:13+	53:14+	55:18+	59:31+	61:02+	61:16+
05:49+	03:10+	02:32+	03:13+	02:56+	08:26+	03:16+	04:06+	17:45+	02:01+	02:04+	04:13+	01:31+	00:14+
05:49+	03:10+	02:32+	03:13+	02:56+	08:26+	03:16+	04:06+	17:45+	02:01+	02:04+	04:13+	01:31+	00:14+
27	Henning Olesen				6				1:01:26				
07:23+	11:38+	14:44+	19:37+	24:24+	36:02+	39:49+	42:43+	47:41+	50:06+	53:05+	58:52+	61:08+	61:26+
07:23+	04:15+	03:06+	04:53+	04:47+	11:38+	03:47+	02:54+	04:58+	02:25+	02:59+	05:47+	02:16+	00:18+
07:23+	04:15+	03:06+	04:53+	04:47+	11:38+	03:47+	02:54+	04:58+	02:25+	02:59+	05:47+	02:16+	00:18+
28	Finn Søndergaard				12				1:02:14				
07:13+	11:02+	14:05+	21:36+	34:36+	38:34+	43:37+	48:11+	53:04+	55:25+	59:42+	61:56+	62:14+	
07:13+	03:49+	03:03+	07:31+	13:00+	03:58+	05:03+	04:34+	04:53+	02:21+	04:17+	02:14+	00:18+	
07:13+	03:49+	03:03+	07:31+	13:00+	03:58+	05:03+	04:34+	04:53+	02:21+	04:17+	02:14+	00:18+	
29	Ole Christensen				4				1:03:17				
07:01+	11:10+	14:41+	18:33+	22:39+	33:27+	37:11+	40:17+	44:40+	48:55+	55:25+	60:48+	62:59+	63:17+
07:01+	04:09+	03:31+	03:52+	04:06+	10:48+	03:44+	03:06+	04:23+	04:15+	06:30+	05:23+	02:11+	00:18+
07:01+	04:09+	03:31+	03:52+	04:06+	10:48+	03:44+	03:06+	04:23+	04:15+	06:30+	05:23+	02:11+	00:18+
30	Niels Henrik Olesen				16				1:05:30				
07:14+	12:00+	15:32+	19:38+	24:15+	36:19+	41:23+	47:09+	51:31+	54:32+	57:26+	63:04+	65:13+	65:30+
07:14+	04:46+	03:32+	04:06+	04:37+	12:04+	05:04+	05:46+	04:22+	03:01+	02:54+	05:38+	02:09+	00:17+
07:14+	04:46+	03:32+	04:06+	04:37+	12:04+	05:04+	05:46+	04:22+	03:01+	02:54+	05:38+	02:09+	00:17+
31	Lars Ole Larsen				14				1:05:50				
06:40+	10:11+	12:51+	16:33+	21:02+	33:02+	36:52+	42:26+	46:36+	51:09+	57:30+	63:13+	65:34+	65:50+
06:40+	03:31+	02:40+	03:42+	04:29+	12:00+	03:50+	05:34+	04:10+	04:33+	06:21+	05:43+	02:21+	00:16+
06:40+	03:31+	02:40+	03:42+	04:29+	12:00+	03:50+	05:34+	04:10+	04:33+	06:21+	05:43+	02:21+	00:16+

Plass	Navn					Klasse					Tid						
H70																	
32	Arne Pedersen					5					1:06:19						
07:41+	12:20+	16:02+	19:53+	25:44+	38:28+	43:22+	46:43+	52:16+	56:41+	58:58+	63:29+	66:00+	66:19+				
07:41+	04:39+	03:42+	03:51+	05:51+	12:44+	04:54+	03:21+	05:33+	04:25+	02:17+	04:31+	02:31+	00:19+				
07:41+	04:39+	03:42+	03:51+	05:51+	12:44+	04:54+	03:21+	05:33+	04:25+	02:17+	04:31+	02:31+	00:19+				
33	Erling Nørgaard					19					1:07:37						
06:42+	10:29+	13:12+	16:17+	20:13+	33:42+	42:36+	52:20+	56:19+	59:01+	61:54+	65:25+	67:23+	67:37+				
06:42+	03:47+	02:43+	03:05+	03:56+	13:29+	08:54+	09:44+	03:59+	02:42+	02:53+	03:31+	01:58+	00:14+				
06:42+	03:47+	02:43+	03:05+	03:56+	13:29+	08:54+	09:44+	03:59+	02:42+	02:53+	03:31+	01:58+	00:14+				
34	Gert Odgaard					11					1:08:21						
15:21+	18:54+	21:35+	24:53+	28:37+	40:05+	43:52+	48:00+	52:27+	57:28+	62:04+	66:10+	68:03+	68:21+				
15:21+	03:33+	02:41+	03:18+	03:44+	11:28+	03:47+	04:08+	04:27+	05:01+	04:36+	04:06+	01:53+	00:18+				
15:21+	03:33+	02:41+	03:18+	03:44+	11:28+	03:47+	04:08+	04:27+	05:01+	04:36+	04:06+	01:53+	00:18+				
35	Hans Jørgen Simonsen					Ok Pan					1:10:11						
08:20+	12:47+	17:37+	22:01+	27:50+	40:25+	44:20+	51:19+	57:08+	60:30+	62:24+	67:00+	69:47+	70:11+				
08:20+	04:27+	04:50+	04:24+	05:49+	12:35+	03:55+	06:59+	05:49+	03:22+	01:54+	04:36+	02:47+	00:24+				
08:20+	04:27+	04:50+	04:24+	05:49+	12:35+	03:55+	06:59+	05:49+	03:22+	01:54+	04:36+	02:47+	00:24+				
36	Villy Sørensen					12					1:10:18						
07:35+	12:27+	15:53+	19:55+	27:03+	40:50+	47:25+	51:20+	56:09+	59:00+	62:49+	67:48+	69:59+	70:18+				
07:35+	04:52+	03:26+	04:02+	07:08+	13:47+	06:35+	03:55+	04:49+	02:51+	03:49+	04:59+	02:11+	00:19+				
07:35+	04:52+	03:26+	04:02+	07:08+	13:47+	06:35+	03:55+	04:49+	02:51+	03:49+	04:59+	02:11+	00:19+				
37	Ole Jensen					13					1:11:58						
08:02+	13:18+	16:49+	24:17+	29:40+	43:09+	48:45+	51:43+	56:32+	60:31+	62:37+	68:43+	71:38+	71:58+				
08:02+	05:16+	03:31+	07:28+	05:23+	13:29+	05:36+	02:58+	04:49+	03:59+	02:06+	06:06+	02:55+	00:20+				
08:02+	05:16+	03:31+	07:28+	05:23+	13:29+	05:36+	02:58+	04:49+	03:59+	02:06+	06:06+	02:55+	00:20+				
38	Harvy Ilsøe					4					1:26:14						
10:53+	19:28+	23:09+	27:42+	33:37+	48:55+	53:54+	58:34+	63:16+	72:31+	74:56+	76:41+	82:44+	85:51+	86:14+			
10:53+	08:35+	03:41+	04:33+	05:55+	15:18+	04:59+	04:40+	04:42+	09:15+	02:25+	01:45+	06:03+	03:07+	00:23+			
10:53+	08:35+	03:41+	04:33+	05:55+	15:18+	04:59+	04:40+	04:42+	09:15+	02:25+	01:45+	06:03+	03:07+	00:23+			

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H80

1	Knud Sørensen		Ok Pan										34:08			
	03:52=	07:18=	09:34=	13:25=	16:49=	19:53=	22:48=	23:30=	27:16=	30:38=	31:55=	33:52=	34:08=			
	03:52=	03:26=	02:16=	03:51=	03:24=	03:04=	02:55=	00:42=	03:46=	03:22=	01:17=	01:57=	00:16=			
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=			
2	Kai Ø. Laursen		18										35:46			
	04:46+	07:33+	10:19+	13:48+	17:57+	21:43+	25:10+	26:14+	29:03+	31:50+	33:29+	35:30+	35:46+			
	04:46+	02:47-	02:46+	03:29-	04:09+	03:46+	03:27+	01:04+	02:49-	02:47-	01:39+	02:01+	00:16=			
	00:54#	00:39-	00:30#	00:22-	00:45#	00:42#	00:32#	00:22&	00:57-	00:35-	00:22&	00:04+	00:00=			
3	Asger Kristensen		3										44:29			
	07:07+	10:04+	13:03+	17:00+	21:43+	25:56+	30:25+	31:28+	36:03+	40:36+	41:55+	44:14+	44:29+			
	07:07+	02:57-	02:59+	03:57+	04:43+	04:13+	04:29+	01:03+	04:35+	04:33+	01:19+	02:19+	00:15-			
	03:15&	00:29-	00:43&	00:06+	01:19&	01:09&	01:34&	00:21&	00:49#	01:11&	00:02+	00:22#	00:01-			

Plass	Navn	Klasse	Tid
H80			

4	Tage Arent Jensen					17					50:26				
05:55+	09:16+	12:32+	16:56+	23:08+	27:09+	34:13+	35:30+	39:23+	45:09+	46:56+	50:04+	50:26+			
05:55+	03:21-	03:16+	04:24+	06:12+	04:01+	07:04+	01:17+	03:53+	05:46+	01:47+	03:08+	00:22+			
02:03&	00:05-	01:00&	00:33#	02:48&	00:57&	04:09@	00:35&	00:07+	02:24&	00:30&	01:11&	00:06&			

5	Preben Eriksen					17				50:45			
06:07+	10:58+	14:40+	19:34+	24:56+	28:55+	33:20+	35:01+	41:14+	46:22+	48:00+	50:25+	50:45+	
06:07+	04:51+	03:42+	04:54+	05:22+	03:59+	04:25+	01:41+	06:13+	05:08+	01:38+	02:25+	00:20+	
06:07+	04:51+	03:42+	04:54+	05:22+	03:59+	04:25+	01:41+	06:13+	05:08+	01:38+	02:25+	00:20+	

6	Erik Hedegaard Jakobsen						6							50:56
07:44+	11:51+	15:13+	20:16+	25:39+	30:09+	34:56+	36:26+	41:09+	46:53+	48:16+	50:39+	50:56+		
07:44+	04:07+	03:22+	05:03+	05:23+	04:30+	04:47+	01:30+	04:43+	05:44+	01:23+	02:23+	00:17+		
07:44+	04:07+	03:22+	05:03+	05:23+	04:30+	04:47+	01:30+	04:43+	05:44+	01:23+	02:23+	00:17+		

7	Åge Knudsen						3							56:13
06:01+	15:27+	18:33+	23:41+	29:10+	35:37+	40:51+	42:04+	46:27+	51:40+	53:22+	55:53+	56:13+		
06:01+	09:26+	03:06+	05:08+	05:29+	06:27+	05:14+	01:13+	04:23+	05:13+	01:42+	02:31+	00:20+		
06:01+	09:26+	03:06+	05:08+	05:29+	06:27+	05:14+	01:13+	04:23+	05:13+	01:42+	02:31+	00:20+		

8	Anker Andersen										4	1:05:34			
09:09+	14:43+	19:28+	27:16+	35:16+	41:31+	47:09+	48:57+	53:55+	59:38+	61:46+	65:09+	65:34+			
09:09+	05:34+	04:45+	07:48+	08:00+	06:15+	05:38+	01:48+	04:58+	05:43+	02:08+	03:23+	00:25+			
09:09+	05:34+	04:45+	07:48+	08:00+	06:15+	05:38+	01:48+	04:58+	05:43+	02:08+	03:23+	00:25+			

9	Hartvig Mathiasen					17			1:08:46				
06:56+	11:36+	15:50+	22:28+	39:27+	44:02+	49:46+	51:27+	57:11+	62:57+	65:15+	68:19+	68:46+	
06:56+	04:40+	04:14+	06:38+	16:59+	04:35+	05:44+	01:41+	05:44+	05:46+	02:18+	03:04+	00:27+	
06:56+	04:40+	04:14+	06:38+	16:59+	04:35+	05:44+	01:41+	05:44+	05:46+	02:18+	03:04+	00:27+	

10	Henning Jørgensen					6	1:20:40						
07:57+	18:01+	23:21+	30:46+	46:21+	53:20+	59:01+	60:55+	65:52+	74:08+	76:25+	80:12+	80:40+	
07:57+	10:04+	05:20+	07:25+	15:35+	06:59+	05:41+	01:54+	04:57+	08:16+	02:17+	03:47+	00:28+	
07:57+	10:04+	05:20+	07:25+	15:35+	06:59+	05:41+	01:54+	04:57+	08:16+	02:17+	03:47+	00:28+	

11	Per Rønnau					19					1:22:09				
14:55+	20:14+	24:52+	31:39+	42:37+	47:59+	55:25+	58:01+	69:59+	76:39+	78:32+	81:41+	82:09+			
14:55+	05:19+	04:38+	06:47+	10:58+	05:22+	07:26+	02:36+	11:58+	06:40+	01:53+	03:09+	00:28+			
14:55+	05:19+	04:38+	06:47+	10:58+	05:22+	07:26+	02:36+	11:58+	06:40+	01:53+	03:09+	00:28+			

12	Hanne Agnethe Schultz										4	1:57:24		
17:34+	30:08+	36:10+	51:22+	59:44+	78:23+	87:00+	89:24+	97:25+	107:47+	112:46+	116:43+	117:24+		
17:34+	12:34+	06:02+	15:12+	08:22+	18:39+	08:37+	02:24+	08:01+	10:22+	04:59+	03:57+	00:41+		
17:34+	12:34+	06:02+	15:12+	08:22+	18:39+	08:37+	02:24+	08:01+	10:22+	04:59+	03:57+	00:41+		

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H-Let

1	Jakob Birkholm				Ok Pan								19:17	
01:39=	03:55=	05:36=	07:05=	09:25=	10:52=	11:45=	12:30=	15:05=	16:10=	17:22=	18:21=	19:03=	19:17=	
01:39=	02:16=	01:41=	01:29=	02:20=	01:27=	00:53=	00:45=	02:35=	01:05=	01:12=	00:59=	00:42=	00:14=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	

Plass	Navn	Klasse										Tid			
H-Let															
2	Jes Lindholm Jensen					14					25:13				
02:02+	03:55=	06:08+	07:55+	10:39+	12:26+	14:21+	16:13+	19:42+	21:14+	23:02+	24:11+	25:01+	25:13+		
02:02+	01:53-	02:13+	01:47+	02:44+	01:47+	01:55+	01:52+	03:29+	01:32+	01:48+	01:09+	00:50+	00:12-		
00:23#	00:23-	00:32&	00:18#	00:24#	00:20#	01:02@	01:07@	00:54&	00:27&	00:36&	00:10#	00:08#	00:02-		
3	Jannik Friis					14					27:05				
02:26+	04:20+	06:30+	08:12+	11:34+	14:13+	16:34+	18:09+	21:48+	23:14+	24:40+	25:47+	26:53+	27:05+		
02:26+	01:54+	02:10+	01:42+	03:22+	02:39+	02:21+	01:35+	03:39+	01:26+	01:26+	01:07+	01:06+	00:12+		
02:26+	01:54+	02:10+	01:42+	03:22+	02:39+	02:21+	01:35+	03:39+	01:26+	01:26+	01:07+	01:06+	00:12+		
4	Klaus Hansen					Ok Pan					27:58				
02:51+	05:12+	07:06+	08:51+	11:21+	13:42+	15:25+	16:53+	20:10+	21:49+	23:24+	24:29+	27:42+	27:58+		
02:51+	02:21+	01:54+	01:45+	02:30+	02:21+	01:43+	01:28+	03:17+	01:39+	01:35+	01:05+	03:13+	00:16+		
02:51+	02:21+	01:54+	01:45+	02:30+	02:21+	01:43+	01:28+	03:17+	01:39+	01:35+	01:05+	03:13+	00:16+		
5	Dan Efsen					4					30:24				
02:26+	04:31+	06:16+	07:51+	10:16+	13:20+	14:15+	15:26+	25:51+	26:57+	28:30+	29:28+	30:12+	30:24+		
02:26+	02:05+	01:45+	01:35+	02:25+	03:04+	00:55+	01:11+	10:25+	01:06+	01:33+	00:58+	00:44+	00:12+		
02:26+	02:05+	01:45+	01:35+	02:25+	03:04+	00:55+	01:11+	10:25+	01:06+	01:33+	00:58+	00:44+	00:12+		
7	Erik Thomsen					3					44:37				
03:21+	06:27+	09:50+	13:33+	18:34+	21:41+	23:55+	26:27+	33:05+	36:11+	39:27+	42:08+	44:13+	44:37+		
03:21+	03:06+	03:23+	03:43+	05:01+	03:07+	02:14+	02:32+	06:38+	03:06+	03:16+	02:41+	02:05+	00:24+		
03:21+	03:06+	03:23+	03:43+	05:01+	03:07+	02:14+	02:32+	06:38+	03:06+	03:16+	02:41+	02:05+	00:24+		
8	Thomas Nikolajsen					4					45:17				
05:09+	09:18+	13:50+	17:37+	23:32+	27:00+	28:52+	30:50+	35:56+	38:28+	40:59+	43:25+	44:54+	45:17+		
05:09+	04:09+	04:32+	03:47+	05:55+	03:28+	01:52+	01:58+	05:06+	02:32+	02:31+	02:26+	01:29+	00:23+		
05:09+	04:09+	04:32+	03:47+	05:55+	03:28+	01:52+	01:58+	05:06+	02:32+	02:31+	02:26+	01:29+	00:23+		
9	Helge Søgaard					13					50:32				
04:30+	09:12+	13:46+	17:45+	24:02+	27:51+	29:50+	32:02+	38:26+	41:32+	44:50+	48:02+	49:59+	50:32+		
04:30+	04:42+	04:34+	03:59+	06:17+	03:49+	01:59+	02:12+	06:24+	03:06+	03:18+	03:12+	01:57+	00:33+		
04:30+	04:42+	04:34+	03:59+	06:17+	03:49+	01:59+	02:12+	06:24+	03:06+	03:18+	03:12+	01:57+	00:33+		
10	Jesper Larsen					14					52:18				
09:23+	14:09+	18:44+	22:30+	28:14+	31:22+	33:28+	35:11+	41:46+	44:39+	47:41+	50:25+	52:04+	52:18+		
09:23+	04:46+	04:35+	03:46+	05:44+	03:08+	02:06+	01:43+	06:35+	02:53+	03:02+	02:44+	01:39+	00:14+		
09:23+	04:46+	04:35+	03:46+	05:44+	03:08+	02:06+	01:43+	06:35+	02:53+	03:02+	02:44+	01:39+	00:14+		
11	Arne Lock					3					57:16				
05:13+	10:20+	15:19+	19:46+	27:12+	31:48+	34:03+	36:45+	44:00+	47:34+	51:21+	54:27+	56:42+	57:16+		
05:13+	05:07+	04:59+	04:27+	07:26+	04:36+	02:15+	02:42+	07:15+	03:34+	03:47+	03:06+	02:15+	00:34+		
05:13+	05:07+	04:59+	04:27+	07:26+	04:36+	02:15+	02:42+	07:15+	03:34+	03:47+	03:06+	02:15+	00:34+		
12	Jørgen Skovby					4									
02:35+	04:53+	05:18+	14:46+												
02:35+	02:18+	00:25+	09:28+												
02:35+	02:18+	00:25+	09:28+												

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

åben1

Plass		Navn										Klasse										Tid									
åben1																															
1	Tue Lassen										2										35:31										
02:22=	07:02=	08:28=	10:45=	13:16=	14:14=	15:43=	17:51=	19:05=	20:55=	21:56=	24:40=	26:47=	29:51=	30:51=	31:34=	32:21=	32:56=	34:19=	35:20=	35:31=											
02:22=	04:40=	01:26=	02:17=	02:31=	00:58=	01:29=	02:08=	01:14=	01:50=	01:01=	02:44=	02:07=	03:04=	01:00=	00:43=	00:47=	00:35=	01:23=	01:01=	00:11=											
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=											
2	Flemming Jørgensen										20										42:14										
02:44+	08:20+	09:55+	12:37+	15:18+	16:29+	18:09+	20:38+	22:08+	24:19+	25:33+	28:53+	30:36+	34:48+	36:01+	36:52+	37:54+	39:02+	40:49+	42:03+	42:14+											
02:44+	05:36+	01:35+	02:42+	02:41+	01:11+	01:40+	02:29+	01:30+	02:11+	01:14+	03:20+	01:43+	04:12+	01:13+	00:51+	01:02+	01:08+	01:47+	01:14+	00:11+											
02:44+	05:36+	01:35+	02:42+	02:41+	01:11+	01:40+	02:29+	01:30+	02:11+	01:14+	03:20+	01:43+	04:12+	01:13+	00:51+	01:02+	01:08+	01:47+	01:14+	00:11+											
3	Caroline Gjøtterup										2										43:50										
03:23+	09:03+	10:44+	13:26+	16:40+	17:54+	19:43+	22:21+	23:48+	26:00+	27:11+	30:39+	32:43+	36:37+	38:03+	39:07+	40:08+	40:57+	42:41+	43:40+	43:50+											
03:23+	05:40+	01:41+	02:42+	03:14+	01:14+	01:49+	02:38+	01:27+	02:12+	01:11+	03:28+	02:04+	03:54+	01:26+	01:04+	01:01+	00:49+	01:44+	00:59+	00:10+											
03:23+	05:40+	01:41+	02:42+	03:14+	01:14+	01:49+	02:38+	01:27+	02:12+	01:11+	03:28+	02:04+	03:54+	01:26+	01:04+	01:01+	00:49+	01:44+	00:59+	00:10+											
4	Lars Storper										16										52:50										
03:18+	10:05+	11:55+	14:46+	18:22+	19:39+	22:30+	25:52+	28:03+	30:47+	32:20+	36:17+	37:59+	42:39+	44:25+	45:54+	47:26+	48:43+	51:20+	52:38+	52:50+											
03:18+	06:47+	01:50+	02:51+	03:36+	01:17+	02:51+	03:22+	02:11+	02:44+	01:33+	03:57+	01:42+	04:40+	01:46+	01:29+	01:32+	01:17+	02:37+	01:18+	00:12+											
03:18+	06:47+	01:50+	02:51+	03:36+	01:17+	02:51+	03:22+	02:11+	02:44+	01:33+	03:57+	01:42+	04:40+	01:46+	01:29+	01:32+	01:17+	02:37+	01:18+	00:12+											
5	Lars Mikkelsen										21										1:36:39										
05:23+	15:32+	18:21+	26:31+	32:22+	36:11+	39:39+	44:24+	51:19+	56:28+	59:26+	65:58+	71:01+	78:15+	81:06+	83:29+	86:13+	89:30+	94:03+	96:15+	96:39+											
05:23+	10:09+	02:49+	08:10+	05:51+	03:49+	03:28+	04:45+	06:55+	05:09+	02:58+	06:32+	05:03+	07:14+	02:51+	02:23+	02:44+	03:17+	04:33+	02:12+	00:24+											
05:23+	10:09+	02:49+	08:10+	05:51+	03:49+	03:28+	04:45+	06:55+	05:09+	02:58+	06:32+	05:03+	07:14+	02:51+	02:23+	02:44+	03:17+	04:33+	02:12+	00:24+											
Beste stræktid for klassen																															
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.																															
åben2																															
1	Niels Jensen										20										50:15										
04:15=	06:11=	13:50=	17:31=	20:35=	22:11=	24:54=	26:54=	33:21=	39:03=	42:16=	43:15=	45:29=	47:45=	48:41=	50:02=	50:15=															
04:15=	01:56=	07:39=	03:41=	03:04=	01:36=	02:43=	02:00=	06:27=	05:42=	03:13=	00:59=	02:14=	02:16=	00:56=	01:21=	00:13=															
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=															
2	Søren Maarup										22										52:18										
06:34+	08:31+	15:46+	19:22+	22:53+	24:24+	27:23+	29:17+	35:41+	40:57+	43:38+	44:27+	46:44+	49:28+	50:31+	52:02+	52:18+															
06:34+	01:57+	07:15=	03:36=	03:31+	01:31=	02:59+	01:54=	06:24=	05:16=	02:41=	00:49=	02:17+	02:44+	01:03+	01:31+	00:16+															
02:19&	00:01+	00:24=	00:05=	00:27#	00:05=	00:16+	00:06=	00:03=	00:26=	00:32=	00:10=	00:03+	00:28#	00:07#	00:10#	00:03#															
3	Signe Edsen										6										53:59										
03:26=	05:33=	13:47=	17:56+	22:14+	23:45+	27:27+	29:42+	37:01+	42:35+	45:24+	46:17+	47:55+	50:59+	52:12+	53:47+	53:59+															
03:26=	02:07+	08:14+	04:09+	04:18+	01:31=	03:42+	02:15+	07:19+	05:34=	02:49=	00:53=	01:38=	03:04+	01:13+	01:35+	00:12=															
00:49=	00:11+	00:35+	00:28#	01:14&	00:05=	00:59&	00:15#	00:52#	00:08=	00:24=	00:06=	00:36=	00:48&	00:17&	00:14#	00:01=															
4	Lone Rasmussen										20										1:01:22										
05:52+	08:05+	16:30+	20:40+	25:10+	27:03+	30:22+	32:51+	41:29+	47:54+	50:47+	52:02+	55:35+	58:29+	59:30+	61:07+	61:22+															
05:52+	02:13+	08:25+	04:10+	04:30+	01:53+	03:19+	02:29+	08:38+	06:25+	02:53=	01:15+	03:33+	02:54+	01:01+	01:37+	00:15+															
01:37&	00:17#	00:46#	00:29#	01:26&	00:17#	00:36#	00:29#	02:11&	00:43#	00:20=	00:16&	01:19&	00:38&	00:05+	00:16#	00:02#															
5	Anker Møller										14										1:07:39										
05:15+	07:48+	18:03+	22:52+	28:17+	30:19+	35:04+	38:03+	46:49+	54:24+	57:46+	58:42+	60:52+	63:34+	65:15+	67:25+	67:39+															
05:15+	02:33+	10:15+	04:49+	05:25+	02:02+	04:45+	02:59+	08:46+	07:35+	03:22+	00:56=	02:10=	02:42+	01:41+	02:10+	00:14+															
01:00#	00:37&	02:36&	01:08&	02:21&	00:26&	02:02&	00:59&	02:19&	01:53&	00:09+	00:03=	00:04=	00:26#	00:45&	00:49&	00:01+															

Plass	Navn	Klasse	Tid
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åben2

6	Lars Humle														10	1:20:55													
05:01+	10:11+	26:09+	31:10+	36:28+	38:29+	42:37+	45:18+	56:57+	65:09+	69:31+	70:48+	73:19+	76:53+	78:10+	80:34+	80:55+													
05:01+	05:10+	15:58+	05:01+	05:18+	02:01+	04:08+	02:41+	11:39+	08:12+	04:22+	01:17+	02:31+	03:34+	01:17+	02:24+	00:21+													
00:46#	03:14@	08:19@	01:20&	02:14&	00:25&	01:25&	00:41&	05:12&	02:30&	01:09&	00:18&	00:17#	01:18&	00:21&	01:03&	00:08&													

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

åben3

1	Jørn Thomsen														15	59:06													
05:33=	09:22=	12:24=	15:48=	20:12=	25:08=	30:10=	35:02=	39:14=	42:36=	46:39=	49:44=	51:33=	56:10=	58:44=	59:06=														
05:33=	03:49=	03:02=	03:24=	04:24=	04:56=	05:02=	04:52=	04:12=	03:22=	04:03=	03:05=	01:49=	04:37=	02:34=	00:22=														
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=														
2	Peter Sølling														8	1:03:15													
05:17-	08:34-	11:42-	15:50+	20:55+	25:30+	29:59-	33:45-	37:58-	46:38+	50:41+	53:04+	56:51+	61:20+	63:00+	63:15+														
05:17-	03:17-	03:08+	04:08+	05:05+	04:35-	04:29-	03:46-	04:13+	08:40+	04:03=	02:23-	03:47+	04:29-	01:40-	00:15-														
00:16-	00:32-	00:06+	00:44#	00:41#	00:21-	00:33-	01:06-	00:01+	05:18@	00:00=	00:42-	01:58@	00:08-	00:54-	00:07-														

3	Else Sølling				8				1:31:44						
07:28+	14:23+	18:49+	24:10+	30:10+	37:40+	45:55+	51:49+	57:42+	61:12+	66:27+	73:38+	77:45+	88:18+	91:21+	91:44+
07:28+	06:55+	04:26+	05:21+	06:00+	07:30+	08:15+	05:54+	05:53+	03:30+	05:15+	07:11+	04:07+	10:33+	03:03+	00:23+
01:55&	03:06&	01:24&	01:57&	01:36&	02:34&	03:13&	01:02#	01:41&	00:08+	01:12&	04:06@	02:18@	05:56@	00:29#	00:01+

Beste stræktid for klassen

05:17	03:17	03:02	03:24	04:24	04:35	04:29	03:46	04:12	03:22	04:03	02:23	01:49	04:29	01:40	00:15
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

åben4

1	Axel Ørnhagen Jørgensen										20	37:22								
02:51=	05:26=	09:35=	11:53=	13:10=	15:16=	16:58=	18:25=	19:55=	21:36=	23:28=	27:21=	30:26=	31:52=	32:31=	35:16=	35:54=	37:11=	37:22=		
02:51=	02:35=	04:09=	02:18=	01:17=	02:06=	01:42=	01:27=	01:30=	01:41=	01:52=	03:53=	03:05=	01:26=	00:39=	02:45=	00:38=	01:17=	00:11=		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		
2	Rikke Schested					NOTEAM					2:22:22									
12:45+	21:52+	27:17+	30:38+	32:35+	36:02+	50:02+	71:37+	78:42+	81:52+	85:15+	104:59+	127:35+	130:46+	135:00+	138:11+	139:27+	142:04+	142:22+		
12:45+	09:07+	05:25+	03:21+	01:57+	03:27+	14:00+	21:35+	07:05+	03:10+	03:23+	19:44+	22:36+	03:11+	04:14+	03:11+	01:16+	02:37+	00:18+		
09:54@	06:32@	01:16&	01:03&	00:40&	01:21&	12:18@	20:08@	05:35@	01:29&	01:31&	15:51@	19:31@	01:45@	03:35@	00:26#	00:38&	01:20@	00:07&		

Beste stræktid for klassen

02:51	02:35	04:09	02:18	01:17	02:06	01:42	01:27	01:30	01:41	01:52	03:53	03:05	01:26	00:39	02:45	00:38	01:17	00:11
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

åben5

1	Jeanette Fejring					9					40:47				
01:54=	03:13=	06:11=	08:50=	11:14=	14:58=	17:51=	22:06=	23:04=	31:52=	33:32=	36:22=	38:42=	40:16=	40:47=	
01:54=	01:19=	02:58=	02:39=	02:24=	03:44=	02:53=	04:15=	00:58=	08:48=	01:40=	02:50=	02:20=	01:34=	00:31=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	

Plass	Navn	Klasse	Tid
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åben5

Beste stræktid for klassen

01:54 01:19 02:58 02:39 02:24 03:44 02:53 04:15 00:58 08:48 01:40 02:50 02:20 01:34 00:31

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.