

Plads Navn

Klasse

Tid

B1 25km

1 Victor Skaaning

NOTEAM

3:57:53

02:54= 05:31= 07:59= 14:35= 22:28= 29:18= 38:12= 48:26= 55:23= 65:02= 71:06= 80:00= 84:39= 89:47= 93:37= 102:04= 104:08= 108:47= 115:22= 120:08= 125:19= 133:53= 141:32= 148:52= 153:21= 156:19=
 02:54= 02:37= 02:28= 06:36= 07:53= 06:50= 08:54= 10:14= 06:57= 09:39= 06:04= 08:54= 04:39= 05:08= 03:50= 08:27= 02:04= 04:39= 06:35= 04:46= 05:11= 08:34= 07:39= 07:20= 04:29= 02:58=
 00:00=
 162:47= 171:43= 176:33= 182:18= 187:57= 195:11= 198:03= 206:56= 218:39= 223:09= 230:21= 235:06= 237:53=
 06:28= 08:56= 04:50= 05:45= 05:39= 07:14= 02:52= 08:53= 11:43= 04:30= 07:12= 04:45= 02:47=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

Beste stræktid for klassen

02:54 02:37 02:28 06:36 07:53 06:50 08:54 10:14 06:57 09:39 06:04 08:54 04:39 05:08 03:50 08:27 02:04 04:39 06:35 04:46 05:11 08:34 07:39 07:20 04:29 02:58 06:28 08:56

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

B220km

1 Peter Lindberg Thomadsen

5

3:31:08

04:33= 08:24= 11:21= 16:33= 25:11= 41:24= 45:02= 53:42= 57:32= 65:20= 71:19= 82:01= 83:27= 89:05= 93:53= 98:30= 101:35= 103:57= 110:37= 118:54= 125:31= 136:07= 139:05= 145:06= 156:37= 161:58=
 04:33= 03:51= 02:57= 05:12= 08:38= 16:13= 03:38= 08:40= 03:50= 07:48= 05:59= 10:42= 01:26= 05:38= 04:48= 04:37= 03:05= 02:22= 06:40= 08:17= 06:37= 10:36= 02:58= 06:01= 11:31= 05:21=
 00:00=
 169:03= 173:20= 184:15= 189:46= 199:20= 207:18= 211:08=
 07:05= 04:17= 10:55= 05:31= 09:34= 07:58= 03:50=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Ulla R. Pallesen

Ok Syd

4:16:56

06:55+ 12:33+ 16:00+ 23:35+ 32:57+ 45:08+ 53:18+ 59:03+ 68:30+ 77:38+ 84:43+ 96:48+ 98:31+ 105:34+ 111:38+ 117:36+ 122:17+ 125:42+ 135:43+ 148:54+ 159:42+ 172:12+ 175:28+ 185:05+ 199:32+ 206:53+
 06:55+ 05:38+ 03:27+ 07:35+ 09:22+ 12:11= 08:10+ 05:45= 09:27+ 09:08+ 07:05+ 12:05+ 01:43+ 07:03+ 06:04+ 05:58+ 04:41+ 03:25+ 10:01+ 13:11+ 10:48+ 12:30+ 03:16+ 09:37+ 14:27+ 07:21+
 02:22& 01:47& 00:30# 02:23& 00:44+ 04:02= 04:32@ 02:55= 05:37@ 01:20# 01:06# 01:23# 00:17# 01:25& 01:16& 01:21& 01:36& 01:03& 03:21& 04:54& 04:11& 01:54# 00:18# 03:36& 02:56& 02:00&
 213:37+ 217:57+ 231:16+ 236:50+ 246:11+ 253:21+ 256:56+
 06:44= 04:20+ 13:19+ 05:34+ 09:21= 07:10= 03:35=
 00:21= 00:03+ 02:24# 00:03+ 00:13= 00:48= 00:15=

3 Peter R. Pallesen

Ok Syd

4:17:30

05:18+ 13:46+ 17:04+ 24:26+ 34:28+ 44:39+ 50:22+ 55:53+ 64:19+ 77:30+ 84:30+ 97:42+ 99:25+ 106:08+ 112:41+ 118:42+ 123:10+ 126:29+ 136:20+ 149:59+ 160:33+ 173:03+ 176:19+ 186:01+ 200:41+ 207:47+
 05:18+ 08:28+ 03:18+ 07:22+ 10:02+ 10:11= 05:43+ 05:31= 08:26+ 13:11+ 07:00+ 13:12+ 01:43+ 06:43+ 06:33+ 06:01+ 04:28+ 03:19+ 09:51+ 13:39+ 10:34+ 12:30+ 03:16+ 09:42+ 14:40+ 07:06+
 00:45# 04:37@ 00:21# 02:10& 01:24# 06:02= 02:05& 03:09= 04:36@ 05:23& 01:01# 02:30# 00:17# 01:05# 01:45& 01:24& 01:23& 00:57& 03:11& 05:22& 03:57& 01:54# 00:18# 03:41& 03:09& 01:45&
 214:44+ 219:01+ 231:46+ 237:39+ 247:05+ 253:47+ 257:30+
 06:57= 04:17= 12:45+ 05:53+ 09:26= 06:42= 03:43=
 00:08= 00:00= 01:50# 00:22+ 00:08= 01:16= 00:07=

Beste stræktid for klassen

04:33 03:51 02:57 05:12 08:38 10:11 03:38 05:31 03:50 07:48 05:59 10:42 01:26 05:38 04:48 04:37 03:05 02:22 06:40 08:17 06:37 10:36 02:58 06:01 11:31 05:21 06:44 04:33

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

B315km

1 Axel Örnhagen Jørgensen

12

1:52:50

02:23= 03:50= 06:00= 09:21= 11:47= 14:22= 20:55= 25:30= 30:00= 33:18= 37:17= 42:10= 43:03= 47:02= 53:13= 58:22= 61:54= 64:22= 69:05= 72:55= 77:46= 83:55= 87:08= 91:41= 99:18= 102:23=
 02:23= 01:27= 02:10= 03:21= 02:26= 02:35= 06:33= 04:35= 04:30= 03:18= 03:59= 04:53= 00:53= 03:59= 06:11= 05:09= 03:32= 02:28= 04:43= 03:50= 04:51= 06:09= 03:13= 04:33= 07:37= 03:05=
 00:00=
 106:52= 110:53= 112:50=
 04:29= 04:01= 01:57=
 00:00= 00:00= 00:00=

B315km

2	Flemming Jørgensen	12	2:07:40																							
02:29+	03:54+	06:13+	10:13+	12:20+	15:08+	19:36-	23:21-	27:53-	31:34-	36:43-	42:08-	43:09+	48:03+	56:17+	62:43+	67:16+	70:19+	75:51+	79:57+	85:13+	93:15+	97:11+	102:24+	111:32+	114:57+	
02:29+	01:25-	02:19+	04:00+	02:07-	02:48+	04:28-	03:45-	04:32+	03:41+	05:09+	05:25+	01:01+	04:54+	08:14+	06:26+	04:33+	03:03+	05:32+	04:06+	05:16+	08:02+	03:56+	05:13+	09:08+	03:25+	
00:06+	00:02-	00:09+	00:39#	00:19-	00:13+	02:05-	00:50-	00:02+	00:23#	01:10&	00:32#	00:08#	00:55#	02:03&	01:17#	01:01&	00:35#	00:49#	00:16+	00:25+	01:53&	00:43#	00:40#	01:31#	00:20#	
120:25+	125:23+	127:40+																								
05:28+	04:58+	02:17+																								
00:59#	00:57#	00:20#																								

3	Peter Villadsen	15	2:17:49																							
02:23+	03:38+	05:47+	10:51+	13:42+	16:46+	22:04+	31:21+	34:52+	38:28+	43:54+	48:52+	49:50+	54:36+	65:10+	72:05+	76:42+	79:52+	86:37+	91:03+	97:09+	104:20+	107:50+	112:52+	121:46+	125:13+	
02:23+	01:15+	02:09+	05:04+	02:51+	03:04+	05:18+	09:17+	03:31+	03:36+	05:26+	04:58+	00:58+	04:46+	10:34+	06:55+	04:37+	03:10+	06:45+	04:26+	06:06+	07:11+	03:30+	05:02+	08:54+	03:27+	
02:23+	01:15+	02:09+	05:04+	02:51+	03:04+	05:18+	09:17+	03:31+	03:36+	05:26+	04:58+	00:58+	04:46+	10:34+	06:55+	04:37+	03:10+	06:45+	04:26+	06:06+	07:11+	03:30+	05:02+	08:54+	03:27+	
130:33+	135:23+	137:49+																								
05:20+	04:50+	02:26+																								
05:20+	04:50+	02:26+																								

4	Jesper Hoffmann	Asr	2:18:13																							
03:09+	04:57+	07:18+	11:17+	13:39+	16:26+	20:40+	25:02+	27:58+	31:46+	42:47+	47:26+	48:21+	53:22+	60:40+	67:22+	71:07+	74:06+	82:55+	87:14+	93:29+	101:02+	104:33+	109:28+	117:57+	122:02+	
03:09+	01:48+	02:21+	03:59+	02:22+	02:47+	04:14+	04:22+	02:56+	03:48+	11:01+	04:39+	00:55+	05:01+	07:18+	06:42+	03:45+	02:59+	08:49+	04:19+	06:15+	07:33+	03:31+	04:55+	08:29+	04:05+	
03:09+	01:48+	02:21+	03:59+	02:22+	02:47+	04:14+	04:22+	02:56+	03:48+	11:01+	04:39+	00:55+	05:01+	07:18+	06:42+	03:45+	02:59+	08:49+	04:19+	06:15+	07:33+	03:31+	04:55+	08:29+	04:05+	
131:02+	136:06+	138:13+																								
09:00+	05:04+	02:07+																								
09:00+	05:04+	02:07+																								

5	Michael Filyo	15	2:24:57																							
02:56+	04:12+	06:42+	12:33+	14:49+	17:47+	21:31+	32:16+	35:11+	38:59+	44:30+	49:18+	50:16+	55:09+	63:31+	70:22+	74:34+	77:56+	87:13+	91:55+	98:33+	105:59+	110:43+	117:00+	126:41+	130:10+	
02:56+	01:16+	02:30+	05:51+	02:16+	02:58+	03:44+	10:45+	02:55+	03:48+	05:31+	04:48+	00:58+	04:53+	08:22+	06:51+	04:12+	03:22+	09:17+	04:42+	06:38+	07:26+	04:44+	06:17+	09:41+	03:29+	
02:56+	01:16+	02:30+	05:51+	02:16+	02:58+	03:44+	10:45+	02:55+	03:48+	05:31+	04:48+	00:58+	04:53+	08:22+	06:51+	04:12+	03:22+	09:17+	04:42+	06:38+	07:26+	04:44+	06:17+	09:41+	03:29+	
137:18+	142:31+	144:57+																								
07:08+	05:13+	02:26+																								
07:08+	05:13+	02:26+																								

6	Søren Meldgaard Jensen	17	2:42:20																							
02:47+	04:07+	06:32+	10:12+	15:43+	18:27+	22:08+	33:05+	36:21+	39:59+	50:31+	55:36+	56:46+	62:23+	72:15+	78:53+	82:42+	87:50+	96:42+	105:32+	111:06+	121:02+	125:38+	131:56+	141:27+	145:51+	
02:47+	01:20+	02:25+	03:40+	05:31+	02:44+	03:41+	10:57+	03:16+	03:38+	10:32+	05:05+	01:10+	05:37+	09:52+	06:38+	03:49+	05:08+	08:52+	08:50+	05:34+	09:56+	04:36+	06:18+	09:31+	04:24+	
02:47+	01:20+	02:25+	03:40+	05:31+	02:44+	03:41+	10:57+	03:16+	03:38+	10:32+	05:05+	01:10+	05:37+	09:52+	06:38+	03:49+	05:08+	08:52+	08:50+	05:34+	09:56+	04:36+	06:18+	09:31+	04:24+	
152:37+	158:46+	162:20+																								
06:46+	06:09+	03:34+																								
06:46+	06:09+	03:34+																								

7	Søren Andersen	4	2:52:46																							
03:14+	04:42+	07:22+	12:26+	15:28+	18:37+	24:33+	32:31+	36:07+	40:15+	50:44+	56:38+	58:03+	63:42+	75:54+	84:08+	88:46+	92:35+	105:58+	111:38+	117:54+	127:17+	134:15+	140:49+	151:46+	156:01+	
03:14+	01:28+	02:40+	05:04+	03:02+	03:09+	05:56+	07:58+	03:36+	04:08+	10:29+	05:54+	01:25+	05:39+	12:12+	08:14+	04:38+	03:49+	13:23+	05:40+	06:16+	09:23+	06:58+	06:34+	10:57+	04:15+	
03:14+	01:28+	02:40+	05:04+	03:02+	03:09+	05:56+	07:58+	03:36+	04:08+	10:29+	05:54+	01:25+	05:39+	12:12+	08:14+	04:38+	03:49+	13:23+	05:40+	06:16+	09:23+	06:58+	06:34+	10:57+	04:15+	
163:42+	169:58+	172:46+																								
07:41+	06:16+	02:48+																								
07:41+	06:16+	02:48+																								

8	Michael Termansen	Ok Syd	3:23:02																							
05:03+	06:39+	09:43+	18:02+	21:40+	25:20+	32:04+	39:15+	46:20+	53:55+	64:32+	71:35+	73:37+	81:02+	92:38+	102:29+	107:22+	111:37+	121:41+	128:38+	137:09+	147:02+	153:29+	160:29+	173:04+	180:14+	
05:03+	01:36+	03:04+	08:19+	03:38+	03:40+	06:44+	07:11+	07:05+	07:35+	10:37+	07:03+	02:02+	07:25+	11:36+	09:51+	04:53+	04:15+	10:04+	06:57+	08:31+	09:53+	06:27+	07:00+	12:35+	07:10+	
05:03+	01:36+	03:04+	08:19+	03:38+	03:40+	06:44+	07:11+	07:05+	07:35+	10:37+	07:03+	02:02+	07:25+	11:36+	09:51+	04:53+	04:15+	10:04+	06:57+	08:31+	09:53+	06:27+	07:00+	12:35+	07:10+	
190:35+	199:20+	203:02+																								
10:21+	08:45+	03:42+																								
10:21+	08:45+	03:42+																								

B315km

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

B4 8km

1	Anders Gammelvind	4	1:25:16																
03:22=	04:54=	07:21=	12:13=	15:08=	18:15=	22:56=	25:50=	33:26=	40:46=	42:30=	47:23=	50:22=	56:07=	57:58=	63:42=	72:59=	78:47=	82:50=	85:16=
03:22=	01:32=	02:27=	04:52=	02:55=	03:07=	04:41=	02:54=	07:36=	07:20=	01:44=	04:53=	02:59=	05:45=	01:51=	05:44=	09:17=	05:48=	04:03=	02:26=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Mads Jacobsen	15	1:25:51																
03:11-	05:10+	07:35+	11:52-	14:27-	17:29-	24:10+	27:49+	33:32+	37:36-	39:17-	44:00-	46:19-	52:06-	53:55-	63:03-	73:25+	79:23+	83:24+	85:51+
03:11-	01:59+	02:25-	04:17-	02:35-	03:02-	06:41+	03:39+	05:43-	04:04-	01:41-	04:43-	02:19-	05:47+	01:49-	09:08+	10:22+	05:58+	04:01-	02:27+
00:11-	00:27&	00:02-	00:35-	00:20-	00:05-	02:00&	00:45&	01:53-	03:16-	00:03-	00:10-	00:40-	00:02+	00:02-	03:24&	01:05#	00:10+	00:02-	00:01+
3	Christian L Rasmussen	6	1:26:24																
03:09-	05:09+	07:29+	11:40-	14:16-	17:27-	21:41-	30:31+	36:49+	40:36-	42:09-	47:13-	49:27-	55:04-	57:07-	62:14-	74:05+	79:42+	83:59+	86:24+
03:09-	02:00+	02:20-	04:11-	02:36-	03:11+	04:14-	08:50+	06:18-	03:47-	01:33-	05:04+	02:14-	05:37-	02:03+	05:07-	11:51+	05:37-	04:17+	02:25-
00:13-	00:28&	00:07-	00:41-	00:19-	00:04+	00:27-	05:56@	01:18-	03:33-	00:11-	00:11+	00:45-	00:08-	00:12#	00:37-	02:34&	00:11-	00:14+	00:01-
4	Carsten Thyssen	5	1:32:26																
03:25+	05:03+	07:31+	12:12-	16:24+	19:28+	23:39+	26:39+	32:38-	38:10-	40:26-	45:32-	48:09-	54:30-	56:23-	61:44-	70:10-	85:12+	89:42+	92:26+
03:25+	01:38+	02:28+	04:41-	04:12+	03:04-	04:11-	03:00+	05:59-	05:32-	02:16+	05:06+	02:37-	06:21+	01:53+	05:21-	08:26-	15:02+	04:30+	02:44+
00:03+	00:06+	00:01+	00:11-	01:17&	00:03-	00:30-	00:06+	01:37-	01:48-	00:32&	00:13+	00:22-	00:36#	00:02+	00:23-	00:51-	09:14@	00:27#	00:18#
5	Kim Gottlieb	4	1:35:39																
03:58+	05:30+	07:59+	12:46+	15:43+	19:04+	23:20+	26:32+	34:00+	38:38-	40:20-	45:25-	48:05-	54:56-	57:25-	66:21+	83:06+	88:46+	93:00+	95:39+
03:58+	01:32=	02:29+	04:47-	02:57+	03:21+	04:16-	03:12+	07:28-	04:38-	01:42-	05:05+	02:40-	06:51+	02:29+	08:56+	16:45+	05:40-	04:14+	02:39+
00:36#	00:00=	00:02+	00:05-	00:02+	00:14+	00:25-	00:18#	00:08-	02:42-	00:02-	00:12+	00:19-	01:06#	00:38&	03:12&	07:28&	00:08-	00:11+	00:13+
6	Susanne Loft Thyssen	5	1:35:54																
03:48+	05:21+	07:50+	12:49+	16:02+	19:28+	23:55+	27:45+	34:42+	39:52-	42:12-	49:11+	53:03+	61:24+	63:30+	70:34+	82:45+	88:30+	93:03+	95:54+
03:48+	01:33+	02:29+	04:59+	03:13+	03:26+	04:27-	03:50+	06:57-	05:10-	02:20+	06:59+	03:52+	08:21+	02:06+	07:04+	12:11+	05:45-	04:33+	02:51+
00:26#	00:01+	00:02+	00:07+	00:18#	00:19#	00:14-	00:56&	00:39-	02:10-	00:36&	02:06&	00:53&	02:36&	00:15#	01:20#	02:54&	00:03-	00:30#	00:25#
7	Kai Hesselberg	6	1:41:48																
04:32+	06:30+	09:26+	14:45+	18:02+	21:48+	27:25+	31:15+	40:21+	45:18+	47:12+	53:00+	58:10+	65:11+	67:37+	77:13+	87:17+	94:26+	99:05+	101:48+
04:32+	01:58+	02:56+	05:19+	03:17+	03:46+	05:37+	03:50+	09:06+	04:57-	01:54+	05:48+	05:10+	07:01+	02:26+	09:36+	10:04+	07:09+	04:39+	02:43+
01:10&	00:26&	00:29#	00:27+	00:22#	00:39#	00:56#	00:56&	01:30#	02:23-	00:10+	00:55#	02:11&	01:16#	00:35&	03:52&	00:47+	01:21#	00:36#	00:17#
8	Morten Christensen	4	1:47:08																
03:50+	05:48+	08:29+	13:47+	16:39+	20:21+	33:13+	39:43+	47:23+	52:58+	55:14+	62:19+	64:56+	71:34+	74:08+	81:11+	91:39+	99:09+	103:52+	107:08+
03:50+	01:58+	02:41+	05:18+	02:52-	03:42+	12:52+	06:30+	07:40+	05:35-	02:16+	07:05+	02:37-	06:38+	02:34+	07:03+	10:28+	07:30+	04:43+	03:16+
00:28#	00:26&	00:14+	00:26+	00:03-	00:35#	08:11@	03:36@	00:04+	01:45-	00:32&	02:12&	00:22-	00:53#	00:43&	01:19#	01:11#	01:42&	00:40#	00:50&
9	Marcel Rosiak	NOTEAM	1:55:01																
03:46+	05:43+	08:14+	13:20+	16:30+	19:47+	24:20+	27:38+	50:22+	55:27+	58:08+	63:24+	68:04+	80:22+	82:50+	90:35+	99:05+	105:36+	109:08+	115:01+
03:46+	01:57+	02:31+	05:06+	03:10+	03:17+	04:33-	03:18+	22:44+	05:05-	02:41+	05:16+	04:40+	12:18+	02:28+	07:45+	08:30-	06:31+	03:32-	05:53+
00:24#	00:25&	00:04+	00:14+	00:15+	00:10+	00:08-	00:24#	15:08@	02:15-	00:57&	00:23+	01:41&	06:33@	00:37&	02:01&	00:47-	00:43#	00:31-	03:27@
10	Helle Termansen	Ok Syd	2:03:24																
05:34+	07:44+	11:00+	17:22+	21:40+	26:05+	32:25+	37:12+	50:55+	57:25+	60:06+	67:24+	71:31+	82:59+	86:03+	93:12+	104:35+	112:47+	118:59+	123:24+
05:34+	02:10+	03:16+	06:22+	04:18+	04:25+	06:20+	04:47+	13:43+	06:30-	02:41+	07:18+	04:07+	11:28+	03:04+	07:09+	11:23+	08:12+	06:12+	04:25+
02:12&	00:38&	00:49&	01:30&	01:23&	01:18&	01:39&	01:53&	06:07&	00:50-	00:57&	02:25&	01:08&	05:43&	01:13&	01:25#	02:06#	02:24&	02:09&	01:59&

B4 8km

11	Erik Ljungdahl	3																	2:10:57
05:32+	07:31+	10:48+	17:17+	20:43+	24:56+	36:48+	49:49+	60:17+	66:16+	68:54+	76:28+	80:30+	88:38+	91:05+	98:02+	112:28+	122:40+	127:51+	130:57+
05:32+	01:59+	03:17+	06:29+	03:26+	04:13+	11:52+	13:01+	10:28+	05:59-	02:38+	07:34+	04:02+	08:08+	02:27+	06:57+	14:26+	10:12+	05:11+	03:06+
02:10&	00:27&	00:50&	01:37&	00:31#	01:06&	07:11@	10:07@	02:52&	01:21-	00:54&	02:41&	01:03&	02:23&	00:36&	01:13#	05:09&	04:24&	01:08&	00:40&
12	Ann-Vibeke Mose	16																	2:23:49
05:00+	07:00+	10:00+	34:42+	38:40+	43:26+	49:13+	53:12+	64:46+	71:30+	74:04+	80:47+	83:31+	90:21+	93:37+	110:42+	125:16+	135:04+	140:12+	143:49+
05:00+	02:00+	03:00+	24:42+	03:58+	04:46+	05:47+	03:59+	11:34+	06:44+	02:34+	06:43+	02:44+	06:50+	03:16+	17:05+	14:34+	09:48+	05:08+	03:37+
05:00+	02:00+	03:00+	24:42+	03:58+	04:46+	05:47+	03:59+	11:34+	06:44+	02:34+	06:43+	02:44+	06:50+	03:16+	17:05+	14:34+	09:48+	05:08+	03:37+

Beste stræktid for klassen

= Som klassevinner , - raskere , + senere , # 10% tab , & 25% tab , @ 100% tab.

B5 5km

1	Mogens Vennevold	16																	46:05	
02:10=	03:42=	05:46=	08:08=	12:27=	15:06=	19:26=	22:59=	27:52=	30:38=	33:43=	39:52=	43:56=	46:05=							
02:10=	01:32=	02:04=	02:22=	04:19=	02:39=	04:20=	03:33=	04:53=	02:46=	03:05=	06:09=	04:04=	02:09=							
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=							
2	Poul Erik Buch	10																	57:24	
02:32+	03:57+	06:04+	08:47+	14:41+	18:13+	23:52+	29:44+	35:21+	38:44+	42:06+	50:01+	54:30+	57:24+							
02:32+	01:25-	02:07+	02:43+	05:54+	03:32+	05:39+	05:52+	05:37+	03:23+	03:22+	07:55+	04:29+	02:54+							
00:22#	00:07-	00:03+	00:21#	01:35&	00:53&	01:19&	02:19&	00:44#	00:37#	00:17+	01:46&	00:25#	00:45&							
3	Lennart Bo Kristiansen	17																	1:00:15	
02:43+	04:22+	06:53+	09:54+	16:02+	19:48+	24:50+	29:57+	37:14+	40:24+	44:05+	52:27+	57:39+	60:15+							
02:43+	01:39+	02:31+	03:01+	06:08+	03:46+	05:02+	05:07+	07:17+	03:10+	03:41+	08:22+	05:12+	02:36+							
00:33&	00:07+	00:27#	00:39&	01:49&	01:07&	00:42#	01:34&	02:24&	00:24#	00:36#	02:13&	01:08&	00:27#							
4	Lene Bejer Damgaard	17																	1:00:54	
02:43+	04:30+	06:55+	09:56+	16:24+	19:48+	25:02+	29:59+	37:04+	40:27+	44:03+	52:37+	57:51+	60:54+							
02:43+	01:47+	02:25+	03:01+	06:28+	03:24+	05:14+	04:57+	07:05+	03:23+	03:36+	08:34+	05:14+	03:03+							
00:33&	00:15#	00:21#	00:39&	02:09&	00:45&	00:54#	01:24&	02:12&	00:37#	00:31#	02:25&	01:10&	00:54&							
5	Varny Vestergaard	16																	1:02:52	
02:57+	04:24+	06:26+	09:09+	15:27+	19:39+	25:14+	35:57+	40:54+	45:21+	49:32+	56:05+	60:21+	62:52+							
02:57+	01:27-	02:02-	02:43+	06:18+	04:12+	05:35+	10:43+	04:57+	04:27+	04:11+	06:33+	04:16+	02:31+							
00:47&	00:05-	00:02-	00:21#	01:59&	01:33&	01:15&	07:10@	00:04+	01:41&	01:06&	00:24+	00:12+	00:22#							
6	Nina Jacobsen	15																	1:16:48	
03:29+	05:13+	07:48+	11:05+	20:20+	24:28+	31:02+	36:47+	46:13+	50:46+	55:11+	65:18+	73:42+	76:48+							
03:29+	01:44+	02:35+	03:17+	09:15+	04:08+	06:34+	05:45+	09:26+	04:33+	04:25+	10:07+	08:24+	03:06+							
01:19&	00:12#	00:31#	00:55&	04:56@	01:29&	02:14&	02:12&	04:33&	01:47&	01:20&	03:58&	04:20@	00:57&							
7	Rikke Agerskov	6																	1:29:53	
03:08+	05:05+	07:40+	11:55+	17:57+	32:16+	43:33+	51:12+	62:17+	65:43+	69:58+	81:01+	86:19+	89:53+							
03:08+	01:57+	02:35+	04:15+	06:02+	14:19+	11:17+	07:39+	11:05+	03:26+	04:15+	11:03+	05:18+	03:34+							
00:58&	00:25&	00:31#	01:53&	01:43&	11:40@	06:57@	04:06@	06:12@	00:40#	01:10&	04:54&	01:14&	01:25&							
8	Gitte Isen	4																	1:30:47	
04:11+	06:23+	09:24+	13:36+	21:42+	26:26+	34:33+	41:00+	62:40+	66:58+	71:01+	80:45+	86:55+	90:47+							
04:11+	02:12+	03:01+	04:12+	08:06+	04:44+	08:07+	06:27+	21:40+	04:18+	04:03+	09:44+	06:10+	03:52+							
02:01&	00:40&	00:57&	01:50&	03:47&	02:05&	03:47&	02:54&	16:47@	01:32&	00:58&	03:35&	02:06&	01:43&							

B5 5km

9	Torben Isen	4	1:49:55										
03:27+	05:12+	08:15+	11:59+	46:33+	51:03+	64:27+	71:11+	79:14+	84:18+	89:23+	100:29+	106:18+	109:55+
03:27+	01:45+	03:03+	03:44+	34:34+	04:30+	13:24+	06:44+	08:03+	05:04+	05:05+	11:06+	05:49+	03:37+
01:17&	00:13#	00:59&	01:22&	30:15@	01:51&	09:04@	03:11&	03:10&	02:18&	02:00&	04:57&	01:45&	01:28&

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

B63,5km

1	Jørgen Münster-Swendsen	15	44:02							
03:04=	04:50=	08:04=	11:27=	17:02=	20:56=	24:41=	28:29=	36:31=	41:10=	44:02=
03:04=	01:46=	03:14=	03:23=	05:35=	03:54=	03:45=	03:48=	08:02=	04:39=	02:52=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Susanne Baun	5	1:01:09							
03:30+	05:39+	09:37+	14:09+	26:12+	29:51+	33:51+	38:34+	50:28+	57:00+	61:09+
03:30+	02:09+	03:58+	04:32+	12:03+	03:39-	04:00+	04:43+	11:54+	06:32+	04:09+
00:26#	00:23#	00:44#	01:09&	06:28@	00:15-	00:15+	00:55#	03:52&	01:53&	01:17&

3	Tage Baun	5	1:01:30							
03:32+	05:49+	09:59+	15:03+	22:33+	28:12+	33:36+	38:41+	50:40+	57:18+	61:30+
03:32+	02:17+	04:10+	05:04+	07:30+	05:39+	05:24+	05:05+	11:59+	06:38+	04:12+
00:28#	00:31&	00:56&	01:41&	01:55&	01:45&	01:39&	01:17&	03:57&	01:59&	01:20&

4	Charlotte Vibeke Olesen	6	1:14:38						
03:56+	06:02+	15:32+	23:18+	30:22+	36:13+	41:04+	54:09+	60:46+	74:38+
03:56+	02:06+	09:30+	07:46+	07:04+	05:51+	04:51+	13:05+	06:37-	13:52+
00:52&	00:20#	06:16@	04:23@	01:29&	01:57&	01:06&	09:17@	01:25-	09:13@

5	Palle Møller Nielsen	9	1:34:51							
04:46+	08:35+	15:25+	22:46+	32:38+	41:34+	55:27+	62:25+	79:12+	89:08+	94:51+
04:46+	03:49+	06:50+	07:21+	09:52+	08:56+	13:53+	06:58+	16:47+	09:56+	05:43+
01:42&	02:03@	03:36@	03:58@	04:17&	05:02@	10:08@	03:10&	08:45@	05:17@	02:51&

6	Asger Kristensen	4	1:45:39							
04:21+	07:08+	16:59+	23:03+	48:47+	64:00+	70:40+	76:28+	90:27+	99:58+	105:39+
04:21+	02:47+	09:51+	06:04+	25:44+	15:13+	06:40+	05:48+	13:59+	09:31+	05:41+
01:17&	01:01&	06:37@	02:41&	20:09@	11:19@	02:55&	02:00&	05:57&	04:52@	02:49&

Beste stræktid for klassen

03:04 01:46 03:14 03:23 05:35 03:39 03:45 03:48 06:37 04:39 02:52

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

MTBO20km

1	Jacob Skovsgaard	Navet	1:32:15												
06:41=	13:04=	21:19=	29:57=	38:16=	42:39=	48:46=	52:50=	57:07=	62:01=	70:48=	75:47=	80:22=	86:01=	89:40=	92:15=
06:41=	06:23=	08:15=	08:38=	08:19=	04:23=	06:07=	04:04=	04:17=	04:54=	08:47=	04:59=	04:35=	05:39=	03:39=	02:35=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Beste stræktid for klassen

06:41 06:23 08:15 08:38 08:19 04:23 06:07 04:04 04:17 04:54 08:47 04:59 04:35 05:39 03:39 02:35

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.