

kjellerup-29-05-2021

Tid

5km svær

[illegible]

Plass	Navn	Klasse	Tid
-------	------	--------	-----

5km svær

3	Lone Raqsmussen														9	53:07													
01:32+	03:54+	04:48+	06:06+	08:07+	11:29+	14:18+	20:28+	24:53+	29:50+	31:29+	33:12+	34:30+	35:06+	36:09+	37:00+	38:41+	39:36+	41:58+	46:36+	47:16+	47:52+	49:06+	50:12+	51:36+	52:16+				
01:32+	02:22+	00:54+	01:18+	02:01+	03:22+	02:49+	06:10+	04:25+	04:57+	01:39+	01:43+	01:18+	00:36+	01:03+	00:51-	01:41+	00:55+	02:22-	04:38+	00:40-	00:36+	01:14+	01:06+	01:24+	00:40+				
00:15#	00:36&	00:13&	00:10#	00:26&	00:38#	00:20#	01:26&	01:03&	01:32&	00:31&	00:27&	00:21&	00:04#	00:06#	00:02-	00:24&	00:14&	00:02-	01:32&	00:02-	00:09&	00:13#	00:07#	00:22&	00:13&				
52:50+	53:07+																												
00:34+	00:17+																												
00:08&	00:02#																												
4	Anders Ulrich														10	56:17													
01:35+	04:01+	05:03+	06:41+	08:25+	11:39+	14:17+	19:53+	26:42+	33:05+	34:52+	36:17+	37:46+	38:36+	39:43+	40:37+	42:18+	43:17+	45:33+	49:43+	51:05+	51:34+	52:41+	53:42+	55:04+	55:32+				
01:35+	02:26+	01:02+	01:38+	01:44+	03:14+	02:38+	05:36+	06:49+	06:23+	01:47+	01:25+	01:29+	00:50+	01:07+	00:54+	01:41+	00:59+	02:16+	04:10+	01:22+	00:29+	01:07+	01:01+	01:22+	00:28+				
01:35+	02:26+	01:02+	01:38+	01:44+	03:14+	02:38+	05:36+	06:49+	06:23+	01:47+	01:25+	01:29+	00:50+	01:07+	00:54+	01:41+	00:59+	02:16+	04:10+	01:22+	00:29+	01:07+	01:01+	01:22+	00:28+				
56:01+	56:17+																												
00:29+	00:16+																												
00:29+	00:16+																												

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

6,5km svær

1	Rasmus Thrane Hansen										6	34:37													
00:57=	02:21=	03:12=	03:58=	04:42=	05:28=	07:29=	09:37=	11:11=	14:22=	16:20=	17:41=	19:22=	19:55=	20:44=	21:26=	22:48=	23:28=	24:03=	24:59=	25:32=	25:57=	27:17=	27:44=	28:15=	28:43=
00:57=	01:24=	00:51=	00:46=	00:44=	00:46=	02:01=	02:08=	01:34=	03:11=	01:58=	01:21=	01:41=	00:33=	00:49=	00:42=	01:22=	00:40=	00:35=	00:56=	00:33=	00:25=	01:20=	00:27=	00:31=	00:28=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
29:35=	30:42=	31:27=	32:54=	33:37=	33:53=	34:28=	34:37=																		
00:52=	01:07=	00:45=	01:27=	00:43=	00:16=	00:35=	00:09=																		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=																		
2	Emma Klingenberg										7	46:59													
01:16+	03:59+	05:24+	06:27+	07:44+	08:46+	11:19+	13:37+	15:45+	19:49+	22:25+	24:50+	27:16+	28:34+	29:40+	30:25+	32:07+	32:53+	33:38+	34:49+	35:28+	35:59+	37:40+	38:32+	39:07+	39:38+
01:16+	02:43+	01:25+	01:03+	01:17+	01:02+	02:33+	02:18+	02:08+	04:04+	02:36+	02:25+	02:26+	01:18+	01:06+	00:45+	01:42+	00:46+	00:45+	01:11+	00:39+	00:31+	01:41+	00:52+	00:35+	00:31+
00:19&	01:19&	00:34&	00:17&	00:33&	00:16&	00:32&	00:10+	00:34&	00:53&	00:38&	01:04&	00:45&	00:45@	00:17&	00:03+	00:20#	00:06#	00:10&	00:15&	00:06#	00:06#	00:21&	00:25&	00:04#	00:03#
40:44+	42:06+	42:56+	44:40+	45:31+	45:55+	46:45+	46:59+																		
01:06+	01:22+	00:50+	01:44+	00:51+	00:24+	00:50+	00:14+																		
00:14&	00:15#	00:05#	00:17#	00:08#	00:08&	00:15&	00:05&																		
3	Kent Simonsen										VOK	1:00:16													
01:16+	06:22+	07:44+	08:55+	10:22+	12:17+	15:03+	18:09+	20:31+	25:44+	29:47+	32:37+	36:06+	37:25+	38:38+	39:57+	42:00+	42:53+	43:42+	44:59+	46:02+	46:37+	49:08+	49:42+	50:25+	51:28+
01:16+	05:06+	01:22+	01:11+	01:27+	01:55+	02:46+	03:06+	02:22+	05:13+	04:03+	02:50+	03:29+	01:19+	01:13+	01:19+	02:03+	00:53+	00:49+	01:17+	01:03+	00:35+	02:31+	00:34+	00:43+	01:03+
00:19&	03:42@	00:31&	00:25&	00:43&	01:09@	00:45&	00:58&	00:48&	02:02&	02:05@	01:29@	01:48@	00:46@	00:24&	00:37&	00:41&	00:13&	00:14&	00:21&	00:30&	00:10&	01:11&	00:07&	00:12&	00:35@
52:46+	54:31+	55:31+	57:32+	58:32+	59:00+	59:59+	60:16+																		
01:18+	01:45+	01:00+	02:01+	01:00+	00:28+	00:59+	00:17+																		
00:26&	00:38&	00:15&	00:34&	00:17&	00:12&	00:24&	00:08&																		
4	Morten Bruhn Olsen										AAO	1:04:18													
01:39+	05:14+	07:08+	08:29+	09:45+	11:13+	14:26+	17:42+	20:31+	25:34+	30:39+	35:10+	40:44+	42:23+	43:37+	44:42+	46:43+	47:39+	48:30+	49:56+	50:53+	51:31+	53:31+	54:22+	55:02+	55:56+
01:39+	03:35+	01:54+	01:21+	01:16+	01:28+	03:13+	03:16+	02:49+	05:03+	05:05+	04:31+	05:34+	01:39+	01:14+	01:05+	02:01+	00:56+	00:51+	01:26+	00:57+	00:38+	02:00+	00:51+	00:40+	00:54+
00:42&	02:11@	01:03@	00:35&	00:32&	00:42&	01:12&	01:08&	01:15&	01:52&	03:07@	03:10@	03:53@	01:06@	00:25&	00:23&	00:39&	00:16&	00:16&	00:30&	00:24&	00:13&	00:40&	00:24&	00:09&	00:26&
57:10+	58:47+	60:04+	62:06+	62:59+	63:18+	64:04+	64:18+																		
01:14+	01:37+	01:17+	02:02+	00:53+	00:19+	00:46+	00:14+																		
00:22&	00:30&	00:32&	00:35&	00:10#	00:03#	00:11&	00:05&																		

Plass	Navn	Klasse	Tid
-------	------	--------	-----

6,5km svær

5	Mia Skov-Madsen												AAO												1:04:28											
01:27+	05:25+	07:00+	08:18+	09:44+	11:17+	14:31+	17:42+	20:32+	25:28+	30:24+	34:49+	40:38+	42:22+	43:32+	44:40+	46:37+	47:41+	48:34+	49:58+	50:54+	51:30+	53:47+	54:23+	55:04+	55:44+											
01:27+	03:58+	01:35+	01:18+	01:26+	01:33+	03:14+	03:11+	02:50+	04:56+	04:56+	04:25+	05:49+	01:44+	01:10+	01:08+	01:57+	01:04+	00:53+	01:24+	00:56+	00:36+	02:17+	00:36+	00:41+	00:40+											
00:30&	02:34@	00:44&	00:32&	00:42&	00:47@	01:13&	01:03&	01:16&	01:45&	02:58@	03:04@	04:08@	01:11@	00:21&	00:26&	00:35&	00:24&	00:18&	00:28&	00:23&	00:11&	00:57&	00:09&	00:10&	00:12&											
57:05+	58:47+	60:07+	62:00+	62:54+	63:17+	64:15+	64:28+																													
01:21+	01:42+	01:20+	01:53+	00:54+	00:23+	00:58+	00:13+																													
00:29&	00:35&	00:35&	00:26&	00:11&	00:07&	00:23&	00:04&																													

6				Niels Nygaard Jensen										9	1:06:25												
01:24+	05:28+	07:10+	09:12+	11:33+	13:13+	16:18+	19:08+	21:38+	26:36+	30:08+	36:59+	40:25+	41:28+	44:19+	45:34+	47:32+	48:36+	49:47+	51:15+	52:07+	52:46+	54:51+	55:29+	56:18+	57:04+		
01:24+	04:04+	01:42+	02:02+	02:21+	01:40+	03:05+	02:50+	02:30+	04:58+	03:32+	06:51+	03:26+	01:03+	02:51+	01:15+	01:58+	01:04+	01:11+	01:28+	00:52+	00:39+	02:05+	00:38+	00:49+	00:46+		
01:24+	04:04+	01:42+	02:02+	02:21+	01:40+	03:05+	02:50+	02:30+	04:58+	03:32+	06:51+	03:26+	01:03+	02:51+	01:15+	01:58+	01:04+	01:11+	01:28+	00:52+	00:39+	02:05+	00:38+	00:49+	00:46+		
58:23+	60:06+	61:14+	63:47+	64:52+	65:21+	66:10+	66:25+																				
01:19+	01:43+	01:08+	02:33+	01:05+	00:29+	00:49+	00:15+																				
01:19+	01:43+	01:08+	02:33+	01:05+	00:29+	00:49+	00:15+																				

Bjarne Christensen													4	1:11:31												
01:31+	03:16+	04:34+	05:59+	07:34+	09:01+	12:47+	16:17+	19:15+	25:18+	30:08+	34:27+	39:06+	41:05+	42:41+	44:14+	46:33+	47:34+	48:32+	50:53+	51:51+	52:44+	55:07+	55:52+	58:49+	59:33+	
01:31+	01:45+	01:18+	01:25+	01:35+	01:27+	03:46+	03:30+	02:58+	06:03+	04:50+	04:19+	04:39+	01:59+	01:36+	01:33+	02:19+	01:01+	00:58+	02:21+	00:58+	00:53+	02:23+	00:45+	02:57+	00:44+	
01:31+	01:45+	01:18+	01:25+	01:35+	01:27+	03:46+	03:30+	02:58+	06:03+	04:50+	04:19+	04:39+	01:59+	01:36+	01:33+	02:19+	01:01+	00:58+	02:21+	00:58+	00:53+	02:23+	00:45+	02:57+	00:44+	
61:02+	64:07+	65:28+	68:09+	69:29+	70:04+	71:13+	71:31+																			
01:29+	03:05+	01:21+	02:41+	01:20+	00:35+	01:09+	00:18+																			
01:29+	03:05+	01:21+	02:41+	01:20+	00:35+	01:09+	00:18+																			

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Beg

1					Erik Aagaard Nielsen					2					17:29				
00:50=	01:31=	02:19=	02:54=	03:43=	05:19=	06:04=	06:55=	07:27=	08:48=	10:52=	11:42=	13:28=	14:53=	15:59=	16:40=	17:12=	17:29=		
00:50=	00:41=	00:48=	00:35=	00:49=	01:36=	00:45=	00:51=	00:32=	01:21=	02:04=	00:50=	01:46=	01:25=	01:06=	00:41=	00:32=	00:17=		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		

2					Mikkeline Juul Gade					VOK					21:05				
01:00+	01:48+	02:49+	03:35+	04:41+	06:41+	07:41+	08:46+	09:22+	10:52+	12:53+	14:14+	16:26+	18:23+	19:36+	20:05+	20:43+	21:05+		
01:00+	00:48+	01:01+	00:46+	01:06+	02:00+	01:00+	01:05+	00:36+	01:30+	02:01-	01:21+	02:12+	01:57+	01:13+	00:29-	00:38+	00:22+		
00:10#	00:07#	00:13&	00:11&	00:17&	00:24#	00:15&	00:14&	00:04#	00:09#	00:03-	00:31&	00:26#	00:32&	00:07#	00:12-	00:06#	00:05&		

3	Benjamin Birk Nielsen					AAO					24:33							
01:40+	02:30+	03:23+	04:27+	05:29+	07:44+	08:54+	10:03+	10:35+	12:24+	15:18+	16:28+	19:04+	21:05+	22:46+	23:36+	24:21+	24:33+	
01:40+	00:50+	00:53+	01:04+	01:02+	02:15+	01:10+	01:09+	00:32=	01:49+	02:54+	01:10+	02:36+	02:01+	01:41+	00:50+	00:45+	00:12-	
00:50&	00:09#	00:05#	00:29&	00:13&	00:39&	00:25&	00:18&	00:00=	00:28&	00:50&	00:20&	00:50&	00:36&	00:35&	00:09#	00:13&	00:05-	

4 Inger Kongsgaard Jakobsen										4		27:10							
02:46+	03:36+	04:35+	05:27+	07:38+	09:44+	10:42+	11:55+	12:39+	14:41+	17:13+	18:25+	21:01+	22:57+	24:33+	25:40+	26:44+	27:10+		
02:46+	00:50+	00:59+	00:52+	02:11+	02:06+	00:58+	01:13+	00:44+	02:02+	02:32+	01:12+	02:36+	01:56+	01:36+	01:07+	01:04+	00:26+		
01:56@	00:09#	00:11#	00:17&	01:22@	00:30&	00:13&	00:22&	00:12&	00:41&	00:28#	00:22&	00:50&	00:31&	00:30&	00:26&	00:32&	00:09&		

5	Ditte Raabjerg Mogensen					MFOK					33:17							
01:35+	02:31+	03:36+	06:18+	07:30+	09:51+	11:07+	12:35+	13:34+	16:31+	19:55+	21:18+	24:50+	27:34+	29:57+	31:26+	32:45+	33:17+	
01:35+	00:56+	01:05+	02:42+	01:12+	02:21+	01:16+	01:28+	00:59+	02:57+	03:24+	01:23+	03:32+	02:44+	02:23+	01:29+	01:19+	00:32+	
00:45&	00:15&	00:17&	02:07@	00:23&	00:45&	00:31&	00:37&	00:27&	01:36@	01:20&	00:33&	01:46&	01:19&	01:17@	00:48@	00:47@	00:15&	

Plass	Navn																Klasse																Tid															
Beg																																																
6				Stine Taudahl Søndergaard																1				33:51																								
01:50+	03:06+	04:32+	05:37+	07:55+	10:37+	12:57+	14:40+	15:26+	18:19+	21:10+	23:04+	26:42+	29:17+	30:48+	32:00+	33:23+	33:51+																															
01:50+	01:16+	01:26+	01:05+	02:18+	02:42+	02:20+	01:43+	00:46+	02:53+	02:51+	01:54+	03:38+	02:35+	01:31+	01:12+	01:23+	00:28+																															
01:00@	00:35&	00:38&	00:30&	01:29@	01:06&	01:35@	00:52@	00:14&	01:32@	00:47&	01:04@	01:52@	01:10&	00:25&	00:31&	00:51@	00:11&																															
7				Jette Jensen																RSOK				55:10																								
01:40+	02:39+	03:32+	04:35+	12:01+	14:06+	15:02+	17:19+	18:04+	21:06+	23:54+	45:09+	47:37+	50:07+	52:10+	53:14+	54:29+	55:10+																															
01:40+	00:59+	00:53+	01:03+	07:26+	02:05+	00:56+	02:17+	00:45+	03:02+	02:48+	21:15+	02:28+	02:30+	02:03+	01:04+	01:15+	00:41+																															
01:40+	00:59+	00:53+	01:03+	07:26+	02:05+	00:56+	02:17+	00:45+	03:02+	02:48+	21:15+	02:28+	02:30+	02:03+	01:04+	01:15+	00:41+																															
Beste stræktid for klassen																																																
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.																																																
D10																																																
1				Freja Toft Møller Mikkelsen																2				18:46																								
00:50=	01:27=	02:06=	02:49=	03:33=	04:56=	05:47=	07:00=	07:33=	08:53=	10:54=	11:40=	13:40=	16:12=	17:29=	18:04=	18:34=	18:46=																															
00:50=	00:37=	00:39=	00:43=	00:44=	01:23=	00:51=	01:13=	00:33=	01:20=	02:01=	00:46=	02:00=	02:32=	01:17=	00:35=	00:30=	00:12=																															
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=																															
2				Anna Andersen																2				19:22																								
00:51+	01:31+	02:08+	02:43=	03:24=	05:10+	06:23+	07:36+	08:29+	10:06+	11:56+	12:51+	14:50+	16:57+	17:58+	18:39+	19:05+	19:22+																															
00:51+	00:40+	00:37=	00:35=	00:41=	01:46+	01:13+	01:13=	00:53+	01:37+	01:50=	00:55+	01:59=	02:07=	01:01=	00:41+	00:26=	00:17+																															
00:01+	00:03+	00:02=	00:08=	00:03=	00:23&	00:22&	00:00=	00:20&	00:17#	00:11=	00:09#	00:01=	00:25=	00:16=	00:06#	00:04=	00:05&																															
3				bianca juul Gade																VOK				20:02																								
00:55+	01:48+	02:39+	03:20+	04:05+	05:20+	06:19+	07:14+	07:50+	09:04+	11:12+	13:43+	15:51+	17:13+	18:46+	19:13+	19:44+	20:02+																															
00:55+	00:53+	00:51+	00:41=	00:45+	01:15=	00:59+	00:55=	00:36+	01:14=	02:08+	02:31+	02:08+	01:22=	01:33+	00:27=	00:31+	00:18+																															
00:05#	00:16&	00:12&	00:02=	00:01+	00:08=	00:08#	00:18=	00:03+	00:06=	00:07+	01:45@	00:08+	01:10=	00:16#	00:08=	00:01+	00:06&																															
4				Olivia gade Hansen																AAO				20:27																								
00:58+	01:38+	02:19+	02:57+	05:12+	06:30+	07:39+	08:42+	09:22+	10:58+	13:23+	14:26+	16:30+	17:55+	18:51+	19:32+	20:14+	20:27+																															
00:58+	00:40+	00:41+	00:38=	02:15+	01:18=	01:09+	01:03=	00:40+	01:36+	02:25+	01:03+	02:04+	01:25=	00:56=	00:41+	00:42+	00:13+																															
00:08#	00:03+	00:02+	00:05=	01:31@	00:05=	00:18&	00:10=	00:07#	00:16#	00:24#	00:17&	00:04+	01:07=	00:21=	00:06#	00:12&	00:01+																															
5				Trine Niss																RSOK				20:57																								
00:58+	01:44+	02:50+	03:57+	04:49+	06:14+	08:02+	09:05+	10:08+	11:28+	13:46+	14:42+	16:49+	18:19+	19:29+	19:52+	20:31+	20:57+																															
00:58+	00:46+	01:06+	01:07+	00:52+	01:25+	01:48+	01:03=	01:03+	01:20=	02:18+	00:56+	02:07+	01:30=	01:10=	00:23=	00:39+	00:26+																															
00:08#	00:09#	00:27&	00:24&	00:08#	00:02+	00:57@	00:10=	00:30&	00:00=	00:17#	00:10#	00:07+	01:02=	00:07=	00:12=	00:09&	00:14@																															
6				Victoria Olesen Hinge																Ok Pan				24:07																								
00:37=	01:18=	02:16+	03:18+	03:57+	06:02+	06:59+	08:04+	08:38+	10:22+	14:15+	16:21+	19:12+	21:08+	22:39+	23:21+	23:53+	24:07+																															
00:37=	00:41+	00:58+	01:02+	00:39=	02:05+	00:57+	01:05=	00:34+	01:44+	03:53+	02:06+	02:51+	01:56=	01:31+	00:42+	00:32+	00:14+																															
00:13=	00:04#	00:19&	00:19&	00:05=	00:42&	00:06#	00:08=	00:01+	00:24&	01:52&	01:20@	00:51&	00:36=	00:14#	00:07#	00:02+	00:02#																															
7				Victoria stensgaard Korsgaard																AAO				24:11																								
00:59+	01:48+	02:48+	03:19+	04:11+	06:12+	07:05+	08:15+	08:52+	10:38+	13:20+	14:40+	17:29+	20:00+	21:48+	22:49+	23:53+	24:11+																															
00:59+	00:49+	01:00+	00:31=	00:52+	02:01+	00:53+	01:10=	00:37+	01:46+	02:42+	01:20+	02:49+	02:31=	01:48+	01:01+	01:04+	00:18+																															
00:09#	00:12&	00:21&	00:12=	00:08#	00:38&	00:02+	00:03=	00:04#	00:26&	00:41&	00:34&	00:49&	00:01=	00:31&	00:26&	00:34@	00:06&																															
8				Petra Bloch Møller																MFOK				26:46																								
00:59+	02:05+	03:10+	04:26+	05:39+	07:30+	09:17+	11:02+	12:09+	14:04+	16:28+	17:56+	20:40+	23:18+	24:39+	25:32+	26:22+	26:46+																															
00:59+	01:06+	01:05+	01:16+	01:13+	01:51+	01:47+	01:45+	01:07+	01:55+	02:24+	01:28+	02:44+	02:38+	01:21+	00:53+	00:50+	00:24+																															
00:09#	00:29&	00:26&	00:33&	00:29&	00:28&	00:56@	00:32&	00:34@	00:35&	00:23#	00:42&	00:44&	00:06+	00:04+	00:18&	00:20&	00:12&																															

Plass	Navn	Klasse	Tid															
D10																		
9	Thora Toft Møller Mikkelsen	2	27:18															
00:56+	01:54+	03:10+	04:01+	05:08+	06:30+	07:15+	08:21+	09:00+	17:01+	19:14+	20:36+	22:30+	24:18+	25:41+	26:20+	27:02+	27:18+	
00:56+	00:58+	01:16+	00:51+	01:07+	01:22-	00:45-	01:06-	00:39+	08:01+	02:13+	01:22+	01:54-	01:48-	01:23+	00:39+	00:42+	00:16+	
00:06#	00:21&	00:37&	00:08#	00:23&	00:01-	00:06-	00:07-	00:06#	06:41@	00:12+	00:36&	00:06-	00:44-	00:06+	00:04#	00:12&	00:04&	
10	Kaya Raabjerg Mogensen	MFOK	32:14															
01:27+	02:33+	03:34+	06:21+	07:21+	09:51+	11:05+	12:36+	13:36+	16:23+	19:59+	21:20+	24:50+	27:35+	29:46+	30:58+	31:54+	32:14+	
01:27+	01:06+	01:01+	02:47+	01:00+	02:30+	01:14+	01:31+	01:00+	02:47+	03:36+	01:21+	03:30+	02:45+	02:11+	01:12+	00:56+	00:20+	
01:27+	01:06+	01:01+	02:47+	01:00+	02:30+	01:14+	01:31+	01:00+	02:47+	03:36+	01:21+	03:30+	02:45+	02:11+	01:12+	00:56+	00:20+	
Beste stræktid for klassen																		
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.																		
D12																		
1	Astrid Lykke Nielsen	2	12:58															
00:54=	01:29=	01:52=	02:45=	03:11=	03:42=	03:59=	04:59=	05:14=	05:59=	06:10=	08:12=	08:42=	09:54=	10:29=	11:20=	12:27=	12:47=	12:58=
00:54=	00:35=	00:23=	00:53=	00:26=	00:31=	00:17=	01:00=	00:15=	00:45=	00:11=	02:02=	00:30=	01:12=	00:35=	00:51=	01:07=	00:20=	00:11=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Carla Brahe Bohnsen	Ok Pan	14:01															
00:46-	01:27-	02:06+	02:59+	03:22+	03:52+	04:18+	05:20+	05:40+	06:26+	06:41+	08:34+	09:52+	10:52+	11:19+	12:17+	13:23+	13:50+	14:01+
00:46-	00:41+	00:39+	00:53=	00:23-	00:30-	00:26+	01:02+	00:20+	00:46+	00:15+	01:53-	01:18+	01:00-	00:27-	00:58+	01:06-	00:27+	00:11=
00:08-	00:06#	00:16&	00:00=	00:03-	00:01-	00:09&	00:02+	00:05&	00:01+	00:04&	00:09-	00:48@	00:12-	00:08-	00:07#	00:01-	00:07&	00:00=
4	Matilde Riis Madsen	RSOK	16:46															
00:55+	01:44+	02:13+	03:18+	03:49+	04:26+	04:47+	06:13+	06:35+	08:18+	08:41+	11:14+	11:49+	13:15+	13:43+	14:53+	16:06+	16:32+	16:46+
00:55+	00:49+	00:29+	01:05+	00:31+	00:37+	00:21+	01:26+	00:22+	01:43+	00:23+	02:33+	00:35+	01:26+	00:28-	01:10+	01:13+	00:26+	00:14+
00:01+	00:14&	00:06&	00:12#	00:05#	00:06#	00:04#	00:26&	00:07&	00:58@	00:12@	00:31&	00:05#	00:14#	00:07-	00:19&	00:06+	00:06&	00:03&
5	Olivia Olesen Hinge	Ok Pan	17:23															
00:53-	01:38+	03:11+	04:17+	05:21+	06:10+	06:32+	07:53+	08:14+	09:14+	09:33+	12:04+	12:46+	14:04+	14:29+	15:41+	16:50+	17:13+	17:23+
00:53-	00:45+	01:33+	01:06+	01:04+	00:49+	00:22+	01:21+	00:21+	01:00+	00:19+	02:31+	00:42+	01:18+	00:25-	01:12+	01:09+	00:23+	00:10-
00:01-	00:10&	01:10@	00:13#	00:38@	00:18&	00:05&	00:21&	00:06&	00:15&	00:08&	00:29#	00:12&	00:06+	00:10-	00:21&	00:02+	00:03#	00:01-
6	Kille Beuchert Jensen	Ok Pan	22:24															
01:08+	02:03+	06:12+	07:11+	07:56+	10:31+	10:58+	12:31+	13:18+	14:12+	14:32+	16:24+	16:57+	18:33+	19:06+	20:09+	21:34+	22:10+	22:24+
01:08+	00:55+	04:09+	00:59+	00:45+	02:35+	00:27+	01:33+	00:47+	00:54+	00:20+	01:52-	00:33+	01:36+	00:33-	01:03+	01:25+	00:36+	00:14+
00:14&	00:20&	03:46@	00:06#	00:19&	02:04@	00:10&	00:33&	00:32@	00:09#	00:09&	00:10-	00:03#	00:24&	00:02-	00:12#	00:18&	00:16&	00:03&
7	Kristine Skouboe	2	23:38															
01:13+	08:07+	08:34+	09:35+	10:39+	11:09+	11:29+	12:57+	13:10+	13:57+	14:11+	18:11+	18:44+	20:04+	20:32+	21:38+	22:59+	23:27+	23:38+
01:13+	06:54+	00:27+	01:01+	01:04+	00:30-	00:20+	01:28+	00:13-	00:47+	00:14+	04:00+	00:33+	01:20+	00:28-	01:06+	01:21+	00:28+	00:11=
00:19&	06:19@	00:04#	00:08#	00:38@	00:01-	00:03#	00:28&	00:02-	00:02+	00:03&	01:58&	00:03#	00:08#	00:07-	00:15&	00:14#	00:08&	00:00=
8	Sofie Gade Hansen	AAO	23:59															
01:16+	02:18+	02:54+	04:34+	05:18+	06:29+	07:09+	09:49+	10:16+	11:46+	12:07+	15:46+	17:09+	18:49+	19:42+	21:24+	23:10+	23:43+	23:59+
01:16+	01:02+	00:36+	01:40+	00:44+	01:11+	00:40+	02:40+	00:27+	01:30+	00:21+	03:39+	01:23+	01:40+	00:53+	01:42+	01:46+	00:33+	00:16+
00:22&	00:27&	00:13&	00:47&	00:18&	00:40@	00:23@	01:40@	00:12&	00:45&	00:10&	01:37&	00:53@	00:28&	00:18&	00:51&	00:39&	00:13&	00:05&
9	Karen Gammelvind	1	26:12															
01:13+	02:19+	03:03+	04:32+	05:12+	05:55+	06:16+	08:56+	09:40+	11:01+	12:47+	17:36+	18:42+	20:37+	21:31+	23:29+	25:08+	25:58+	26:12+
01:13+	01:06+	00:44+	01:29+	00:40+	00:43+	00:21+	02:40+	00:44+	01:21+	01:46+	04:49+	01:06+	01:55+	00:54+	01:58+	01:39+	00:50+	00:14+
00:19&	00:31&	00:21&	00:36&	00:14&	00:12&	00:04#	01:40@	00:29@	00:36&	01:35@	02:47@	00:36@	00:43&	00:19&	01:07@	00:32&	00:30@	00:03&

Plass	Navn	Klasse	Tid
D12			

Beste stræktid for klassen

00:46	00:35	00:23	00:53	00:23	00:30	00:17	01:00	00:13	00:45	00:11	01:52	00:30	01:00	00:25	00:51	01:06	00:20	00:10
-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D14

1	Andrea Ebert Svenningsen					RSOK					14:03							
00:50=	01:46=	02:54=	03:33=	04:45=	05:13=	06:11=	06:30=	07:08=	07:21=	07:44=	08:34=	09:47=	10:30=	12:43=	13:06=	13:53=	14:03=	
00:50=	00:56=	01:08=	00:39=	01:12=	00:28=	00:58=	00:19=	00:38=	00:13=	00:23=	00:50=	01:13=	00:43=	02:13=	00:23=	00:47=	00:10=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Astrid Faber Fenger-Grøn					4					14:22							
00:50=	01:52+	03:06+	03:55+	04:47+	05:15+	05:56-	06:17-	06:44-	06:53-	07:20-	08:06-	09:20-	10:04-	12:49+	13:23+	14:11+	14:22+	
00:50=	01:02+	01:14+	00:49+	00:52-	00:28=	00:41-	00:21+	00:27-	00:09-	00:27+	00:46-	01:14+	00:44+	02:45+	00:34+	00:48+	00:11+	
00:00=	00:06#	00:06+	00:10&	00:20-	00:00=	00:17-	00:02#	00:11-	00:04-	00:04#	00:04-	00:01+	00:01+	00:32#	00:11&	00:01+	00:01#	
3	Ragnhild Øhlenschläger Nielsen					4					14:57							
00:48-	01:57+	03:13+	04:03+	04:54+	05:23+	06:32+	06:55+	07:35+	07:45+	08:15+	09:08+	10:12+	10:54+	13:25+	13:56+	14:43+	14:57+	
00:48-	01:09+	01:16+	00:50+	00:51-	00:29+	01:09+	00:23+	00:40+	00:10-	00:30+	00:53+	01:04-	00:42-	02:31+	00:31+	00:47=	00:14+	
00:02-	00:13#	00:08#	00:11&	00:21-	00:01+	00:11#	00:04#	00:02+	00:03-	00:07&	00:03+	00:09-	00:01-	00:18#	00:08&	00:00=	00:04&	
4	Esther Henriksen					2					15:37							
01:00+	02:10+	03:27+	04:11+	04:59+	05:32+	06:37+	07:03+	07:47+	07:56+	08:20+	09:10+	10:24+	11:11+	13:45+	14:35+	15:24+	15:37+	
01:00+	01:10+	01:17+	00:44+	00:48-	00:33+	01:05+	00:26+	00:44+	00:09-	00:24+	00:50=	01:14+	00:47+	02:34+	00:50+	00:49+	00:13+	
00:10#	00:14#	00:09#	00:05#	00:24-	00:05#	00:07#	00:07&	00:06#	00:04-	00:01+	00:00=	00:01+	00:04+	00:21#	00:27@	00:02+	00:03&	
5	Siv Kusk Berglund					Ok Pan					16:11							
00:56+	01:57+	03:09+	04:01+	04:48+	05:15+	06:26+	06:49+	07:51+	08:04+	08:30+	09:31+	10:41+	11:29+	14:47+	15:11+	16:00+	16:11+	
00:56+	01:01+	01:12+	00:52+	00:47-	00:27-	01:11+	00:23+	01:02+	00:13=	00:26+	01:01+	01:10-	00:48+	03:18+	00:24+	00:49+	00:11+	
00:06#	00:05+	00:04+	00:13&	00:25-	00:01-	00:13#	00:04#	00:24&	00:00=	00:03#	00:11#	00:03-	00:05#	01:05&	00:01+	00:02+	00:01#	
6	Anna Kaldahl Hornbæk					Ok Pan					18:21							
01:02+	02:21+	03:55+	04:39+	05:40+	06:17+	07:23+	07:52+	08:41+	08:53+	09:29+	10:20+	12:18+	13:15+	16:30+	17:13+	18:05+	18:21+	
01:02+	01:19+	01:34+	00:44+	01:01-	00:37+	01:06+	00:29+	00:49+	00:12-	00:36+	00:51+	01:58+	00:57+	03:15+	00:43+	00:52+	00:16+	
00:12#	00:23&	00:26&	00:05#	00:11-	00:09&	00:08#	00:10&	00:11&	00:01-	00:13&	00:01+	00:45&	00:14&	01:02&	00:20&	00:05#	00:06&	
7	Siv Borup Fredberg					4					18:48							
01:09+	02:48+	04:22+	05:09+	06:00+	06:43+	07:49+	08:13+	09:28+	09:47+	10:27+	11:27+	12:51+	13:39+	16:39+	17:32+	18:36+	18:48+	
01:09+	01:39+	01:34+	00:47+	00:51-	00:43+	01:06+	00:24+	01:15+	00:19+	00:40+	01:00+	01:24+	00:48+	03:00+	00:53+	01:04+	00:12+	
00:19&	00:43&	00:26&	00:08#	00:21-	00:15&	00:08#	00:05&	00:37&	00:06&	00:17&	00:10#	00:11#	00:05#	00:47&	00:30@	00:17&	00:02#	
8	Katrine Halkjær Dupont					Ok Pan					20:10							
00:56+	02:10+	03:35+	04:19+	05:11+	05:51+	07:00+	07:20+	08:20+	08:29+	10:49+	11:58+	13:21+	14:51+	18:21+	18:54+	19:58+	20:10+	
00:56+	01:14+	01:25+	00:44+	00:52-	00:40+	01:09+	00:20+	01:00+	00:09-	02:20+	01:09+	01:23+	01:30+	03:30+	00:33+	01:04+	00:12+	
00:06#	00:18&	00:17#	00:05#	00:20-	00:12&	00:11#	00:01+	00:22&	00:04-	01:57@	00:19&	00:10#	00:47@	01:17&	00:10&	00:17&	00:02#	

Beste stræktid for klassen

00:48	00:56	01:08	00:39	00:47	00:27	00:41	00:19	00:27	00:09	00:23	00:46	01:04	00:42	02:13	00:23	00:47	00:10
-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D14B

Plass	Navn	Klasse	Tid
D14B			

1	Asta Kappel Jensen					RSOK					19:22								
00:59=	01:45=	02:23=	03:20=	04:10=	04:51=	05:15=	06:39=	07:00=	08:00=	08:27=	11:35=	12:28=	15:17=	16:00=	17:13=	18:44=	19:09=	19:22=	
00:59=	00:46=	00:38=	00:57=	00:50=	00:41=	00:24=	01:24=	00:21=	01:00=	00:27=	03:08=	00:53=	02:49=	00:43=	01:13=	01:31=	00:25=	00:13=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D16

1	Laura Kaldahl Hornbæk				Ok Pan				20:08											
	02:32=	02:58=	03:54=	04:05=																
	02:32=	00:26=	00:56=	00:11=																
	00:00=	00:00=	00:00=	00:00=																
2	Sigrid Øhlenschlæger Nielsen				4				22:30											
	01:07-	02:53-	04:00+	04:43+	06:02+	06:37+	07:38+	08:44+	09:41+	10:41+	10:54+	11:54+	12:48+	14:09+	16:41+	18:11+	20:40+	21:05+	22:17+	22:30+
	01:07-	01:46+	01:07+	00:43+	01:19+	00:35+	01:01+	01:06+	00:57+	01:00+	00:13+	01:00+	00:54+	01:21+	02:32+	01:30+	02:29+	00:25+	01:12+	00:13+
	01:25-	01:20@	00:11#	00:32@	01:19+	00:35+	01:01+	01:06+	00:57+	01:00+	00:13+	01:00+	00:54+	01:21+	02:32+	01:30+	02:29+	00:25+	01:12+	00:13+
3	Emilie Skov Dalgaard				Ok Pan				23:18											
	01:08-	02:53-	03:38-	04:19+	05:06+	05:49+	06:48+	08:00+	08:54+	10:18+	10:30+	11:31+	12:18+	13:42+	16:01+	18:01+	20:53+	21:55+	23:06+	23:18+
	01:08-	01:45+	00:45-	00:41+	00:47+	00:43+	00:59+	01:12+	00:54+	01:24+	00:12+	01:01+	00:47+	01:24+	02:19+	02:00+	02:52+	01:02+	01:11+	00:12+
	01:24-	01:19@	00:11-	00:30@	00:47+	00:43+	00:59+	01:12+	00:54+	01:24+	00:12+	01:01+	00:47+	01:24+	02:19+	02:00+	02:52+	01:02+	01:11+	00:12+
4	Sofie Halkjær Dupont				Ok Pan				25:45											
	01:56-	04:06+	04:56+	05:52+	06:47+	07:34+	08:37+	09:48+	10:42+	11:43+	11:57+	13:00+	13:53+	15:17+	17:37+	19:30+	22:49+	24:31+	25:30+	25:45+
	01:56-	02:10+	00:50-	00:56+	00:55+	00:47+	01:03+	01:11+	00:54+	01:01+	00:14+	01:03+	00:53+	01:24+	02:20+	01:53+	03:19+	01:42+	00:59+	00:15+
	00:36-	01:44@	00:06-	00:45@	00:55+	00:47+	01:03+	01:11+	00:54+	01:01+	00:14+	01:03+	00:53+	01:24+	02:20+	01:53+	03:19+	01:42+	00:59+	00:15+
5	Ella Klærke Mikkelsen				2				31:34											
	01:20-	03:38+	04:49+	05:45+	06:47+	07:56+	09:21+	11:38+	13:23+	14:25+	14:48+	15:54+	16:53+	18:49+	22:34+	25:17+	29:01+	29:48+	31:18+	31:34+
	01:20-	02:18+	01:11+	00:56+	01:02+	01:09+	01:25+	02:17+	01:45+	01:02+	00:23+	01:06+	00:59+	01:56+	03:45+	02:43+	03:44+	00:47+	01:30+	00:16+
	01:12-	01:52@	00:15&	00:45@	01:02+	01:09+	01:25+	02:17+	01:45+	01:02+	00:23+	01:06+	00:59+	01:56+	03:45+	02:43+	03:44+	00:47+	01:30+	00:16+
6	Katrine Lyhne Kristiansen				OKV				37:35											
	01:37-	01:54-	05:25+	06:35+	07:45+	08:49+	10:13+	13:08+	14:44+	17:42+	17:58+	19:20+	20:41+	22:56+	27:47+	30:40+	34:48+	35:38+		
	01:37-	00:17-	03:31+	01:10+	01:10+	01:04+	01:24+	02:55+	01:36+	02:58+	00:16+	01:22+	01:21+	02:15+	04:51+	02:53+	04:08+	00:50+		
	00:55-	00:09-	02:35@	00:59@	01:10+	01:04+	01:24+	02:55+	01:36+	02:58+	00:16+	01:22+	01:21+	02:15+	04:51+	02:53+	04:08+	00:50+		

Beste stræktid for klassen

01:07 00:17 00:45 00:11

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D18

1	Ella Hedegaard Richardson					Ok Pan					26:54														
01:40=	02:59=	04:23=	05:36=	05:56=	07:20=	07:51=	08:44=	09:27=	10:16=	11:23=	12:41=	13:41=	15:00=	15:42=	17:03=	17:34=	19:17=	20:29=	21:39=	24:29=	26:00=	26:42=	26:54=		
01:40=	01:19=	01:24=	01:13=	00:20=	01:24=	00:31=	00:53=	00:43=	00:49=	01:07=	01:18=	01:00=	01:19=	00:42=	01:21=	00:31=	01:43=	01:12=	01:10=	02:50=	01:31=	00:42=	00:12=		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		

Plass	Navn	Klasse	Tid
D18			

2	Theresa Skouboe										2	42:40												
03:16+	05:38+	07:29+	09:18+	09:52+	12:14+	13:01+	14:29+	15:48+	17:10+	19:01+	20:57+	22:30+	26:03+	26:56+	28:57+	29:46+	32:24+	34:10+	35:56+	39:41+	41:20+	42:25+	42:40+	
03:16+	02:22+	01:51+	01:49+	00:34+	02:22+	00:47+	01:28+	01:19+	01:22+	01:51+	01:56+	01:33+	03:33+	00:53+	02:01+	00:49+	02:38+	01:46+	01:46+	03:45+	01:39+	01:05+	00:15+	
01:36&	01:03&	00:27&	00:36&	00:14&	00:58&	00:16&	00:35&	00:36&	00:33&	00:44&	00:38&	00:33&	02:14@	00:11&	00:40&	00:18&	00:55&	00:34&	00:36&	00:55&	00:08+	00:23&	00:03#	

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D20

1	Marie Møller Nielsen					Ok Pan					24:02														
01:35=	02:49=	03:50=	04:49=	05:07=	06:19=	06:50=	07:39=	08:17=	09:00=	09:53=	10:56=	11:58=	13:28=	14:00=	15:12=	15:39=	17:03=	18:01=	18:58=	22:28=	23:22=	23:51=	24:02=		
01:35=	01:14=	01:01=	00:59=	00:18=	01:12=	00:31=	00:49=	00:38=	00:43=	00:53=	01:03=	01:02=	01:30=	00:32=	01:12=	00:27=	01:24=	00:58=	00:57=	03:30=	00:54=	00:29=	00:11=		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		

2	Marie Dronter Sørensen					AARO					28:12												
02:41+	04:10+	05:27+	06:49+	07:41+	09:09+	09:37+	10:26+	11:15+	12:09+	13:11+	14:24+	15:27+	16:34+	17:15+	18:42+	19:19+	21:29+	22:37+	23:56+	26:09+	27:21+	28:00+	28:12+
02:41+	01:29+	01:17+	01:22+	00:52+	01:28+	00:28-	00:49=	00:49+	00:54+	01:02+	01:13+	01:03+	01:07-	00:41+	01:27+	00:37+	02:10+	01:08+	01:19+	02:13-	01:12+	00:39+	00:12+
01:06&	00:15#	00:16&	00:23&	00:34@	00:16#	00:03-	00:00=	00:11&	00:11&	00:09#	00:10#	00:01+	00:23-	00:09&	00:15#	00:10&	00:46&	00:10#	00:22&	01:17-	00:18&	00:10&	00:01+

Beste stræktid for klassen

01:35	01:14	01:01	00:59	00:18	01:12	00:28	00:49	00:38	00:43	00:53	01:03	01:02	01:07	00:32	01:12	00:27	01:24	00:58	00:57	02:13	00:54	00:29	00:11
-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D20B

1	Elise Brund Steenkjær				VJOK				19:29											
01:13=	02:16=	03:30=	04:13=	05:18=	05:46=	06:40=	06:55=	07:44=	07:58=	08:41=	11:50=	13:22=	14:04=	17:53=	18:21=	19:13=	19:29=			
01:13=	01:03=	01:14=	00:43=	01:05=	00:28=	00:54=	00:15=	00:49=	00:14=	00:43=	03:09=	01:32=	00:42=	03:49=	00:28=	00:52=	00:16=			
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=			

2	Oline Libak Damsgaard										VOK				22:45							
01:19+	02:27+	04:24+	05:29+	06:32+	07:11+	08:19+	08:43+	09:29+	09:45+	10:17+	11:35-	13:36+	15:09+	19:53+	20:51+	22:32+	22:45+					
01:19+	01:08+	01:57+	01:05+	01:03-	00:39+	01:08+	00:24+	00:46-	00:16+	00:32-	01:18-	02:01+	01:33+	04:44+	00:58+	01:41+	00:13-					
00:06+	00:05+	00:43&	00:22&	00:02-	00:11&	00:14&	00:09&	00:03-	00:02#	00:11-	01:51-	00:29&	00:51@	00:55#	00:30@	00:49&	00:03-					

3

Amalie Brund Steenkjær

VJOK

23:32

01:11-	02:53+	04:52+	06:06+	07:13+	07:57+	09:21+	09:52+	11:24+	11:39+	12:14+	13:30+	14:54+	17:13+	21:18+	21:45+	23:17+	23:32+
01:11-	01:42+	01:59+	01:14+	01:07+	00:44+	01:24+	00:31+	01:32+	00:15+	00:35-	01:16-	01:24-	02:19+	04:05+	00:27-	01:32+	00:15-
00:02-	00:39&	00:45&	00:31&	00:02+	00:16&	00:30&	00:16@	00:43&	00:01+	00:08-	01:53-	00:08-	01:37@	00:16+	00:01-	00:40&	00:01-

4	Josephine Friis Gade					VOK					26:56									
01:22+	03:02+	05:28+	06:47+	08:35+	10:03+	11:15+	11:40+	12:41+	13:00+	13:45+	15:16+	17:29+	18:52+	24:52+	25:33+	26:42+	26:56+			
01:22+	01:40+	02:26+	01:19+	01:48+	01:28+	01:12+	00:25+	01:01+	00:19+	00:45+	01:31-	02:13+	01:23+	06:00+	00:41+	01:09+	00:14-			
00:09#	00:37&	01:12&	00:36&	00:43&	01:00@	00:18&	00:10&	00:12#	00:05&	00:02+	01:38-	00:41&	00:41&	02:11&	00:13&	00:17&	00:02-			

Beste stræktid for klassen

01:11	01:03	01:14	00:43	01:03	00:28	00:54	00:15	00:46	00:14	00:32	01:16	01:24	00:42	03:49	00:27	00:52	00:13						
-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	--	--	--	--	--	--

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D21

Plass	Navn	Klasse	Tid
D21			
1	Lotte Jauhojärvi Markussen	Ok Pan	21:35
01:39=	02:58=	03:57=	04:57=
01:39=	01:19=	00:59=	01:00=
00:00=	00:00=	00:00=	00:00=
05:15=	06:25=	06:49=	07:33=
00:18=	01:10=	00:24=	00:44=
00:00=	00:00=	00:00=	00:00=
08:11=	08:52=	09:46=	10:43=
00:38=	00:41=	00:54=	00:57=
00:00=	00:00=	00:00=	00:00=
11:32=	12:33=	13:07=	14:17=
00:49=	01:01=	00:34=	01:10=
00:00=	00:00=	00:00=	00:00=
14:44=	16:02=	17:03=	18:01=
00:27=	01:18=	01:01=	00:58=
00:00=	00:00=	00:00=	00:00=
19:59=	20:54=	21:23=	21:35=
00:55=	00:29=	00:12=	00:00=
00:00=	00:00=	00:00=	00:00=
2	Henriette Nygaard Skjørbæk	1	21:51
01:21+	02:34+	03:30+	04:23+
01:21+	01:13+	00:56+	00:53+
01:21+	01:13+	00:56+	00:53+
06:05+	06:27+	07:07+	07:46+
01:22+	00:22+	00:40+	00:39+
01:22+	00:22+	00:40+	00:39+
08:48+	09:36+	10:52+	11:40+
00:43+	00:57+	01:01+	00:35+
00:00=	00:00=	00:00=	00:00=
12:56+	13:27+	14:52+	15:17+
00:31+	01:25+	00:25+	01:15+
01:16+	00:48+	01:16+	00:31+
01:16+	00:48+	01:16+	00:31+
16:32+	17:27+	18:19+	20:13+
00:55+	00:52+	01:54+	00:57+
00:55+	00:52+	01:54+	00:57+
21:10+	21:39+	21:51+	00:12+
00:29+	00:12+	00:00=	00:00=
00:29+	00:12+	00:00=	00:00=
3	Ida Riis Madsen	RSOK	22:13
01:28+	02:40+	03:41+	04:43+
01:28+	01:12+	01:01+	01:02+
01:28+	01:12+	01:01+	01:02+
05:02+	06:12+	06:37+	07:22+
00:19+	01:10+	00:25+	00:45+
01:10+	00:25+	00:45+	00:38+
00:25+	00:45+	00:38+	00:43+
10:42+	11:27+	12:28+	13:03+
01:03+	00:45+	01:01+	00:35+
01:03+	00:45+	01:01+	00:35+
14:14+	14:41+	16:00+	16:58+
01:11+	00:27+	01:19+	00:58+
01:11+	00:27+	01:19+	00:58+
17:57+	20:23+	21:28+	22:00+
00:59+	02:26+	01:05+	00:32+
00:59+	02:26+	01:05+	00:32+
22:13+	00:13+	00:00=	00:00=
22:13+	00:13+	00:00=	00:00=
4	Camilla Bevensee	Ok Pan	23:39
01:48+	02:58+	04:08+	05:05+
01:48+	01:10+	01:10+	00:57+
01:48+	01:10+	01:10+	00:57+
06:39+	07:11+	08:03+	08:44+
01:17+	00:32+	00:52+	00:41+
01:17+	00:32+	00:52+	00:41+
10:24+	11:17+	11:56+	12:57+
00:57+	01:16+	01:03+	01:15+
00:57+	01:16+	01:03+	01:15+
13:29+	14:39+	15:06+	16:30+
00:37+	01:09+	00:31+	01:28+
00:37+	01:09+	00:31+	01:28+
17:41+	18:37+	22:01+	22:54+
01:28+	01:02+	00:58+	02:00+
01:28+	01:02+	00:58+	02:00+
23:39+	00:11+	00:32+	00:13+
23:39+	00:11+	00:32+	00:13+
5	Rebeka Vincze	2	24:20
01:31+	02:43+	03:55+	05:03+
01:31+	01:12+	01:12+	01:08+
01:31+	01:12+	01:12+	01:08+
06:38+	07:06+	07:50+	08:56+
01:13+	00:28+	00:44+	01:06+
01:13+	00:28+	00:44+	01:06+
10:36+	11:52+	12:55+	14:10+
00:57+	01:16+	01:03+	01:15+
00:57+	01:16+	01:03+	01:15+
14:47+	15:56+	16:27+	17:55+
00:37+	01:09+	00:31+	01:28+
00:37+	01:09+	00:31+	01:28+
18:57+	19:55+	21:55+	22:59+
01:02+	00:58+	02:00+	24:09+
01:02+	00:58+	02:00+	24:09+
24:20+	00:11+	00:00=	00:00=
24:20+	00:11+	00:00=	00:00=
6	Helle Popp Bobach	AAO	25:25
01:47+	03:14+	04:29+	05:38+
01:47+	01:27+	01:15+	01:09+
01:47+	01:27+	01:15+	01:09+
07:23+	07:54+	08:45+	09:31+
01:24+	00:31+	00:51+	00:46+
01:24+	00:31+	00:51+	00:46+
11:26+	12:31+	13:26+	14:40+
00:57+	01:04+	01:05+	00:55+
00:57+	01:04+	01:05+	00:55+
15:22+	16:45+	17:21+	18:54+
00:42+	01:23+	00:36+	01:33+
00:42+	01:23+	00:36+	01:33+
20:05+	21:15+	23:36+	24:40+
01:30+	01:11+	01:10+	02:21+
01:30+	01:11+	01:10+	02:21+
25:25+	00:13+	00:32+	00:13+
25:25+	00:13+	00:32+	00:13+
7	Anne Beukel Bak	6	25:30
01:44+	03:07+	04:11+	05:13+
01:44+	01:23+	01:04+	01:02+
01:44+	01:23+	01:04+	01:02+
06:48+	07:15+	08:09+	08:50+
01:16+	00:27+	00:54+	00:41+
01:16+	00:27+	00:54+	00:41+
10:34+	11:57+	13:46+	14:59+
00:58+	01:23+	01:49+	01:13+
00:58+	01:23+	01:49+	01:13+
15:37+	16:51+	17:21+	18:51+
00:38+	01:14+	00:30+	01:30+
00:38+	01:14+	00:30+	01:30+
20:59+	23:32+	24:46+	25:18+
01:05+	02:33+	01:14+	00:32+
01:05+	02:33+	01:14+	00:32+
25:30+	00:12+	00:00=	00:00=
25:30+	00:12+	00:00=	00:00=
8	Alberte Karoline Thyssen	2	25:30
01:51+	03:20+	04:34+	05:40+
01:51+	01:29+	01:14+	01:06+
01:51+	01:29+	01:14+	01:06+
07:17+	07:44+	08:32+	09:20+
01:18+	00:27+	00:48+	00:48+
01:18+	00:27+	00:48+	00:48+
10:04+	11:05+	13:22+	14:05+
00:44+	01:01+	02:17+	00:43+
00:44+	01:01+	02:17+	00:43+
15:13+	15:52+	17:09+	17:39+
01:13+	01:08+	00:39+	01:17+
01:13+	01:08+	00:39+	01:17+
19:09+	20:16+	21:22+	23:35+
01:30+	01:07+	01:06+	02:13+
01:30+	01:07+	01:06+	02:13+
24:42+	25:17+	25:30+	00:13+
24:42+	25:17+	25:30+	00:13+
9	Astrid Gylling Hougaard	AAAO	29:11
02:10+	03:46+	05:14+	06:34+
02:10+	01:36+	01:28+	01:20+
02:10+	01:36+	01:28+	01:20+
08:33+	09:05+	10:02+	10:51+
01:32+	00:32+	00:57+	00:49+
01:32+	00:32+	00:57+	00:49+
11:48+	13:09+	14:20+	15:21+
00:57+	01:21+	01:11+	01:01+
00:57+	01:21+	01:11+	01:01+
16:43+	17:30+	19:05+	19:49+
01:14+	00:30+	01:30+	01:42+
01:14+	00:30+	01:30+	01:42+
21:31+	22:48+	24:06+	26:57+
01:17+	01:18+	02:51+	01:20+
01:17+	01:18+	02:51+	01:20+
28:17+	28:58+	29:11+	00:13+
02:33+	01:14+	00:32+	00:13+
02:33+	01:14+	00:32+	00:13+
10	Maria Bo Kølbaek	AAAO	30:05
01:52+	03:12+	04:27+	05:54+
01:52+	01:20+	01:15+	01:27+
01:52+	01:20+	01:15+	01:27+
06:14+	07:45+	08:14+	09:14+
00:20+	01:31+	00:29+	01:00+
00:20+	01:31+	00:29+	01:00+
10:00+	10:58+	12:05+	13:21+
00:46+	00:58+	01:07+	01:16+
00:46+	00:58+	01:07+	01:16+
14:33+	16:07+	17:04+	18:26+
01:12+	01:34+	00:57+	01:22+
01:12+	01:34+	00:57+	01:22+
19:15+	21:14+	22:36+	24:48+
00:49+	01:59+	01:22+	02:12+
00:49+	01:59+	01:22+	02:12+
27:34+	29:08+	29:50+	30:05+
02:46+	01:34+	00:42+	00:15+
02:46+	01:34+	00:42+	00:15+
11	Anna Movin	4	30:15
01:55+	03:19+	04:31+	05:29+
01:55+	01:24+	01:12+	00:58+
01:55+	01:24+	01:12+	00:58+
07:40+	08:10+	09:08+	09:51+
01:50+	00:30+	00:58+	00:43+
01:50+	00:30+	00:58+	00:43+
10:38+	12:51+	14:13+	15:08+
00:47+	02:13+	01:22+	00:55+
00:47+	02:13+	01:22+	00:55+
16:30+	17:08+	18:19+	18:47+
01:22+	00:38+	01:11+	00:28+
01:22+	00:38+	01:11+	00:28+
20:59+	23:24+	24:57+	27:31+
01:40+	00:49+	01:19+	00:46+
01:40+	00:49+	01:19+	00:46+
28:37+	30:01+	30:15+	00:14+
01:06+	01:24+	00:14+	00:00=
01:06+	01:24+	00:14+	00:00=
12	Ea Lykke Otte	AAO	30:59
02:05+	03:56+	05:19+	06:46+
02:05+	01:51+	01:23+	01:27+
02:05+	01:51+	01:23+	01:27+
07:10+	08:46+	09:42+	10:31+
00:24+	01:36+	00:56+	00:49+
00:24+	01:36+	00:56+	00:49+
11:44+	12:42+	13:48+	15:34+
01:13+	00:58+	01:06+	01:46+
01:13+	00:58+	01:06+	01:46+
17:58+	19:38+	20:27+	21:46+
02:24+	01:40+	00:49+	01:19+
02:24+	01:40+	00:49+	01:19+
22:32+	24:09+	25:19+	26:32+
00:46+	01:37+	01:10+	01:13+
00:46+	01:37+	01:10+	01:13+
29:03+	30:11+	30:47+	30:59+
02:31+	01:08+	00:36+	00:12+
02:31+	01:08+	00:36+	00:12+

Plass	Navn	Klasse	Tid
D21			

13	Sofie Secher Thomsen					Ok Pan					33:30														
02:21+	04:00+	05:29+	07:00+	07:30+	09:30+	10:08+	11:16+	12:19+	13:23+	14:35+	16:14+	17:28+	19:06+	19:57+	21:28+	22:22+	24:19+	27:08+	28:24+	30:59+	32:22+	33:16+	33:30+		
02:21+	01:39+	01:29+	01:31+	00:30+	02:00+	00:38+	01:08+	01:03+	01:04+	01:12+	01:39+	01:14+	01:38+	00:51+	01:31+	00:54+	01:57+	02:49+	01:16+	02:35+	01:23+	00:54+	00:14+		
02:21+	01:39+	01:29+	01:31+	00:30+	02:00+	00:38+	01:08+	01:03+	01:04+	01:12+	01:39+	01:14+	01:38+	00:51+	01:31+	00:54+	01:57+	02:49+	01:16+	02:35+	01:23+	00:54+	00:14+		
14	Mette Kappel Jensen					RSOK					33:38														
02:40+	04:17+	05:42+	07:17+	07:44+	09:24+	10:10+	11:18+	12:25+	13:26+	14:46+	16:43+	18:08+	20:04+	20:58+	22:45+	23:37+	25:32+	27:04+	28:42+	31:30+	32:45+	33:24+	33:38+		
02:40+	01:37+	01:25+	01:35+	00:27+	01:40+	00:46+	01:08+	01:07+	01:01+	01:20+	01:57+	01:25+	01:56+	00:54+	01:47+	00:52+	01:55+	01:32+	01:38+	02:48+	01:15+	00:39+	00:14+		
02:40+	01:37+	01:25+	01:35+	00:27+	01:40+	00:46+	01:08+	01:07+	01:01+	01:20+	01:57+	01:25+	01:56+	00:54+	01:47+	00:52+	01:55+	01:32+	01:38+	02:48+	01:15+	00:39+	00:14+		
15	Tine Juul Gade					VOK					36:32														
02:47+	05:05+	06:40+	08:14+	08:46+	10:42+	11:21+	12:31+	13:34+	14:42+	16:09+	18:23+	19:45+	21:29+	22:26+	24:12+	24:58+	27:07+	28:43+	30:33+	33:57+	35:34+	36:16+	36:32+		
02:47+	02:18+	01:35+	01:34+	00:32+	01:56+	00:39+	01:10+	01:03+	01:08+	01:27+	02:14+	01:22+	01:44+	00:57+	01:46+	00:46+	02:09+	01:36+	01:50+	03:24+	01:37+	00:42+	00:16+		
02:47+	02:18+	01:35+	01:34+	00:32+	01:56+	00:39+	01:10+	01:03+	01:08+	01:27+	02:14+	01:22+	01:44+	00:57+	01:46+	00:46+	02:09+	01:36+	01:50+	03:24+	01:37+	00:42+	00:16+		
16	Emilie Mey N. Nielsen					AAO					39:33														
02:18+	04:12+	06:01+	08:23+	09:05+	11:14+	11:46+	12:56+	14:04+	15:46+	17:07+	19:38+	21:29+	23:19+	24:25+	25:55+	26:54+	30:04+	31:32+	33:02+	36:52+	38:32+	39:19+	39:33+		
02:18+	01:54+	01:49+	02:22+	00:42+	02:09+	00:32+	01:10+	01:08+	01:42+	01:21+	02:31+	01:51+	01:50+	01:06+	01:30+	00:59+	03:10+	01:28+	01:30+	03:50+	01:40+	00:47+	00:14+		
02:18+	01:54+	01:49+	02:22+	00:42+	02:09+	00:32+	01:10+	01:08+	01:42+	01:21+	02:31+	01:51+	01:50+	01:06+	01:30+	00:59+	03:10+	01:28+	01:30+	03:50+	01:40+	00:47+	00:14+		
17	Pernille Hoveroust Dupont					AARO					46:13														
02:54+	05:19+	08:01+	09:47+	10:21+	13:09+	14:27+	15:52+	17:15+	20:01+	21:33+	24:55+	27:19+	29:24+	30:36+	32:20+	33:08+	35:44+	37:24+	39:09+	42:51+	45:15+	45:57+	46:13+		
02:54+	02:25+	02:42+	01:46+	00:34+	02:48+	01:18+	01:25+	01:23+	02:46+	01:32+	03:22+	02:24+	02:05+	01:12+	01:44+	00:48+	02:36+	01:40+	01:45+	03:42+	02:24+	00:42+	00:16+		
02:54+	02:25+	02:42+	01:46+	00:34+	02:48+	01:18+	01:25+	01:23+	02:46+	01:32+	03:22+	02:24+	02:05+	01:12+	01:44+	00:48+	02:36+	01:40+	01:45+	03:42+	02:24+	00:42+	00:16+		
18	Nanna Wich Lund					AAO					48:26														
11:10+	13:10+	14:42+	16:20+	16:57+	18:51+	20:02+	22:05+	23:04+	24:09+	25:17+	28:49+	30:57+	32:51+	33:32+	35:24+	36:06+	38:58+	40:33+	42:49+	46:04+	47:41+	48:15+	48:26+		
11:10+	02:00+	01:32+	01:38+	00:37+	01:54+	01:11+	02:03+	00:59+	01:05+	01:08+	03:32+	02:08+	01:54+	00:41+	01:52+	00:42+	02:52+	01:35+	02:16+	03:15+	01:37+	00:34+	00:11+		
11:10+	02:00+	01:32+	01:38+	00:37+	01:54+	01:11+	02:03+	00:59+	01:05+	01:08+	03:32+	02:08+	01:54+	00:41+	01:52+	00:42+	02:52+	01:35+	02:16+	03:15+	01:37+	00:34+	00:11+		
19	Annette Kjeldsen					2					57:03														
15:30+	17:21+	19:44+	21:28+	21:59+	25:38+	26:13+	27:41+	28:53+	30:07+	31:41+	34:21+	36:08+	38:21+	39:18+	40:55+	41:40+	45:57+	47:32+	48:55+	53:48+	55:57+	56:43+	57:03+		
15:30+	01:51+	02:23+	01:44+	00:31+	03:39+	00:35+	01:28+	01:12+	01:14+	01:34+	02:40+	01:47+	02:13+	00:57+	01:37+	00:45+	04:17+	01:35+	01:23+	04:53+	02:09+	00:46+	00:20+		
15:30+	01:51+	02:23+	01:44+	00:31+	03:39+	00:35+	01:28+	01:12+	01:14+	01:34+	02:40+	01:47+	02:13+	00:57+	01:37+	00:45+	04:17+	01:35+	01:23+	04:53+	02:09+	00:46+	00:20+		

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D21B

1	Mia Skov-Madsen	AAO										16:08							
01:05=	02:42=	04:02=	04:47=	05:28=	05:58=	06:55=	07:31=	08:12=	08:24=	08:52=	09:43=	11:05=	11:55=	14:18=	14:44=	15:54=	16:08=		
01:05=	01:37=	01:20=	00:45=	00:41=	00:30=	00:57=	00:36=	00:41=	00:12=	00:28=	00:51=	01:22=	00:50=	02:23=	00:26=	01:10=	00:14=		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		
2	Rikke Gade	AAO										18:25							
00:59-	02:41-	04:10+	05:00+	05:56+	06:28+	07:24+	07:44+	08:24+	08:37+	09:07+	10:06+	11:37+	12:31+	16:19+	16:56+	18:09+	18:25+		
00:59-	01:42+	01:29+	00:50+	00:56+	00:32+	00:56-	00:20-	00:40-	00:13+	00:30+	00:59+	01:31+	00:54+	03:48+	00:37+	01:13+	00:16+		
00:06-	00:05+	00:09#	00:05#	00:15&	00:02+	00:01-	00:16-	00:01-	00:01+	00:02+	00:08#	00:09#	00:04+	01:25&	00:11&	00:03+	00:02#		
3	Louise Kolind	2										19:15							
01:11+	02:28-	04:02=	04:52+	05:48+	06:33+	07:42+	08:07+	08:49+	09:11+	09:21+	10:01+	11:16+	12:50+	13:44-	16:59+	17:46+	19:00+	19:15+	
01:11+	01:17-	01:34+	00:50+	00:56+	00:45+	01:09+	00:25-	00:42+	00:22+	00:10-	00:40-	01:15-	01:34+	00:54-	03:15+	00:47-	01:14+	00:15+	
00:06+	00:20-	00:14#	00:05#	00:15&	00:15&	00:12#	00:11-	00:01+	00:10&	00:18-	00:11-	00:07-	00:44&	01:29-	02:49@	00:23-	01:00@	00:15+	

Plass	Navn	Klasse										Tid									
D21B																					
4	Johanne Winther					AAO					19:28										
	01:08+	02:35-	04:13+	05:01+	06:02+	06:40+	07:43+	08:02+	08:43+	08:57+	09:28+	10:37+	12:21+	13:31+	17:11+	17:53+	19:12+	19:28+			
	01:08+	01:27-	01:38+	00:48+	01:01+	00:38+	01:03+	00:19-	00:41=	00:14+	00:31+	01:09+	01:44+	01:10+	03:40+	00:42+	01:19+	00:16+			
	00:03+	00:10-	00:18#	00:03+	00:20&	00:08&	00:06#	00:17-	00:00=	00:02#	00:03#	00:18&	00:22&	00:20&	01:17&	00:16&	00:09#	00:02#			
5	Anita Pedersen					AARO					21:42										
	01:06+	02:32+	04:15+	05:08+	06:12+	06:54+	08:02+	08:22+	09:01+	09:13+	09:48+	11:07+	13:10+	14:25+	19:07+	19:43+	21:23+	21:42+			
	01:06+	01:26+	01:43+	00:53+	01:04+	00:42+	01:08+	00:20+	00:39+	00:12+	00:35+	01:19+	02:03+	01:15+	04:42+	00:36+	01:40+	00:19+			
	01:06+	01:26+	01:43+	00:53+	01:04+	00:42+	01:08+	00:20+	00:39+	00:12+	00:35+	01:19+	02:03+	01:15+	04:42+	00:36+	01:40+	00:19+			
Beste stræktid for klassen																					
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.																					
D40																					
1	Anne Møller Skaug					Ok Pan					22:15										
	01:59=	03:23=	03:42=	04:23=	04:56=	06:14=	06:42=	07:25=	08:27=	08:57=	09:45=	10:22=	11:28=	13:05=	13:25=	14:22=	15:21=	16:25=	18:43=	19:39=	21:16=
	01:59=	01:24=	00:19=	00:41=	00:33=	01:18=	00:28=	00:43=	01:02=	00:30=	00:48=	00:37=	01:06=	01:37=	00:20=	00:57=	00:59=	01:04=	02:18=	00:56=	01:37=
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Irene K. Mikkelsen					2					23:50										
	02:07+	04:00+	04:25+	05:01+	05:35+	06:44+	07:14+	07:56+	08:35+	09:07+	10:04+	10:40+	12:05+	13:32+	13:55+	15:12+	16:11+	17:09+	19:40+	20:39+	23:00+
	02:07+	01:53+	00:25+	00:36-	00:34+	01:09-	00:30+	00:42-	00:39-	00:32+	00:57+	00:36-	01:25+	01:27-	00:23+	01:17+	00:59=	00:58-	02:31+	00:59+	02:21+
	00:08+	00:29&	00:06&	00:05-	00:01+	00:09-	00:02+	00:01-	00:23-	00:02+	00:09#	00:01-	00:19&	00:10-	00:03#	00:20&	00:00=	00:06-	00:13+	00:03+	00:44&
4	Katrine Olesen Hinge					Ok Pan					24:40										
	02:20+	04:06+	04:39+	05:22+	06:01+	07:17+	07:49+	08:52+	10:01+	10:33+	11:32+	12:14+	13:52+	15:15+	15:37+	16:49+	17:53+	18:52+	21:10+	22:06+	23:48+
	02:20+	01:46+	00:33+	00:43+	00:39+	01:16-	00:32+	01:03+	01:09+	00:32+	00:59+	00:42+	01:38+	01:23-	00:22+	01:12+	01:04+	00:59-	02:18=	00:56=	01:42+
	00:21#	00:22&	00:14&	00:02+	00:06#	00:02-	00:04#	00:20&	00:07#	00:02+	00:11#	00:05#	00:32&	00:14-	00:02#	00:15&	00:05+	00:05-	00:00=	00:00=	00:05+
5	Anne Vang Bobach					AAO					25:06										
	02:14+	04:09+	04:31+	05:13+	05:53+	07:12+	07:50+	08:39+	09:18+	09:51+	10:53+	11:40+	13:02+	14:31+	14:56+	16:04+	17:18+	18:25+	21:00+	22:25+	24:05+
	02:14+	01:55+	00:22+	00:42+	00:40+	01:19+	00:38+	00:49+	00:39-	00:33+	01:02+	00:47+	01:22+	01:29-	00:25+	01:08+	01:14+	01:07+	02:35+	01:25+	01:40+
	00:15#	00:31&	00:03#	00:01+	00:07#	00:01+	00:10&	00:06#	00:23-	00:03#	00:14&	00:10&	00:16#	00:08-	00:05#	00:11#	00:15&	00:03+	00:17#	00:29&	00:03+
6	Susanne Kristensen					1					25:08										
	02:09+	03:49+	04:13+	05:01+	05:35+	06:56+	08:09+	08:54+	09:34+	10:06+	11:01+	11:45+	13:05+	14:29+	14:52+	16:01+	17:07+	18:21+	20:41+	21:47+	23:34+
	02:09+	01:40+	00:24+	00:48+	00:34+	01:21+	01:13+	00:45+	00:40-	00:32+	00:55+	00:44+	01:20+	01:24-	00:23+	01:09+	01:06+	01:14+	02:20+	01:06+	01:47+
	00:10+	00:16#	00:05&	00:07#	00:01+	00:03+	00:45@	00:02+	00:22-	00:02+	00:07#	00:07#	00:14#	00:13-	00:03#	00:12#	00:07#	00:10#	00:02+	00:10#	00:08#
7	Hanne Borup Fredberg					4					25:30										
	02:37+	04:19+	04:44+	05:23+	05:56+	07:10+	07:37+	08:23+	08:58+	09:38+	10:31+	12:24+	13:51+	15:10+	15:34+	16:38+	17:40+	18:40+	21:02+	21:59+	23:53+
	02:37+	01:42+	00:25+	00:39-	00:33=	01:14-	00:27-	00:46+	00:35-	00:40+	00:53+	01:53+	01:27+	01:19-	00:24+	01:04+	01:02+	01:00-	02:22+	00:57+	01:54+
	00:38&	00:18#	00:06&	00:02-	00:00=	00:04-	00:01-	00:03+	00:27-	00:10&	00:05#	01:16@	00:21&	00:18-	00:04#	00:07#	00:03+	00:04-	00:04+	00:01+	00:17#
8	Lene Bejer Damgaard					VOK					25:37										
	02:54+	05:10+	05:31+	06:11+	06:51+	08:12+	08:58+	09:44+	10:32+	11:08+	12:12+	12:57+	14:14+	15:39+	16:06+	17:18+	18:27+	19:30+	21:59+	23:17+	24:44+
	02:54+	02:16+	00:21+	00:40-	00:40+	01:21+	00:46+	00:46+	00:48-	00:36+	01:04+	00:45+	01:17+	01:25-	00:27+	01:12+	01:09+	01:03-	02:29+	01:18+	01:27-
	00:55&	00:52&	00:02#	00:01-	00:07#	00:03+	00:18&	00:03+	00:14-	00:06#	00:16&	00:08#	00:11#	00:12-	00:07&	00:15&	00:10#	00:01-	00:11+	00:22&	00:10-
9	Tine Gade Hansen					AAO					26:22										
	02:56+	04:56+	06:38+	06:56+	07:32+	08:08+	09:28+	10:28+	11:10+	11:46+	12:24+	13:12+	13:55+	15:06+	17:39+	18:00+	19:04+	20:02+	21:11+	23:17+	24:19+
	02:56+	02:00+	01:42+	00:18-	00:36+	00:36-	01:20+	01:00+	00:42-	00:36+	00:38-	00:48+	00:43-	01:11-	02:33+	00:21-	01:04+	00:58-	01:09-	02:06+	01:02-
	00:57&	00:36&	01:23@	00:23-	00:03+	00:42-	00:52@	00:17&	00:20-	00:06#	00:10-	00:11&	00:23-	00:26-	02:13@	00:36-	00:05+	00:06-	01:09-	01:10@	00:35-

Plass	Navn		Klasse										Tid										
D40																							
10	Sannie Ebert Jacobsen						RSOK						27:01										
02:47+	04:45+	05:03+	05:47+	06:35+	08:02+	08:48+	09:34+	10:24+	11:01+	11:58+	12:50+	14:14+	15:52+	16:17+	17:35+	18:51+	20:01+	22:51+	24:37+	26:09+	26:51+	27:01+	
02:47+	01:58+	00:18-	00:44+	00:48+	01:27+	00:46+	00:46+	00:50-	00:37+	00:57+	00:52+	01:24+	01:38+	00:25+	01:18+	01:16+	01:10+	02:50+	01:46+	01:32-	00:42-	00:10-	
00:48&	00:34&	00:01-	00:03+	00:15&	00:09#	00:18&	00:03+	00:12-	00:07#	00:09#	00:15&	00:18&	00:01+	00:05#	00:21&	00:17&	00:06+	00:32#	00:50&	00:05-	00:05-	00:02-	
11	Henriette Klostergaard Rokkjær 4						27:05																
02:26+	04:16+	04:39+	05:20+	05:57+	07:20+	07:57+	08:51+	09:36+	10:09+	11:11+	11:57+	13:30+	14:58+	15:24+	16:49+	17:58+	19:05+	21:43+	23:08+	26:03+	26:50+	27:05+	
02:26+	01:50+	00:23+	00:41+	00:37+	01:23+	00:37+	00:54+	00:45+	00:33+	01:02+	00:46+	01:33+	01:28+	00:26+	01:25+	01:09+	01:07+	02:38+	01:25+	02:55+	00:47+	00:15+	
02:26+	01:50+	00:23+	00:41+	00:37+	01:23+	00:37+	00:54+	00:45+	00:33+	01:02+	00:46+	01:33+	01:28+	00:26+	01:25+	01:09+	01:07+	02:38+	01:25+	02:55+	00:47+	00:15+	
12	Signe Faber						27:43																
02:46+	04:35+	04:59+	05:46+	06:27+	07:57+	08:44+	09:35+	10:26+	11:09+	12:18+	13:03+	14:31+	16:12+	16:38+	18:01+	19:22+	20:34+	23:24+	24:35+	26:41+	27:27+	27:43+	
02:46+	01:49+	00:24+	00:47+	00:41+	01:30+	00:47+	00:51+	00:51+	00:43+	01:09+	00:45+	01:28+	01:41+	00:26+	01:23+	01:21+	01:12+	02:50+	01:11+	02:06+	00:46+	00:16+	
02:46+	01:49+	00:24+	00:47+	00:41+	01:30+	00:47+	00:51+	00:51+	00:43+	01:09+	00:45+	01:28+	01:41+	00:26+	01:23+	01:21+	01:12+	02:50+	01:11+	02:06+	00:46+	00:16+	
13	Trine Kristensen						Ok Pan						29:27										
03:30+	05:41+	06:02+	06:51+	07:28+	08:50+	09:24+	10:11+	10:59+	12:24+	13:25+	14:16+	16:01+	17:39+	18:04+	19:27+	20:36+	21:42+	24:21+	25:26+	27:59+	29:13+	29:27+	
03:30+	02:11+	00:21+	00:49+	00:37+	01:22+	00:34+	00:47+	00:48+	01:25+	01:01+	00:51+	01:45+	01:38+	00:25+	01:23+	01:09+	01:06+	02:39+	01:05+	02:33+	01:14+	00:14+	
03:30+	02:11+	00:21+	00:49+	00:37+	01:22+	00:34+	00:47+	00:48+	01:25+	01:01+	00:51+	01:45+	01:38+	00:25+	01:23+	01:09+	01:06+	02:39+	01:05+	02:33+	01:14+	00:14+	
14	Bettina Toft Møller Mikkelsen 2						29:44																
03:48+	06:08+	06:26+	07:16+	07:58+	09:44+	10:23+	11:17+	12:16+	12:52+	13:58+	14:52+	16:22+	17:54+	18:30+	19:53+	21:07+	22:24+	25:11+	26:39+	28:43+	29:29+	29:44+	
03:48+	02:20+	00:18+	00:50+	00:42+	01:46+	00:39+	00:54+	00:59+	00:36+	01:06+	00:54+	01:30+	01:32+	00:36+	01:23+	01:14+	01:17+	02:47+	01:28+	02:04+	00:46+	00:15+	
03:48+	02:20+	00:18+	00:50+	00:42+	01:46+	00:39+	00:54+	00:59+	00:36+	01:06+	00:54+	01:30+	01:32+	00:36+	01:23+	01:14+	01:17+	02:47+	01:28+	02:04+	00:46+	00:15+	
15	Hanne Kidmose						AARO						31:38										
02:49+	05:11+	05:42+	06:35+	07:12+	08:46+	10:17+	11:15+	12:06+	12:51+	13:55+	15:05+	16:42+	18:37+	19:17+	20:40+	22:01+	23:15+	26:04+	28:03+	30:33+	31:22+	31:38+	
02:49+	02:22+	00:31+	00:53+	00:37+	01:34+	01:31+	00:58+	00:51+	00:45+	01:04+	01:10+	01:37+	01:55+	00:40+	01:23+	01:21+	01:14+	02:49+	01:59+	02:30+	00:49+	00:16+	
02:49+	02:22+	00:31+	00:53+	00:37+	01:34+	01:31+	00:58+	00:51+	00:45+	01:04+	01:10+	01:37+	01:55+	00:40+	01:23+	01:21+	01:14+	02:49+	01:59+	02:30+	00:49+	00:16+	
16	Anni Sørensen						KASKI						35:47										
03:44+	06:11+	06:38+	07:37+	08:25+	10:26+	11:07+	12:12+	13:22+	14:04+	15:17+	16:24+	18:18+	20:28+	21:16+	22:58+	24:23+	25:45+	29:17+	31:31+	34:40+	35:32+	35:47+	
03:44+	02:27+	00:27+	00:59+	00:48+	02:01+	00:41+	01:05+	01:10+	00:42+	01:13+	01:07+	01:54+	02:10+	00:48+	01:42+	01:25+	01:22+	03:32+	02:14+	03:09+	00:52+	00:15+	
03:44+	02:27+	00:27+	00:59+	00:48+	02:01+	00:41+	01:05+	01:10+	00:42+	01:13+	01:07+	01:54+	02:10+	00:48+	01:42+	01:25+	01:22+	03:32+	02:14+	03:09+	00:52+	00:15+	
17	Runa Iversen						2						39:42										
03:44+	06:10+	06:34+	07:41+	08:39+	10:44+	12:21+	13:38+	14:40+	15:36+	17:15+	18:22+	20:27+	23:01+	23:39+	25:45+	27:35+	29:12+	33:21+	35:02+	38:13+	39:15+	39:42+	
03:44+	02:26+	00:24+	01:07+	00:58+	02:05+	01:37+	01:17+	01:02+	00:56+	01:39+	01:07+	02:05+	02:34+	00:38+	02:06+	01:50+	01:37+	04:09+	01:41+	03:11+	01:02+	00:27+	
03:44+	02:26+	00:24+	01:07+	00:58+	02:05+	01:37+	01:17+	01:02+	00:56+	01:39+	01:07+	02:05+	02:34+	00:38+	02:06+	01:50+	01:37+	04:09+	01:41+	03:11+	01:02+	00:27+	
18	Charlotte Vibeke Olesen						KASKI						41:30										
04:42+	07:10+	07:41+	08:49+	09:53+	12:03+	12:55+	14:21+	15:25+	16:13+	17:50+	19:08+	21:19+	24:16+	24:53+	27:01+	28:45+	30:27+	34:53+	37:18+	40:16+	41:10+	41:30+	
04:42+	02:28+	00:31+	01:08+	01:04+	02:10+	00:52+	01:26+	01:04+	00:48+	01:37+	01:18+	02:11+	02:57+	00:37+	02:08+	01:44+	01:42+	04:26+	02:25+	02:58+	00:54+	00:20+	
04:42+	02:28+	00:31+	01:08+	01:04+	02:10+	00:52+	01:26+	01:04+	00:48+	01:37+	01:18+	02:11+	02:57+	00:37+	02:08+	01:44+	01:42+	04:26+	02:25+	02:58+	00:54+	00:20+	
19	Maria Giltoft						RSOK						44:25										
04:01+	06:10+	11:07+	12:05+	12:56+	14:56+	15:49+	17:03+	18:18+	19:07+	20:39+	21:36+	23:34+	25:53+	26:31+	28:21+	30:30+	32:10+	38:35+	40:08+	43:02+	44:07+	44:25+	
04:01+	02:09+	04:57+	00:58+	00:51+	02:00+	00:53+	01:14+	01:15+	00:49+	01:32+	00:57+	01:58+	02:19+	00:38+	01:50+	02:09+	01:40+	06:25+	01:33+	02:54+	01:05+	00:18+	
04:01+	02:09+	04:57+	00:58+	00:51+	02:00+	00:53+	01:14+	01:15+	00:49+	01:32+	00:57+	01:58+	02:19+	00:38+	01:50+	02:09+	01:40+	06:25+	01:33+	02:54+	01:05+	00:18+	
20	Helle Sjørup Nielsen						AAO						51:06										
04:46+	08:20+	08:57+	10:13+	11:24+	14:14+	15:04+	16:34+	17:50+	19:03+	21:04+	22:49+	25:40+	29:14+	30:01+	32:19+	34:26+	36:32+	41:56+	44:07+	49:07+	50:32+	51:06+	
04:46+	03:34+	00:37+	01:16+	01:11+	02:50+	00:50+	01:30+	01:16+	01:13+	02:01+	01:45+	02:51+	03:34+	00:47+	02:18+	02:07+	02:06+	05:24+	02:11+	05:00+	01:25+	00:34+	
04:46+	03:34+	00:37+	01:16+	01:11+	02:50+	00:50+	01:30+	01:16+	01:13+	02:01+	01:45+	02:51+	03:34+	00:47+	02:18+	02:07+	02:06+	05:24+	02:11+	05:00+	01:25+	00:34+	

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Plass	Navn	Klasse										Tid							
D45B																			
1	Mette Munhaus Olsen	RSOK										21:57							
00:57=	02:07=	04:08=	05:15=	06:17=	06:56=	08:44=	09:07=	10:15=	10:42=	11:17=	12:40=	14:22=	15:14=	19:32=	20:09=	21:40=	21:57=		
00:57=	01:10=	02:01=	01:07=	01:02=	00:39=	01:48=	00:23=	01:08=	00:27=	00:35=	01:23=	01:42=	00:52=	04:18=	00:37=	01:31=	00:17=		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		
2	Rikke Petersen	OKV										23:39							
01:19+	02:43+	04:32+	05:36+	06:50+	07:41+	08:52+	09:15+	10:16+	10:34-	11:17=	12:38-	14:36+	15:45+	21:10+	21:55+	23:20+	23:39+		
01:19+	01:24+	01:49-	01:04-	01:14+	00:51+	01:11-	00:23=	01:01-	00:18-	00:43+	01:21-	01:58+	01:09+	05:25+	00:45+	01:25-	00:19+		
00:22&	00:14#	00:12-	00:03-	00:12#	00:12&	00:37-	00:00=	00:07-	00:09-	00:08#	00:02-	00:16#	00:17&	01:07&	00:08#	00:06-	00:02#		
3	Jonna Jørgensen	1										24:34							
01:32+	03:17+	04:56+	06:01+	07:53+	08:44+	10:18+	11:00+	11:46+	12:15+	12:55+	14:24+	16:32+	17:46+	21:25+	22:53+	24:16+	24:34+		
01:32+	01:45+	01:39-	01:05-	01:52+	00:51+	01:34-	00:42+	00:46-	00:29+	00:40+	01:29+	02:08+	01:14+	03:39-	01:28+	01:23-	00:18+		
00:35&	00:35&	00:22-	00:02-	00:50&	00:12&	00:14-	00:19&	00:22-	00:02+	00:05#	00:06+	00:26&	00:22&	00:39-	00:51@	00:08-	00:01+		
4	Ulla Rabjerg Bai	2										24:46							
01:21+	02:55+	04:57+	06:04+	07:13+	08:15+	09:21+	10:26+	12:47+	13:12+	13:56+	15:14+	17:24+	18:38+	22:16+	23:14+	24:25+	24:46+		
01:21+	01:34+	02:02+	01:07=	01:09+	01:02+	01:06-	01:05+	02:21+	00:25-	00:44+	01:18-	02:10+	01:14+	03:38-	00:58+	01:11-	00:21+		
00:24&	00:24&	00:01+	00:00=	00:07#	00:23&	00:42-	00:42@	01:13@	00:02-	00:09&	00:05-	00:28&	00:22&	00:40-	00:21&	00:20-	00:04#		
5	Charlotte Cecilie Steenkjær	VJOK										25:59							
01:09+	02:49+	04:40+	05:35+	06:48+	09:13+	10:09+	10:32+	11:17+	11:31+	12:05+	13:22+	14:58+	17:32+	23:50+	24:30+	25:43+	25:59+		
01:09+	01:40+	01:51-	00:55-	01:13+	02:25+	00:56-	00:23=	00:45-	00:14-	00:34-	01:17-	01:36-	02:34+	06:18+	00:40+	01:13-	00:16-		
00:12#	00:30&	00:10-	00:12-	00:11#	01:46@	00:52-	00:00=	00:23-	00:13-	00:01-	00:06-	00:06-	01:42@	02:00&	00:03+	00:18-	00:01-		
6	Erna Germann	2										32:25							
01:37+	03:13+	05:34+	06:55+	10:23+	11:37+	12:57+	17:07+	18:27+	18:53+	20:50+	22:13+	24:15+	25:28+	29:21+	30:29+	32:04+	32:25+		
01:37+	01:36+	02:21+	01:21+	03:28+	01:14+	01:20-	04:10+	01:20+	00:26-	01:57+	01:23=	02:02+	01:13+	03:53-	01:08+	01:35+	00:21+		
00:40&	00:26&	00:20#	00:14#	02:26@	00:35&	00:28-	03:47@	00:12#	00:01-	01:22@	00:00=	00:20#	00:21&	00:25-	00:31&	00:04+	00:04#		
7	Elly Blom	MFOK										33:02							
01:49+	03:44+	06:03+	07:22+	08:38+	09:36+	10:59+	11:30+	18:17+	18:36+	19:38+	21:29+	23:46+	25:25+	29:59+	31:01+	32:37+	33:02+		
01:49+	01:55+	02:19+	01:19+	01:16+	00:58+	01:23-	00:31+	06:47+	00:19-	01:02+	01:51+	02:17+	01:39+	04:34+	01:02+	01:36+	00:25+		
00:52&	00:45&	00:18#	00:12#	00:14#	00:19&	00:25-	00:08&	05:39@	00:08-	00:27&	00:28&	00:35&	00:47&	00:16+	00:25&	00:05+	00:08&		
8	Lone Secher Andersen	Ok Pan										34:21							
01:05+	06:46+	08:32+	09:21+	10:21+	10:54+	12:00+	12:23+	19:17+	19:32+	22:07+	24:11+	26:27+	27:22+	31:42+	32:35+	34:06+	34:21+		
01:05+	05:41+	01:46-	00:49-	01:00-	00:33-	01:06-	00:23=	06:54+	00:15-	02:35+	02:04+	02:16+	00:55+	04:20+	00:53+	01:31=	00:15-		
00:08#	04:31@	00:15-	00:18-	00:02-	00:06-	00:42-	00:00=	05:46@	00:12-	02:00@	00:41&	00:34&	00:03+	00:02+	00:16&	00:00=	00:02-		
9	Bente Østergaard	MFOK										35:56							
01:43+	03:38+	06:15+	07:48+	12:13+	13:26+	14:51+	15:33+	16:27+	16:45+	17:23+	18:51+	21:07+	25:32+	32:42+	33:40+	35:28+	35:56+		
01:43+	01:55+	02:37+	01:33+	04:25+	01:13+	01:25-	00:42+	00:54-	00:18-	00:38+	01:28+	02:16+	04:25+	07:10+	00:58+	01:48+	00:28+		
00:46&	00:45&	00:36&	00:26&	03:23@	00:34&	00:23-	00:19&	00:14-	00:09-	00:03+	00:05+	00:34&	03:33@	02:52&	00:21&	00:17#	00:11&		
Beste stræktid for klassen																			
00:57	01:10	01:39	00:49	01:00	00:33	00:56	00:23	00:45	00:14	00:34	01:17	01:36	00:52	03:38	00:37	01:11	00:15		

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D50

1	Rikke Holm	2										22:21							
	01:15=	03:08=	04:03=	04:52=	05:43=	06:28=	07:35=	08:41=	09:43=	10:33=	10:46=	11:47=	12:43=	14:01=	15:35=	17:28=	20:27=	20:56=	22:06=
	01:15=	01:53=	00:55=	00:49=	00:51=	00:45=	01:07=	01:06=	01:02=	00:50=	00:13=	01:01=	00:56=	01:18=	01:34=	01:53=	02:59=	00:29=	01:10=
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Plass	Navn	Klasse										Tid									
D50																					
2	Lucia Aagaard	1										23:45									
01:18+	03:19+	04:09+	05:03+	05:57+	06:39+	07:47+	09:10+	10:11+	11:03+	11:16+	12:19+	13:20+	14:29+	16:51+	18:51+	21:48+	22:18+	23:31+	23:45+		
01:18+	02:01+	00:50-	00:54+	00:54+	00:42-	01:08+	01:23+	01:01-	00:52+	00:13=	01:03+	01:01+	01:09-	02:22+	02:00+	02:57-	00:30+	01:13+	00:14-		
00:03+	00:08+	00:05-	00:05#	00:03+	00:03-	00:01+	00:17&	00:01-	00:02+	00:00=	00:02+	00:05+	00:09-	00:48&	00:07+	00:02-	00:01+	00:03+	00:01-		
3	Susanne Loft Thyssen	2										24:34									
01:20+	03:31+	04:24+	05:14+	06:04+	06:44+	07:44+	08:59+	10:24+	11:29+	11:41+	12:40+	13:32+	14:49+	17:12+	19:02+	22:28+	23:01+	24:18+	24:34+		
01:20+	02:11+	00:53+	00:50+	00:50+	00:40+	01:00+	01:15+	01:25+	01:05+	00:12+	00:59+	00:52+	01:17+	02:23+	01:50+	03:26+	00:33+	01:17+	00:16+		
01:20+	02:11+	00:53+	00:50+	00:50+	00:40+	01:00+	01:15+	01:25+	01:05+	00:12+	00:59+	00:52+	01:17+	02:23+	01:50+	03:26+	00:33+	01:17+	00:16+		
4	Inge Kølback Bonne	AARO										27:35									
01:28+	03:57+	04:57+	05:49+	07:03+	08:03+	09:12+	10:44+	12:09+	13:01+	13:24+	14:33+	15:48+	17:06+	20:38+	22:31+	25:42+	26:13+	27:19+	27:35+		
01:28+	02:29+	01:00+	00:52+	01:14+	01:00+	01:09+	01:32+	01:25+	00:52+	00:23+	01:09+	01:15+	01:18+	03:32+	01:53+	03:11+	00:31+	01:06+	00:16+		
01:28+	02:29+	01:00+	00:52+	01:14+	01:00+	01:09+	01:32+	01:25+	00:52+	00:23+	01:09+	01:15+	01:18+	03:32+	01:53+	03:11+	00:31+	01:06+	00:16+		
5	Claudia Greiner	Ok Pan										28:19									
01:17+	03:17+	04:11+	05:18+	06:11+	07:00+	08:09+	09:25+	10:40+	11:40+	11:56+	13:20+	14:24+	16:20+	19:09+	21:38+	25:53+	26:43+	28:02+	28:19+		
01:17+	02:00+	00:54+	01:07+	00:53+	00:49+	01:09+	01:16+	01:15+	01:00+	00:16+	01:24+	01:04+	01:56+	02:49+	02:29+	04:15+	00:50+	01:19+	00:17+		
01:17+	02:00+	00:54+	01:07+	00:53+	00:49+	01:09+	01:16+	01:15+	01:00+	00:16+	01:24+	01:04+	01:56+	02:49+	02:29+	04:15+	00:50+	01:19+	00:17+		
6	Jeanette Finderup	Ok Pan										28:31									
01:17+	03:29+	04:42+	05:51+	06:50+	07:39+	08:56+	10:34+	11:57+	12:59+	13:19+	14:34+	15:34+	17:12+	19:54+	22:30+	26:01+	26:35+	28:15+	28:31+		
01:17+	02:12+	01:13+	01:09+	00:59+	00:49+	01:17+	01:38+	01:23+	01:02+	00:20+	01:15+	01:00+	01:38+	02:42+	02:36+	03:31+	00:34+	01:40+	00:16+		
01:17+	02:12+	01:13+	01:09+	00:59+	00:49+	01:17+	01:38+	01:23+	01:02+	00:20+	01:15+	01:00+	01:38+	02:42+	02:36+	03:31+	00:34+	01:40+	00:16+		
7	Tina O. Haarup	VOK										28:35									
01:18+	03:23+	04:48+	05:52+	06:49+	07:39+	08:48+	10:10+	11:18+	12:38+	12:52+	14:01+	15:04+	16:32+	20:17+	22:49+	26:27+	27:02+	28:18+	28:35+		
01:18+	02:05+	01:25+	01:04+	00:57+	00:50+	01:09+	01:22+	01:08+	01:20+	00:14+	01:09+	01:03+	01:28+	03:45+	02:32+	03:38+	00:35+	01:16+	00:17+		
01:18+	02:05+	01:25+	01:04+	00:57+	00:50+	01:09+	01:22+	01:08+	01:20+	00:14+	01:09+	01:03+	01:28+	03:45+	02:32+	03:38+	00:35+	01:16+	00:17+		
8	Tove Hedegaard Jorgensen	Ok Pan										29:20									
01:35+	03:49+	04:54+	05:57+	07:15+	08:19+	09:30+	11:06+	12:30+	13:40+	14:03+	15:21+	16:21+	17:42+	21:35+	23:40+	27:01+	27:40+	29:04+	29:20+		
01:35+	02:14+	01:05+	01:03+	01:18+	01:04+	01:11+	01:36+	01:24+	01:10+	00:23+	01:18+	01:00+	01:21+	03:53+	02:05+	03:21+	00:39+	01:24+	00:16+		
01:35+	02:14+	01:05+	01:03+	01:18+	01:04+	01:11+	01:36+	01:24+	01:10+	00:23+	01:18+	01:00+	01:21+	03:53+	02:05+	03:21+	00:39+	01:24+	00:16+		
9	Minna Hald Andersen	RSOK										29:56									
01:26+	03:40+	04:59+	06:11+	07:21+	08:11+	09:29+	11:15+	13:19+	14:34+	14:54+	16:14+	17:21+	18:54+	22:03+	24:24+	27:40+	28:18+	29:39+	29:56+		
01:26+	02:14+	01:19+	01:12+	01:10+	00:50+	01:18+	01:46+	02:04+	01:15+	00:20+	01:20+	01:07+	01:33+	03:09+	02:21+	03:16+	00:38+	01:21+	00:17+		
01:26+	02:14+	01:19+	01:12+	01:10+	00:50+	01:18+	01:46+	02:04+	01:15+	00:20+	01:20+	01:07+	01:33+	03:09+	02:21+	03:16+	00:38+	01:21+	00:17+		
10	Anette Pind	4										32:25									
01:43+	04:05+	05:59+	06:53+	07:58+	10:34+	12:00+	13:37+	14:55+	16:18+	16:33+	17:54+	18:56+	20:33+	23:29+	26:03+	30:00+	30:36+	32:08+	32:25+		
01:43+	02:22+	01:54+	00:54+	01:05+	02:36+	01:26+	01:37+	01:18+	01:23+	00:15+	01:21+	01:02+	01:37+	02:56+	02:34+	03:57+	00:36+	01:32+	00:17+		
01:43+	02:22+	01:54+	00:54+	01:05+	02:36+	01:26+	01:37+	01:18+	01:23+	00:15+	01:21+	01:02+	01:37+	02:56+	02:34+	03:57+	00:36+	01:32+	00:17+		
11	Helle Nikkel	VOK										33:54									
01:30+	03:54+	05:01+	05:59+	06:59+	07:59+	09:23+	11:03+	12:37+	13:54+	14:14+	15:39+	17:13+	21:17+	24:12+	26:43+	31:04+	31:44+	33:36+	33:54+		
01:30+	02:24+	01:07+	00:58+	01:00+	01:00+	01:24+	01:40+	01:34+	01:17+	00:20+	01:25+	01:34+	04:04+	02:55+	02:31+	04:21+	00:40+	01:52+	00:18+		
01:30+	02:24+	01:07+	00:58+	01:00+	01:00+	01:24+	01:40+	01:34+	01:17+	00:20+	01:25+	01:34+	04:04+	02:55+	02:31+	04:21+	00:40+	01:52+	00:18+		
12	Bettina Gjedde	MFOK										34:13									
01:34+	04:11+	05:44+	06:47+	07:53+	09:01+	11:31+	13:20+	14:45+	16:01+	16:20+	17:37+	18:57+	20:53+	23:55+	26:43+	31:44+	32:19+	33:56+	34:13+		
01:34+	02:37+	01:33+	01:03+	01:06+	01:08+	02:30+	01:49+	01:25+	01:16+	00:19+	01:17+	01:20+	01:56+	03:02+	02:48+	05:01+	00:35+	01:37+	00:17+		
01:34+	02:37+	01:33+	01:03+	01:06+	01:08+	02:30+	01:49+	01:25+	01:16+	00:19+	01:17+	01:20+	01:56+	03:02+	02:48+	05:01+	00:35+	01:37+	00:17+		
13	Hanne Mohapeloa	AAO										34:27									
01:43+	05:05+	06:15+	07:21+	08:41+	09:44+	11:18+	13:10+	14:56+	16:21+	16:38+	18:03+	19:19+	21:03+	24:24+	27:22+	31:25+	32:21+	34:08+	34:27+		
01:43+	03:22+	01:10+	01:06+	01:20+	01:03+	01:34+	01:52+	01:46+	01:25+	00:17+	01:25+	01:16+	01:44+	03:21+	02:58+	04:03+	00:56+	01:47+	00:19+		
01:43+	03:22+	01:10+	01:06+	01:20+	01:03+	01:34+	01:52+	01:46+	01:25+	00:17+	01:25+	01:16+	01:44+	03:21+	02:58+	04:03+	00:56+	01:47+	00:19+		

Plass	Navn	Klasse										Tid									
D50																					
14	Marianne Kjeldsen					AAO					34:58										
01:40+	04:55+	06:14+	07:38+	08:57+	09:48+	11:03+	13:37+	15:03+	16:24+	16:49+	18:09+	19:26+	21:14+	25:01+	27:22+	31:50+	33:07+	34:43+	34:58+		
01:40+	03:15+	01:19+	01:24+	01:19+	00:51+	01:15+	02:34+	01:26+	01:21+	00:25+	01:20+	01:17+	01:48+	03:47+	02:21+	04:28+	01:17+	01:36+	00:15+		
01:40+	03:15+	01:19+	01:24+	01:19+	00:51+	01:15+	02:34+	01:26+	01:21+	00:25+	01:20+	01:17+	01:48+	03:47+	02:21+	04:28+	01:17+	01:36+	00:15+		
15	Dorte Jenny Bak					AAO					37:12										
01:27+	07:39+	08:52+	09:53+	10:52+	11:49+	13:16+	14:56+	16:21+	17:39+	20:06+	21:18+	22:29+	24:14+	27:24+	30:04+	34:59+	35:31+	36:54+	37:12+		
01:27+	06:12+	01:13+	01:01+	00:59+	00:57+	01:27+	01:40+	01:25+	01:18+	02:27+	01:12+	01:11+	01:45+	03:10+	02:40+	04:55+	00:32+	01:23+	00:18+		
01:27+	06:12+	01:13+	01:01+	00:59+	00:57+	01:27+	01:40+	01:25+	01:18+	02:27+	01:12+	01:11+	01:45+	03:10+	02:40+	04:55+	00:32+	01:23+	00:18+		
16	Anne Ellekrog					AARO					38:54										
01:30+	06:36+	08:00+	09:06+	11:30+	12:12+	13:23+	14:55+	15:59+	17:00+	17:22+	18:31+	19:58+	21:09+	26:01+	31:41+	36:30+	36:57+	38:38+	38:54+		
01:30+	05:06+	01:24+	01:06+	02:24+	00:42+	01:11+	01:32+	01:04+	01:01+	00:22+	01:09+	01:27+	01:11+	04:52+	05:40+	04:49+	00:27+	01:41+	00:16+		
01:30+	05:06+	01:24+	01:06+	02:24+	00:42+	01:11+	01:32+	01:04+	01:01+	00:22+	01:09+	01:27+	01:11+	04:52+	05:40+	04:49+	00:27+	01:41+	00:16+		
17	Anne Birgitte Als					Ok Pan					45:05										
01:49+	15:43+	16:59+	19:31+	20:44+	21:49+	23:08+	24:48+	26:16+	27:19+	27:45+	29:01+	30:10+	31:57+	35:14+	38:39+	42:47+	43:24+	44:49+	45:05+		
01:49+	13:54+	01:16+	02:32+	01:13+	01:05+	01:19+	01:40+	01:28+	01:03+	00:26+	01:16+	01:09+	01:47+	03:17+	03:25+	04:08+	00:37+	01:25+	00:16+		
01:49+	13:54+	01:16+	02:32+	01:13+	01:05+	01:19+	01:40+	01:28+	01:03+	00:26+	01:16+	01:09+	01:47+	03:17+	03:25+	04:08+	00:37+	01:25+	00:16+		
18	Helle Petersen					1					52:03										
02:41+	08:02+	11:31+	12:52+	15:38+	16:45+	19:49+	29:49+	31:09+	32:36+	33:04+	34:10+	35:48+	38:05+	41:24+	44:00+	47:30+	50:19+	51:47+	52:03+		
02:41+	05:21+	03:29+	01:21+	02:46+	01:07+	03:04+	10:00+	01:20+	01:27+	00:28+	01:06+	01:38+	02:17+	03:19+	02:36+	03:30+	02:49+	01:28+	00:16+		
02:41+	05:21+	03:29+	01:21+	02:46+	01:07+	03:04+	10:00+	01:20+	01:27+	00:28+	01:06+	01:38+	02:17+	03:19+	02:36+	03:30+	02:49+	01:28+	00:16+		
Beste stræktid for klassen																					
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.																					
D60																					
1	Britta Ank Pedersen					2					21:42										
01:59=	03:59=	04:33=	05:34=	06:46=	07:08=	07:50=	08:18=	09:44=	10:06=	10:48=	12:06=	12:59=	14:10=	15:07=	16:29=	17:03=	19:31=	20:51=	21:30=	21:42=	
01:59=	02:00=	00:34=	01:01=	01:12=	00:22=	00:42=	00:28=	01:26=	00:22=	00:42=	01:18=	00:53=	01:11=	00:57=	01:22=	00:34=	02:28=	01:20=	00:39=	00:12=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Ann-Vibeke Mose					VJOK					26:17										
02:36+	04:42+	05:40+	06:42+	08:15+	08:40+	09:31+	09:59+	11:49+	12:45+	13:35+	14:53+	16:00+	17:13+	18:23+	19:54+	20:24+	23:36+	25:25+	26:03+	26:17+	
02:36+	02:06+	00:58+	01:02+	01:33+	00:25+	00:51+	00:28=	01:50+	00:56+	00:50+	01:18=	01:07+	01:13+	01:10+	01:31+	00:30=	03:12+	01:49+	00:38=	00:14+	
00:37&	00:06+	00:24&	00:01+	00:21&	00:03#	00:09#	00:00=	00:24&	00:34@	00:08#	00:00=	00:14&	00:02+	00:13#	00:09#	00:04=	00:44&	00:29&	00:01=	00:02#	
3	Tove Jakobsen					4					27:10										
02:17+	04:58+	05:39+	06:46+	08:21+	08:43+	10:47+	11:10+	12:46+	13:00+	13:49+	15:27+	16:35+	18:58+	20:16+	21:44+	22:12+	25:03+	26:18+	26:55+	27:10+	
02:17+	02:41+	00:41+	01:07+	01:35+	00:22=	02:04+	00:23=	01:36+	00:14=	00:49+	01:38+	01:08+	02:23+	01:18+	01:28+	00:28=	02:51+	01:15=	00:37=	00:15+	
00:18#	00:41&	00:07#	00:06+	00:23&	00:00=	01:22@	00:05=	00:10#	00:08=	00:07#	00:20&	00:15&	01:12@	00:21&	00:06+	00:06=	00:23#	00:05=	00:02=	00:03#	
4	Pia Gade					VOK					28:39										
02:27+	05:05+	06:03+	07:03+	09:09+	09:31+	10:22+	10:50+	12:41+	13:04+	13:57+	15:35+	16:45+	18:40+	20:33+	22:39+	23:16+	26:07+	27:41+	28:23+	28:39+	
02:27+	02:38+	00:58+	01:00=	02:06+	00:22=	00:51+	00:28=	01:51+	00:23+	00:53+	01:38+	01:10+	01:55+	01:53+	02:06+	00:37+	02:51+	01:34+	00:42+	00:16+	
00:28#	00:38&	00:24&	00:01=	00:54&	00:00=	00:09#	00:00=	00:25&	00:01+	00:11&	00:20&	00:17&	00:44&	00:56&	00:44&	00:03+	00:23#	00:14#	00:03+	00:04&	
5	Kirsten Elisabet Andersen					KASKI					29:16										
02:28+	05:17+	06:21+	07:44+	09:20+	10:15+	11:52+	12:24+	14:16+	14:33+	15:39+	17:10+	18:29+	19:57+	20:59+	22:37+	23:26+	26:34+	28:22+	29:02+	29:16+	
02:28+	02:49+	01:04+	01:23+	01:36+	00:55+	01:37+	00:32+	01:52+	00:17=	01:06+	01:31+	01:19+	01:28+	01:02+	01:38+	00:49+	03:08+	01:48+	00:40+	00:14+	
00:29#	00:49&	00:30&	00:22&	00:24&	00:33@	00:55@	00:04#	00:26&	00:05=	00:24&	00:13#	00:26&	00:17#	00:05+	00:16#	00:15&	00:40&	00:28&	00:01+	00:02#	

Plass	Navn	Klasse										Tid									
D60																					
6	Kirsten Bobach					AAO					30:02										
02:55+	05:34+	06:19+	07:33+	09:28+	09:45+	10:45+	11:15+	12:54+	13:16+	14:10+	16:42+	18:04+	19:37+	20:43+	22:30+	23:05+	27:04+	28:53+	29:44+	30:02+	
02:55+	02:39+	00:45+	01:14+	01:55+	00:17-	01:00+	00:30+	01:39+	00:22=	00:54+	02:32+	01:22+	01:33+	01:06+	01:47+	00:35+	03:59+	01:49+	00:51+	00:18+	
00:56&	00:39&	00:11&	00:13#	00:43&	00:05-	00:18&	00:02+	00:13#	00:00=	00:12&	01:14&	00:29&	00:22&	00:09#	00:25&	00:01+	01:31&	00:29&	00:12&	00:06&	
7	Birgitte Bach					VOK					30:23										
02:55+	05:46+	06:33+	07:40+	09:27+	10:16+	11:31+	12:03+	13:49+	14:11+	15:23+	17:00+	18:29+	20:08+	21:22+	23:32+	24:13+	27:15+	29:07+	30:05+	30:23+	
02:55+	02:51+	00:47+	01:07+	01:47+	00:49+	01:15+	00:32+	01:46+	00:22+	01:12+	01:37+	01:29+	01:39+	01:14+	02:10+	00:41+	03:02+	01:52+	00:58+	00:18+	
02:55+	02:51+	00:47+	01:07+	01:47+	00:49+	01:15+	00:32+	01:46+	00:22+	01:12+	01:37+	01:29+	01:39+	01:14+	02:10+	00:41+	03:02+	01:52+	00:58+	00:18+	
8	Lone Dybdal					AARO					30:55										
02:26+	04:46+	05:28+	06:42+	08:26+	08:54+	10:25+	11:26+	12:58+	13:19+	14:11+	15:38+	16:55+	18:09+	19:20+	20:56+	21:32+	27:53+	29:54+	30:38+	30:55+	
02:26+	02:20+	00:42+	01:14+	01:44+	00:28+	01:31+	01:01+	01:32+	00:21+	00:52+	01:27+	01:17+	01:14+	01:11+	01:36+	00:36+	06:21+	02:01+	00:44+	00:17+	
02:26+	02:20+	00:42+	01:14+	01:44+	00:28+	01:31+	01:01+	01:32+	00:21+	00:52+	01:27+	01:17+	01:14+	01:11+	01:36+	00:36+	06:21+	02:01+	00:44+	00:17+	
9	Lene Kofoed Petersen					2					32:51										
02:57+	06:31+	07:17+	08:38+	10:43+	11:14+	12:11+	12:53+	15:05+	15:29+	16:22+	18:25+	20:10+	21:34+	22:42+	24:38+	25:13+	28:18+	31:53+	32:35+	32:51+	
02:57+	03:34+	00:46+	01:21+	02:05+	00:31+	00:57+	00:42+	02:12+	00:24+	00:53+	02:03+	01:45+	01:24+	01:08+	01:56+	00:35+	03:05+	03:35+	00:42+	00:16+	
02:57+	03:34+	00:46+	01:21+	02:05+	00:31+	00:57+	00:42+	02:12+	00:24+	00:53+	02:03+	01:45+	01:24+	01:08+	01:56+	00:35+	03:05+	03:35+	00:42+	00:16+	
10	Hanne Møller Andersen					Ok Pan					33:18										
03:00+	05:52+	06:41+	08:15+	09:57+	10:24+	12:13+	12:57+	14:55+	15:17+	16:29+	18:10+	19:33+	21:21+	22:31+	24:55+	25:30+	30:11+	32:01+	32:57+	33:18+	
03:00+	02:52+	00:49+	01:34+	01:42+	00:27+	01:49+	00:44+	01:58+	00:22+	01:12+	01:41+	01:23+	01:48+	01:10+	02:24+	00:35+	04:41+	01:50+	00:56+	00:21+	
03:00+	02:52+	00:49+	01:34+	01:42+	00:27+	01:49+	00:44+	01:58+	00:22+	01:12+	01:41+	01:23+	01:48+	01:10+	02:24+	00:35+	04:41+	01:50+	00:56+	00:21+	
11	Vibeke Gottlieb					1					33:23										
02:52+	07:01+	07:56+	09:26+	11:11+	11:34+	12:50+	13:27+	15:21+	15:49+	16:51+	18:54+	20:15+	22:13+	23:19+	25:29+	26:13+	29:40+	32:09+	33:06+	33:23+	
02:52+	04:09+	00:55+	01:30+	01:45+	00:23+	01:16+	00:37+	01:54+	00:28+	01:02+	02:03+	01:21+	01:58+	01:06+	02:10+	00:44+	03:27+	02:29+	00:57+	00:17+	
02:52+	04:09+	00:55+	01:30+	01:45+	00:23+	01:16+	00:37+	01:54+	00:28+	01:02+	02:03+	01:21+	01:58+	01:06+	02:10+	00:44+	03:27+	02:29+	00:57+	00:17+	
12	Pia Hejlskov Mogensen					MFOK					37:12										
04:11+	10:40+	11:48+	13:20+	15:00+	15:20+	17:49+	18:35+	20:28+	20:48+	21:52+	23:31+	25:04+	27:11+	28:20+	30:19+	30:59+	34:16+	35:52+	36:51+	37:12+	
04:11+	06:29+	01:08+	01:32+	01:40+	00:20+	02:29+	00:46+	01:53+	00:20+	01:04+	01:39+	01:33+	02:07+	01:09+	01:59+	00:40+	03:17+	01:36+	00:59+	00:21+	
04:11+	06:29+	01:08+	01:32+	01:40+	00:20+	02:29+	00:46+	01:53+	00:20+	01:04+	01:39+	01:33+	02:07+	01:09+	01:59+	00:40+	03:17+	01:36+	00:59+	00:21+	
13	Randi Jensen					AARO					37:18										
05:50+	08:55+	09:46+	11:21+	13:23+	14:18+	16:18+	16:56+	18:54+	19:20+	20:21+	22:20+	24:00+	25:39+	27:04+	29:22+	30:14+	33:50+	35:53+	36:57+	37:18+	
05:50+	03:05+	00:51+	01:35+	02:02+	00:55+	02:00+	00:38+	01:58+	00:26+	01:01+	01:59+	01:40+	01:39+	01:25+	02:18+	00:52+	03:36+	02:03+	01:04+	00:21+	
05:50+	03:05+	00:51+	01:35+	02:02+	00:55+	02:00+	00:38+	01:58+	00:26+	01:01+	01:59+	01:40+	01:39+	01:25+	02:18+	00:52+	03:36+	02:03+	01:04+	00:21+	
14	Anne-Mette Kirkegaard					4					39:05										
03:28+	07:34+	08:30+	09:51+	11:53+	12:31+	14:15+	14:52+	16:53+	17:14+	18:56+	21:17+	25:26+	27:25+	28:49+	31:00+	31:50+	35:44+	37:50+	38:44+	39:05+	
03:28+	04:06+	00:56+	01:21+	02:02+	00:38+	01:44+	00:37+	02:01+	00:21+	01:42+	02:21+	04:09+	01:59+	01:24+	02:11+	00:50+	03:54+	02:06+	00:54+	00:21+	
03:28+	04:06+	00:56+	01:21+	02:02+	00:38+	01:44+	00:37+	02:01+	00:21+	01:42+	02:21+	04:09+	01:59+	01:24+	02:11+	00:50+	03:54+	02:06+	00:54+	00:21+	
15	Hanne H. Poulsen					MFOK					40:55										
03:17+	11:51+	13:44+	15:13+	16:53+	17:17+	19:01+	19:47+	22:09+	22:35+	23:39+	25:56+	27:42+	29:41+	30:42+	32:37+	33:18+	37:18+	38:59+	40:27+	40:55+	
03:17+	08:34+	01:53+	01:29+	01:40+	00:24+	01:44+	00:46+	02:22+	00:26+	01:04+	02:17+	01:46+	01:59+	01:01+	01:55+	00:41+	04:00+	01:41+	01:28+	00:28+	
03:17+	08:34+	01:53+	01:29+	01:40+	00:24+	01:44+	00:46+	02:22+	00:26+	01:04+	02:17+	01:46+	01:59+	01:01+	01:55+	00:41+	04:00+	01:41+	01:28+	00:28+	
16	Karen Sieg					2					50:59										
02:11+	22:33+	23:38+	24:49+	26:34+	27:13+	28:33+	29:40+	32:03+	32:53+	34:01+	36:16+	38:04+	39:59+	41:18+	43:41+	44:15+	48:00+	49:53+	50:44+	50:59+	
02:11+	20:22+	01:05+	01:11+	01:45+	00:39+	01:20+	01:07+	02:23+	00:50+	01:08+	02:15+	01:48+	01:55+	01:19+	02:23+	00:34+	03:45+	01:53+	00:51+	00:15+	
02:11+	20:22+	01:05+	01:11+	01:45+	00:39+	01:20+	01:07+	02:23+	00:50+	01:08+	02:15+	01:48+	01:55+	01:19+	02:23+	00:34+	03:45+	01:53+	00:51+	00:15+	

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Plass	Navn	Klasse	Tid
D70			
1	Trille Ditlevsen	2	24:37
01:40=	02:58=	04:55=	05:45=
01:40=	01:18=	01:57=	00:50=
00:00=	00:00=	00:00=	00:00=
06:45=	07:47=	08:53=	10:39=
01:00=	01:02=	01:06=	01:46=
00:00=	00:00=	00:00=	00:00=
11:18=	12:55=	13:50=	16:37=
00:39=	01:37=	00:55=	02:47=
00:00=	00:00=	00:00=	00:00=
18:04=	19:58=	20:31=	23:05=
01:27=	01:54=	00:33=	02:34=
00:00=	00:00=	00:00=	00:00=
24:17=	24:37=		
01:12=	00:20=		
00:00=			
2	Lisbet Sortkjær	4	26:09
01:48+	03:21+	05:46+	06:43+
01:48+	01:33+	02:25+	00:57+
00:08+	00:15#	00:28#	00:07#
08:08+	09:18+	10:42+	11:24+
01:25+	01:10+	01:24+	00:42-
00:08#	00:18&	01:04-	00:10&
12:13+	13:54+	14:45+	16:52+
00:49+	01:41+	00:51-	02:07-
00:04+	00:04-	00:40-	00:11#
18:30+	20:04+	20:41+	24:35+
20:04+	20:37+	03:54+	01:14+
00:04#	01:20&	00:02+	00:00=
25:49+	26:09+		
01:14+	00:20=		
00:02+			
3	Elizabeth Brochhorst	RSOK	26:53
01:50+	03:25+	05:33+	06:27+
01:50+	01:35+	02:08+	00:54+
00:10#	00:17#	00:11+	00:04+
08:22+	09:55+	10:38-	11:22+
00:44-	01:33+	00:43-	00:44+
00:18-	00:27&	01:03-	00:05#
13:13+	14:12+	17:57+	19:41+
01:51+	00:59+	03:45+	01:44+
00:04+	00:58&	00:17#	00:17-
21:18+	22:01+	25:00+	26:34+
01:37-	00:43+	02:59+	01:34+
00:10&	00:25#	00:22&	00:01-
26:53+			
00:19-			
00:01-			
4	Else Hass	Ok Pan	27:03
01:55+	03:31+	05:34+	06:20+
01:55+	01:36+	02:03+	00:46-
00:15#	00:18#	00:06+	00:04-
09:22+	10:42+	11:47+	12:35+
01:20+	01:05-	00:48-	00:41+
00:18&	00:01-	00:58-	00:02+
13:16+	15:04+	15:55+	18:24+
00:41+	01:48+	00:51-	02:29-
00:11#	00:04-	00:18-	00:12#
20:03+	21:47+	22:30+	25:19+
01:44-	00:43+	02:49+	01:26+
00:10-	00:10&	00:15+	00:14#
27:03+			
00:02-			
5	Ansa Maclassen	RSOK	30:49
00:22-			
00:22-			
01:18-			
6	Aase Thyssen	2	35:28
02:11+	03:49+	06:19+	07:16+
02:11+	01:38+	02:30+	00:57+
00:31&	00:20&	00:33&	00:07#
10:31+	12:08+	13:07+	13:58+
01:04+	01:37+	00:59-	00:51+
00:02+	00:31&	00:47-	00:12&
16:04+	17:09+	24:27+	26:08+
01:05+	07:18+	01:41+	02:06+
00:10#	04:31@	00:14#	00:12#
28:14+	28:59+	33:13+	35:00+
02:06+	00:45+	04:14+	01:47+
00:12#	00:12&	01:40&	00:35&
35:28+			
00:08&			
7	Karen-Lisbeth Fredberg	4	35:35
01:40=	03:46+	05:49+	08:35+
01:40=	02:06+	02:03+	02:46+
00:00=	00:48&	00:06+	01:56@
10:32+	11:40+	12:19+	13:01+
00:42-	01:08+	00:39-	00:42+
00:20-	00:02+	01:07-	00:03+
15:45+	16:41+	25:18+	27:56+
00:56+	08:37+	02:38+	02:02+
00:01+	05:50@	01:11&	00:08+
30:32+	34:02+	35:18+	35:35+
00:34+	03:30+	01:16+	00:17-
00:01+	00:56&	00:04+	00:03-
38:39			
38:39+			
8	Bitten Nielsen	1	38:39
03:36+	05:57+	08:09+	09:04+
03:36+	02:21+	02:12+	00:55+
01:56@	01:03&	00:15#	00:05#
11:42+	12:25+	13:45+	15:06+
02:38+	00:43-	01:20+	01:21-
00:19-	00:14#	00:25-	00:20&
16:05+	18:13+	18:58+	23:29+
00:45-	04:31+	02:02+	02:51+
00:31&	00:10-	01:44&	00:35&
28:22+	31:07+	31:34+	36:50+
02:51+	02:45+	00:27-	05:16+
00:57&	02:12@	02:07-	04:04@
38:39+			
00:30+			
9	Britta Bobach	AAO	39:12
02:26+	04:04+	07:46+	08:44+
02:26+	01:38+	03:42+	00:58+
00:46&	00:20&	01:45&	00:08#
13:22+	14:56+	16:57+	18:24+
04:38+	01:34+	02:01+	01:27-
00:32&	00:55&	00:19-	00:22&
19:25+	22:01+	23:14+	27:36+
01:13+	04:22+	02:16+	02:24+
00:18&	01:35&	00:49&	00:30&
32:16+	33:06+	37:10+	38:44+
00:07+	00:12&	01:22&	01:48@
39:12+			
00:08&			
10	Lilian Netteberg	AAO	39:35
01:59+	09:04+	11:09+	12:06+
01:59+	07:05+	02:05+	00:57+
00:19#	05:47@	00:08+	00:07#
13:27+	14:25+	15:42+	17:01+
00:58-	01:17+	01:19-	00:52+
00:21&	00:04-	00:11#	00:27-
17:53+	20:35+	21:35+	27:15+
00:53+	05:17+	01:14+	03:03+
00:05+	02:53@	00:49&	00:07+
32:40+	35:19+	36:07+	39:57+
00:49&	00:30&	00:17&	01:30&
39:35+			
00:02#			
11	Birthe Worm	AARO	41:39
07:40+	09:13+	12:08+	13:04+
07:40+	01:33+	02:55+	00:56+
06:00@	00:15#	00:58&	00:06#
18:25+	19:15+	20:54+	21:43+
00:50-	01:39+	00:49-	00:47+
00:33&	00:57-	00:08#	01:59@
26:06+	27:14+	30:45+	32:40+
03:36+	01:08+	03:31+	01:55+
00:13#	00:44&	00:28&	00:45&
36:07+	39:57+	41:17+	41:39+
00:48+	03:50+	01:20+	00:22+
00:15&	01:16&	00:08#	00:02#
41:39			
41:39+			
12	Lone Christensen	AARO	53:55
02:31+	04:40+	07:59+	09:34+
02:31+	02:09+	03:19+	01:35+
00:51&	00:51&	01:22&	00:45&
20:26+	21:21+	29:56+	30:43+
10:52+	00:55-	08:35+	00:47-
00:07-	07:29@	00:59-	00:14&
31:36+	36:53+	38:07+	41:10+
05:17+	01:14+	03:03+	02:44+
00:19&	00:16+	01:17&	00:06+
43:54+	45:54+	47:43+	51:49+
02:00+	01:49+	04:06+	01:35+
01:16@	01:32&	00:23&	00:11&
53:55+			
00:31+			
00:11&			

</

Plass	Navn	Klasse										Tid							
H10																			
5	sander popp Bobach	AAO										29:53							
01:07+	02:16+	03:21+	05:22+	06:59+	09:14+	10:52+	12:04+	13:09+	16:01+	18:28+	20:27+	22:34+	25:19+	26:58+	28:26+	29:35+	29:53+		
01:07+	01:09+	01:05+	02:01+	01:37+	02:15+	01:38+	01:12+	01:05+	02:52+	02:27+	01:59+	02:07+	02:45+	01:39+	01:28+	01:09+	00:18-		
00:17&	00:31&	00:07#	01:19@	01:20@	01:35@	00:36&	00:18&	00:21&	02:21@	01:19@	00:13#	01:13@	01:28@	00:26&	00:27&	00:41@	00:16-		
7	bjørn vang Bobach	AAO										34:38							
01:47+	02:48+	03:59+	05:00+	05:54+	08:22+	09:58+	11:53+	12:49+	15:35+	19:17+	21:16+	24:55+	28:28+	30:52+	32:40+	34:13+	34:38+		
01:47+	01:01+	01:11+	01:01+	00:54+	02:28+	01:36+	01:55+	00:56+	02:46+	03:42+	01:59+	03:39+	03:33+	02:24+	01:48+	01:33+	00:25+		
01:47+	01:01+	01:11+	01:01+	00:54+	02:28+	01:36+	01:55+	00:56+	02:46+	03:42+	01:59+	03:39+	03:33+	02:24+	01:48+	01:33+	00:25+		
Beste stræktid for klassen																			
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.																			
H12																			
1	Eskild Stig Nielsen	2										12:37							
00:51=	01:33=	01:56=	02:45=	03:14=	03:48=	04:04=	05:03=	05:15=	06:02=	06:21=	08:14=	08:42=	09:47=	10:12=	11:10=	12:06=	12:26=	12:37=	
00:51=	00:42=	00:23=	00:49=	00:29=	00:34=	00:16=	00:59=	00:12=	00:47=	00:19=	01:53=	00:28=	01:05=	00:25=	00:58=	00:56=	00:20=	00:11=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Vilhelm Rokkjær Andreassen	Ok Pan										12:49							
00:47-	01:25-	01:50-	02:38-	02:57-	03:24-	03:57-	05:09+	05:25+	06:18+	06:30+	08:10-	08:35-	09:41-	10:16+	11:24+	12:16+	12:38+	12:49+	
00:47-	00:38-	00:25+	00:48-	00:19-	00:27-	00:33+	01:12+	00:16+	00:53+	00:12-	01:40-	00:25-	01:06+	00:35+	01:08+	00:52-	00:22+	00:11=	
00:04-	00:04-	00:02+	00:01-	00:10-	00:07-	00:17@	00:13#	00:04&	00:06#	00:07-	00:13-	00:03-	00:01+	00:10&	00:10#	00:04-	00:02#	00:00=	
3	Noah Aarnio	OKV										14:56							
00:58+	01:45+	02:15+	03:20+	03:55+	04:25+	04:43+	05:46+	06:05+	06:44+	07:06+	09:31+	10:02+	11:55+	12:16+	13:11+	14:16+	14:42+	14:56+	
00:58+	00:47+	00:30+	01:05+	00:35+	00:30-	00:18+	01:03+	00:19+	00:39-	00:22+	02:25+	00:31+	01:53+	00:21-	00:55-	01:05+	00:26+	00:14+	
00:07#	00:05#	00:07&	00:16&	00:06#	00:04-	00:02#	00:04+	00:07&	00:08-	00:03#	00:32&	00:03#	00:48&	00:04-	00:03-	00:09#	00:06&	00:03&	
4	Aksel Kappel Jensen	RSOK										15:17							
01:05+	01:50+	02:27+	04:00+	04:33+	04:50+	06:06+	06:23+	07:21+	07:53+	10:36+	11:06+	12:33+	12:58+	13:57+	14:48+	15:07+	15:17+		
01:05+	00:45+	00:37+	01:33+	00:33+	00:17-	01:16+	00:17-	00:58+	00:32-	02:43+	00:30-	01:27+	00:25-	00:59+	00:51-	00:19-	00:10-		
00:14&	00:03+	00:14&	00:44&	00:04#	00:17-	01:00@	00:42-	00:46@	00:15-	02:24@	01:23-	00:59@	00:40-	00:34@	00:07-	00:37-	00:10-		
5	rasmus Bobach	RSOK										17:09							
00:57+	02:13+	02:43+	03:44+	04:15+	05:04+	05:28+	06:46+	07:05+	08:16+	08:51+	11:13+	11:52+	13:18+	13:52+	14:57+	16:22+	16:52+	17:09+	
00:57+	01:16+	00:30+	01:01+	00:31+	00:49+	00:24+	01:18+	00:19+	01:11+	00:35+	02:22+	00:39+	01:26+	00:34+	01:05+	01:25+	00:30+	00:17+	
00:06#	00:34&	00:07&	00:12#	00:02+	00:15&	00:08&	00:19&	00:07&	00:24&	00:16&	00:29&	00:11&	00:21&	00:09&	00:07#	00:29&	00:10&	00:06&	
6	Esben Johan Obel	Ok Pan										17:25							
01:02+	02:02+	03:09+	04:07+	04:52+	05:28+	05:53+	07:09+	08:01+	08:51+	09:06+	11:17+	11:53+	13:10+	13:40+	14:34+	16:48+	17:12+	17:25+	
01:02+	01:00+	01:07+	00:58+	00:45+	00:36+	00:25+	01:16+	00:52+	00:50+	00:15-	02:11+	00:36+	01:17+	00:30+	00:54-	02:14+	00:24+	00:13+	
00:11#	00:18&	00:44@	00:09#	00:16&	00:02+	00:09&	00:17&	00:40@	00:03+	00:04-	00:18#	00:08&	00:12#	00:05#	00:04-	01:18@	00:04#	00:02#	
7	Jonas Klærke Mikkelsen	2										21:51							
01:56+	03:42+	04:27+	06:05+	06:33+	07:19+	07:41+	08:58+	09:16+	10:21+	10:47+	13:34+	14:50+	17:22+	17:59+	19:23+	21:02+	21:36+	21:51+	
01:56+	01:46+	00:45+	01:38+	00:28-	00:46+	00:22+	01:17+	00:18+	01:05+	00:26+	02:47+	01:16+	02:32+	00:37+	01:24+	01:39+	00:34+	00:15+	
01:05@	01:04@	00:22&	00:49&	00:01-	00:12&	00:06&	00:18&	00:06&	00:18&	00:07&	00:54&	00:48@	01:27@	00:12&	00:26&	00:43&	00:14&	00:04&	
8	Jonathan Rokkjær Andreassen	Ok Pan										32:28							
01:12+	02:43+	03:54+	06:25+	07:29+	08:42+	09:23+	11:43+	15:04+	16:37+	17:15+	23:11+	24:30+	27:04+	29:12+	31:48+	32:17+	32:28+		
01:12+	01:31+	01:11+	02:31+	01:04+	01:13+	00:41+	02:20+	03:21+	01:33+	00:38+	05:56+	01:19+	02:34+	02:08+	02:36+	00:29-	00:11-		
00:21&	00:49@	00:48@	01:42@	00:35@	00:39@	00:25@	01:21@	03:09@	00:46&	00:19&	04:03@	00:51@	01:29@	01:43@	01:38@	00:27-	00:09-		

Plass	Navn		Klasse										Tid							
H12																				
9	Mikkel Popp Bobach					AAO					42:28									
02:07+	04:24+	05:29+	08:08+	09:31+	13:13+	14:10+	17:23+	18:08+	20:16+	20:59+	27:27+	29:27+	32:43+	34:32+	37:06+	40:36+	41:51+	42:28+		
02:07+	02:17+	01:05+	02:39+	01:23+	03:42+	00:57+	03:13+	00:45+	02:08+	00:43+	06:28+	02:00+	03:16+	01:49+	02:34+	03:30+	01:15+	00:37+		
01:16@	01:35@	00:42@	01:50@	00:54@	03:08@	00:41@	02:14@	00:33@	01:21@	00:24@	04:35@	01:32@	02:11@	01:24@	01:36@	02:34@	00:55@	00:26@		
Beste stræktid for klassen																				
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.																				
H14																				
1	Emil Borup Fredberg					4					13:38									
00:46=	01:09=	01:47=	02:48=	03:24=	03:46=	04:14=	04:40=	05:21=	05:51=	06:03=	06:36=	07:11=	08:15=	08:51=	09:36=	11:26=	12:16=	12:42=	13:27=	13:38=
00:46=	00:23=	00:38=	01:01=	00:36=	00:22=	00:28=	00:26=	00:41=	00:30=	00:12=	00:33=	00:35=	01:04=	00:36=	00:45=	01:50=	00:50=	00:26=	00:45=	00:11=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Gustav Ørgaard Sørensen					4					15:25									
00:49+	01:09=	01:53+	03:02+	03:44+	04:16+	04:45+	05:14+	05:56+	06:45+	06:54+	07:35+	08:13+	09:32+	10:12+	11:00+	12:49+	13:59+	14:27+	15:15+	15:25+
00:49+	00:20-	00:44+	01:09+	00:42+	00:32+	00:29+	00:29+	00:42+	00:49+	00:09-	00:41+	00:38+	01:19+	00:40+	00:48+	01:49-	01:10+	00:28+	00:48+	00:10-
00:03+	00:03-	00:06#	00:08#	00:06#	00:10&	00:01+	00:03#	00:01+	00:19&	00:03-	00:08#	00:03+	00:15#	00:04#	00:03+	00:01-	00:20&	00:02+	00:03+	00:01-
3	Klement Hjuler Hjerrild					Ok Pan					16:41									
00:58+	01:24+	02:14+	03:29+	04:12+	04:35+	05:32+	06:07+	06:57+	07:32+	07:49+	08:41+	09:21+	10:36+	11:31+	12:27+	14:32+	15:22+	15:48+	16:29+	16:41+
00:58+	00:26+	00:50+	01:15+	00:43+	00:23+	00:57+	00:35+	00:50+	00:35+	00:17+	00:52+	00:40+	01:15+	00:55+	00:56+	02:05+	00:50=	00:26=	00:41-	00:12+
00:12&	00:03#	00:12&	00:14#	00:07#	00:01+	00:29@	00:09&	00:09#	00:05#	00:05&	00:19&	00:05#	00:11#	00:19&	00:11#	00:15#	00:00=	00:00=	00:04-	00:01+
4	Mattias Klostergaard Rokkjær					4					16:48									
00:53+	01:24+	02:17+	03:31+	04:13+	04:35+	05:11+	05:40+	06:37+	07:24+	07:37+	08:20+	09:02+	10:17+	11:18+	12:11+	14:18+	15:18+	15:48+	16:36+	16:48+
00:53+	00:31+	00:53+	01:14+	00:42+	00:22=	00:36+	00:29+	00:57+	00:47+	00:13+	00:43+	00:42+	01:15+	01:01+	00:53+	02:07+	01:00+	00:30+	00:48+	00:12+
00:07#	00:08&	00:15&	00:13#	00:06#	00:00=	00:08&	00:03#	00:16&	00:17&	00:01+	00:10&	00:07#	00:11#	00:25&	00:08#	00:17#	00:10#	00:04#	00:03+	00:01+
5	Jens Gammelvind					1					18:06									
00:50+	01:25+	02:11+	03:28+	04:26+	05:03+	07:21+	07:46+	08:41+	09:26+	09:38+	10:19+	10:58+	12:11+	12:52+	13:42+	15:43+	16:35+	17:03+	17:57+	18:06+
00:50+	00:35+	00:46+	01:17+	00:58+	00:37+	02:18+	00:25-	00:55+	00:45+	00:12=	00:41+	00:39+	01:13+	00:41+	00:50+	02:01+	00:52+	00:28+	00:54+	00:09-
00:04+	00:12&	00:08#	00:16&	00:22&	00:15&	01:50@	00:01-	00:14&	00:15&	00:00=	00:08#	00:04#	00:09#	00:05#	00:05#	00:11#	00:02+	00:02+	00:09#	00:02-
6	Alexander Kjærsgård					Ok Pan					18:23									
00:49+	03:08+	04:11+	04:42+	05:38+	05:52+															
00:49+	02:19+	01:03+	00:31-	00:56+	00:14-															
00:03+	01:56@	00:25&	00:30-	00:20&	00:08-															
7	Hjalmer Emil Obel					Ok Pan					20:47									
00:51+	01:45+	03:27+	04:44+	05:40+	06:08+	07:14+	08:04+	09:29+	10:05+	10:18+	11:02+	11:53+	13:30+	14:20+	15:17+	17:53+	19:04+	19:40+	20:32+	20:47+
00:51+	00:54+	01:42+	01:17+	00:56+	00:28+	01:06+	00:50+	01:25+	00:36+	00:13+	00:44+	00:51+	01:37+	00:50+	00:57+	02:36+	01:11+	00:36+	00:52+	00:15+
00:05#	00:31@	01:04@	00:16&	00:20&	00:06&	00:38@	00:24&	00:44@	00:06#	00:01+	00:11&	00:16&	00:33&	00:14&	00:12&	00:46&	00:21&	00:10&	00:07#	00:04&
8	Phillip Aarnio					OKV					20:52									
00:57+	01:23+	02:22+	03:59+	04:58+	05:41+	06:28+	07:00+	08:03+	09:46+	10:03+	10:42+	11:35+	13:04+	13:48+	14:56+	18:05+	19:12+	19:41+	20:38+	20:52+
00:57+	00:26+	00:59+	01:37+	00:59+	00:43+	00:47+	00:32+	01:03+	01:43+	00:17+	00:39+	00:53+	01:29+	00:44+	01:08+	03:09+	01:07+	00:29+	00:57+	00:14+
00:11#	00:03#	00:21&	00:36&	00:23&	00:21&	00:19&	00:06#	00:22&	01:13@	00:05&	00:06#	00:18&	00:25&	00:08#	00:23&	01:19&	00:17&	00:03#	00:12&	00:03&
9	Anton Boye Ebbesen					Ok Pan					21:20									
00:46=	01:06-	02:34+	03:55+	05:48+	06:22+	06:45+	07:26+	08:10+	08:20+	09:39+	10:22+	14:30+	15:27+	16:32+	18:35+	19:47+	20:19+	21:07+	21:20+	
00:46=	00:20-	01:28+	01:21+	01:53+	00:34+	00:23-	00:41+	00:44+	00:10-	01:19+	00:43+	04:08+	00:57-	01:05+	02:03+	01:12-	00:32-	00:48+	00:13-	
00:00=	00:03-	00:50@	00:20&	01:17@	00:12&	00:05-	00:15&	00:03+	00:20-	01:07@	00:10&	03:33@	00:07-	00:29&	01:18@	00:38-	00:18-	00:22&	00:32-	

Plass	Navn										Klasse										Tid															
H14																																				
10	Marius Vang Bobach										AAO										49:42															
	01:39+	03:58+	06:13+	09:18+	11:42+	12:29+	14:18+	16:47+	18:43+	22:51+	23:11+	25:07+	27:00+	30:38+	32:31+	35:09+	41:41+	45:30+	47:37+	49:27+	49:42+															
	01:39+	02:19+	02:15+	03:05+	02:24+	00:47+	01:49+	02:29+	01:56+	04:08+	00:20+	01:56+	01:53+	03:38+	01:53+	02:38+	06:32+	03:49+	02:07+	01:50+	00:15+															
	00:53@	01:56@	01:37@	02:04@	01:48@	00:25@	01:21@	02:03@	01:15@	03:38@	00:08&	01:23@	01:18@	02:34@	01:17@	01:53@	04:42@	02:59@	01:41@	01:05@	00:04&															
Beste stræktid for klassen																																				
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.																																				
H14B																																				
1	kristian veggerby Jensen										RSOK										17:36															
	01:50=	02:24=	03:29=	04:13=	04:50=	05:08=	06:32=	07:09=	08:22=	08:49=	11:22=	12:10=	13:44=	14:38=	15:37=	16:53=	17:23=	17:36=																		
	01:50=	00:34=	01:05=	00:44=	00:37=	00:18=	01:24=	00:37=	01:13=	00:27=	02:33=	00:48=	01:34=	00:54=	00:59=	01:16=	00:30=	00:13=																		
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=																		
Beste stræktid for klassen																																				
	01:50	00:34	01:05	00:44	00:37	00:18	01:24	00:37	01:13	00:27	02:33	00:48	01:34	00:54	00:59	01:16	00:30	00:13																		
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.																																				
H16																																				
1	Asbjørn Faber Fenger-Grøn										4										18:01															
	01:53=	03:02=	03:23=	03:55=	04:28=	05:24=	05:51=	06:32=	07:07=	07:35=	08:17=	08:48=	09:49=	10:52=	11:09=	12:01=	12:48=	13:43=	15:28=	16:10=	17:22=	17:50=	18:01=													
	01:53=	01:09=	00:21=	00:32=	00:33=	00:56=	00:27=	00:41=	00:35=	00:28=	00:42=	00:31=	01:01=	01:03=	00:17=	00:52=	00:47=	00:55=	01:45=	00:42=	01:12=	00:28=	00:11=													
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=													
3	Karl Gammelvind										1										20:38															
	01:59+	03:16+	03:39+	04:30+	04:57+	06:12+	06:45+	07:21+	08:07+	08:35+	09:17+	09:48+	11:00+	12:18+	12:42+	13:38+	14:41+	15:58+	17:52+	18:41+	20:01+	20:26+	20:38+													
	01:59+	01:17+	00:23+	00:51+	00:27-	01:15+	00:33+	00:36-	00:46+	00:28=	00:42=	00:31=	01:12+	01:18+	00:24+	00:56+	01:03+	01:17+	01:54+	00:49+	01:20+	00:25-	00:12+													
	00:06+	00:08#	00:02+	00:19&	00:06-	00:19&	00:06#	00:05-	00:11&	00:00=	00:00=	00:00=	00:11#	00:15#	00:07&	00:04+	00:16&	00:22&	00:09+	00:07#	00:08#	00:03-	00:01+													
4	Christofer Vang Bobach										AAO										20:40															
	01:51-	03:11+	03:31+	04:09+	04:43+	05:56+	06:22+	07:16+	07:53+	08:23+	09:13+	09:50+	10:54+	12:12+	12:36+	13:49+	14:45+	15:41+	17:41+	18:30+	19:59+	20:29+	20:40+													
	01:51-	01:20+	00:20-	00:38+	00:34+	01:13+	00:26-	00:54+	00:37+	00:30+	00:50+	00:37+	01:04+	01:18+	00:24+	01:13+	00:56+	00:56+	02:00+	00:49+	01:29+	00:30+	00:11=													
	00:02-	00:11#	00:01-	00:06#	00:01+	00:17&	00:01-	00:13&	00:02+	00:02+	00:08#	00:06#	00:03+	00:15#	00:07&	00:21&	00:09#	00:01+	00:15#	00:07#	00:17#	00:02+	00:00=													
5	Frederik Brynning Bøje										2										22:03															
	02:11+	03:52+	04:35+	05:14+	05:49+	06:55+	07:24+	08:11+	08:51+	09:20+	10:10+	10:46+	11:51+	13:12+	13:40+	14:46+	15:43+	16:40+	18:51+	19:55+	21:23+	21:52+	22:03+													
	02:11+	01:41+	00:43+	00:39+	00:35+	01:06+	00:29+	00:47+	00:40+	00:29+	00:50+	00:36+	01:05+	01:21+	00:28+	01:06+	00:57+	00:57+	02:11+	01:04+	01:28+	00:29+	00:11=													
	00:18#	00:32&	00:22@	00:07#	00:02+	00:10#	00:02+	00:06#	00:05#	00:01+	00:08#	00:05#	00:04+	00:18&	00:11&	00:14&	00:10#	00:02+	00:26#	00:22&	00:16#	00:01+	00:00=													
7	Anton Toft Frederiksen										RSOK										24:26															
	02:33+	03:59+	04:27+	05:03+	05:43+	07:24+	07:46+	08:47+	09:44+	10:23+	11:15+	11:53+	13:02+	14:43+	15:08+	16:17+	17:08+	18:04+	20:13+	21:14+	23:50+	24:17+	24:26+													
	02:33+	01:26+	00:28+	00:36+	00:40+	01:41+	00:22-	01:01+	00:57+	00:39+	00:52+	00:38+	01:09+	01:41+	00:25+	01:09+	00:51+	00:56+	02:09+	01:01+	02:36+	00:27-	00:09-													
	00:40&	00:17#	00:07&	00:04#	00:07#	00:45&	00:05-	00:20&	00:22&	00:11&	00:10#	00:07#	00:08#	00:38&	00:08&	00:17&	00:04+	00:01+	00:24#	00:19&	01:24@	00:01-	00:02-													
8	Valdermar Hyttel Agerholm										RSOK										39:27															
	03:46+	06:09+	06:36+	07:37+	08:38+	11:09+	11:55+	13:05+	14:07+	16:15+	17:46+	19:14+	21:01+	23:13+	23:53+	26:55+	28:38+	30:02+	33:52+	35:29+	38:24+	39:11+	39:27+													
	03:46+	02:23+	00:27+	01:01+	01:01+	02:31+	00:46+	01:10+	01:02+	02:08+	01:31+	01:28+	01:47+	02:12+	00:40+	03:02+	01:43+	01:24+	03:50+	01:37+	02:55+	00:47+	00:16+													
	01:53&	01:14@	00:06&	00:29&	00:28&	01:35@	00:19&	00:29&	00:27&	01:40@	00:49@	00:57@	00:46&	01:09@	00:23@	02:10@	00:56@	00:29&	02:05@	00:55@	01:43@	00:19&	00:05&													
Beste stræktid for klassen																																				
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.																																				

Plass	Navn	Klasse	Tid
-------	------	--------	-----

H18

1	Jonas Damm Als					Ok Pan					20:54														
00:49=	02:04=	03:21=	03:39=	04:26=	05:53=	06:40=	07:25=	08:12=	08:55=	09:28=	10:04=	10:39=	11:04=	12:13=	13:14=	13:40=	14:02=	14:42=	15:56=	16:29=	17:15=	19:06=	20:14=	20:44=	20:54=
00:49=	01:15=	01:17=	00:18=	00:47=	01:27=	00:47=	00:45=	00:47=	00:43=	00:33=	00:36=	00:35=	00:25=	01:09=	01:01=	00:26=	00:22=	00:40=	01:14=	00:33=	00:46=	01:51=	01:08=	00:30=	00:10=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Villads Skovbjerg					Ok Pan					21:29														
00:50+	02:06+	03:32+	03:52+	04:44+	06:29+	07:09+	07:45+	08:32+	09:18+	09:50+	10:30+	11:06+	11:33+	12:33+	13:23+	13:49+	14:11+	14:53+	16:26+	17:01+	17:59+	19:50+	20:53+	21:20+	21:29+
00:50+	01:16+	01:26+	00:20+	00:52+	01:45+	00:40-	00:36-	00:47=	00:46+	00:32-	00:40+	00:36+	00:27+	01:00-	00:50-	00:26=	00:22=	00:42+	01:33+	00:35+	00:58+	01:51=	01:03-	00:27-	00:09-
00:01+	00:01+	00:09#	00:02#	00:05#	00:18#	00:07-	00:09-	00:00=	00:03+	00:01-	00:04#	00:01+	00:02+	00:09-	00:11-	00:00=	00:00=	00:02+	00:19&	00:02+	00:12&	00:00=	00:05-	00:03-	00:01-
3	Anders Secher Thomsen					Ok Pan					21:54														
00:54+	02:10+	03:27+	03:47+	04:58+	06:34+	07:30+	08:12+	08:54+	09:41+	10:19+	10:54+	11:27+	11:53+	12:55+	13:48+	14:20+	14:41+	15:21+	16:33+	17:12+	17:57+	20:06+	21:18+	21:44+	21:54+
00:54+	01:16+	01:17=	00:20+	01:11+	01:36+	00:56+	00:42-	00:42-	00:47+	00:38+	00:35-	00:33-	00:26+	01:02-	00:53-	00:32+	00:21-	00:40=	01:12-	00:39+	00:45-	02:09+	01:12+	00:26-	00:10=
00:05#	00:01+	00:00=	00:02#	00:24&	00:09#	00:09#	00:03-	00:05-	00:04+	00:05#	00:01-	00:02-	00:01+	00:07-	00:08-	00:06#	00:01-	00:00=	00:02-	00:06#	00:01-	00:18#	00:04+	00:04-	00:00=
4	Tobias Biering					4					25:18														
00:50+	02:21+	03:58+	04:16+	05:14+	07:05+	07:55+	09:03+	09:58+	10:45+	11:30+	12:10+	12:50+	13:17+	14:50+	15:50+	16:16+	16:40+	17:27+	19:11+	19:51+	20:50+	23:28+	24:36+	25:07+	25:18+
00:50+	01:31+	01:37+	00:18=	00:58+	01:51+	00:50+	01:08+	00:55+	00:47+	00:45+	00:40+	00:40+	00:27+	01:33+	01:00-	00:26=	00:24+	00:47+	01:44+	00:40+	00:59+	02:38+	01:08=	00:31+	00:11+
00:01+	00:16#	00:20&	00:00=	00:11#	00:24&	00:03+	00:23&	00:08#	00:04+	00:12&	00:04#	00:05#	00:02+	00:24&	00:01-	00:00=	00:02+	00:07#	00:30&	00:07#	00:13&	00:47&	00:00=	00:01+	00:01#
6	Anton Elmegaard Andersen					2					31:39														
01:17+	02:49+	04:54+	05:27+	07:00+	08:59+	10:03+	11:30+	12:30+	13:37+	14:22+	15:43+	16:55+	17:32+	18:47+	20:06+	20:38+	22:02+	22:55+	24:27+	25:11+	26:20+	28:51+	30:53+	31:29+	31:39+
01:17+	01:32+	02:05+	00:33+	01:33+	01:59+	01:04+	01:27+	01:00+	01:07+	00:45+	01:21+	01:12+	00:37+	01:15+	01:19+	00:32+	01:24+	00:53+	01:32+	00:44+	01:09+	02:31+	02:02+	00:36+	00:10=
00:28&	00:17#	00:48&	00:15&	00:46&	00:32&	00:17&	00:42&	00:13&	00:24&	00:12&	00:45@	00:37@	00:12&	00:06+	00:18&	00:06#	01:02@	00:13&	00:18#	00:11&	00:23&	00:40&	00:54&	00:06#	00:00=
7	Jacob Klærke Mikkelsen					2					53:42														
02:41+	06:15+	09:50+	10:32+	12:51+	16:56+	19:05+	20:36+	22:38+	24:11+	25:37+	27:09+	28:43+	29:55+	32:41+	34:51+	35:55+	36:49+	38:31+	41:03+	42:35+	44:42+	49:54+	52:04+	53:12+	53:42+
02:41+	03:34+	03:35+	00:42+	02:19+	04:05+	02:09+	01:31+	02:02+	01:33+	01:26+	01:32+	01:34+	01:12+	02:46+	02:10+	01:04+	00:54+	01:42+	02:32+	01:32+	02:07+	05:12+	02:10+	01:08+	00:30+
01:52@	02:19@	02:18@	00:24@	01:32@	02:38@	01:22@	00:46@	01:15@	00:50@	00:53@	00:56@	00:59@	00:47@	01:37@	01:09@	00:38@	00:32@	01:02@	01:18@	00:59@	01:21@	03:21@	01:02&	00:38@	00:20@

Beste stræktid for klassen

00:49	01:15	01:17	00:18	00:47	01:27	00:40	00:36	00:42	00:43	00:32	00:35	00:33	00:25	01:00	00:50	00:26	00:21	00:40	01:12	00:33	00:45	01:51	01:03	00:26	00:09
-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H20

1	Søren Møller Skaug					Ok Pan					21:56														
00:57=	02:10=	03:24=	03:40=	04:25=	05:59=	06:42=	07:16=	08:12=	08:56=	09:31=	10:09=	10:42=	11:08=	12:19=	13:17=	13:45=	14:09=	14:49=	15:56=	16:31=	17:34=	20:02=	21:19=	21:47=	21:56=
00:57=	01:13=	01:14=	00:16=	00:45=	01:34=	00:43=	00:34=	00:56=	00:44=	00:35=	00:38=	00:33=	00:26=	01:11=	00:58=	00:28=	00:24=	00:40=	01:07=	00:35=	01:03=	02:28=	01:17=	00:28=	00:09=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Erik Hedver Thesbjerg					2					27:14														
01:03+	02:42+	04:26+	04:47+	05:54+	07:42+	08:37+	09:24+	10:31+	11:21+	12:08+	12:59+	13:46+	14:19+	15:57+	17:03+	17:37+	18:08+	19:04+	20:31+	21:18+	22:22+	24:55+	26:25+	26:59+	27:14+
01:03+	01:39+	01:44+	00:21+	01:07+	01:48+	00:55+	00:47+	01:07+	00:50+	00:47+	00:51+	00:47+	00:33+	01:38+	01:06+	00:34+	00:31+	00:56+	01:27+	00:47+	01:04+	02:33+	01:30+	00:34+	00:15+
00:06#	00:26&	00:30&	00:05&	00:22&	00:14#	00:12&	00:13&	00:11#	00:06#	00:12&	00:13&	00:14&	00:07&	00:27&	00:08#	00:06#	00:07&	00:16&	00:20&	00:12&	00:01+	00:05+	00:13#	00:06#	00:06&

Beste stræktid for klassen

00:57	01:13	01:14	00:16	00:45	01:34	00:43	00:34	00:56	00:44	00:35	00:38	00:33	00:26	01:11	00:58	00:28	00:24	00:40	01:07	00:35	01:03	02:28	01:17	00:28	00:09
-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H20B

Plass	Navn										Klasse										Tid										
H20B																															
1	Benjamin Søltøft										2											26:25									
01:11=	01:50=	04:00=	05:34=	07:16=	07:44=	08:49=	09:30=	10:27=	11:21=	11:52=	12:34=	13:20=	15:03=	17:31=	18:37=	23:02=	24:49=	25:22=	26:09=	26:25=											
00:11=	00:39=	02:10=	01:34=	01:42=	00:28=	01:05=	00:41=	00:57=	00:54=	00:31=	00:42=	00:46=	01:43=	02:28=	01:06=	04:25=	01:47=	00:33=	00:47=	00:16=											
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=											
Beste stræktid for klassen																															
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.																															
H21																															
1	Andreas Bock Bjørnsen										Ok Pan										18:19										
00:46=	01:57=	03:14=	03:29=	04:12=	05:26=	06:07=	06:40=	07:20=	08:02=	08:33=	09:03=	09:31=	09:53=	10:48=	11:36=	11:59=	12:22=	13:00=	13:54=	14:23=	15:07=	16:50=	17:43=	18:10=	18:19=						
00:46=	01:11=	01:17=	00:15=	00:43=	01:14=	00:41=	00:33=	00:40=	00:42=	00:31=	00:30=	00:28=	00:22=	00:55=	00:48=	00:23=	00:23=	00:38=	00:54=	00:29=	00:44=	01:43=	00:53=	00:27=	00:09=						
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=						
2	Jakob Erhard Edsen										AARO										18:25										
00:45=	01:53=	03:06=	03:24=	04:07=	05:25=	06:05=	06:53+	07:38+	08:12+	08:41+	09:16+	09:45+	10:07+	11:02+	11:48+	12:12+	12:31+	13:07+	13:59+	14:31+	15:14+	16:48=	17:50+	18:15+	18:25+						
00:45=	01:08=	01:13=	00:18+	00:43=	01:18+	00:40=	00:48+	00:45+	00:34=	00:29=	00:35+	00:29+	00:22=	00:55=	00:46=	00:24+	00:19=	00:36=	00:52=	00:32+	00:43=	01:34=	01:02+	00:25=	00:10+						
00:01=	00:03=	00:04=	00:03#	00:00=	00:04+	00:01=	00:15&	00:05#	00:08=	00:02=	00:05#	00:01+	00:00=	00:00=	00:02=	00:01=	00:04=	00:02=	00:02=	00:03#	00:01=	00:09=	00:09#	00:02=	00:01#						
3	Laurits Bidstrup Møller										4										19:17										
00:47+	02:01+	03:14=	03:31+	04:15+	05:40+	06:21+	06:55+	07:39+	08:15+	08:46+	09:19+	09:53+	10:17+	11:18+	12:07+	12:30+	12:52+	13:33+	14:29+	15:01+	15:49+	17:33+	18:39+	19:07+	19:17+						
00:47+	01:14+	01:13=	00:17+	00:44+	01:25+	00:41=	00:34+	00:44+	00:36=	00:31=	00:33+	00:34+	00:24+	01:01+	00:49+	00:23=	00:22=	00:41+	00:56+	00:32+	00:48+	01:44+	01:06+	00:28+	00:10+						
00:01+	00:03+	00:04=	00:02#	00:01+	00:11#	00:00=	00:01+	00:04#	00:06=	00:00=	00:03#	00:06#	00:02+	00:06#	00:01+	00:00=	00:01=	00:03+	00:02+	00:03#	00:04+	00:01+	00:13#	00:01+	00:01#						
4	Mads Møller Skaug										Ok Pan										19:58										
00:48+	02:01+	03:16+	03:31+	04:15+	05:39+	06:20+	06:50+	07:32+	08:07+	08:39+	09:17+	09:50+	10:14+	11:12+	12:00+	12:21+	12:41+	13:21+	14:16+	14:49+	15:38+	17:49+	19:23+	19:49+	19:58+						
00:48+	01:13+	01:15=	00:15=	00:44+	01:24+	00:41=	00:30=	00:42+	00:35=	00:32+	00:38+	00:33+	00:24+	00:58+	00:48=	00:21=	00:20=	00:40+	00:55+	00:33+	00:49+	02:11+	01:34+	00:26=	00:09=						
00:02+	00:02+	00:02=	00:00=	00:01+	00:10#	00:00=	00:03=	00:02+	00:07=	00:01+	00:08&	00:05#	00:02+	00:03+	00:00=	00:02=	00:03=	00:02+	00:01+	00:04#	00:05#	00:28&	00:41&	00:01=	00:00=						
5	Claus Halling Bloch										MFOK										22:07										
00:53+	02:12+	03:37+	03:55+	04:43+	06:08+	06:50+	07:25+	08:07+	08:46+	09:19+	09:59+	10:36+	11:04+	12:03+	12:53+	13:20+	13:43+	14:24+	16:03+	16:37+	17:24+	20:42+	21:32+	21:56+	22:07+						
00:53+	01:19+	01:25+	00:18+	00:48+	01:25+	00:42+	00:35+	00:42+	00:39=	00:33+	00:40+	00:37+	00:28+	00:59+	00:50+	00:27+	00:23=	00:41+	01:39+	00:34+	00:47+	03:18+	00:50=	00:24=	00:11+						
00:07#	00:08#	00:08#	00:03#	00:05#	00:11#	00:01+	00:02+	00:02+	00:03=	00:02+	00:10&	00:09&	00:06&	00:04+	00:02+	00:04#	00:00=	00:03+	00:45&	00:05#	00:03+	01:35&	00:03=	00:03=	00:02#						
6	Marko Birk Nielsen										AAO										22:22										
00:50+	02:04+	03:21+	03:38+	04:28+	05:56+	06:39+	08:26+	09:06+	09:53+	10:27+	11:17+	11:48+	12:13+	13:10+	13:59+	14:36+	14:59+	15:38+	16:50+	17:28+	18:14+	20:50+	21:46+	22:11+	22:22+						
00:50+	01:14+	01:17=	00:17+	00:50+	01:28+	00:43+	01:47+	00:40=	00:47+	00:34+	00:50+	00:31+	00:25+	00:57+	00:49+	00:37+	00:23=	00:39+	01:12+	00:38+	00:46+	02:36+	00:56+	00:25=	00:11+						
00:04+	00:03+	00:00=	00:02#	00:07#	00:14#	00:02+	01:14@	00:00=	00:05#	00:03+	00:20&	00:03#	00:03#	00:02+	00:01+	00:14&	00:00=	00:01+	00:18&	00:09&	00:02+	00:53&	00:03+	00:02=	00:02#						
7	Mátyás Péntek										2											23:34									
00:54+	02:53+	04:19+	04:41+	05:41+	07:09+	08:00+	08:41+	09:34+	10:25+	11:05+	12:08+	12:45+	13:16+	14:23+	15:18+	15:46+	16:10+	16:55+	18:00+	18:35+	19:28+	21:40+	22:58+	23:24+	23:34+						
00:54+	01:59+	01:26+	00:22+	01:00+	01:28+	00:51+	00:41+	00:53+	00:51+	00:40+	01:03+	00:37+	00:31+	01:07+	00:55+	00:28+	00:24+	00:45+	01:05+	00:35+	00:53+	02:12+	01:18+	00:26=	00:10+						
00:08#	00:48&	00:09#	00:07&	00:17&	00:14#	00:10#	00:08#	00:13&	00:09#	00:09&	00:33@	00:09&	00:09&	00:12#	00:07#	00:05#	00:01+	00:07#	00:11#	00:06#	00:09#	00:29&	00:25&	00:01=	00:01#						
8	Thorkild Jensen										RANDDJ										23:52										
01:04+	02:32+	03:58+	04:17+	05:16+	06:48+	07:37+	08:33+	09:23+	10:19+	10:59+	12:07+	12:45+	13:13+	14:20+	15:16+	15:45+	16:13+	16:58+	18:06+	18:42+	19:35+	21:51+	23:11+	23:41+	23:52+						
01:04+	01:28+	01:26+	00:19+	00:59+	01:32+	00:49+	00:56+	00:50+	00:56+	00:40+	01:08+	00:38+	00:28+	01:07+	00:56+	00:29+	00:28+	00:45+	01:08+	00:36+	00:53+	02:16+	01:20+	00:30+	00:11+						
00:18&	00:17#	00:09#	00:04&	00:16&	00:18#	00:08#	00:23&	00:10#	00:14&	00:09&	00:38@	00:10&	00:06&	00:12#	00:08#	00:06&	00:05#	00:07#	00:14&	00:07#	00:09#	00:33&	00:27&	00:03#	00:02#						
9	Johan Maclassen										RSOK										24:40										
00:56+	02:30+	04:05+	04:24+	05:25+	07:11+	08:02+	08:45+	09:39+	10:28+	11:05+	11:45+	12:26+	12:56+	14:16+	15:28+	15:55+	16:19+	17:04+	18:52+	19:32+	20:28+	22:47+	23:54+	24:27+	24:40+						
00:56+	01:34+	01:35+	00:19+	01:01+	01:46+	00:51+	00:43+	00:54+	00:49+	00:37+	00:40+	00:41+	00:30+	01:20+	01:12+	00:27+	00:24+	00:45+	01:48+	00:40+	00:56+	02:19+	01:07+	00:33+	00:13+						
00:10#	00:23&	00:18#	00:04&	00:18&	00:32&	00:10#	00:10&	00:14&	00:07#	00:06#	00:10&	00:13&	00:08&	00:25&	00:24&	00:04#	00:01+	00:07#	00:54&	00:11&	00:12&	00:36&	00:14&	00:06#	00:04&						
09-06-2021 09:29:09																															
Side:23																															

09-06-2021 09:29:09 Side:24

Plass

H21

22 Daniel Højager Purup-Nielsen

23 Kristian Vad

24 Simon Fjordvald25 Lau Sørensen

27 Mads Kappel Jensen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H21 B

1 Mikael Andersen

2 Troels Stausbo

3 Morten Bruhn Olsen

4 Carsten Bai

5 Jesper Toft Møller Mikkelsen

Plass	Navn	Klasse	Tid
-------	------	--------	-----

H21 B

Beste stræktid for klassen

00:47	00:19	00:36	01:00	00:40	00:19	00:27	00:23	00:42	00:32	00:14	00:34	00:36	00:53	00:47	00:42	01:49	00:50	00:25	00:39	00:11
-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------

= Som klassevinner, - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H40

[illegible]

2	Morten Fenger-Grøn										4	20:43													
01:23+	02:32-	03:25-	04:18-	04:35-	05:45-	06:17-	06:57-	07:35+	08:16+	09:15+	10:03+	10:48+	11:46+	12:18+	13:24+	13:54+	15:16+	16:17+	17:10+	19:12-	20:04+	20:33+	20:43+		
01:23+	01:09-	00:53-	00:53-	00:17-	01:10-	00:32+	00:40-	00:38+	00:41+	00:59+	00:48+	00:45+	00:58+	00:32+	01:06+	00:30+	01:22+	01:01+	00:53+	02:02-	00:52+	00:29+	00:10-		
00:02+	00:09-	00:00-	00:00-	00:03-	00:01-	00:10x	00:02-	00:05#	00:05#	00:12x	00:05#	00:09#	00:04+	00:02+	00:03+	00:03#	00:08#	00:01+	00:03+	00:58-	00:03+	00:01+	00:02-		

3	Thomas Fredberg										4	21:42											
01:22+	02:42+	03:32=	04:26+	04:46+	05:59+	06:23+	07:06+	07:42+	08:21+	09:13+	10:01+	10:37+	11:36+	12:08+	13:13+	13:39+	15:15+	17:06+	18:00+	20:04+	21:00+	21:31+	21:42+
01:21+	01:20+	00:50-	00:54+	00:20=	01:13+	00:24+	00:43+	00:36+	00:39+	00:52+	00:48+	00:36=	00:59+	00:32+	01:05+	00:26-	01:36+	01:51+	00:54+	02:04-	00:56+	00:31+	00:11-
00:01+	00:02+	00:03-	00:01+	00:00=	00:02+	00:02+	00:01+	00:03+	00:03+	00:05#	00:05#	00:00=	00:05+	00:02+	00:02+	00:01-	00:22#	00:51#	00:04+	00:56-	00:07#	00:03#	00:01-

4	Troels Nielsen										2	22:28											
01:29+	02:43+	03:38+	04:36+	05:01+	06:12+	06:40+	07:23+	08:00+	08:44+	09:36+	10:29+	11:26+	12:31+	13:10+	14:19+	14:50+	16:50+	17:52+	18:49+	20:49+	21:46+	22:17+	22:28+
01:29+	01:14-	00:52+	00:58+	00:25+	01:11-	00:28+	00:43+	00:37+	00:44+	00:52+	00:53+	00:57+	01:05+	00:39+	01:09+	00:31+	02:00+	01:02+	00:57+	02:00-	00:57+	00:31+	00:11-
00:08+	00:04-	00:05+	00:05+	00:05#	00:00+	00:06#	00:01+	00:04#	00:08#	00:05#	00:10#	00:21#	00:11#	00:09#	00:06+	00:04#	00:46#	00:02+	00:07#	01:00-	00:08#	00:03#	00:01-

5	Mads Mikkelsen										2	23:38													
01:38+	03:17+	04:22+	05:25+	05:48+	07:06+	07:33+	08:23+	09:04+	09:49+	10:48+	11:45+	12:33+	13:43+	14:18+	15:30+	16:03+	17:30+	18:32+	19:35+	21:52+	22:53+	23:25+	23:38+		
01:38+	01:39+	01:05+	01:03+	00:23+	01:18+	00:27+	00:50+	00:41+	00:45+	00:59+	00:57+	00:48+	01:10+	00:35+	01:12+	00:33+	01:27+	01:02+	01:03+	02:17-	01:01+	00:32+	00:38+		
00:17#	00:21#	00:12#	00:10#	00:03#	00:07+	00:05#	00:08#	00:08#	00:09#	00:12#	00:14#	00:12#	00:16#	00:05#	00:09#	00:06#	00:13#	00:02+	00:13#	00:43-	00:12#	00:04#	00:01+		

6	Jimmi Olsen										VOK										23:46									
01:33+	02:44+	03:53+	04:51+	05:09+	06:25+	06:50+	07:43+	08:22+	09:07+	10:02+	11:08+	11:57+	13:03+	13:42+	14:57+	15:26+	17:41+	18:42+	19:42+	22:09+	23:03+	23:33+	23:46+							
01:33+	01:11-	01:09+	00:58+	00:18-	01:16+	00:25+	00:53+	00:39+	00:45+	00:55+	01:06+	00:49+	01:06+	00:39+	01:15+	00:29+	02:15+	01:01+	01:00+	02:27-	00:54+	00:30+	00:13+							
00:12#	00:07-	00:16#	00:05+	00:02-	00:05+	00:03#	00:11#	00:06#	00:09#	00:08#	00:23#	00:13#	00:12#	00:09#	00:12#	00:02+	01:01#	00:01+	00:10#	00:33-	00:05#	00:02+	00:01+							

Lasse Svenningsen					RSOK					24:03														
01:52+	03:00+	04:18+	05:21+	05:42+	07:11+	07:46+	08:46+	09:27+	10:08+	11:02+	11:59+	12:42+	13:41+	14:15+	15:16+	15:48+	18:53+	19:55+	20:50+	22:39+	23:28+	23:53+	24:03+	
01:52+	01:08=	01:18+	01:03+	00:21+	01:29+	00:35+	01:00+	00:41+	00:41+	00:54+	00:57+	00:43+	00:59+	00:34+	01:01=	00:32+	03:05+	01:02+	00:55+	01:49=	00:49=	00:25=	00:10=	
00:31#	00:10=	00:25#	00:10#	00:01+	00:18#	00:13#	00:18#	00:08#	00:05#	00:07#	00:14#	00:07#	00:05+	00:04#	00:02=	00:05#	01:51@	00:02+	00:05#	01:11=	00:00=	00:03=	00:02=	

8				Allan Hougaard				AARO				24:14											
01:42+	03:05+	04:18+	05:28+	05:53+	07:07+	07:39+	08:24+	09:23+	10:04+	10:55+	11:59+	12:49+	14:14+	15:09+	16:22+	16:52+	18:25+	19:22+	20:35+	22:35+	23:32+	24:02+	24:14+
01:42+	01:23+	01:13+	01:10+	00:25+	01:14+	00:32+	00:45+	00:59+	00:41+	00:51+	01:04+	00:50+	01:25+	00:55+	01:13+	00:30+	01:33+	00:57-	01:13+	02:00-	00:57+	00:30+	00:12=
00:21&	00:05+	00:20&	00:17&	00:05#	00:03+	00:10&	00:03+	00:26&	00:05#	00:04+	00:21&	00:14&	00:31&	00:25&	00:10#	00:03#	00:19&	00:03-	00:23&	01:00-	00:08#	00:02+	00:00=

9	Henrik Bomm Hinge					Ok Pan					24:19														
01:29+	02:45+	03:49+	05:03+	05:20+	06:34+	07:05+	07:49+	08:37+	09:19+	10:12+	12:04+	12:42+	14:13+	14:58+	16:05+	16:34+	19:01+	19:55+	20:55+	22:52+	23:40+	24:08+	24:19+		
01:29+	01:16-	01:04+	01:14+	00:17-	01:14+	00:31+	00:44+	00:48+	00:42+	00:53+	01:52+	00:38+	01:31+	00:45+	01:07+	00:29+	02:27+	00:54-	01:00+	01:57-	00:40-	00:28=	00:11=		
00:08+	00:02-	00:11#	00:21&	00:03-	00:03+	00:09&	00:02+	00:15&	00:06#	00:06#	01:09@	00:02+	00:37&	00:15&	00:04+	00:02+	01:13&	00:06-	00:10#	01:03-	00:01-	00:00=	00:01-		

10				Claus Bobach				AAO				24:29											
01:39+	03:02+	04:03+	05:07+	05:29+	06:45+	07:13+	08:02+	08:44+	09:30+	10:32+	11:38+	12:28+	13:39+	14:24+	15:47+	16:18+	17:47+	18:58+	20:05+	22:24+	23:43+	24:16+	24:29+
01:39+	01:23+	01:01+	01:04+	00:22+	01:16+	00:28+	00:49+	00:42+	00:46+	01:02+	01:06+	00:50+	01:11+	00:45+	01:23+	00:31+	01:29+	01:11+	01:07+	02:19-	01:19+	00:33+	00:13+
00:18#	00:05+	00:08#	00:11#	00:02#	00:05+	00:06#	00:07#	00:09#	00:10#	00:15#	00:23#	00:14#	00:17#	00:15#	00:20#	00:04#	00:15#	00:11#	00:17#	00:41-	00:30#	00:05#	00:01+

Plass	Navn				Klasse				Tid														
H40																							
11	Andreas Popp				AAO				26:06														
01:35+	03:08+	04:06+	05:25+	05:44+	07:32+	07:55+	08:48+	09:49+	10:36+	11:40+	13:00+	13:57+	15:13+	15:47+	17:13+	17:51+	19:29+	20:32+	21:40+	24:23+	25:24+	25:56+	26:06+
01:35+	01:33+	00:58+	01:19+	00:19-	01:48+	00:23+	00:53+	01:01+	00:47+	01:04+	01:20+	00:57+	01:16+	00:34+	01:26+	00:38+	01:38+	01:03+	01:08+	02:43-	01:01+	00:32+	00:10-
00:14#	00:15#	00:05+	00:26#	00:01-	00:37#	00:01+	00:11#	00:28#	00:11#	00:17#	00:37#	00:21#	00:22#	00:04#	00:23#	00:11#	00:24#	00:03+	00:18#	00:17-	00:12#	00:04#	00:02-
12	Morten Kusk				Ok Pan				26:14														
01:42+	03:21+	04:48+	06:26+	06:47+	08:09+	08:36+	09:31+	10:12+	11:01+	12:03+	13:14+	14:06+	15:25+	16:04+	17:16+	17:47+	19:50+	20:56+	22:01+	24:24+	25:30+	26:02+	26:14+
01:42+	01:39+	01:27+	01:38+	00:21+	01:22+	00:27+	00:55+	00:41+	00:49+	01:02+	01:11+	00:52+	01:19+	00:39+	01:12+	00:31+	02:03+	01:06+	01:05+	02:23+	01:06+	00:32+	00:12+
01:42+	01:39+	01:27+	01:38+	00:21+	01:22+	00:27+	00:55+	00:41+	00:49+	01:02+	01:11+	00:52+	01:19+	00:39+	01:12+	00:31+	02:03+	01:06+	01:05+	02:23+	01:06+	00:32+	00:12+
13	Henrik Bach				MFOK				26:18														
01:45+	03:23+	04:47+	06:13+	06:40+	08:17+	08:45+	09:38+	10:30+	11:19+	12:19+	13:29+	14:41+	15:53+	16:51+	18:03+	18:38+	20:17+	21:24+	22:26+	24:33+	25:33+	26:06+	26:18+
01:45+	01:38+	01:24+	01:26+	00:27+	01:37+	00:28+	00:53+	00:52+	00:49+	01:00+	01:10+	01:12+	01:12+	00:58+	01:12+	00:35+	01:39+	01:07+	01:02+	02:07+	01:00+	00:33+	00:12+
01:45+	01:38+	01:24+	01:26+	00:27+	01:37+	00:28+	00:53+	00:52+	00:49+	01:00+	01:10+	01:12+	01:12+	00:58+	01:12+	00:35+	01:39+	01:07+	01:02+	02:07+	01:00+	00:33+	00:12+
14	Kim Poulsen				AARO				26:21														
01:47+	03:13+	04:32+	05:49+	06:09+	07:28+	08:02+	08:53+	09:40+	10:26+	11:32+	12:39+	13:33+	14:44+	15:23+	16:39+	17:09+	19:43+	20:52+	22:07+	24:28+	25:38+	26:10+	26:21+
01:47+	01:26+	01:19+	01:17+	00:20+	01:19+	00:34+	00:51+	00:47+	00:46+	01:06+	01:07+	00:54+	01:11+	00:39+	01:16+	00:30+	02:34+	01:09+	01:15+	02:21+	01:10+	00:32+	00:11+
01:47+	01:26+	01:19+	01:17+	00:20+	01:19+	00:34+	00:51+	00:47+	00:46+	01:06+	01:07+	00:54+	01:11+	00:39+	01:16+	00:30+	02:34+	01:09+	01:15+	02:21+	01:10+	00:32+	00:11+
15	Anders Gammelvind				1				26:43														
02:09+	03:33+	04:43+	05:51+	06:14+	07:56+	08:24+	09:36+	10:24+	11:21+	12:22+	13:49+	14:44+	15:57+	16:35+	17:56+	18:37+	20:23+	21:32+	22:36+	25:00+	25:57+	26:31+	26:43+
02:09+	01:24+	01:10+	01:08+	00:23+	01:42+	00:28+	01:12+	00:48+	00:57+	01:01+	01:27+	00:55+	01:13+	00:38+	01:21+	00:41+	01:46+	01:09+	01:04+	02:24+	00:57+	00:34+	00:12+
02:09+	01:24+	01:10+	01:08+	00:23+	01:42+	00:28+	01:12+	00:48+	00:57+	01:01+	01:27+	00:55+	01:13+	00:38+	01:21+	00:41+	01:46+	01:09+	01:04+	02:24+	00:57+	00:34+	00:12+
16	Jens Jakob Steffensen				2				27:03														
01:49+	03:16+	04:33+	05:42+	06:04+	07:23+	07:51+	08:41+	09:41+	10:30+	11:31+	13:25+	14:16+	15:25+	16:00+	17:19+	17:51+	19:30+	20:35+	21:38+	25:07+	26:15+	26:51+	27:03+
01:49+	01:27+	01:17+	01:09+	00:22+	01:19+	00:28+	00:50+	01:00+	00:49+	01:01+	01:54+	00:51+	01:09+	00:35+	01:19+	00:32+	01:39+	01:05+	01:03+	03:29+	01:08+	00:36+	00:12+
01:49+	01:27+	01:17+	01:09+	00:22+	01:19+	00:28+	00:50+	01:00+	00:49+	01:01+	01:54+	00:51+	01:09+	00:35+	01:19+	00:32+	01:39+	01:05+	01:03+	03:29+	01:08+	00:36+	00:12+
17	Jakob Madsen				RSOK				27:34														
02:02+	03:35+	04:42+	05:59+	06:21+	07:54+	08:21+	09:16+	10:00+	10:47+	11:50+	12:56+	13:50+	15:08+	15:53+	17:18+	18:02+	20:48+	21:59+	23:10+	25:34+	26:44+	27:20+	27:34+
02:02+	01:33+	01:07+	01:17+	00:22+	01:33+	00:27+	00:55+	00:44+	00:47+	01:03+	01:06+	00:54+	01:18+	00:45+	01:25+	00:44+	02:46+	01:11+	01:11+	02:24+	01:10+	00:36+	00:14+
02:02+	01:33+	01:07+	01:17+	00:22+	01:33+	00:27+	00:55+	00:44+	00:47+	01:03+	01:06+	00:54+	01:18+	00:45+	01:25+	00:44+	02:46+	01:11+	01:11+	02:24+	01:10+	00:36+	00:14+
18	Per O. Espegren				AARO				27:50														
01:32+	02:58+	04:16+	08:00+	08:18+	09:45+	10:20+	11:14+	12:14+	14:26+	15:22+	16:19+	17:10+	18:23+	18:55+	20:00+	20:29+	21:53+	22:45+	24:03+	26:17+	27:14+	27:40+	27:50+
01:32+	01:26+	01:18+	03:44+	00:18+	01:27+	00:35+	00:54+	01:00+	02:12+	00:56+	00:57+	00:51+	01:13+	00:32+	01:05+	00:29+	01:24+	00:52+	01:18+	02:14+	00:57+	00:26+	00:10+
01:32+	01:26+	01:18+	03:44+	00:18+	01:27+	00:35+	00:54+	01:00+	02:12+	00:56+	00:57+	00:51+	01:13+	00:32+	01:05+	00:29+	01:24+	00:52+	01:18+	02:14+	00:57+	00:26+	00:10+
19	Jens Lyhne Kristiansen				OKV				28:53														
01:59+	03:23+	04:33+	05:55+	06:15+	07:45+	08:20+	09:11+	10:03+	10:58+	12:02+	15:12+	16:10+	17:36+	18:12+	19:31+	20:12+	22:04+	23:20+	24:25+	26:47+	28:10+	28:40+	28:53+
01:59+	01:24+	01:10+	01:22+	00:20+	01:30+	00:35+	00:51+	00:52+	00:55+	01:04+	03:10+	00:58+	01:26+	00:36+	01:19+	00:41+	01:52+	01:16+	01:05+	02:22+	01:23+	00:30+	00:13+
01:59+	01:24+	01:10+	01:22+	00:20+	01:30+	00:35+	00:51+	00:52+	00:55+	01:04+	03:10+	00:58+	01:26+	00:36+	01:19+	00:41+	01:52+	01:16+	01:05+	02:22+	01:23+	00:30+	00:13+
21	Andreas Flint				4				29:34														
02:17+	03:39+	04:48+	05:54+	06:18+	07:31+	07:59+	09:21+	09:59+	10:54+	11:55+	13:15+	14:07+	15:29+	16:21+	17:46+	18:32+	21:26+	22:29+	23:33+	27:42+	28:44+	29:19+	29:34+
02:17+	01:22+	01:09+	01:06+	00:24+	01:13+	00:28+	01:22+	00:38+	00:55+	01:01+	01:20+	00:52+	01:22+	00:52+	01:25+	00:46+	02:54+	01:03+	01:04+	04:09+	01:02+	00:35+	00:15+
02:17+	01:22+	01:09+	01:06+	00:24+	01:13+	00:28+	01:22+	00:38+	00:55+	01:01+	01:20+	00:52+	01:22+	00:52+	01:25+	00:46+	02:54+	01:03+	01:04+	04:09+	01:02+	00:35+	00:15+
22	Thomas Hornbæk				Ok Pan				31:22														
01:42+	03:17+	04:37+	05:55+	06:22+	08:00+	08:37+	09:32+	10:25+	11:17+	12:18+	14:13+	16:26+	17:39+	18:27+	19:49+	20:27+	23:06+	24:11+	25:24+	29:29+	30:36+	31:10+	31:22+
01:42+	01:35+	01:20+	01:18+	00:27+	01:38+	00:37+	00:55+	00:53+	00:52+	01:01+	01:55+	02:13+	01:13+	00:48+	01:22+	00:38+	02:39+	01:05+	01:13+	04:05+	01:07+	00:34+	00:12+
01:42+	01:35+	01:20+	01:18+	00:27+	01:38+	00:37+	00:55+	00:53+	00:52+	01:01+	01:55+	02:13+	01:13+	00:48+	01:22+	00:38+	02:39+	01:05+	01:13+	04:05+	01:07+	00:34+	00:12+
23	Bo Birk Nielsen				AAO				31:23														
02:01+	03:36+	05:00+	06:34+	06:56+	08:27+	08:59+	10:00+	10:47+	11:41+	12:49+	14:13+	16:33+	18:06+	18:58+	20:33+	21:15+	23:06+	24:24+	25:51+	28:53+	30:24+	31:06+	31:23+
02:01+	01:35+	01:24+	01:34+	00:22+	01:31+	00:32+	01:01+	00:47+	00:54+	01:08+	01:24+	02:20+	01:33+	00:52+	01:35+	00:42+	01:51+	01:18+	01:27+	03:02+	01:31+	00:42+	00:17+
02:01+	01:35+	01:24+	01:34+	00:22+	01:31+	00:32+	01:01+	00:47+	00:54+	01:08+	01:24+	02:20+	01:33+	00:52+	01:35+	00:42+	01:51+	01:18+	01:27+	03:02+	01:31+	00:42+	00:17+

Plass	Navn	Klasse	Tid
H40			
24	Thomas Nielsen	4	31:52
01:35+	02:47+	04:04+	05:02+
01:35+	01:12+	01:17+	00:58+
01:35+	01:12+	01:17+	00:58+
26	Allan Skouboe	2	33:03
02:21+	04:01+	05:29+	06:59+
02:21+	01:40+	01:28+	01:30+
02:21+	01:40+	01:28+	01:30+
27	Michael Houkjær Rolighed	MFOK	33:16
02:12+	04:24+	05:50+	07:07+
02:12+	02:12+	01:26+	01:17+
02:12+	02:12+	01:26+	01:17+
28	Morten Kappel Jensen	RSOK	33:27
02:09+	04:13+	05:56+	07:19+
02:09+	02:04+	01:43+	01:23+
02:09+	02:04+	01:43+	01:23+
29	Bjarke Rasmussen	MFOK	34:54
02:08+	03:48+	05:12+	06:41+
02:08+	01:40+	01:24+	01:29+
02:08+	01:40+	01:24+	01:29+
30	Carsten Helligsø	KASKI	35:30
02:14+	04:27+	06:24+	07:56+
02:14+	02:13+	01:57+	01:32+
02:14+	02:13+	01:57+	01:32+
Beste stræktid for klassen			
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.			
H45B			
1	Brian Gordon	AAO	15:09
00:49=	01:11=	01:52=	02:57=
00:49=	00:22=	00:41=	01:05=
00:00=	00:00=	00:00=	00:00=
2	Christian Bøje	2	16:34
01:02+	01:23+	02:15+	03:19+
01:02+	00:21-	00:52+	01:04-
00:13&	00:01-	00:11&	00:01-
3	Morten Terp Sørensen	4	19:11
00:57+	02:08+	02:51+	04:03+
00:57+	01:11+	00:43+	01:12+
00:08#	00:49@	00:02+	00:07#
4	Svend Erik Skovsgaard	VOK	21:16
01:17+	01:44+	02:42+	04:10+
01:17+	00:27+	00:58+	01:28+
00:28&	00:05#	00:17&	00:23&

Plass	Navn					Klasse					Tid									
H45B																				
5	Karsten Kristiansen					VOK					21:30									
01:09+	01:37+	02:35+	04:17+	05:16+	05:41+	06:31+	07:06+	08:15+	08:57+	09:16+	09:56+	10:58+	12:31+	13:28+	14:32+	17:28+	19:09+	19:53+	21:11+	21:30+
01:09+	00:28+	00:58+	01:42+	00:59+	00:25+	00:50+	00:35+	01:09+	00:42+	00:19+	00:40=	01:02+	01:33+	00:57+	01:04+	02:56+	01:41+	00:44+	01:18+	00:19+
00:20&	00:06&	00:17&	00:37&	00:12&	00:02+	00:07#	00:08&	00:11#	00:07#	00:07&	00:00=	00:31&	00:29&	00:15&	00:14&	00:57&	00:50&	00:19&	00:26&	00:06&
6	Niels Dupont					Ok Pan					23:01									
00:48+	01:09+	03:55+	05:51+	06:46+	07:13+	07:45+	08:29+	09:15+	09:55+	10:07+	10:46+	11:51+	13:15+	16:36+	17:28+	19:42+	21:13+	21:40+	22:43+	23:01+
00:48+	00:21+	02:46+	01:56+	00:55+	00:27+	00:32+	00:44+	00:46+	00:40+	00:12+	00:39+	01:05+	01:24+	03:21+	00:52+	02:14+	01:31+	00:27+	01:03+	00:18+
00:48+	00:21+	02:46+	01:56+	00:55+	00:27+	00:32+	00:44+	00:46+	00:40+	00:12+	00:39+	01:05+	01:24+	03:21+	00:52+	02:14+	01:31+	00:27+	01:03+	00:18+
7	Jess Rasmussen					VOK					23:31									
01:22+	01:52+	02:51+	04:35+	05:32+	06:07+	06:49+	07:31+	08:34+	09:23+	09:37+	10:36+	11:33+	13:33+	14:35+	15:54+	19:18+	20:53+	21:38+	23:04+	23:31+
01:22+	00:30+	00:59+	01:44+	00:57+	00:35+	00:42+	00:42+	01:03+	00:49+	00:14+	00:59+	00:57+	02:00+	01:02+	01:19+	03:24+	01:35+	00:45+	01:26+	00:27+
01:22+	00:30+	00:59+	01:44+	00:57+	00:35+	00:42+	00:42+	01:03+	00:49+	00:14+	00:59+	00:57+	02:00+	01:02+	01:19+	03:24+	01:35+	00:45+	01:26+	00:27+
8	Tommy Jakobsen					2					27:17									
01:03+	01:29+	02:26+	04:10+	04:57+	05:28+	06:34+	07:11+	08:04+	08:49+	09:06+	09:51+	10:34+	12:10+	13:10+	14:20+	23:49+	25:06+	25:47+	27:00+	27:17+
01:03+	00:26+	00:57+	01:44+	00:47+	00:31+	01:06+	00:37+	00:53+	00:45+	00:17+	00:45+	00:43+	01:36+	01:00+	01:10+	09:29+	01:17+	00:41+	01:13+	00:17+
01:03+	00:26+	00:57+	01:44+	00:47+	00:31+	01:06+	00:37+	00:53+	00:45+	00:17+	00:45+	00:43+	01:36+	01:00+	01:10+	09:29+	01:17+	00:41+	01:13+	00:17+
9	Gert Lundorff					MFOK					32:04									
01:01+	01:31+	05:15+	06:42+	08:12+	09:37+	13:16+	13:58+	15:04+	16:12+	16:26+	17:33+	18:23+	20:45+	25:01+	25:59+	29:16+	30:26+	31:05+	31:48+	32:04+
01:01+	00:30+	03:44+	01:27+	01:30+	01:25+	03:39+	00:42+	01:06+	01:08+	00:14+	01:07+	00:50+	02:22+	04:16+	00:58+	03:17+	01:10+	00:39+	00:43+	00:16+
01:01+	00:30+	03:44+	01:27+	01:30+	01:25+	03:39+	00:42+	01:06+	01:08+	00:14+	01:07+	00:50+	02:22+	04:16+	00:58+	03:17+	01:10+	00:39+	00:43+	00:16+
10	Keld Østergaard					MFOK					35:08									
02:11+	03:07+	04:29+	07:02+	08:26+	09:05+	10:05+	11:55+	13:21+	14:21+	14:40+	15:53+	17:06+	19:42+	23:46+	25:37+	30:12+	32:15+	32:59+	34:36+	35:08+
02:11+	00:56+	01:22+	02:33+	01:24+	00:39+	01:00+	01:50+	01:26+	01:00+	00:19+	01:13+	01:13+	02:36+	04:04+	01:51+	04:35+	02:03+	00:44+	01:37+	00:32+
02:11+	00:56+	01:22+	02:33+	01:24+	00:39+	01:00+	01:50+	01:26+	01:00+	00:19+	01:13+	01:13+	02:36+	04:04+	01:51+	04:35+	02:03+	00:44+	01:37+	00:32+
11	Thomas Nikolajsen					2					43:57									
02:15+	02:59+	04:23+	07:12+	09:15+	10:10+	11:19+	12:24+	14:22+	16:03+	16:51+	18:34+	19:55+	23:14+	26:22+	31:20+	37:53+	40:44+	41:41+	43:35+	43:57+
02:15+	00:44+	01:24+	02:49+	02:03+	00:55+	01:09+	01:05+	01:58+	01:41+	00:48+	01:43+	01:21+	03:19+	03:08+	04:58+	06:33+	02:51+	00:57+	01:54+	00:22+
02:15+	00:44+	01:24+	02:49+	02:03+	00:55+	01:09+	01:05+	01:58+	01:41+	00:48+	01:43+	01:21+	03:19+	03:08+	04:58+	06:33+	02:51+	00:57+	01:54+	00:22+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H50

1	Ebbe Møller Nielsen				Ok Pan				17:37			
	01:33=	02:57=	03:13=	03:49=	04:18=	05:16=	05:45=	06:22=	06:52=	07:16=	08:02=	08:30=
	01:33=	01:24=	00:16=	00:36=	00:29=	00:58=	00:29=	00:37=	00:30=	00:24=	00:46=	00:28=
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
									00:56=	01:04=	00:20=	00:55=
									00:00=	00:00=	00:00=	00:00=
											00:49=	00:46=
											01:43=	00:50=
											00:01=	00:32=
											00:11=	00:00=
											00:00=	00:00=
2	Thomas Hjerrild				Ok Pan				18:11			
	01:39+	02:54-	03:10-	03:47-	04:15-	05:13-	05:36-	06:14-	06:42-	07:07-	07:51-	08:18-
	01:39+	01:15-	00:16=	00:37+	00:28-	00:58=	00:23-	00:38+	00:28-	00:25+	00:44-	00:27-
	00:06+	00:09-	00:00=	00:01+	00:01-	00:00=	00:06-	00:01+	00:02-	00:01+	00:02-	00:01-
									00:07#	00:05+	00:01+	00:01+
											00:07#	00:08#
											00:20#	00:01-
											00:03-	00:02-
											00:02-	00:03&
3	Kent Kragh				2				18:49			
	01:39+	02:54-	03:10-	03:42-	04:11-	05:15-	05:42-	06:33+	07:15+	07:40+	08:24+	08:56+
	01:39+	01:15-	00:16=	00:32-	00:29=	01:04+	00:27-	00:51+	00:42+	00:25+	00:44-	00:32+
	00:06+	00:09-	00:00=	00:04-	00:00=	00:06#	00:02-	00:14&	00:12&	00:01+	00:02-	00:04#
									00:01+	00:01-	00:01-	00:01-
											00:51&	00:01-
											00:03+	00:06+
											00:09-	00:01-
											00:02-	00:00=

Plass	Navn	Klasse										Tid										
H50																						
4	Jesper Thy	RSOK										18:51										
01:37+	03:01+	03:17+	03:48-	04:16-	05:18+	05:53+	06:45+	07:30+	07:59+	08:46+	09:18+	10:15+	11:31+	11:50+	12:42+	13:32+	14:21+	16:11+	16:57+	18:14+	18:41+	18:51+
01:37+	01:24+	00:16=	00:31-	00:28-	01:02+	00:35+	00:52+	00:45+	00:29+	00:47+	00:32+	00:57+	01:16+	00:19-	00:52-	00:50+	00:49+	01:50+	00:46-	01:17+	00:27-	00:10-
00:04+	00:00=	00:00=	00:05-	00:01-	00:04+	00:06#	00:15&	00:15&	00:05#	00:01+	00:04#	00:01+	00:12#	00:01-	00:03-	00:01+	00:03+	00:07+	00:04-	00:16&	00:05-	00:01-
5	Jørgen Schnack	AAO										19:03										
01:48+	03:07+	03:25+	03:59+	04:28+	05:30+	05:53+	06:33+	07:06+	07:37+	08:23+	08:51+	09:58+	11:09+	11:28+	12:23+	13:15+	14:34+	16:28+	17:15+	18:21+	18:51+	19:03+
01:48+	01:19+	00:18+	00:34+	00:29+	01:02+	00:23+	00:40+	00:33+	00:31+	00:46+	00:28+	01:07+	01:11+	00:19+	00:55+	00:52+	01:19+	01:54+	00:47+	01:06+	00:30+	00:12+
01:48+	01:19+	00:18+	00:34+	00:29+	01:02+	00:23+	00:40+	00:33+	00:31+	00:46+	00:28+	01:07+	01:11+	00:19+	00:55+	00:52+	01:19+	01:54+	00:47+	01:06+	00:30+	00:12+
6	Allan Thesbjerg	2										20:20										
01:55+	03:26+	03:47+	04:26+	04:58+	06:02+	06:29+	07:22+	07:57+	08:27+	09:13+	09:49+	10:52+	12:02+	12:23+	13:27+	14:22+	15:18+	17:22+	18:13+	19:30+	20:07+	20:20+
01:55+	01:31+	00:21+	00:39+	00:32+	01:04+	00:27+	00:53+	00:35+	00:30+	00:46+	00:36+	01:03+	01:10+	00:21+	01:04+	00:55+	00:56+	02:04+	00:51+	01:17+	00:37+	00:13+
01:55+	01:31+	00:21+	00:39+	00:32+	01:04+	00:27+	00:53+	00:35+	00:30+	00:46+	00:36+	01:03+	01:10+	00:21+	01:04+	00:55+	00:56+	02:04+	00:51+	01:17+	00:37+	00:13+
7	Kell Sønnichsen	Ok Pan										21:13										
01:53+	03:26+	03:45+	04:24+	04:59+	06:25+	06:50+	07:51+	08:29+	09:01+	09:52+	10:24+	11:30+	12:51+	13:14+	14:19+	15:16+	16:11+	18:16+	19:07+	20:24+	21:01+	21:13+
01:53+	01:33+	00:19+	00:39+	00:35+	01:26+	00:25+	01:01+	00:38+	00:32+	00:51+	00:32+	01:06+	01:21+	00:23+	01:05+	00:57+	00:55+	02:05+	00:51+	01:17+	00:37+	00:12+
01:53+	01:33+	00:19+	00:39+	00:35+	01:26+	00:25+	01:01+	00:38+	00:32+	00:51+	00:32+	01:06+	01:21+	00:23+	01:05+	00:57+	00:55+	02:05+	00:51+	01:17+	00:37+	00:12+
9	Kim B. Schmidt	1										21:41										
01:53+	03:46+	04:02+	04:43+	05:17+	06:28+	07:32+	08:13+	08:50+	09:18+	10:06+	10:39+	11:41+	12:55+	13:17+	14:16+	15:12+	16:06+	18:13+	19:21+	20:51+	21:30+	21:41+
01:53+	01:53+	00:16+	00:41+	00:34+	01:11+	01:04+	00:41+	00:37+	00:28+	00:48+	00:33+	01:02+	01:14+	00:22+	00:59+	00:56+	00:54+	02:07+	01:08+	01:30+	00:39+	00:11+
01:53+	01:53+	00:16+	00:41+	00:34+	01:11+	01:04+	00:41+	00:37+	00:28+	00:48+	00:33+	01:02+	01:14+	00:22+	00:59+	00:56+	00:54+	02:07+	01:08+	01:30+	00:39+	00:11+
10	Søren Flytkjær	AAO										21:51										
02:09+	03:45+	04:09+	04:48+	05:23+	06:34+	07:01+	07:45+	08:21+	08:51+	09:40+	10:24+	11:36+	13:03+	13:28+	14:32+	15:27+	16:28+	18:32+	19:55+	21:08+	21:39+	21:51+
02:09+	01:36+	00:24+	00:39+	00:35+	01:11+	00:27+	00:44+	00:36+	00:30+	00:49+	00:44+	01:12+	01:27+	00:25+	01:04+	00:55+	01:01+	02:04+	01:23+	01:13+	00:31+	00:12+
02:09+	01:36+	00:24+	00:39+	00:35+	01:11+	00:27+	00:44+	00:36+	00:30+	00:49+	00:44+	01:12+	01:27+	00:25+	01:04+	00:55+	01:01+	02:04+	01:23+	01:13+	00:31+	00:12+
11	Henrik Henriksen	2										22:43										
02:08+	03:35+	03:53+	04:34+	05:06+	06:15+	06:51+	07:57+	08:32+	09:00+	09:50+	10:25+	11:37+	13:06+	13:25+	14:22+	15:17+	16:45+	19:37+	20:39+	21:59+	22:30+	22:43+
02:08+	01:27+	00:18+	00:41+	00:32+	01:09+	00:36+	01:06+	00:35+	00:28+	00:50+	00:35+	01:12+	01:29+	00:19+	00:57+	00:55+	01:28+	02:52+	01:02+	01:20+	00:31+	00:13+
02:08+	01:27+	00:18+	00:41+	00:32+	01:09+	00:36+	01:06+	00:35+	00:28+	00:50+	00:35+	01:12+	01:29+	00:19+	00:57+	00:55+	01:28+	02:52+	01:02+	01:20+	00:31+	00:13+
12	Frank Dabelstein	AARO										22:58										
02:03+	03:49+	04:10+	04:48+	05:23+	06:36+	07:06+	07:52+	08:32+	09:05+	10:00+	10:41+	11:57+	13:30+	13:53+	15:02+	16:06+	17:04+	19:31+	20:20+	22:08+	22:44+	22:58+
02:03+	01:46+	00:21+	00:38+	00:35+	01:13+	00:30+	00:46+	00:40+	00:33+	00:55+	00:41+	01:16+	01:33+	00:23+	01:09+	01:04+	00:58+	02:27+	00:49+	01:48+	00:36+	00:14+
02:03+	01:46+	00:21+	00:38+	00:35+	01:13+	00:30+	00:46+	00:40+	00:33+	00:55+	00:41+	01:16+	01:33+	00:23+	01:09+	01:04+	00:58+	02:27+	00:49+	01:48+	00:36+	00:14+
13	Ricki Laursen	VOK										23:22										
02:15+	03:55+	04:19+	04:58+	05:27+	06:42+	07:23+	08:08+	08:47+	09:17+	10:06+	10:51+	11:59+	13:31+	13:52+	15:16+	16:12+	17:16+	19:27+	21:01+	22:38+	23:11+	23:22+
02:15+	01:40+	00:24+	00:39+	00:29+	01:15+	00:41+	00:45+	00:39+	00:30+	00:49+	00:45+	01:08+	01:32+	00:21+	01:24+	00:56+	01:04+	02:11+	01:34+	01:37+	00:33+	00:11+
02:15+	01:40+	00:24+	00:39+	00:29+	01:15+	00:41+	00:45+	00:39+	00:30+	00:49+	00:45+	01:08+	01:32+	00:21+	01:24+	00:56+	01:04+	02:11+	01:34+	01:37+	00:33+	00:11+
14	Lennart Bo Kristiansen	VOK										24:29										
02:20+	03:54+	04:13+	04:52+	05:24+	06:59+	07:26+	08:10+	08:51+	09:23+	10:16+	10:55+	12:52+	14:14+	14:34+	16:04+	17:03+	18:00+	20:14+	21:05+	23:19+	24:16+	24:29+
02:20+	01:34+	00:19+	00:39+	00:32+	01:35+	00:27+	00:44+	00:41+	00:32+	00:53+	00:39+	01:57+	01:22+	00:20+	01:30+	00:59+	00:57+	02:14+	00:51+	02:14+	00:57+	00:13+
02:20+	01:34+	00:19+	00:39+	00:32+	01:35+	00:27+	00:44+	00:41+	00:32+	00:53+	00:39+	01:57+	01:22+	00:20+	01:30+	00:59+	00:57+	02:14+	00:51+	02:14+	00:57+	00:13+
15	Henrik Andersen	AARO										24:41										
02:13+	03:50+	04:10+	04:48+	05:29+	06:42+	07:20+	08:05+	08:45+	09:57+	10:54+	11:35+	12:42+	14:30+	14:56+	16:09+	17:19+	18:20+	20:28+	21:51+	23:23+	24:28+	24:41+
02:13+	01:37+	00:20+	00:38+	00:41+	01:13+	00:38+	00:45+	00:40+	01:12+	00:57+	00:41+	01:07+	01:48+	00:26+	01:13+	01:10+	01:01+	02:08+	01:23+	01:32+	01:05+	00:13+
02:13+	01:37+	00:20+	00:38+	00:41+	01:13+	00:38+	00:45+	00:40+	01:12+	00:57+	00:41+	01:07+	01:48+	00:26+	01:13+	01:10+	01:01+	02:08+	01:23+	01:32+	01:05+	00:13+
16	Jan Kølback	AARO										24:48										
02:08+	03:49+	04:08+	04:58+	05:33+	06:49+	07:23+	08:26+	09:10+	09:45+	10:45+	11:30+	12:49+	14:08+	14:31+	15:42+	17:16+	18:17+	20:47+	22:13+	23:56+	24:35+	24:48+
02:08+	01:41+	00:19+	00:50+	00:35+	01:16+	00:34+	01:03+	00:44+	00:35+	01:00+	00:45+	01:19+	01:19+	00:23+	01:11+	01:34+	01:01+	02:30+	01:26+	01:43+	00:39+	00:13+
02:08+	01:41+	00:19+	00:50+	00:35+	01:16+	00:34+	01:03+	00:44+	00:35+	01:00+	00:45+	01:19+	01:19+	00:23+	01:11+	01:34+	01:01+	02:30+	01:26+	01:43+	00:39+	00:13+

Plass	Navn					Klasse					Tid												
H50																							
17	Kent Rene' Simonsen					VOK					24:52												
02:57+	04:35+	04:57+	05:53+	06:24+	07:32+	08:32+	09:15+	09:52+	10:21+	11:09+	12:47+	14:20+	15:30+	15:51+	17:20+	18:14+	19:16+	21:15+	22:30+	24:02+	24:37+	24:52+	
02:57+	01:38+	00:22+	00:56+	00:31+	01:08+	01:00+	00:43+	00:37+	00:29+	00:48+	01:38+	01:33+	01:10+	00:21+	01:29+	00:54+	01:02+	01:59+	01:15+	01:32+	00:35+	00:15+	
02:57+	01:38+	00:22+	00:56+	00:31+	01:08+	01:00+	00:43+	00:37+	00:29+	00:48+	01:38+	01:33+	01:10+	00:21+	01:29+	00:54+	01:02+	01:59+	01:15+	01:32+	00:35+	00:15+	
18	Zijad Cosic					AAO					25:09												
02:24+	04:13+	04:38+	05:16+	05:49+	07:04+	07:39+	08:59+	09:40+	10:26+	11:17+	11:58+	13:22+	14:56+	15:17+	16:37+	17:56+	19:03+	21:22+	22:45+	24:14+	24:56+	25:09+	
02:24+	01:49+	00:25+	00:38+	00:33+	01:15+	00:35+	01:20+	00:41+	00:46+	00:51+	00:41+	01:24+	01:34+	00:21+	01:20+	01:19+	01:07+	02:19+	01:23+	01:29+	00:42+	00:13+	
02:24+	01:49+	00:25+	00:38+	00:33+	01:15+	00:35+	01:20+	00:41+	00:46+	00:51+	00:41+	01:24+	01:34+	00:21+	01:20+	01:19+	01:07+	02:19+	01:23+	01:29+	00:42+	00:13+	
19	Jens Ozol					4					25:18												
02:21+	04:24+	04:48+	05:27+	06:05+	07:35+	08:13+	09:11+	09:55+	10:44+	11:43+	12:29+	14:03+	15:37+	16:04+	17:17+	18:20+	19:27+	21:51+	22:58+	24:23+	25:07+	25:18+	
02:21+	02:03+	00:24+	00:39+	00:38+	01:30+	00:38+	00:58+	00:44+	00:49+	00:59+	00:46+	01:34+	01:34+	00:27+	01:13+	01:03+	01:07+	02:24+	01:07+	01:25+	00:44+	00:11+	
02:21+	02:03+	00:24+	00:39+	00:38+	01:30+	00:38+	00:58+	00:44+	00:49+	00:59+	00:46+	01:34+	01:34+	00:27+	01:13+	01:03+	01:07+	02:24+	01:07+	01:25+	00:44+	00:11+	
20	Mick Brund Steenkjær					VJOK					25:59												
02:17+	03:56+	05:43+	06:18+	06:53+	08:08+	08:42+	09:25+	10:01+	10:39+	11:38+	12:26+	13:41+	14:59+	15:31+	16:38+	17:55+	19:14+	21:36+	23:21+	24:57+	25:44+	25:59+	
02:17+	01:39+	01:47+	00:35+	00:35+	01:15+	00:34+	00:43+	00:36+	00:38+	00:59+	00:48+	01:15+	01:18+	00:32+	01:07+	01:17+	01:19+	02:22+	01:45+	01:36+	00:47+	00:15+	
02:17+	01:39+	01:47+	00:35+	00:35+	01:15+	00:34+	00:43+	00:36+	00:38+	00:59+	00:48+	01:15+	01:18+	00:32+	01:07+	01:17+	01:19+	02:22+	01:45+	01:36+	00:47+	00:15+	
21	Per Mønster Jørgensen					2					26:01												
02:16+	04:05+	04:30+	05:06+	05:42+	06:55+	07:37+	08:28+	10:40+	11:11+	12:01+	12:43+	13:58+	15:32+	15:53+	16:55+	18:00+	19:08+	21:29+	22:26+	24:48+	25:46+	26:01+	
02:16+	01:49+	00:25+	00:36+	00:36+	01:13+	00:42+	00:51+	02:12+	00:31+	00:50+	00:42+	01:15+	01:34+	00:21+	01:02+	01:05+	01:08+	02:21+	00:57+	02:22+	00:58+	00:15+	
02:16+	01:49+	00:25+	00:36+	00:36+	01:13+	00:42+	00:51+	02:12+	00:31+	00:50+	00:42+	01:15+	01:34+	00:21+	01:02+	01:05+	01:08+	02:21+	00:57+	02:22+	00:58+	00:15+	
22	Christian Biering					4					26:07												
02:10+	03:51+	04:12+	04:58+	05:34+	06:47+	07:35+	08:21+	09:08+	09:44+	10:37+	11:23+	12:44+	14:08+	14:33+	16:26+	17:46+	18:59+	21:49+	23:05+	25:03+	25:50+	26:07+	
02:10+	01:41+	00:21+	00:46+	00:36+	01:13+	00:48+	00:46+	00:47+	00:36+	00:53+	00:46+	01:21+	01:24+	00:25+	01:53+	01:20+	01:13+	02:50+	01:16+	01:58+	00:47+	00:17+	
02:10+	01:41+	00:21+	00:46+	00:36+	01:13+	00:48+	00:46+	00:47+	00:36+	00:53+	00:46+	01:21+	01:24+	00:25+	01:53+	01:20+	01:13+	02:50+	01:16+	01:58+	00:47+	00:17+	
23	Ole Jensen					MFOK					26:16												
01:53+	03:21+	03:40+	04:22+	04:53+	06:00+	07:01+	07:45+	08:28+	09:00+	09:53+	10:29+	12:30+	14:26+	14:49+	16:04+	16:58+	20:11+	22:15+	24:20+	25:33+	26:04+	26:16+	
01:53+	01:28+	00:19+	00:42+	00:31+	01:07+	01:01+	00:44+	00:43+	00:32+	00:53+	00:36+	02:01+	01:56+	00:23+	01:15+	00:54+	03:13+	02:04+	02:05+	01:13+	00:31+	00:12+	
01:53+	01:28+	00:19+	00:42+	00:31+	01:07+	01:01+	00:44+	00:43+	00:32+	00:53+	00:36+	02:01+	01:56+	00:23+	01:15+	00:54+	03:13+	02:04+	02:05+	01:13+	00:31+	00:12+	
24	Thomas Lindschouw					AAO					26:38												
02:31+	04:20+	04:41+	05:26+	06:09+	07:41+	08:17+	09:11+	10:05+	10:43+	11:54+	12:42+	14:04+	15:48+	16:19+	17:33+	18:53+	20:06+	22:50+	23:53+	25:33+	26:20+	26:38+	
02:31+	01:49+	00:21+	00:45+	00:43+	01:32+	00:36+	00:54+	00:54+	00:38+	01:11+	00:48+	01:22+	01:44+	00:31+	01:14+	01:20+	01:13+	02:44+	01:03+	01:40+	00:47+	00:18+	
02:31+	01:49+	00:21+	00:45+	00:43+	01:32+	00:36+	00:54+	00:54+	00:38+	01:11+	00:48+	01:22+	01:44+	00:31+	01:14+	01:20+	01:13+	02:44+	01:03+	01:40+	00:47+	00:18+	
25	Thomas Damm Als					Ok Pan					26:58												
02:14+	04:01+	04:26+	05:15+	05:51+	07:31+	08:06+	08:58+	09:48+	10:25+	11:29+	12:14+	13:37+	15:11+	15:38+	16:52+	18:01+	20:18+	23:06+	24:07+	26:04+	26:46+	26:58+	
02:14+	01:47+	00:25+	00:49+	00:36+	01:40+	00:35+	00:52+	00:50+	00:37+	01:04+	00:45+	01:23+	01:34+	00:27+	01:14+	01:09+	02:17+	02:48+	01:01+	01:57+	00:42+	00:12+	
02:14+	01:47+	00:25+	00:49+	00:36+	01:40+	00:35+	00:52+	00:50+	00:37+	01:04+	00:45+	01:23+	01:34+	00:27+	01:14+	01:09+	02:17+	02:48+	01:01+	01:57+	00:42+	00:12+	
26	Henning Mindstruplund					2					27:29												
02:44+	05:23+	05:46+	06:40+	07:21+	08:43+	09:12+	10:12+	11:49+	12:20+	13:17+	13:57+	15:13+	16:40+	17:06+	18:18+	19:27+	20:36+	23:07+	24:15+	26:34+	27:12+	27:29+	
02:44+	02:39+	00:23+	00:54+	00:41+	01:22+	00:29+	01:00+	01:37+	00:31+	00:57+	00:40+	01:16+	01:27+	00:26+	01:12+	01:09+	01:09+	02:31+	01:08+	02:19+	00:38+	00:17+	
02:44+	02:39+	00:23+	00:54+	00:41+	01:22+	00:29+	01:00+	01:37+	00:31+	00:57+	00:40+	01:16+	01:27+	00:26+	01:12+	01:09+	01:09+	02:31+	01:08+	02:19+	00:38+	00:17+	
27	Morten Frederiksen					KASKI					29:31												
03:17+	05:22+	07:48+	08:26+	10:16+	11:23+	12:25+	13:06+	13:45+	14:21+	15:19+	16:04+	17:12+	18:29+	18:51+	19:58+	21:01+	22:14+	24:23+	27:16+	28:39+	29:20+	29:31+	
03:17+	02:05+	02:26+	00:38+	01:50+	01:07+	01:02+	00:41+	00:39+	00:36+	00:58+	00:45+	01:08+	01:17+	00:22+	01:07+	01:03+	01:13+	02:09+	02:53+	01:23+	00:41+	00:11+	
03:17+	02:05+	02:26+	00:38+	01:50+	01:07+	01:02+	00:41+	00:39+	00:36+	00:58+	00:45+	01:08+	01:17+	00:22+	01:07+	01:03+	01:13+	02:09+	02:53+	01:23+	00:41+	00:11+	
28	Jan Hauerslev					Ok Pan					30:05												
02:01+	04:06+	04:27+	05:15+	05:55+	07:19+	08:11+	09:09+	10:32+	11:09+	12:16+	13:06+	14:56+	16:38+	18:10+	18:34+	21:26+	22:40+	23:40+	26:04+	27:11+	29:16+	29:51+	30:05+
02:01+	02:05+	00:21+	00:48+	00:40+	01:24+	00:52+	00:58+	01:23+	00:37+	01:07+	00:50+	01:50+	01:42+	01:32+	00:24+	02:52+	01:14+	01:00+	02:24+	01:07+	02:05+	00:35+	00:14+
02:01+	02:05+	00:21+	00:48+	00:40+	01:24+	00:52+	00:58+	01:23+	00:37+	01:07+	00:50+	01:50+	01:42+	01:32+	00:24+	02:52+	01:14+	01:00+	02:24+	01:07+	02:05+	00:35+	00:14+

Plass	Navn	Klasse										Tid										
H50																						
29	Gert Rebsdorf	MFOK										31:57										
02:47+	05:08+	05:43+	06:36+	07:34+	09:26+	10:47+	11:45+	13:02+	13:42+	14:51+	15:42+	17:40+	19:33+	20:00+	21:45+	23:04+	24:21+	27:10+	28:29+	30:36+	31:40+	31:57+
02:47+	02:21+	00:35+	00:53+	00:58+	01:52+	01:21+	00:58+	01:17+	00:40+	01:09+	00:51+	01:58+	01:53+	00:27+	01:45+	01:19+	01:17+	02:49+	01:19+	02:07+	01:04+	00:17+
02:47+	02:21+	00:35+	00:53+	00:58+	01:52+	01:21+	00:58+	01:17+	00:40+	01:09+	00:51+	01:58+	01:53+	00:27+	01:45+	01:19+	01:17+	02:49+	01:19+	02:07+	01:04+	00:17+
30	Ulrik Sørensen	MFOK										36:52										
07:25+	09:10+	10:58+	11:55+	12:30+	13:52+	14:36+	15:32+	16:23+	16:59+	18:20+	19:05+	20:50+	22:53+	23:20+	24:34+	25:53+	29:26+	32:13+	33:41+	35:53+	36:39+	36:52+
07:25+	01:45+	01:48+	00:57+	00:35+	01:22+	00:44+	00:56+	00:51+	00:36+	01:21+	00:45+	01:45+	02:03+	00:27+	01:14+	01:19+	03:33+	02:47+	01:28+	02:12+	00:46+	00:13+
07:25+	01:45+	01:48+	00:57+	00:35+	01:22+	00:44+	00:56+	00:51+	00:36+	01:21+	00:45+	01:45+	02:03+	00:27+	01:14+	01:19+	03:33+	02:47+	01:28+	02:12+	00:46+	00:13+
31	Helmut Hilden	RSOK										43:21										
03:05+	05:31+	05:55+	06:39+	07:34+	09:38+	10:23+	17:58+	19:03+	20:04+	21:11+	22:14+	24:43+	26:37+	27:08+	28:33+	29:56+	31:18+	34:33+	36:39+	42:25+	42:59+	43:21+
03:05+	02:26+	00:24+	00:44+	00:55+	02:04+	00:45+	07:35+	01:05+	01:01+	01:07+	01:03+	02:29+	01:54+	00:31+	01:25+	01:23+	01:22+	03:15+	02:06+	05:46+	00:34+	00:22+
03:05+	02:26+	00:24+	00:44+	00:55+	02:04+	00:45+	07:35+	01:05+	01:01+	01:07+	01:03+	02:29+	01:54+	00:31+	01:25+	01:23+	01:22+	03:15+	02:06+	05:46+	00:34+	00:22+
Beste stræktid for klassen																						
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.																						
H60																						
1	Morten Kjær	4										22:46										
01:12=	02:59=	03:44=	04:27=	05:28=	06:07=	07:12=	08:07=	09:36=	10:23=	10:35=	11:44=	12:33=	13:36=	16:09=	18:08=	20:53=	21:25=	22:30=	22:46=			
01:12=	01:47=	00:45=	00:43=	01:01=	00:39=	01:05=	00:55=	01:29=	00:47=	00:12=	01:09=	00:49=	01:03=	02:33=	01:59=	02:45=	00:32=	01:05=	00:16=			
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=			
2	Kim Gottlieb	1										22:49										
01:19+	03:08+	03:59+	04:45+	05:37+	06:22+	07:25+	08:30+	09:41+	10:41+	10:53+	11:58+	12:54+	14:08+	16:24+	18:18+	21:02+	21:28+	22:34+	22:49+			
01:19+	01:49+	00:51+	00:46+	00:52-	00:45+	01:03-	01:05+	01:11-	01:00+	00:12=	01:05-	00:56+	01:14+	02:16-	01:54-	02:44-	00:26-	01:06+	00:15-			
00:07+	00:02+	00:06#	00:03+	00:09-	00:06#	00:02-	00:10#	00:18-	00:13&	00:00=	00:04-	00:07#	00:11#	00:17-	00:05-	00:01-	00:06-	00:01+	00:01-			
3	Jørgen Bruun	RSOK										23:14										
01:09-	02:57-	04:13+	05:06+	05:56+	06:40+	07:36+	08:38+	09:40+	10:23=	10:44+	11:39-	12:38+	13:50+	17:13+	18:54+	21:28+	21:58+	23:00+	23:14+			
01:09-	01:48+	01:16+	00:53+	00:50-	00:44+	00:56-	01:02+	01:02-	00:43-	00:21+	00:55-	00:59+	01:12+	03:23+	01:41-	02:34-	00:30-	01:02-	00:14-			
00:03-	00:01+	00:31&	00:10#	00:11-	00:05#	00:09-	00:07#	00:27-	00:04-	00:09&	00:14-	00:10#	00:09#	00:50&	00:18-	00:11-	00:02-	00:03-	00:02-			
4	Søren Bak	AAO										23:39										
01:07-	02:53-	03:41-	04:29+	05:13-	05:56-	07:06-	08:44+	09:48+	10:53+	11:11+	12:11+	13:06+	14:14+	16:50+	18:50+	21:43+	22:14+	23:26+	23:39+			
01:07-	01:46-	00:48+	00:48+	00:44-	00:43+	01:10+	01:38+	01:04-	01:05+	00:18+	01:00-	00:55+	01:08+	02:36+	02:00+	02:53+	00:31-	01:12+	00:13-			
00:05-	00:01-	00:03+	00:05#	00:17-	00:04#	00:05+	00:43&	00:25-	00:18&	00:06&	00:09-	00:06#	00:05+	00:03+	00:01+	00:08+	00:01-	00:07#	00:03-			
5	Niels Stadel	4										24:17										
01:12=	03:12+	03:58+	04:44+	05:33+	06:23+	07:32+	08:26+	10:03+	11:04+	11:19+	11:31-	12:31-	13:26-	14:31-	17:23-	19:19-	22:21+	22:50+	24:03+	24:17+		
01:12=	02:00+	00:46+	00:46+	00:49-	00:50+	01:09+	00:54-	01:37+	01:01+	00:15+	00:12-	01:00+	00:55-	01:05-	02:52+	01:56-	03:02+	00:29-	01:13+	00:14+		
00:00=	00:13#	00:01+	00:03+	00:12-	00:11&	00:04+	00:01-	00:08+	00:14&	00:03#	00:57-	00:11#	00:08-	01:28-	00:53&	00:49-	02:30@	00:36-	00:57@	00:14+		
6	Keld Gade	VOK										24:36										
01:16+	03:16+	04:19+	05:08+	05:59+	06:46+	07:52+	09:02+	10:21+	11:13+	11:30+	12:37+	13:49+	14:58+	17:16+	19:20+	22:54+	23:24+	24:24+	24:36+			
01:16+	02:00+	01:03+	00:49+	00:51-	00:47+	01:06+	01:10+	01:19-	00:52+	00:17+	01:07-	01:12+	01:09+	02:18-	02:04+	03:34+	00:30-	01:00-	00:12-			
00:04+	00:13#	00:18&	00:06#	00:10-	00:08#	00:01+	00:15&	00:10-	00:05#	00:05&	00:02-	00:23&	00:06+	00:15-	00:05+	00:49&	00:02-	00:05-	00:04-			
7	Stig Barret	VOK										24:37										
01:17+	03:11+	04:16+	05:02+	05:51+	06:32+	07:37+	08:52+	09:58+	10:52+	11:07+	13:38+	14:38+	15:44+	18:06+	19:59+	22:44+	23:15+	24:23+	24:37+			
01:17+	01:54+	01:05+	00:46+	00:49-	00:41+	01:05=	01:15+	01:06-	00:54+	00:15+	02:31+	01:00+	01:06+	02:22-	01:53-	02:45=	00:31-	01:08+	00:14-			
00:05+	00:07+	00:20&	00:03+	00:12-	00:02+	00:00=	00:20&	00:23-	00:07#	00:03#	01:22@	00:11#	00:03+	00:11-	00:06-	00:00=	00:01-	00:03+	00:02-			

Plass	Navn	Klasse								Tid										
H60																				
8	Mogens Vennevold	VJOK								26:16										
01:28+	03:25+	04:16+	05:24+	06:44+	07:44+	08:54+	10:15+	11:11+	12:12+	12:37+	13:53+	14:44+	15:54+	19:57+	21:51+	24:20+	24:52+	26:03+	26:16+	
01:28+	01:57+	00:51+	01:08+	01:20+	01:00+	01:10+	00:51+	00:56-	01:01+	00:25+	01:16+	00:51+	01:10+	04:03+	01:54-	02:29-	00:32=	01:11+	00:13-	
00:16#	00:10+	00:06#	00:25&	00:19&	00:21&	00:05+	00:26&	00:33-	00:14&	00:13@	00:07#	00:02+	00:07#	01:30&	00:05-	00:16-	00:00=	00:06+	00:03-	
9	Anker Møller	4								26:42										
01:26+	04:06+	04:54+	05:47+	06:42+	07:25+	08:30+	09:37+	10:46+	12:13+	12:28+	13:31+	14:29+	16:36+	19:35+	22:02+	24:57+	25:27+	26:30+	26:42+	
01:26+	02:40+	00:48+	00:53+	00:55+	00:43+	01:05+	01:07+	01:09+	01:27+	00:15+	01:03+	00:58+	02:07+	02:59+	02:27+	02:55+	00:30+	01:03+	00:12+	
01:26+	02:40+	00:48+	00:53+	00:55+	00:43+	01:05+	01:07+	01:09+	01:27+	00:15+	01:03+	00:58+	02:07+	02:59+	02:27+	02:55+	00:30+	01:03+	00:12+	
10	Arne Moe Jensen	VOK								27:46										
01:17+	03:42+	04:58+	05:50+	07:05+	07:50+	08:59+	10:14+	11:22+	12:19+	12:41+	13:52+	15:09+	16:33+	19:43+	21:40+	25:36+	26:18+	27:30+	27:46+	
01:17+	02:25+	01:16+	00:52+	01:15+	00:45+	01:09+	01:15+	01:08+	00:57+	00:22+	01:11+	01:17+	01:24+	03:10+	01:57+	03:56+	00:42+	01:12+	00:16+	
01:17+	02:25+	01:16+	00:52+	01:15+	00:45+	01:09+	01:15+	01:08+	00:57+	00:22+	01:11+	01:17+	01:24+	03:10+	01:57+	03:56+	00:42+	01:12+	00:16+	
11	Søren Munthe	MFOK								27:51										
01:18+	03:30+	04:34+	05:29+	06:24+	07:16+	08:37+	10:38+	11:57+	13:02+	13:30+	14:44+	15:43+	17:10+	19:51+	22:09+	25:34+	26:12+	27:34+	27:51+	
01:18+	02:12+	01:04+	00:55+	00:55+	00:52+	01:21+	02:01+	01:19+	01:05+	00:28+	01:14+	00:59+	01:27+	02:41+	02:18+	03:25+	00:38+	01:22+	00:17+	
01:18+	02:12+	01:04+	00:55+	00:55+	00:52+	01:21+	02:01+	01:19+	01:05+	00:28+	01:14+	00:59+	01:27+	02:41+	02:18+	03:25+	00:38+	01:22+	00:17+	
12	Lars Tinsfeldt	AARO								28:09										
01:41+	03:51+	05:06+	06:07+	07:05+	07:58+	09:05+	10:48+	11:56+	13:09+	13:31+	15:09+	16:18+	17:50+	21:19+	23:11+	26:12+	26:49+	27:55+	28:09+	
01:41+	02:10+	01:15+	01:01+	00:58+	00:53+	01:07+	01:43+	01:08+	01:13+	00:22+	01:38+	01:09+	01:32+	03:29+	01:52+	03:01+	00:37+	01:06+	00:14+	
01:41+	02:10+	01:15+	01:01+	00:58+	00:53+	01:07+	01:43+	01:08+	01:13+	00:22+	01:38+	01:09+	01:32+	03:29+	01:52+	03:01+	00:37+	01:06+	00:14+	
13	Erik Flarup	KASKI								28:11										
02:15+	04:26+	05:27+	06:33+	07:33+	08:23+	09:34+	10:52+	12:54+	13:49+	14:04+	15:22+	16:21+	17:38+	20:22+	22:30+	25:53+	26:27+	27:55+	28:11+	
02:15+	02:11+	01:01+	01:06+	01:00+	00:50+	01:11+	01:18+	02:02+	00:55+	00:15+	01:18+	00:59+	01:17+	02:44+	02:08+	03:23+	00:34+	01:28+	00:16+	
02:15+	02:11+	01:01+	01:06+	01:00+	00:50+	01:11+	01:18+	02:02+	00:55+	00:15+	01:18+	00:59+	01:17+	02:44+	02:08+	03:23+	00:34+	01:28+	00:16+	
14	Finn Rosenqvist	AAO								28:28										
01:24+	03:53+	04:45+	05:34+	07:45+	08:35+	10:03+	11:35+	12:54+	14:00+	14:17+	15:22+	16:27+	17:42+	21:12+	23:13+	26:31+	27:07+	28:15+	28:28+	
01:24+	02:29+	00:52+	00:49+	02:11+	00:50+	01:28+	01:32+	01:19+	01:06+	00:17+	01:05+	01:05+	01:15+	03:30+	02:01+	03:18+	00:36+	01:08+	00:13+	
01:24+	02:29+	00:52+	00:49+	02:11+	00:50+	01:28+	01:32+	01:19+	01:06+	00:17+	01:05+	01:05+	01:15+	03:30+	02:01+	03:18+	00:36+	01:08+	00:13+	
15	Michael Straube	2								28:37										
01:18+	03:31+	04:57+	05:49+	06:39+	07:17+	08:05+	09:09+	10:26+	11:38+	12:44+	12:59+	13:58+	14:53+	17:40+	20:11+	22:09+	25:09+	27:05+	28:20+	28:37+
01:18+	02:13+	01:26+	00:52+	00:50+	00:38+	00:48+	01:04+	01:17+	01:12+	01:06+	00:15+	00:59+	00:55+	02:47+	02:31+	01:58+	03:00+	01:56+	01:15+	00:17+
01:18+	02:13+	01:26+	00:52+	00:50+	00:38+	00:48+	01:04+	01:17+	01:12+	01:06+	00:15+	00:59+	00:55+	02:47+	02:31+	01:58+	03:00+	01:56+	01:15+	00:17+
16	Vagn Pedersen	AARO								29:12										
01:19+	03:28+	04:43+	05:56+	06:53+	07:47+	09:02+	10:23+	11:32+	12:31+	12:46+	13:58+	15:06+	16:50+	20:36+	22:56+	26:57+	27:33+	28:56+	29:12+	
01:19+	02:09+	01:15+	01:13+	00:57+	00:54+	01:15+	01:21+	01:09+	00:59+	00:15+	01:12+	01:08+	01:44+	03:46+	02:20+	04:01+	00:36+	01:23+	00:16+	
01:19+	02:09+	01:15+	01:13+	00:57+	00:54+	01:15+	01:21+	01:09+	00:59+	00:15+	01:12+	01:08+	01:44+	03:46+	02:20+	04:01+	00:36+	01:23+	00:16+	
17	Frank Krog Jensen	2								29:49										
01:39+	03:51+	04:52+	06:09+	07:15+	08:06+	09:26+	12:23+	13:37+	14:50+	15:09+	16:19+	17:27+	19:32+	22:46+	24:52+	27:53+	28:27+	29:37+	29:49+	
01:39+	02:12+	01:01+	01:17+	01:06+	00:51+	01:20+	02:57+	01:14+	01:13+	00:19+	01:10+	01:08+	02:05+	03:14+	02:06+	03:01+	00:34+	01:10+	00:12+	
01:39+	02:12+	01:01+	01:17+	01:06+	00:51+	01:20+	02:57+	01:14+	01:13+	00:19+	01:10+	01:08+	02:05+	03:14+	02:06+	03:01+	00:34+	01:10+	00:12+	
18	Gert Bertel	KASKI								30:23										
01:31+	04:07+	05:36+	06:50+	07:56+	08:44+	09:58+	11:42+	13:00+	14:25+	14:45+	16:06+	17:31+	19:13+	22:26+	25:00+	28:20+	28:53+	30:10+	30:23+	
01:31+	02:36+	01:29+	01:14+	01:06+	00:48+	01:14+	01:44+	01:18+	01:25+	00:20+	01:21+	01:25+	01:42+	03:13+	02:34+	03:20+	00:33+	01:17+	00:13+	
01:31+	02:36+	01:29+	01:14+	01:06+	00:48+	01:14+	01:44+	01:18+	01:25+	00:20+	01:21+	01:25+	01:42+	03:13+	02:34+	03:20+	00:33+	01:17+	00:13+	
19	Per Korsbæk	MFOK								30:23										
01:30+	03:59+	05:01+	06:05+	07:05+	07:55+	09:13+	10:36+	11:53+	13:26+	13:43+	14:53+	16:05+	17:30+	20:16+	24:33+	27:33+	28:42+	30:08+	30:23+	
01:30+	02:29+	01:02+	01:04+	01:00+	00:50+	01:18+	01:23+	01:17+	01:33+	00:17+	01:10+	01:12+	01:25+	02:46+	04:17+	03:00+	01:09+	01:26+	00:15+	
01:30+	02:29+	01:02+	01:04+	01:00+	00:50+	01:18+	01:23+	01:17+	01:33+	00:17+	01:10+	01:12+	01:25+	02:46+	04:17+	03:00+	01:09+	01:26+	00:15+	

Plass	Navn					Klasse					Tid									
H60																				
20	Jan Lauge Kristensen					KASKI					30:39									
01:21+	04:07+	05:35+	06:40+	07:44+	08:31+	09:51+	11:14+	12:37+	13:55+	14:15+	15:28+	16:40+	18:47+	21:32+	23:57+	28:17+	28:57+	30:21+	30:39+	
01:21+	02:46+	01:28+	01:05+	01:04+	00:47+	01:20+	01:23+	01:23+	01:18+	00:20+	01:13+	01:12+	02:07+	02:45+	02:25+	04:20+	00:40+	01:24+	00:18+	
01:21+	02:46+	01:28+	01:05+	01:04+	00:47+	01:20+	01:23+	01:23+	01:18+	00:20+	01:13+	01:12+	02:07+	02:45+	02:25+	04:20+	00:40+	01:24+	00:18+	
21	Ole Gjøderum					AARO					30:43									
01:27+	03:31+	04:44+	05:39+	06:40+	07:29+	08:40+	10:33+	12:35+	13:40+	14:00+	15:14+	16:21+	17:48+	21:36+	24:06+	27:58+	28:39+	30:25+	30:43+	
01:27+	02:04+	01:13+	00:55+	01:01+	00:49+	01:11+	01:53+	02:02+	01:05+	00:20+	01:14+	01:07+	01:27+	03:48+	02:30+	03:52+	00:41+	01:46+	00:18+	
01:27+	02:04+	01:13+	00:55+	01:01+	00:49+	01:11+	01:53+	02:02+	01:05+	00:20+	01:14+	01:07+	01:27+	03:48+	02:30+	03:52+	00:41+	01:46+	00:18+	
22	Poul Erik Christensen					2					31:38									
01:39+	04:28+	06:16+	07:19+	08:31+	09:25+	11:15+	12:44+	13:54+	16:26+	16:51+	18:03+	19:12+	21:00+	24:15+	26:19+	29:28+	30:01+	31:24+	31:38+	
01:39+	02:49+	01:48+	01:03+	01:12+	00:54+	01:50+	01:29+	01:10+	02:32+	00:25+	01:12+	01:09+	01:48+	03:15+	02:04+	03:09+	00:33+	01:23+	00:14+	
01:39+	02:49+	01:48+	01:03+	01:12+	00:54+	01:50+	01:29+	01:10+	02:32+	00:25+	01:12+	01:09+	01:48+	03:15+	02:04+	03:09+	00:33+	01:23+	00:14+	
23	Henrik Dagsberg					Ok Pan					33:13									
01:21+	03:49+	04:48+	05:51+	06:54+	07:52+	09:14+	11:01+	12:46+	13:51+	14:08+	15:26+	17:00+	18:35+	22:29+	26:56+	30:30+	31:10+	32:58+	33:13+	
01:21+	02:28+	00:59+	01:03+	01:03+	00:58+	01:22+	01:47+	01:45+	01:05+	00:17+	01:18+	01:34+	01:35+	03:54+	04:27+	03:34+	00:40+	01:48+	00:15+	
01:21+	02:28+	00:59+	01:03+	01:03+	00:58+	01:22+	01:47+	01:45+	01:05+	00:17+	01:18+	01:34+	01:35+	03:54+	04:27+	03:34+	00:40+	01:48+	00:15+	
24	Frode Mogensen					MFOK					40:40									
02:08+	07:39+	09:29+	10:49+	13:15+	14:28+	16:11+	17:54+	19:39+	21:19+	21:43+	23:36+	25:22+	27:44+	30:33+	33:48+	37:55+	38:38+	40:18+	40:40+	
02:08+	05:31+	01:50+	01:20+	02:26+	01:13+	01:43+	01:43+	01:45+	01:40+	00:24+	01:53+	01:46+	02:22+	02:49+	03:15+	04:07+	00:43+	01:40+	00:22+	
02:08+	05:31+	01:50+	01:20+	02:26+	01:13+	01:43+	01:43+	01:45+	01:40+	00:24+	01:53+	01:46+	02:22+	02:49+	03:15+	04:07+	00:43+	01:40+	00:22+	
25	Erik Warncke					2					42:10									
01:12+	08:07+	09:24+	10:33+	12:41+	13:29+	14:55+	17:10+	19:38+	20:51+	21:10+	22:18+	23:21+	24:54+	31:32+	33:58+	39:39+	40:14+	41:54+	42:10+	
01:12+	06:55+	01:17+	01:09+	02:08+	00:48+	01:26+	02:15+	02:28+	01:13+	00:19+	01:08+	01:03+	01:33+	06:38+	02:26+	05:41+	00:35+	01:40+	00:16+	
01:12+	06:55+	01:17+	01:09+	02:08+	00:48+	01:26+	02:15+	02:28+	01:13+	00:19+	01:08+	01:03+	01:33+	06:38+	02:26+	05:41+	00:35+	01:40+	00:16+	
26	Leo Jespersen					KASKI					43:45									
01:50+	05:04+	06:22+	07:20+	08:34+	09:46+	11:26+	17:38+	19:46+	21:09+	21:31+	23:14+	25:02+	27:19+	32:40+	35:29+	40:33+	41:26+	43:18+	43:45+	
01:50+	03:14+	01:18+	00:58+	01:14+	01:12+	01:40+	06:12+	02:08+	01:23+	00:22+	01:43+	01:48+	02:17+	05:21+	02:49+	05:04+	00:53+	01:52+	00:27+	
01:50+	03:14+	01:18+	00:58+	01:14+	01:12+	01:40+	06:12+	02:08+	01:23+	00:22+	01:43+	01:48+	02:17+	05:21+	02:49+	05:04+	00:53+	01:52+	00:27+	
27	Torben Sørensen					2					43:48									
02:17+	04:36+	06:32+	09:24+	10:59+	11:52+	13:02+	15:00+	17:20+	19:01+	19:41+	21:00+	22:13+	24:55+	31:48+	34:27+	40:14+	42:18+	43:34+	43:48+	
02:17+	02:19+	01:56+	02:52+	01:35+	00:53+	01:10+	01:58+	02:20+	01:41+	00:40+	01:19+	01:13+	02:42+	06:53+	02:39+	05:47+	02:04+	01:16+	00:14+	
02:17+	02:19+	01:56+	02:52+	01:35+	00:53+	01:10+	01:58+	02:20+	01:41+	00:40+	01:19+	01:13+	02:42+	06:53+	02:39+	05:47+	02:04+	01:16+	00:14+	
28	Helge Søgaard					RSOK					44:24									
02:28+	05:52+	07:24+	09:02+	10:36+	11:58+	13:58+	17:49+	19:19+	20:56+	21:19+	23:14+	25:03+	26:54+	31:23+	35:01+	40:48+	41:56+	43:57+	44:24+	
02:28+	03:24+	01:32+	01:38+	01:34+	01:22+	02:00+	03:51+	01:30+	01:37+	00:23+	01:55+	01:49+	01:51+	04:29+	03:38+	05:47+	01:08+	02:01+	00:27+	
02:28+	03:24+	01:32+	01:38+	01:34+	01:22+	02:00+	03:51+	01:30+	01:37+	00:23+	01:55+	01:49+	01:51+	04:29+	03:38+	05:47+	01:08+	02:01+	00:27+	
29	Jens Søndergaard					RSOK					48:24									
01:36+	10:55+	12:19+	13:26+	14:42+	15:49+	17:55+	20:16+	21:43+	23:16+	24:12+	25:56+	27:27+	29:54+	35:06+	39:06+	45:54+	46:33+	48:00+	48:24+	
01:36+	09:19+	01:24+	01:07+	01:16+	01:07+	02:06+	02:21+	01:27+	01:33+	00:56+	01:44+	01:31+	02:27+	05:12+	04:00+	06:48+	00:39+	01:27+	00:24+	
01:36+	09:19+	01:24+	01:07+	01:16+	01:07+	02:06+	02:21+	01:27+	01:33+	00:56+	01:44+	01:31+	02:27+	05:12+	04:00+	06:48+	00:39+	01:27+	00:24+	

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H70

Plass	Navn	Klasse										Tid									
H70																					
1	Poul Bobach					AAO					21:58										
02:02=	04:14=	04:54=	05:48=	07:07=	07:25=	08:13=	08:38=	10:05=	10:19=	11:02=	12:19=	13:20=	14:32=	15:20=	16:56=	17:26=	19:57=	21:07=	21:44=	21:58=	
02:02=	02:12=	00:40=	00:54=	01:19=	00:18=	00:48=	00:25=	01:27=	00:14=	00:43=	01:17=	01:01=	01:12=	00:48=	01:36=	00:30=	02:31=	01:10=	00:37=	00:14=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Jørgen Münster-Swendsen					4					22:02										
02:09+	04:12+	04:52+	05:41+	06:54+	07:19+	08:08+	08:39+	10:04+	10:20+	11:13+	12:25+	13:40+	14:48+	15:35+	17:00+	17:27+	19:45+	21:10+	21:49+	22:02+	
02:09+	02:03+	00:40+	00:49+	01:13+	00:25+	00:49+	00:31+	01:25+	00:16+	00:53+	01:12+	01:15+	01:08+	00:47+	01:25+	00:27+	02:18+	01:25+	00:39+	00:13+	
02:09+	02:03+	00:40+	00:49+	01:13+	00:25+	00:49+	00:31+	01:25+	00:16+	00:53+	01:12+	01:15+	01:08+	00:47+	01:25+	00:27+	02:18+	01:25+	00:39+	00:13+	
3	Kaj Kaspersen					1					23:17										
01:57+	04:01+	04:32+	05:04+	05:48+	07:04+	07:22+	08:06+	08:26+	09:55+	10:54+	11:34+	12:39+	13:39+	14:40+	15:25+	16:49+	17:11+	20:00+	22:01+	23:05+	23:17+
01:57+	02:04+	00:31+	00:32+	00:44+	01:16+	00:18+	00:44+	00:20+	01:29+	00:59+	00:40+	01:05+	01:00+	01:01+	00:45+	01:24+	00:22+	02:49+	02:01+	01:04+	00:12+
01:57+	02:04+	00:31+	00:32+	00:44+	01:16+	00:18+	00:44+	00:20+	01:29+	00:59+	00:40+	01:05+	01:00+	01:01+	00:45+	01:24+	00:22+	02:49+	02:01+	01:04+	00:12+
4	Steen Frandsen					VOK					23:49										
02:09+	04:39+	05:18+	06:28+	07:50+	08:11+	09:04+	09:28+	11:06+	11:27+	12:13+	13:40+	14:45+	16:08+	17:01+	18:35+	19:09+	21:32+	22:52+	23:33+	23:49+	
02:09+	02:30+	00:39+	01:10+	01:22+	00:21+	00:53+	00:24+	01:38+	00:21+	00:46+	01:27+	01:05+	01:23+	00:53+	01:34+	00:34+	02:23+	01:20+	00:41+	00:16+	
02:09+	02:30+	00:39+	01:10+	01:22+	00:21+	00:53+	00:24+	01:38+	00:21+	00:46+	01:27+	01:05+	01:23+	00:53+	01:34+	00:34+	02:23+	01:20+	00:41+	00:16+	
5	Jørgen Jørgensen					4					25:08										
02:17+	04:28+	05:09+	06:01+	07:18+	07:44+	08:53+	09:17+	10:43+	11:00+	11:47+	13:17+	14:34+	15:48+	17:15+	19:45+	20:11+	22:41+	24:01+	24:51+	25:08+	
02:17+	02:11+	00:41+	00:52+	01:17+	00:26+	01:09+	00:24+	01:26+	00:17+	00:47+	01:30+	01:17+	01:14+	01:27+	02:30+	00:26+	02:30+	01:20+	00:50+	00:17+	
02:17+	02:11+	00:41+	00:52+	01:17+	00:26+	01:09+	00:24+	01:26+	00:17+	00:47+	01:30+	01:17+	01:14+	01:27+	02:30+	00:26+	02:30+	01:20+	00:50+	00:17+	
6	Claus Faber					4					25:45										
02:11+	04:39+	05:18+	06:28+	07:48+	08:09+	09:16+	09:50+	11:33+	11:58+	12:47+	14:44+	16:03+	17:26+	18:26+	19:58+	20:26+	23:18+	24:37+	25:30+	25:45+	
02:11+	02:28+	00:39+	01:10+	01:20+	00:21+	01:07+	00:34+	01:43+	00:25+	00:49+	01:57+	01:19+	01:23+	01:00+	01:32+	00:28+	02:52+	01:19+	00:53+	00:15+	
02:11+	02:28+	00:39+	01:10+	01:20+	00:21+	01:07+	00:34+	01:43+	00:25+	00:49+	01:57+	01:19+	01:23+	01:00+	01:32+	00:28+	02:52+	01:19+	00:53+	00:15+	
7	Knud Fjordvald					4					27:20										
01:50+	03:50+	04:48+	05:48+	07:16+	07:38+	08:53+	09:13+	10:28+	11:18+	11:59+	13:02+	13:59+	18:46+	19:33+	20:56+	21:22+	25:11+	26:28+	27:05+	27:20+	
01:50+	02:00+	00:58+	01:00+	01:28+	00:22+	01:15+	00:20+	01:15+	00:50+	00:41+	01:03+	00:57+	04:47+	00:47+	01:23+	00:26+	03:49+	01:17+	00:37+	00:15+	
01:50+	02:00+	00:58+	01:00+	01:28+	00:22+	01:15+	00:20+	01:15+	00:50+	00:41+	01:03+	00:57+	04:47+	00:47+	01:23+	00:26+	03:49+	01:17+	00:37+	00:15+	
8	Clive Allen					4					27:37										
02:25+	04:57+	05:39+	06:59+	08:36+	09:00+	09:55+	10:34+	12:37+	12:52+	13:49+	15:09+	16:21+	17:54+	18:55+	20:48+	21:19+	24:43+	26:29+	27:21+	27:37+	
02:25+	02:32+	00:42+	01:20+	01:37+	00:24+	00:55+	00:39+	02:03+	00:15+	00:57+	01:20+	01:12+	01:33+	01:01+	01:53+	00:31+	03:24+	01:46+	00:52+	00:16+	
02:25+	02:32+	00:42+	01:20+	01:37+	00:24+	00:55+	00:39+	02:03+	00:15+	00:57+	01:20+	01:12+	01:33+	01:01+	01:53+	00:31+	03:24+	01:46+	00:52+	00:16+	
9	Niels Bobach					AAO					28:29										
02:32+	05:15+	06:05+	07:25+	08:50+	09:14+	10:45+	11:14+	12:59+	13:17+	14:18+	15:56+	17:27+	18:50+	19:53+	21:54+	22:34+	25:47+	27:24+	28:09+	28:29+	
02:32+	02:43+	00:50+	01:20+	01:25+	00:24+	01:31+	00:29+	01:45+	00:18+	01:01+	01:38+	01:31+	01:23+	01:03+	02:01+	00:40+	03:13+	01:37+	00:45+	00:20+	
02:32+	02:43+	00:50+	01:20+	01:25+	00:24+	01:31+	00:29+	01:45+	00:18+	01:01+	01:38+	01:31+	01:23+	01:03+	02:01+	00:40+	03:13+	01:37+	00:45+	00:20+	
10	Frants Nielsen					1					29:03										
02:39+	05:17+	06:03+	07:27+	09:19+	09:40+	10:50+	11:21+	13:16+	13:36+	14:29+	16:08+	17:29+	19:14+	20:24+	22:16+	23:13+	26:16+	27:57+	28:45+	29:03+	
02:39+	02:38+	00:46+	01:24+	01:52+	00:21+	01:10+	00:31+	01:55+	00:20+	00:53+	01:39+	01:21+	01:45+	01:10+	01:52+	00:57+	03:03+	01:41+	00:48+	00:18+	
02:39+	02:38+	00:46+	01:24+	01:52+	00:21+	01:10+	00:31+	01:55+	00:20+	00:53+	01:39+	01:21+	01:45+	01:10+	01:52+	00:57+	03:03+	01:41+	00:48+	00:18+	
11	Helge Poulsen					MFOK					29:22										
02:23+	04:28+	05:05+	06:18+	07:42+	08:02+	09:18+	09:45+	11:11+	11:31+	12:39+	14:34+	15:30+	18:18+	19:07+	20:48+	21:32+	24:17+	28:31+	29:06+	29:22+	
02:23+	02:05+	00:37+	01:13+	01:24+	00:20+	01:16+	00:27+	01:26+	00:20+	01:08+	01:55+	00:56+	02:48+	00:49+	01:41+	00:44+	02:45+	04:14+	00:35+	00:16+	
02:23+	02:05+	00:37+	01:13+	01:24+	00:20+	01:16+	00:27+	01:26+	00:20+	01:08+	01:55+	00:56+	02:48+	00:49+	01:41+	00:44+	02:45+	04:14+	00:35+	00:16+	
12	Poul Grøn					Ok Pan					29:58										
02:22+	04:50+	06:01+	07:27+	08:58+	09:22+	10:33+	11:02+	12:55+	13:13+	14:02+	15:50+	17:22+	19:08+	20:10+	22:01+	22:35+	27:06+	28:45+	29:38+	29:58+	
02:22+	02:28+	01:11+	01:26+	01:31+	00:24+	01:11+	00:29+	01:53+	00:18+	00:49+	01:48+	01:32+	01:46+	01:02+	01:51+	00:34+	04:31+	01:39+	00:53+	00:20+	
02:22+	02:28+	01:11+	01:26+	01:31+	00:24+	01:11+	00:29+	01:53+	00:18+	00:49+	01:48+	01:32+	01:46+	01:02+	01:51+	00:34+	04:31+	01:39+	00:53+	00:20+	

Plass	Navn					Klasse					Tid										
H70																					
13	Henning Vide Petersen					2					31:14										
02:39+	06:20+	07:16+	08:52+	10:44+	11:15+	12:15+	12:46+	14:34+	14:55+	15:59+	18:24+	19:45+	21:20+	22:30+	24:32+	25:11+	28:20+	29:57+	30:55+	31:14+	
02:39+	03:41+	00:56+	01:36+	01:52+	00:31+	01:00+	00:31+	01:48+	00:21+	01:04+	02:25+	01:21+	01:35+	01:10+	02:02+	00:39+	03:09+	01:37+	00:58+	00:19+	
02:39+	03:41+	00:56+	01:36+	01:52+	00:31+	01:00+	00:31+	01:48+	00:21+	01:04+	02:25+	01:21+	01:35+	01:10+	02:02+	00:39+	03:09+	01:37+	00:58+	00:19+	
14	Søren Elkjær					VOK					31:35										
03:04+	05:54+	06:41+	08:23+	10:08+	10:35+	12:31+	13:05+	15:00+	15:26+	16:27+	18:08+	19:30+	21:02+	22:12+	24:07+	24:45+	29:15+	30:36+	31:19+	31:35+	
03:04+	02:50+	00:47+	01:42+	01:45+	00:27+	01:56+	00:34+	01:55+	00:26+	01:01+	01:41+	01:22+	01:32+	01:10+	01:55+	00:38+	04:30+	01:21+	00:43+	00:16+	
03:04+	02:50+	00:47+	01:42+	01:45+	00:27+	01:56+	00:34+	01:55+	00:26+	01:01+	01:41+	01:22+	01:32+	01:10+	01:55+	00:38+	04:30+	01:21+	00:43+	00:16+	
15	Poul Nøhr					4					31:48										
02:27+	04:59+	05:47+	07:06+	08:41+	09:18+	10:10+	10:38+	12:23+	12:42+	13:29+	15:03+	16:20+	19:08+	20:10+	21:59+	22:34+	27:44+	30:38+	31:34+	31:48+	
02:27+	02:32+	00:48+	01:19+	01:35+	00:37+	00:52+	00:28+	01:45+	00:19+	00:47+	01:34+	01:17+	02:48+	01:02+	01:49+	00:35+	05:10+	02:54+	00:56+	00:14+	
02:27+	02:32+	00:48+	01:19+	01:35+	00:37+	00:52+	00:28+	01:45+	00:19+	00:47+	01:34+	01:17+	02:48+	01:02+	01:49+	00:35+	05:10+	02:54+	00:56+	00:14+	
16	Chris Krogh					AARO					36:16										
02:42+	05:53+	11:21+	12:40+	14:30+	15:00+	15:56+	16:24+	19:15+	19:38+	20:23+	21:37+	22:22+	23:50+	25:41+	27:12+	29:30+	30:05+	33:28+	35:19+	35:59+	36:16+
02:42+	03:11+	05:28+	01:19+	01:50+	00:30+	00:56+	00:28+	02:51+	00:23+	00:45+	01:14+	00:45+	01:28+	01:51+	01:31+	02:18+	00:35+	03:23+	01:51+	00:40+	00:17+
02:42+	03:11+	05:28+	01:19+	01:50+	00:30+	00:56+	00:28+	02:51+	00:23+	00:45+	01:14+	00:45+	01:28+	01:51+	01:31+	02:18+	00:35+	03:23+	01:51+	00:40+	00:17+
17	Troels Munthe					MFOK					38:14										
02:29+	09:04+	10:02+	11:16+	13:18+	13:42+	15:40+	16:15+	17:51+	18:15+	19:09+	20:38+	22:03+	24:01+	26:45+	30:18+	30:59+	35:18+	37:01+	37:55+	38:14+	
02:29+	06:35+	00:58+	01:14+	02:02+	00:24+	01:58+	00:35+	01:36+	00:24+	00:54+	01:29+	01:25+	01:58+	02:44+	03:33+	00:41+	04:19+	01:43+	00:54+	00:19+	
02:29+	06:35+	00:58+	01:14+	02:02+	00:24+	01:58+	00:35+	01:36+	00:24+	00:54+	01:29+	01:25+	01:58+	02:44+	03:33+	00:41+	04:19+	01:43+	00:54+	00:19+	
18	Keld Abrahamsen					AARO					38:28										
02:50+	06:29+	07:25+	09:18+	11:24+	11:48+	13:10+	14:02+	16:29+	16:51+	18:10+	20:13+	22:03+	24:16+	25:47+	28:28+	29:16+	34:32+	36:47+	37:58+	38:28+	
02:50+	03:39+	00:56+	01:53+	02:06+	00:24+	01:22+	00:52+	02:27+	00:22+	01:19+	02:03+	01:50+	02:13+	01:31+	02:41+	00:48+	05:16+	02:15+	01:11+	00:30+	
02:50+	03:39+	00:56+	01:53+	02:06+	00:24+	01:22+	00:52+	02:27+	00:22+	01:19+	02:03+	01:50+	02:13+	01:31+	02:41+	00:48+	05:16+	02:15+	01:11+	00:30+	
19	Lars Ole Larsen					4					38:37										
03:54+	07:07+	07:47+	09:20+	11:11+	11:40+	12:38+	13:16+	15:24+	16:21+	20:31+	22:22+	25:33+	27:14+	28:27+	31:16+	31:50+	35:42+	37:26+	38:19+	38:37+	
03:54+	03:13+	00:40+	01:33+	01:51+	00:29+	00:58+	00:38+	02:08+	00:57+	04:10+	01:51+	03:11+	01:41+	01:13+	02:49+	00:34+	03:52+	01:44+	00:53+	00:18+	
03:54+	03:13+	00:40+	01:33+	01:51+	00:29+	00:58+	00:38+	02:08+	00:57+	04:10+	01:51+	03:11+	01:41+	01:13+	02:49+	00:34+	03:52+	01:44+	00:53+	00:18+	
20	Karl Ditlevsen					2					39:07										
03:05+	06:36+	08:26+	10:27+	12:25+	12:54+	14:07+	14:54+	20:34+	21:16+	22:50+	25:01+	26:32+	28:23+	29:43+	31:54+	32:32+	35:41+	37:53+	38:48+	39:07+	
03:05+	03:31+	01:50+	02:01+	01:58+	00:29+	01:13+	00:47+	05:40+	00:42+	01:34+	02:11+	01:31+	01:51+	01:20+	02:11+	00:38+	03:09+	02:12+	00:55+	00:19+	
03:05+	03:31+	01:50+	02:01+	01:58+	00:29+	01:13+	00:47+	05:40+	00:42+	01:34+	02:11+	01:31+	01:51+	01:20+	02:11+	00:38+	03:09+	02:12+	00:55+	00:19+	
21	Henning Fr. Larsen					2					39:40										
03:39+	07:07+	08:07+	09:44+	11:58+	12:44+	14:26+	15:17+	18:00+	18:19+	19:30+	21:44+	23:35+	26:15+	27:43+	30:24+	31:21+	35:32+	38:01+	39:13+	39:40+	
03:39+	03:28+	01:00+	01:37+	02:14+	00:46+	01:42+	00:51+	02:43+	00:19+	01:11+	02:14+	01:51+	02:40+	01:28+	02:41+	00:57+	04:11+	02:29+	01:12+	00:27+	
03:39+	03:28+	01:00+	01:37+	02:14+	00:46+	01:42+	00:51+	02:43+	00:19+	01:11+	02:14+	01:51+	02:40+	01:28+	02:41+	00:57+	04:11+	02:29+	01:12+	00:27+	
22	Henrik Houmøller					RSOK					39:42										
03:34+	07:20+	08:46+	11:11+	13:11+	14:08+	15:54+	16:35+	18:52+	19:18+	20:43+	22:50+	24:32+	26:26+	27:55+	30:22+	31:07+	36:02+	37:54+	39:23+	39:42+	
03:34+	03:46+	01:26+	02:25+	02:00+	00:57+	01:46+	00:41+	02:17+	00:26+	01:25+	02:07+	01:42+	01:54+	01:29+	02:27+	00:45+	04:55+	01:52+	01:29+	00:19+	
03:34+	03:46+	01:26+	02:25+	02:00+	00:57+	01:46+	00:41+	02:17+	00:26+	01:25+	02:07+	01:42+	01:54+	01:29+	02:27+	00:45+	04:55+	01:52+	01:29+	00:19+	
23	Olaf Christensen					AARO					42:33										
03:28+	07:22+	10:02+	12:08+	17:41+	18:05+	19:11+	19:43+	22:26+	22:52+	23:52+	26:58+	28:38+	30:28+	31:36+	34:47+	38:28+	41:03+	42:10+	42:33+		
03:28+	03:54+	02:40+	02:06+	05:33+	00:24+	01:06+	00:32+	02:43+	00:26+	01:00+	03:06+	01:40+	01:50+	01:08+	03:11+	03:41+	02:35+	01:07+	00:23+		
03:28+	03:54+	02:40+	02:06+	05:33+	00:24+	01:06+	00:32+	02:43+	00:26+	01:00+	03:06+	01:40+	01:50+	01:08+	03:11+	03:41+	02:35+	01:07+	00:23+		
24	Poul Larsen					AAO					42:46										
04:02+	08:07+	09:14+	11:10+	13:43+	14:21+	16:28+	17:20+	19:55+	20:19+	21:39+	24:18+	26:08+	28:28+	30:18+	32:56+	34:30+	38:56+	41:10+	42:18+	42:46+	
04:02+	04:05+	01:07+	01:56+	02:33+	00:38+	02:07+	00:52+	02:35+	00:24+	01:20+	02:39+	01:50+	02:20+	01:50+	02:38+	01:34+	04:26+	02:14+	01:08+	00:28+	
04:02+	04:05+	01:07+	01:56+	02:33+	00:38+	02:07+	00:52+	02:35+	00:24+	01:20+	02:39+	01:50+	02:20+	01:50+	02:38+	01:34+	04:26+	02:14+	01:08+	00:28+	

Plass	Navn	Klasse										Tid									
H70																					
25	Hans Jørgen Simonsen					Ok Pan					45:39										
04:01+	07:34+	08:37+	10:33+	13:15+	13:48+	14:57+	15:33+	18:15+	18:35+	20:06+	25:21+	27:10+	29:34+	31:13+	34:49+	35:35+	41:28+	43:58+	45:09+	45:39+	
04:01+	03:33+	01:03+	01:56+	02:42+	00:33+	01:09+	00:36+	02:42+	00:20+	01:31+	05:15+	01:49+	02:24+	01:39+	03:36+	00:46+	05:53+	02:30+	01:11+	00:30+	
04:01+	03:33+	01:03+	01:56+	02:42+	00:33+	01:09+	00:36+	02:42+	00:20+	01:31+	05:15+	01:49+	02:24+	01:39+	03:36+	00:46+	05:53+	02:30+	01:11+	00:30+	
26	Erik B Nielsen					MFOK					49:11										
04:11+	08:22+	09:55+	12:22+	15:26+	16:12+	18:04+	18:56+	22:16+	22:45+	24:26+	27:03+	29:16+	31:41+	33:43+	37:32+	38:39+	44:24+	47:15+	48:34+	49:11+	
04:11+	04:11+	01:33+	02:27+	03:04+	00:46+	01:52+	00:52+	03:20+	00:29+	01:41+	02:37+	02:13+	02:25+	02:02+	03:49+	01:07+	05:45+	02:51+	01:19+	00:37+	
04:11+	04:11+	01:33+	02:27+	03:04+	00:46+	01:52+	00:52+	03:20+	00:29+	01:41+	02:37+	02:13+	02:25+	02:02+	03:49+	01:07+	05:45+	02:51+	01:19+	00:37+	
Beste stræktid for klassen																					
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.																					
H80																					
1	Kai Ø. Laursen					AAO					29:03										
01:38=	03:04=	05:05=	05:59=	08:10=	08:49=	09:57=	11:19=	11:59=	13:46=	14:46=	17:30=	19:16=	21:18=	22:02=	26:26=	28:05=	29:03=				
01:38=	01:26=	02:01=	00:54=	02:11=	00:39=	01:08=	01:22=	00:40=	01:47=	01:00=	02:44=	01:46=	02:02=	00:44=	04:24=	01:39=	00:58=				
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=				
2	Tage Arent Jensen					VOK					30:10										
01:58+	03:35+	06:09+	07:11+	08:37+	09:28+	10:50+	11:56+	12:48+	14:41+	15:49+	19:23+	21:40+	23:36+	24:31+	28:17+	29:44+	30:10+				
01:58+	01:37+	02:34+	01:02+	01:26-	00:51+	01:22+	01:06-	00:52+	01:53+	01:08+	03:34+	02:17+	01:56-	00:55+	03:46-	01:27-	00:26-				
00:20#	00:11#	00:33&	00:08#	00:45-	00:12&	00:14#	00:16-	00:12&	00:06+	00:08#	00:50&	00:31&	00:06-	00:11#	00:38-	00:12-	00:32-				
3	Asger Kristensen					1					31:09										
01:48+	03:08+	05:39+	07:09+	08:34+	09:19+	10:48+	11:44+	12:26+	14:16+	15:17+	18:40+	20:56+	22:53+	23:34+	29:25+	30:50+	31:09+				
01:48+	01:20-	02:31+	01:30+	01:25-	00:45+	01:29+	00:56-	00:42+	01:50+	01:01+	03:23+	02:16+	01:57-	00:41-	05:51+	01:25-	00:19-				
00:10#	00:06-	00:30#	00:36&	00:46-	00:06#	00:21&	00:26-	00:02+	00:03+	00:01+	00:39#	00:30&	00:05-	00:03-	01:27&	00:14-	00:39-				
4	Ole Jensen					RSOK					33:25										
02:14+	04:14+	06:39+	07:49+	11:44+	12:39+	14:38+	15:50+	16:47+	19:01+	20:09+	22:45+	24:41+	27:14+	27:53+	31:26+	33:02+	33:25+				
02:14+	02:00+	02:25+	01:10+	03:55+	00:55+	01:59+	01:12-	00:57+	02:14+	01:08+	02:36-	01:56+	02:33+	00:39-	03:33-	01:36-	00:23-				
00:36&	00:34&	00:24#	00:16&	01:44&	00:16&	00:51&	00:10-	00:17&	00:27&	00:08#	00:08-	00:10+	00:31&	00:05-	00:51-	00:03-	00:35-				
5	Preben Eriksen					VOK					34:01										
02:26+	04:07+	06:50+	07:58+	10:24+	11:12+	12:43+	13:40+	14:32+	16:47+	17:50+	21:55+	24:56+	27:10+	27:56+	31:54+	33:37+	34:01+				
02:26+	01:41+	02:43+	01:08+	02:26+	00:48+	01:31+	00:57-	00:52+	02:15+	01:03+	04:05+	03:01+	02:14+	00:46+	03:58-	01:43+	00:24-				
00:48&	00:15#	00:42&	00:14&	00:15#	00:09#	00:23&	00:25-	00:12&	00:28&	00:03+	01:21&	01:15&	00:12+	00:02+	00:26-	00:04+	00:34-				
6	Terkel Arnfred					AAO					38:04										
02:44+	04:36+	07:43+	08:46+	10:29+	11:34+	13:06+	14:18+	15:20+	18:03+	19:23+	25:07+	27:44+	30:02+	30:50+	35:00+	37:38+	38:04+				
02:44+	01:52+	03:07+	01:03+	01:43-	01:05+	01:32+	01:12-	01:02+	02:43+	01:20+	05:44+	02:37+	02:18+	00:48+	04:10-	02:38+	00:26-				
01:06&	00:26&	01:06&	00:09#	00:28-	00:26&	00:24&	00:10-	00:22&	00:56&	00:20&	03:00@	00:51&	00:16#	00:04+	00:14-	00:59&	00:32-				
7	Vagn Lidegaard					MFOK					39:50										
02:25+	04:53+	07:45+	10:10+	11:59+	13:16+	15:01+	16:19+	17:25+	20:27+	22:10+	26:06+	28:41+	31:22+	32:38+	37:10+	39:17+	39:50+				
02:25+	02:28+	02:52+	02:25+	01:49-	01:17+	01:45+	01:18-	01:06+	03:02+	01:43+	03:56+	02:35+	02:41+	01:16+	04:32+	02:07+	00:33-				
00:47&	01:02&	00:51&	01:31@	00:22-	00:38&	00:37&	00:04-	00:26&	01:15&	00:43&	01:12&	00:49&	00:39&	00:32&	00:08+	00:28&	00:25-				
8	Otto Møller					RSOK					45:09										
02:32+	05:08+	07:58+	09:10+	10:52+	11:47+	13:19+	14:37+	15:42+	18:13+	20:00+	28:39+	31:27+	34:15+	35:02+	42:38+	44:42+	45:09+				
02:32+	02:36+	02:50+	01:12+	01:42-	00:55+	01:32+	01:18-	01:05+	02:31+	01:47+	08:39+	02:48+	02:48+	00:47+	07:36+	02:04+	00:27-				
00:54&	01:10&	00:49&	00:18&	00:29-	00:16&	00:24&	00:04-	00:25&	00:44&	00:47&	05:55@	01:02&	00:46&	00:03+	03:12&	00:25&	00:31-				

9	Anker Andersen															2	49:06														
02:45+	05:14+	13:18+	14:33+	16:48+	18:12+	20:11+	21:54+	23:18+	27:52+	29:20+	34:34+	37:53+	40:27+	41:40+	46:33+	48:35+	49:06+														
02:45+	02:29+	08:04+	01:15+	02:15+	01:24+	01:59+	01:43+	01:24+	04:34+	01:28+	05:14+	03:19+	02:34+	01:13+	04:53+	02:02+	00:31-														
01:07&	01:03&	06:03@	00:21&	00:04+	00:45@	00:51&	00:21&	00:44@	02:47@	00:28&	02:30&	01:33&	00:32&	00:29&	00:29#	00:23#	00:27-														

10	Hanne Agnete Schultz															2	1:11:30														
04:22+	10:19+	15:01+	17:00+	20:45+	22:49+	25:27+	28:54+	31:17+	43:32+	46:03+	52:22+	56:37+	60:42+	62:05+	68:13+	70:52+	71:30+														
04:22+	05:57+	04:42+	01:59+	03:45+	02:04+	02:38+	03:27+	02:23+	12:15+	02:31+	06:19+	04:15+	04:05+	01:23+	06:08+	02:39+	00:38+														
04:22+	05:57+	04:42+	01:59+	03:45+	02:04+	02:38+	03:27+	02:23+	12:15+	02:31+	06:19+	04:15+	04:05+	01:23+	06:08+	02:39+	00:38+														

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H-Let

1	Hans Jørgen Vad										2	20:05									
01:48=	02:53=	03:37=	05:14=	05:50=	06:46=	07:11=	08:49=	09:12=	10:16=	10:38=	13:26=	14:08=	15:45=	16:17=	17:35=	19:07=	19:42=	20:05=			
01:48=	01:05=	00:44=	01:37=	00:36=	00:56=	00:25=	01:38=	00:23=	01:04=	00:22=	02:48=	00:42=	01:37=	00:32=	01:18=	01:32=	00:35=	00:23=			
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=			

2	Karsten Niss										AAO	21:40									
01:06-	02:12-	02:54-	04:01-	04:35-	05:16-	05:40-	06:55-	07:15-	12:48+	15:16+	15:52+	17:24+	18:09+	19:16+	20:48+	21:20+	21:40+				
01:06-	01:06+	00:42-	01:07-	00:34-	00:41-	00:24-	01:15-	00:20-	05:33+	02:28+	00:36-	01:32+	00:45-	01:07+	01:32+	00:32-	00:20-				
00:42-	00:01+	00:02-	00:30-	00:02-	00:15-	00:01-	00:23-	00:03-	04:29@	02:06@	02:12-	00:50@	00:52-	00:35@	00:14#	01:00-	00:15-				

3	Jørgen Thyssen										2	21:43									
01:27-	02:32-	03:18-	04:56-	05:44-	06:31-	07:00-	08:39-	09:06-	10:06-	10:35-	13:21-	14:24+	16:32+	17:20+	18:48+	20:32+	21:19+	21:43+			
01:27-	01:05=	00:46+	01:38+	00:48+	00:47-	00:29+	01:39+	00:27+	01:00-	00:29+	02:46-	01:03+	02:08+	00:48+	01:28+	01:44+	00:47+	00:24+			
00:21-	00:00=	00:02+	00:01+	00:12&	00:09-	00:04#	00:01+	00:04#	00:04-	00:07&	00:02-	00:21&	00:31&	00:16&	00:10#	00:12#	00:12&	00:01+			

Beste stræktid for klassen

01:06 01:05 00:42 01:07 00:34 00:41 00:24 01:15 00:20 01:00 00:22 00:36 00:42 00:45 00:32 01:18 00:32 00:20 00:23

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.